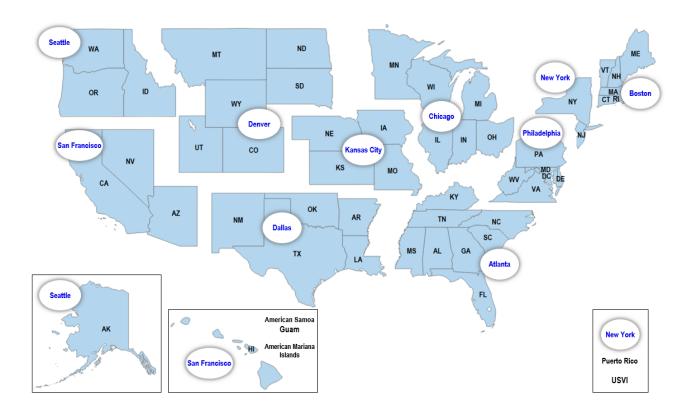




State CMP Reinvestment Projects Funded in CY 2019

Please click on a region to see the regional Branch's respective list of 2019 CMP-funded projects.



The information supplied in this report is provided by the relevant state agency; results are not validated by the Centers for Medicare & Medicaid Services.

Previous approval and funding of a project does not guarantee future approval of a similar project.

Connecticut

CT CMP Funds Expended for Administrative Uses in CY 2019: \$0 CT CMP Funds Expended for Emergency Uses in CY 2019: \$0

CT Active CMP Funded Projects in CY 2019: 1

Project Title: Quality and Fall Safety Summit

Unique Identifier: CT-0719-CTDPH-364

Project Duration: 9/5/2019 to 9/5/2019

Total Amount of CMP Funds Approved for this Project: \$6,650

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$5,237

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Through several speakers, the Quality and Fall Safety Summit aims to assist skilled nursing facilities in identifying the underlying root cause for resident falls with information on current research. Additionally, the applicant will explain to participants how they can provide a safer environment to their residents and prevent falls.

Part of the training will include assisting the nursing facilities in selecting appropriate interventions to prevent and/or reduce a resident's risk of falls based on current research or what has worked for other nursing facilities.

Funded Entity(ies):

Jaclyn Olsen, M.D., Keynote speaker

Results of the Project:

The facilities are continuing to monitor falls in their facilities. The State Survey Agency will assess trends and falls during onsite surveys and reports.

Maine

ME CMP Funds Expended for Administrative Uses in CY 2019: \$4 ME CMP Funds Expended for Emergency Uses in CY 2019: \$0 ME Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

Massachusetts

MA CMP Funds Expended for Administrative Uses in CY 2019: \$0 MA CMP Funds Expended for Emergency Uses in CY 2019: \$0 MA Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

New Hampshire

NH CMP Funds Expended for Administrative Uses in CY 2019: \$0 NH CMP Funds Expended for Emergency Uses in CY 2019: \$0

NH Active CMP Funded Projects in CY 2019: 1

Project Title: Building Memories: Increasing Use of Music & Memory Program in New

Hampshire

Unique Identifier: NH-0818-NHHCA-118
Project Duration: 10/1/2018 to12/31/2020

Total Amount of CMP Funds Approved for this Project: \$488,214

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$105,185

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The New Hampshire (NH) Memories Program Civil Money Penalty (CMP) grant provides the ongoing training, equipment, and support necessary for NH's Certified Skilled Nursing Facilities to implement the Music & Memory Program within their homes. Music & Memory provides a non-pharmacological intervention for caregivers to use in attempts to comfort residents during times of pain, anxiety, depression, sundowning, etc. As cited in our CMP funds request, numerous studies have demonstrated that individuals experiencing a variety of adverse symptoms, most notably anxiety, can receive relief from those symptoms during and beyond a session of listening to a playlist of music of their choosing. For nursing home residents, this means an improved quality of life.

Funded Entity(ies):

New Hampshire Health Care Association

Results of the Project:

Rhode Island

RI CMP Funds Expended for Administrative Uses in CY 2019: \$0 RI CMP Funds Expended for Emergency Uses in CY 2019: $\$67,\!435$

RI Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

Vermont

VT CMP Funds Expended for Administrative Uses in CY 2019: \$0 VT CMP Funds Expended for Emergency Uses in CY 2019: \$0 VT Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

New Jersey

NJ CMP Funds Expended for Administrative Uses in CY 2019: \$18,920

NJ CMP Funds Expended for Emergency Uses in CY 2019: \$0

NJ Active CMP Funded Projects in CY 2019: 3

Project Title: New Jersey Hospital Association (NJHA) / Northern and Southern New Jersey Chapters of Association for Professionals in Infection Control and Epidemiology (APIC) / New Jersey Department of Health Partnership on Principles of Infection Prevention and Control

Unique Identifier: 2018-NJ-003

Project Duration: 9/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$24,750

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$3,465

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

NJHA's objective is to offer tuition support through Civil Money Penalty funding for up to 50 long-term care nurses to attend the October 2018 or April 2019 (up to 25 for each session) Principles of Infection Prevention and Control seminar to be presented by Northern and Southern New Jersey Chapters of APIC and the New Jersey Department of Health.

Funded Entity(ies):

Participating nursing homes that submit certificates of completion and evaluations

Results of the Project:

Forty-three staff members participated in the five-day training and their nursing home employers are eligible for reimbursement of the registration fee. Almost all participants reported that their nursing homes planned to implement recommendations resulting from their participation.

Project Title: Certified Eden Associate Training

Unique Identifier: 2019-NJ-170

Project Duration: 4/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$27,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$12,558

New Jersey

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Train 100 staff (now 91 staff due to increase in cost of training material) in Eden Associate Alternative philosophy. With training, staff will allay loneliness, helplessness, and boredom of residents. Expect improvements in behavioral incidents, falls, weight loss, pressure ulcers, and the number of bedfast residents compared with the previous year.

Funded Entity(ies):

Masonic Village Burlington

Results of the Project:

Interim results: 54 staff trained through November 2019. Most measures of benefits to residents show improvement compared to the measures for CY2018.

Project Title: Violence Prevention and Intervention

Unique Identifier: No UID Available

Project Duration: 5/1/2017 to 4/30/2019

Total Amount of CMP Funds Approved for this Project: \$32,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$9,636

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of this project is to train nursing home staff on nonviolent crisis prevention techniques and de-escalation interventions. Objectives include: Train-the-Trainer education of 22 staff on de-escalation techniques (two days) and training and certification of two staff (four days). 400 total staff to be educated over two years. This will reduce the incidene of violence against staff and other residents.

Funded Entity(ies):

State of NJ Department of Military and Veteran Affairs at NJ Veteran's Memorial Home at Paramus

Results of the Project:

The project certified three staff in Nonviolent Crisis Intervention Training who trained all 360 staff; 301 of those staff (83%) completed the one-day refresher course by July 2019. Comparing the frequency of incidents during 2015 and 2016 (before the training) with 2018 showed decreases of 30 percent or more of the number of resident-to-staff or resident-to-resident violence.

New York

NY CMP Funds Expended for Administrative Uses in CY 2019: \$0 NY CMP Funds Expended for Emergency Uses in CY 2019: \$0 NY Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

Delaware

DE CMP Funds Expended for Administrative Uses in CY 2019: \$23,400

DE CMP Funds Expended for Emergency Uses in CY 2019: \$0

DE Active CMP Funded Projects in CY 2019: 6

Project Title: Music & Memory

Unique Identifier: DE-1018-DHCQ-176
Project Duration: 1/1/2019 to 7/1/2019

Total Amount of CMP Funds Approved for this Project: \$34,472

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$34,472

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will employ a project coordinator to train nine, certified nursing home staff on applying the Music & Memory approach to dementia care to 10 selected residents at each facility. Professionals will be trained to set up personalized music playlists, deliver these playlists on Mp3 players and other digital devices to their residents. These musical favorites tap into residents' deep memories not lost to dementia and can bring participants back to life, enabling them to feel like "themselves again" to converse, socialize, and stay present.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Results of the Project:

Facilities are using personalized tracking sheets or using their Point Click Care/Matrix systems to track usage of the program. There have been reports of several resident's developing a better eating pattern while listening to their personalized music prior to meal time. The staff believe this is because the residents are able to focus on the food rather than any distractions such as conversations or noise. Family members have engaged with loved ones through the splitters that were provided so they can listen to the music together. One resident sings with her son when he comes to visit. Residents are displaying decreased adverse behaviors such as yelling, anxiousness, and other disruptive behaviors. Staff indicates that antipsychotic medicine usage

Project Title: Long-Term Care Residents' Trust Fund

Unique Identifier: DE-0119-DSAAPD-215

Project Duration: 3/1/2019 to 2/28/2020

Total Amount of CMP Funds Approved for this Project: \$403,667

Delaware

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$403,667

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

DSAAPD plans to introduce non-pharmacological, person-centered, evidence-based practice approach for residents. This would exponentially improve quality of life for all residents. The reduction of antipsychotic medications for more non-pharmacological interventions in residents also increases quality of life for residents. Lastly, promoting person and family centered care across both facilities improves the resident, family, and caregiver experience of care related to quality, safety, and access across settings. It also helps to develop culturally sensitive and understandable care plans and enables residents and their families to navigate, coordinate, and manage their care appropriately and effectively.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection and Delaware Division of Services for Aging and Adults with Physical Disabilities

Results of the Project:

In the quarter one project report, first round of training was conducted with CMP funding. The Overview Training on the Americans with Disabilities Act (ADA), Olmstead and introduction on person centered care (PCC) principles have been developed and were delivered on August 21, 2019 and August 22, 2019 to 520 staff members at the Delaware Hospital for Chronically III (DHCI) and the Governor Bacon Center (GB Center), which is 86% of the filled staff positions in the Division of Services for Aging and Adults with Physical Disabilities (DSAAPD). This training provided a knowledge base and understanding of ADA and Olmstead and conveyed the foundation of person-centered care principles and their role in promoting maximum community inclusion.

Project Title: Trauma Centered Care, Dementia and Psychotropic Medications Workshop

Unique Identifier: DE-0319-DHCQ-263

Project Duration: 4/29/2019 to 4/29/2019

Total Amount of CMP Funds Approved for this Project: \$4,650

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$4,650

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to provide training to Medicare/Medicaid certified nursing homes and surveyors on the most recent updates on trauma centered care, the use of psychotropic medications, and their impact on those residents with dementia. The workshop will also update knowledge on the

Delaware

effectiveness of current therapies for Alzheimer's disease, the development of measures of quality of life in persons with Alzheimer's disease, the care of patients with late- stage dementia, and autism in the elderly.

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Results of the Project:

Sixteen staff were sent by 11 facilities, and the Division of Health Care Quality sent 30 surveyors to attend the Trauma Centered Care, Dementia and Psychotropic Medications Workshop presented by Dr. Peter V. Rabins. The Delaware facility staff consisted of nurses, certified nursing assistants, and activity staff who work in Medicare/Medicaid certified nursing homes. They were provided the most up-to-date knowledge regarding trauma centered care, the use of psychotropic medications, and their impact on those with dementia care in LTC facilities. The workshop also provided an update on the effectiveness of current therapies for Alzheimer's disease, the development of measures of quality of life in persons with Alzheimer's disease, the care of patients with late-stage dementia, and autism in the elderly. They also were presented the most up-to-date knowledge on dementia care and the use of psychotropic medications. The learners can now implement best practices in their own facilitates in order to better manage residents with dementia; and assist with the reduction of the use of psychotropic medications within their facilities.

Project Title: Exceptional Care for Children, BEAM by EyeClick Projection Gaming System

Unique Identifier: DE-0419-DHSS-276

Project Duration: 5/16/2019 to 5/16/2020

Total Amount of CMP Funds Approved for this Project: \$9,108

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,107

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Exceptional Care for Children (ECC), a certified pediatric skilled nursing facility, seeks to purchase a state-of-the-art projection system BEAM by EyeClick, a projection gaming system. The BEAM system is expected to improve resident cognitive skills and motor strength, improve self-esteem, provide a better understanding of the surrounding world, enhance engagement and socialization, provide a way to cope with feelings and allow residents to adapt their environment to a virtual setting.

