

I068 Other rheumatic aortic valve diseases  
I069 Rheumatic aortic valve disease, unspecified  
I070 Rheumatic tricuspid stenosis  
I071 Rheumatic tricuspid insufficiency  
I072 Rheumatic tricuspid stenosis and insufficiency  
I078 Other rheumatic tricuspid valve diseases  
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# ICD-10 Resources: Get on the Road to 10

**Paul Anderson, CMS/OESS/ASG**  
**Ricardo Martinez, M.D.**  
**John Young, D.P.S**

**August 5, 2014**



# Introduction

## *New Compliance Date*

U.S. Department of Health and Human Services (HHS) issued a rule on July 31 finalizing **Oct. 1, 2015** as the new compliance date for health care providers, health plans, and health care clearinghouses to transition to ICD-10.

## *Goal*

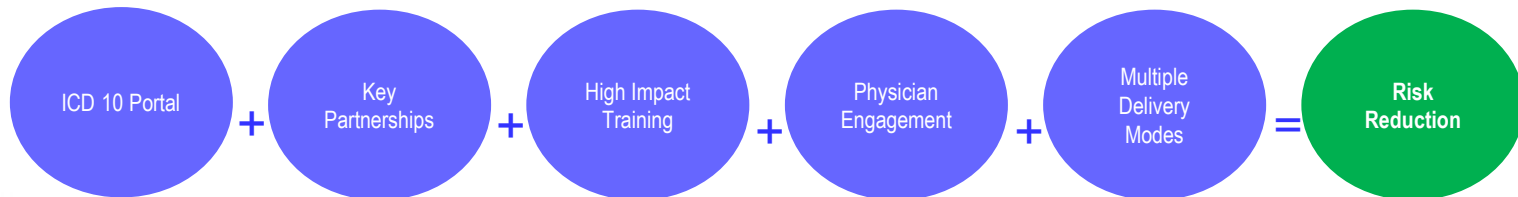
Target small physician practices to provide implementation guidance to advance small physician practices' ICD-10 readiness.

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# Approach

- **Establish ICD-10 Physician Collaboration Portal:** Launch the premier small physician practice portal to create an integrated “information community” for small practices to learn about ICD-10 implementation best practices, collaborate, track their progress, and “Ask an Industry Expert”.
- **Build On Key Partnerships:** Partner with state medical associations and local medical association chapters, Regional Extension Centers (RECs), hospital systems, health plans, and key states to generate an optimal small physician practice target list and coordinate training sessions.
- **Deliver High Impact Training:** Provide “on-the-ground” ICD-10 technical assistance to small physician practices in targeted clinical specialties: primary care, pediatrics, obstetrics/gynecology, orthopedics, and cardiology. Document and support (where necessary) remaining states to complete the small physician practice ICD-10 implementation success ‘story’ of all 50 states. Track, capture, and report training metrics.
- **Promote Physician Engagement:** Partnered with 10 physician champions who are able to effectively represent the vision and objectives of Road to 10. These physician leaders represent multiple specialties and are instrumental to ensuring the small physician practice “voice” will be heard.
- **Deploy Multiple Delivery Modes:** Deploy training teams in strategic states and complement (and deliver) training through monthly national WebEx technical assistance sessions.



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# Physician Champions

## Ricardo Martinez, M.D.

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# Physician Champions

- Provide a platform for independent, impartial, and authentic voices on the leading edge of change with eHealth.
- Provide peer-to-peer role modeling to increase physician engagement in eHealth initiatives, with a special focus on ICD-10 tools and resources.
- Help guide efforts to facilitate the use of the physician portal and provide feedback on implementation tools and resources.

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# Physician Champion Characteristics

- Enthusiasm to lead change
- Ability to engage other physicians to provide both input and feedback on opportunities and challenges
- Desire to mentor and coach others to the vision
- Willingness to respect the vision for eHealth and the scope and objectives of the physician champion role
- Credibility for communicating the vision to front line clinicians across settings

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# Physicians See Benefits, Despite Challenges



