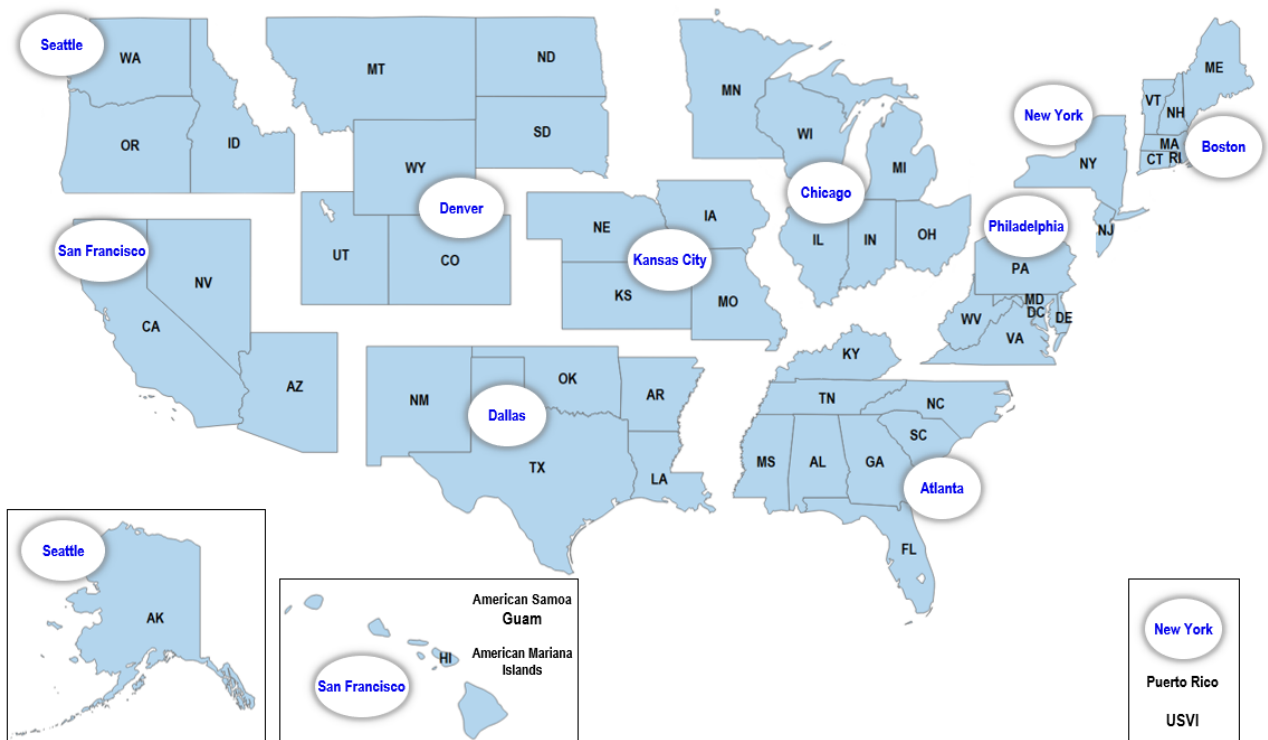


State CMP Reinvestment Projects Funded in CY 2018

Please click on a region to see the regional Branch's respective list of 2018 CMP-funded projects.



The information supplied in this report is provided by the relevant state agency; results are not validated by the Centers for Medicare & Medicaid Services. Previous approval and funding of a project does not guarantee future approval of a similar project.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Boston Long-Term Care Branch**

Connecticut

CT CMP Funds Expended for Administrative Uses in CY 2018: \$0

CT CMP Funds Expended for Emergency Uses in CY 2018: \$0

CT Active CMP Funded Projects in CY 2018: 1

Project Title: 2018 Connecticut Long-Term Care Mutual Aid Hazards

Unique Identifier: CT-0318-CAHCF-002

Project Duration: 5/23/2018 to 5/23/2018

Total Amount of CMP Funds Approved for this Project: \$25,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project to support an All-Hazards Emergency Management Conference with the goal of providing resources to at-risk Long-Term care facilities and establishing pre-planned evacuation procedures.

The objectives include:

- Gaining lessons learned from the evacuation and surge of health care facilities in Florida during Hurricane Irma and how to apply lessons learned to their evacuation plan;
- Receiving guidelines on how all Connecticut Long-Term Care facilities will report and be coordinated during local, regional, or statewide disaster events; and
- Preparing for regional disaster exercises with action steps to complete internally at their facility locations.

The aforementioned objectives will prepare the participant for development of a disaster plan and provide the tools that will facilitate efficient management of an incident that may occur in their facility, whether local, regional, or national. Lessons learned from Florida providers who sustained operations during Hurricane Irma will provide valuable information regarding best practices and challenges that a nursing home may experience.

Funded Entity(ies):

Connecticut Association of Health Care Facilities

Results of the Project:

The facilities have practical tools and operational approaches to protect their residents, staff, and visitors in a disaster and to support continuity of care. Evaluations from 500+ participants were overwhelmingly positive and indicated they were much more prepared should disaster strike.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Boston Long-Term Care Branch**

Maine

ME CMP Funds Expended for Administrative Uses in CY 2018: \$0

ME CMP Funds Expended for Emergency Uses in CY 2018: \$0

ME Active CMP Funded Projects in CY 2018: 1

Project Title: Maine Long-Term Care Conditions of Participation (CoPs) Supportive Services Initiative

Unique Identifier: 2018-ME-001

Project Duration: 10/1/2017 to 1/1/2018

Total Amount of CMP Funds Approved for this Project: \$51,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$16,283

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To assist facilities with preparing for the new long-term care survey process and complying with CoPs. Project will achieve greater compliance with CoPs by increasing understanding of compliance criteria.

Nursing home residents will see benefits because facilities will be better in tune with Requirements of Participation designed to improve care.

Funded Entity(ies):

Maine Healthcare Association

Results of the Project:

The project had four trainings, with 86 of 95 nursing homes participating (179 participants). Further materials were disseminated to facilities to follow-up care.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Boston Long-Term Care Branch**

Massachusetts

MA CMP Funds Expended for Administrative Uses in CY 2018: \$24,240

MA CMP Funds Expended for Emergency Uses in CY 2018: \$0

MA Active CMP Funded Projects in CY 2018: 1

Project Title: Supportive Planning and Operations Team (SPOT) Project

Unique Identifier: 2018-MA-002

Project Duration: 7/1/2016 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$1,550,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$785,721

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

SPOT made available technical assistance and training to support nursing home teams with the greatest opportunity to improve. Its aim is to teach nursing homes to develop and implement Quality Assurance and Performance Improvement (QAPI) plans and conduct root cause analysis, resulting in meaningful corrective actions, improved communication, and engagement of residents and families in QAPI. Each SPOT Initiative Team will provide technical assistance/training to all 60 participating nursing homes through regional learning sessions, virtual learning sessions, on-site visits, telephone outreach, and email support. The focus of the technical assistance/training is to strengthen QAPI in the nursing homes as a systematic, evidence-based approach to lowering adverse events and as an important mechanism for engaging residents and families.

Funded Entity(ies):

60 nursing homes

Results of the Project:

In Year 1, most nursing home teams reported that they “haven’t started” to implement communication to all levels of staff, residents, and their families/representatives about QAPI (73%). By the end of Year 3, most reported improved communication; specifically, that they “Just Started” (43%) or were “On Our Way” (26%) to implementing QAPI communication. Participating facilities (N=55 in Year 3 due to closures and voluntary withdrawal) also reported increased likelihood to have written QAPI plans and staff trained in QAPI.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Boston Long-Term Care Branch**

New Hampshire

NH CMP Funds Expended for Administrative Uses in CY 2018: \$0

NH CMP Funds Expended for Emergency Uses in CY 2018: \$0

NH Active CMP Funded Projects in CY 2018: 1

Project Title: Building Memories: Increasing Use of Music and Memory Program in New Hampshire

Unique Identifier: NH-0818-NHHCA-118

Project Duration: 10/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$488,214

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$250,677

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The New Hampshire (NH) Memories Program Civil Money Penalty (CMP) grant provides the ongoing training, equipment, and support necessary for NH's Certified Skilled Nursing Facilities to implement the Music and Memory Program within their homes. Music and Memory provides a non-pharmacological intervention for caregivers to use in attempts to comfort residents during times of pain, anxiety, depression, sundowning, etc. As cited in our CMP fund request, numerous studies have demonstrated that individuals experiencing a variety of adverse symptoms, most notably anxiety, can receive relief from those symptoms during and beyond a session of listening to a playlist of music of their choosing. For nursing home residents, this means an improved quality of life.

Funded Entity(ies):

New Hampshire Health Care Association

Results of the Project:

Results pending.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Boston Long-Term Care Branch**

Rhode Island

RI CMP Funds Expended for Administrative Uses in CY 2018: \$0

RI CMP Funds Expended for Emergency Uses in CY 2018: \$69,050

RI Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Boston Long-Term Care Branch**

Vermont

VT CMP Funds Expended for Administrative Uses in CY 2018: \$0

VT CMP Funds Expended for Emergency Uses in CY 2018: \$0

VT Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
New York Long-Term Care Branch**

New Jersey

NJ CMP Funds Expended for Administrative Uses in CY 2018: \$0

NJ CMP Funds Expended for Emergency Uses in CY 2018: \$0

NJ Active CMP Funded Projects in CY 2018: 1

Project Title: New Jersey Hospital Association (NJHA)/Northern and Southern New Jersey Chapters of Association for Professionals in Infection Control and Epidemiology (APIC)/New Jersey Department of Health Partnership on Principles of Infection Prevention and Control

Unique Identifier: 2018-NJ-003

Project Duration: 9/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$24,750

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$5,940

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

NJHA's objective is to offer tuition support through Civil Money Penalty (CMP) funding for up to 50 long-term care nurses to attend the October 2018 or April 2019 (up to 25 for each session). Principles of Infection Prevention and Control seminar to be presented by Northern and Southern New Jersey Chapters of APIC and the New Jersey Department of Health.

Funded Entity(ies):

Participating nursing homes

Results of the Project:

Forty-three staff members participated in the five-day training and their nursing home employers are eligible for reimbursement of the registration fee. Almost all participants reported that their nursing homes planned to implement recommendations resulting from their participation.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
New York Long-Term Care Branch**

New York

NY CMP Funds Expended for Administrative Uses in CY 2018: \$0

NY CMP Funds Expended for Emergency Uses in CY 2018: \$0

NY Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Delaware

DE CMP Funds Expended for Administrative Uses in CY 2018: \$0

DE CMP Funds Expended for Emergency Uses in CY 2018: \$0

DE Active CMP Funded Projects in CY 2018: 4

Project Title: It's Never 2 Late (iN2L)-Atlantic Shores Rehabilitation and Health Center

Unique Identifier: DE-0518-DHCQ-045

Project Duration: 7/1/2018 to 7/1/2019

Total Amount of CMP Funds Approved for this Project: \$24,868

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$24,868

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Purpose of this project is for the facility to purchase the iN2L technology system to make quality of life improvements for the residents of a 181-bed Medicare/Medicaid-certified skilled nursing facility.

b. Acquisition of the iN2L system at Atlantic Shores Rehabilitation Health Center will provide for a myriad of activities based upon resident preferences.

c. Residents will be able to enjoy activities such as virtual cycling through the woods, creating their own music, virtual "visits" to other states/countries, etc. The "My Page" application is particularly useful with personally getting to know or understand the resident as a person and not someone who needs help with "stuff." The "My Page" button allows content to be added from the 4,000 programs and includes a "My Story" section that can be created through interviews with the resident, family members and friends. With a protected password, a family member can access "My Story" and upload photos and videos from home to their loved one's "My Story" page, and the resident can view it at any time. "My Story" can also be printed for the resident to have in their possession. This particular application is an invaluable tool to provide person-centered care.

d. In addition to residents, family members and staff benefit as well.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Results of the Project:

Brenda Zullo, Activities Director at Atlantic Shores, states the following about iN2L "Every day is like Christmas!" With the acquisition of the iN2L systems, we have been able to provide better care for our residents with a myriad of activities based upon their current preferences; from cycling through the woods to creating their own music, to "visiting" other states/countries...the list goes on. The "My Page" application is particularly useful with personally getting to know and understand the resident as a person and not someone who needs help with "stuff." The former WWII pilots enjoy the flying simulation. Over the last year, residents of Atlantic Shores have experienced a great deal of activity programs like never before. Residents enjoy listening to their favorite songs, singing Karaoke on the Bose stereo, creating their own music on the

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Delaware

Music Maker, playing a variety of trivia games to keep their minds sharp, and the most popular activity is playing their favorite game Bingo on the large screen! Some residents independently come into the activities room and ask to use it during their personal time. In an attempt to comment on the effectiveness of iN2L, it seems more appropriate to hear what the residents have to say when asked about what they like about it:

- a. "I love popping the bubbles and coloring." When asked why, replied, "It makes me feel good."
- b. "Bingo, I can see good, because it is so large and helps me play the game with ease."
- c. "My favorites are all of the trivia games, I like finding out about things I didn't know; Karaoke because I like singing and can sing along to the songs."
- d. "Bingo by far. It's easy to see and hear from any place in the room."
- e. "I like watching sermons on the 'big boy.' It makes me feel like I'm in church."
- f. "I can play Bingo by myself, because I can see the numbers now." In the past the resident needed to have someone help him with the numbers.

It has been a very engaging tool for therapists assisting the residents. It has been extremely enjoyable to all who work with the residents. The Family Feud game has also been quite lively and enjoyable as a group activity. According to Giulia Kirsch, the Activities Director at the Delaware Veterans Home, "the iN2L system has been fantastic." We use it daily with all our residents. The programs are run in large and small groups, along with residents using it individually. We have used the program to assist in reducing agitation and other adverse behaviors which we have found to be very successful. We do not have a population here that utilizes the iN2L independently. So, we mostly have staff guiding the programs and interactions. Therapy uses the system as a distraction tactic while the residents are receiving physical therapy (PT). On the units, the nursing staff uses the live web cams with puppies and kittens, watching old tv programs such as Dragnet, and old movies. My staff utilizes it for all our programming which includes Bingo, sing- a-longs, trivia, and travel logs. While I am not currently tracking resident falls, we believe that the iN2L system in the common areas has kept the residents engaged in programming and lessened the chance of a fall. We have seen increased engagement and a reduction of behaviors in relation to the use of iN2L. Generally, on the units, we have two to three residents using it at any given time near the nurse's station or in the dayroom. The system is fantastic. "We could not be happier with the system and it's positive impact on our department."

Project Title: Music and Memory Program—Expansion to Add 10 Certified Skilled Nursing Facilities to the Program

Unique Identifier: DE-0518-DHCQ-046

Project Duration: 7/3/2018 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$36,880

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$35,285

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Delaware

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project will hire a qualified individual to coordinate an expansion of the state's Music and Memory program with the goal of improving the overall quality of life for nursing home residents with dementia.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Results of the Project:

A total of 100 residents were given equipment, with 10 residents in each facility to get their program started with this specific grant. We expand to 10 facilities with each grant. Facilities are using personalized tracking sheets or using their Point Click Care/Matrix systems to track usage of the program.

Reduced medications: Several facilities have found that this program has been directly correlated with reducing residents' anti-psychotic medications. While they have not eliminated the medication, reducing the dosage is still a great outcome.

Expansion of the program has been seen throughout corporate offices. Acts Retirement-Life Communities (ACTS) corporate office in particular has seen the success in Delaware nursing homes due to our Civil Money Penalty funded project, and it has decided to expand this project to all of its facilities. Additionally, ACTS has provided enough equipment to the facilities in Delaware so that all of its residents in their skilled nursing facilities have access to their own MP3 players.

Through each grant expansion, we have seen reports of decreased behaviors, such as yelling, hitting, and other disruptive behaviors. This has been a great calming factor for staff to utilize throughout the day. Staff use this program before bathing/changing the resident and performing other activities of daily living. Staff are now being trained at staff orientations on this program in all the nursing homes throughout the state of Delaware. This means that there is more staff involvement with this program. Having all staff trained on this program ensures that residents have access to this program at all hours of the day. Another positive outcome that facilities have witnessed is improvement in nutrition in some residents. There have been reports of several residents developing a better eating pattern while listening to their music during meal time because they are able to focus on the food they are eating rather than on their surroundings. Please see the noted improvement via our Delaware Documentary, "Tunes to Remember."

Link: <https://www.youtube.com/watch?v=iBNRj1oMVdI>.

Family members have been able to engage with their loved ones more often by connecting with them through music. There have been many residents who regain some memory while listening to their favorite songs. In some cases, we have seen residents who have not spoken in years pick up the phone to call their daughter, talk about their careers (which they previously had forgotten about), and have the ability to remember their family members' names. These are huge outcomes for family members who have not heard their loved one speak in years.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Delaware

Project Title: Minimum Data Set (MDS) 3.0 Workshop

Unique Identifier: DE-0818-DHCQ-120

Project Duration: 10/2/2018 to 10/3/2018

Total Amount of CMP Funds Approved for this Project: \$7,993

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,933

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide an MDS 3.0 workshop to Delaware Medicare/Medicaid certified nursing homes and surveyor staff. The purpose is to provide certified nursing homes and surveyors training on the most recent updates of the MDS (section by section); detail the guidelines for capturing activities of daily living (ADLs); describe coding, management and care of pressure ulcers per the Resident Assessment Instrument (RAI) User's Manual; and apply RAI instructions to develop Care Area Assessments. The training will discuss the importance of therapy services and documentation.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Results of the Project:

Two separate presentations were offered with one for new Registered Nurse Assessment Coordinators (RNACs) and surveyors, and the other for seasoned RNACs and surveyors. Day one was for the new RNACs and surveyors: 14 facilities sent 22 staff and six surveyors to attend. On Day two for the seasoned RNACs and surveyors, 36 facilities represented by 69 staff and 18 surveyors attended. Each certified nursing facility was provided the most up-to-date knowledge on the new MDs.

Project Title: Dementia and Psychotropic Medications Workshop

Unique Identifier: DE-1018-DHCQ-167

Project Duration: 11/15/2018 to 11/15/2018

Total Amount of CMP Funds Approved for this Project: \$4,320

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$4,320

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this training was to update Medicare/Medicaid-certified nursing homes and surveyors on the most recent developments in dementia care and psychotropic medication usage in nursing homes. The workshop also instructed participants on the effectiveness of current therapies for Alzheimer's disease, the

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Delaware

development of measures of quality of life in persons with Alzheimer's disease, the care of patients with late-stage dementia, and autism in the elderly.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Results of the Project:

Twenty-three facilities sent 52 staff, and the Division of Health Care Quality sent 24 surveyors. Delaware staff, including nurses, certified nursing assistants, and activity staff who work in Medicare/Medicaid-certified nursing homes, were provided the most up-to-date knowledge on the clinical aspects of dementia care. All participants were provided an understanding of dementia to identify common causes of aggressive, repetitive, and sun-downing behaviors in adults; to describe behavioral/care interventions that may be used to prevent or reduce difficult care situations; to describe challenges related to caregiver stress and utilize stress reduction techniques; and to learn alternative activity interventions that are success-oriented. The Division of Long-Term Care Residents Protection ensured that Delaware staff who work in Medicare/Medicaid-certified nursing homes had the most up-to-date knowledge on the clinical aspects of dementia care. A post-test was administered to participants to gauge their knowledge by an accredited Certified Dementia Care Practitioner.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

District of Columbia

DC CMP Funds Expended for Administrative Uses in CY 2018: \$0

DC CMP Funds Expended for Emergency Uses in CY 2018: \$0

DC Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Maryland

MD CMP Funds Expended for Administrative Uses in CY 2018: \$0

MD CMP Funds Expended for Emergency Uses in CY 2018: \$0

MD Active CMP Funded Projects in CY 2018: 5

Project Title: Brain Injury 2.0: Skilled Nursing Facility Edition

Unique Identifier: MD-0418-TBI-029

Project Duration: 6/15/2018 to 6/15/2019

Total Amount of CMP Funds Approved for this Project: \$39,561

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$29,671

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of "Brain Injury 2.0: Skilled Nursing Facility Edition" is to provide a specialized training program for the care of individuals with brain injury in Maryland nursing homes. The project will use the Brain Injury Association of Maryland's three-unit curriculum (Brain Injury 101; Traumatic Brain Injury Behavior Management; Brain Injury Nursing Care: Concepts and Strategies) as a basis for the training, with an additional unit on substance abuse and brain injury.

Funded Entity(ies):

The Beacon Institute, Inc.

Results of the Project:

The project increased the ability of nursing homes to provide care to residents with Traumatic Brain Injury (TBI). Direct care staff have greater confidence in their ability to provide support for residents with TBI. Residents and their families are more satisfied with the quality of their care. Eight staff from Communicare buildings were trained in Brain Injury and Nursing Care. From this training, a series of five training videos were created. A marketing campaign has been executed to make nursing homes aware of the free resources available on the funded entity's website.

Project Title: Mental Health First Aid Training

Unique Identifier: MD-0518-CHERC-067

Project Duration: 9/1/2018 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$35,866

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$17,933

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Maryland

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project specifically targets nursing homes in Prince George's and Montgomery counties to provide a total of 20 trainings over the 12-month period. The first month will focus on marketing and scheduling of mental health first aid trainings. The next 10 months will focus on providing the trainings (two mental health first aid trainings per month).

Funded Entity(ies):

Community Health Education and Research Corporation

Results of the Project:

208 nursing home staff received Mental Health First Aid Training. Eighty nursing home staff were also certified in Mental Health First Aid Training. In response to the training, entity received positive feedback from participants and nursing home administrators that discussed the quality of services rendered to the residents and how communication was improved between staff and residents.

Project Title: Artifacts of Culture Change Tool—Version 2.0

Unique Identifier: MD-0518-PN-068

Project Duration: 9/15/2018 to 9/15/2020

Total Amount of CMP Funds Approved for this Project: \$193,875

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$48,469

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project's goal is to develop an updated version of the Artifacts of Culture Change—Version 2.0, that is a valid and reliable tool for nursing homes to assess what they are doing now to provide person-centered care and to create a real home for residents, as well as help to provide a roadmap for additional change to further their culture change journey. The focus is on workplace practices, policies, and schedules; increased autonomy; and improved environment.

Funded Entity(ies):

Pioneer Network in Culture Change

Results of the Project:

Began recruitment of knowledgeable users of the Artifacts tools, conducted pilot testing and developed initial draft methodology. Final results are pending.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Maryland

Project Title: Recovery Re-Integration Care Delivery

Unique Identifier: 2018-MD-176

Project Duration: 11/15/2018 to 11/15/2019

Total Amount of CMP Funds Approved for this Project: \$128,920

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$21,487

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Offer patients suffering from a substance abuse disorder non-traditional skilled nursing provided in the skilled facility setting. Offer services to support a life in recovery from drug use.

Funded Entity(ies):

Genesis HealthCare Canton Manor

Results of the Project:

Results pending.

Project Title: The Maryland Wound Care Excellence Training Program for Skilled Nursing Facilities

Unique Identifier: MD-0918-VPACP-154

Project Duration: 12/15/2018 to 6/15/2020

Total Amount of CMP Funds Approved for this Project: \$85,700

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$21,425

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to provide 150 scholarships to eligible nurses. The scholarships will provide the applicants access to a nationally recognized, clinically-robust, and self-paced wound care continuing education program. The program will address the top three reasons that prevent nurses from implementing evidence based best practice: time, lack of knowledge/skills, and lack of access to information. The course content follows the evidence-based Vohra physician wound-care model, which has been independently evaluated and proven to result in a 21-day decrease in wound healing time, an 88 percent decrease in wound-related hospitalizations, and an 86 percent decrease in infection and amputation rates.

Funded Entity(ies):

Vohra Post- Acute Care Physicians of the East, P.A.

Results of the Project:

The grant is still on going after the committee granted a No Cost Extension (NCE). Since the extension was granted on November 7, 2019, the final results are pending.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2018: N/A

PA CMP Funds Expended for Emergency Uses in CY 2018: N/A

PA Active CMP Funded Projects in CY 2018: 12

Project Title: Can't Stop the Music

Unique Identifier: PA-0618-GCC-095

Project Duration: 8/14/2018 to 8/14/2019

Total Amount of CMP Funds Approved for this Project: \$12,650

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$12,649

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will develop a Can't Stop the Music program. The program will utilize iPad devices and headphones provided to dementia residents for individual music therapy, and iPad devices for group music therapy. The goal of the project is to engage dementia or cognitively impaired residents in more interactive and social programming even as memory or cognition fails.

Funded Entity(ies):

Greensburg Care Center

Results of the Project:

No data available.

Project Title: Multi-Sensory Environment—Heritage Harbor

Unique Identifier: PA-0618-CCPA-092

Project Duration: 9/10/2018 to 2/9/2020

Total Amount of CMP Funds Approved for this Project: \$8,971

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will establish a multi-sensory environment for residents. Research has shown that multi-sensory stimulation (also called Snoezelen Therapy) promotes relaxation. It reduces agitation and apathy among people with moderate to severe dementia without the need for pharmacological intervention.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Pennsylvania

Funded Entity(ies):

Claremont Nursing and Rehab Center

Results of the Project:

Results pending.

Project Title: Enhancement and Modernization of Life Enrichment Capability

Unique Identifier: PA-0618-BDRE-084

Project Duration: 10/9/2018 to 4/29/2020

Total Amount of CMP Funds Approved for this Project: \$10,996

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will convert underutilized storage space within the main recreational area at the Rouse Warren County Home to a technology hub for resident use. The objective of this project is to improve the resident experience, which will be measured through surveys. This will increase the opportunity for the resident's discharge to a less restrictive environment and decrease feelings of isolation and seclusion often associated with an institutional setting.

Funded Entity(ies):

Board of Directors of the Rouse Estate

Results of the Project:

Results pending.

Project Title: Living Abundantly Through Person-Centered Engagement

Unique Identifier: PA-0618-PRHC-085

Project Duration: 11/5/2018 to 4/4/2020

Total Amount of CMP Funds Approved for this Project: \$16,839

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Philadelphia Long-Term Care Branch**

Pennsylvania

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Living Abundantly Through Person-Centered Engagement Project is to improve the quality of life for the residents living with dementia by providing meaningful opportunities for engagement that addresses the needs and strengths of the individual.

Funded Entity(ies):

Passavant Retirement and Health Center

Results of the Project:

Results pending.

Project Title: Happiness Blooms from Within

Unique Identifier: PA-0618-MVNC- 088

Project Duration: 11/15/2018 to 4/13/2021

Total Amount of CMP Funds Approved for this Project: \$14,841

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement a program known as Eldergrow, a therapeutic horticultural gardening activity for elders. Eldergrow is a program that addresses the spiritual, physical, social, intellectual, and emotional needs of residents in our growing community through all-inclusive, hands-on classes. Eldergrow will allow residents to stay engaged and build relationships through life enrichment courses that address the unique abilities and needs of each individual.

Funded Entity(ies):

Meadow View Nursing Center

Results of the Project:

Results pending.

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Pennsylvania

Project Title: Bridging the Gap

Unique Identifier: PA-0618-RM-091

Project Duration: 1/7/2019 to 7/6/2020

Total Amount of CMP Funds Approved for this Project: \$27,337

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will utilize the "It's Never 2 Late" (iN2L) engagement system to improve the quality of life of residents, including those living with dementia/memory loss, through experiencing and learning new life skills. This person-centered technology allows residents, families and caregivers to become more engaged in areas related to therapy, activities, cognitive fitness, socialization and spiritual life. Enhanced, dignified mind-stimulating activities, improving hand-eye coordination, exploring the internet, and connecting with family via Skype are some examples of the way the system is used.

Funded Entity(ies):

Rolling Meadows

Results of the Project:

Results pending.

Project Title: Multi-Sensory Environment Center

Unique Identifier: PA-0618-HC-087

Project Duration: 1/7/2019 to 1/6/2020

Total Amount of CMP Funds Approved for this Project: \$27,378

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create a multi-sensory environment center. Research has shown that exposure to this therapy—lights, sounds, scents, and music, promotes well-being, along with a non-medication strategy, for individuals with Alzheimer's disease and other dementias. Short sessions are effective in decreasing wandering behavior.

Funded Entity(ies):

Home for the Friendless d/b/a Homeland Center

Results of the Project:

Results pending.

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Pennsylvania

Project Title: Facilitating Frequent Advance Care Planning Conversations in Skilled Nursing Facilities

Unique Identifier: PA-0619-WSH-331

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$67,361

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will be implemented, with the support of a collaborative of skilled nursing facilities in WellSpan Health's service area, in an effort to empower skilled nursing facility staff to facilitate conversations regarding end of life wishes. Using the 'respecting choices' model of facilitation, 30 skilled staff from skilled nursing facilities in four counties will become certified trained facilitators of advance care planning conversations with residents. Facilitators will then engage at least three residents and their families per month in advance care planning conversations to improve end-of-life outcomes.

Funded Entity(ies):

WellSpan Health

Results of the Project:

Results pending.

Project Title: Mental Health First Aid: Expanding Pennsylvania Nursing Homes Capacities

Unique Identifier: PA-0619- ALPS-332

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$62,184

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to expand behavioral healthcare capacity for Pennsylvania (PA) nursing home staff and provide actionable tools to support PA nursing homes in implementing behavioral healthcare. The applicant will offer Mental Health First Aid (MHFA) training, created and administered by the National Council on Behavioral Health (NCBH) to staff from 180 nursing homes. Six sessions of the training (one in each district) will be provided to minimize or eliminate travel costs for nursing home staff. The project will also

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Pennsylvania

develop and share a recorded webinar with all PA nursing homes, which will provide information on the regulatory requirements associated with behavioral health.

Funded Entity(ies):

Assurant Learning and Performance Solutions

Results of the Project:

Results pending.

Project Title: Palliative Care Center of Excellence Initiative

Unique Identifier: PA-0619-BHS-333

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$10,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project seeks to enhance existing palliative care efforts. Grant funds are used to underwrite the cost of education and training for staff, as well as education for residents and their families in palliative care initiatives, disease-state management protocols, and techniques which would improve the quality of life for the residents. The ultimate goal is to become a Center of Excellence in Palliative Care and have residents' function at a higher level of independence and improve their quality of life during their stay.

Funded Entity(ies):

Baptist Homes Society

Results of the Project:

Results pending.

Project Title: Individualized Music for Joyful Living

Unique Identifier: PA-0619-CCCC-334

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$11,975

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Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to implement the individualized music program, Music & Memory to improve nursing home residents' quality of life through "five action steps":

- 1) Organizing a motivated team of staff and families;
- 2) Beginning a pilot by conducting assessments to identify music preferences, creating play lists, reviewing progress;
- 3) Launching the program throughout the organization; and
- 4) Supporting the team, working with volunteers, fundraising, building up community connections, and learning and enhancing the program.