Funded Entity(ies):

Delaware Division of Health Care Quality of Long-Term Care Residents Protection

Delaware

Results of the Project:

During the month of October 2019, the BEAM by EyeClick gaming system was delivered and assembled at Delaware's first and only nonprofit pediatric sub- acute skilled nursing facility, Exceptional Care for Children. This facility provides transitional, long-term and palliative, or end-of-life care, to medically fragile and technology dependent children.

Shannon McLaughlin, who is the Director of External Affairs and Development, plans to document interactions between the BEAM by EyeClick and their residents. The first resident to be able to use this gaming system during their therapy session.

During their session, nursing staff were able to track the resident's general mood. ECC reported the following, "The resident was excited to be able to be the first one to play on the BEAM by EyeClick! In December 2019, there were five total residents who engaged with the BEAM by EyeClick. These residents were using the device therapeutic and play use during their morning sessions.

Three more residents, were also documented using the BEAM by EyeClick gaming system. ECC noted, "When demonstrating how the system works to several ECC staff members and our on-site Christiana School District team, we had several residents play with the system to show the adults how wheelchair-bound children can play the game with their hands and arms. Currently, residents were also participating in Adaptive PE. So, we carried over the play with a bowling game, an activity they were also working on in school. The wheelchair-bound children were able to roll the ball by moving their hands, both unassisted and with assistance from staff."

Project Title: First Came the Recommendations, Now Let's Explore the Outcomes Webinar

Unique Identifier: DE-0419-DHCQ-286

Project Duration: 5/23/2019 to 5/23/2019

Total Amount of CMP Funds Approved for this Project: \$250

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$250

Delaware

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Delaware Division of Health Care Quality (DHCQ) of Long-Term Care (LTC) Residents Protection is requesting to use CMP funds to provide a webinar to DE nursing homes and LTC surveyor staff. The purpose of this webinar is to provide attendees knowledge on the findings on the applicant's previous dementia care project and strategies on how to implement the lessons learned into LTC facilities to promote a culture of quality improvement.

Funded Entity(ies):

Delaware Division of Health Care Quality of Long-Term Care Residents Protection

Results of the Project:

Ten staff from five facilities and eight surveyors from the Delaware Division of Health Care Quality were invited to view the "First Came the Recommendations, Now Let's Explore the Outcomes" Webinar on May 23, 2019. The Delaware facility staff consisted of certified nursing homes and surveyor staff who work in Medicare/Medicaid - certified nursing homes. Viewers were provided with the most up-to-date findings on the Dementia Care Practice Recommendations. Viewers can utilize these findings to implement the best practices in long-term care facilities to provide a better culture of quality of care.

Project Title: Minimum Data Set (MDS) 3.0 Workshop

Unique Identifier: DE-0819-DHCQ-398

Project Duration: 10/8/2019 to 10/9/2019

Total Amount of CMP Funds Approved for this Project: \$8,931

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$8,931

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Delaware Division of Health Care Quality (DHCQ) of Long-Term Care Residents Protection intends to host a two-day training on recent updates to the MDS. Approximately 80 nursing home staff and 20 surveyors will be invited to walk through the updates section by section with a nursing consultant serving as the speaker and trainer. Specifically, the training will focus on managing and caring for pressure ulcers, developing care area assessments, and explaining the guidelines for capturing activities of daily living (ADLs).

Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection

Delaware

Results of the Project:

As a condition of the CMS State Agency Grant, it is required of the Delaware Division of Health Care Quality, Office of Long-Term Care Residents Protection to hold an MDS Training. There were two separate conferences that were offered for the MDS Workshop held on October 8, 2019 and October 9, 2019. The first day of MDS Training included new Registered Nurse Assessment Coordinators (RNACs) and new surveyors, which included 12 staff from nine facilitates and two surveyors that attended. The second day of MDS Training was for seasoned RNACs and surveyors, which included 60 staff from 33 facilitates and 12 surveyors that attended. Each participant was provided the most up-to-date knowledge and information on the newly updated coding procedures of the MDS.

District of Columbia

DC CMP Funds Expended for Administrative Uses in CY 2019: \$0

DC CMP Funds Expended for Emergency Uses in CY 2019: \$0

DC Active CMP Funded Projects in CY 2019: 0

The district reported no CMP funded projects in calendar year 2019.

Maryland

MD CMP Funds Expended for Administrative Uses in CY 2019: \$28,340

MD CMP Funds Expended for Emergency Uses in CY 2019: \$0

MD Active CMP Funded Projects in CY 2019: 6

Project Title: Brain Injury 2.0: Skilled Nursing Facility Edition

Unique Identifier: MD-0418-TBI-029

Project Duration: 6/15/2018 to 6/15/2019

Total Amount of CMP Funds Approved for this Project: \$39,561

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9.890

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of "Brain Injury 2.0: Skilled Nursing Facility Edition" is to provide a specialized training program for the care of individuals with brain injury in Maryland nursing homes. The project will use the Brain Injury Association of Maryland's three-unit curriculum (Brain Injury 101; Traumatic Brain Injury Behavior Management; Brain Injury Nursing Care: Concepts and Strategies) as a basis for the training, with an additional unit on substance abuse and brain injury.

Funded Entity(ies):

The Beacon Institute, Inc.

Results of the Project:

The project increased the ability of nursing homes to provide care to residents with traumatic brain injury (TBI). Direct care staff have greater confidence in their ability to provide support for residents with TBI. Residents and their families are more satisfied with the quality of their care. Eight staff from Communicare buildings were trained in Brain Injury and Nursing Care. From this training, a series of five training videos were created. A marketing campaign has been executed to make nursing homes aware of the free resources available on the funded entity's website.

Project Title: Mental Health First Aid Training

Unique Identifier: MD-0518-CHERC-067

Project Duration: 9/1/2018 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$35,866

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$17,933

Maryland

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project specifically targets nursing homes in Prince George's and Montgomery counties to provide a total of 20 trainings over the 12-month period. The first month will focus on marketing and scheduling of mental health first aid trainings. The next 10 months will focus on providing the trainings (two mental health first aid trainings per month).

Funded Entity(ies):

Community Health Education and Research Corporation

Results of the Project:

208 Nursing Home staff received Mental Health First Aid Training. 80 Nursing Home staff were also certified in Mental Health First Aid Training. In response to the training, entity received positive feedback from participants and Nursing Home Administrators that discussed the quality of services rendered to the residents and how communication was improved between staff and residents.

Project Title: Artifacts of Culture Change Tool - Version 2.0

Unique Identifier: MD-0518-PN-068

Project Duration: 9/15/2018 to 9/15/2020

Total Amount of CMP Funds Approved for this Project: \$193,875

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$72,703

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project's goal is to develop an updated version of the Artifacts of Culture Change—Version 2.0 that is a valid and reliable tool for nursing homes to assess what they are doing now to provide person-centered care and to create a real home for residents, as well as help to provide a roadmap for additional change to further their culture change journey. The focus is on workplace practices, policies, and schedules; increased autonomy; and improved environment.

Funded Entity(ies):

Pioneer Network in Culture Change

Results of the Project:

Began recruitment of knowledgeable users of the Artifacts tools, conducted pilot testing and developed initial draft methodology. Final results are pending.

Maryland

Project Title: Recovery Re-Integration Care Delivery

Unique Identifier: 2018-MD-176

Project Duration: 11/15/2018 to 11/15/2019

Total Amount of CMP Funds Approved for this Project: \$128,920

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$42,973

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Offer patients suffering from a substance abuse disorder non-traditional skilled nursing provided in the skilled facility setting. Offer services to support a life in recovery from drug use.

Funded Entity(ies):

Genesis HealthCare Canton Manor

Results of the Project:

No data available.

Project Title: The Maryland Wound Care Excellence Training Program for Skilled Nursing Facilities

Unique Identifier: MD-0918-VPACP-154

Project Duration: 12/15/2018 to 6/15/2020

Total Amount of CMP Funds Approved for this Project: \$85,700

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$64,275

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to provide 150 scholarships to eligible nurses. The scholarships will provide the applicants access to a nationally recognized, clinically-robust, and self-paced wound care continuing education program. The program will address the top three reasons that prevent nurses from implementing evidence-based best practice: Time, Lack of Knowledge/Skills, and Lack of Access to Information. The course content follows the evidence-based Vohra physician wound-care model, which has been independently evaluated and proven to result in a 21-day decrease in wound healing time, an 88% decrease in wound-related hospitalizations, and an 86% decrease in infection and amputation rates.

Funded Entity(ies):

Vohra Post-Acute Care Physicians of the East, P.A.

Maryland

Results of the Project:

The grant is still on going after the committee granted a No Cost Extension (NCE). Since the extension was granted on November 7, 2019, the final results are pending.

Project Title: Engage with Older Adults Behavioral Training for Long-Term Care

Facility Staff

Unique Identifier: 2019-MD-175

Project Duration: 5/15/2019 to 5/15/2021

Total Amount of CMP Funds Approved for this Project: \$271,570

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$67,892

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To develop and deliver a skills-based training program for professionals, paraprofessionals, and unpaid caregivers of older adults with behavioral health conditions. Over time, this will elevate the level of competency in the workforce, enhance continuity of care, and improve quality of life for residents. The increase of improvement in retention certainly impact staffing shortages, thus decreasing the burden for those workers who will need to cover for staffing shortages and open vacancies.

Funded Entity(ies):

Mental Health Association of Maryland

Results of the Project:

Interim results identified new and existing partnerships were modified to promote training. Fifty Maryland Ombudsman received training and 729 direct care staff has attended training. Final results are pending.

Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2019: \$0 PA CMP Funds Expended for Emergency Uses in CY 2019: \$0

PA Active CMP Funded Projects in CY 2019: 11

Project Title: Multi-Sensory Environment—Heritage Harbor

Unique Identifier: PA-0618-CCPA-092
Project Duration: 9/10/2018 to 2/9/2020

Total Amount of CMP Funds Approved for this Project: \$8,971

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will establish a multi-sensory environment for residents. Research has shown that multi-sensory stimulation (also called Snoezelen Therapy) promotes relaxation. It reduces agitation and apathy among people with moderate to severe dementia without the need for pharmacological intervention.

Funded Entity(ies):

Claremont Nursing and Rehab Center

Results of the Project:

Results pending.

Project Title: Enhancement and Modernization of Life Enrichment Capability

Unique Identifier: PA-0618-BDRE-084
Project Duration: 10/9/2018 to 4/29/2020

Total Amount of CMP Funds Approved for this Project: \$10,996

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will convert underutilized storage space within the main recreational area at the Rouse Warren County Home to a technology hub for resident use. The objective of this project is to improve the resident experience, which will be measured through surveys. This will increase the opportunity for the resident's to be discharged to a less restrictive environment and decrease feelings of isolation and seclusion often associated with an institutional setting.

Pennsylvania

Funded Entity(ies):

Board of Directors of the Rouse Estate

Results of the Project:

Results pending.

Project Title: Living Abundantly Through Person-Centered Engagement

Unique Identifier: PA-0618-PRHC-085

Project Duration: 11/5/2018 to 4/4/2020

Total Amount of CMP Funds Approved for this Project: \$16,839

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Living Abundantly Through Person-Centered Engagement Project is to improve the quality of life for the residents living with dementia by providing meaningful opportunities for engagement that addresses the needs and strengths of the individual.

Funded Entity(ies):

Passavant Retirement and Health Center

Results of the Project:

Results pending.

Project Title: Happiness Blooms from Within

Unique Identifier: PA-0618-MVNC- 088

Project Duration: 11/15/2018 to 4/13/2021

Total Amount of CMP Funds Approved for this Project: \$14,841

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement a program known as Eldergrow, a therapeutic horticultural gardening activity for elders.

