**06. Independent:** The patient/resident completes the activity by themselves with no assistance from a helper.

**05. Setup or clean-up assistance:** The helper sets up or cleans up; patient/resident completes activity. The helper assists only prior to or following the activity, but not during the activity.

**04. Supervision or touching assistance:** The helper provides verbal cues and/or touching/steadying and/or contact guard assistance as the patient/resident completes the activity. Assistance may be provided throughout the activity or intermittently.

**03. Partial/moderate assistance:** The helper does LESS THAN HALF the effort. The helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.

**02. Substantial/maximal assistance:** The helper does MORE THAN HALF the effort. The helper lifts or holds trunk or limbs and provides more than half the effort.

**01. Dependent:** The helper does ALL of the effort. The patient/resident does none of the effort to complete the activity, or the assistance of two or more helpers is required for the patient/resident to complete the activity.
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07. **Patient/resident refused:** The patient/resident refused to complete the activity.

09. **Not applicable:** The activity was not attempted, and the patient/resident did not perform this activity prior to the current illness, exacerbation, or injury.

10. **Not attempted due to environmental limitations:** The patient/resident did not attempt this activity due to environmental limitations. Examples include lack of equipment, weather constraints.

88. **Not attempted due to medical condition or safety concerns:** The activity was not attempted due to medical condition or safety concerns.