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# Road to 10 Program

## John Young, D.P.S.

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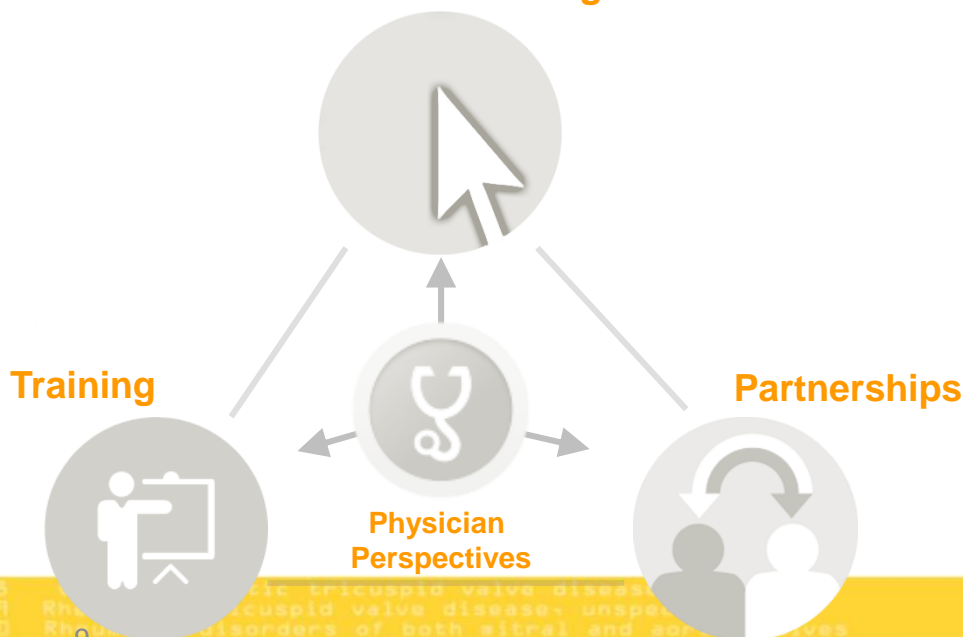




# Road to 10 Program Components

- Driven by physician perspectives and insights, the **Road to 10** Program is built around a robust physician portal (<http://www.roadto10.org>).
- The site is complemented by virtual/in-person training and strategic partnerships that will help circulate CMS' ICD-10 resources across the small physician practice community.

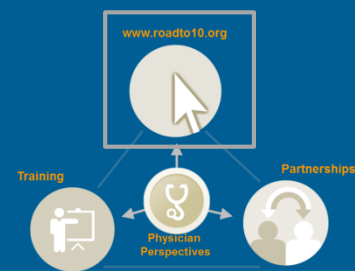
[www.roadto10.org](http://www.roadto10.org)



The screenshot shows the "Road to 10" website interface. The header includes the CMS logo and the title "Road to 10: The Small Physician Practice's Route to ICD-10". Navigation links for "Home", "Your Action Plan", "About Us", and "Disclaimer" are present. A left sidebar lists menu items: "ICD-10 Basics", "What is different with ICD-10?", "How will my practice benefit from ICD-10?", "Physician Perspectives", "Webcasts", "FAQ", "Quick References", "Template Library", "Events", and "BUILD YOUR ACTION PLAN" (highlighted in orange). The main content area features a news article dated April 1, 2014, regarding the PAMA Act. Below the article is a section titled "CMS has created 'Road to 10' to help you jump start the transition to ICD-10", which includes a list of bullet points and a "BUILD YOUR ACTION PLAN" button. A "Specialty References" section follows, listing various medical specialties with corresponding images and a "BUILD YOUR ACTION PLAN" button for each.



# Road to 10 Portal: Highlights



In addition to providing ICD-10 basics, the *Road to 10* portal is designed to help small physician practices 1) *Plan Their Journey*, 2) *Train Their Team*, 3) *Update Their Processes*, 4) *Engage Their Vendors*, and 5) *Test Their Systems and Processes*.

Key elements of the site include:

## Specialty-Specific Resources

**Family Practice References**

Explore each of the pages below by clicking on the orange bar. After exploring each page, create your own action plan to transition your practice to ICD-10 by clicking **BUILD YOUR ACTION PLAN**.