Pennsylvania

Eldergrow is a program that addresses the spiritual, physical, social, intellectual, and emotional needs of residents in our growing community through all-inclusive, hands-on classes. Eldergrow will allow residents to stay engaged and build relationships through life enrichment courses that address the unique abilities and needs of each individual.

Funded Entity(ies):

Meadow View Nursing Center

Results of the Project:

Results pending.

Project Title: Bridging the Gap

Unique Identifier: PA-0618-RM-091

Project Duration: 1/7/2019 to 7/6/2020

Total Amount of CMP Funds Approved for this Project: \$27,337

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will utilize the "It's Never 2 Late" (iN2L) engagement system to improve the quality of life of residents, including those living with dementia/memory loss, through experiencing and learning new life skills.

This person-centered technology allows residents, families and caregivers to become more engaged in areas related to therapy, activities, cognitive fitness, socialization and spiritual life. Enhanced, dignified mind-stimulating activities, improving hand-eye coordination, exploring the internet, and connecting with family via Skype are some examples of the way the system is used.

Funded Entity(ies):

Rolling Meadows

Results of the Project:

Pennsylvania

Project Title: Multi-Sensory Environment Center

Unique Identifier: PA-0618-HC-087

Project Duration: 1/7/2019 to 1/6/2020

Total Amount of CMP Funds Approved for this Project: \$27,378

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create a multi-sensory environment center. Research has shown that exposure to this therapy—lights, sounds, scents and music, promotes well-being, along with a non-medication strategy, for individuals with Alzheimer's disease and other dementias. Short sessions are effective in decreasing wandering behavior.

Funded Entity(ies):

Home for the Friendless d/b/a Homeland Center

Results of the Project:

Results pending.

Project Title: Facilitating Frequent Advance Care Planning Conversations in Skilled Nursing Facilities

Unique Identifier: PA-0619-WSH-331

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$67,361

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will be implemented, with the support of a collaboration of skilled nursing facilities in WellSpan Health's service area, in an effort to empower skilled nursing facility staff to facilitate conversations regarding end of life wishes.

Using the 'respecting choices' model of facilitation, 30 skilled staff from skilled nursing facilities in four counties will become certified trained facilitators of advance care planning conversations with residents. Facilitators will then engage at least three residents and their families per month in advance care planning conversations to improve end-of-life outcomes.

Pennsylvania

Funded Entity(ies):

WellSpan Health

Results of the Project:

Results pending.

Project Title: Mental Health First Aid: Expanding Pennsylvania Nursing Homes

Capacities

Unique Identifier: PA-0619-ALPS-332

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$62,184

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to expand behavioral healthcare capacity for Pennsylvania (PA) nursing home staff and provide actionable tools to support PA nursing homes in implementing behavioral healthcare. The applicant will offer Mental Health First Aid (MHFA) training, created and administered by the National Council on Behavioral Health (NCBH) to staff from 180 nursing homes. Six sessions of the training (one in each district) will be provided to minimize or eliminate travel costs for nursing home staff. The project will also develop and share a recorded webinar with all PA nursing homes, which will provide information on the regulatory requirements associated with behavioral health.

Funded Entity(ies):

Assurant Learning and Performance Solutions

Results of the Project:

Results pending.

Project Title: Palliative Care Center of Excellence Initiative

Unique Identifier: PA-0619-BHS-333

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$10,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Pennsylvania

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project seeks to enhance existing palliative care efforts. Grant funds are used to underwrite the cost of education and training for staff, as well as education for residents and their families in palliative care initiatives, disease-state management protocols, and techniques which would improve the quality of life for the residents. The ultimate goal is to become a Center of Excellence in Palliative Care and have residents' function at a higher level of independence and improve their quality of life during their stay.

Funded Entity(ies):

Baptist Homes Society

Results of the Project:

Results pending.

Project Title: Individualized Music for Joyful Living

Unique Identifier: PA-0619-CCCC-334

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$11,975

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to implement the individualized music program, Music & Memory to improve nursing home residents' quality of life through "five action steps":

- 1) Organizing a motivated team of staff and families;
- 2) Beginning pilot by conducting assessments to identify music preferences, creating play lists, reviewing progress;
- 3) Launching the program throughout the organization; and,
- 4) Supporting the team, working with volunteers, fundraising, building up community connections, and learning and enhancing the program.

Ongoing education will be provided to staff throughout the life of the project.

Funded Entity(ies):

Crawford County Care Center

Results of the Project:

Pennsylvania

Project Title: Increasing the Quality of Life through Multi-Sensory Programming

Unique Identifier: PA-0619-JJKRC-336

Project Duration: 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$16,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The nursing facility aims to collaborate with the Fine Art Miracles, an organization specializing in a multilayered sensory approach to engaging residents and enhancing resident quality of life.

Examples of this sensory approach include music and aromatherapy, social robots that respond to touch and verbalization, and tactile memory blankets. Activities will be held two times per week with six residents participating in each session. To sustain the program beyond the grant the applicant will continue resident specific sensory stimulation and expand the program to other nursing facilities.

Funded Entity(ies):

John J. Kane Regional Center-Glen Hazel

Results of the Project:

Virginia

VA CMP Funds Expended for Administrative Uses in CY 2019: \$125,000

VA CMP Funds Expended for Emergency Uses in CY 2019: \$0

VA Active CMP Funded Projects in CY 2019: 8

Project Title: Restorative Sleep Program in Virginia

Unique Identifier: VA-0518-CEALH-058

Project Duration: 11/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$101,482

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$39,517

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project aims to: 1) Implement the person-centered and evidence-based Restorative Sleep Program in two nursing homes in Virginia; and 2) Form a learning collaborative allowing interested nursing homes, state surveyors, and ombudsmen in Virginia to receive training on restorative sleep and real-time insight on how to implement the program.
- b. Through the Restorative Sleep Program, we will address the many factors over which the nursing homes have direct and immediate control to ensure residents get a good night sleep. This will make a night and day difference in the quality of life for residents.
- Year 1: Nighttime disruptions (noise, light, sleeping environment, continence and positioning needs)
- Year 2: Daytime routine (napping, medications, pain, inactivity/activity, diet)
- c. At the completion of the proposed project, we anticipate that residents will have improved opportunities for uninterrupted sleep throughout the night. As they are more rested, they will feel better both physically and emotionally. They will be in less pain, have fewer inappropriate behaviors, have a decrease in number of falls, and have a greater interest in participating in more meaningful activities throughout the day.

Funded Entity(ies):

Riverside Center for Excellence in Aging & Lifelong Health

Results of the Project:

Virginia

Project Title: Person-Centered Trauma-Informed Care Training

Unique Identifier: VA-0518-VCU-060

Project Duration: 11/1/2018 to 11/29/2019

Total Amount of CMP Funds Approved for this Project: \$62,959

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$62,890

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project is focused exclusively on nursing facilities (NFs) and proposes to develop a pilot that assesses individual resilience and organizational trauma-informed care capacity with four NFs in Virginia.
- b. To develop a multi-modal resilience training program focused on teaching resilience skills to the direct care workforce and building trauma-informed and resilience-focused organizational cultures within licensed nursing facilities, and secondarily as a subset of nursing facilities, skilled nursing facilities (SNFs), that provide rehabilitative services.
- c. Residents with high trauma exposure and depleted resiliency or coping, may live in a state of low-trust, hyper- or hypo-arousal, and with high anxiety or fearfulness, which could result in being mislabeled as behaviorally difficult. NF staff cannot know their residents full and complete trauma histories, but everyone can learn how to recognize trauma reactions and how to provide universal, trauma-informed care to all residents and, thus, reduce the likelihood of traumatization, re-traumatization, and to increase residents' feelings of safety, empowerment, and belonging. Trauma-informed care gives NF staff a concrete, consistent framework for providing person-centered care to all residents, so that even residents who may not have a trauma history will benefit. When NF staff can work collaboratively together in a trauma-informed way, residents received more person-centered care and, as a result, they may experience less anxiety and a greater sense of trust and safety in NFs.
- d. NFs across the commonwealth once the regulation to provide trauma-informed care, training and services are implemented.

Funded Entity(ies):

Virginia Commonwealth University

Results of the Project:

Project recruited four Nursing facilities (NFs) to engage in designing a trauma-resilience training for certified nursing assistants (CNAs). Eighteen CNAs participated in five focus groups.

Number of themes emerged: 1) Self-identity, 2) Relationships with residents, and 3) Organizational values.

Fifty-four CNAs participated in nine training sessions on trauma-informed care. A survey of the 54 participants had the following results:

- 88% reported being able to relate the information to the well-being of residents in their care.
- 86.3% reported being more confident about trauma-informed care.

Virginia

- 88.2% reported knowing more about the kinds of trauma people have experienced in their lives.

Testimonials also indicate participants will make behavior changes in how they interact with patients and how they care for themselves. Ninety-five interdisciplinary team members from 21 NFs participated in online or in person trainings using the trauma-informed training curriculum. They evaluated their understanding of elements of curriculum content using a five point scale.

Final report pending.

Project Title: Virginia Nursing Facilities: The Music & Memory Initiative

Unique Identifier: VA-0518-GMU-054

Project Duration: 11/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$567,100

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$206,853

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of the project is to implement and sustain a person-centered, non-pharmacological intervention (MUSIC & MEMORY®) for Virginia nursing facility residents with dementia that will positively affect behavior and stimulate emotions. The project also provides continuous, web-based, micro-learning modules that help direct care workers and other staff who closely interact with the residents to understand the value of personalized music and how and when to use it.
- b. We hope to reach 30 nursing facilities in the first year to train the staff and implement the program. We will provide each nursing facility with five mp3 players in order to begin the implementation process. For evaluation, each participating facility will be expected to administer the intervention to a minimum of five residents for a six-week continuous period, and document the changes in behavior, mood, and use of anti-psychotic medications. By the second year, we will have a solid infrastructure in place, so that the addition of another 60 facilities will be feasible.
- c. Listening to favorite music stimulates different parts of the brain and taps into deep memories not lost to dementia.

Funded Entity(ies):

George Mason University

Results of the Project:

Virginia

Project Title: Advanced Nurse Aide Revitalization Project for Rockingham County & Surrounding Area

Unique Identifier: VA-0518-LAVA-053

Project Duration: 11/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$149,800

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$27,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project is focused exclusively on nursing facilities (NFs) and proposes to develop a pilot that assesses individual resilience and organizational trauma-informed care capacity with four nursing facilities in Virginia.
- b. To develop a multi-modal resilience training program focused on teaching resilience skills to the direct care workforce and building trauma-informed and resilience-focused organizational cultures within licensed nursing facilities and, secondarily as a subset of nursing facilities skilled nursing facilities (SNFs) that provide rehabilitative services.
- c. Residents with high trauma exposure and depleted resiliency or coping, may live in a state of low-trust, hyper-or hypo arousal, and with high anxiety or fearfulness, which could result in being mislabeled as behaviorally difficult. NF staff cannot know their resident's full and complete trauma histories, but everyone can learn how to recognize trauma reactions and how to provide universal, trauma-informed care to all residents and, thus, reduce the likelihood of traumatization, re-traumatization, and to increase residents' feelings of safety, empowerment, and belonging. Trauma-informed care gives NF staff a concrete, consistent framework for providing person-centered care to all residents, so that even residents who may not have a trauma history will benefit. When NF staff can work collaboratively together in a trauma-informed way, residents received more person-centered care and, as a result, they may experience less anxiety and a greater sense of trust and safety in NFs.
- d. NHs across the commonwealth once the regulation to provide trauma-informed care, training and services are implemented.