Ongoing education will be provided to staff throughout the life of the project.

Funded Entity(ies):

Crawford County Care Center

Results of the Project:

Results pending.

Project Title: Increasing the Quality of Life through Multi-Sensory Programming

Unique Identifier: PA-0619-JJKRC-336

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$16,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The nursing facility aims to collaborate with the Fine Art Miracles, an organization specializing in a multi-layered sensory approach to engaging residents, in enhancing resident quality of life.

Examples of this sensory approach include music and aromatherapy, social robots that respond to touch and verbalization, and tactile memory blankets. Activities will be held two times per week with six residents participating in each session.

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Pennsylvania

To sustain the program beyond the grant the applicant will continue resident specific sensory stimulation and expand the program to other nursing facilities.

Funded Entity(ies):

John J. Kane Regional Center-Glen Hazel

Results of the Project:

Results pending.

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Virginia

VA CMP Funds Expended for Administrative Uses in CY 2018: \$0

VA CMP Funds Expended for Emergency Uses in CY 2018: \$0

VA Active CMP Funded Projects in CY 2018: 1

Project Title: Restorative Sleep Program in Virginia

Unique Identifier: VA-0518-CEALH-058

Project Duration: 11/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$101,482

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$17,006

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. This project aims to:

- 1) Implement the person-centered and evidence-based Restorative Sleep Program in two nursing homes in Virginia; and
- 2) Form a learning collaborative allowing interested nursing homes, state surveyors, and ombudsmen in Virginia to receive training on restorative sleep and real-time insight on how to implement the program.

b. Through the Restorative Sleep Program, we will address the many factors over which the nursing homes have direct and immediate control to ensure residents get a good night sleep. This will make a night and day difference in the quality of life for residents.

Year 1: Nighttime disruptions (noise, light, sleeping environment, continence and positioning needs)

Year 2: Daytime routine (napping, medications, pain, inactivity/activity, diet)

c. At the completion of the proposed project, we anticipate that residents will have improved opportunities for uninterrupted sleep throughout the night. As they are more rested, they will feel better both physically and emotionally. They will be in less pain, have fewer inappropriate behaviors, have a decrease in number of falls, and have a greater interest in participating in more meaningful activities throughout the day.

Funded Entity(ies):

Riverside Center for Excellence in Aging and Lifelong Health

Results of the Project:

Results pending.

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West Virginia

WV CMP Funds Expended for Administrative Uses in CY 2018: \$0

WV CMP Funds Expended for Emergency Uses in CY 2018: \$0

WV Active CMP Funded Projects in CY 2018: 1

Project Title: Geri Olympics on the Move

Unique Identifier: WV-0919-IGO-411

Project Duration: 7/1/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$58,831

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to replicate activities used in Geri Olympic programs (adapted and therapeutic sports) and take them to rural certified nursing homes to improve quality of life for residents. Geri Olympics staff will train facility staff members in ten nursing facilities as well as outside volunteers in the state to implement the program. Facility residents will experience increased activity, increased social engagement, greater satisfaction with life, and increased alertness. In addition to the benefits residents will experience, this program will also increase the volunteer base from the community in support of the nursing facility.

Funded Entity(ies):

Institute for Geri Olympics/Step by Step Inc.

Results of the Project:

Results pending.

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Alabama

AL CMP Funds Expended for Administrative Uses in CY 2018: \$0

AL CMP Funds Expended for Emergency Uses in CY 2018: \$0

AL Active CMP Funded Projects in CY 2018: 3

Project Title: Music and Memory and Art Therapy Program

Unique Identifier: 2018-AL-005

Project Duration: 8/3/2016 to 8/2/2019

Total Amount of CMP Funds Approved for this Project: \$1,500,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$450,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To develop and implement a Music and Memory Program and Art Therapy Program for 32 certified Alabama nursing homes. Reduce symptoms of anxiety and depression; reduce agitation; improve communication; foster self-expression, enhance coping skills, and stimulate positive interactions with staff and family.

Funded Entity(ies):

Ms. Gayle Boswell, Alzheimer's Education, Resources and Services, Inc.

Results of the Project:

This program benefited more than 1,300 nursing home residents. The program met the goals of improving quality of life, reduction in behavioral issues, improving socialization and sense of worth and in some cases, reduction in psychotic drugs. Only one facility will not continue either of the programs, Diversicare of Montgomery. Seven facilities will continue either the music or art program, while 30 facilities will continue both.

Project Title: Brushing Away Infections

Unique Identifier: 2018-AL-006

Project Duration: 6/1/2018 to 5/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,744,332

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$162,944

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide didactic and one-to-one, real-time clinical coaching to a minimum of 90% of certified nursing assistants (CNA) and licensed nurses. We are striving for 100% saturation, including new hires.

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Alabama

Improve the overall oral health of all long-term care facility residents.

Reduce pneumonia and other respiratory infections.

Integrate best mouth care practices into each facility's organizational structure and implement culture change.

Funded Entity(ies):

Rita Jablonski, PhD, CRNP, FAAN, FGSA UAB

School of Nursing; The University of Alabama at Birmingham

Results of the Project:

Provide didactic and one on one real time clinical coaching to a minimum of 90% of CNA and license nurses in participating facilities. Implement a comprehensive "Improving Mouth Care" in each facility. Teach staff how to reduce care resistant behaviors during oral care. Track, monitor and reduce the incident of pneumonia and other respiratory infections.

Project Title: Engaged and In Touch/It's Never 2 Late (iN2L)

Unique Identifier: 2018-AL-007

Project Duration: 6/1/2018 to 5/31/2021

Total Amount of CMP Funds Approved for this Project: \$345,490

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$201,860

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

By encouraging residents' participation in person-centered, supportive and motivational engagement with the iN2L technology, the goal is to reduce falls by at least 25% over a three year period, while improving the quality of life for our residents.

Funded Entity(ies):

Sheila Parker, Registered Nurse Director of Clinical and Education Services USA Healthcare-AL, LLC

Results of the Project:

The original goal of the application was to reduce the incidents of falls by 10% first year, 20% second year and 25% the third year. In reviewing the data from last quarter of 2018 and 2019, there was a 22% decrease in falls.

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Florida

FL CMP Funds Expended for Administrative Uses in CY 2018: \$0

FL CMP Funds Expended for Emergency Uses in CY 2018: \$0

FL Active CMP Funded Projects in CY 2018: 4

Project Title: Developing a One-Hour Version and Spanish Version of Two Evidence-Based Trainings Programs to Improve Person-Centered Care and Outcomes in Nursing Homes: Bathing Without a Battle and Mouth Care Without a Battle

Unique Identifier: 2018-FL-009

Project Duration: 11/21/2016 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$143,776

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$74,188

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide training DVDs that have had success in the nursing home industry but have been unsuccessful in reaching nursing home staff whose primary language is Spanish.
- b. Generativity, LLC will develop one-hour Spanish versions of the Mouth Care Without a Battle and Bathing Without a Battle training; they will also create a one-hour English version of the current three-hour Mouth Care Without a Battle program.
- c. By providing access to these trainings, Spanish-speaking staff will improve the care they provide to nursing home residents in Florida.
- d. All certified nursing homes across the state.

Funded Entity(ies):

Generativity, LLC

Results of the Project:

This project successfully created and disseminated new training programs to all nursing homes in the state of Florida. Although a small number of staff members participated in the evaluation of the project, the results overwhelmingly demonstrate the benefit of the training program in terms of staff self-efficacy, the ability to provide information about new techniques, and the overall fit of the program with learners' needs.

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Florida

Project Title: Integration of a Telemedicine System and Outcome Measurement Platform into Nursing Facilities to Improve After-Hour Medical Care

Unique Identifier: 2018-FL-008

Project Duration: 1/11/2017 to 4/18/2018

Total Amount of CMP Funds Approved for this Project: \$275,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$172,619

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to attempt to reduce the frequency of avoidable hospital admissions and readmissions, improve resident health outcomes, and reduce overall health care spending without restricting access to care through telemedicine services.

b. The Targeting Revolutionary Elder Care Solutions (TRECS) Institute will implement telemedicine services at four certified nursing homes.

c. Telemedicine will help reduce emergency room visits, hospitalizations, and will provide for a better quality of life for nursing home residents. The TRECS Institute will implement telemedicine services at four certified nursing homes. Telemedicine will help reduce emergency room visits, hospitalizations, and will provide for a better quality of life for nursing home residents.

d. Four certified nursing homes in the state.

Funded Entity(ies):

The TRECS Institute

Results of the Project:

The TRECS Institute implemented telemedicine services in four Florida nursing homes. Outcomes from the eight month study indicate that when nursing home residents are treated at their bedside by a virtual physician service and avoiding an unnecessary hospital admission, it is a benefit to the resident, the facility, and to the Medicare program. It was determined that to be a successful telemedicine program, physicians and management must be on board and willing to make the program successful. Without this teamwork, the program will struggle.

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Florida

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2018-FL-011

Project Duration: 10/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$119,255

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$3,042

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to educate residents, their families and nursing home staff about best practices in reducing avoidable hospitalizations.
- b. Florida Atlantic University will disseminate the Go to the Hospital or Stay Here guide (the Guide) as a tool to educate on the risks and benefits of hospitalization. The University will also conduct workshops in the participating states to provide training on the use of the Guide.
- c. The Guide and associated trainings will help residents and their families make better choices on the need for hospitalization.
- d. Nursing homes, Quality Improvement Organizations, Long-Term Care Ombudsman, and State Surveyors across state of Florida.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Long-term Care Quality Improvement Initiative Using Clinical Practice Guidelines

Unique Identifier: 2018-FL-010

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$482,753

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$67,945

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Florida

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to develop a website and provide access to American Medical Directors Association's Clinical Practice Guidelines (CPGs) and provide continuing education credits for nurses, social workers and dietitians/nutritionists.
- b. The project will provide access to twenty CPGs and continuing education opportunities based on those CPGs.
- c. Professional and direct care staff will benefit by increasing their knowledge and skills in the delivery of health care of Long-Term Care residents, thus improving the quality of care of nursing home residents.
- d. Nursing homes, Quality Improvement Organizations, Long-Term Care Ombudsman, and State Surveyors across state of Florida.

Funded Entity(ies):

University of Louisville Research Foundation, Inc.

Results of the Project:

Results pending.

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Georgia

GA CMP Funds Expended for Administrative Uses in CY 2018: \$0

GA CMP Funds Expended for Emergency Uses in CY 2018: \$0

GA Active CMP Funded Projects in CY 2018: 8

Project Title: Long-Term Care Quality Improvement Initiative AMDA Clinical Practice Guidelines and Region IV Website

Unique Identifier: 2015-04-GA-UOL-0303

Project Duration: 3/15/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$251,871

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$43,228

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This multi-state quality improvement initiative is designed to develop a Centers for Medicare and Medicaid Services (CMS) Region IV website over a three-year period. The initiative will be developed at the University of Louisville and provide AMDA's Clinical Practice Guidelines (CPGs) and other resources to certified nursing homes in the six Southeastern states (Alabama, Georgia, Florida, Kentucky, Mississippi and South Carolina). 1,944 certified nursing homes will receive access to the AMDA CPGs in six of the eight states in CMS Region IV through a password-protected website developed and managed by the University of Louisville, Kent School of Social Work. The website will be available exclusively to certified nursing homes (CNH) in the six states and the key stakeholders. The website will contain the availability of all CPGs and other AMDA resources at no charge to direct care certified nursing home staff and health care professionals, thus offering cost-effective staff training resources and leading to improved health care delivery. Finally, a continuing education program offering continuing medical education and continuing education (CME/CEs) for the CPGs to four professions: Medicine, Nursing, Social Work and Nutritionists/Dietitians will also be available. Nursing home staff, State Survey Agency surveyors, Long-Term Care Ombudsman, Region IV Federal Survey staff, and Quality Improvement Organizations.

Funded Entity(ies):

University of Louisville Research Foundation, Inc.

Results of the Project:

All deliverables were met by the end of the grant period of June 30, 2019. The resources were utilized in spite of the shortened access Georgia users were provided. Ongoing access is provided through the end of the last state contract in 2020, including the Continuing Education Program. The challenges of the changing landscape in the long-term care industry were overcome through Help Desk monitoring and follow-up. Website utilization proved useful to users as they tended to use multiple pages once they had accessed to the website. The website was completed and operational by the end of 2017.

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Georgia

Website utilization for Georgia during the period of 10/17/2017-06/30/2019: 3,075 pages were viewed by 86 certified nursing homes and 272 users. The top role that used the website the most was the Administrator at 123 views. In sum, the project demonstrated success through the availability and use of a plethora of healthcare resources for long-term care staff.

Project Title: Virtual Dementia Tour (VDT) Comprehensive Education Program

Unique Identifier: 2016-04-GA-0129

Project Duration: 6/10/2016 to 4/14/2019

Total Amount of CMP Funds Approved for this Project: \$2,934,294

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$593,399

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will assist nursing home staff with relating to residents with dementia to improve the overall quality of care for residents. Second Wind Dreams, Inc. will provide hands-on, experiential training through the use of the patented VDT. Helping staff identify with the resident by experiencing facets of the actual disease has been shown to improve quality of care for nursing home residents. Target audience: Nursing home staff.

Funded Entity(ies):

Second Wind Dreams, Inc.

Results of the Project:

By the conclusion of the project in April 2019, all deliverables were met. There were 172 nursing facilities that participated in the project. The certified trainers completed 172 first site visit trainings and 166 second site visits. Six nursing homes did not receive second site visits or complete the program due to non-compliance with program requirements and/or failure to schedule or respond to scheduling requests from Second Wind Dreams (SWD). Despite the challenges/lessons learned, the project proved to be successful, delivering all expected objectives with a budget savings of approximate \$1,287,383.

Project Title: Georgia Music Integration Program for Seniors

Unique Identifier: 2016-04-GA-1107

Project Duration: 6/6/2017 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$788,850

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Georgia

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$622,973

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program will develop and implement a Music and Memory program for 150 certified nursing homes in Georgia. The program will enhance the quality of life for residents with dementia through person-centered care plans, which include individualized music playlists and activities. This will improve overall quality of care for residents.

Funded Entity(ies):

Georgia Health Care Association

Results of the Project:

Extension request submitted and approved 06/03/19 and grant agreement executed on 11/19/19. The new extended deadline is 08/31/2020. Results provided include activities reported during the time period of 06/06/2017-03/31/2019. By December 2018, the goal of 150 centers enrolling into the program was achieved. Of the 150 centers, 70% met focus criterion, having either high utilization of anti-psychotic medications or memory care communities. 105 of the 150 participating centers met one of the criteria: 53 were memory care communities and 76 had high utilization of anti-psychotic medications (total of 129). 24 of the 129 centers had both memory care and high utilization of anti-psychotic medications. Since 24 centers had both memory care and high utilization of anti-psychotic medications, we deduct 24 from the total (129) which equals 105. The 150 centers phased into the program, represent all eight council regions and the geographical reach includes 105 counties throughout the state. The grant has funded equipment and instruments for over 2,250 individual residents providing a personalized alternative to manage anxiety, decrease depression, and increase socialization through music. Additional results for the extended grant period are still pending.

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2016-04-GA-FAU-0426

Project Duration: 10/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$115,095

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$23,294

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will assist Region IV states in reducing avoidable hospitalizations. It will educate residents, family members, staff, and community partners about best practices to reduce avoidable hospitalizations. This will improve overall quality of care for residents.

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Georgia

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Enhancing Quality of Life with Technology

Unique Identifier: 2017-04-GA-1219B

Project Duration: 4/9/2018 to 8/30/2018

Total Amount of CMP Funds Approved for this Project: \$146,081

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$145,931

Project Summary:

This project will support efforts towards moving A.G. Rhodes Health and Rehabilitation-Cobb ("A.G. Rhodes-Cobb") to a culture of person-directed care by acquiring technology that will directly benefit its elders.

The goals of this project are to:

- 1) Acquire and use advanced technology developed to benefit elders; and
- 2) Advance the person-directed care initiative.

Specifically, A.G. Rhodes-Cobb would like to:

- 1) Secure the most effective technology that directly supports its elders, staff and organization;
- 2) Seamlessly incorporate technology into the day-to-day operations; and
- 3) Document the effectiveness of this technology for replication purposes in all A.G. Rhodes Homes.

Funded Entity(ies):

A.G. Rhodes Health and Rehabilitation

Results of the Project:

As of December 5, 2018, approximately 20,300 hours of Simple C therapies have been provided since installation on April 17, 2018. With an anticipated outcome to reduce nighttime interruptions. Simple C has been helping to reduce the impact of both necessary interruptions (medication delivery), as well as when elders have a rough night or need to settle back to sleep when they awaken during the night. This project enabled every resident at the nursing home to receive a television and use the Simple C technology. Additionally, televisions were also provided in common areas for stimulation, entertainment and enjoyment.

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Georgia

Project Title: Emergency Preparedness in Georgia Certified Nursing Homes

Unique Identifier: 2017-04-GA-1219

Project Duration: 4/20/2018 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$1,617,094

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$167,628

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will provide caregivers and administrators with critical knowledge, skills and abilities related to disaster and emergency management decision-making and planning in the form of a long-term care emergency preparedness educational program.

Three years of emergency preparedness basic and advanced training for an estimated 3,500 nursing home staff, state agency personnel and surveyors.

Strengthen existing relationships between the long-term care community and healthcare responders to enhance emergency preparedness efforts and outcomes for nursing residents.

Target audience: Nursing home staff.

Funded Entity(ies):

University of Georgia Research Foundation, Inc.

Results of the Project:

Results pending.

Project Title: Rise Up for Person Directed Care

Unique Identifier: 2018-04-GA-0303

Project Duration: 4/27/2018 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$240,687

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$183,219

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will assist the efforts of Georgia-based nursing homes to send direct care staff to the 2018 Eden Alternative International Conference (<http://www.edenalt.org/events-and-offerings/the-eden-alternative-international-conference/>) in Atlanta, Georgia and build on their conference experience by

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Georgia

attending Certified Eden Associate Training (CEAT) (<https://www.edenalt.org/events-and-offerings/educational-offerings/certified-eden-associate-training/>).

The project will enable 35-50 Georgia-based nursing homes to each identify two to three employees (one of whom must be a certified nurse assistant) to participate in both the conference and subsequent training. The Eden Associate Training is an in-depth educational exploration of what is required to successfully implement and sustain person-directed care practices. This training will enable nursing home staff to provide person-directed care, which will improve the quality of care and life of nursing home residents. Target audience: Nursing home staff.

Funded Entity(ies):

The Eden Alternative, Inc.

Results of the Project:

Expected Outcome #1 Results: The total number of project participants that attended the conference was 75. Of that total, 57 individuals completed and submitted the conference evaluation surveys (resulting in a 76% response rate). When responding to the question regarding changes that participants were inspired to make after attending the conference, 53 of the 57 individuals indicated at least one. Thus, 93% of project participants that submitted conference evaluation surveys (53/57) indicated at least one inspired change. Of course, this percentage decreases when including all 75 participants regardless of responding to the survey. In this case, 71% of project attendees that attended the conference, regardless of submitting a conference evaluation survey (53/75), indicated at least one inspired change. Either calculation results in a percentage that substantiates that the results exceeded the expected project outcome of 25%.

Expected Outcome #2 Results: The total number of individuals that attended CEAT events across sites was 267. Of that total, 237 individuals completed and submitted the training surveys resulting in an 89% response rate for the CEAT evaluation survey. When responding to the question regarding if the training provided information that they needed to help improve quality of life and quality of care for the people they serve, 232 of the 235 respondents that completed the question responded positively with “Strongly Agree” or “Agree” responses. Thus, 99% of CEAT attendees that submitted the evaluation survey and completed the question responded positively for this measure. In addition, 87% of CEAT attendees, regardless of submitting a training evaluation survey or blank responses (232/267) responded positively. Either calculation results in a percentage that substantiates that the result exceeded the expected project outcome of 25%.

Expected Outcome #3 Results: The webinar was recorded and is available as a deliverable. Quantitative and qualitative results were presented and members of the Eden Alternative team, members of the Culture Change Network of Georgia, and project participants corroborated results with discussions of anecdotal project observations and experiences. Hence, this expectation was met.

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Project Title: Building Resources for Delivering Person-Centered Care in Georgia Nursing Homes

Unique Identifier: 2017-04-GA-1128

Project Duration: 5/23/2018 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$1,646,795

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$147,814

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will identify, prioritize, develop, and disseminate resources to improve training to support culture change and person-centered care in Georgia nursing homes.

The goals of this project are:

- 1) Conduct a three-stage needs assessment;
- 2) Compile, digest, and disseminate real-time web-based information and develop a newsletter and social media pages for Georgia nursing homes;
- 3) Engage stakeholders across the state to connect them to the project; and,
- 4) Develop, test, and launch interactive, competency-based online continuing education training for nursing home staff of all levels.

Educating and providing resources to nursing home staff on person-centered care will improve the overall quality of care and life for nursing home residents.

Target audience: Nursing home staff.

Funded Entity(ies):

Georgia State University

Results of the Project:

Results pending.

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Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2018: \$63,602

KY CMP Funds Expended for Emergency Uses in CY 2018: \$155,460

KY Active CMP Funded Projects in CY 2018: 17

Project Title: The Society for Post-Acute Medicine and Long-Term Care Medicine (AMDA) Clinical Practice Guidelines (CPGs)

Unique Identifier: 2015-04-KY-UOL-0303

Project Duration: 7/1/2016 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$201,113

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$31,143

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Develop a Centers for Medicare and Medicaid Services Region IV regional website and provide CPGs and other resources developed by American Medical Directors Association to certified nursing homes across six Region IV states (Kentucky, Alabama, Georgia, Mississippi, South Carolina and Florida). Develop a password-protected website for a continuing education program, including examinations for up to six of the 21 CPGs per year for continuing education examinations and provide Continuing Education Units (CEUs) to health care professionals from four disciplines, which include: Medicine, Nursing, Social Work and Dietitians. This will improve the quality of care for nursing home residents.

Funded Entity(ies):

University of Louisville Research Foundation

Results of the Project:

Password-protected website has been operational since October 2018. Resources include: Clinical Practice Guidelines, Know-It-All Data Collection Series, Implementation Guides and Continuing Education Credits. Region IV states (Alabama, Georgia, Kentucky, South Carolina, and Florida) participated in this project.

Project Title: Virtual Dementia Tour (VDT)

Unique Identifier: 2016-04-KY-0510

Project Duration: 11/15/2016 to 11/14/2018

Total Amount of CMP Funds Approved for this Project: \$10,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$3,403

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To create a virtual dementia tour. To improve dementia care through the provision of virtual dementia tours, education, and training for direct care staff, residents and family members. This will improve quality of care for nursing home residents.

Funded Entity(ies):

Kenton Housing, Inc.; Rosedale Green

Results of the Project:

115 staff completed the VDT. Pre/post surveys show increased understanding of what dementia is like and how to care for residents with dementia.

Project Title: Virtual Dementia Tour (VDT)

Unique Identifier: 2016-04-KY-0509

Project Duration: 11/15/2016 to 11/14/2018

Total Amount of CMP Funds Approved for this Project: \$9,515

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$3,760

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To improve dementia care through the provision of virtual dementia tours, education, and training for direct care staff, residents and family members. This will improve quality of care for nursing home residents.

Funded Entity(ies):

Golden Living Center-Green Hill

Results of the Project:

72 staff completed the VDT. Pre/post surveys indicated increased understanding of what dementia is like and how to care for residents with dementia.

Project Title: Living Intently and Fully Engaged (LIFE) Project iN2L

Unique Identifier: 2016-04-KY-1216

Project Duration: 3/15/2017 to 3/14/2020

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Total Amount of CMP Funds Approved for this Project: \$49,051

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,128

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to increase recreational and rehabilitation activities for 64 skilled nursing residents. The project will increase social engagement in recreational and rehabilitation activities. This project will also increase resident engagement with family members via the computer-based programs. This project will benefit nursing home residents by offering more innovative recreational and rehabilitation activities. Family members also benefit from this project by being able to communicate with family members in the nursing home.

Funded Entity(ies):

Wesley Manor Retirement Community, Inc.

Results of the Project:

Results pending.

Project Title: Carmel Manor

Unique Identifier: 2016-04- KY-1104B

Project Duration: 3/15/2017 to 3/14/2019

Total Amount of CMP Funds Approved for this Project: \$34,514

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The creation of We're Building on Love project. It will provide It's Never Too Late (iN2L), an adaptive computer technology, to residents. This will improve quality of care to nursing home residents.

Funded Entity(ies):

Carmel Manor

Results of the Project:

Computer technology (wall mounted unit and mobile flex) was purchased and installed. iN2L personal buttons were customized for residents increasing participation. Resident pages were equipped with email and Skype capabilities.

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Project Title: "Fulfilling Residents Interest and Encouraging New Discoveries (FRIEND)"—It's Never 2 Late (iN2L)

Unique Identifier: 2016-04- KY-1217

Project Duration: 3/15/2017 to 3/14/2020

Total Amount of CMP Funds Approved for this Project: \$46,485

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to increase recreational and rehabilitation activities for 52 residents using three Mobile Flex units from iN2L. This project will achieve increasing engagement and staying connected with family using the computer-based experiences and life enrichment activities of this program. This project will benefit nursing home residents by increasing social engagement and activities. Family members can also benefit from this project by being able to communicate with their loved one in the nursing home using the iN2L technology.

Funded Entity(ies):

Mountain Manor of Paintsville

Results of the Project:

Results pending.

Project Title: "Inspired Living" Project—It's Never 2 Late (iN2L)

Unique Identifier: 2016-04-KY-1202

Project Duration: 3/15/2017 to 3/14/2020

Total Amount of CMP Funds Approved for this Project: \$299,727

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to implement the iN2L technology to reduce falls, improve balance and gait, increase flexibility and increase upper body, lower body, and core strength for approximately 1350 residents. The project will achieve a non-pharmacological approach to decreasing falls in 1350 residents with a BIMS score of 7 or less. The project will benefit nursing home (NH) residents by reducing falls and increasing core strength. This project will also target NH staff by helping reduce falls and implement technology as a falls intervention tool.

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Funded Entity(ies):

Trilogy Health Services

Results of the Project:

Results pending.

Project Title: Florida Atlantic University (FAU): Reducing Avoidable Hospitalizations

Unique Identifier: 2016-04-KY-FAU-0426

Project Duration: 4/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$61,729

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$12,060

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to reduce avoidable hospitalizations in Region 4 states. This project will produce an updated decision guide for staff, family, and residents to determine "Go to the Hospital or Stay here?" FAU will also report to CMS decision guide feedback. This project benefits NH residents because it educates them, family and staff on avoidable hospitalizations. The target population beyond the nursing home residents is nursing home resident staff and resident family members.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Bingocize

Unique Identifier: 2016-04-KY-1205

Project Duration: 4/15/2017 to 5/31/2020

Total Amount of CMP Funds Approved for this Project: \$772,730

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$278,580

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide Bingocize: An evidence-based health promotion program to improve the quality of life of Kentucky Certified Nursing Facility (CNF) residents. The goal for this project is to implement Bingocize in 20 CNFs in Kentucky by facilitating partnerships between seven universities and certified nursing facility (CNF) staff. This project is set to benefit at least 1,000 residents. The Bingocize program benefits residents by combining aerobic exercises with a fun interactive and familiar game of Bingo. This project also benefits the university students and CNF staff by working with residents on this project.

Funded Entity(ies):

Western Kentucky University Research Foundation, Inc.

Results of the Project:

Results pending.

Project Title: One-Stop Dementia Shop

Unique Identifier: 2017-04-KY-0630

Project Duration: 8/1/2017 to 8/31/2018

Total Amount of CMP Funds Approved for this Project: \$73,405

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$17,330

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This creates a One-Stop dementia care training. This program will provide training to Long-Term Care (LTC) providers (on complying with Centers for Medicare and Medicaid Services [CMS] regulation revisions) and to Office of Inspector General LTC surveyors (on the new CMS LTC survey process on dementia management). This will improve nursing home resident quality of care.

Funded Entity(ies):

Kentucky Office of Inspector General; Division of Health Care, Training, and Quality Assurance Branch

Results of the Project:

468 participants attended the two-day trainings (Lexington and Louisville). Participants were highly satisfied with the training.

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**Project Title: Minimum Data Set (MDS) 3.0 Coding and Interpretation Basic Training;
Advanced MDS Training**

Unique Identifier: 2017-04-KY-0828

Project Duration: 10/1/2017 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$23,497

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$15,680

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The MDS training will be provided for staff. This will provide joint education and training to providers, MDS Coordinators, and State Agency surveyors on the MDS 3.0. MDS 3.0 Coding and Interpretation Basic Training is two days (November 6-7); Advanced MDS Training is one day (November 9). This will allow for residents to have access to higher quality of care.

Funded Entity(ies):

Kentucky Office of the Inspector General

Results of the Project:

155 participants attended the combined basic and advanced two day training held in Lexington. The participants were highly satisfied with the training.

Project Title: Emergency Preparedness for Certified Nursing Homes in Kentucky

Unique Identifier: 2017-04-KY-0808

Project Duration: 11/1/2017 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,006,299

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$137,061

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will provide emergency preparedness training over three years. It will provide basic and advanced training on emergency preparedness, improving the quality of care and quality of life of residents through improved safety before, during, and after emergencies and catastrophic disasters. This will provide higher quality of care for nursing home residents during emergency situations.

Funded Entity(ies):

University of Louisville Foundation

Results of the Project:

Results pending.

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Kentucky

Project Title: LTC2Prepare

Unique Identifier: 2017-04-KY-0808

Project Duration: 11/1/2017 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,006,299

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to undertake a three-year training effort with all Kentucky Certified Nursing Facilities (CNF), State Survey Agency (SSA), the Quality Improvement Organization (QIO), KY Long-Term Care Ombudsman Program and stakeholders to bring participating organizations in compliance with the new CMS Final Rule for Emergency Preparedness.

b. The objectives of this project are: 1) create a CNF Preparedness Advisory Group (PAG) of CNF key stakeholders; 2) provide a three-year preparedness training initiative for an estimated 4,350 CNF management and staff; 3) increase knowledge of state, regional and individual facility hazards as well as mitigation strategies to enhance the quality of facility planning for optimal response in an emergency; 4) provide structural mitigation resources and non-structural mitigation resources for catastrophic emergencies with application to most natural hazards; 5) develop a KY CNF password-protected website similar to the CMS Region IV Quality Improvement Initiative to provide access to all training materials, resources, tools developed through this proposal; and 6) develop an easy to use smartphone application to report bed availability during emergencies responding to preferred nursing facility communication methods, e.g., mail, text, and telephone response.

c. This project will benefit the NH resident by improving the quality of care/quality of life through improved safety before, during, and after emergencies and catastrophic disasters.

d. Target audience beyond the CNF resident is the staff, SSA, QIO, KY LTC Ombudsman Program.