- Common Codes for Your Specialty**  
We have identified an illustrative sample of high impact diagnosis codes related to common conditions that you may encounter in your office setting. Several of the examples demonstrate the increased specificity available in ICD-10.  
[VIEW THE FAMILY PRACTICE COMMON CODES](#)
- Primer for Clinical Documentation**  
This document introduces ICD-10 clinical documentation changes for common conditions associated with your area of practice. It highlights the increased specificity and laterality requirements and provides brief descriptions of the related documentation nuances significant to your practice.  
[VIEW THE FAMILY PRACTICE PRIMER](#)
- Clinical Scenarios**  
We have created sample, outpatient focused scenarios to illustrate specific ICD-10 clinical documentation considerations. These examples underscore the importance of including the proper level of detail needed to support the selection of the most appropriate ICD-10 diagnosis code based on a patient's circumstance.  
[VIEW THE FAMILY PRACTICE CLINICAL SCENARIOS](#)
- Training and Education Resources**  
In order to be ready for the transition, your practice must receive appropriate education on the changes that occur with ICD-10. There are three major areas of training your practice should receive.  
[VIEW THE FAMILY PRACTICE TRAINING AND EDUCATION RESOURCES](#)

## Customizable Action Plans

**Get Started**

Build your own action plan by answering the five questions below. To view your action plan, click the **SEE YOUR ACTION PLAN** box at the bottom of this page after responding to all the questions.

**Your Practice Specialty (Pick one)**

Internal Medicine	Pediatrics
Family Practice	Cardiology
Orthopedics	OB/GYN
Other Specialty	

**Your Practice Size (Pick one)**

Click the size of your practice so we can better understand your needs.

- 1-2 Physicians
- 3-6 Physicians
- Over 6 Physicians

**Your Vendors (Choose all that apply)**

Click the technology and services your practice utilizes to generate a readiness checklist for each vendor.

- Electronic Health Records
- Practice Management System
- Billing Service
- Clearinghouse

## Timely Webcast Series

**Webcasts**

**ICD-10 Documentation and Coding Concepts**

Objectives

- An AHIMA-certified coder presents training focused on unique ICD-10 clinical documentation needs and hot topics for each medical specialty. The five webinars will follow the same outline and objectives catering to each medical specialty with specific examples.
- Physician Perspective/clinical impact of ICD-10
- Documentation requirements for certain conditions
- Documentation changes and new concepts
- Use of "unspecified" in ICD-10

**Orthopedics**

Dr. Joseph Nichols, Board Certified Orthopedic Surgeon and Co-Chair of the WEDI Translation and Coding Work Group

"ICD-10 offers substantial improvement in the ability to recognize significant differences in risk, severity, complexity, co-morbidities and other key health condition parameters that make big differences in understanding variations in disease patterns and delivered services. High quality data is critically important in improving the healthcare of the population and assuring the greatest value from the delivery of safe and effective services."

**Cardiology**

Dr. Mark Bieniarz, Board Certified Cardiologist  
Chief, Cardiovascular Services, Lovelace Medical Center, New Mexico Heart Institute

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# Road to 10: Portal

## Build Your Action Plan

<http://www.roadto10.org>



Road to 10: The Small Physician Practice's Route to ICD-10

[Home](#) [Your Action Plan](#) [About Us](#) [Disclaimer](#)

ICD-10 Basics

What is different with ICD-10?

How will my practice benefit from ICD-10?

Physician Perspectives

FAQ

Quick References

Template Library

Events

**BUILD YOUR ACTION PLAN**

**On April 1, 2014, the Protecting Access to Medicare Act of 2014 (PAMA) (Pub. L. No. 113-93) was enacted, which said that the Secretary may not adopt ICD-10 prior to October 1, 2015. Accordingly, the U.S. Department of Health and Human Services expects to release an interim final rule in the near future that will include a new compliance date that would require the use of ICD-10 beginning October 1, 2015. The rule will also require HIPAA covered entities to continue to use ICD-9-CM through September 30, 2015.**



*CMS has created “Road to 10” to help you jump start the transition to ICD-10.*

Built with the help of small practice physicians, “Road to 10” is a no-cost tool that will help you:

- Get an overview of ICD-10 by accessing the links on the left
- Explore Specialty References by selecting a specialty below
- Click the BUILD YOUR ACTION PLAN box to create your personal action plan

To get started and learn more about ICD-10, navigate through the links on the left side of the page. If you’re ready to start building an action plan, select the BUILD YOUR ACTION PLAN box.

*Specialty References*

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# Road to 10: Action Plan

## *Action Plan*

Click "Explore Section" within the five sections of your Action Plan below to review the tools provided and action steps defined for you.

Click "Download Action Plan" to download a PDF copy of your personalized action plan to use in your practice.