Funded Entity(ies):

LeadingAge Virginia

Results of the Project:

Virginia

Project Title: Holistic Wellness Program

Unique Identifier: VA-0518-BG-061

Project Duration: 11/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$298,050

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$131,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Birmingham Green seeks a grant of \$300K from the Virginia Department of Medical Assistance Services CMPF for a three year holistic wellness program which will utilize an engagement technology entitled: Birdsong (ref to www.wcbay.com/news) and embrace the Eden Principles designed by Dr. Bill Thomas (edentalt.org).
- b. The vision of the Eden Philosophy seeks to eliminate helplessness, loneliness and boredom, by embracing innovation, empowerment and integrity. This program uses personalized computer tablets that are person-centered and user friendly to enhance and less agitation and a calmer demeanor. A sense of well-being will be gained and observed by frontline care givers/team members during shift to shift reports.

Funded Entity(ies):

Birmingham Green

Results of the Project:

Results pending.

Project Title: Reducing Preventable Re-hospitalizations

Unique Identifier: VA-0518-VHCAVCAL-056

Project Duration: 11/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$280,289

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$134,575

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The partnering organizations propose to utilize Civil Monetary Penalty grant funds to provide training and resources to nursing facility staff and administrators, as well as hospital emergency department and case management staff, on the INTERACT Quality Improvement Program using the INTERACT 4.0 Tools. These tools are designed to improve the overall quality of care for nursing facility residents using early

Virginia

identification, evaluation, management, documentation, and communication about acute changes in condition of residents in nursing facility and other care settings.

- b. This project will provide a series of statewide trainings sessions facilitated by Pathway Health for providers to receive an introduction, background, and overview of the purpose of the INTERACT® 4.0 Tools. INTERACT® is an acronym for "Interventions to Reduce Acute Care Transfers a quality improvement program designed to improve the identification, evaluation, and communication about changes in resident status in nursing facilities. INTERACT® was first designed in a project supported by the Centers for Medicare and Medicaid Services (CMS).
- c. The INTERACT® 4.0 Tools will improve the quality of life and quality of care for Virginia's skilled nursing facility individuals by providing strategies, care processes, tools, and other resources to improve the delivery of high quality of care and preventing unnecessary hospital transfers and rehospitalizations.

Funded Entity(ies):

Virginia Health Care Association-Virginia Center for Assisted Living (VHCA-VCAL)

Results of the Project:

Results pending.

Project Title: Virginia Wound Care Excellence Program for Certified Nursing Facilities

Unique Identifier: VA-0519-VOH-294
Project Duration: 7/1/2019 to 6/30/2020

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Total Amount of CMP Funds Approved for this Project: \$90,889

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$45,444

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of the project is to educate and certify 150 nurses in the critical area of wound care in order to close the knowledge gap in the care of chronic wounds and to help address the high prevalence and expense of chronic wounds in skilled nursing facilities.
- b. Learning materials designed and written by experienced wound care physicians will be made available to 150 eligible scholarship recipients via a dedicated website established specifically for Virginia. The educational materials are comprised of eleven courses, downloadable study guides, a certifying final exam, and for those who complete, continuing education credits with the certification of completion. Nurses must complete the course within 60 days of registering or risk forfeiting the access to the course and certification.
- c. Residents at facilities where nurses receive the Vohra Wound Care Certificate will receive better care both in treatment and prevention of pressure wounds and wound related conditions. An investment in the

Virginia

education of staff should result in better care as well as reduced turnover. A demonstrated commitment to specific, identified, and recognized medical staff should help not only with retention but also to promotion of key nurses. Turnover in nursing facility staff exceeds 50% across the United States. Maintaining some consistency and reducing turnover works together to create continuity of care and greater patient satisfaction.

Funded Entity(ies):

Vohra Wound Physicians of FL, LLC

Results of the Project:

Results pending.

Project Title: Peer Mentoring Program at Westbury Canterbury of Lynchburg (WCL)

Unique Identifier: VA-0519-WCL-296
Project Duration: 7/1/2019 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$229,680

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$14,100

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. WLC seeks to advance its Person Directed Living (PDL) culture integration by establishing a Peer Mentoring Program. These peer mentors will advance the training and integration of new and existing direct care partners certified nursing assistants (CNAs) into its household model of service delivery.
- b. Through collaboration with PHI National, the Program Manager will research and develop the criteria needed to create the Peer Mentor Program and the Household Orientation Program. These curriculums will provide mentors the resources needed to train, guide, coach, and be a resource to CNAs within the household, utilizing person directed practices. Implementation of these programs consists of program management, an advisory committee, a planning phase, an implementation phase, and a final report.
- c. Creation of the Peer Mentoring Program and Household Orientation training material will provide WCL with tested tools to engage existing and new care partners more directly with PDL principles, leading to a more skilled workforce and improved engagement with residents. The core aspects of the program can be modeled to other WCL departments and duplicated/ tailored as a model for other long-term care facilities.

Funded Entity(ies):

Westminster Canterbury Lynchburg, Inc.

Results of the Project:

West Virginia

WV CMP Funds Expended for Administrative Uses in CY 2019: \$0 WV CMP Funds Expended for Emergency Uses in CY 2019: \$0

WV Active CMP Funded Projects in CY 2019: 2

Project Title: Geri Olympics on the Move

Unique Identifier: WV-0919-IGO-411

Project Duration: 7/1/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$58,831

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$22,114

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to replicate activities used in Geri Olympic programs (adapted and therapeutic sports) and take them to rural certified nursing homes to improve quality of life for residents. Geri Olympics staff will train facility staff members in ten nursing facilities as well as outside volunteers in the state to implement the program. Facility residents will experience increased activity, increased social engagement, greater satisfaction with life, and increased alertness.

In addition to the benefits residents will experience, this program will also increase the volunteer base from the community in support of the nursing facility.

Funded Entity(ies):

Institute for Geri Olympics/Step by Step Inc.

Results of the Project:

West Virginia

Project Title: Resident Directed and Trauma Informed Care Program

Unique Identifier: WV-0518-LAWV-044

Project Duration: 1/1/2019 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$65,985

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$28,624

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide nursing homes with the tools needed to go beyond federal minimum compliance in providing support/enhancing knowledge and awareness of care delivery system, autonomy, and satisfaction. Ombudsman staff, facility staff, residents, and family members of residents will be trained on Resident Directed and Trauma Informed Care. This will empower nursing home residents to be more meaningful participants in determining their own care and the quality of life they experience in their nursing home. It will also help staff recognize the importance of how past traumatic episodes in a person's life can continue to influence current behaviors and to establish ways to minimize re-occurrence of those behaviors. Additional target audiences are nursing home staff and family members of nursing home residents.

Funded Entity(ies):

Legal Aid of West Virginia Regional Long-Term Care Ombudsman Program

Results of the Project:

Alabama

AL CMP Funds Expended for Administrative Uses in CY 2019: \$0 AL CMP Funds Expended for Emergency Uses in CY 2019: \$0

AL Active CMP Funded Projects in CY 2019: 4

Project Title: Music & Memory and Art Therapy Program

Unique Identifier: 2018-AL-005

Project Duration: 8/3/2016 to 8/2/2019

Total Amount of CMP Funds Approved for this Project: \$1,500,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$617,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To develop and implement a Music & Memory Program and Art Therapy Program for 32 certified Alabama nursing homes. Reduce symptoms of anxiety and depression; reduce agitation; improve communication; foster self-expression, enhance coping skills and stimulate positive interactions with staff and family.

Funded Entity(ies):

Ms. Gayle Boswell, Alzheimer's Education, Resources & Services, Inc.

Results of the Project:

This program benefited more than 1,300 Nursing Home residents. The program met the goals of improving quality of life, reducing behavioral issues, improving socialization and sense of worth, and in some cases, reducing use of psychotic drugs. Only one facility will not continue either program—Diversicare of Montgomery. Seven facilities will continue either the music or art program, while 30 facilities will continue both.

Project Title: Brushing Away Infections

Unique Identifier: 2018-AL-006

Project Duration: 6/1/2018 to 5/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,744,332

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$403,435

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide didactic and one-to-one, real-time clinical coaching to a minimum of 90% of certified nursing assistants (CNA) and licensed nurses. We are striving for 100% saturation, including new hires.

Alabama

Improve the overall oral health of all long-term care facility residents. Reduce pneumonia and other respiratory infections.

Integrate best mouth care practices into each facility's organizational structure and implement culture change.

Funded Entity(ies):

Rita Jablonski, PhD, CRNP, FAAN, FGSA UAB

School of Nursing; The University of Alabama at Birmingham

Results of the Project:

Provide didactic and one-to-one real time clinical coaching to a minimum of 90% of CNA and license nurses in participating facilities. Implement a comprehensive "Improving Mouth Care" in each facility. Teach staff how to reduce care resistant behaviors during oral care. Track, monitor, and reduce the incident of pneumonia and other respiratory infections.

Project Title: Engaged & In Touch / It's Never 2 Late (iN2L)

Unique Identifier: 2018-AL-007

Project Duration: 6/1/2018 to 5/31/2021

Total Amount of CMP Funds Approved for this Project: \$345,490

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$76,887

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

By encouraging residents participation in person-centered, supportive and motivational engagement with the iN2L technology, the goal is to reduce falls by at least 25% over a three-year period, while improving the quality of life for our residents.

Funded Entity(ies):

Sheila Parker, Registered Nurse Director of Clinical & Education Services USA Healthcare-AL, LLC

Results of the Project:

The original goal of the application was to reduce the incidents of falls by 10% in the first year, 20% in the second year, and 25% in the third year. Reviewing the data from last quarter of 2018 and 2019, there was a 22% decrease in falls. Final results pending.

Alabama

Project Title: Dementia Training

Unique Identifier: AL-0419-AERS-279/2019-04-AL-0417

Project Duration: 7/1/2019 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,480,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$485,550

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of the project is to improve the quality of care for nursing home residents through extensive staff training, focusing primarily on dementia education. The training will be provided by two means: (1) AERS will conduct a one-day statewide dementia conference each year with presentations by nationally renowned specialists in dementia, 2) AERS will conduct on-site staff training for at least fifty nursing homes and through a partnership with the National Institute for Dementia Education (NIDE), will make available national certification at four levels. Level I training will be mandatory for all caregiving staff and will be added to the initial required orientation for new hires before they are allowed to provide resident care. Subsequently, the trained Dementia Educators at each nursing home will continue training the staff in their respective facilities after the grant ends.

Funded Entity(ies):

Alzheimer's, Education, Resources & Services (AERS)

Results of the Project:

Training provided to date includes: Level I for 593 staff in thirteen facilities, Level II for 260 staff in five facilities, Level III for 47 staff in five facilities, and Level IV for 33 staff in five facilities. The one challenge thus far has been nursing homes trying to fit this training into their already full schedule. To address this challenge, AERS has conducted two day sessions. Final results pending.

Florida

FL CMP Funds Expended for Administrative Uses in CY 2019: \$73,506

FL CMP Funds Expended for Emergency Uses in CY 2019: \$0

FL Active CMP Funded Projects in CY 2019: 5

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2018-FL-011

Project Duration: 10/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$119,255

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$13,799

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to educate residents, their families and nursing home staff about best practices in reducing avoidable hospitalizations.
- b. Florida Atlantic University will disseminate the Go to the Hospital or Stay Here guide (the "Guide") as a tool to educate on the risks and benefits of hospitalization. The University will also conduct workshops in the participating states to provide training on the use of the Guide.
- c. The Guide and associated trainings will help residents and their families make better choices on the need for hospitalization.
- d. Nursing homes, Quality Improvement Organizations, Long-Term Care Ombudsman, and State Surveyors across state of Florida.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Long-Term Care Quality Improvement Initiative Using Clinical Practice Guidelines

Unique Identifier: 2018-FL-010

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$482,753

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$90,765

Florida

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to develop a website and provide access to American Medical Directors Association's Clinical Practice Guidelines (CPGs) and provide continuing education credits for nurses, social workers and dieticians/nutritionists.
- b. The project will provide access to twenty CPGs and continuing education opportunities based on those CPGs.
- c. Professional and direct care staff will benefit by increasing their knowledge and skills in the delivery of health care of long-term care residents, thus improving the quality of care of nursing home residents.
- d. Nursing homes, Quality Improvement Organizations, Long-Term Care Ombudsman, and State Surveyors across state of Florida.