Funded Entity(ies):

University of Louisville Research Foundation

Results of the Project:

Results pending.

Project Title: "I Won't Grow Up"—TimeSlips and Signature HealthCARE

Unique Identifier: 2017-04-KY-0918

Project Duration: 1/1/2018 to 12/31/2020

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Kentucky

Total Amount of CMP Funds Approved for this Project: \$766,098

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$142,554

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve well-being of residents by building social connections through meaningful, creative engagement activities that culminate in a high-quality arts event to be held at 3 of the 25 participating CNFs (certified nurse facilities). The objectives of the project are: 1) train all staff in basic creative engagement techniques that can be incorporated into one-on-one care planning and group activities; 2) train staff to meaningfully engage their larger communities; and 3) guide staff through the creation of three community-building arts events. This project meets the need for meaningful, person-centered activities and improved well-being for CNF residents. The target audience beyond the residents includes the CNF staff, resident families and community volunteers/artists that participate in the community events.

Funded Entity(ies):

Timeslips Creative Storytelling, Inc.

Results of the Project:

Results pending.

Project Title: Resident Engagement and Activity Program (REAP)—It's Never 2 Late (iN2L)

Unique Identifier: 2018-04-KY-0615

Project Duration: 10/1/2018 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$53,487

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to implement the iN2L technology to provide a non-pharmacological solution to behavior side effects associated with dementia to 20 residents who are given anti-anxiety medications. The goal of this project is to provide a non-pharmacological alternative to behavior management due to side effects of dementia in the selected residents. This project will benefit the nursing home (NH) resident by giving an alternative intervention to medication for anxiety inducing situations. The target audience beyond the NH resident is the certified nursing facility staff because they have an alternative intervention to use instead of medication.

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Kentucky

Funded Entity(ies):

Mckenzie Healthcare

Results of the Project:

Results pending.

Project Title: "Enhanced Life" Project—It's Never 2 Late (iN2L)

Unique Identifier: 2018-04-KY-0613

Project Duration: 10/1/2018 to 10/1/2021

Total Amount of CMP Funds Approved for this Project: \$109,944

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve the quality of life for residents at two Christian Care Communities facilities in Kentucky. To implement iN2L so to increase and improve communication between residents, families, friends and the community at large; integrate engagement technology into the rehabilitation program and utilize youth program participants as volunteers to create intergenerational learning opportunities during recreational activities. The project will achieve both homes creating 100 individual "My Page" documents, 100 "My Story" digital biographies; schedule a minimum of four to ten skype interactions per week and increase participation in group activities by 50% and individual activities by 70%. This project will benefit nursing home (NH) residents by improving the activities participation, including intergenerational aspects, and increase social engagement through technology. Beyond the NH resident this project will benefit the NH staff using this technology and the community at large engaging with the NH residents.

Funded Entity(ies):

Christian Care Communities, Inc.

Results of the Project:

Results pending.

Project Title: Minimum Data Set (MDS) 3.0 Coding and Interpretation Basics Training

Unique Identifier: 2018-04-KY-1008

Project Duration: 11/26/2018 to 1/17/2019

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Total Amount of CMP Funds Approved for this Project: \$12,736

Total Amount of CMP Funds Expended During CY 2018 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide joint education and training. MDS 3.0 Coding and Interpretation Basics Training to providers, MDS coordinators and Long Term Care surveyors. Training will enhance quality of care and quality of life of certified nursing homes, providers, coordinators and surveyors.

Funded Entity(ies):

Four Points Sheraton Lexington

Results of the Project:

Training was held. Over 200 participants attended. Response was very positive.

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Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2018: \$0

MS CMP Funds Expended for Emergency Uses in CY 2018: \$0

MS Active CMP Funded Projects in CY 2018: 9

Project Title: Quality Improvement Initiative Using Clinical Practice Guidelines

Unique Identifier: 2018-MS-012

Project Duration: 2/5/2016 to 9/30/2018

Total Amount of CMP Funds Approved for this Project: \$142,535

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$44,645

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The University of Louisville requested Civil Money Penalty funds to implement a Quality Improvement Initiative using Clinical Practice Guidelines for training materials on a shared website and to provide Continuing Education Units (CEUs). Project goals are to benefit residents, staff, clinicians, medical directors, administrators, State Survey staff, and Ombudsman.

Funded Entity(ies):

University of Louisville

Results of the Project:

Mississippi (MS) grant ended September 30, 2018. MS Long-term care (LTC) and stakeholders have access to the website and CEU's. 201 website visits by 57 certified nursing facilities and 141 discrete users. There was no utilization of continuing education (CEs) by MS users by grant end. CEs had been available for only two months before the grant ended.

Project Title: Diving Deeper on a Cultural Change Journey

Unique Identifier: 2018-MS-016/2016-04-MS-1214

Project Duration: 3/15/2017 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$87,779

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$12,340

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Methodist Senior Services (MSS) requested Civil Money Penalty funds to implement the "Diving Deeper on a Cultural Change Journey" for four facilities. The project focuses on the culture change of dementia care

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Mississippi

and training on the latest techniques. It includes collaborative efforts of the facility staff, communities, and families of the elders. Onsite visits made 8/3/17-8/14/17.

Funded Entity(ies):

Methodist Senior Services

Results of the Project:

Per the final report, there was only a 20% turnover rate of those members who participated in a class over a span of 3 years. The MSS Skilled Nursing campuses had about 50% of the complaints in 2019 as in 2016, before the grant. The number of MSS Skilled nursing elders needing hospitalization for "behavioral concerns" remained stable.

Project Title: Reducing Avoidable Hospitalization Across the Continuum of Care

Unique Identifier: 2018-MS-018

Project Duration: 7/19/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$86,715

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$18,782

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Florida Atlantic University requested Civil Money Penalty funds to implement "Reducing Avoidable Hospitalization Across the Continuum of Care" in Region IV and provide training in eight states. This project plans to educate residents, family members, staff, and community partners on best practices in reducing avoidable hospitalizations. Onsite visit conducted 06/20/18.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Three Multi-Sensory Rooms

Unique Identifier: 2018-MS-017/2017-04-MS-0222

Project Duration: 8/30/2017 to 3/1/2018

Total Amount of CMP Funds Approved for this Project: \$18,525

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Total Amount of CMP Funds Expended During CY 2018 for this Project: \$12,341

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Implemented three multi-sensory rooms in three facilities, but ultimately created them in two facilities. Therefore, the amount of the award was amended to \$12,350. The project focused on assisting residents with dementia and dementia-related illnesses that have behavioral symptoms.

The multi-sensory rooms offer a treatment alternative and are equipped to provide the resident with a secure and tranquil space that promotes comfort and relaxation. Onsite visits conducted 03/15/18 and 07/05/18.

Funded Entity(ies):

Stonebrook, Inc.

Results of the Project:

Per final reports, New Albany Health and Rehab Center and Oxford Health and Rehab have multisensory rooms. New Albany reported 12-16 residents visit the rooms daily. It is used for residents with: behavior modification for sundowning, increased agitation, anxiety, depression, on psychotropic medication, frequent falls, resident-on-resident altercations, and in calming residents during end of life. Pontotoc Health and Rehab Center did not develop a multi-sensory room and no funds were used by them.

Project Title: Mississippi Care Center of Dekalb (MCCD)

Unique Identifier: 2018-MS-015/2017-04-MS-0712

Project Duration: 11/8/2017 to 11/1/2019

Total Amount of CMP Funds Approved for this Project: \$84,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$44,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Implemented the MCCD project by utilizing 60 hospitality televisions with personalized speaker systems, a smartbox television system, and a maintenance plan.

The purpose is to improve the quality of life and peace of mind of residents with the use of technology, which includes an in-house television channel that broadcasts daily events, activities, and information pertaining to the facility.

Onsite visit to be conducted 05/24/18.

Funded Entity(ies):

Mississippi Care Center of Dekalb

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Results of the Project:

Sixty televisions and sixty speakers were provided to the residents which provided orderliness and easy listening. The broadcasting system and technology provided two in-house channels that provided daily activities and lunch menus for the residents' selection. This was the beginning of a culture change for the betterment of our residents and improving their quality of life.

Project Title: Engaging Life Passions

Unique Identifier: 2018-MS-013/2017-04-MS-1103

Project Duration: 4/3/2018 to 3/1/2021

Total Amount of CMP Funds Approved for this Project: \$104,105

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$104,105

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Sentry Care requested Civil Money Penalty funds to implement "Engaging Life Passions" in two nursing homes utilizing It's Never 2 Late (iN2L). iN2L aims to reduce the number of falls, resulting in an improved quality of life for the elders and reduced health care costs. Onsite visit conducted 06/14/18.

Funded Entity(ies):

Sentry Care

Results of the Project:

Results pending.

Project Title: Person-Centered Outreach Program

Unique Identifier: 2018-MS-014

Project Duration: 4/4/2018 to 3/1/2020

Total Amount of CMP Funds Approved for this Project: \$48,506

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$48,506

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Mississippi Care Center of Dekalb requested Civil Money Penalty funds to implement the "Person-Centered Outreach Program" in their facility utilizing It's Never 2 Late (iN2L). The goals of the project are to

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improve the quality of life of residents by providing activities and to enrich their social connections with their families, friends, and community. Onsite visit conducted 05/24/18.

Funded Entity(ies):

Mississippi Care Center of Dekalb

Results of the Project:

Results pending.

Project Title: The Bedford Cares: It's Never 2 Late (iN2L) project

Unique Identifier: 2018-04-MS-0425

Project Duration: 10/16/2018 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$304,784

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$65,720

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Hattiesburg Medical Park Management Corporation requested Civil Money Penalty funds to implement "The Bedford Cares: iN2L Project" in eight nursing homes, with a combined total of 700 residents. The goals are to increase resident engagement, reduce the potential for falls, and increase staff focus on resident-centered care.

Funded Entity(ies):

HMP Management Corporation

Results of the Project:

Results pending.

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NC CMP Funds Expended for Administrative Uses in CY 2018: \$0

NC CMP Funds Expended for Emergency Uses in CY 2018: \$0

NC Active CMP Funded Projects in CY 2018: 12

Project Title: Technology Enrichment Grant

Unique Identifier: 2018-NC-030

Project Duration: 5/1/2017 to 4/30/2018

Total Amount of CMP Funds Approved for this Project: \$23,773

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$610

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve the overall quality of life for residents by providing them with more options for engaging in activities throughout the day.
- b. Increase in-room activity participation rate to 50% and increase residents' overall quality of life and satisfaction with the activities program by 20% by the end of the one-year project.
- c. Enrich the therapeutic value of activities of daily living by providing individualized technological access and education to maximize gains from modern technology.

Funded Entity(ies):

Skyland Care Center, Inc.

Results of the Project:

Increase in both resident participation in activities and the length of the time an activity occurs. Continued improvement seen in therapy residents using iPads.

Project Title: Reducing Avoidable Hospitalizations

Unique Identifier: 2018-NC-019

Project Duration: 10/1/2017 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$109,887

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$20,101

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Florida Atlantic University is to assist Centers for Medicare and Medicaid Services (CMS) Region IV with reducing avoidable hospitalizations and educate residents, family members, staff, and community partners on best practices in reducing avoidable hospitalizations.
- b. Develop videos, power point presentations for the workshops, edited guides, and trifold for dissemination to nursing homes within CMS Region IV.
- c. Reduce cost to the system; better prepare residents and family members to make an informed decision should an acute change in condition occur.
- d. Staff, caregivers, Long-Term Care Ombudsman, and state surveyors.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

148 Nursing Homes reported on the Guide's impact to reducing avoidable transfers and readmissions. 67% have stated they are using the Guide. Facilities that use both Interact and The Decision Guide report increased reduction in family insisted transfers.

Project Title: Seniors Staying Connected Project

Unique Identifier: 2018-NC-029

Project Duration: 10/1/2017 to 9/30/2018

Total Amount of CMP Funds Approved for this Project: \$25,495

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,495

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Enrich the resident person-centered engagement through use of the It's Never 2 Late (iN2L) interactive and adaptive computer system.
- b. Increase resident satisfaction with the facility as a whole by 15%; increase satisfaction rate with facility activity program by 15%; increase activity participation rates by 15%.
- c. Contribute to the quality of life of residents by providing a greater sense of well-being, make activities more meaningful, and create the opportunity to engage more residents who may have cognitive changes.

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Funded Entity(ies):

East Carolina Rehabilitation and Wellness

Results of the Project:

More residents began attending activities, especially those activities centered around the iN2L system. Activities have become more meaningful, engaged more residents with cognitive changes, taught new skills and hobbies, and reawakened past skills. Residents stepped out of their comfort zone and tried new and different things. Family members are using the system during their visits.

Project Title: Residents Engaged to Achieve Creative Heights (REACH)

Unique Identifier: 2018-NC-028

Project Duration: 12/15/2017 to 12/14/2018

Total Amount of CMP Funds Approved for this Project: \$41,024

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$41,024

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Utilize the It's Never 2 Late (iN2L) interactive and the adaptive computer system to implement facility initiative "REACH." REACH's purpose is to improve gaps in current engagement and motivation of residents.

b. Increase resident activity participation by 10%; increase Modified Barthel Index (MBI) assessment score by 30% from admission to discharge from therapy services for all residents; increase resident satisfaction with the facility by 10%.

c. Elevate current services provided at facility, meet residents' needs in a non-pharmacological way, more positive interaction between residents, staff, and families, greater job satisfaction for staff, and greater value in activity and therapy sessions.

Funded Entity(ies):

Clay County Healthcare, LLC d/b/a Clay County Care Center

Results of the Project:

Increase in both resident participation in activities and the length of the time an activity occurs. Resident satisfaction increased to 90% since addition of iN2L system. Facility noticed a need to continue education with residents and have planned days into facility activity calendars and times to provide 1:1 education with residents.

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Project Title: North Carolina Culture Change Coalition Enhancement Grant

Unique Identifier: 2018-NC-020

Project Duration: 1/1/2018 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$27,461

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$6,505

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve resident dining experience by instituting physical changes in all three dining areas and offering more choice in the type and amount of food.
- b. Minimize unintended weight loss by 5%; increase overall food satisfaction to 85%; increase overall satisfaction with the facility.
- c. Enable residents to view and select meals of their choosing; allow residents to receive multiple servings without having to wait on delivery from main kitchen; food is fresh, warm and delivered straightaway; give residents the control in meal service that they would have at home.

Funded Entity(ies):

Countryside Manor, Inc.

Results of the Project:

Food is now prepared in the main kitchen and then brought to the main dining room to be served from the steam table. New furniture, décor, curtains, and dishware have given the dining areas a refreshing and updated feel.

Project Title: Virtual Dementia Tour

Unique Identifier: 2018-NC-021

Project Duration: 3/19/2018 to 3/18/2020

Total Amount of CMP Funds Approved for this Project: \$1,479,261

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$146,049

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Second Wind Dreams will provide the patented Virtual Dementia Tour (VDT) to skilled nursing homes throughout North Carolina to provide hands-on training and help staff develop a personal view of what dementia may be like.

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- b. Dementia Aware Competency Evaluation (DACE); Assessment Set Two (pre/post VDT staff survey and observations during the VDT); Assessment Set Three (post VDT experience).
- c. Empathetic, sensitive treatment of dementia residents by staff members.
- d. Staff, caregivers, Long-Term Care Ombudsman, and state surveyors.

Funded Entity(ies):

Second Wind Dreams, Inc.

Results of the Project:

Results pending.

Project Title: Activities Diversity

Unique Identifier: 2018-NC-023

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$14,834

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$2,780

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide a greater variety of activities with a focus on both individual and group activities to increase participation and overall improvement in resident satisfaction.
- b. Increase activity participation of those residents who do not regularly attend activities by 20% within a year; increase overall satisfaction of the activity program by 90% within a year.
- c. Improve motor skills, hand and eye coordination and problem solving; promote restfulness; enhance individualized, personalized activities for residents; strengthen the activity department, improve quality of life for residents; and improve caregiver satisfaction.

Funded Entity(ies):

Maggie Valley Operations, LLC d/b/a Maggie Valley Nursing and Rehabilitation Center

Results of the Project:

Residents are more vested in activity program. Resident satisfaction with facility has increased. Residents continue to enjoy the individual games and are participating more in group and individual activities. Games and are participating more in group and individual activities.

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Project Title: Gardening and Play Program

Unique Identifier: 2018-NC-022

Project Duration: 7/15/2018 to 7/14/2019

Total Amount of CMP Funds Approved for this Project: \$54,714

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$54,714

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Expand outside space for residents to enjoy socialization, inter-generational play and easy access to gardening.
- b. Increase participation of those residents who do not regularly attend outside activities by 5% each quarter; improve resident satisfaction with activities to 90%.
- c. Enhance individualized, personalized care for residents; strengthen activity department; increase opportunities to go outside; improve quality of life for residents; improve caregiver satisfaction; encourage participation in gardening activity and visitation to outside play area.
- d. Family members, volunteers, and community visitors.

Funded Entity(ies):

Rich Square Operations, LLC d/b/a Rich Square Nursing and Rehabilitation

Results of the Project:

96% of residents express joy from garden and play area. Overall improvement with resident satisfaction with activities at 90%. Improvement in socialization and participation in those residents actively involved in planting and caring of garden.

Project Title: Adaptive Computer Technology It's Never 2 Late (iN2L)

Unique Identifier: 2018-NC-024

Project Duration: 7/15/2018 to 7/14/2019

Total Amount of CMP Funds Approved for this Project: \$28,438

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,439

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Address need for individualized, accessible engagement that enhances cognitive function, socialization and overall quality of life through the use of the interactive and adaptive computer system iN2L and iPads.

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b. Increase participation of those residents who do not regularly attend activities; overall improvement in resident satisfaction to 90%.

c. Improve socialization and promote independence; increased satisfaction with facility; improve mood which results in reducing behaviors; decrease boredom; increase sense of belonging; enhance personalized care; and strengthen internal community.

d. Staff, family members, and volunteers.

Funded Entity(ies):

The Laurels of GreenTree Ridge, Inc.

Results of the Project:

iN2L system effectively helps to calm distressed residents. Activity records indicate increase in participation from residents with dementia or low cognitive function. Activity records indicate resident increase in group activities.

Project Title: EngAGE Together Project

Unique Identifier: 2018-NC-025

Project Duration: 7/15/2018 to 7/14/2020

Total Amount of CMP Funds Approved for this Project: \$22,003

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$4,983

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Weekly interaction of intergenerational programming through a partnership with St. John's Child Development Center to share in activities between residents and children from six weeks to 12 years old.

b. Increase activity participation of residents by 10% each year; increase resident, family and staff satisfaction by 10% each year.

c. Encourage relationship building and collaboration between different generations; improve quality of life for residents.

d. Community.

Funded Entity(ies):

Lutheran Home at Trinity Oaks, Inc.

Results of the Project:

Results pending.

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Project Title: Whisper-GLIDE

Unique Identifier: 2018-NC-026

Project Duration: 9/1/2018 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$28,369

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$28,369

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Installation of WhisperGLIDE swings for those specifically confined to wheelchairs to motivate these residents to visit the new outdoor social area.
- b. Overall improvement in resident satisfaction by 10% each quarter; increase dignity and quality of life for residents.
- c. Another avenue of independence; alternative venue for exercise; stress reduction and relaxation.
- d. Staff, family members, and volunteers.

Funded Entity(ies):

Smithfield Manor Inc.

Results of the Project:

An improvement rate of 26% of residents who were aware of the swings. An overall 40% increase in residents who made use of the swings.

Project Title: Living the Sweet Life

Unique Identifier: 2018-NC-027

Project Duration: 11/1/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$14,123

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$13,525

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Hold monthly ice cream socials to increase socialization in facility and improve residents' quality of life.
- b. Increase percentage in satisfaction with resident quality of life; 50% of all residents attend the ice cream socials.

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c. Promote and strengthen the internal community; provoke positive memories associated with childhood, holidays, sunshine, and good times; provide alternate source of vitamins and energy.

Funded Entity(ies):

Liberty Commons Nursing and Rehabilitation of Matthews, LLC

Results of the Project:

Weekly socials have been held later in the day to accommodate both first and second shift employees. Records indicate steady increase of residents attending the ice cream socials.

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South Carolina

SC CMP Funds Expended for Administrative Uses in CY 2018: \$0

SC CMP Funds Expended for Emergency Uses in CY 2018: \$0

SC Active CMP Funded Projects in CY 2018: 3

Project Title: University of Louisville Research Foundation, Inc.

Unique Identifier: 2015-04-SC-0303

Project Duration: 7/1/2015 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$1,333,343

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$44,564

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project is designed to improve the quality of care of nursing home residents by increasing the knowledge and skills of healthcare professionals.
- b. The project will educate the nursing home staff on twenty-one clinical conditions, helping with the quality of care in the nursing home.
- c. Staff will increase their knowledge and skills in the delivery of health care of long-term care residents.

Funded Entity(ies):

University of Louisville

Results of the Project:

Continuing education exams have been successfully completed and, from the shared outcomes, nursing home professionals received additional education and skillset.

Project Title: Improving Individualized Care for Residents with Dementia

Unique Identifier: 2016-04-SC-0525

Project Duration: 10/12/2016 to 10/11/2019

Total Amount of CMP Funds Approved for this Project: \$1,010,293

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$530,419

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project is focused on individualized dementia care.

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- b. It will eliminate off-label antipsychotic medication use in a minimum of 75 South Carolina nursing homes.
- c. This will improve nursing home residents' overall quality of care and health.

Funded Entity(ies):

75 South Carolina nursing homes; LeadingAge

Results of the Project:

This project has been completed and showed success. The first year pilot consisted of meeting monthly with six nursing homes in each region of the state. The second year consisted of a monthly learning collaborative involving forty-nine nursing homes participating in learning sessions held in three locations across the state. Through consultative visits to the original six pilot nursing homes and via the nine learning sessions around the states nursing homes indicated that they had better trained and competent staff for resident care and increased staff stability. All deliverables were completed. Not all funds were used and the amount of \$118,863.68 is being returned to the South Carolina Department of Health and Human Services.

Project Title: Anchor Rehabilitation and Healthcare Sensory Stimulation Grant

Unique Identifier: 2018-04-SC-0613

Project Duration: 6/1/2018 to 11/14/2018

Total Amount of CMP Funds Approved for this Project: \$5,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$5,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project is focused on engaging the senses and helping to improve the cognitive ability of the residents.
- b. It will help the facility in providing more meaningful and engaging sensory activities for its residents.
- c. It will be a great asset to the residents to improve their quality of life.

Funded Entity(ies):

Anchor Rehabilitation and Healthcare

Results of the Project:

Sensory carts, supplies and special programming were purchased with the use of the Civil Money Penalty grant funding. The results from this program have yielded a great response and involvement from the residents of the facility. Some sensory programs that were successful included animal programming, baby doll cart, movie/DVD cart, and music cart.

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Tennessee

TN CMP Funds Expended for Administrative Uses in CY 2018: \$185,011

TN CMP Funds Expended for Emergency Uses in CY 2018: \$0

TN Active CMP Funded Projects in CY 2018: 8

Project Title: Reframing Dementia through Person-Directed Practices

Unique Identifier: 2018-TN-031

Project Duration: 7/1/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$392,543

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$94,717

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal is to support the continued reduction of antipsychotic use in Tennessee nursing homes to lower than the national average of 18.7% (2015Q1) and to help sustain that reduction.

Project Objectives: Distribute the Reframing Dementia Training Kit to all project teams, which will provide tools and training for employees and family members to shift perceptions of dementia care (F-241) and strengthen well-being (F-309).

Engage participating nursing home employees (in Change Agent Teams of 3-4 per home) in the Train the Change Agent training, who then deliver the Reframing Dementia workshops in their respective organizations, and apply the tools taught in daily operations. Nursing home employees, both Change Agent Team members and those in a designated implementation sample group, will experience an overall 5% shift toward person-directed perceptions and approaches to dementia care that ultimately support the reduction of antipsychotic use.

Empower participating organizations to apply new approaches and work toward specific benchmarks of progress within the designated sample group. At least half of the participating organizations will meet 50% of the suggested implementation benchmarks.

Funded Entity(ies):

Tennessee Edenizing Foundation d/b/a Tennessee Eden Alternative Coalition

Results of the Project:

Homes participating in the three year project reduced antipsychotic use by 20.7% while non participants dropped their usage rate by 12.4% over the same time period. Facilities who entered the program in its first year saw the greatest improvement with an average of 26.3% reduction.

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Project Title: Dissemination of Resident and Family Decision Guide: Go to the Hospital or Stay Here?

Unique Identifier: 2018-TN-036

Project Duration: 6/1/2017 to 3/30/2020

Total Amount of CMP Funds Approved for this Project: \$103,401

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$20,105

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: Implement "The Decision Guide: Go to the Hospital or Stay Here" in Region IV nursing facilities in order to assist nursing home residents and families make optimal decisions concerning hospitalization or treatment in the nursing home.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Palliative Care Transitional Program

Unique Identifier: 2018-TN-032

Project Duration: 2/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$101,212

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$46,171

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: To collaborate with four National Healthcare Corporation (NHC) Skilled Nursing Facilities(SNF) to create a specific process to ensure that palliative care resident treatment directives are documented and implemented, and to develop metrics that reveal a quality risk when there is a variance between residents' directives and patient care outcomes.

Funded Entity(ies):

Saint Thomas Health Foundation

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Results of the Project:

372 patient records were audited in Q1-2 and 176 SNF resident goals of care documents were reconciled to both SNF and hospital care records. Established written End of Life policy at St. Thomas (POST completions per End of Life Care) and at NHC (POST faxes on admission) to ensure all POST forms are active.

Project Title: Eden Alternative Associate Training

Unique Identifier: 2018-TN-035

Project Duration: 3/1/2018 to 2/28/2019

Total Amount of CMP Funds Approved for this Project: \$31,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$14,735

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of this project is to offer Eden education to the remaining 90% of the nursing facility's stakeholders (who have not been trained) in order to advance their "Holistic Caregiver" model.

Funded Entity(ies):

Mountain City Care and Rehabilitation

Results of the Project:

The project impacted the lives of an estimated 253 nursing home residents and reduced antipsychotic medications from 21.1% to 11.5% through non-pharmacological interventions and patient-centered care.

Project Title: Activities, Restorative, and Therapy in Sync (ARTS)

Unique Identifier: 2018-TN-033

Project Duration: 4/1/2018 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$493,551

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$486,576

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of the ARTS program is to improve the quality of life of the residents by improving or maintaining activities of daily living (ADL) function and enriching activities and social connections for 770 residents.

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Project Objectives: Lower the number of long-term residents that are documented with a decrease in ADL function on the MDS. Improve the quality of life and increase participation in personcentered activities via the use of the Activities Tracking Log.

Funded Entity(ies):

Tennessee Health Management, Inc.

Results of the Project:

Results pending.

Project Title: Music and Memory Program

Unique Identifier: 2018-TN-034

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$165,951

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$163,240

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: To implement the Music and Memory program in five nursing homes in the Upper Cumberland region of Tennessee.

Project Objectives: To provide evidence-based practice to support the improvement of physical, cognitive, and emotional function of Alzheimer's and dementia patients through the implementation of this program.

To provide evidence-based practice to support the reduction of the use of antipsychotic medications in nursing home residents after the implementation of the Music and Memory program.

To assess nursing staff and nursing students' pre-and post-intervention of Music and Memory to assess satisfaction with Music and Memory Program.

Funded Entity(ies):

Tennessee Technological University

Results of the Project:

Results pending.

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Tennessee

Project Title: Wash Sense Hospital Acquired Infection (HAI) Reduction and Training Pilot

Unique Identifier: 2018-TN-037

Project Duration: 7/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$89,381

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$89,381

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: Evaluate the efficacy of ongoing and automated measurement, behavior intervention and staff education to: contain and reduce infection in a reliable and sustainable way through automated monitoring; train at the point of care, antibiotic stewardship and performance improvement for isolation, hygiene, and personal protective equipment protocols; and significantly reduce healthcare associated infections (HAI) related hospital readmissions.

Funded Entity(ies):

Memphis Operator LLC d/b/a Spring Gate

Results of the Project:

Respiratory infections were reduced by 42%, UTIs were reduced by 28%, and staff hygiene events increased quarterly with overall engagement of 80%.

Project Title: Activities, Restorative, and Therapy in Sync (ARTS)

Unique Identifier: 2018-TN-038

Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$471,215

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$416,105

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of the ARTS program is to improve the quality of life of the residents by improving or maintaining activities of daily living (ADL) function and enriching activities and social connections for residents.

Project Objectives: Lower the number of long-term residents that are documented with a decrease in ADL function

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Funded Entity(ies):

Tennessee Health Management (Jackson Region)

Results of the Project:

Results pending.

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Illinois

The state did not submit an updated project tracking sheet and financial summary to CMS for calendar year 2018.

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Indiana

IN CMP Funds Expended for Administrative Uses in CY 2018: \$60,735

IN CMP Funds Expended for Emergency Uses in CY 2018: \$0

IN Active CMP Funded Projects in CY 2018: 9

Project Title: Expressive Arts in Long-Term Care

Unique Identifier: 2018-IN-039

Project Duration: 4/15/2016 to 4/14/2018

Total Amount of CMP Funds Approved for this Project: \$500,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$112,679

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

An effective expressive arts program results in increased engagement of residents. This project will result in an Expressive Arts Course and an Expressive Arts Train-the-Trainer Course. The project will focus on the use of arts through movement, drawing, painting, sculpting, writing, music, or acting as interventions or approaches. It will improve quality of life for residents.

Funded Entity(ies):

University of Indianapolis Center for Aging and Community (Project Coordinator)

Results of the Project:

Six courses were offered. Ninety-six individuals attended, completed, and received their certificates as Expressive Arts Trainers for Long-Term Care. Two courses were offered, and 20 individuals attended the courses for Train the Trainer, completed the courses, and received their certificates in Train the Trainer in Expressive Arts in Long-Term Care. Seven Regional Collaboratives did performance improvement projects with their nursing homes.