DOWNLOAD ACTION PLAN

 Edit Practice Details

Plan Your Journey

Explore Section >

Train Your Team

Explore Section >

Update Your Processes

Explore Section >

Engage Your Vendors and Payers

Explore Section >

Test Your Systems and Processes

Explore Section >

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# Road to 10: Plan Your Journey

Check the box when you have completed each step.

## Understand the Impact

- REVIEW** the roadmap, action steps, checklists, and other materials included with your action plan to understand where you are in your journey and what you need to do next.
- ISOLATE** where diagnosis codes are used in your practice today. Ask your team how and where they use/see ICD-9 codes. Use the Diagnosis Code Impact Inventory Template included with your action plan to catalog the processes, forms, and information systems which rely on ICD-9 diagnosis codes.  
[Download Your Process and System Inventory Template](#)
- PINPOINT** the ICD-9 codes you most frequently use by reviewing superbills, encounter forms, practice management system reports, and the Common Codes in your action plan.
- UTILIZE** the list of your most frequent ICD-9 codes to help identify the ICD-10 codes relevant to your practice. Make special note of those conditions where the available number of diagnosis codes in ICD-10 is noticeably larger. The following sources of information will assist you in identifying the most pertinent ICD-10 codes:
  - Tabular form of the 2014 release of ICD-10-CM codes and descriptions published by the National Center for Health Statistics (NCHS) - [ftp://ftp.cdc.gov/pub/Health\\_Statistics/NCHS/Publications/ICD10CM/2014/](ftp://ftp.cdc.gov/pub/Health_Statistics/NCHS/Publications/ICD10CM/2014/)  
Open the ICD-10CM\_FY2014\_Full\_PDF.zip file then unzip and save the PDF document named "ICD10CM\_FY2014\_Full\_PDF\_Tabular" to your local device
  - Online ICD-10-CM search tools/applications
  - Hard copy or electronic publications of 2014 ICD-10-CM code books
  - Common Codes from your action plan
  - 2014 Ge...
  - Crosswa...

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## Arrange for Training and Education

- REVIEW** the Train Your Team section of your action plan to understand the ICD-10 training and education resources available to your practice. Determine the type and source of training for each practice staff member based on the following general guidelines:
  - Documentation training for physicians, nurse practitioners, physician assistants, and other staff who document in the patient medical record.
  - Coding training for staff members who work with codes on a regular basis.
  - Overview training for staff members engaged in administrative functions.
  - User training on the ICD-10 functionality included with system upgrades.
- SCHEDULE** training for practice staff members who require it.

## Identify the Team

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**ICD-10**

Official CMS Industry Resources for the ICD-10 Transition  
[www.cms.gov/ICD10](http://www.cms.gov/ICD10)

# Road to 10: Train Your Team



## Common Codes for Your Specialty

We have identified an illustrative sample of high impact diagnosis codes



## Primer for Clinical Documentation

This document introduces ICD-10 clinical documentation changes for common conditions associated with your area of practice. It highlights the



## Clinical Scenarios

We have created sample, outpatient focused scenarios to illustrate specific ICD-10 clinical documentation considerations. These examples underscore the importance of including the proper level of detail needed to support the selection of the most appropriate ICD-10 diagnosis codes based on a patient's circumstance.



## Training and Education Resources

In order to be ready for the transition, your practice must receive appropriate education on the changes that occur with ICD-10. There are three major areas of training your practice should receive.

[VIEW ICD-10  
TRAINING AND EDUCATION  
RESOURCES](#)

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# Road to 10: Update Your Processes

## Improve Clinical Documentation

- OBTAIN** the following information from your clearinghouse, billing service, or system for the most recent twelve (12) month period:
  - Your claim rejections and denials by ICD-9 diagnosis code and payer.
  - The most common unspecified ICD-9 codes you submit by payer.
- PINPOINT** the ICD-9 codes with the highest rate of rejections and denials, by claim count and dollar volume, for each of your largest payers:
  - Categorize the primary reasons for the denials and rejections.
  - Note changes you can make to your documentation and billing processes to address the fundamental causes for the denials

## Revise Paper Forms and Templates

- MODIFY** link in
- IDENTIFY** redu
- GAIN**
- INCORPORATE** ICD-10 codes into paper forms and tools which reference diagnosis codes:
  - Pre-admission/Pre-certification
  - Referral
  - Authorization
  - Orders
  - Superbills/Patient Encounters
  - Inpatient and Outpatient Scheduling
  - Quality Reporting
  - Public Health Reporting