Funded Entity(ies):

University of Louisville Research Foundation, Inc.

Results of the Project:

Results pending.

Project Title: The Electrotherapy System Project

Unique Identifier: FL-1218-WO-190/2018-04-FL-1108

Project Duration: 4/1/2019 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$5,019

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$5,019

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of the project is to improve resident's overall quality of life by minimizing the pain through the non-pharmacological method of electrotherapy. Although pain is difficult to measure, the project proposes the usage of the Panacea Vectra Genesis system to determine the effectiveness of the project. The system will provide electrotherapy, ultrasound, laser, and sEMG activated muscle stimulation to residents.

Funded Entity(ies):

Whispering Oaks

Results of the Project:

A major success of the project was an indirect increase in functionality from the residents who completed the electrotherapy program. The increase in functionality was due to the increase in therapy that residents can tolerate with the use of electrotherapy. The electrotherapy decreases the pain that residents

Florida

experience for a short period of time. During this short period of decreased pain, the therapists work with the residents doing exercises and assisting them with therapeutic activities, giving them more independence and a higher quality of life.

Project Title: Replacing Alarms and Reducing Falls with Better Practices

Unique Identifier: 2018-04-FL-0619

Project Duration: 4/1/2019 to 3/31/2022

Total Amount of CMP Funds Approved for this Project: \$90,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$16,750

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program will teach and coach nursing home professionals how to replace alarms with better person-centered care practices and, in addition, give teams more promising practices for reducing falls. The program includes participation from 10 nursing homes during year one and 15 homes during years two and three and includes monthly webinars and conference calls.

Funded Entity(ies):

Edu-Catering

Results of the Project:

Results pending.

Project Title: The Florida Wound Care Excellence Program

Unique Identifier: FL-1018-VOHRA-169
Project Duration: 5/1/2019 to 4/30/2020

Total Amount of CMP Funds Approved for this Project: \$175,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$74,372

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide the online Vohra Wound Care Certification Course to 350 eligible nurses through a dedicated website. The curriculum consists of an online educational program comprised of 11 courses, downloadable study guides, course guizzes, and a final exam (must be passed in order to earn the

Florida

certification). Residents, families, and the nursing home staff members will immediately benefit as the comprehensive education leads to improved quality of care.

Funded Entity(ies):

Vohra Wound Physicians

Results of the Project:

Georgia

GA CMP Funds Expended for Administrative Uses in CY 2019: \$0 GA CMP Funds Expended for Emergency Uses in CY 2019: \$1,580

GA Active CMP Funded Projects in CY 2019: 8

Project Title: Long-Term Care Quality Improvement Initiative AMDA Clinical Practice Guidelines and Region IV Website

Unique Identifier: 2015-04-GA-UOL-0303

Project Duration: 3/15/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$251,871

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$48,293

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This multi-state quality improvement initiative is designed to develop a Centers for Medicare & Medicaid Services (CMS) Region IV website over a three-year period. The initiative will be developed at the University of Louisville and provide AMDA's Clinical Practice Guidelines (CPGs) and other resources to certified nursing homes in the six Southeastern states (Alabama, Georgia, Florida, Kentucky, Mississippi and South Carolina). 1,944 certified nursing homes will receive access to the AMDA CPGs in six of the eight states in CMS Region IV through a password-protected website developed and managed by the University of Louisville, Kent School of Social Work. The website will be available exclusively to certified nursing homes (CNH) in the six states and the key stakeholders. The website will contain the availability of all CPGs and other AMDA resources at no charge to direct care CNH staff and health care professionals, thus offering cost- effective staff training resources and leading to improved health care delivery. Finally, a continuing education program offering continuing medical education and continuing education (CME/CEs) for the CPGs to four professions: Medicine, Nursing, Social Work and Nutritionists/ Dieticians will also be available. Nursing home staff, State Survey Agency surveyors, Long-term Care Ombudsman, Region IV Federal Survey staff, and Quality Improvement Organizations.

Funded Entity(ies):

University of Louisville Research Foundation, Inc.

Results of the Project:

All deliverables were met by the end of the grant period of June 30, 2019. The resources were utilized in spite of the shortened access Georgia users were provided. Ongoing access is provided through the end of the last state contract in 2020, including the Continuing Education Program. The challenges of the changing landscape in the long-term care industry were overcome through Help Desk monitoring and follow-up. Website utilization proved useful to users as they tended to use multiple pages once they had accessed to the website. The website was completed and operational by the end of 2017.

Georgia

Website utilization for Georgia during the period of 10/17/2017-06/30/2019: 3,075 pages were viewed by 86 certified nursing homes and 272 users. The top role that used the website the most was the Administrator at 123 views. In sum, the project demonstrated success through the availability and use of a plethora of healthcare resources for long-term care staff.

Project Title: Virtual Dementia Tour (VDT) Comprehensive Education Program

Unique Identifier: 2016-04-GA-0129

Project Duration: 6/10/2016 to 4/14/2019

Total Amount of CMP Funds Approved for this Project: \$2,934,294

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$579.876

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will assist nursing home staff with relating to residents with dementia to improve the overall quality of care for residents. Second Wind Dreams, Inc. will provide hands-on, experiential training through the use of the patented VDT. Helping staff identify with the resident by experiencing facets of the actual disease has been shown to improve quality of care for nursing home residents.

Target audience: Nursing home staff.

Funded Entity(ies):

Second Wind Dreams, Inc.

Results of the Project:

By the conclusion of the project in April of 2019, all deliverables were met. There were 172 nursing facilities that participated in the project. The certified trainers completed 172 first site visit trainings and 166 second site visits. Six nursing homes did not receive second site visits or complete the program due to non-compliance with program requirements and/or failure to schedule or respond to scheduling requests from Second Wind Dreams (SWD). Despite the challenges/lessons learned, the project proved to be successful, delivering all expected objectives with a budget savings of approximate \$1,287,383.

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2016-04-GA-FAU-0426 Project Duration: 10/1/2017 to 3/31/2020

Georgia

Total Amount of CMP Funds Approved for this Project: \$115,095

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$86,430

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will assist Region IV states in reducing avoidable hospitalizations. It will educate residents, family members, staff, and community partners about best practices to reduce avoidable hospitalizations. This will improve overall quality of care for residents.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Emergency Preparedness in Georgia Certified Nursing Homes

Unique Identifier: 2017-04-GA-1219

Project Duration: 4/20/2018 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$1,617,094

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$622,561

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will provide caregivers and administrators with critical knowledge, skills and abilities related to disaster and emergency management decision-making and planning in the form of a long-term care emergency preparedness educational program. Three years of emergency preparedness basic and advanced training for an estimated 3,500 nursing home staff, state agency personnel and surveyors. Strengthen existing relationships between the long-term care community and healthcare responders to enhance emergency preparedness efforts and outcomes for nursing residents.

Target audience: Nursing home staff.

Funded Entity(ies):

University of Georgia Research Foundation, Inc.

Results of the Project:

Georgia

Project Title: Rise Up for Person Directed Care

Unique Identifier: 2018-04-GA-0303

Project Duration: 4/27/2018 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$240,687

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,865

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will assist the efforts of Georgia-based nursing homes to send direct care staff to the 2018 Eden Alternative International Conference (http://www.edenalt.org/events-and-offerings/the-eden-alternative-international-conference/) in Atlanta, Georgia and build on their conference experience by attending Certified Eden Associate Training (https://www.edenalt.org/events-and-offerings/educational-offerings/certified-eden-associate-training/).

The project will enable 35-50 Georgia-based nursing homes to each identify two or three employees (one of whom must be a certified nurse assistant) to participate in both the conference and subsequent training. The Eden Associate Training is an in-depth educational exploration of what is required to successfully implement and sustain person-directed care practices. This training will enable nursing home staff to provide person-directed care, which will improve the quality of care and life of nursing home residents.

Target audience: Nursing home staff.

Funded Entity(ies):

The Eden Alternative, Inc.

Results of the Project:

Expected Outcome #1 Results: The total number of project participants that attended the conference was 75. Of that total, 57 individuals completed and submitted the conference evaluation surveys (resulting in a 76% response rate). When responding to the question regarding changes that participants were inspired to make after attending the conference, 53 of the 57 individuals indicated at least one. Thus, 93% of project participants that submitted conference evaluation surveys (53/57) indicated at least one inspired change. Of course, this percentage decreases when including all 75 participants regardless of responding to the survey. In this case, 71% of project attendees that attended the conference, regardless of submitting a conference evaluation survey (53/75), indicated at least one inspired change. Either calculation results in a percentage that substantiates that the results exceeded the expected project outcome of 25%.

Expected Outcome #2 Results: The total number of individuals that attended Certified Eden Associate Training (CEAT) events across sites was 267. Of that total, 237 individuals completed and submitted the training surveys resulting in an 89% response rate for the CEAT evaluation survey. When responding to the question regarding if the training provided information that they needed to help improve quality of life and quality of care for the people they serve, 232 of the 235 respondents that completed the question

Georgia

responded positively with Strongly Agree or Agree responses. Thus, 99% of CEAT attendees that submitted the evaluation survey and completed the question responded positively for this measure. In addition, 87% of CEAT attendees, regardless of submitting a training evaluation survey or blank responses (232/267) responded positively. Either calculation results in a percentage that substantiates that the result exceeded the expected project outcome of 25%.

Expected Outcome #3 Results: The webinar was recorded and is available as a deliverable.

Quantitative and qualitative results were presented and members of the Eden Alternative team, members of the Culture Change Network of Georgia, and project participants corroborated results with discussions of anecdotal project observations and experiences. Hence, this expectation was met.

Project Title: Building Resources for Delivering Person-Centered Care in Georgia

Nursing Homes

Unique Identifier: 2017-04-GA-1128
Project Duration: 5/23/2018 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$1,646,795

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$785,983

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will identify, prioritize, develop, and disseminate resources to improve training to support culture change and person-centered care in Georgia nursing homes.

The goals of this project are: 1) Conduct a three-stage needs assessment; 2) Compile, digest, and disseminate real-time web-based information and develop a newsletter and social media pages for Georgia nursing homes; 3) Engage stakeholders across the state to connect them to the project; and, 4) Develop, test, and launch interactive, competency-based online continuing education training for nursing home staff of all levels.

Educating and providing resources to nursing home staff on person-centered care will improve the overall quality of care and life for nursing home residents.

Target audience: Nursing home staff.

Funded Entity(ies):

Georgia State University

Results of the Project:

Georgia

Project Title: Emory Antibiotic Stewardship to Improve Long-Term Care Lives

Unique Identifier: 2018-04-GA-0302

Project Duration: 6/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$98,437

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$58,601

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to reduce the incidence of adverse effects of unnecessary antibiotic use in long-term care facility residents through antimicrobial stewardship enhancements. The project goals are to: 1) Create a platform for enhancing nursing facility stewardship programs by incorporating enhanced microbiology data and assessment processes; and 2) Reduce facility specific rates of C. difficile infection by improving appropriate antibiotic prescribing for urinary tract infections. The impact of the project will be measured by assessing the data obtained through Emory's affiliated surveillance programs tracking antibiotic resistant infection in the Atlanta metropolitan area.

Funded Entity(ies):

Emory University

Results of the Project:

Results pending.

Project Title: Skilled Nursing Facility Infection Control Certification

Unique Identifier: GA-0618-GHCA-071/2018-04-GA-0604

Project Duration: 12/15/2018 to 12/14/2020

Total Amount of CMP Funds Approved for this Project: \$53,344

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,735

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will offer an evidence-based infection control certification program to at least one clinician in each nursing home in Georgia to improve infection prevention and control efforts and to improve quality of care and quality of life for residents.