Project Title: Polypharmacy Reduction in Long-Term Care

Unique Identifier: 2018-IN-040

Project Duration: 5/1/2016 to 4/30/2018

Total Amount of CMP Funds Approved for this Project: \$600,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$133,355

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Indiana

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project is implementing a unique approach to polypharmacy reduction in 21 participating Indiana nursing homes. The project's goal is to reduce the use of unnecessary, non-beneficial, and harmful drugs. It will result in improved quality of life, improved quality of care, and reduced health care costs.

Funded Entity(ies):

Purdue University School of Nursing (Project Coordinator)

Results of the Project:

This project showed decrease in average number of medications per day per resident; decrease in infectious disease medications; decrease in anti-coagulants; and decrease in pain medications per resident.

Project Title: Music in Long-Term Care

Unique Identifier: 2018-IN-041

Project Duration: 8/1/2016 to 7/31/2018

Total Amount of CMP Funds Approved for this Project: \$600,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$326,060

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Program to introduce music into long-term care facilities and the care planning of residents. It will reduce pharmacologic interventions; reduction in the dosage of prescribed medication administered per resident. This will result in a reduction in the amount of negative behaviors; reduction in the number of falls; increased level of resident engagement and quality of life.

Funded Entity(ies):

Butler University (Project Coordinator)

Results of the Project:

Over 10,000 individualized music listening sessions were implemented (working with 282 residents across 15 nursing homes). Significant decreases in the number and frequency of depressive symptoms and agitation were documented midway through the project. That result was not maintained during the last six months of the project. This was due to staff turnover at facilities and use of untrained temporary staff.

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Indiana

Project Title: Regional Collaborative Project Expansion

Unique Identifier: 2018-IN-043

Project Duration: 12/1/2016 to 11/30/2018

Total Amount of CMP Funds Approved for this Project: \$600,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$236,463

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Develop regional collaborative groups that are locally-based to work on quality improvement efforts within the nursing homes in their communities. Each regional collaborative will be responsible for developing and implementing at least two quality improvement projects addressing a quality of care need as identified through a quality assurance and performance improvement (QAPI) process utilizing QAPI principles. This will improve quality of care for nursing home residents.

Funded Entity(ies):

University of Indianapolis Center for Aging and Community (Project Coordinator); nine long-term care regional collaborative projects

Results of the Project:

Names of the collaboratives are abbreviated below:

- WCIRC reduced monthly antibiotics per resident by 51.3%.
- SIRC reduced rates of antipsychotic medications by 43%.
- CCC reduced challenging behaviors by 2% and in-patient hospital visits by 78.7%.
- CINHIC decreased falls with major injury by 50%.
- NCIQIC reduced average number of residents who fell by 44%.
- SWICPI reduced rates of 30- day readmissions by 28.5%.
- NWIQIC reduced rates of incontinence by 22.2%.
- QICNE decreased average monthly medications by 10.2%, increased discontinued meds by 20.5%, and decreased as needed (PRN) medications by 14.3%.

Estimated savings due to projects' prevention of negative health outcomes at over \$1,500,000.

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Indiana

Project Title: Indiana Nursing Home Advanced Education Project

Unique Identifier: 2018-IN-044

Project Duration: 2/1/2017 to 1/31/2019

Total Amount of CMP Funds Approved for this Project: \$400,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$209,018

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide Indiana Nursing Home Advanced Education. The purpose of the project is to implement a program to improve the education of healthcare professionals working in Long-Term Care (LTC) facilities through course development focused on a lack of qualifications in important geriatric care areas, such as healthcare quality improvement, infection prevention, wound care, and Alzheimer's/dementia care. This will result in higher quality of care for nursing home residents.

Funded Entity(ies):

University of Indianapolis Center for Aging and Community (Project Coordinator); Alzheimer's Association of Greater Indiana; Association of Professionals in Infection Control and Epidemiology; Indiana University School of Medicine's Department of Gerontology Wound Care Education Institute.

Results of the Project:

The Advanced Education for Long-Term Care (LTC) Professionals project (Advanced Education) provided advanced education the areas of quality improvement, infection prevention, wound care and Alzheimer's disease and dementia care to LTC professionals. A total of 388 professional staff participated in the project. Professional certifications were attained by varying numbers of participants by course. The highest rate of certification resulted from the Infection Prevention course with 63%. Forty-six (46%) percent of participants who attended the Care of Person's with Alzheimer's and Dementia course attained certification. Twenty-four (24%) percent of participants earned Wound Care Certified credentials. Zero known participants became Lean Six Sigma Yellow Belt certified. (Both the wound care and Six Sigma certification required an addition fee the participants had to pay for the credential.)

Course Evaluation results:

- Quality Improvement: 32 attended; 31 evaluations received; 90% strongly agreed/agreed with positive comments.
- Infection Control: 100 attended; 64 evaluations received; 70% strongly agreed/agreed with positive comments.
- Wound Care: 185 attended; 157 evaluations received; 100% strongly agreed/agreed with positive comments.
- Dementia Care: 71 attended; 60 evaluations received; 100% strongly agreed/agreed with positive comments.

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Indiana

Project Title: Conversations on Advanced Care Planning in Nursing Homes (NHs)

Unique Identifier: 2018-IN-045

Project Duration: 10/1/2017 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$332,360

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$175,173

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement improvements to advance care planning in nursing homes. It will focus on person-directed culture, resident quality of life, and resident choice. The most important component of advance care planning is the initial conversation about one's health care wishes. This will improve nursing home resident quality of care.

Funded Entity(ies):

University of Southern Indiana (Project Coordinator); Respecting Choices

Results of the Project:

Recruited 15 NHs with five staff from each NH. Training in Respecting Choices and Last Steps related to advanced care planning.

Project Title: Emergency Preparedness

Unique Identifier: 2018-IN-042

Project Duration: 9/1/2018 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$175,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,294

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will develop training that will give long term care staff the foundational knowledge, best practices, and practical experience needed to create detailed emergency management plans, meet new Centers for Medicare and Medicaid Services regulations on emergency planning, and provide the highest quality of care for older adults, regardless of circumstances.

Funded Entity(ies):

University of Indianapolis Center for Aging and Community (Project Coordinator)

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Results of the Project:

Curriculum completed. Six courses offered throughout the state. Course is two day face-to-face with two weeks between to develop plan, identify concerns/issues and return for discussion and problem solving. Also include a table top exercise.

Project Title: Prevention of Abuse and Neglect in Long-Term Care

Unique Identifier: 2018-IN-046

Project Duration: 9/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$250,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$3,746

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project seeks to increase awareness of abuse and neglect. The benefit to nursing home residents will be a nursing home staff that takes increased responsibility for preventing abuse and neglect. The training seeks to ensure that facilities have the resources and tools necessary to provide a high quality of healthcare. Our ultimate goal is to benefit residents through the prevention of abuse and neglect.

Funded Entity(ies):

The University of Indianapolis Center for Aging and Community (Project Coordinator)

Results of the Project:

Curriculum completed. From 2019-2020, 12 courses in total will be offered throughout the state with three North; six Central and three South with 25-50 participants per session. Content includes abuse and neglect, defining, reporting and responding to situations, stress triggers, conflict resolution, de-escalation, and social media. Final results pending.

Project Title: Infection Prevention in Long-Term Care

Unique Identifier: 2018-IN-047

Project Duration: 9/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$300,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$6,887

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Indiana

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project proposes a three-part project to give nursing homes the resources and tools needed to enhance their infection prevention programs. Project activities include a course for Long-Term Care (LTC) staff on best practices for infection prevention, a stand-alone training package that buildings can implement on their own, and a stand-alone education package for buildings. They can use this to educate families and residents on their role in infection prevention.

Funded Entity(ies):

The University of Indianapolis Center for Aging and Community (Project Coordinator)

Results of the Project:

Final results pending. Curriculum development including: hand hygiene, disease specific preventions, treatment, and management (CDI, MRSA, CRE, sepsis, UTIs, and pneumonia), role of the IP, antibiotic stewardship and QAPI for Infection Control.

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Michigan

MI CMP Funds Expended for Administrative Uses in CY 2018: \$0

MI CMP Funds Expended for Emergency Uses in CY 2018: \$0

MI Active CMP Funded Projects in CY 2018: 9

Project Title: Health Care Association of Michigan (HCAM)

Unique Identifier: 2018-MI-049

Project Duration: 3/1/2015 to 2/28/2018

Total Amount of CMP Funds Approved for this Project: \$1,135,150

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$438,383

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Develop a quality improvement training model to change the culture of nursing home staff and improve quality of life for nursing home residents.

Funded Entity(ies):

Heath Care Association of Michigan

Results of the Project:

This grant started in 2015. Its purpose was to develop and improve the clinical assessment and critical thinking of the licensed nurses serving the long-term care population through a reliable training process, through a train-the-trainer model. More than 100 homes in Michigan volunteered to participate. Each home sent three licensed nurses that would mentor others. This project spanned three years and contained four phases. Each phase was completed successfully as evidenced by the final report. Three out of four regions demonstrated reductions in their readmission rates over the course of the grant per the data submitted. The biggest factor identified was the turnover issues in both leadership and staff, which affected the appropriate follow through.

Project Title: ACE/NICHE

Unique Identifier: 2018-MI-053

Project Duration: 3/1/2017 to 2/28/2020

Total Amount of CMP Funds Approved for this Project: \$1,867,700

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$365,000

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Michigan

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Utilize NICHE (Nurses Improving Care for Healthsystem Elders) assessment tools and ACE (Acute Care of the Elderly) protocols to reduce hospital/emergency room readmissions for nursing home residents and to reduce medical costs.

Funded Entity(ies):

Trinity Health Care

Results of the Project:

Results pending.

Project Title: TRSP-2018 Transition Specialist Role

Unique Identifier: 2018-MI-052

Project Duration: 1/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,535,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$805,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this grant is to develop and implement a program that will train and support long term care certified nursing assistants (CNAs) to serve as Transitional Specialists. They will first meet the resident in the hospital setting and stay with them throughout their nursing home stay and will work with families when it comes time to return home.

Funded Entity(ies):

Trinity Health Care

Results of the Project:

Results pending.

Project Title: SMARTS

Unique Identifier: 2018-MI-054

Project Duration: 3/1/2018 to 2/28/2021

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Michigan

Total Amount of CMP Funds Approved for this Project: \$597,240

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$199,080

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve the quality of life in Shiawassee and Clinton County for their nursing home residents. This project will provide them with weekly, professionally conducted art activities and cultural programs. This project intends to impact residents' health by creating a sense of purpose, keeping the mind busy by engaging in art projects that allows them to be creative, express themselves, and increase socialization. Further benefits might include reducing isolation, alleviate boredom and possibly help with feelings of depression. The projects are expected to help with eye-hand coordination, cognitive abilities and concentration. The target audience is any resident in the two nursing facilities that would like to participate. The two facilities are Shiawassee County and Clinton County Nursing Homes.

Funded Entity(ies):

Shiawassee County Arts Council

Results of the Project:

Results pending.

Project Title: Ethics Training

Unique Identifier: 2018-MI-048

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$329,916

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$126,077

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide behavioral consultation/services to aging persons with cognitive impairments at skilled nursing facilities in Michigan. Decrease medication use and improve the quality of life for residents in Michigan nursing facilities.

Funded Entity(ies):

Western Michigan University

Results of the Project:

This grant was considered very successful. Its focus was to increase knowledge through in-person and online trainings.

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Michigan

Project Title: United Methodist Retirement Community Foundation (UMRCF)

Unique Identifier: 2018-MI-051

Project Duration: 10/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$207,070

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$103,535

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This is a two-year training and immersion program on the Green House Model. The goal is to increase staff knowledge/skills to provide higher quality person centered care.

Funded Entity(ies):

United Methodist Retirement Community Foundation

Results of the Project:

Results pending.

Project Title: Accelerating Quality Improvement for Long-Stay Residents in Michigan Nursing Homes Using Culture Change (AQIL)

Unique Identifier: 2018-MI-055/MI-0718-AI-104

Project Duration: 10/1/2018 to 9/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,114,650

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$378,317

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Our purpose of this project is to improve quality of care and quality of life for long-term stay residents in six facilities. This grant will provide a comprehensive series of trainings in the Eden Alternative Model, which includes training in person direct care, dementia care and leadership development.

Funded Entity(ies):

Altarum

Results of the Project:

Results pending.

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Michigan

Project Title: Positive Approach to Care (PAC)

Unique Identifier: MI-1218-BB-193

Project Duration: 4/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$152,980

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$31,139

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The multi-year program Bay Bluff will train staff to help improve residents' quality of care and quality of life, while also promoting a culture of improved care for future residents. Bay Bluff expects to see the following results: Dementia Aware Community designation when at least 80% of the total staff completes level one of the Positive Physical Approach. Dementia Knowledgeable Community designation when 80% of the staff have graduated at PAC level one and 75% care staff have graduated PAC level two. Dementia Community Skilled designation when the above is met plus 20% of care staff have completed PAC three level classroom sessions. Dementia Competent Designation when the above criteria are met plus there is a routine system for annual check-up and re-check as well for new employee integration into the system that is in place and being used. These learned techniques will improve the day-to-day experiences and quality of life for residents, staff, and family members.

Funded Entity(ies):

Bay Bluffs

Results of the Project:

Results pending.

Project Title: Memory Care Program Enhancement Project

Unique Identifier: MI-1218-ALC-191

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$26,700

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$12,207

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This Music & Memory Certification project is Step two of four steps in the goal of improving the Memory Care programs by integrating person centered music into Life Enrichment programs. Advantage Living Centers will be working with the organization, Music & Memory at musicandmemory.org, to educate

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Michigan

Memory Care team members in how to utilize music to help residents connect with themselves and their environment. The program will teach the team members how to use music to effectively engage with residents at multiple levels.

Funded Entity(ies):

Advantage Living Ctr.

Results of the Project:

Results pending.

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Minnesota

MN CMP Funds Expended for Administrative Uses in CY 2018: \$0

MN CMP Funds Expended for Emergency Uses in CY 2018: \$0

MN Active CMP Funded Projects in CY 2018: 3

Project Title: Music and Memory Programming

Unique Identifier: 2018-MN-056

Project Duration: 6/2/2017 to 7/29/2019

Total Amount of CMP Funds Approved for this Project: \$308,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$74,527

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide Minnesota (MN) nursing home residents access to programs known to improve quality of life for residents with cognitive impairment.
- b. The MN Department of Human Services (DHS) will provide grant funding to nursing facilities statewide that wish to implement music and memory type programming.
- c. The programming instituted through this project will enhance the quality of life and quality of care for nursing home residents with cognitive impairment, including, but not limited to dementia.
- d. Facility residents and staff in participating facilities statewide.

Funded Entity(ies):

MN Department of Human Services (funded selected MN nursing homes with grant monies to access programming)

Results of the Project:

Thirty-five facilities implemented Music and Memory type programming for residents within their respective facilities. To-date, 25 facilities have submitted to DHS final surveys on their results, we await final evaluations for the remaining 10 facilities.

Project Title: Joint Provider and Surveyor Training for Revised Requirements of Participation

Unique Identifier: 2018-MN-057

Project Duration: 11/6/2017 to 12/1/2020

Total Amount of CMP Funds Approved for this Project: \$90,075

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Minnesota

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$13,828

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide training to aid participants in understanding the new requirements of participation for federally certified (Medicare and Medicaid) nursing homes.
- b. The MN Department of Health (MDH-Survey Agency) and the MN Department of Human Services (DHS-Medicaid) will hold joint provider/surveyor training sessions, in multiple statewide locations, on the revised CMS regulations.
- c. The knowledge gained through this training will enable facilities to institute practices and programs that incorporate the quality of life and quality of care focus found in the revised CMS regulations.
- d. Facility residents, staff and leadership statewide, facility surveyors, provider organizations, and resident advocacy organizations.

Funded Entity(ies):

MN Department of Human Services (DHS), with work carried out through contracts with subject matter expert speakers and statewide training venues

Results of the Project:

Final results pending. Two rounds of statewide training sessions were held, each spread throughout the state at four different locations. These day-long training sessions provided training to over 2,000 attendees, including representatives from the State Medicaid Agency, Survey Agency, the Office of Ombudsman for Long-Term Care and provider organizations, in addition to facility staff. Over 75% of facilities statewide had representatives attending.

Project Title: Sexual Abuse in Nursing Homes

Unique Identifier: 2018-MN-058

Project Duration: 10/4/2018 to 10/1/2020

Total Amount of CMP Funds Approved for this Project: \$385,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$19,332

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to help provide nursing facility residents with a safer environment in which to live.

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Minnesota

- b. The Minnesota (MN) Office of Ombudsman for Long-Term Care will enlist a project manager to coordinate the development of a training video and curriculum on sexual abuse in nursing homes.
- c. The tools and training developed through this project will educate individuals on how to prevent, identify, and respond to the sexual abuse of residents in nursing homes, including the provision of follow-up care.
- d. Facility residents; family; staff; leadership and resident and family councils statewide; law enforcement and community organizations; resident advocacy organizations.

Funded Entity(ies):

MN Department of Human Services; Office of Ombudsman for Long-Term Care, contracted entities for video production, curriculum development and subject matter experts.

Results of the Project:

Results pending.

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Ohio

OH CMP Funds Expended for Administrative Uses in CY 2018: \$60,511

OH CMP Funds Expended for Emergency Uses in CY 2018: \$0

OH Active CMP Funded Projects in CY 2018: 15

Project Title: Wound Care Certification

Unique Identifier: 2018-OH-059

Project Duration: 4/1/2016 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$507,720

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$2,040

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide improved wound care to nursing home residents.
- b. Nurses will be trained and become wound care certified. Participating nursing homes' performance on the Center for Medicare and Medicaid Services (CMS) pressure ulcer quality measure will improve for long stay residents.
- c. This project will benefit nursing home residents by improving the quality of the wound care they receive, and by improving their quality of life.
- d. 100-200 nursing homes in the state, and up to 200 nurses in those facilities.

Funded Entity(ies):

Ohio Health Care Association (OHCA)

Results of the Project:

OHCA made 200 training seats available for the wound care training offered by the Educational Foundation of OHCA and the Wound Care Educational Institute (WCEI), culminating in a WCEI certification exam. Of the 199 nurses who attended the training, 132 (66.3%) passed the exam and received certification. After their certification, data showed considerable improvement in the CMS pressure ulcer quality measure (QM) at many of the nursing homes where the nurses worked. For tracking data, OHCA called the bottom 25% of nursing homes, as measured by pressure ulcer QMs, "Group A." "Group B" was the upper 75%. By the end of the project, nursing homes in Group A experienced a 57% reduction in their pressure ulcer QM (9.55% to 4.1%). Nursing homes in Group B experienced a 15% reduction (4.1% to 3.45%).

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Ohio

Project Title: Opening Minds Through Art (OMA)

Unique Identifier: 2018-OH-060

Project Duration: 7/1/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$781,716

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$303,741

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to implement custom art making programs for nursing home residents with dementia and to provide opportunities for positive self-expression and social engagement.
- b. The project aims to help improve the quality of interaction and care of people with dementia by using in-person and online training for staff and volunteers.
- c. Residents will benefit from improved social interactions with facility staff and volunteers, and experience enhanced quality of life.
- d. Approximately 100 nursing homes in the state and several hundred nursing home staff and volunteers.

Funded Entity(ies):

Miami University and Scripps Gerontology Center

Results of the Project:

The OMA project trained 138 nursing facility staff from 102 facilities in 38 counties throughout Ohio to be facilitators of OMA art making sessions, thereby exceeding its training goal of 100 facilities. Training was provided either entirely in-person, or as a hybrid course that combined both in-person and online training components. Both formats were highly rated by facilitator trainees in the post-training survey, with both in-person training and hybrid training rated an average of 4.8 out of 5 possible points.

Volunteers were also trained who were paired with each resident to provide 1:1 attention and assistance at art making sessions. Study findings show student volunteer participation in OMA is associated with significantly improved attitudes toward older adults living with dementia. Resident feedback was obtained following each OMA art making session using a standardized questionnaire developed specifically for the project. All 610 participating residents rated OMA highly, averaging 2.5 out of 3 on all items on the evaluation. Additionally, volunteer partners who were paired with residents asked residents to indicate their mood by selecting from a series of faces depicting moods ranging from Unhappy (1) to Very Happy (5). Most residents reported feeling just above neutral before participating in OMA and became more than somewhat happy after participating in OMA. Resident comments were also collected, and 92% center around enjoying the program, feeling proud of the artwork they created, being surprised by their creations, and valuing their friendship with their OMA volunteer partners.

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Ohio

Project Title: Preferences for Everyday Living Inventory (PELI)

Unique Identifier: 2018-OH-061

Project Duration: 7/1/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$1,005,662

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$338,539

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide person-centered care by honoring each individual's everyday preferences.
- b. The project will guide providers on ways of integrating the PELI into daily operational practices, provide education and training to providers using preference assessment data to guide care, and evaluate remaining barriers to preference-based care implementation and provide solutions for long term sustainability.
- c. Residents will benefit by experiencing higher overall satisfaction with their care in the facility and experiencing an improved quality of life.
- d. The target audience is all 970 nursing homes in the state and the staff in those facilities.

Funded Entity(ies):

Miami University and Scripps Gerontology Center

Results of the Project:

This project resulted in the development of a significant infrastructure of education and training tools that were disseminated to over 15,000 individuals. Resources were developed to remediate 32 barriers that were identified to assessing and integrating preferences into care. These resources have been made available to providers at no cost via the website www.PreferenceBasedLiving.com. The project also developed Preferences for Activities and Leisure (PAL) cards, which proved to be an acceptable, feasible, and appropriate communication intervention that can be used to spark conversations with residents about meaningful activities in their lives. Additionally, the ComPASS-16 (Care Preference Assessment of Satisfaction-16) web application was developed and launched to assist providers in electronically capturing and tracking preferences over time, as well as integrating preferences into quality improvement initiatives.

Project Title: Antipsychotics Use Reduction

Unique Identifier: 2018-OH-062

Project Duration: 1/1/2017 to 6/30/2019

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Ohio

Total Amount of CMP Funds Approved for this Project: \$603,310

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$194,568

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to reduce problematic behaviors exhibited by nursing home residents with dementia and dementia related conditions through means other than medication.

b. This project aims to teach non-medication behavior management and mentoring techniques, and the creation of individualized plans of care that focus on non-medication management of behaviors. The project will also improve performance on the Centers for Medicare and Medicaid Services antipsychotic quality measure.

c. Residents will benefit by experiencing reduced side effects from antipsychotic medications, thereby improving quality of life.

d. Up to 80 interdisciplinary staff members in nursing homes in 22 counties in northwest Ohio.

Funded Entity(ies):

WACON Solutions, Inc.

Results of the Project:

WACON recruited 40 nursing homes to participate in this project. The project offered dementia education to nursing home staff, and certification in the standardized cognitive assessment tool known as the Reality Comprehension Clock Test (RCCT). The RCCT predicts the cognitive status of individuals experiencing memory loss. The project also offered education on non-medication behavior management, behavior program implementation, and mentoring. At the conclusion of the project, 32 or 82.4% of participating nursing homes met their goal of a 15% reduction in the CMS quality measure score for antipsychotics for facilities with an initial quality measure (QM) score of 20.6% or higher, or a 5% reduction in the CMS quality measure score for antipsychotics for facilities with an initial QM score of less than 20.6%.

Project Title: Person-Centered Staff Engagement

Unique Identifier: 2018-OH-063

Project Duration: 4/1/2017 to 4/30/2019

Total Amount of CMP Funds Approved for this Project: \$2,000,243

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$658,431

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Ohio

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to engage staff in person-centered care practices to improve the quality of resident care and life.
- b. Twelve regional ombudsman programs in the state will be engaged in nursing home quality assurance performance improvement (QAPI) efforts and will carry lessons learned into future complaint handling efforts. A statewide Resident Council Coalition, resident interview committees, and staff recognition programs will be launched.
- c. Residents will benefit from increased person-centered care, thereby improving resident satisfaction and an improved quality of life.
- d. Approximately 100 nursing homes and 12 regional Ombudsman programs in the state.

Funded Entity(ies):

State Long-Term Care Ombudsman

Results of the Project:

This project employed a learning collaborative approach developed by the Pioneer Network that was designed to develop effective staff practices such as daily huddles and consistent assignment. A total of 114 nursing homes completed the project. By the end of the project period, the goal was met to reduce the number of ombudsmen verified complaints by 10% across all participating facilities.

However, the 10% reduction was also seen for all nursing homes in Ohio, not just the participant group, during the same time period. It is therefore not possible to attribute the reduction of verified complaints primarily to the project intervention. The second goal, a 10% reduction in citations from the Ohio Department of Health, was not met. It is very possible that a change in the survey process implemented during the project period may have outweighed any differences that could be attributed to the project. The Person-Centered Care Index, developed by the Scripps Gerontology Center, did reveal statistically significant improvements on 16 important aspects of resident care among the 70 facilities that provided comparison data.

Project Title: Focused Nurse Education

Unique Identifier: 2018-OH-064

Project Duration: 4/1/2017 to 5/31/2019

Total Amount of CMP Funds Approved for this Project: \$73,545

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$34,113

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Ohio

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of the project is to reduce unnecessary hospitalizations and preventable emergency room visits for nursing home residents.
- b. This project aims to provide a focused curriculum and geriatric-specific training to registered nurses, licensed practical nurses, and state tested nurse assistants (STNAs) that will increase their ability to communicate accurately, effectively, and confidently regarding the health conditions of the residents in their facilities, thereby reducing unnecessary hospitalizations and emergency room visits.
- c. Residents who can be treated in the nursing home rather than in the hospital or emergency room will avoid transfer trauma and the accompanying disorientation.
- d. Three nursing homes in the state: Bethany Village (Dayton), Green Hills (West Liberty), and Kendal at Oberlin (Oberlin); and the nurses and STNAs at those facilities.

Funded Entity(ies):

LeadingAge Ohio

Results of the Project:

Green Hills nursing home, which was originally proposed to participate in this project, was removed because it was involved in LeadingAge Ohio's Telehealth Civil Money Penalty project (18-OH068) and there was concern that participation in both projects would influence evaluation outcomes. Two other nursing homes were recruited to participate, for a total of four participating facilities. The initial goal was an overall 20% reduction in hospital readmissions and an overall 10% reduction in emergency room visits. By the end of the project period, data analysis revealed all four facilities had lowered 30-day hospital readmission rates for both short-term and long-term residents, with decreases ranging from 14%-31% (24.4% overall). Final data also showed three facilities experienced a decrease in the number of emergency room visits, with decreases ranging from 5.9% to 42.9% (13.9% overall).

Project Title: LifeBio

Unique Identifier: 2018-OH-065

Project Duration: 4/15/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$726,008

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$318,959

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to enhance person-centered care in nursing facilities.

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- b. The project will develop a LifeBio Story Booklet and LifeBio Story Summary page for each resident, provide staff with training tools, and provide a monthly webinar and bimonthly site visits for technical assistance.
- c. The LifeBio Story Booklet and Summary page encourages staff and visitors to engage with residents about their life histories, including families, notable life events, hobbies, interests, personal accomplishments, work, and preferences for care-related tasks.
- d. Several hundred nursing home staff and volunteers in the state.

Funded Entity(ies):

Ohio State University, Ohio Colleges of Medicine, Government Resource Center (GRC); Benjamin Rose Institute on Aging

Results of the Project:

186 residents in 16 nursing homes participated in this project. Overall findings indicate the majority of residents and staff who participated in the project found it a positive experience, producing significant improvement in depression symptoms, and supporting staff to provide individualized care. LifeBio story work can be useful to 186 residents in 16 nursing homes participated in this project. Overall findings indicate the majority of residents and staff who participated in the project found it a positive experience, producing significant improvement in depression symptoms, and supporting staff to provide individualized care. LifeBio story work can be useful to residents who enjoy sharing a LifeBio story book with others in the nursing home, may help to reduce depression by promoting better engagement between residents and staff, and has potential as a regular resident activity. The project faced challenges due to university administrative delays that impacted the recruitment and retention of volunteers, project design, timeframes for data collection, program fidelity, and nursing home participation. These issues led to modifications to staff training, use of additional staff and interns to collect life stories, and changes in project design that allowed for the accommodation of tight timeframes.

Project Title: Pine Kirk Resident Relocation

Unique Identifier: 2018-OH-066

Project Duration: 5/9/2017 to 5/9/2018

Total Amount of CMP Funds Approved for this Project: \$7,022

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$703

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to move the belongings of relocated residents of Pine Kirk nursing home in the aftermath of a crisis event.

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Ohio

- b. Professional company will move residents' belongings to their new locations at other nursing homes and will move belongings back to Pine Kirk for those residents who wish to return.
- c. Residents are able to have their possessions moved in a safe, timely, and dignified manner.
- d. Pine Kirk nursing home and eight receiving nursing homes in the state.

Funded Entity(ies):

Pine Kirk Nursing Home; Mathis Moving and Storage Co.

Results of the Project:

Belongings of 26 residents were successfully relocated from Pine Kirk to other Medicaid certified nursing facilities where those residents had relocated. The belongings of five residents were successfully moved back to the Pine Kirk facility.

Project Title: CARES Dementia Basics Training

Unique Identifier: 2018-OH-067

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$128,240

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$64,120

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide person-centered dementia care to nursing facility residents.
- b. This project will use the CARES Dementia Basics Online Training program to train staff, who can then earn the essential ALZ certificate provided by the Alzheimer's Association. The project aims to increase scores on the Ohio Department of Aging's Nursing Home Resident Satisfaction Survey-Overall Resident Satisfaction Results and have a minimum of 25% of staff complete the online training.
- c. The project will benefit residents by giving direct care staff greater skills and knowledge with which to provide more person-centered care to residents with dementia and dementia related conditions.
- d. Up to 150 nursing homes in the state.

Funded Entity(ies):

Ohio Health Care Association (OHCA)

Results of the Project:

OHCA recruited 150 nursing homes for this project. The time frames for the Resident Satisfaction Survey did not line up with the timing of the CARES training program, and the questions on the survey changed

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between 2015 and 2017, so the results were not comparable even if the time frames corresponded with the time frames of the project. As a result, the median resident satisfaction score declined by 7.38 points between 2015 and 2017 from 84.19 to 76.82. Because of the inadequacy of resident satisfaction as an outcome measure, OHCA supplemented it with the Centers for Medicare and Medicaid Services quality measure for long stay antipsychotic use. The median change in this measure among the 40 nursing homes that met the 25% training goal was an improvement of 1.22 percentage points.