## Modify Policies and Procedures

- ADD** steps to determine if a patient is eligible for dual/supplemental coverage for special clinical programs which are condition/diagnosis based:
  - End Stage Renal Disease (ESRD)
  - Black Lung Disease
  - Other Conditions
- IDENTIFY** your most common services that may trigger reviews or denials related to medical necessity. Adopt procedures to isolate the ICD-10 diagnosis codes needed to make a coverage determination for these common services prior to claims submission.
- TRACK** patient complaints, payment delays, denials, and increases in authorization volume for at least three (3) months beginning on 10/1/2014. By logging this information, your practice will be in a better position to spot and address problems more quickly.

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# Road to 10: Engage Your Vendors and Payers

Check the box when you have completed each step.

## Technology Vendors

Electronic Health Record (EHR) and Practice Management (PM) systems are impacted by the ICD-10 transition and need to be updated. In addition, other technologies used by your practice such as coding, reporting, and decision support tools may need to be updated. If your practice uses these systems, you will need to coordinate with your technology vendors regarding these updates. Also, there are specific activities your practice may need to complete to implement these updates.

Here you can enter all the vendors you will need to engage. Check the appropriate box when you keep track of your progress.

Contacted	Responded	Vendor Name	Contact Name
<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>		

[Download Technology Vendor Assessment in the Template Library at www.roadto10.org](http://www.roadto10.org)

The following checklist will help guide you as you engage your technology vendors and complete these activities:

- Contact** your technology vendors to determine if their solutions are impacted by ICD-10. Download a copy of the Technology Vendor Assessment in the Template Library at [www.roadto10.org](http://www.roadto10.org). Email a copy of the assessment to each vendor. Ask them to complete the assessment and return it to you promptly.
- Evaluate** your technology vendor contracts to understand the type of ICD-10 expenses may be separate from regular fees. Clarify with each vendor the additional ICD-10 technology expenses for which you need to allocate funds.
- Review** the completed Technology Assessments returned to you by each vendor. For each vendor, discuss the questions you have regarding their responses.

Questions for Technology Vendor		
Question	Vendor Response	
<b>Application</b>		
1. Which of your applications are impacted by ICD-10?		
2. Are your applications remediated and are the ICD-10 updates generally available?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
3. Is there a separate fee for your ICD-10 updates?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
4. Will your systems use date of service to determine the codes to use (ICD-9 or ICD-10)?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
5. Will your systems support dual coding of services rendered before 10/1/2014?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
6. Are there 3 <sup>rd</sup> party embedded products in your software which need to be updated for ICD-10?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
7. Is additional infrastructure (hardware, servers, etc.) potentially needed to accommodate your ICD-10 updates and store ICD-10 codes?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
<b>Code Set Updates</b>		
1. How frequently will ICD-10 diagnosis code updates be applied to your applications?		
2. How long do you plan to support ICD-9 diagnosis code reference files?		
<b>Interfaces</b>		
1. Have your HIPAA transaction sets been updated to address ICD-10?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
2. What other interface changes will be included with your ICD-10 software updates?		
<b>Reporting</b>		
1. Which of your reports are impacted by ICD-10?		
2. How will reports which are dependent upon diagnosis code categories be handled?		
3. How will longitudinal and historical reporting be updated to accommodate ICD-10?		
4. How will quality and public health reports be updated to accommodate ICD-10?		
5. Do any of your solutions require crosswalks from ICD-9 to ICD-10?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Comments:
6. Which crosswalks are you providing and can they be customized?		
<b>Configuration</b>		

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# Road to 10: Test Your Systems and Processes

## Prepare Test Cases

Real world test cases need to be assembled before you start testing. The following checklist provides you with suggestions on how to prepare these test cases.

STEPS TO PREPARE TEST CASES

## Perform Internal Testing

Internal testing helps to validate that your key systems can search on, accept, store, process, send, and receive ICD-10 diagnosis codes.

STEPS TO PERFORM INTERNAL TESTING

## Conduct External Testing

External testing with vendors and payers will help you validate that transactions containing ICD-10 diagnosis codes can be sent and received successfully.

STEPS TO CONDUCT EXTERNAL TESTING

## Practice and Validate

Practice and validation involves the internal simulation of native ICD-10 coding on select encounters.