Funded Entity(ies):

Georgia Health Care Association

Results of the Project:

Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2019: \$104,308

KY CMP Funds Expended for Emergency Uses in CY 2019: \$0

KY Active CMP Funded Projects in CY 2019: 18

Project Title: The Society for Post-Acute Medicine and Long-Term Care Medicine (AMDA) Clinical Practice Guidelines (CPGs)

Unique Identifier: 2015-04-KY-UOL-0303

Project Duration: 7/1/2016 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$201,113

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$29,691

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Develop a Centers for Medicare and Medicaid Services Region IV regional website and provide CPGs and other resources developed by American Medical Directors Association to certified nursing homes across six Region IV states (Kentucky, Alabama, Georgia, Mississippi, South Carolina and Florida).

Develop a password-protected website for a continuing education program, including examinations for up to six of the 21 CPGs per year for continuing education examinations and provide Continuing Education Units (CEUs) to health care professionals from four disciplines, which include: Medicine, Nursing, Social Work and Dietitians. This will improve the quality of care for nursing home residents.

Funded Entity(ies):

University of Louisville Research Foundation

Results of the Project:

Password-protected website has been operational since October 2018. Resources include: Clinical Practice Guidelines, Know-It-All™ Data Collection Series, Implementation Guides and Continuing Education Credits. Region IV states (Alabama, Georgia, Kentucky, South Carolina, and Florida) participated in this project.

Project Title: Living Intently and Fully Engaged (LIFE) Project—It's Never 2 Late (iN2L)

Unique Identifier: 2016-04-KY-1216

Project Duration: 3/15/2017 to 3/14/2020

Total Amount of CMP Funds Approved for this Project: \$49,051

Kentucky

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,128

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to increase recreational and rehabilitation activities for 64 skilled nursing residents. The project will achieve increasing social engagement in recreational and rehabilitation activities. This project will also increase resident engagement with family members via the computer-based programs. This project will benefit nursing home residents by offering more innovative recreational and rehabilitation activities. Family members also benefit from this project by being able to communicate with family members in the nursing home.

Funded Entity(ies):

Wesley Manor Retirement Community, Inc.

Results of the Project:

Results pending.

Project Title: "Fulfilling Residents Interest and Encouraging New Discoveries (FRIEND)" It's Never 2 Late (iN2L)

Unique Identifier: 2016-04-KY-1217

Project Duration: 3/15/2017 to 3/14/2020

Total Amount of CMP Funds Approved for this Project: \$46,485

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$6,799

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to increase recreational and rehabilitation activities for 52 residents using three Mobile Flex units from iN2L. This project will achieve increasing engagement and staying connected with family using the computer-based experiences and life enrichment activities of this program. This project will benefit nursing home residents by increasing social engagement and activities. Family members can also benefit from this project by being able to communicate with their loved one in the nursing home using the iN2L technology.

Funded Entity(ies):

Mountain Manor of Paintsville

Results of the Project:

Kentucky

Project Title: "Inspired Living" Project It's Never 2 late (iN2L)

Unique Identifier: 2016-04-KY-1202 Project Duration: 3/15/2017 to 3/14/2020

Total Amount of CMP Funds Approved for this Project: \$299,727

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$30,510

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to implement the iN2L technology to reduce falls, improve balance and gait, increase flexibility and increase upper body, lower body, and core strength for approximately 1350 residents. The project will achieve a non-pharmacological approach to decreasing falls in 1350 residents with a BIMS score of seven or less. The project will benefit nursing home (NH) residents by reducing falls and increasing core strength. This project will also target NH staff by helping reduce falls and implement technology as a falls intervention tool.

Funded Entity(ies):

Trilogy Health Services

Results of the Project:

Results pending.

Project Title: Florida Atlantic University (FAU): Reducing Avoidable Hospitalizations

Unique Identifier: 2016-04-KY-FAU-0426 Project Duration: 4/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$61,729

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to reduce avoidable hospitalizations in Region 4 States. This project will produce an updated decision guide for staff, family and residents to determine "Go to the Hospital or Stay here?" FAU will also report to CMS decision guide feedback. This project benefits NH residents because it educates them, family and staff on avoidable hospitalizations. The target population beyond the nursing home residents is nursing home resident staff and resident family members.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Kentucky

Project Title: Bingocize

Unique Identifier: 2016-04- KY-1205

Project Duration: 4/15/2017 to 5/31/2020

Total Amount of CMP Funds Approved for this Project: \$772,730

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide Bingocize: An evidence-based health promotion program to improve the quality of life of Kentucky Certified Nursing Facility (CNF) residents. The goal for this project is to implement Bingocize in 20 CNFs in Kentucky by facilitating partnerships between seven universities and CNF staff. This project is set to benefit at least 1,000 residents. The Bingocize program benefits residents by combining aerobic exercises with a fun interactive and familiar game of Bingo. This project also benefits the university students and CNF staff by working with residents on this project.

Funded Entity(ies):

Western Kentucky University Research Foundation, Inc.

Results of the Project:

Results pending.

Project Title: Emergency Preparedness for Certified Nursing Homes in Kentucky

Unique Identifier: 2017-04-KY-0808

Project Duration: 11/1/2017 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,006,299

Total Amount of CMP Funds Expended During CY 2019 for this Project: N/A

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will provide emergency preparedness training over three years. It will provide basic and advanced training on emergency preparedness, improving the quality of care and quality of life of residents through improved safety before, during, and after emergencies and catastrophic disasters. This will provide higher quality of care for nursing home residents during emergency situations.

Funded Entity(ies):

University of Louisville Foundation

Results of the Project:

Kentucky

Project Title: LTC2Prepare

Unique Identifier: 2017-04-KY-0808

Project Duration: 11/1/2017 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,006,299

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$592,422

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to undertake a three-year training effort with all Kentucky Certified Nursing Facilities (CNF), State Survey Agency (SSA), the Quality Improvement Organization (QIO), KY Long-Term Care Ombudsman Program and stakeholders to bring participating organizations in compliance with the new CMS Final Rule for Emergency Preparedness.
- b. The objectives of this project are: 1) Create a CNF Preparedness Advisory Group (PAG) of CNF key stakeholders; 2) Provide a three-year preparedness training initiative for an estimated 4,350 CNF management and staff; 3) Increase knowledge of state, regional and individual facility hazards as well as mitigation strategies to enhance the quality of facility planning for optimal response in an emergency; 4) Provide structural mitigation resources and non-structural mitigation resources for catastrophic emergencies with application to most natural hazards; 5) Develop a KY CNF password-protected website similar to the CMS Region IV Quality Improvement Initiative to provide access to all training materials, resources, tools developed through this proposal; and 6) Develop an easy to use smartphone application to report bed availability during emergencies responding to preferred nursing facility communication methods, e.g., mail, text, and telephone response.
- c. This project will benefit the nursing home resident by improving the quality of care/quality of life through improved safety before, during, and after emergencies and catastrophic disasters.
- d. Target audience beyond the CNF resident is the staff, SSA, QIO, and KY LTC Ombudsman Program.

Funded Entity(ies):

University of Louisville Research Foundation

Results of the Project:

Results pending.

Project Title: "I Won't Grow Up"—TimeSlips and Signature HealthCARE

Unique Identifier: 2017-04-KY-0918

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$766,098

Kentucky

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$373,443

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve well-being of residents by building social connections through meaningful, creative engagement activities that culminate in a high-quality arts event to be held at three of the 25 participating certified nurse facilities (CNFs). The objectives of the project are: 1) train all staff in basic creative engagement techniques that can be incorporated into one-on-one care planning and group activities; and 2) train staff to meaningfully engage their larger communities; and 3) guide staff through the creation of three community-building arts events.

This project meets the need for meaningful, person-centered activities and improved well-being for CNF residents. The target audience beyond the residents includes the CNF staff, resident families, and community volunteers/artists that participate in the community events.

Funded Entity(ies):

Timeslips Creative Storytelling, Inc.

Results of the Project:

Results pending.

Project Title: Resident Engagement and Activity Program (REAP)—It's Never 2 Late (iN2L)

Unique Identifier: 2018-04-KY-0615

Project Duration: 10/1/2018 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$53,487

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$32,899

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to implement the iN2L technology to provide a non-pharmacological solution to behavior side effects associated with dementia to 20 residents who are given anti-anxiety medications. The goal of this project is to provide a non-pharmacological alternative to behavior management due to side effects of dementia in the selected residents. This project will benefit the nursing home (NH) resident by giving an alternative intervention to medication for anxiety inducing situations. The target audience beyond the NH resident is the certified nursing facility staff because they have an alternative intervention to use instead of medication.

Funded Entity(ies):

Mckenzie Healthcare

Results of the Project:

Kentucky

Project Title: "Enhanced Life" Project—It's Never 2 Late (iN2L)

Unique Identifier: 2018-04-KY-0613

Project Duration: 10/1/2018 to 10/1/2021

Total Amount of CMP Funds Approved for this Project: \$109,944

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$107,154

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve the quality of life for residents at two Christian Care Communities facilities in Kentucky. To implement the iN2L to increase and improve communication between residents, families, friends and the community at large; integrate engagement technology into the rehabilitation program and utilize youth program participants as volunteers to create intergenerational learning opportunities during recreational activities. The project will achieve both homes creating 100 individual "My Page" documents, 100 "My Story" digital biographies; schedule a minimum of four to ten skype interactions per week and increase participation in group activities by 50% and individual activities by 70%. This project will benefit nursing home (NH) residents by improving the activities participation, including intergenerational aspects, and increase social engagement through technology. Beyond the NH resident this project will benefit the NH staff using this technology and the community at large engaging with the NH residents.

Funded Entity(ies):

Christian Care Communities, Inc.

Results of the Project:

Results pending.

Project Title: Minimum Data Set (MDS) 3.0 Coding and Interpretation Basics Training

Unique Identifier: 2018-04-KY-1008

Project Duration: 11/26/2018 to 1/17/2019

Total Amount of CMP Funds Approved for this Project: \$12,736

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$12,736

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide joint education and training. MDS 3.0 Coding and Interpretation Basics Training to providers, MDS coordinators and Long Term Care surveyors. Training will enhance quality of care and quality of life of certified nursing homes, providers, coordinators and surveyors.

Kentucky

Funded Entity(ies):

Four Points Sheraton Lexington

Results of the Project:

Training was held. Over 200 participants attended. Response was very positive.

Project Title: The KEEN-CDC Project: The Kentucky Enduring, Education and CareNetwork for Collaborative Dementia Care

Unique Identifier: 2018-04-KY-0329

Project Duration: 12/15/2018 to 11/30/2021

Total Amount of CMP Funds Approved for this Project: \$279,665

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$68,681

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve quality of care provided to Kentucky residents through the development of educational programming targeting healthcare admins, physicians, medical directors, advanced practice nurse practitioners, physician assistants, nurses, social workers, surveyors, ombudsman's and QIO staff. This project will provide quality trainings through the Telecare Network, CECentral, and the University of Kentucky College of Nursing. The educational sessions will remain on CECentral past the three-year grant period as long as the training is relevant. This project will benefit nursing home (NH) residents by increasing the quality of care for the NH residents by providing quality training for the staff associated with the care of residents.

Funded Entity(ies):

University of Kentucky Research Foundation

Results of the Project:

Results pending.

Project Title: New Jersey Hospital Association (NJHA) Pocket Guide to Pressure Ulcers

Unique Identifier: KY-0918-NJHA-148/2018-04-KY-0918B

Project Duration: 4/1/2019 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$44,260

Kentucky

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$44,260

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to implement the program titled "Pocket Guide to Pressure Ulcers." This project aims to widely distribute a best practice guide for preventing pressure ulcers in nursing homes: leading to improved preventative care through the accurate identification and documentation of pressure ulcers. Additionally, these guides will increase awareness of other skin conditions that may occur in nursing homes. This directly benefits nursing home residents by increasing knowledge and understanding around pressure ulcers and other skin conditions in the certified nursing facility (CNF). Beyond the nursing home resident this project benefits the CNF staff.

Funded Entity(ies):

NJHA Healthcare Business Solutions

Results of the Project:

2,900 Pocket Guides (to Pressure Ulcers) were printed and distributed to CNFs. 2,500 USB Drives containing slide decks were distributed to CNFs.