Project Title: Telehealth

Unique Identifier: 2018-OH-068

Project Duration: 8/1/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$216,220

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$112,875

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to reduce hospital admissions and emergency department visits by providing telemedicine in two nursing homes located in rural areas of Ohio.
- b. One nursing home will establish an on-site telemedicine clinic and the other will utilize a telemedicine mobile cart. The project will track care coordination for residents at the two facilities who experience congestive heart failure (CHF), congestive obstructive pulmonary disease (COPD), pneumonia, or stroke to demonstrate the benefits of care coordination strategies through telemedicine.
- c. Residents can benefit from more timely responses by caregivers, leading to higher levels of function and increased quality of life. Telemedicine has been found to be associated with significant reductions in mortality, reduced hospital admissions, re-admissions, length of stay, and emergency department visits.
- d. Two nursing homes: Green Hills Community and Ohio Eastern Star Home, and their staff.

Funded Entity(ies):

LeadingAge Ohio; Optimized Care Network (OCN)

Results of the Project:

This project was originally designed to track the effects of telehealth on residents with four diagnoses: CHF, COPD, pneumonia, and stroke. However, once the project began it became evident that the number of residents with these diagnoses was quite small, so the project design was modified to include all facility residents. Additionally, numerous factors affected implementation of the telehealth technology at one of the facilities, which, despite corrective efforts, resulted in discontinuation of this facility's participation.

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Goals of this project were to reduce emergency room (ER) visits by 10% and reduce hospital admissions and readmissions by 10%. For the facility that remained in the project, ER-only visits declined by 42.5% during the project period, and observation stays declined by 33.3%. However, inpatient admissions increased by 9.7%. In addition, compared to the base measurement period of 3/2016-10/2017, the readmission rate for all residents at the end of the project increased by 3.3%. It is important to note this reflects the rate for all residents, not specifically for the residents for whom telehealth care was used. The evaluation survey that was given to staff revealed that the majority of clinical staff agreed the telehealth technology created value for both short-term and long-term residents.

Project Title: Nurse Leadership

Unique Identifier: 2018-OH-169

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,049,124

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$331,055

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide leadership training to 72 registered nurses in nursing facilities throughout Ohio in order to improve staff retention and resident and family satisfaction. By providing nurse leaders with enhanced leadership skills, the applicant seeks to decrease each participating nursing facility's direct care staff turnover rate by 5% in CY 2017, with additional 1% decreases in CY 2018 and CY 2019. This will be measured using facilities' human resource records and documentation. The applicant also seeks to increase each participating facility's scores on the resident and family satisfaction surveys that have been developed specifically for this project by 7% each for CY 2017, with additional 2% increases in both surveys in CY 2018 and CY 2019. Residents are expected to benefit because improved staff retention will allow for more consistent assignment of nursing home staff, which is known to be a component of high-quality resident care. Residents also are expected to benefit by being more satisfied with the care they receive due to having the same caregivers who know them well and understand their needs and preferences.

Funded Entity(ies):

Tobin and Associates, Inc.

Results of the Project:

Results pending.

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Ohio

Project Title: Pocket Guide to Pressure Ulcers

Unique Identifier: 2018-OH-077

Project Duration: 7/1/2018 to 7/30/2019

Total Amount of CMP Funds Approved for this Project: \$75,762

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$37,881

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to send five copies of the Pocket Guide to Pressure Ulcers, Fourth Edition, to each dually certified nursing facility in the state.

b. Nursing homes will be surveyed on how they have used the guide and opinions on its usefulness. Data will be analyzed to determine the correlation of facility use of the guide and any changes in the number of citations for pressure ulcers.

c. Residents will benefit from an improvement in pressure ulcer prevention, earlier identification of pressure ulcers, quicker healing of pressure ulcers, and fewer infections from pressure ulcers. Improved patient care will result in improved quality of life, including a reduction in pain related to pressure ulcers.

d. The target audience is 936 dually certified nursing facilities in the state and their administrators and direct care staff.

Funded Entity(ies):

Ohio Department of Health

Results of the Project:

This project tracked the number of citations for Tag F314 (now F686)–Treatment/Services to Prevent/Heal Pressure Sores, and Tag F585–Skin Integrity for the 936 dually certified nursing homes in Ohio that each received five copies of the Pocket Guide to Pressure Ulcers for use by their facility. Compared to baseline data collected for the 12-month period prior to the implementation of the project, data collected for the ten-month period following the distribution of the guides revealed no substantial change in the number of citations (167 vs. 135). However, the levels of citations were significantly lower after distribution of the guides, with data showing a 12% decrease between level two and level three severity categories. An insignificant 1% change occurred at severity level four. The online survey for facilities had a 13% response rate. Of responding facilities, 91% indicated the guide had improved staff knowledge, 86% indicated the guide had improved identification of pressure ulcers, 83% indicated the guide had improved documentation of pressure ulcers, and 81% indicated the guide had improved prevention of pressure ulcers.

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Ohio

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: 2018-OH-078

Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$100,170

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,951

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to use a picture-based touch-screen computer system to help reduce the effects of institutional isolation among nursing home residents.
- b. At least ten staff members or volunteers will be trained to use the iN2L computer system. These individuals will then assist residents to use the system, and a nursing home staff member will be designated to facilitate the iN2L program. Monthly training webinars and quarterly best-practice group calls will be provided for the duration of the project.
- c. Residents will benefit by having greater connection with the community at large, greater participation in mind stimulating activities, more opportunities to learn new skills and hobbies, improved eye-hand coordination when used as part of a rehabilitation program, and enhanced individual and group activities.
- d. Concordia at Sumner nursing home and their staff and volunteers with family and friends.

Funded Entity(ies):

Concordia at Sumner

Results of the Project:

Results pending.

Project Title: Person Directed Dementia Care

Unique Identifier: 2018-OH-079

Project Duration: 8/1/2018 to 1/31/2020

Total Amount of CMP Funds Approved for this Project: \$445,478

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$218,153

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to support the continued reduction of antipsychotic medications through person-directed care practices that redefine perceptions of and approaches to dementia care.

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- b. This project will offer both online and in-person group education, self-directed application of skills, resources for ongoing education, and the opportunity to engage with other nursing homes in the state in pursuit of best practices.
- c. Residents will benefit from the reduced use of antipsychotics by experiencing improved overall wellbeing and quality of life. Unmet needs that may be triggering challenging behaviors will be identified. Direct care staff will be empowered to work collaboratively and compassionately with individuals living with dementia, and negative attitudes, fears, and outdated perceptions of dementia will shift so residents' needs may be truly heard.
- d. Approximately 100 nursing homes in the state and their staff.

Funded Entity(ies):

State Long-Term Care Ombudsman

Results of the Project:

Results pending.

Project Title: Stop That Mite

Unique Identifier: 2018-OH-080

Project Duration: 9/1/2018 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$6,453

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$3,578

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to reduce the incidence and severity of scabies outbreaks in nursing homes in Jefferson County.
- b. Onsite and online training will be provided and will include follow-up trainings to facilities that experience a new outbreak.
- c. Residents will benefit by experiencing fewer or no new outbreaks of scabies, and by equipping administrators and staff with the knowledge they need to provide effective, high-quality care to residents if an outbreak occurs.
- d. Nine nursing homes in Jefferson County and their staff, and residents' family members.

Funded Entity(ies):

Jefferson County Department of Health

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Ohio

Results of the Project:

Due to numerous outbreaks of scabies in Jefferson County nursing homes, this project was designed to provide in-person scabies education to interdisciplinary staff at the nine nursing homes in the county, thereby reducing the incidence and severity of outbreaks. The success of the project was evidenced by a 65% decrease in the incidence of outbreaks in 2019 compared to 2017/2018. Success also was evidenced by all nine facilities exceeding the goal of a staff participation rate of 75%, with actual participation rates between 79% and 100%. The third goal of the project was for participating staff to achieve a 25% gain in knowledge as evidenced by comparison of pre-training and post-training test scores. This goal was partially met, with staff achieving a 9%-15% knowledge gain.

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Wisconsin

WI CMP Funds Expended for Administrative Uses in CY 2018: \$0

WI CMP Funds Expended for Emergency Uses in CY 2018: \$0

WI Active CMP Funded Projects in CY 2018: 19

Project Title: Dementia Training

Unique Identifier: 2018-WI-094

Project Duration: 7/1/2016 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$100,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$128,673

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Wisconsin Department of Health Services will provide free dementia care training for nursing home staff to increase competency in the areas of dementia, crisis response, and challenging behaviors. Training will be available for all staff that have contact and interaction with a resident with dementia, including nurse aides, nurses, activity staff, social workers, and dietary and housekeeping staff, etc.

Students who complete the training will be given a training certificate and their names will be listed on a registry that will allow for portability from one facility to another facility. The training will be evaluated by the student and their supervisor to determine if the training was effective and helped them complete their job duties. Residents with dementia will be cared for by staff who have a good understanding of their needs and abilities.

Funded Entity(ies):

Wisconsin Department of Health Services

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/f01593-12-31-2018.pdf>

Project Title: Infection Prevention and Control Training for Health Care Professionals Working in Nursing Homes

Unique Identifier: 2018-WI-090

Project Duration: 8/1/2016 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$59,250

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$2,000

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Wisconsin

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide training for infection prevention and control in nursing homes. The project will develop an educational program to address how antimicrobial stewardship, outbreak identification and control, and surveillance relate to infection control and prevention. This will help reduce infection in nursing home residents and overall quality of care.

Funded Entity(ies):

Department of Health Services, Wisconsin Healthcare-Associated Infections in Long-Term Care Coalition

Results of the Project:

Results pending.

Project Title: Intergenerational Program Engagement with a Student

Unique Identifier: 2018-WI-181

Project Duration: 8/1/2016 to 7/1/2018

Total Amount of CMP Funds Approved for this Project: \$7,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$4,288

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Good Samaritan Society-Lodi/School District of Lodi Intergenerational Programming is building relationships between the generations with their school-nursing home program. This after school program includes special events where students and residents foster relationships using prepared activities.

b. These activities develop a social connection between students and residents, establishing positive relationships and a respect for another generation.

c. Residents will benefit from increased interaction with students and the opportunity to develop relationships with members of another generation.

d. Students will develop a greater appreciation and respect for members of an older generation.

Funded Entity(ies):

Good Samaritan

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/f01593-8-31-2018.pdf>

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Wisconsin

Project Title: Social Media and Brochure Project

Unique Identifier: 2018-WI-093

Project Duration: 11/1/2016 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$25,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$5,688

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Statewide campaign to educate nursing home staff of the potential for violations of resident rights and caregiver misconduct by using handheld devices. Each nursing home will receive: two videos for staff training, two laminated, international standard sized large posters (to post in break rooms), and brochures for employees to receive when they are hired and at ongoing training events. Reduce the number of misconduct incidents related to sharing photos or videos of residents on social media.

Funded Entity(ies):

Wisconsin Department of Health Services

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/f01593-10-25-2017.pdf>

Project Title: Noah's Landing Program

Unique Identifier: 2018-WI-081

Project Duration: 2/1/2017 to 1/31/2018

Total Amount of CMP Funds Approved for this Project: \$58,300

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$13,785

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Establish a program to enhance quality of life by encouraging resident relationships with pets.
- b. Introduce dogs and cats into the facility and into nontraditional therapy.
- c. This project will enhance the lives of nursing home residents by making pets available in the nursing home environment and by encouraging interaction with animals.
- d. Staff, families, and volunteers.

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Wisconsin

Funded Entity(ies):

Lutheran Homes of Oshkosh, Inc.

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/resources.htm>

Project Title: Statewide Expansion of the Student Volunteer Program

Unique Identifier: 2018-WI-086

Project Duration: 4/1/2017 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$192,200

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$89,487

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program connects high school and college student volunteers with a local nursing home certified by Music & Memory to assist in implementation and continuity of the Music & Memory program. Residents benefit from increased access to personalized music through the extra set of hands provided by students, enhanced socialization opportunities, and a variety in daily routine.

Reduced reliance on antipsychotic and anti-anxiety medication, reduced agitation, and improved quality of life is also anticipated. Overall, residents will improve their social environment and lifestyle.

Participating high school and college student volunteers and families of residents.

Funded Entity(ies):

Music & Memory, Inc.

Results of the Project:

Results pending.

Project Title: Alzheimer's Poetry Project Program

Unique Identifier: 2018-WI-087

Project Duration: 8/1/2017 to 7/31/2020

Total Amount of CMP Funds Approved for this Project: \$46,700

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Wisconsin

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$29,315

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Over a three-month period, 20 nursing homes will be trained in the methods and techniques of the Alzheimer's Poetry Project. This is a unique and innovative program that uses the power of the spoken word and builds on the long tradition of poetry as an oral art form. This project will allow for nursing home residents to express themselves creatively. Trained staff in participating nursing homes.

Funded Entity(ies):

Center for Community Stewardship

Results of the Project:

Results pending.

Project Title: Leadership and Systems Implementation 101 Workshop Program

Unique Identifier: 2018-WI-084

Project Duration: 8/15/2017 to 8/14/2018

Total Amount of CMP Funds Approved for this Project: \$29,300

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$8,511

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The Wisconsin Director of Nursing Council will provide seven-day workshops for teams of Nursing Home Administrators and Directors of Nursing to focus on developing leadership skills, principles of systems implementation, and systems maintenance.

b. The workshops will provide education and interactive guidance regarding these issues and include development of an action plan for process improvement in their nursing home.

c. This project will help nursing homes improve performance and quality of care to nursing home residents.

d. Directors of Nursing and Nursing Home Administrators of participating nursing homes.

Funded Entity(ies):

Wisconsin Director of Nursing Council-Education Forum

Results of the Project:

Results pending.

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Wisconsin

Project Title: Pressure Redistribution System

Unique Identifier: 2018-WI-085

Project Duration: 9/1/2017 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$14,040

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$13,505

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Purchase a pressure mapping system to assess pressure distribution for residents to reduce the prevalence of pressure ulcers and create a better quality of life.
- b. The mapping will show exactly which cushions or mattress to use in order to properly redistribute the individual's pressure point(s).
- c. This project will improve the quality of life for nursing home residents.
- d. Staff of facilities participating in project.

Funded Entity(ies):

Dove Healthcare-West

Results of the Project:

Final Report <https://www.dhs.wisconsin.gov/regulations/qai/f01593-8-30-2019.pdf>

Project Title: Stop Starting It

Unique Identifier: 2018-WI-180

Project Duration: 9/1/2017 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$23,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$6,103

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The "Stop Starting It" program is an interpersonal skills workshop developed to help caregivers assess attitudes, reframe perspectives, and practice interpersonal skills when working with people with dementia.
- b. Participants will learn how to promote an overall environment of positive language and behaviors when interacting with residents.

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c. Residents will benefit from staff who understand how best to interact effectively with people with dementia. Pre and post-test information will be collected at each presentation and used to evaluate the effective of the training.

d. Nursing home caregivers.

Funded Entity(ies):

North Central Health Care

Results of the Project:

Results pending.

Project Title: Performance Improvement Civil Money Penalty CMP Funds Project

Unique Identifier: 2018-WI-082

Project Duration: 10/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$44,820

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$44,820

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Wisconsin Center for Performance Excellence will hold five workshops across the state for staff from 105 nursing homes with a one or two star rating from the Centers for Medicare and Medicaid Services. The workshops are designed to improve their performance using the Eight Disciplines method.

b. Participants will develop corrective action plans as part of the workshop and, four weeks later, will participate in a two-hour, interactive group webinar to facilitate their transition into individual action projects.

c. This project will help nursing homes improve performance and quality of care to nursing home residents.

d. Staff of participating nursing homes.

Funded Entity(ies):

Wisconsin Center for Performance Excellence

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/f01593-6-30-2018.pdf>

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Project Title: Write Your Life

Unique Identifier: 2018-WI-083

Project Duration: 12/1/2017 to 5/1/2018

Total Amount of CMP Funds Approved for this Project: \$7,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program brings together residents, students, and community members to listen to residents tell their life stories and help them record their memories, creating a keepsake to share with their loved ones. The stories will be printed into a book and presented to each resident and their families. The founder of the Write Your Life Seminar will spend three afternoons working with residents to share her program of creative expression.

This project gives residents the chance to creatively express their memories. This project will help nursing homes improve performance and quality of care to nursing home residents.

Funded Entity(ies):

Park View Health Center

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/f01593-5-31-2018.pdf>

Project Title: Nursing Home Lighting to Improve Resident Health and Lower Fall Rates

Unique Identifier: 2018-WI-088

Project Duration: 12/1/2017 to 11/30/2019

Total Amount of CMP Funds Approved for this Project: \$200,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$83,150

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Midwest Lighting Institute will conduct a pilot study in two Wisconsin nursing homes to determine if the installation of energy-efficient LED lighting will improve health.

They will track to see if this will:

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- 1) Help residents maintain better daytime alertness and cognitive function;
- 2) Improve sleep and reduce their symptoms of depression; and
- 3) Improve safety by helping residents see better and move around more easily.

The pilot is an opportunity to understand how the right spectrum of light may improve the lives of nursing home residents. Staff engaged in the program.

Funded Entity(ies):

Midwest Lighting Institute, Inc.

Results of the Project:

Results pending.

Project Title: Caregiver Career Program

Unique Identifier: 2018-WI-089

Project Duration: 3/1/2018 to 2/29/2020

Total Amount of CMP Funds Approved for this Project: \$1,159,250

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$302,118

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The program is designed to encourage individuals to enter caregiver careers. The program includes a comprehensive marketing and recruitment plan, highlighting the program and the rewarding aspects of working as a nurse aide. Nurse aide training and testing is provided by the program at no cost to the student, and a \$500 retention bonus is paid by participating nursing homes to nurse aides after six months on the job. Regular webinars will be provided for nursing homes offering best practices for staff recruitment and retention. This will encourage more people to work as a nurse aide in nursing homes. Communities that receive the marketing information.

Funded Entity(ies):

Wisconsin Department of Health Services

Results of the Project:

Results pending.

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Project Title: Cycling Without Age (CWA)

Unique Identifier: 2018-WI-091

Project Duration: 4/1/2018 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$390,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$215,340

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

CWA is a program that helps nursing home residents stay connected with their communities through the use of three-wheeled cycle "trishaws." Originating in Denmark and active in more than 40 countries, CWA programs have enhanced the lives of residents around the world through the simple act of sharing trishaw rides in the outdoors. Wisconsin is currently the state with the most active CWA chapters in the United States and will grow significantly through a civil money penalty grant available to federally certified nursing homes. Residents who participate in the "trishaw" rides will stay better connected with their communities.

Funded Entity(ies):

Cycling Without Age

Results of the Project:

Results pending.

Project Title: Sensory and Aromatherapy Treatments to Enhance Care for Luther Manor Nursin Home Residents

Unique Identifier: WI-0618-ULPA-072

Project Duration: 8/20/2018 to 8/28/2019

Total Amount of CMP Funds Approved for this Project: \$10,668

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$6,044

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The goal of the project is to alleviate the symptoms associated with disease, depression, and help those who live with anxiety.

b. The use of sensory therapy and essential oils will be incorporated into resident care on a resident-by-resident basis with customized programs developed in consideration of alleviating the specific conditions.

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- c. Residents will experience greater calm, less stress and a feeling of well-being.
- d. Staff caring for residents who participate in the project.

Funded Entity(ies):

United Lutheran Program for the Aging

Results of the Project:

Final Report: <https://www.dhs.wisconsin.gov/regulations/qai/f01593-2-27-2019.pdf>

Project Title: Reallocation of Unspent Funds: Music & Memory

Unique Identifier: 2018-WI-092

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$41,215

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$31,577

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The national Music & Memory organization will reallocate unspent Civil Money Penalty funds awarded in 2015 in the amount of \$41,871 to cover the renewal fees for 311 nursing facilities for one year, to increase sustainability of the Music & Memory programs initiated in Wisconsin. Funds will be used to bolster the existing programs through resources and support delivered online through the members-only Care Community website. The resource provides training and support for one year to help new staff and newly-assigned staff keep abreast of best practices in providing personalized music via iPods to their residents. Residents will achieve higher quality of life from reduced behaviors and potential for reduced medications including antipsychotics.

Funded Entity(ies):

Music & Memory, Inc.

Results of the Project:

Results pending.

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Wisconsin

Project Title: Second Wind Dreams, Inc.

Unique Identifier: 2018-WI-178

Project Duration: 10/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$982,052

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$14,823

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The Virtual Dementia Tour provides insight into the world of dementia for caregivers, families, and members of the community by providing individuals with the opportunity to experience what dementia is like through an individualized learning experience.

b. The two-year training program will be provided at all nursing homes in Wisconsin and include for each facility – a facilitator training, a training manual, and equipment, including headphones, stopwatches, clothing, glasses, shoe inserts, etc. The success of the training will be determined by pre/post evaluations obtained at each nursing home training session.

c. Residents will benefit by staff, family and members of the community having a greater understanding of what it is like to have dementia.

d. Caregivers, family, significant others, and members of the community.

Funded Entity(ies):

Virtual Dementia Tour Comprehensive Education Program Second Wind Dreams

Results of the Project:

Results pending.

Project Title: Training the Next Generation of Wisconsin Nursing Home Infection Control Preventionists

Unique Identifier: 2018-WI-179

Project Duration: 10/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$610,928

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$5,287

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Training the Next Generation of Wisconsin Nursing Home Infection Preventionists is a program developed by the University of Wisconsin-Madison to design and implement a statewide training program to successfully implement the new federal infection control regulations. The program includes modifications to the Urinary Tract Infection (UTI) toolkit that will also be part of the statewide Infection Preventionists training.

b. The training will provide nursing homes with high quality training to implement the new federal infection control regulations.

c. Residents will benefit by receiving care from staff who use effective infection control prevention techniques.

d. Nursing home caregivers.

Funded Entity(ies):

The Board of Regents of the University of Wisconsin System

Results of the Project:

Results pending.

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Arkansas

AR CMP Funds Expended for Administrative Uses in CY 2018: \$0

AR CMP Funds Expended for Emergency Uses in CY 2018: \$224,550

AR Active CMP Funded Projects in CY 2018: 3

Project Title: Best Practices for the Continued Reduction of Antipsychotic Medication

Unique Identifier: 2018-AR-096

Project Duration: 1/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$560,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$280,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The overall project goal is to reduce the administration of antipsychotic medication.

Nursing home residents will benefit due to reduction of adverse drug effects.

Target audience: nursing home staff, directors of nursing, medical directors.

Funded Entity(ies):

Arkansas Health Care Foundation

Results of the Project:

Arkansas reduced antipsychotic rate from 26.1% in 2011 to 15.7% in 2018.

Project Title: Quality Assurance and Performance Improvement (QAPI) Based Approach to Meaningful Life, Empowered Staff, and Real Home

Unique Identifier: 2018-AR-095

Project Duration: 7/1/2017 to 6/1/2018

Total Amount of CMP Funds Approved for this Project: \$360,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$359,641

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Residents living in nursing home communities should have increased quality of life, not only at the nursing home, but within the provider community at-large. This project will advance improved quality of care through improved communication about individual plans of care.

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Arkansas

Residents will benefit from improved care transitions between providers and have a reduction in unnecessary medications and overall pharmacological interventions.

Funded Entity(ies):

Progressive Eldercare Services-Green, Inc. d/b/a The Green House Cottages of Belle Meade

Results of the Project:

Results pending.

Project Title: A Comprehensive Approach to Enhancing the Well-Being of Nursing Home Residents Living with Dementia

Unique Identifier: AR-0318-SPNR-005

Project Duration: 7/1/2018 to 6/1/2020

Total Amount of CMP Funds Approved for this Project: \$730,711

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$51,219

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The overall project goal is to enhance the well-being of nursing home residents living with dementia by decreasing the unnecessary use of antipsychotics and to decrease the number of transfers to inpatient psychiatric hospitals. The applicant, Salem Place Nursing and Rehabilitation, LLC, will reach this goal by adopting an evidence-based, proactive, person-centered, strength-based model. Staff will also benefit from the project and how they assist residents living with dementia.

Funded Entity(ies):

Salem Place Nursing and Rehabilitation, LLC

Results of the Project:

Geropsychiatric transfers have decreased in calendar year 2019 with a relative rate of improvement of 62% from 2018.

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Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2018: \$41,454

LA CMP Funds Expended for Emergency Uses in CY 2018: \$0

LA Active CMP Funded Projects in CY 2018: 13

Project Title: Education and Training to Reduce the Incidence of Facility-Acquired Pressure Sores

Unique Identifier: 2018-LA-106

Project Duration: 10/1/2016 to 9/30/2018

Total Amount of CMP Funds Approved for this Project: \$278,766

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$42,795

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Pressure ulcer prevention training in 50 nursing facilities.
- b. On-site education for nursing facility direct care staff in pressure ulcer prevention.
- c. Improved wound identification and prevention.
- d. Nursing facility staff.

Funded Entity(ies):

Louisiana State University Health Sciences Center

Results of the Project:

Decrease in facility-acquired pressure ulcers.

Project Title: Recollection Kits and Specialized Dementia Training for Nursing Homes

Unique Identifier: 2018-LA-098

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$177,103

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$114,834

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. On-site specialized training for providing activities for residents living with dementia.

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- b. Distribution of 25 Recollection Collection Kits accompanied by five hours of training.
- c. Specialized, easily accessed activities, and improved staff understanding of dementia.
- d. Nursing facility staff.

Funded Entity(ies):

Alzheimer's Services of the Capital Area Toolkit

Results of the Project:

Improved understanding of dementia and improved activity program.

Project Title: Growing and Maintaining Haven Household Culture

Unique Identifier: 2018-LA-103

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$19,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$19,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Staff training for person-centered care using a household model.
- b. Staff will understand the process of developing and maintaining a household.
- c. Household model allows residents to live by resident-determined routines and schedules rather than those determined by the nursing facility.

Funded Entity(ies):

Haven Nursing Center, Inc.

Results of the Project:

Increased staff understanding of the household model.

Project Title: Jo Ellen Smith (JES) Spa Retreat

Unique Identifier: 2018-LA-104

Project Duration: 7/1/2017 to 6/30/2018

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Total Amount of CMP Funds Approved for this Project: \$19,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$16,627

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve bathing environment and experience.
- b. Improve resident satisfaction with the bathing experience.
- c. Improve satisfaction and choice.

Funded Entity(ies):

Jo Ellen Smith Living Center

Results of the Project:

Increased resident choice and satisfaction in bathing options.

Project Title: Living Design Bird Aviary

Unique Identifier: 2018-LA-108

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$12,881

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$12,881

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Reduce disruptive behaviors by introduction of aviary.
- b. Improve resident satisfaction and reduction in disruptive behaviors.
- c. Create diversion and sensory stimulation.

Funded Entity(ies):

Port Allen Care Center

Results of the Project:

Reduced disruptive behaviors.

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Project Title: Reducing Inappropriate Antipsychotic Medication Use in Nursing Facilities

Unique Identifier: 2018-LA-110

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$101,733

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$30,192

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Antipsychotic medication reduction.
- b. On-site education regarding appropriate use of antipsychotics and non-pharmacological interventions.
- c. Improved response to distress without reliance on inappropriate antipsychotics.

Funded Entity(ies):

SBAFA, Inc.

Results of the Project:

Decrease in reliance on antipsychotic medications.

Project Title: American Sign Language (ASL) Classes for Staff

Unique Identifier: 2018-LA-099

Project Duration: 1/1/2018 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$2,340

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$2,310

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. ASL classes for staff.
- b. Increase staff and resident satisfaction.
- c. Improve communication between staff and residents.
- d. Nursing facility staff.

Funded Entity(ies):

Amelia Manor

Results of the Project:

Ten staff attended classes; staff and residents reported increased satisfaction.

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Project Title: Louisiana Assistive Technology Assistance Network

Unique Identifier: 2018-LA-114

Project Duration: 1/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$286,777

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$99,442

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide assistive devices and staff training in needs assessment.
- b. Demonstrate how the use of assistive devices can improve residents' independent functioning.
- c. Increase activities of daily living independence.

Funded Entity(ies):

Louisiana Assistive Technology Assistance Network

Results of the Project:

Nursing facility engagement was less than hoped, but residents involved received devices that improved independence.

Project Title: Educating Residents, Families, Caregivers and Long-Term Care Facility Staff Members About Advance Care Planning/Louisiana Physician Order for Scope of Treatment (LaPOST)

Unique Identifier: 2018-LA-185

Project Duration: 1/1/2018 to 9/30/2018

Total Amount of CMP Funds Approved for this Project: \$115,375

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$108,973

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Continue educating Louisiana's long-term care professionals as well as residents, families, and caregivers about advance care planning and LaPOST documents.
- b. Create and provide training videos and other materials designed to engage individuals in advance care planning.

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- c. Improved end-of-life care planning for families and caregivers about the registry and its benefits.
- d. Long-term care professionals, residents, and families/caregivers.

Funded Entity(ies):

LA Health Care Quality Forum

Results of the Project:

Eighty percent of nursing facilities responding to final survey reported using the materials.

Project Title: The Alzheimer's Services 25th Annual Educational Conference on Alzheimer's Disease and Dementia

Unique Identifier: 2018-LA-097

Project Duration: 3/30/2018 to 4/30/2018

Total Amount of CMP Funds Approved for this Project: \$8,900

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$8,900

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Partial support for conference to promote best practices in individualized care.
- b. Provide education about Alzheimer's and best practices in care for individuals living with the disease.
- c. Residents will benefit from improved practices implemented by caregivers.
- d. Nursing facility staff and other caregivers.

Funded Entity(ies):

Alzheimer's Services of the Capital Area (CONF)

Results of the Project:

Speakers rated excellent or good by strong majority of attendees.

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Project Title: Education and Training to Reduce the Incidence of Facility-Acquired Pressure Sores

Unique Identifier: 2018-LA-186

Project Duration: 4/24/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$603,762

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$281,707

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Pressure ulcer prevention training in up to 100 nursing facilities.
- b. On-site education for nursing facility direct care staff in pressure ulcer prevention.
- c. Improved wound identification and prevention.
- d. Nursing facility staff.

Funded Entity(ies):

Louisiana State University Health Sciences Center

Results of the Project:

Significant reduction in pressure ulcers in nursing facilities that received training as compared to those not yet trained.

Project Title: Recollection Kits and Specialized Dementia Training for Nursing Homes

Unique Identifier: LA-0618-ASCA-077

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$143,164

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$17,060

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. On-site specialized training for providing activities for residents living with dementia.
- b. Distribution of 50 Recollection Collection Kits accompanied by five hours of training.
- c. Specialized, easily accessed activities and improved staff understanding of dementia.
- d. Nursing facility staff.

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Funded Entity(ies):

Alzheimer's Services of the Capital Area Toolkit

Results of the Project:

Recollection kits and training delivered to 46 nursing facilities.

