Support teams are critically important to meet people where they are and let them know they have options. The journey to recovery is not the same for everyone.

The visual was derived from various interviews with key interested parties to understand barriers to accessing prevention, treatment, and recovery services for individuals with Substance Use Disorders (SUD).

**Pathways to Recovery**

- **Choose**
  - Promote person-centered treatment, recovery care, and services

- **Your**
  - Approach their recovery journey holistically, addressing the “whole person”

- **Own**
  - Create a trusting treatment relationship

- **Path**
  - Inspire connections with social support
  - Deliver care and services 24/7

- **Break the Stigma**
  - Provide counselor or peer support
  - Connect to food, housing, transportation, and other support programs

- **Strengthen relationships with**
  - family, friends, caregivers, peers, and others of significance

Centers for Medicare & Medicaid Services, 2023