Project Title: Connected Affirmation Program

Unique Identifier: KY-0918-NHNHCC-143/2018-04-KY-0918

Project Duration: 4/1/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$213,664

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$93,076

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to integrate It's Never 2 Late (iN2L) technology into the palliative care program for residents through the Connected Affirmation Program (CAP). This project will provide legacy keepsakes for families, increase education and foster communication about palliative care with residents, their families and staff, and affirm the life of the elder through the use of their life-story through iN2L technology. The benefit of the program to the nursing home (NH) resident is that the resident gets to be comforted through the palliative care process with reliving stories from their lives to share in the legacy. The target audience beyond the NH resident is the family and the staff connected to the resident in palliative care. The project opens up communication, interactions and education about palliative care.

Funded Entity(ies):

Nazareth Home, Inc.

Results of the Project:

Kentucky

Project Title: Resident Rights Consumer Education Project

Unique Identifier: 2018-04-KY-0918D Project Duration: 4/1/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$18,741

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to create written material from consumers of certified nursing facilities (CNFs) in Kentucky. The material will be in the form of a booklet focused on residents' rights and regulation review. The project is to provide residents with access to information about their rights and modern standards of care. This project will benefit nursing home (NH) residents by allowing them easier access to their resident rights and care information to make informed decisions. Beyond the NH resident this project helps family members of the residents, resident and family councils and NH staff have easier access to information in a small booklet format.

Funded Entity(ies):

Nursing Home Ombudsman Agency of the Bluegrass, Inc.

Results of the Project:

Results pending.

Project Title: Minimum Data Set (MDS) PDPM Training

Unique Identifier: KY-0419-DHC-284/2019-04-KY-0419

Project Duration: 6/27/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,400

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,400

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to pay for the meeting room at University of Louisville (UL) Shelby Hurst campus to conduct the annual Minimum Data Set (MDS) training on Sept 25-26, 2019. This project will achieve providing a meeting place for the 2019 MDS training for 175 participants.

This benefits nursing home (NH) residents by providing MDS training to provide accurate and complete assements which are the foundation of resident care. Successful and accurate coding of the MDS assists direct care staff with development of a resident centered plan of care, and mitigates excessive charges,

Kentucky

fraud, waste and abuse of Medicare funds. Beyond NH residents this benefits certified nursing facility staff and long term care surveyors.

Funded Entity(ies):

UL School of Medicine

Results of the Project:

Results pending.

Project Title: Pioneer Network

Unique Identifier: 2019-04-KY-0212

Project Duration: 7/1/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$396,312

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$134,841

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this conference is to provide the Kentucky (KY) certified nursing home staff, residents and family members, Kentucky Office of the Inspector General (OIG), Long Term Care (LTC) surveyors, KY Quality Improvement Organizations (QIO) and LTC Ombudsman an opportunity to observe caring, thoughtful interactions, to hear new culture language, to learn new concepts and skills to apply the principles and values of culture change and be a part of problem solving with person-centered approaches, all of which benefit nursing home (NH) residents through the implementation of these practices. This grant will provide Pioneering a New Culture of Aging Annual Conference from August 4-7, 2019 for five KY OIG central office staff, 30 KY LTC surveyors, 50 LTC ombudsman staff, 300 certified nursing home (CNH) staff, 75 family members, 75 residents and four KY QIO staff. Will conduct the registration process and provide continuing education for participants. This project will benefit the CNH residents by providing training opportunities for the participants of the conference. Beyond CNH residents this project targets all above listed participants.

Funded Entity(ies):

Pioneer Network in Culture Change

Results of the Project:

The funds were available for 539 people to attend the conference and included the payment of CEUs. A total of 186 people took advantage of the conference, 83 of which requested CEUs. Surveys were sent out on August 9, 2019 and October 10, 2019.

Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2019: \$0 MS CMP Funds Expended for Emergency Uses in CY 2019: \$0

MS Active CMP Funded Projects in CY 2019: 6

Project Title: Diving Deeper on a Cultural Change Journey

Unique Identifier: 2018-MS-016/2016-04-MS-1214

Project Duration: 3/15/2017 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$87,779

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,879

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Methodist Senior Services (MSS) requested Civil Money Penalty funds to implement the "Diving Deeper on a Cultural Change Journey" for four facilities. The project focuses on the culture change of dementia care and training on the latest techniques. It includes collaborative efforts of the facility staff, communities, and families of the elders. Onsite visits made 8/3/17-8/14/17.

Funded Entity(ies):

Methodist Senior Services

Results of the Project:

The awardee provided calculations of their measurable goals. They also provided data from their Holleran Engagement Surveys to demonstrate the levels of engagement of their elders and team. It was reported that the grant was an awakening in their organization that has led to much deeper interaction with their staff and has launched an internal Leadership Academy modeled after Leading Age's Leadership Academy.

Project Title: Reducing Avoidable Hospitalization Across the Continuum of Care

Unique Identifier: 2018-MS-018

Project Duration: 7/19/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$86,715

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$51,163

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Florida Atlantic University requested Civil Money Penalty funds to implement "Reducing Avoidable Hospitalization Across the Continuum of Care" in Region IV and provide training in eight states. This project

Mississippi

plans to educate residents, family members, staff, and community partners on best practices in reducing avoidable hospitalizations. Onsite visit conducted 06/20/18.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: The Bedford Cares: It's Never 2 Late (iN2L) Project

Unique Identifier: 2018-04-MS-0425

Project Duration: 10/16/2018 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$304,784

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$185,544

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Hattiesburg Medical Park (HMP) Management Corporation requested Civil Money Penalty funds to implement "The Bedford Cares: iN2L Project" in eight nursing homes, with a combined total of 700 residents. The goals are to increase resident engagement, reduce the potential for falls, and increase staff focus on resident-centered care.

Funded Entity(ies):

HMP Management Corporation

Results of the Project:

Results pending.

Project Title: Adding Life to Living, While Living in an Environment Reminiscent of Home

Unique Identifier: MS-0518-JNH-040/2018-04-MS-0426

Project Duration: 10/16/2018 to 9/16/2021

Total Amount of CMP Funds Approved for this Project: \$76,273

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$50,155

Mississippi

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Jaquith Nursing Home, requested Civil Money Penalty funds to implement Adding Life to Living, While Living in an Environment Reminiscent of Home project.

The purpose of the project is to enhance the residents' common spaces and introduce It's Never 2 Late - Dignity Through Technology. This will help enrich the interactions between residents, staff, and families resulting in improving the quality of life for all residents. Jefferson Inn believes this project will reduce the number of behavior incidents and decrease loneliness and depression. Onsite visit conducted 11/21/19.

Funded Entity(ies):

Jaquith Nursing Home- Jefferson Inn

Results of the Project:

Results pending.

Project Title: Combined Community Technology Program (CCTP)

Unique Identifier: 2018-04-MS-1009

Project Duration: 2/27/2019 to 1/31/2022

Total Amount of CMP Funds Approved for this Project: \$400,960

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$275,002

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

By using the It's Never 2 Late (iN2L) system as a tool to engage residents, the Mississippi Care Centers will provide access to person-centered recreational and leisure activities and to community applications that will connect residents with their families, friends, and the community at large. Onsite visit conducted 9/11/2019.

Funded Entity(ies):

Washington County LTC, INC. d/b/a/ Mississippi Care Center of Greenville

Results of the Project:

Mississippi

Project Title: Virtual Dementia Tour Comprehensive Experiential Education Program

Unique Identifier: MS-0319-SWD-262/2019-04-MS-0313

Project Duration: 10/1/2019 to 9/30/2021

Total Amount of CMP Funds Approved for this Project: \$970,890

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$22,660

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant seeks to implement the Virtual Dementia Tour Comprehensive Experiential Education program to 125 skilled nursing homes across Mississippi. The program is intended to improve resident care through evidence-based training that has been studied and peer-reviewed by universities, long-term care entities, and practitioners across cultures and socio- economic strata. Additionally, staff will be assessed during care to determine their competency in providing person-centered care to residents with dementia: providing a much needed, evidence-based and quantifiable assessment. Onsite visit conducted 01/08/20.

Funded Entity(ies):

Second Wind Dreams

Results of the Project:

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2019: \$0 NC CMP Funds Expended for Emergency Uses in CY 2019: \$0

NC Active CMP Funded Projects in CY 2019: 17

Project Title: Reducing Avoidable Hospitalizations

Unique Identifier: 2018-NC-019

Project Duration: 10/1/2017 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$109,887

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$26,705

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Florida Atlantic University is to assist Centers for Medicare & Medicaid Services (CMS) Region IV with reducing avoidable hospitalizations and educate residents, family members, staff and community partners on best practices in reducing avoidable hospitalizations.
- b. Development of videos, power point presentation for the workshops, edited guides and trifold for dissemination to nursing homes within CMS Region IV.
- c. Reduce cost to the system; better prepare residents and family members to make an informed decision should an acute change in condition occur.
- d. Staff, caregivers, Long-Term Care Ombudsman, and state surveyors.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

148 Nursing Homes reported on the Guide's impact to reducing avoidable transfers and readmissions. 67% have stated they are using the Guide. Facilities that use both Interact & The Decision Guide report increased reduction in family insisted transfers.

Project Title: North Carolina Culture Change Coalition Enhancement Grant

Unique Identifier: 2018-NC-020

Project Duration: 1/1/2018 to 12/31/2018

Total Amount of CMP Funds Approved for this Project: \$27,461

North Carolina

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$20,956

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve resident dining experience by instituting physical changes in all three dining areas and offering more choice in the type and amount of food.
- b. Minimize unintended weight loss by 5%; increase overall food satisfaction to 85%; increase overall satisfaction with the facility.
- c. Enable residents to view and select meals of their choosing; allow residents to receive multiple servings without having to wait on delivery from main kitchen; food is fresh, warm and delivered straightaway; give residents the control in meal service that they would have at home.

Funded Entity(ies):

Countryside Manor, Inc.

Results of the Project:

Food is now prepared in the main kitchen and then brought to the main dining room to be served from the steam table. New furniture, décor, curtains, and dishware have given the dining areas a refreshing and updated feel.

Project Title: Virtual Dementia Tour

Unique Identifier: 2018-NC-021

Project Duration: 3/19/2018 to 3/18/2020

Total Amount of CMP Funds Approved for this Project: \$1,479,261

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$818,091

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Second Wind Dreams will provide the patented Virtual Dementia Tour (VDT) to skilled nursing homes throughout North Carolina to provide hands-on training and help staff develop a personal view of what dementia may be like.
- b. Dementia Aware Competency Evaluation (DACE); Assessment Set Two (pre/post VDT staff survey and observations during the VDT); Assessment Set Three (post VDT experience).
- c. Empathetic, sensitive treatment of dementia residents by staff members.
- d. Staff, caregivers, Long-Term Care Ombudsman, and state surveyors.

North Carolina

Funded Entity(ies):

Second Wind Dreams, Inc.

Results of the Project:

Results pending.

Project Title: Activities Diversity

Unique Identifier: 2018-NC-023

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$14,834

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$10,634

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide a greater variety of activities with a focus on both individual and group activities to increase participation and overall improvement in resident satisfaction.
- b. Increase activity participation of those residents who do not regularly attend activities by 20% within a year; increase overall satisfaction of the activity program by 90% within a year.
- c. Improve motor skills, hand and eye coordination and problem solving; promote restfulness; enhance individualized, personalized activities for residents; strengthen the activity department, improve quality of life for residents; and improve caregiver satisfaction.

Funded Entity(ies):

Maggie Valley Operations, LLC d/b/a Maggie Valley Nursing and Rehabilitation Center

Results of the Project:

Residents are more vested in activity program. Resident satisfaction with facility has increased. Residents continue to enjoy the individual games and are participating more in group and individual activities.