Project Title: Scholarships for Registered Nurse (RN) Preparation Program for Certification in Gerontological Nursing

Unique Identifier: 2018-LA-115

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$42,550

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$11,600

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Scholarship program for preparatory course for gerontological nursing accreditation.
- b. Skill improvement for RNs responsible for directing and supervising care delivery.
- c. Improved quality of care for residents in nursing facilities with RNs with gerontological nursing certification.
- d. Nursing facility staff.

Funded Entity(ies):

Louisiana Nurses Association

Results of the Project:

Recruited nurses but failed to achieve any of the projected outcomes because of staff turnover.

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New Mexico

NM CMP Funds Expended for Administrative Uses in CY 2018: \$1,695,942

NM CMP Funds Expended for Emergency Uses in CY 2018: \$0

NM Active CMP Funded Projects in CY 2018: 1

Project Title: Empowerment of the Frontline Caregiver Phase II

Unique Identifier: 2018-NM-116

Project Duration: 8/18/2018 to 8/18/2019

Total Amount of CMP Funds Approved for this Project: \$22,400

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$22,400

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Scholarships were awarded to sixteen certified nurse aides (CNAs) to attend the National Association of Health Care Assistants (NACHA) Conference in Little Rock, Arkansas on August 21-22, 2018. All recipients will share their experience at the 2019 New Mexico Health Care Association Convention.

Funded Entity(ies):

New Mexico Healthcare Association

Results of the Project:

Sixteen CNAs from New Mexico attended and participated in the NACHA conference. CNA's participated on a discussion panel at the 2019 convention, they shared their knowledge with their peers. Each CNA is still employed in long-term care more than a year after the event.

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Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2018: \$81,573

OK CMP Funds Expended for Emergency Uses in CY 2018: \$0

OK Active CMP Funded Projects in CY 2018: 11

Project Title: Oklahoma Nursing Home Music and Memory Initiative-Music for the Ages

Unique Identifier: 2018-OK-123

Project Duration: 1/1/2016 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$439,483

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$91,139

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Create personalized music playlists for nursing home residents with Alzheimer's, dementia, or other physical or cognitive challenges.
- b. Reduce in the use of antipsychotic medications and improved behavior among the targeted population.
- c. The project will improve the quality of life for the target population by reducing the reliance on antipsychotic or anti-anxiety meds; reducing sundowning and agitation; reducing pain; enhancing engagement and socialization; and fostering a calmer social environment via music as a non-pharmacological intervention.
- d. A future health professional volunteer program will provide students with information and resources on dementia and offer opportunities for community engagement and career exploration, increased family engagement, and decreased stress among nursing home staff.

Funded Entity(ies):

LeadingAge Oklahoma

Results of the Project:

Improved dramatically by beating both national goal of 4.6% and the Oklahoma goal of 4.5% to 3.58% in depression. Falls measure improved and is below the Oklahoma goal of 5.2% by coming in at 4.61%. The measure for pain is below Oklahoma's goal of 9.7%, at 9.15%. Anti-anxiety and the hypnotic measure are below Oklahoma's goal of 29.1% coming in at 27.34%. Comparing all non-participating facilities to participating facilities shows participating facilities improved over all facilities in the area on pain. Phase one was 9.28%, Phase two was 9.15%, and all facilities' pain was 9.72%. Also, in the area of anti-anxiety/hypnotics, both Phase one and Phase two beat out all facilities. Phase one was 24.83%, Phase two was 27.34%, while all facilities came in at 29.17%.

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Oklahoma

Project Title: Oklahoma State Department of Health (OSDH) Joint Provider Training

Unique Identifier: 2018-OK-118

Project Duration: 1/1/2017 to 12/1/2019

Total Amount of CMP Funds Approved for this Project: \$160,275

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$5,254

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. OSDH will provide training.
- b. Provide joint education for surveyors and providers on regulations and best practices. Provide funding for two, full-day joint trainings each calendar year.
- c. The training of staff will provide higher quality of care for nursing home residents.
- d. Audience beyond nursing home residents include nurses and facilities that participate in the training, surveyors, and providers.

Funded Entity(ies):

OSDH

Results of the Project:

Joint surveyor/provider trainings were held annually in central and northern Oklahoma from 2017 to 2019 for a total of six trainings. Trainings addressed topics such as Appendix Q, improving dementia care with Teepa Snow, abuse, neglect, misappropriation, Minimum Data Set (MDS) Coding, new nursing home regulations, quality measures, composite scores, motivational topics, surveyor's process, emergency preparedness, incident reports, destroying drugs, and available resources and support. An average of 25 Oklahoma State Department of Health (OSDH), Long-Term Care (LTC) staff and 230 individuals were present at each training. The average satisfactory ratings for content presented was 3.5 out of a scale of 4.0. Continuing educational credits were available at no charge to nursing home administrators.

Project Title: Nurses Improving Care for Health System Elders (NICHE)

Unique Identifier: 2018-OK-117

Project Duration: 4/1/2017 to 2/1/2018

Total Amount of CMP Funds Approved for this Project: \$164,445

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$28,055

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Nurses improve care for NICHE population.
- b. The project will implement Phase Three of the NICHE in Long-Term Care Community project.
- c. This will improve nursing home residents' quality of care.
- d. Audience beyond nursing home residents include the nurses who participate in the training.

Funded Entity(ies):

Geriatric Collaborative Care Nursing Services (GCCNS)

Results of the Project:

Phase three concludes this pilot program. Although quality metrics have improved, the current format is unsustainable.

Project Title: Person-Centered Oral Care

Unique Identifier: 2018-OK-119

Project Duration: 4/1/2017 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$408,028

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$193,933

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project will recruit 40 nursing homes for education and will provide oral health screenings for ten residents in each home.
- b. The project's key objectives are to:
 - 1) Establish a statewide Oklahoma Resident Oral Care Advisory Group (OROCAG) to address older adult oral health challenges;
 - 2) Improve nursing home staff knowledge, engagement in and skills for advancing person-centered oral care for residents;
 - 3) Improve nursing home residents' oral-related activities of daily living;
 - 4) Improve nursing home resident weight stability;
 - 5) Provide an oral health toolkit that facilities will utilize to improve residents' oral health care;
 - 6) Reduce the incidence of oral health-related hospitalizations;

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- 7) Gather oral health surveillance data via the Basic Screening Survey, which will strengthen the Oklahoma state data repository gauging oral health burden; and
- 8) Develop a sustainability plan to continue training and expand the project statewide.
 - c. This will improve oral health and quality of care for nursing home residents.
 - d. Audience beyond nursing home residents include staff of participating nursing home facilities, OROCAG, hospitals, and Oklahoma state data repository.

Funded Entity(ies):

TMF Health Quality Institute

Results of the Project:

Certified Nurse Aides (CNA) were provided in-service and bedside education by a registered dental hygienist on assessing residents oral care needs and how to implement a person-centered oral care plan. Forty-three nursing homes received the person-centered oral care training curriculum and comprehensive oral care toolkit. The kit included resident education materials for those residents who can perform their own daily oral care. 402 residents oral health was assessed by a registered dental hygienist using a basic screening survey. Provided is a summary of the surveillance data collected from the oral screenings conducted on residents. Completed Basic Screening Survey's as of 02/14/2019 = 402 Residents

- Ethnicity: AI/AN: 2.74%, Asian: 0.50%, Black: 7.71%, Hispanic: 0.75%, White: 87.56%, Unknown: 0.75%
- Gender: Female: 67.41% and Male: 32.29%
- Edentulous: 24.38%
- Untreated Decay: Yes: 52.24%; No: 47.76%
- Root Fragment: Yes: 48.76%; No: 51.24%
- Need for Periodontal Care: Yes: 46.77%; No: 53.23%
- Suspicious Soft Tissue Lesions: Yes: 7.71%; No: 92.29%
- Treatment Urgency: No obvious problem: 59.95%; Early Care: 35.32%; Urgent Care: 4.73%
- Last Dental Visit: Within a year: 39.05%; 1-2 years: 14.43%; Unknown: 16.17% Never: 0.50%
- An advisory board was created to address older adult oral health challenges. The board met seven times.

In the future, we will obtain the number of staff trained. Data pertaining to weight stability and reduction to oral health related hospitalizations is not available.

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Project Title: Less Is More

Unique Identifier: 2018-OK-121

Project Duration: 4/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$797,026

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$222,164

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project is focused on the optimization of medication systems (reducing antipsychotics and unnecessary medications).
- b. The Eden Alternative, a global non-profit focused on providing innovative approaches to care, has developed an educational initiative, "Less Is More: Well being Before the Med Cart" to address the optimization of medication systems. This project aims to recruit up to sixteen nursing homes, with each facility attending five Institute for Healthcare Improvement Breakthrough Series Collaborative sessions.
- c. The project goal is to see a reduction (from baseline) in the use of medications on the Beers Criteria for Potentially Inappropriate Medication Use in Older Adults list by the end of the project.

Funded Entity(ies):

Oklahoma Foundation for Medical Quality; Eden Alternative; Oklahoma University College of Pharmacy

Results of the Project:

Interim results: Sixteen nursing homes (NHs) participated in this project. Participating NHs received four collaborative sessions. The first collaborative session was instructor lead by representatives from The Eden Alternative organization. It was on creating awareness in medication use and overuse. Other sessions were Eden created video recordings of subject matter experts (SME) concentrating on optimizing the use of medications by focusing on residents' well-being and methods to simplify the medication administration process. The third session built upon previous concepts by advising participants to continue making changes and dig deep to consider alternative methods for pain management. The final introduced methods to incorporate medication therapy optimization interventions into daily practice. Action periods occur between collaborative session, during which participating NHs receive coaching and assistance on the project through a combination of on-site and virtual visits. Examples of Benefits to Residents:

- One nursing home reduced the number of residents receiving antidepressants from 6 to 1 and anxiolytics from 4 to 0.
- Another reduced average PRN medications from 8.0 to 1.3.
- Two nursing homes showed dramatic increases in their pneumococcal vaccination measures
- One NH increased the pneumococcal vaccination rate from 50% to 76%, while another increased from 63% to 89%.

Challenges: The project experienced difficulty aggregating data collected from this group of NH's because data was not standardized.

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Project Title: Transform Long-Term Care (LTC)

Unique Identifier: 2018-OK-122

Project Duration: 4/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,672,526

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$890,040

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project will recruit and assist up to 60 facilities and provide intensive, on-site technical assistance.
- b. The training will include: mentoring full quality assurance and performance improvement (QAPI) implementation; assuring identification of appropriate measures for improvement; guiding the QAPI team in data collection and monitoring for improvement; and providing associated education, tools, and resources. The project will host two regional meetings in four locations (for a total of 24 meetings). The project will also host, record, and post two webinar trainings per contract year.
- c. These virtual and regional events will facilitate the spread of best practices to improve quality of care for nursing home residents.
- d. Audience beyond nursing home residents include staff from participating nursing homes.

Funded Entity(ies):

Oklahoma Foundation for Medical Quality (OFMQ)

Results of the Project:

Interim Results:

- 1) Seventy-six nursing homes (NH) actively participated.
- 2) An assessment tool to determine the level of a NH's QAPI implementation at the time of recruitment and throughout the project was developed. The scores range from a Level 1 (lowest), which means the facility conducts quality assurance and assessment (QAA) meetings as required by State/Federal regulations or received the basic QAPI introduction to a Level 5 (highest), the facility has a fully functioning Quality Assurance Performance Improvement (QAPI) team and plan. At the start of the program, 67% of facilities QAPI implementation was scored as a Level 1. Now, only 2% of facilities are reporting QAPI implementation at a Level 1; most (54%) of facilities are at Level 3; identified QAPI team members, uses data to identify QI project, and have a QAPI plan.
- 3) All participants were provided with QAPI technical assistance, a copy of the homes composite score, and a QAPI notebook for providers to use as a guide. The notebook contains examples of QAPI plans, programs, performance improvement plans (PIP) documentation tool, and a QAPI team meeting document.
- 4) One webinar and two regional trainings were held in five locations. Topics included: Managing Medication – 221 attended representing 139 nursing homes and 106 LTC Administrators; Emergency

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Preparedness – 231 attended representing 103 nursing homes and 131 LTC Administrators; Webinar – Get the Bugs out of your Infection Prevention Program.

5) OFMQ also hosted monthly workgroups with State and local stakeholders to discuss challenges and solutions for an array of LTC challenges.

Quality Measures: 71% of participating homes improved their composite scores. The quality measures of focus for participating homes were: 31 homes are addressing falls; 25 homes – antipsychotics; 24 homes – pain; 18 homes – weight loss; 11 homes – UTI; nine homes – lo-risk bowel/bladder; nine homes – hi-risk pressure ulcer; five homes – influenza vaccination; four homes – increased ADL; two homes – depressive symptoms; two homes – antianxiety/hypnotics; and two homes – pneumonia vaccines. Nursing homes are addressing two quality measures.

Project Title: Step Up for Dementia Care

Unique Identifier: 2018-OK-120

Project Duration: 9/1/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$787,783

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$267,696

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. This project will provide dementia-specific training to build daily care skills, knowledge, and empathy among direct care health professionals in 120 nursing homes.

b. To achieve the project's goal of improving the quality of dementia care in Oklahoma nursing homes, the project will:

1) Use an evidence-based, dementia-specific training curriculum, "Walking Through Dementia;"

2) Use an evidence-based training tool, "Bathing Without Battles" to provide dementia-specific skills training on bathing (which is a high-anxiety, high-risk activity among direct care health professionals);

3) Establish sustainable access to skills and empathy building trainings by providing "train-the-trainer" education and curricular materials to selected nursing facility staff; these staff would then be responsible for future dissemination of the knowledge, attitudes, and skills imparted by the curricula.

c. This training will improve quality of care for nursing home residents.

d. Audience beyond nursing home residents include direct care health professionals in participating nursing homes.

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Funded Entity(ies):

Oklahoma University College of Public Health; Oklahoma Foundation for Medical Quality

Results of the Project:

One hundred and twenty-seven nursing homes received one or both curricula: Walking with Dementia (WWD) or Bathing without a Battle (BWB). A total of 3,134 staff received the WWD training and 2,075 staff received the BWB training. The evaluation component of this project focused on documenting an anticipated positive change in self-reported knowledge, attitude, and skill in providing person-centered care to residents living with dementia. The scoring was on a scale of one to five, with one representing 'Not Confident' and five representing 'Very Confident'. The knowledge component increased from an average of 3.86 to 4.51. The attitude component increased from 4.08 to 4.60, and the skill component increased from 3.88 to 4.48.

Sustainability: Accomplished by implementing five Train-the-Trainers (T4T) workshops. Thirty-six facilities participated and 74 nurse educators attended. Also, the project still exists in Oklahoma due to funding from a non-Civil Money Penalty grant/award.

Project Title: It's Not OK to Fall

Unique Identifier: OK-0518-OUHSC-047

Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,044,444

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$537,176

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The program is a person-centered approach to reducing falls and improving the quality of life for nursing home residents based on the most current evidence-based research, culture change, and successes from the first three years.

b. A reliable, affordable, and sustainable model for fall prevention will be implemented with the improvements garnered from experience.

Funded Entity(ies):

University of Oklahoma

Results of the Project:

Interim Results: The rate of change for total falls and falls with a major injury for nursing homes participating in this program was not available at the time of publishing.

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However, testimonials from a few nursing homes indicated a decrease in falls by implementing the following:

- 1) Reducing psychotropic medications;
- 2) Increasing hydration which also decreased urinary tract infections (UTIs);
- 3) Using overnight briefs allowed residents to sleep longer, decreased overnight falls, and surprisingly, improved resident's spirit; and
- 4) Toileting prior to bedtime decreased falls.

Sustainability: Facilities received a video for orientation or refresher trainings. Meetings with families and resident councils were an integral part of this program.

Project Title: Improving Evidence-Based Antibiotic Use for Treatment of Infections Commonly Seen in Long-Term Care

Unique Identifier: OK-0518-OUHSC-049

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$271,334

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$36,800

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will focus on increasing evidence-based antibiotic use, improving nursing staff knowledge of clinical criteria, and improving nurse-prescriber communication for antibiotic treatment via the use of a situation, background, assessment, and recommendation/request (SBAR) tool. Pharmacists will meet quarterly with nursing home staff to discuss SBAR submissions and address any related questions or concerns. Pharmacists will also assist with antibiotic tracking based on SBARs that have been submitted. Additionally, two individual learning sessions will be held and training modules available for reference.

Funded Entity(ies):

University of Oklahoma Health Sciences Center

Results of the Project:

Interim Results: At the end of the first year, 45 visits to enrolled homes were conducted to complete trainings and quarterly meetings. Thirty-one facilities participated, 28 completed one learning session, and 19 completed both learning sessions. Three facilities were completely trained. Forty-five situation, background, assessment, and recommendation/request (SBAR) tools were collected. 37% of the forms included some type of diagnostic test and 64% of the forms showed residents were given at least one antibiotic. The most common antibiotic used was Bactrim. The results of the SBAR data received were 58%

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of the infections were urinary tract infection (UTI), 33% were lower respiratory infection (LRI), and 9% were related to skin and soft tissue infections. The results of a decrease in the use of inappropriate antibiotic use is pending.

Recommendation: The SBAR tool should be offered in an electronic format to simplify submission to the medical director.

Obstacles: Participation of medical directors.

Project Title: Support and Provide Quality Assurance and Process Improvement Support for Nursing Facilities/Skilled Nursing Facilities

Unique Identifier: OK-0518-APIA-066

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$104,963

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$41,968

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Apiari's project approach is to facilitate quality improvement specific to vaccination rates within nursing facilities/skilled nursing facilities via consultation, coaching, and mentorship. The project will focus on increasing evidence-based antibiotic use, improving nursing staff knowledge of clinical criteria, and improving nurse-prescriber communication for antibiotic treatment.

b. Improved influenza and pneumococcal vaccination rates and metrics.

c. Increased rates of vaccination among residents has been linked to lower morbidity/mortality rates among residents. Increased rates of vaccination among long-term care facility staff decreases cases of influenza in the facility. So, improving both staff and resident adherence to immunization recommendations improves the safety of residents living in nursing facilities.

d. The project aims to improve the vaccination rates among nursing home staff.

Funded Entity(ies):

Apiari

Results of the Project:

Interim Results: 143 nursing homes participated in a protocol assessment. The assessment contacts nursing homes to evaluate resident and staff vaccination efforts. Data collected is analyzed for statistical trends, progressions, and regressions to emphasize best practices at educational events. Two webinars were held and available on Apiari's website for 30 days as a reference to nursing homes. One workshop was held in four locations across Oklahoma to discuss the results of the protocol assessment, Centers for

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Disease Control and Prevention (CDC) guidelines and timelines for influenza, Prevnar 13, and Pneumovax 23. Thirty root cause analyses were completed for underperforming homes. Immunization posters were developed to promote the importance of influenza and pneumococcal vaccine to residents and staff. The posters are available at www.apiariconsulting.com. For long-stay pneumococcal immunizations, Oklahoma has improved from 39th in the nation to 24th. Long-stay influenza was above the national average at the project baseline. Improvement in this measure was minimal. Videos of Oklahoma nursing homes immunizations best practices were available on Apiari's website.

Recommendation: Training material were not provided at workshops. Outcomes of nursing home staff vaccinations were not provided.

Project Title: Long-Term Care Leadership Academy (LTCLA)

Unique Identifier: 2018-OK-124

Project Duration: 8/1/2018 to 1/31/2020

Total Amount of CMP Funds Approved for this Project: \$385,262

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$55,396

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To provide the environment to develop leadership skills through education and mentoring for three levels of co-workers, with the goal of reducing turnover and implementing a program using their new skills. Promoting culture change and quality improvement of the nursing homes involved in the LTCLA will be a common thread throughout the project. Goal achievement will be evidenced by a 10% relative improvement of both the employment turnover rate and the long stay quality measure composite score in each participating facility.

Funded Entity(ies):

University of Oklahoma Health Sciences Center

Results of the Project:

Interim Results: Fifteen nursing homes and approximately 60 employees received leadership trainings and materials designed to improve communication and rapport between among staff. The changes in retention rates will be reported at the conclusion of the contract. Each facility received on-site quality assurance and performance improvement support for one quality improvement project.

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TX CMP Funds Expended for Administrative Uses in CY 2018: \$0

TX CMP Funds Expended for Emergency Uses in CY 2018: \$0

TX Active CMP Funded Projects in CY 2018: 24

**Project Title: Intellectual and Developmental Disability (IDD)/Mental Illness (MI)
Training Academy**

Unique Identifier: 2018-TX-133

Project Duration: 6/1/2017 to 3/15/2019

Total Amount of CMP Funds Approved for this Project: \$223,598

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$102,895

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will provide comprehensive education and training on caring for nursing facility residents with various intellectual and developmental disabilities, as well as those with mental illness. Eight regional face-to-face trainings will be held across the state. Upon completion of regional trainings, evaluations will be reviewed to identify any content areas that need to be revised. Once revisions are made, parts of the curriculum will be converted into a computer-based training module, while the remainder will be taught by Quality Monitoring Program (QMP) staff (as requested by nursing home providers). Facilities will be able to access all tools and job aides created for this project (at no cost) on the Health and Human Services Commission (HHSC) Quality Monitoring Program website. This will help staff provide a higher quality of care for nursing home residents.

Funded Entity(ies):

Health and Human Services Commission Quality Monitoring Program

Results of the Project:

Curriculum development has been completed.

The training was made available to 2,000 individuals throughout 10 regional trainings. The training will be sustained as a computer-based training (CBT) as well as on an individual nursing facility basis, provided by QMP staff. The CBT course has been developed and is ready to be reviewed by HHSC Preadmission Screening and Resident Review specialists.

The next step will be to complete a revision of the Participant Manual and update the CBT course with the feedback received. The manual was to be printed, and the CBT course released in the Winter of 2019.

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Project Title: Our Home, Our Community, Our Voices Matter: A Nursing Facility Resident Advocacy Pilot in Rural West Central Texas

Unique Identifier: 2018-TX-134

Project Duration: 7/1/2017 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$172,414

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$99,171

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will fully fund a two-year self-advocacy and community organizing pilot program for nursing facility residents located in rural West Central Texas.

This program will enhance the self-advocacy skills of nursing facility residents through education and deliberate practice, while also building coalitions of nursing facility self-advocates through community organizing strategy and education.

This will help improve the quality of care nursing home residents receive.

Funded Entity(ies):

West Central Texas Council of Governments

Results of the Project:

Initially there were 46 nursing facilities interested. However, it was identified that there was difficulty for individuals to participate in out-of-facility activities; difficult resident travel; and scheduling conflicts.

Trainings on "Memories in the Making" and teaching staff in the facilities about Dementia awareness was a huge success with many facilities and families participating in the activity. There was a lot of support in the region and included catering by restaurants and paying for the building use through donations from private organizations.

Project Title: Virtual Dementia Tour (VDT)

Unique Identifier: 2018-TX-127

Project Duration: 7/2/2017 to 7/31/2018

Total Amount of CMP Funds Approved for this Project: \$6,250

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$6,191

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will enable three staff members to attend the VDT-Certified Trainer Program and become certified to conduct VDT trainings within the facility. The VDT program will help raise awareness of the effects of dementia on a person's life and create an educational "safety net" within the Oaks Nursing Center community to better understand and help those who suffer from any type of dementia or cognitive decline.

This will help staff provide higher quality of care for nursing home residents.

Funded Entity(ies):

Oaks Nursing Center

Results of the Project:

The facility's dementia care education policy was updated on January 15, 2018. The facility had a VDT Tour on the following dates: May 5, 2018; June 14, 2018; and July 5, 2018 (company leadership). Project results have raised awareness about the effects of dementia on the population served. It has shifted many employees' approaches to those with dementia in a positive way. It's hard to determine exactly the direct impact on care, but a general observation is that the overall approach to dementia comes from an even more empathetic angle than experienced at other homes.

Project Title: Train-the-Trainer Program:Handfeeding Techniques for Nursig Facility Residents

Unique Identifier: 2018-TX-135

Project Duration: 10/1/2017 to 2/28/2020

Total Amount of CMP Funds Approved for this Project: \$366,962

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$78,476

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project aims to teach nursing facility staff the skills needed to reduce the risk of weight loss in all residents experiencing the type of functional decline that warrants feeding assistance with meals. As part of this project, four regional training sessions will be conducted. Each regional training will be comprised of ten facilities (20 staff per session). The trainings will combine information sharing, small group role plays, and hands-on skills training. Participating facilities will be required to participate in regional follow-up debriefing webinars within four to six weeks after they are trained. Participating facilities will also be required to conduct training sessions in their own facilities within two months of participating in the training session. This will give staff the training needed to improve quality of care for nursing home residents.

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Funded Entity(ies):

Health and Human Services Commission Quality Monitoring Program

Results of the Project:

Results pending.

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: 2018-TX-129

Project Duration: 11/1/2017 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$12,099

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$11,189

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never 2 Late (iN2L) technology. This will provide opportunities for social involvement, recreation and cognitive training for facility residents with dementia. iN2L will enable the facility to improve quality of life and care for residents with behavioral and psychological symptoms (in a non-pharmacological manner, through engagement with technology). This will reduce the use of as needed (PRN) antipsychotics.

Funded Entity(ies):

Whitehall Rehab and Nursing

Results of the Project:

Noted trends include increase of health and wellness videos, audio books and the juke box. Activity Directors continue to utilize technology weekly for group and in-room treatments. Webinars being completed by interdisciplinary team members quarterly and monthly as they are posted. iN2L discussed and success stories told every month in monthly newsletters of resident achievements and their progress.

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: 2018-TX-130

Project Duration: 11/1/2017 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$25,975

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,860

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never 2 Late (iN2L) technology. This will provide opportunities for social involvement, recreation, and cognitive training for all facility residents. The project will assist with decreasing antipsychotic medication use and negative behavioral outbursts. It will improve quality of life for all residents and increase staff knowledge regarding resident needs and abilities.

Funded Entity(ies):

McAllen Nursing Center and Rehab

Results of the Project:

Baseline QCL (Likert Scale) surveys completed for residents identified by the interdisciplinary team (IDT). Trends included nonparticipation in activities due to poor interest, negative feelings/behaviors including hopelessness. Likert Scale re-administered at six months and annually to determine positive outcomes in mood/behavior and increased interest in activities. iN2L training conducted October 1, 2018 and included IDT-administrator, nursing, social worker, case managers, speech, occupational and physical therapy staff and activities director.

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: 2018-TX-131

Project Duration: 11/1/2017 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$12,099

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$10,336

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never 2 Late (iN2L) technology. This will provide opportunities for social involvement, recreation, and cognitive training. The project will serve all residents, including residents with behavioral and psychological symptoms; the project will assist with decreasing antipsychotic medications and negative behavioral outbursts that affect others. Overall, the program aims to decrease use of psychotropic medications, improve socialization and quality of life, enrich communication with family friends/community, enhance resident independence, and increase cognitive stimulation.

Funded Entity(ies):

Community Care Center of Crockett

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Results of the Project:

At seven months, surveys had been completed quarterly to ensure quality and client satisfaction; Continual process of creating user buttons and pages; Activities department began incorporating the iN2L into weekly activities calendar; Firm usage dates set for Thursdays and as needed.

Discussed with nursing to include weekend usage as well as nights; webinars announced by emails and printed for display, so all staff are aware of upcoming webinars.

Project Title: Gazebo

Unique Identifier: 2018-TX-125

Project Duration: 11/15/2017 to 5/15/2018

Total Amount of CMP Funds Approved for this Project: \$11,013

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$11,013

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of the project is to increase the availability of meaningful outdoor activities for residents who use wheelchairs or Geri-chairs. This will be accomplished through installation of a gazebo for outdoor activities, encouraging residents to remain active. This will enhance resident quality of life and provide meaningful activities. This addition will allow residents who are in wheelchairs and Geri-chairs to be brought outside to enjoy fresh air and sunlight, and to socialize with others.

Funded Entity(ies):

Silsbee Oaks Healthcare, LLP

Results of the Project:

Delays were experienced due to electrical work demands and weather. "The project is a delight to our resident. They love taking their leisure there and visiting with family there [at the Gazebo]." Gardening activities have been incorporated into the gazebo. Patio furniture has been added. Lessons learned: would allow more time for unforeseen circumstances, such as workforce and weather.

Project Title: Chair Tai Chi Resident Classes

Unique Identifier: 2018-TX-132

Project Duration: 11/15/2017 to 11/30/2018

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Total Amount of CMP Funds Approved for this Project: \$20,800

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$19,080

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will contract with a chair Tai Chi instructor in order to implement Chair Tai Chi classes, five days a week, two times a day for 12 months. Participation in these classes will increase resident well-being, strength, and independence. It will also lower resident risk of falls, thus decreasing injuries from falls.

Funded Entity(ies):

Methodist Retirement Community Towncreek

Results of the Project:

It appears that the overall well-being, including reduction in falls, has continued to improve over the course of the funding period. All the participating residents have experienced benefits from the Chair Tai Chi classes.

Project Title: Music and Memory Initiative, Phase Four

Unique Identifier: 2018-TX-136

Project Duration: 11/15/2017 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$550,652

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$529,349

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project aims to certify an additional 200 Texas nursing homes as Music and Memory certified facilities. The project is a two-phase initiative.

Phase One will certify 100 nursing facilities, and phase two will certify an additional 100 nursing facilities. The rollout of this project will ensure that participants engage in the program in its entirety and that all webinars and training events are attended. This will allow staff to provide better quality of care to nursing home residents.

Funded Entity(ies):

Health and Human Services Commission Quality Monitoring Program

Results of the Project:

Results pending.

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Project Title: Interactive Companion Pets

Unique Identifier: 2018-TX-126

Project Duration: 11/16/2017 to 5/30/2018

Total Amount of CMP Funds Approved for this Project: \$1,420

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$1,261

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Through this program, 12 Interactive Companion Pet dolls (cats and dogs) will be purchased. These dolls provide comfort and added companionship to residents with limited communication ability and cognitive deficits. Residents will be monitored for agitation, anger, crying and other displays of sadness. The pets will be introduced at those times with the goal of reducing resident distress.

Funded Entity(ies):

Methodist Retirement Community Cornerstone

Results of the Project:

Companion pets were introduced to 31 residents, of which eight showed no significant interest; 13 residents showed some, but not consistent interest; and 10 residents use and enjoyed the pets.

Positive outcomes: Residents demonstrated reduced anxiety or agitation from interaction with pets; appeared to find joy, pleasure and comfort from engagement with the pets; the pets provided companionship to residents who were pet lovers; and the residents demonstrated a true sense of pride in their pet.