STEPS TO PERFORM PRACTICE AND VALIDATION

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# “Road to 10” The Small Physician Practice’s Route to ICD-10

<http://www.roadto10.org>

## Get Started

Build your own action plan by answering the five questions below. To view your action plan, click the SEE YOUR ACTION PLAN box at the bottom of this page after responding to all the questions.

### Your Practice Specialty (Pick one)

Click your specialty to get common diagnosis codes, primers for clinical documentation, and clinical scenarios for your specific area of practice.

Internal Medicine

Pediatrics

Family Practice

Cardiology

Orthopedics

OB/GYN

Other Specialty

### Your Practice Size (Pick one)

Click the size of your practice so we can better understand your needs.

1-2 Physicians

3-6 Physicians

Over 6 Physicians

### Your Vendors (Choose all that apply)

Click the technology and services your practice utilizes to generate a readiness checklist for each vendor.

Electronic Health Records



Practice Management System



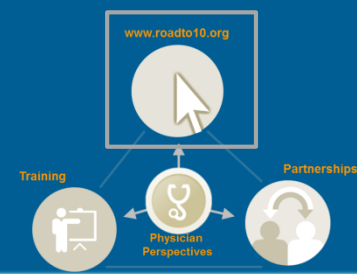
Billing Service



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# Road to 10 Portal: Highlights



In addition to providing ICD-10 basics, the *Road to 10* portal is designed to help small physician practices 1) *Plan Their Journey*, 2) *Train Their Team*, 3) *Update Their Processes*, 4) *Engage Their Vendors*, and 5) *Test Their Systems and Processes*.

**Key elements of the site include:**

## Specialty-Specific Resources

## Customizable Action Plans

Internal Medicine	Pediatrics
Family Practice	Cardiology
Orthopedics	OB/GYN
Other Specialty	

1-2 Physicians
3-8 Physicians
Over 8 Physicians

Electronic Health Records	<input type="checkbox"/>
Practice Management System	<input type="checkbox"/>
Billing Service	<input type="checkbox"/>
Clearinghouse	<input type="checkbox"/>

## Timely Webcast Series

# Road to 10 Field Support




- CMS is collaborating with industry-leading organizations such as NACHC, AHIMA, PAHCOM and others to provide free, in-person ICD-10 training to small physician practices and their practice management across a broad array of specialties throughout the country.
- As part of the *Road to 10* Program, we're offering this training to your customers and will send you pertinent information about upcoming training events for you to disseminate.
- We are also interested in other virtual or in-person training opportunities where there could be a critical mass of small physician practices.
- Curriculum Learning Objectives:
  - In Depth Overview of ICD-10
  - Planning Your Journey/Creating an Action Plan
  - Training Your Team
  - Updating Processes
  - Engaging Vendors
  - Clinical Documentation Strategies

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# Road to 10: Specialty Specific Webcasts

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068 Rheumatic tricuspid stenosis and insufficiency  
069 Other rheumatic tricuspid valve diseases



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www.cms.gov/ICD10




## ICD-10 Documentation & Coding Concepts: Cardiology CMS Webcast

**Denesecia Green**  
Lead E-Health Operations and Governance, Centers for Medicare & Medicaid Services


**Mark Bieniarz, M.D.**  
Board Certified Cardiologist  
Chief, Cardiovascular Services, Lovelace Medical Center, New Mexico Heart Institute

**Mandy Willis, CCS**  
AHIMA Approved ICD-10 Trainer

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## ICD-10 Documentation & Coding Concepts: Family Practice & Internal Medicine CMS Webcast

**Paul Anderson**  
Lead for ICD-10, Centers for Medicare & Medicaid Services

**Maggie Gaglione, M.D.**  
Board Certified Internal Medicine and Bariatrics  
Private Practice at Tidewater Bariatrics, Virginia

**Mandy Willis, CCS**  
AHIMA Approved ICD-10 Trainer




Official CMS Industry Resources for the ICD-10 Transition  
www.cms.gov/ICD10




**Maggie Gaglione, M.D., FACP**  
Board Certified Internal Medicine and Bariatrics

**Medical Director, Tidewater Bariatrics, Chesapeake, Virginia**







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**CMS**  
CENTERS FOR MEDICARE & MEDICAID SERVICES

# ICD-10

Official CMS Industry Resources for the ICD-10 Transition  
[www.cms.gov/ICD10](http://www.cms.gov/ICD10)



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