Project Title: Bettering Lives Through Technological Advancements at Seymour Rehab and Healthcare

Unique Identifier: 2018-TX-137

Project Duration: 11/28/2017 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$17,661

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$17,661

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never Too Late (iN2L) technology, providing opportunities for social involvement, recreation, improved motor functioning, and cognitive linguistic stimulation. The program will facilitate easy access to electronic and internet-based communication and will help facilitate communication

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with residents and their families. The program will also decrease the need for antipsychotic medications for patients with behavioral and psychological symptoms and will decrease the amount of assistance a resident's needs to participate in activities of daily living (resulting in an improved sense of autonomy and personal confidence).

Funded Entity(ies):

Seymour Rehab and Healthcare

Results of the Project:

Results pending.

Project Title: Snoezelen Room and Family Transitions: Resident Quality of Care Improvements

Unique Identifier: 2018-TX-128

Project Duration: 12/1/2017 to 7/31/2018

Total Amount of CMP Funds Approved for this Project: \$25,076

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,076

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will create a therapeutic environment and allow for additional seating for larger families who are visiting residents. The project aims to enhance the quality of behavioral care by offering residents an enhanced activity area. Key elements include visual, tactile, and movement-oriented products. The family transitional space will include additional seating and space for larger families. This will allow nursing home residents a better opportunity to see family.

Funded Entity(ies):

Monarch Pavilion Rehabilitation Suites

Results of the Project:

All items were purchased, and delivery was scheduled for May 3, 2018. No data provided due to furniture delivery schedule.

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Project Title: It's Never 2 Late to Connect

Unique Identifier: 2018-TX-138

Project Duration: 12/1/2017 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$105,439

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$105,439

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never 2 Late (iN2L) technology, including utilization of six interactive units and bike simulator. The project provides engagement with friends, family, and community. It aims to improve quality of life, reduce usage of as needed (PRN) antipsychotic medications, and reduce the incidence of behavioral and psychological symptoms of dementia.

Funded Entity(ies):

Cleveland Health Care Center

Results of the Project:

Results pending.

Project Title: Resident Engagement and Calming Technology (REACT)

Unique Identifier: 2018-TX-139

Project Duration: 12/1/2017 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$69,629

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$69,629

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never 2 Late (iN2L) technology, an interactive and adaptive computer system that will provide a person-centered experience. Through one-on-one and group recreational and leisure activities, iN2L helps enhance the quality of care and decrease the use of antipsychotic medications. The project also aims to provide connection to resident's family members and engage residents on many dimensions of the wellness protocol.

Funded Entity(ies):

Methodist Retirement Community: Crestview

Results of the Project:

Results pending.

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Project Title: Resident Engagement and Calming Technology (REACT)

Unique Identifier: 2018-TX-140

Project Duration: 12/1/2017 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$59,778

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$59,778

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will implement It's Never 2 Late (iN2L) technology, an interactive and adaptive computer system that will provide a person-centered experience.

Through one-on-one and group recreational and leisure activities, iN2L helps enhance the quality of care and decrease the use of antipsychotic medications.

The project also aims to provide connection to resident's family members and engage residents on many dimensions of the wellness protocol.

Funded Entity(ies):

Methodist Retirement Community: Pinecrest

Results of the Project:

Results pending.

Project Title: Snoezelen Sensory Room for Dementia Residents

Unique Identifier: TX-0418-EAMH-017

Project Duration: 7/1/2018 to 1/31/2019

Total Amount of CMP Funds Approved for this Project: \$19,650

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$19,650

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Edward Abraham Memorial Home, requested \$6,950 for the Soundbeam Music System and \$12,700 for the OMI Mobile Interactive System. This equipment is needed to finish creating the Snoezelen sensory room in the facility. It is expected that the Snoezelen sensory room will help reduce stress, resident-to-resident conflicts, and the usage of psychotropic medications in the target audience of residents suffering from dementia.

Funded Entity(ies):

Edward Abraham Memorial Home

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Results of the Project:

Tactile Wall Tiles; the Six Liquid Tiles; the OPTI Sensory Projector and Wheel Rotator; and the Fiberoptic Clow Tails along with two Bubble Tubes are permanently mounted in the designated Snoezelen Sensory Room. Agitated, anxious residents have been taken to the room and some have appeared to calm down and relax. The OMI Mobile Interactive Projection System has proved to be the most beneficial as residents appear to respond well to its content.

Project Title: Culture Change: Person-Centered Dining in Nursing Care

Unique Identifier: TX-0418-MM-034

Project Duration: 7/1/2018 to 7/31/2019

Total Amount of CMP Funds Approved for this Project: \$52,300

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$43,188

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project is person-centered dining, empowering individual residents to make choices about how they want to experience their mealtime. Making the resident the decision-maker vastly improves the dining experience for residents and provides staff and the organization with many unexpected benefits.

Funded Entity(ies):

Morningside Ministries

Results of the Project:

During the term of the Civil Money Penalty contract period, the percentage of residents in nursing care experiencing significant weight loss decreased from 13% to less than 2%. This improvement is attributed to changing menu choices; discussion with resident and family councils. Additionally, snack choices were introduced.

Project Title: It's Never 2 Late (iN2L) to Enhance Recreational Programming at Southwood Care Center

Unique Identifier: TX-0418-SCC-037

Project Duration: 7/1/2018 to 6/1/2021

Total Amount of CMP Funds Approved for this Project: \$49,697

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Total Amount of CMP Funds Expended During CY 2018 for this Project: \$49,519

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The iN2L program will allow Southwood Care Center to directly improve residents' quality of life by reducing psychotropic medication use, increasing participation of those residents with low and/or limited current participation, and providing more diversity in programming to allow residents to relate to new programming opportunities.

Funded Entity(ies):

Southwood Care Center

Results of the Project:

Southwood Care Center closed. Project transferred to Colonial Manor. Results pending.

Project Title: Enrichment for All

Unique Identifier: TX-0418-ECC-036

Project Duration: 8/1/2018 to 7/31/2021

Total Amount of CMP Funds Approved for this Project: \$53,819

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$35,527

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Ennis Care Center's "Enrichment for All" project will incorporate person-driven engagement through It's Never 2 Late (iN2L) technology, which delivers customized recreation and leisure activities that address the unique needs and abilities of the individual. This will help enhance communication and social connection through increased opportunities for residents to stay engaged with family, friends, staff, and the community.

Funded Entity(ies):

Ennis Care Center

Results of the Project:

Results pending.

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Texas

Project Title: Food Works...on Request!

Unique Identifier: TX-0418-SGSL-023

Project Duration: 8/20/2018 to 8/19/2021

Total Amount of CMP Funds Approved for this Project: \$144,553

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$80,015

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the "Food Works...on Request!" project is to address the core values of culture change - dignity, respect, self-determination, and purposeful living-through a change in dining culture.

This program will offer an enhanced form of dining to nursing home residents that must have, or choose to have, in-room settings, yielding improved customer satisfaction, meal consumption, body mass indexes (BMIs), and weight profiles. This project will improve overall quality of care and health of nursing home residents.

Funded Entity(ies):

StoneGate Senior Living

Results of the Project:

Results pending.

Project Title: Aroma Works

Unique Identifier: TX-0418-SGSL-025

Project Duration: 8/20/2018 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$202,466

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$10,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this program is to educate, train, develop and provide resources for all activity and care staff to utilize an essential oil program for residents with mood disorders, pain management, and/or Alzheimer's disease or related dementia. This will allow for oils to be used in a safe manner and will serve as a therapeutic non-pharmacological intervention for areas including: anxiety, depression, agitation, appetite stimulation, and memory impairment. This will improve overall quality of care and health in nursing home residents.

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Funded Entity(ies):

StoneGate Senior Living

Results of the Project:

Results pending.

Project Title: The Stayton at Museum Way

Unique Identifier: TX-0418-SMW-038

Project Duration: 8/20/2018 to 8/19/2021

Total Amount of CMP Funds Approved for this Project: \$55,266

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$55,081

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Stayton at Museum Way, seeks Civil Money Penalty funds to utilize the It's Never 2 Late (iN2L) program with the goal of reducing agitation, depression, sundowning, and the use of psychotropic medication among nursing home residents. Activities and life enrichment teams will schedule small group activities featuring specific iN2L content that will engage, entertain, and activate their residents. They will be trained to use the iN2L Activity Guides, and Holiday and Theme recommendations to plan their Activities Calendars, and all iN2L activities will be highlighted on the Calendars to increase the participation of families, volunteers and non-activities staff. They will schedule one-on-one activities for residents who are isolated and will provide individualized activities on an as-needed basis to residents who might be experiencing bio-psycho-social distress.

Funded Entity(ies):

The Stayton at Museum Way

Results of the Project:

Results pending.

Project Title: PARO the Seal

Unique Identifier: TX-0418-AAA-020

Project Duration: 9/1/2018 to 12/1/2018

Total Amount of CMP Funds Approved for this Project: \$7,290

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Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,290

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The PARO the Seal project aims to purchase a PARO Therapeutic Socially Assistive Seal-Type Robot. The robot will accompany the Long-Term Care Ombudsmen on visits to nursing facilities. Ombudsman visits are often extremely distressing to patients. The PARO is known to be more effective than traditional pet therapy. It will address the use of anti-psychotics, anxiety, and lack of verbal communication or response to stimuli, listlessness, lack of expression or interest, and depression in residents of nursing homes.

Funded Entity(ies):

Ark-Tex Area Agency on Aging

Results of the Project:

Charlie, the PARO Robot, has been effective in all places it has been. The Area Agency on Aging recruited a retired licensed activity director as a volunteer who agreed to travel to nine counties in the Ark-Tex region to introduce and continually visit with Charlie. All feedback has been positive.

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Iowa

IA CMP Funds Expended for Administrative Uses in CY 2018: \$0

IA CMP Funds Expended for Emergency Uses in CY 2018: \$0

IA Active CMP Funded Projects in CY 2018: 2

Project Title: Targeted Training (TTI) 360

Unique Identifier: IA-0918-AA-138

Project Duration: 10/2/2017 to 11/30/2019

Total Amount of CMP Funds Approved for this Project: \$387,827

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$167,144

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project extends implementation of TTI 360 in Iowa Long-Term Care (LTC) facilities. TTI 360 provides training and support for all levels (360 degrees) of the LTC facility team (i.e. medical director, pharmacy consultants, administrator, director of nursing, paid caregiving staff).

The training also addresses and teaches philosophical person-centered approaches to quality of care and quality of life using the Eden Alternative model. Included in the training is skills-based training for caregiving staff and side by side coaching by experts in dementia care.

Funded Entity(ies):

The Alzheimer's Association

Results of the Project:

Results pending.

Project Title: Blanket Warmers and Vein Finder

Unique Identifier: 2018-IA-141

Project Duration: 2/1/2018 to 1/31/2019

Total Amount of CMP Funds Approved for this Project: \$8,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$4,855

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Pleasantview Home's project will increase quality of living and comfort for residents.

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Iowa

Pleasantview Home requests two blanket warmers and one vein finder. The improvement this equipment will provide is a better quality of living for residents. This will be evidenced by providing a higher level of comfort for the residents. The blanket warmers will provide warmth and reduce anxiety. The vein finder will promote comfort by eliminating numerous attempts at venous access, thus reducing pain for the resident.

Funded Entity(ies):

Pleasantview Home

Results of the Project:

Grantee was not able to provide accurate data related to this project due to the departure of staff responsible for recording the data results. Two quarters of data were provided for the vein finders. In quarter one, three first attempts were successful and two first attempts were not successful. In quarter two, five first attempts were successful and no first attempts were not successful. The blanket warmers were delayed in getting installed. No data results for the blanket warmers have been submitted other than the fact that the residents have commented on how much they love them. Iowa has implemented a process to touch-base with the grantees on a quarterly basis to discuss project performance and quarterly results and provided for the vein finders. In quarter one, three first attempts were successful and two first attempts were not successful. In quarter two, five first attempts were successful and no first attempts were not successful. The blanket warmers were delayed in getting installed. No data results for the blanket warmers have been submitted other than the fact that the residents have commented on how much they love them. Iowa has implemented a process to touch-base with the grantees on a quarterly basis to discuss project performance and quarterly results and to ensure that nursing facility administrator is aware of the grant award.

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Kansas

KS CMP Funds Expended for Administrative Uses in CY 2018: \$0

KS CMP Funds Expended for Emergency Uses in CY 2018: \$3,796,067

KS Active CMP Funded Projects in CY 2018: 3

Project Title: One Day Toward Culture Change

Unique Identifier: KS-0718-ELI-100

Project Duration: 1/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$20,663

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$18,618

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will offer a "One Day Toward Culture Change" event that provides an overview of culture change in general, as well as breakout sessions for specific job skills, such as nursing, social work, environmental services, activities, and dining services. Benefits from the event result in encouraging change that is achievable for staff when they return to their communities.

Funded Entity(ies):

Evergreen Living Innovations, Inc.

Results of the Project:

Results pending.

Project Title: Nursing Mental Health Training

Unique Identifier: 2018-KS-142

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$441,317

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$105,301

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Nursing Facilities Mental Health (NFsMH) employee training is to establish a framework for assuring the facility has aligned its employee training resources with its core programmatic and organizational priorities working with mentally ill consumers. The plan identifies training needs, priorities, resources, and roles and responsibilities for all groups engaged in employee training within the NFsMH.

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The training provides a model for governing the training functions within the facility that identifies enterprise-wide training priorities focusing on staff providing services to consumers. Enhanced training will prepare NFsMH staff to better recognize and identify the underlying causes of difficult behavior, how to best care for individuals with mental illness, and how to manage their own feelings about problem behaviors they may encounter. The training will cover 10 NFsMH the first year and following year two and three the training will be provided in nursing facilities.

Funded Entity(ies):

Mental Health America of Heartland

Results of the Project:

Results pending.

Project Title: Nursing Mental Health Training

Unique Identifier: 2018-KS-187

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$144,198

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$35,327

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Nursing Facilities Mental Health (NFsMH) employee training is to establish a framework for assuring the facility has aligned its employee training resources with its core programmatic and organizational priorities working with mentally ill consumers. The plan identifies training needs, priorities, resources, and roles and responsibilities for all groups engaged in employee training within the NFsMH. The training provides a model for governing the training functions within the facility that identifies enterprise-wide training priorities focusing on staff providing services to consumers. Enhanced training will prepare NFsMH staff to better recognize and identify the underlying causes of difficult behavior, how to best care for individuals with mental illness and how to manage their own feelings about problem behaviors they may encounter. The training will cover 10 NFsMH the first year and following year two and three the training will be provided in nursing facilities.

Funded Entity(ies):

Association of Community Mental Health Centers of Kansas

Results of the Project:

Results pending.

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Missouri

MO CMP Funds Expended for Administrative Uses in CY 2018: \$0

MO CMP Funds Expended for Emergency Uses in CY 2018: \$300,000

MO Active CMP Funded Projects in CY 2018: 5

Project Title: Quality Improvement Project for Missouri (QIPMO)

Unique Identifier: 2018-MO-143

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$540,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$421,950

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of QIPMO is to work directly with long-term care nursing facility staff to help them learn best clinical practices, improve care delivery, and improve the outcomes for nursing home residents. The QIPMO program accomplishes this purpose by conducting Resident Assessment Instrument-Minimum Data Set (RAI/MDS) workshops and training, conducting Minimum Data Set (MDS) support groups, providing quality improvement-related consultation and by conducting educational workshops/trainings on long-term care nursing best practices, clinical topics, and MDS topics as requested by the long-term care industry and stakeholders.

An additional component of QIPMO is the Leadership Coaching for Nursing Home Administrators program. This program was created to assist nursing home administrators and key operational leaders in meeting the leadership challenges of the long-term care industry. The services offered focus on helping administrators deal effectively with the complex management issues faced each day in the business and personnel operations of long-term care facilities.

The QIPMO program is expected to result in improved care and resident outcomes in participating facilities, which will be reflected in improved quality measures/quality indicators and better surveys in the individual facilities. Long-term care facilities that participate in QIPMO encourage staff to develop quality improvement programs and to identify "best practices" for the care of residents in areas such as fall prevention programs, continence restoration, pressure ulcer prevention, mobility improvement, care planning, managing behavioral symptoms, nutritional improvement, and pain management, which can truly improve the quality of care and outcomes of their residents.

The leadership coaching services expect to result in the following improvements: prevention of nursing home closure and resident relocations, reduced administrator turnover, reduced staff turnover, reduced citations, improved business "bottom lines and improved job satisfaction. Ultimately, with these improvements, there are better working conditions for staff and that sets the stage for improved care delivery to nursing home residents. Continued benefit to nursing home residents after training and technical assistance, whether through onsite visits, webinars, face-to-face training, group visits, or support group meetings, is accomplished by providing resources, manuals, archiving webinars, and providing a comprehensive website for facilities to continue to benefit from QIPMO services.

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Missouri

The QIPMO program also maintains a website (<https://nursinghomehelp.org/>) that provides all facilities the opportunity to benefit from educational resources, including past, present, and future webinars. Facilities can access these materials and webinars at any point in time.

Funded Entity(ies):

University of Missouri - Columbia

Results of the Project:

Five nurses provide the services to all 500+ nursing homes in the state including site visits and other contacts (e-mails, phone calls, faxes, texts, etc.) with nursing home leaders (administrators, assistant administrators, directors of nursing, and assistant directors of nursing) and MDS coordinators. Corporations frequently request a group site visit or conference calls, bringing clinical staff from several facilities together for assistance on the same topic. The nurse consultants also provide support groups and workshops, which are held regionally so that nursing home staff can receive much needed clinical and MDS support and information on key important topics such as MDS changes, culture change, new ideas for staff in-services, and others. These support groups have been extremely helpful for MDS coordinators as a service provided by the nurses' program. For the fiscal year ending 6/30/18, 5,933 contacts were made with individual long-term care facilities in addition to 166 group conferences, webinars, and other training sessions. In an analysis completed in 2018, following QIPMO site visits, there is a trend toward improvement in scope and severity of survey deficiencies and licensed nursing home administrator turnover. These are extremely important outcomes for nursing home residents and staff. Two administrator coaches provide services to all 500+ nursing homes in the state. Site visits and other contacts were made, mostly phone and electronic communication of requested guidance from an Administrator Coach. Corporations frequently request a group site visit, bringing administrative staff from several facilities together for assistance on the same topic. For the fiscal year ending 6/30/18, 1,764 contacts were made with facilities, either as a group or individually. A new service is emerging with Nursing Home Administrator "support groups" which are held regionally so that administrators can receive much needed peer and coaching social support and encouragement as well as information on key important topics such as regulation changes, new survey processes, new ideas for human resources (recruitment and retention), and others. The support groups have been very helpful for MDS coordinators as a service five nurses provide the services to all 500+ nursing homes in the state including site visits and other contacts (e-mails, phone calls, faxes, texts, etc.) with nursing home leaders (administrators, assistant administrators, directors of nursing, and assistant directors of nursing) and MDS coordinators.

Corporations frequently request a group site visit or conference calls, bringing clinical staff from several facilities together for assistance on the same topic. The nurse consultants also provide support groups and workshops, which are held regionally so that nursing home staff can receive much needed clinical and MDS support and information on key important topics such as MDS changes, culture change, new ideas for staff in-services, and others. These support groups have been extremely helpful for MDS coordinators as a service provided by the nurses' program. For the fiscal year ending 6/30/18, 5,933 contacts were made with individual long-term care facilities in addition to 166 group conferences, webinars, and other training sessions. In an analysis completed in 2018, following QIPMO site visits, there is a trend toward

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Missouri

improvement in scope and severity of survey deficiencies and licensed nursing home administrator turnover. These are extremely important outcomes for nursing home residents and staff. Two administrator coaches provide services to all 500+ nursing homes in the state. Site visits and other contacts were made, mostly phone and electronic communication of requested guidance from an Administrator Coach. Corporations frequently request a group site visit, bringing administrative staff from several facilities together for assistance on the same topic. For the fiscal year ending 6/30/18, 1,764 contacts were made with facilities, either as a group or individually. A new service is emerging with Nursing Home Administrator “support groups” which are held regionally so that administrators can receive much needed peer and coaching social support and encouragement as well as information on key important topics such as regulation changes, new survey processes, new ideas for human resources (recruitment and retention), and others. The support groups have been very helpful for MDS coordinators as a service provided by the nurses in the QIPMO service of the QIPMO program. The use of webinars is growing among administrators. These help busy administrators keep up on important topics while remaining in their buildings, accessible for their staff and emergencies. The services are highly used by nursing homes in the state and evaluations completed with the services by administrators of facilities are extremely positive. In an analysis completed in 2018, following administrator coaching site visits, there is a trend toward improvement in scope and severity of survey deficiencies and licensed nursing home administrator turnover. These are extremely important outcomes for nursing home residents and staff. Leadership turnover is a major disrupter in organizations, resulting in direct care staff turnover and lower quality of care. Finding potential cost effective solutions to administrator turnover such as the Administrator Coaching Service could likely be one of these much sought after solutions.

Project Title: Enhanced Leadership Development Academy (ELDA)

Unique Identifier: 2018-MO-144

Project Duration: 11/1/2017 to 10/31/2018

Total Amount of CMP Funds Approved for this Project: \$145,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$145,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of ELDA is to prepare leaders in long-term care (LTC) who can create and sustain improvement in their work settings, including ability to emphasize staff involvement, facilitate communication and teamwork, set clear expectations, and ensure high standards of care.
- b. The project will result in LTC leaders who are skilled at driving and sustaining desired change through quality improvement efforts that are essential for improved resident outcomes, staff retention, and ultimately impact the bottom line of the organization.

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c. Most leaders in LTC have not had the benefit of an intensive, structured leadership program that is accessible and convenient. Better prepared leaders lead to higher performing nursing homes.

d. The ELDA is a training program for Registered Nurses (RN), Missouri Nursing Home Administrators (NHA), and Social Service Designees (SSD) working in Missouri LTC facilities.

Funded Entity(ies):

University of Missouri-Columbia

Results of the Project:

Goal: ELDA graduates, as well as those with whom they work with, will report increased leadership capacity after completing the 50-hour course and remain with their employers for up to 18 months after graduation.

- 1) Statistically significant increase in confidence in their leadership competencies from before to after the ELDA-their perspective of themselves as leaders changed and they viewed themselves as more competent, confident, and effective leaders (perspective transformation is a goal of the ELDA).
- 2) Statistically significant difference in the frequency of effective leadership behaviors from before to after the ELDA using the Leadership Practices Inventory (self-reports and reports of up to seven individuals with whom they work).
- 3) ELDA graduates recognize the tremendous value of teamwork, relationships and communication. They view their staff as an indispensable asset to be involved in decision making and contribute toward improved resident outcomes, regardless of the generational differences they may encounter.
- 4) Improved quality of resident care and clinical outcomes, team work, communication, relationship building and administrative outcomes (cost savings) based on the Performance Improvement Projects that are required for graduation.
- 5) Retention rates of ELDA graduates in their LTC setting rivals both state and national averages. (Six-month follow up retention rate for cohort 1 is 92%. Rates will also be determined at 12- and 18-months post-graduation).

Goal: Continue to achieve a 3.0 or higher (on a 4-point scale with 4 being the highest) on the overall evaluation of each day of the ELDA.

Outcomes:

- 1) The daily class evaluations received almost all "excellent" with a few "good" ratings (3.5 on a 4-point scale) regarding speakers, teaching methods, organization and usefulness of content, learning objectives, overall evaluation of the day, and the relevance and likelihood of incorporating the content into their practice.

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2) Verbatim comments were consistent with the high quantitative ratings: "Provided great examples and real-world problem-solving skills and approaches." "Concrete examples." "Useful and illuminating." "Wow! Very intense." lots of reference materials. Lots of useful info to take away. No wasted words."

"LOVED learning about CAS (complex adaptive systems) and how relationships are such an important part." "So much stuff to take back and practice!"

Goal: Graduates of the ELDA will undergo a change in their perspectives regarding LTC leadership, their role as a leader, and the relationship between leadership, quality outcomes and staff turnover.

Outcomes: Qualitative feedback from every ELDA graduate suggested some degree of perspective transformation as documented in their written feedback for the Graduation Booklet, daily class evaluations and verbal feedback in class and online.

Project Title: Restorative Sleep Vitality Program (RSVP)

Unique Identifier: 2018-MO-145

Project Duration: 12/1/2017 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$77,265

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$41,399

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of this project is to support residents' health and well-being by helping them to have a more restful and refreshing sleep throughout the night. Provide technical assistance and support to homes in regional learning sessions and phone consults to help them implement an RSVP in their home. Utilize sleep trainers and consultants on this project utilizing the quality improvement methodology of the Institute for Health Improvement (IHI) Collaborative Model and Quality Assurance Performance Improvement (QAPI) tools to coach homes through the needed changes. Each home will engage a multi-disciplinary team that includes direct care staff to successfully implement and operationalize five operational interventions to reduce sleep disturbances and three interventions to keep residents awake and engaged during the day. Quality sleep is essential for nursing home residents to maintain general health but also to enhance their quality of life. Lack of sleep increases risk for falls, sensitivity to pain as well as depression and memory loss. It can also reduce hastily prescribed and unnecessary prescriptions for sleep or agitation which have side effects and can be habit forming. A good night's sleep was proven to reduce falls. Articles support reduction in agitation and combative behavior. This project has the potential to greatly improve the residents' overall quality of life and to support person-centered care planning practices of the homes.

Funded Entity(ies):

Missouri Coalition Celebrating Care Continuum Change (MC5)

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Missouri

Results of the Project:

To measure the success of the project, the RSVP team measured six quality measures. The results are as follows:

Pressure Ulcers: Data available from the collaborative homes that reported CASPER information show that the average percentage quality measure at the start of RSVP for pressure ulcers was 6.5% and the percentage at the end was 5.8%. Collectively, the collaborative homes had a .7% decrease in pressure ulcers over the 18-month RSVP.

Depression: Data available from the collaborative homes that reported CASPER information show that the average percentage quality measure at the start of RSVP for depression was 2.7% and the percentage at the end was 4.3%. Collectively, the collaborative homes had a 1.6% increase in depression over the 18-month RSVP.

Project Title: Quality Improvement Project for Missouri (QIPMO)

Unique Identifier: MO-0918-UMO-164

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,353,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$138,575

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is an extension of the QIPMO project (2018-MO-143) funded from July 2017–June 2018.

Funded Entity(ies):

University of Missouri-Columbia

Results of the Project:

Results pending.

Project Title: Long-Term Care Provider Meetings

Unique Identifier: MO-0318-MODHSS-003

Project Duration: 10/2/2018 to 10/25/2018

Total Amount of CMP Funds Approved for this Project: \$8,211

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$6,494

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Missouri

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of holding annual provider meetings is to provide an opportunity for the Section for Long-Term Care Regulation (SLCR) staff to update representatives of the long-term care industry on current activities, issues, and legislation which affect the regulation and operation of approximately 1,189 long-term care facilities in the State of Missouri. The annual provider meetings are expected to provide an avenue for meaningful interaction between providers and regulatory staff through sharing of information, concerns, and ideas and to provide the industry an opportunity to address concerns and discuss relevant issues directly with SLCR staff. The meetings will improve the overall quality of care for residents by updating providers on relevant issues facing the long-term care industry, providing training in identified areas, and providing opportunities for industry representatives to work with regulators to identify “best practices” related to the care of nursing home residents.

Funded Entity(ies):

Missouri Department of Health and Senior Services

Results of the Project:

The provider meetings were held at seven locations throughout the state. A total of 1,417 representatives from long-term care facilities attended the meetings. The topics presented included a review of requirements regarding resident funds, protective oversight and supervision, discharge planning, hospice coordination, and life safety code. Additionally, presentations about updates to the new survey process, complaint investigations, life safety code, and plan review processes were given by SLCR staff. The final presentation focused on the opioid crisis.

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Kansas City Long-Term Care Branch**

Nebraska

NE CMP Funds Expended for Administrative Uses in CY 2018: \$0

NE CMP Funds Expended for Emergency Uses in CY 2018: \$1,812,422

NE Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Denver Long-Term Care Branch**

Colorado

CO CMP Funds Expended for Administrative Uses in CY 2018: \$354

CO CMP Funds Expended for Emergency Uses in CY 2018: \$0

CO Active CMP Funded Projects in CY 2018: 8

Project Title: Increase the time that food is available for residents, and decrease the use of artificial supplements, and decrease weight loss

Unique Identifier: 2018-CO-146

Project Duration: 2/12/2016 to 2/12/2018

Total Amount of CMP Funds Approved for this Project: \$28,257

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$333

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will work towards the utilization of a habitation model of care. The project focuses on food and its ability to improve the well-being of those living with dementia.

This project is designed to educate and enable care partners to provide “real food when and where elders want it” in order to:

- 1) Change the environment in which those living with dementia obtain their daily meals; and
- 2) Help decrease use of supplements and weight loss in those living with dementia.

As part of this project, person-centered dementia training will also be provided for all staff/care partners.

Funded Entity(ies):

Brookshire House

Results of the Project:

Accessibility to foods was enhanced; eliminated the use of artificial supplements and there was a decrease in weight loss. All residents in the home participated improving satisfaction in the food and nutrition program. Resident assessed to be safe to self-serve in certain food items were able to access these foods at all times which increased independence of the residents.

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Colorado

Project Title: Intergenerational Summer Camp

Unique Identifier: 2018-CO-153

Project Duration: 8/1/2016 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$54,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$22,218

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A group of elders will be trained to guide the experience and/or parts of the camp with the youth attending camp. Focus Consultation and Edu-Catering will provide on-site facilitation, support and direction for each camp. An intergenerational camp facilitator's guide will be drafted at the onset of the project and revised after each of the camps, based on lessons learned.

Funded Entity(ies):

Focus Consultation

Results of the Project:

Positive feedback given by residents. A facilitator guide was drafted and posted on the grant board website for facilities wishing to duplicate this event. The host home of the camp continues to host a camp each summer after the grant period. There is no evidence that other homes have adopted this model.

Project Title: Person-Centered Dementia Care: Reducing Anxiety and Agitation to Improve Well Being, Cycle 8

Unique Identifier: 2018-CO-150

Project Duration: 11/15/2016 to 11/15/2018

Total Amount of CMP Funds Approved for this Project: \$38,793

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$19,382

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project is for person-centered dementia care. This project will provide training and consultation on reducing resident anxiety and agitation for staff and families at six skilled care communities in the Denver Metropolitan area. This will provide higher quality of care for nursing home residents.

Target audience beyond nursing home residents: staff and families.

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Colorado

Funded Entity(ies):

Alzheimer's Association Colorado Chapter

Results of the Project:

Trainings delivered in six nursing facilities. This training resulted in staff learning how to identify dementia care needs in individual residents and increased communication skills with residents and families by staff. This resulted in reducing resident anxiety and agitation of the residents, leading to a higher quality of life. Completed a training guide and submitted to the grant board.

Project Title: Music and Memory Program

Unique Identifier: 2018-CO-151

Project Duration: 11/22/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$146,875

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$25,247

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

There will be a creation of a Music and Memory program. Through this project, items necessary for implementing the Music and Memory program will be purchased and deployed. This will lead to higher quality of care provided for nursing home residents.

Funded Entity(ies):

Colorado Health Care Association

Results of the Project:

Participation from nursing homes was lower than expected. Unutilized funds remained in the cash fund. Participating homes received training and supplies for the Music and Memory program. The participation was affected by the high rate of turnover of nursing home administration. Because administrators change frequently, follow through with the Music and Memory program was lower than expected.

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Colorado

Project Title: Centers for Medicare and Medicaid Services (CMS) Dementia Care Focused Survey

Unique Identifier: 2018-CO-149

Project Duration: 1/1/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$23,061

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,437

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The CMS dementia care survey will be provided. It gives education to persons who serve residents living in Colorado nursing homes with dementia. This will provide knowledge to provide higher quality of care to nursing home residents.

Funded Entity(ies):

Edu-Catering

Results of the Project:

Trainings delivered in six regions of the state. Curriculum made available to other nursing homes in state. This was a well-attended training throughout the state. Training focused on the dementia care surveys, and what is investigated during these surveys. This also contained information on dementia care and non-pharmacological interventions to use in place of psychotropic medications.

Project Title: Meaningful Ways to Honor Death in Long-Term Care Communities

Unique Identifier: 2018-CO-147

Project Duration: 11/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$1,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$1,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to identify meaningful ways to honor death. This project seeks to develop best practices for honoring death in Long-Term Care facilities. This will provide more sensitivity training and better delivery of care to nursing home residents. Target audience beyond nursing home residents include families and facility staff.

Funded Entity(ies):

Larimer County Area on Aging

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Colorado

Results of the Project:

Informational brochure completed and distributed. Larimer County Area on Aging Ombudsman program shares this brochure and training with nursing home staff, residents and families.

Nursing homes in Larimer County have a greater comfort level in discussing death and dying with residents, families and front-line staff and are able to ensure resident preferences are met.

Project Title: It's Never 2 Late (iN2L)—Alzheimer's Unit

Unique Identifier: 2018-CO-148

Project Duration: 12/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$7,437

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$7,437

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will enable a rural facility to purchase iN2L system for their Alzheimer's unit. Through the program, the facility aims to reduce sundowning. The facility will also compare usage of iN2L in the Alzheimer's unit with usage of the existing system in other areas. This will improve nursing home resident quality of care.

Funded Entity(ies):

Southeast Colorado Hospital District

Results of the Project:

Facility reported improvements in access to local community events; implementation in physical therapy program. This system is placed where residents are able to use it whenever they want, and all staff have been trained to provide assistance. The iN2L is used for activities either group or individual, and a resident was able to participate in a grandchild's graduation when they were not able to attend in person.

Project Title: Leadership Chataqua

Unique Identifier: 2018-CO-152

Project Duration: 3/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$125,000

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Colorado

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$46,171

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Leadership Chautauqua is a multi-disciplined and innovative approach to leadership development for long-term care facility leaders. Funds will be used to host nursing facility leadership training conferences in four diverse geographic regions in Colorado. The trainings are designed to support leader renewal and growth for improved quality care outcomes.

The program will serve 180 Colorado cross-functional long-term care facility leaders.

Funded Entity(ies):

Aponi Partners

Results of the Project:

Two Chataqua's have been held and a third one is being planned. Final results pending.

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Denver Long-Term Care Branch**

Montana

MT CMP Funds Expended for Administrative Uses in CY 2018: \$0

MT CMP Funds Expended for Emergency Uses in CY 2018: \$0

MT Active CMP Funded Projects in CY 2018: 2

Project Title: Memory Care Project

Unique Identifier: MT-0318-WCNH-011

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$5,274

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$2,652

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Wibaux County Nursing Home, requested Civil Money Penalty funds to implement the Memory Care Project in their facility. During this project, the staff will receive in-depth training and education in dementia care. This will involve learning different techniques, such as non-pharmacological means, to calm residents and reduce their unwanted behaviors, as well as the number of anti-psychotic medications used. This will improve nursing home resident mental health and quality of care. Target audience beyond nursing home residents: Wibaux County Nursing Home staff.

Funded Entity(ies):

Wibaux County Nursing Home

Results of the Project:

Teepa Snow videos have helped with education for reducing behaviors in the Memory Unit. The weighted blankets helped residents with anxiety and comfort. Real life dolls and companion pets have also helped calm and relax residents. The manipulation boards helped with mechanics and hands-on for residents. Motion wall hangings were not purchased due to company going out of business. Diffusers have been placed around the nursing home for calming effects and to help fight off colds and airborne illnesses. The sensory materials have been great for calming and keeping residents' hands busy. Facility has been unable to train for our Music and Memory program due to scheduling issues with our staff and the cancellation of training from Music and Memory. We are scheduled to train on January 21 and 22, 2020. We are excited to get the program going.

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Montana

Project Title: Enhancing Elder Care through Innovative Education

Unique Identifier: MT-0318-MTHA-012

Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$198,815

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$23,531

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will offer didactic instructions for certified nursing assistant (CNA) specialty training and for certification for nursing home Activity Directors. The project will provide training for nursing facility staff in rural Montana. The training materials and curricula produced by this project will be available to all Montana nursing home facilities interested in reviewing and/or utilizing the materials. This will improve nursing home resident quality of care for residents.

Target audience beyond nursing home residents: potential CNA candidates, candidates for Activity Director certification, and any nursing home facility in the state of Montana.

Funded Entity(ies):

Montana Hospital Association

Results of the Project:

Results pending.

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Denver Long-Term Care Branch**

North Dakota

ND CMP Funds Expended for Administrative Uses in CY 2018: \$0

ND CMP Funds Expended for Emergency Uses in CY 2018: \$0

ND Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

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South Dakota

SD CMP Funds Expended for Administrative Uses in CY 2018: \$0

SD CMP Funds Expended for Emergency Uses in CY 2018: \$0

SD Active CMP Funded Projects in CY 2018: 3

Project Title: South Dakota Association of Healthcare Organizations' Long-Term Care Educational and Training Sessions

Unique Identifier: 2018-SD-154

Project Duration: 11/15/2017 to 5/31/2018

Total Amount of CMP Funds Approved for this Project: \$4,800

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$4,800

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Goal: To address the overarching view of person-centered care.

Objective: Provide focused guidance on resident rights, resident councils, services and programming for residents with dementia, abuse and neglect, interventions to reduce antipsychotics, care planning and discharge planning, and behavioral services.

Funded Entity(ies):

South Dakota Association of Healthcare Organizations

Results of the Project:

For the quality measures session, those objectives were:

- 1) Identify the different types of quality measures and how they are derived;
- 2) Determine how quality measures impact surveys and reimbursement;
- 3) Mitigate risks for survey deficiencies by understanding surveyor perspectives and quality measure analysis; and,
- 4) Implement/maintain an ongoing quality improvement program using quality measure analysis. A total of 121 individuals attended the sessions. Overall, of 27 respondents to the training assessment, 26 agreed the objectives were met. In addition, South Dakota Health Care Association distributed the quality measures resource, "Long-Term Care Quality Measures: A Guide to Data Analysis, Performance Improvement, and Public Reporting" by Stefanie Corbett to each facility that attended the convention. The resource, authored by our presenter, provides valuable supplemental materials to be taken back to facilities.

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South Dakota

Project Title: South Dakota Music and Memory Initiative

Unique Identifier: 2018-SD-155

Project Duration: 4/1/2018 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$402,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$230,293

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Goal: To improve dementia care in South Dakota nursing homes and reduce the use of antipsychotic medications.

Objective: Purchase and implement items necessary to implement the program in 55 South Dakota nursing homes within the two-year project timeframe.

Funded Entity(ies):

South Dakota Foundation for Medical Care, Quality Innovation Network- Quality Improvement Organization (QIN/QIO)

Results of the Project:

Final results pending. Phase I of this project continues. Music and Memory program successfully adopted in 55 nursing homes in South Dakota. All facilities nationally certified in the program. All facilities received site visits and technical assistance. Community support of the program seen in multiple facilities. Over 300 residents participating in the program. Success stories and best practices shared between facilities.

Project Title: Quality Measures Improvement Project

Unique Identifier: SD-0618-SDHCA-074

Project Duration: 9/1/2018 to 5/31/2019

Total Amount of CMP Funds Approved for this Project: \$19,345

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$17,548

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Goal: To increase understanding in long-term care providers about quality measures and the impact on survey performance and quality measure programs in the center.

Objective: The training sessions for Long-Term Care Centers shall ensure these centers understand the quality measures to improve their quality and survey performance.

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Denver Long-Term Care Branch**

South Dakota

Funded Entity(ies):

South Dakota Health Care Association (SDHCA)

Results of the Project:

The presentation was conducted by consultant Stefanie Corbett on September 26, 2018, at the SDHCA Annual Fall Convention. Ms. Corbett presented on quality measures at two educational sessions. Overall, of 27 respondents, 20 “strongly agreed” that the objectives were met; six “somewhat agreed”; and one “strongly disagreed.” The one “strongly disagree” response came from an individual who indicated they rated the session based on a lack of content for assisted living providers. A total of 121 individuals attended the sessions, with 79 attending the 1 p.m. session and 42 attending the 3 p.m. session. In addition, SDHCA distributed the quality measures resource “Long-Term Care Quality Measures: A Guide to Data Analysis, Performance Improvement”, and “Public Reporting” by Stefanie Corbett to each facility that attended the Convention. The resource, authored by our presenter, provides valuable supplemental materials to be taken back to facilities. For facilities which were not in attendance at the Convention, the resources were mailed to their administrators along with a cover letter explaining why they were receiving the materials.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Denver Long-Term Care Branch**

Utah

UT CMP Funds Expended for Administrative Uses in CY 2018: \$0

UT CMP Funds Expended for Emergency Uses in CY 2018: \$0

UT Active CMP Funded Projects in CY 2018: 1

Project Title: Oral Health Project Year Two

Unique Identifier: UT-0718-SCCF-099

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$250,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$125,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will continue to build on a previous one-year comprehensive oral health program that was provided to 10 certified long-term care facilities along the Wasatch Front. The requested funds will utilize lessons learned in the first year and attempt to rectify the lack of funding for dental visits every six months to maintain oral health that was missing from the first grant. Current requested funds will cover the costs associated with salaries and wages for the dental team and administrative oversight and coordination with facilities and their contracted dentists, equipment, and supplies. The project anticipates serving approximately 350 residents, providing 90 dental clinics and 40 hygiene clinics to help improve oral health.

Funded Entity(ies):

Senior Charity Care Foundation

Results of the Project:

The project had a goal of visiting and serving 10 nursing facilities in Utah. They actually visited 13 different nursing facilities in Utah. They were able to serve 129 patients with 684 total patient visits including follow-ups. Total number of different treatments/services amounted to 2,625; including x-rays (425), cleanings(269), extractions(231), evaluations(389), hygiene assessments(266), cancer screening(235), instructions(197), prophylaxis(199), root scaling(105), debridement(3), silver diamine(152), restorations(126), crowns(1), and denture work(531). Patient satisfaction was reported as 98%. All treatments were successful. 129 patients received care they would not have received otherwise. The program expended all of the grant money awarded.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Denver Long-Term Care Branch**

Wyoming

WY CMP Funds Expended for Administrative Uses in CY 2018: \$0

WY CMP Funds Expended for Emergency Uses in CY 2018: \$0

WY Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
San Francisco Long-Term Care Branch**

Arizona

AZ CMP Funds Expended for Administrative Uses in CY 2018: \$0

AZ CMP Funds Expended for Emergency Uses in CY 2018: \$0

AZ Active CMP Funded Projects in CY 2018: 2

Project Title: 5th Annual Healthcare—Associated Infections/Hospital-Acquired Conditions (HAI/HAC) Prevention Summit

Unique Identifier: 2018-AZ-156

Project Duration: 5/24/2018 to 5/24/2018

Total Amount of CMP Funds Approved for this Project: \$19,000

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$19,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Nursing homes gain a better understanding of infection control and the problems occurring in the facilities.
- b. Update on the new Centers for Medicare and Medicaid Services (CMS) rules and address legionella; infection control office; quality assurance and performance improvement; and antibiotic use reporting.
- c. Reduce deficiencies in nursing homes and increase the knowledge of and ability to implement the new CMS rules.
- d. Employees of skilled nursing facilities.

Funded Entity(ies):

Office of Infectious Disease Services at the Arizona Department of Health Services

Results of the Project:

Results pending.

Project Title: 6th Annual HAI/HAC Prevention Summit

Unique Identifier: AZ-0419-AZDHS-288

Project Duration: 7/18/2019 to 7/18/2019

Total Amount of CMP Funds Approved for this Project: \$18,420

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$18,420

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Arizona

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the summit is for Long-Term Care facilities and nursing homes to gain a better understanding of infection control and the problems that occur in their facilities. The project aims to increase the knowledge and use of evidence-based practices in preventing infections and reducing harm for about 200 attendees. The overall theme for this year's summit is to provide nursing homes with information on how to apply the new CMS rules in their facilities.

Funded Entity(ies):

Office of Infectious Disease Services at the Arizona Department of Health Services

Results of the Project:

Results pending.

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San Francisco Long-Term Care Branch**

California

CA CMP Funds Expended for Administrative Uses in CY 2018: \$0

CA CMP Funds Expended for Emergency Uses in CY 2018: \$0

CA Active CMP Funded Projects in CY 2018: 4

Project Title: Music and Memory Program for Improving Dementia Care

Unique Identifier: 2018-CA-159

Project Duration: 7/1/2015 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$1,445,573

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$240,929

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will help advance the campaign to improve dementia care in California's skilled nursing facilities by using the Music and Memory program, which uses personalized music for residents. Improve dementia care and quality of life for residents and identify quality assurance performance improvement (QAPI) practices that sustain the program's longevity at participating facilities. The University of California (UC) Davis School of Nursing principal researcher will be measuring residents' improvement throughout the course of the study only. At least 300 participating skilled nursing facilities will benefit from the project; this correlates to 4500 residents. Additionally, up to a total of 1200 facilities can benefit from available materials on the CAHF website. The final report will be available to all participating facilities. The study did not include resources or training on how to continue the program evaluation, though facilities can manage change and monitor progress through the resident care plan. Facilities were encouraged to use QAPI practices to maintain program quality and expand the program to interested families and residents.

Funded Entity(ies):

California Association of Health Facilities (CAHF)

Results of the Project:

The three year project found statistically significant reductions in antipsychotic, antianxiety, and antidepressant use, reductions in aggressive behaviors, less depression and pain, and reduced number of falls in residents across all nursing homes in all phases of the study. The cluster randomized, study evaluation found that on average residents participated two to three days per week for up to two hours; resident use fluctuated and was mixed with other facility activities. Residents were reported to be happier and less agitated and staff reported to have an improvement in their quality of life. The number of days residents used each type of medication was reduced as follows: antipsychotic use declined 39%; antianxiety use declined 38%; and antidepressants use declined 34%.

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California

Project Title: Improving Quality of Dietary Services in California Skilled Nursing Facilities

Unique Identifier: 2018-CA-157

Project Duration: 7/1/2017 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,102,342

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$367,825

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Help advance campaign to improve dietary services care in California's skilled nursing facilities through the use of good diet for residents.
- b. Improve dietary services and quality of life for residents and identify quality assurance performance improvement (QAPI) practices that sustain the longevity of the program at facilities.
- c. At least 300 skilled nursing facilities participating in the study will benefit if they follow through and continue using the program after the study concludes; this correlates to 4,500 residents. Additionally, up to a total of 1,200 facilities will benefit if they participate in the program.
- d. Dietary services staff.

Funded Entity(ies):

California Association of Health Facilities (CAHF)

Results of the Project:

Results pending.

Project Title: Certified Nursing Assistant (CNA) Training Kickstarter

Unique Identifier: CA-0318-QHCF-004

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$2,419,787

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$596,008

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The Quality Care Health Foundation (QCHF) CNA Training Kickstarter Project shall collaborate with skilled nursing facilities (SNFs) to address sustainability of future CNAs in the workforce.

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California

b. QCHF shall assist SNFs interested in developing California Department of Public Health approved facility-based training programs to continue training additional CNAs in the future. Overall, the objective is to promote CNA training programs to facilities.

c. The results of CNA training, certification, and retention will improve customer service to residents of SNFs. SNF participation in the study will benefit their residents if they follow through and continue using the program after the study concludes.

d. Skilled nursing facilities, CNA Trainers, and CNAs.

Funded Entity(ies):

QCHF

Results of the Project:

Results pending.

Project Title: Volunteer Engagement in Skilled Nursing Facilities

Unique Identifier: 2018-CA-158

Project Duration: 7/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$703,345

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$126,368

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. To develop a robust volunteer program at 20 skilled nursing facilities in California; create a professional "how-to" video and comprehensive state-specific handbook for skilled nursing facilities interested in creating and sustaining a volunteer program; and identify "positive person-centered" practices supported by volunteers from facilities and then incorporate a minimum of five practices in an "idea guide" available to all interested facilities.

b. The California Department of Public Health is sponsoring a 30-month project entitled "Volunteer Engagement in Skilled Nursing Facilities" for the purpose of increasing the customer services available to all residents of skilled nursing facilities. The volunteers are non-facility personnel who may have contact with residents, staff, and visitors.

c. Residents of at least 20 skilled nursing facilities participating in the study will benefit by increased availability of customer service such as communications, technical support including informational webinar, and administrative and recreational services, if they follow through and continue using the program after the study concludes.

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California

d. Volunteers, administrative and recreational services, facility staff, and visitors who may have contact with volunteers.

Funded Entity(ies):

California Association of Health Facilities (CAHF)

Results of the Project:

Results pending.

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Hawaii

HI CMP Funds Expended for Administrative Uses in CY 2018: \$0

HI CMP Funds Expended for Emergency Uses in CY 2018: \$0

HI Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

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Nevada

NV CMP Funds Expended for Administrative Uses in CY 2018: \$0

NV CMP Funds Expended for Emergency Uses in CY 2018: \$0

NV Active CMP Funded Projects in CY 2018: 3

Project Title: Decrease Falls in Skilled Nursing Facilities (SNFs)

Unique Identifier: 2018-NV-160

Project Duration: 5/1/2016 to 4/30/2018

Total Amount of CMP Funds Approved for this Project: \$821,323

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$261,580

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project aims to decrease falls in selected Nevada SNFs by 25%.
- b. The Comprehensive Resident Safety and Prevention Program (CRiSP) program is comprised of four key pillars, which contain a collection of best practices to guide facilities in improving their organizational systems through education and quality improvement. These pillars are Culture Change (commit across the organization, develop team skills, adopt safety culture); Leadership (support the front lines, provide coaching and mentoring, establish vision and expectations); Safety (customize care plans, observe and monitor, conduct safety briefings); Measurement (collect data, monitor performance, integrate with Quality Assurance and Performance Improvement [QAPI]).
- c. This will improve nursing home resident quality of care.

Funded Entity(ies):

HealthInsight

Results of the Project:

Thirteen SNFs were recruited to participate in the CRiSP program with a goal to reduce falls and falls with injury. The results were mixed. Four SNFs have seen a significant decrease in falls with major injury since implementing many of the strategies promoted by CRiSP. The nursing homes that have not achieved the desired reduction in falls and falls with major injury have had a more difficult time with a consistent, standardized approach to changing systems and processes related to identifying residents at-risk for falling, to identifying the true reason for falls when they occur and aligning fall prevention strategies with the root cause of the fall.

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San Francisco Long-Term Care Branch**

Nevada

Project Title: Antimicrobial Forecast Project

Unique Identifier: 2018-NV-161

Project Duration: 8/1/2016 to 7/31/2018

Total Amount of CMP Funds Approved for this Project: \$418,246

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$103,554

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will create a consolidated, integrated, and comprehensive view of antimicrobial resistance patterns in the State of Nevada. This will allow for nursing home residents to have a higher quality of care.

Funded Entity(ies):

University of Nevada, Reno

Results of the Project:

The system known as Statera (formerly known as ARIS) is now deployed in a live clinical setting, where a consulting pharmacist is using the capability with two skilled nursing facilities to promote antimicrobial stewardship in compliance with the new Centers for Medicare and Medicaid Services standards for stewardship. It was also notable that these facilities have struggled with Clostridium difficile outbreaks, and fluoroquinolone use is a known risk factor. The involved medical director changed his prescribing practice and the consulting pharmacist has been monitoring the culture and sensitivity results from these residents.

Project Title: Music and Memory

Unique Identifier: 2018-NV-162

Project Duration: 12/31/2016 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$180,794

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$34,789

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goals of the Nevada Music and Memory Initiative included:

- 1) Enhance engagement and socialization.
- 2) Reduce resident agitation and sundowning.
- 3) Further reduce off-label use of anti-psychotic medications.

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Nevada

Funded Entity(ies):

Nevada Health Care Association; Perry Foundation

Results of the Project:

The overall conclusion is that the Nevada Music and Memory initiative had a positive outcome for those living with Alzheimer's and other dementia-related diseases in Nevada's nursing facilities. The results showed that residents had a positive response to the interventions for the goal of enhanced engagement and socialization, a high positive response related to a reduction in resident agitation and sundowning, and participants self-reported a 52% reduction in the use of anti-psychotic medication.

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Alaska

AK CMP Funds Expended for Administrative Uses in CY 2018: \$0

AK CMP Funds Expended for Emergency Uses in CY 2018: \$0

AK Active CMP Funded Projects in CY 2018: 0

The state reported no CMP funded projects in calendar year 2018.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2018
Seattle Long-Term Care Branch**

Idaho

ID CMP Funds Expended for Administrative Uses in CY 2018: \$0

ID CMP Funds Expended for Emergency Uses in CY 2018: \$0

ID Active CMP Funded Projects in CY 2018: 2

Project Title: Idaho Caregiver Career Project

Unique Identifier: ID-0518-IHCA-052

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$513,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$1,548

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goals of this project are:

- i) Encourage individuals to enter caregiver careers;
- ii) To improve the hiring practices, orientation, training and caregiver empowerment that is provided by facilities;
- iii) Help maintain a sufficient number of competent caregivers to meet the needs of residents in Idaho Skilled Nursing Facilities (SNFs); and
- iv) Reduce caregiver turnover.

Funded Entity(ies):

Idaho Health Care Association Foundation

Results of the Project:

Results pending.

Project Title: Critical Incident Training

Unique Identifier: ID-0618-LRA-075

Project Duration: 8/7/2018 to 8/17/2018

Total Amount of CMP Funds Approved for this Project: \$39,500

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$14,781

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Idaho

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This training will focus on topics surrounding investigation of events, the role of speed, thoroughness, and objectivity in conducting investigations; preserving physical evidence; interviewing witnesses and obtaining written statements; collecting other documentary evidence; and reconciling conflicting testimonial evidence. The training is approved for Continuing Education Units (CEU) from the Idaho Board of Examiners for Nursing Home

Administrators.

Funded Entity(ies):

Labor Relations Alternatives

Results of the Project:

Better trained and qualified staff to conduct investigations of abuse, neglect, or misappropriation of property. Fifty-one people attended.

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Oregon

OR CMP Funds Expended for Administrative Uses in CY 2018: \$0

OR CMP Funds Expended for Emergency Uses in CY 2018: \$0

OR Active CMP Funded Projects in CY 2018: 2

Project Title: Portland State University Voicing Importance and Experience for Well-Being (PSU "THE VIEW")

Unique Identifier: 2018-OR-164

Project Duration: 10/1/2017 to 9/30/2018

Total Amount of CMP Funds Approved for this Project: \$149,580

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$149,580

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

PSU Institute on Aging (IOA) developed a tool to assess person-directed care (PDC) from the point of view of residents, called the Resident VIEW. This was previously called the "Person-Directed Care Instrument for Residents." When completed, the Resident VIEW can be used as an instrument and tool in multiple ways, such as:

- 1) By staff in any Long-Term Care setting to identify areas in which residents are not receiving support that is important to them and to use that information to address shortcomings through service plan changes, training or program changes;
- 2) To assess progress toward reducing institutionalization and supporting autonomy, choice and dignity;
- 3) By surveyors to determine if residents are getting the type of care that is important to them; and
- 4) By researchers to gather evidence of best practices in person-directed care.

Benefits to nursing home residents:

The resident VIEW tool will help:

- 1) Ensure individual residents are receiving care in ways that are meaningful and important to them;
- 2) Facility staff to develop more person-centered, comprehensive care plans;
- 3) Identify gaps in care and develop training topics for staff to address these gaps;
- 4) Assess progress toward reducing the institutional milieu of many nursing homes by supporting autonomy, choice and dignity;
- 5) Measure resident satisfaction and quality in a meaningful and person-centered way;
- 6) Researchers gather evidence of best practices in person-directed care in nursing homes and to identify specific ways to improve practices to meet CMS person-centered care guidelines and identify resident preferences and concerns; and

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7) Increase attention to resident voices to guide planning and care.

It will give the nursing home an additional tool to measure and enhance the ability to measure quality of care and quality of life of residents.

Consumer and Other Stakeholder Involvement:

The initial tool was reviewed by members of Making Oregon Vital for Elders (MOVE), Oregon's Pioneer Network- affiliated collaborative.

Included were representatives from the Oregon Patient Safety Commission, the Oregon Long-Term Care Ombudsman, the Oregon Health Care Association and Health Insight Oregon.

Funded Entity(ies):

Portland State University, Institute on Aging

506 SW Mill Portland, OR 97201

Results of the Project:

No data available.

Project Title: Extensions for Community Health Outcomes (ECHO) Nursing Facility Behavioral Health

Unique Identifier: 2018-OR-163

Project Duration: 10/17/2017 to 7/30/2019

Total Amount of CMP Funds Approved for this Project: \$200,128

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$110,064

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Geriatric Mental Health Long-Term Care Program in Oregon utilizes the evidence-based success of the University of New Mexico's Project ECHO. This innovative format uses "hub-and-spoke" networks led by a "hub" of experts using multi-point videoconferencing to conduct virtual clinics with community providers. The University of Rochester has used the ECHO model to effectively telementor 50 nursing facilities in 10 counties in New York state, providing long-term care providers with access to geriatric mental health experts.

Goals: The immediate goal of the ECHO Program is increasing the knowledge, skills and confidence of the nursing facility care teams to quickly detect and effectively treat mental health and behavioral care needs, employing person-centered psychosocial interventions and appropriate psychopharmacology. Improvement is expected in the competency of care provided to current residents with challenging mental health and behavioral care needs with intended outcomes of increased resident placement stability, resident

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satisfaction, improved quality of assessments and care plans, and staff statements of growing confidence in providing behavioral care.

Long Term Goals and Benefits: The long term goal of the ECHO Program is the creation of a stable knowledge base in facility care teams evidenced by consistent development of person-centered care plans, reduction in emergency hospital transfers for behavioral crisis, denial of right to return-readmit-involuntary transfer, willingness to admit individuals with mental health and behavioral care needs and staff statements of confidence and satisfaction in providing behavioral care.

Intended long term outcomes include:

- 1) Knowledge and skills to recognize the signs and symptoms of common geriatric mental health issues such as dementia, depression, anxiety, substance abuse, and behavioral issues;
- 2) Knowledge of broad classes of medications used to treat mental health conditions;
- 3) Skills to conduct psychosocial assessments through both structured forms and information gathering;
- 4) Skills to provide psychosocial and behavioral interventions that enhance coping skills of nursing facility residents and their families;
- 5) Strategies to meaningfully engage nursing facility residents;
- 6) Self-care skills for nursing facility staff;
- 7) Job satisfaction and retention of nursing facility staff;
- 8) Collaboration among nursing facility staff; and,
- 9) Increased expertise with person-centered care and individualized decision-making.

Funded Entity(ies):

Oregon Health and Science University Acting by and through its Oregon Rural Practice-based Research Network

Results of the Project: ECHO Final Comprehensive Report

<https://www.oregon.gov/DHS/PROVIDERS-PARTNERS/LICENSING/NFLU/Documents/NFBH%20Comprehensive%20Final%20Report.pdf>

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Washington

WA CMP Funds Expended for Administrative Uses in CY 2018: \$0

WA CMP Funds Expended for Emergency Uses in CY 2018: \$0

WA Active CMP Funded Projects in CY 2018: 1

Project Title: Music and Memory

Unique Identifier: 2018-WA-165

Project Duration: 9/15/2017 to 5/1/2019

Total Amount of CMP Funds Approved for this Project: \$124,487

Total Amount of CMP Funds Expended During CY 2018 for this Project: \$88,647

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide funds to 42 facilities in Washington state for the implementation of a Music and Memory program. The funds will be used for training, equipment purchase and purchase of Music and Memory certification. Resident outcomes should include decreased behavioral symptoms with increased mood, engagement and interaction with others, and improved cognition/memory. One important aspect of quality of care, decrease in use of psychotropic or anti-anxiety medication and physical restraint, is also an included measure.

Funded Entity(ies):

LeadingAge Washington

Results of the Project:

This project provided funds to 42 nursing facilities in Washington state for the implementation of a Music and Memory program. The funds were used for training of staff, equipment purchase for the facilities as well as the purchase of the Music and Memory certification. Approximately 125 staff members were trained across 42 facilities.

Outcomes reported by the facilities included decreased behavioral symptoms by the residents as well as increased resident mood, engagement, interaction with others, and improved cognition/memory. One of the residents participating in the program originally joined simply for the love she possessed of music. She often stayed in her room throughout the week looking for different things to do but has mentioned that she loves reading and writing. In fact, she is attempting to spend her leisure time writing her own memoir of her life and experiences. After a few times listening to her personalized playlist on her own, as it was filled with music of her past, she said that memories began to flood in. These songs were associated with different experiences she had throughout her life, such as the dancing clubs she used to go to, memories growing up during the wartime, being in high school, and times with her family. She reported that she now listens to 'her' music simultaneously while writing, since it has brought back memories she otherwise would not have remembered without these songs from her past. Aside from helping her finish her memoir, she also mentioned that the music "renews her spirit." For this resident, it seems that music has been directly linked to her dormant memories and hearing it again has awoken these memories. Her personalized playlist has not only brought great enjoyment to her life, but also has been helping her with remembering the good times of her past and helping to reclaim her identity.