Project Title: EngAGE Together Project

Unique Identifier: 2018-NC-025

Project Duration: 7/15/2018 to 7/14/2020

Total Amount of CMP Funds Approved for this Project: \$22,003

North Carolina

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$8,740

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Weekly interaction of intergenerational programming through a partnership with St. John's Child Development Center to share in activities between residents and children from 6 weeks to 12 years old.
- b. Increase activity participation of residents by 10% each year; increase resident, family and staff satisfaction by 10% each year.
- c. Encourage relationship building and collaboration between different generations; improve quality of life for residents.
- d. Community.

Funded Entity(ies):

Lutheran Home at Trinity Oaks, Inc.

Results of the Project:

Results pending.

Project Title: The Inspirational Garden

Unique Identifier: NC-0518-WPNRC-041/2018-04-NC-0502

Project Duration: 8/1/2018 to 5/31/2020

Total Amount of CMP Funds Approved for this Project: \$35,652

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$35,620

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Expand the outside space to allow for more accessible, comfortable, and sensory stimulating environment.
- b. Increase resident satisfaction; Increase activity participation by 25% per activity; Increase in scheduled outdoor activities by 30%.
- c. Increase residents' independence stimulate their senses and help them connect with nature and others as well.
- d. Staff, families, and volunteers.

Funded Entity(ies):

Whispering Pines Nursing and Rehabilitation Center

Results of the Project:

North Carolina

Project Title: Make It Happen

Unique Identifier: 2018-04-NC-0423B Project Duration: 9/1/2018 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$40,199

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$34,729

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Enrich the activity programming through enhanced technology, provide residents with more opportunities to participate in activity programs and engage them in meaningful activities.
- b. Increase in-room activity participation of residents by 65%. Increase resident, family, and staff satisfaction to 65%.
- c. Improved quality of recreational outlets for residents.
- d. Staff, volunteers, and caregivers.

Funded Entity(ies):

Durham Nursing & Rehabilitation Center

Results of the Project:

More opportunities to participate in activities. Activity records indicate 66% in-room activity participation. Final satisfaction survey indicated 71% satisfaction among residents, staff, and family members.

Project Title: Living the Sweet Life

Unique Identifier: 2018-NC-027

Project Duration: 11/1/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$14,123

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$598

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Hold monthly ice cream socials to increase socialization in facility and improve residents' quality of life.
- b. Increase percentage in satisfaction with resident quality of life; 50% of all residents attend the ice cream socials.
- c. Promote and strengthen the internal community; provoke positive memories associated with childhood, holidays, sunshine, and good times; and provide alternate source of vitamins and energy.

North Carolina

Funded Entity(ies):

Liberty Commons Nursing and Rehabilitation of Matthews, LLC

Results of the Project:

Weekly socials have been held later in the day to accommodate both first / second shift employees. Records indicate steady increase of residents attending the ice cream socials.

Project Title: Heart of Purpose at Eckerd Living Center (HOPE) Initiative

Unique Identifier: 2018-04-NC-0725

Project Duration: 11/1/2018 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$27,948

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$20,648

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide a person-centered experience and enhance the quality of care, reduce falls, see improved mood assessments and behavior of residents through specifically designed one-on-one and group recreational and leisure activities.
- b. Improve resident quality of life by increasing resident satisfaction with facility. 20% less falls over 24 months. 25% reduction in residents with a fall over 24 months. Reduction in the number of residents with signs and symptoms of depression by 3% each quarter.
- c. Promote social interaction among residents and their family members, engage in learning opportunities, and fun customizable intervention for residents.
- d. Physical therapists, speech therapists, and occupational therapists.

Funded Entity(ies):

Eckerd Living Center

Results of the Project:

Results pending.

Project Title: Positive Approach to Care (PAC) Culture Change Training

Unique Identifier: 2018-04-NC-0730

Project Duration: 11/1/2018 to 10/31/2019

North Carolina

Total Amount of CMP Funds Approved for this Project: \$45,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$45,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide caregivers with a better understanding of behaviors related to dementia by learning positive communication and care partnering techniques (Teepa Snow's care philosophy, Positive Approach to Care (PAC)) that will change the way they approach and interact with someone affected with dementia.
- b. Decrease residents' behaviors residing in the Memory Care Unit that either affect themselves or others. Decrease non-purposeful wandering falls of residents diagnosed with dementia related behaviors residing in Memory Care Unit. Decrease in residents use of psychoactive medications in the Memory Support Unit. Improve social interaction with the residents.
- c. Improve residents' day-to-day experiences, quality of life and improved care partnerships.
- d. Family members, direct care staff, and clinicians.

Funded Entity(ies):

Piedmont Crossing

Results of the Project:

- 1) Two certified trainers that are also coaches and an additional 10 certified coaches.
- 2) Residents are calmer, and staff are using PAC with residents that were deemed behavior problems.
- 3) Added more activities that would better engage all residents living with dementia no matter their gem state.
- 4) Reduction in resident falls due to non-purposeful wandering.
- 5) 50% decrease in behaviors affecting self or others.
- 6) Successful in reducing the dosage of psychoactive drug use with some residents.
- 7) Satisfaction surveys indicate residents are much more engaged and satisfied.

Project Title: Disseminating Comfort Matters: A Web-Based Training Toolkit

Unique Identifier: 2018-04-NC-0216

Project Duration: 1/1/2019 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$498,981

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$133,128

North Carolina

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Develop a video and web-based version of Comfort Matters toolkit, evaluate it in four nursing homes and disseminate the toolkit to all 425 North Carolina certified nursing homes.
- b. Discern changes in knowledge and skills for person-centered care planning. Decrease dementia symptoms such as agitation. Increase in medication and non-medication care plans for pain. Decrease in use of antipsychotics and sedative medications. Improve documentation of goals of care related treatment approaches in care plans.
- c. Empathetic, sensitive treatment of dementia residents by staff members.
- d. Staff, caregivers, and volunteers.

Funded Entity(ies):

University of North Carolina, Chapel Hill, Division of Geriatric Medicine

Results of the Project:

Results pending.

Project Title: Compassionate Touch®: A Practical Approach to Ease Behavioral Symptoms and Reduce Anti-psychotics

Unique Identifier: 2018-04-NC-0316

Project Duration: 1/15/2019 to 1/14/2020

Total Amount of CMP Funds Approved for this Project: \$422,900

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$328,115

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Enlist and train 66 North Carolina certified nursing homes, NC State Surveyors, LTC Ombudsman and staff of the North Carolina Quality Improvement Organization on Compassionate Touch (CT) and how to incorporate CT into day-to-day dementia care practices.
- b. Address federal and state initiatives aimed at equipping care-partners with practical tools to help reduce unnecessary use of anti-psychotic medication in dementia care. 95% of CT Coaches will report they have conducted in-house training. 95% of training participants will score 95% or better on training competency tool. 10% decrease in the presence and frequency of physical behavior symptoms directed towards others, verbal behavioral symptoms directed towards others and other behavioral symptoms not directed towards others. 10 % decrease in the presence and frequency of rejection of care (MDS item E0800). Train a

North Carolina

minimum of 50% of NC state surveyors and Ombudsman and 100% of NC Quality Advisors from Quality Improvement Organization.

- c. Reduce unnecessary use of antipsychotic medication by replacing or supplementing them with non-pharmacologic approaches.
- d. NC State Surveyors, LTC Ombudsman, and staff of the North Carolina Quality Improvement Organization.

Funded Entity(ies):

AGE-u-cate Training Institute

Results of the Project:

Results pending.

Project Title: Step Up to the Plate Project

Unique Identifier: NC-1118-LSA-181/2018-04-NC-1106

Project Duration: 3/1/2019 to 2/29/2020

Total Amount of CMP Funds Approved for this Project: \$108,132

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$104,252

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide new and innovative ways to improve all aspects of the dining experience for residents.
- b. Increase resident, family and staff satisfaction by 5% each quarter for all seven facilities. Decreasenumber of residents using nutritional supplements at all seven facilities by 25% within four quarters.
- c. More made-to-order or readily accessible food and beverage options throughout the facility. Improved food quality and presentation.

Funded Entity(ies):

Lutheran Services for the Aging

Results of the Project:

North Carolina

Project Title: Gastronomical Delights Experience

Unique Identifier: NC-1118-RSNR-180/2018-04-NC-1108

Project Duration: 3/1/2019 to 2/29/2020

Total Amount of CMP Funds Approved for this Project: \$53,995

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$53,995

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Provide a more individualized meal program through person centered dining services.
- b. Increase dining room attendance by 5% each quarter. Increase overall improvement in resident satisfaction and dining service to 90% within four quarters.
- c. Flexibility in meal times, more offerings for snacks between meals, and more variety in popular foods.

Funded Entity(ies):

Rich Square Nursing and Rehabilitation

Results of the Project:

Results pending.

Project Title: Friends Home (FH) Connect Project

Unique Identifier: NC-0119-FHI-204/2019-04-NC-0103

Project Duration: 4/1/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$45,168

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$44,568

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project seeks to provide the latest technology and online access to residents of FH Inc. The project will allow for the purchase of 15 iN2L FOCUS tablets, two iN2L Mobile Flex Units, five 70-inch smart TVs, and 15 sets of head phones. The goal is to enhance each resident's ability to access the myriad of resources available in today's connected world for entertainment, stimulation, and socialization.

Funded Entity(ies):

FH Inc.

Results of the Project:

North Carolina

Project Title: North Carolina Wound Care Excellence Program for Certified Nursing

Facilities

Unique Identifier: NC-0119-VOHRA-217 Project Duration: 6/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$133,471

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$79,751

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Implement an online wound care continuing education program.

- b. Certify a minimum of 62 nurses every quarter for a total of 250 nurses by the end of the 13-month program. Provide 250 scholarships to train eligible nurses in the wound care certification program.
- c. Improve the knowledge of wound care delivered by nurses.
- d. Nurses within certified nursing homes in North Carolina.

Funded Entity(ies):

Vohra Wound Physicians of NY, PLLC

Results of the Project:

Results pending.

Project Title: The Blooming Oasis

Unique Identifier: NC-0519-SBV-301/2019-04-NC-0423

Project Duration: 9/1/2019 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$33,568

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$6,880

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Enrich residents' lives by updating an outside area that can be utilized for multiple purposes.
- b. Increase resident overall satisfaction to 98%.
- c. Encourage residents to socialize and gain greater exposure to the outdoors.
- d. Staff, volunteers, and caregivers.

Funded Entity(ies):

Silver Bluff Village

Results of the Project:

South Carolina

SC CMP Funds Expended for Administrative Uses in CY 2019: \$0 SC CMP Funds Expended for Emergency Uses in CY 2019: \$0

SC Active CMP Funded Projects in CY 2019: 17

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2016-04-SC-FAU-0426
Project Duration: 1/1/2017 to 1/1/2020

Total Amount of CMP Funds Approved for this Project: \$85,601

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$40,559

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to create a Decision Guide entitled "Go to the Hospital or Stay Here?" and to provide training to nursing home facilities.
- b. This project will provide a guide for nursing home patients and families to use when making decisions on conditions and when a decision of hospitalization has to occur.
- c. The project will assist nursing home residents to assist in making crucial health and treatment decisions.
- d. Families of nursing home residents will have additional resources to use to assist their loved ones to makehealth-related decisions.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

The project is still on-going and has requested an additional 6-month extension with no additional costs requested. During this time, they will complete collecting data, integrate additional data to create a comprehensive picture of project activities, and finally report results and provide recommendations. Final results pending.

Project Title: It's Never Too Late (iN2L)

Unique Identifier: SC-1218-LMCEC-200 Project Duration: 3/1/2018 to 3/1/2022

Total Amount of CMP Funds Approved for this Project: \$82,488

South Carolina

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$82,488

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. By using the proven iN2L system, which offers thousands of activities and life enrichment experiences, the project aims to achieve an improved sense of well-being for residents.
- b. The project will procure six interactive and adaptive computer systems that will provide person-centered experiences for 352 residents.
- c. The project will enhance their overall quality of life, mitigating the restrictions and isolation imposed by chronic medical conditions, and improving their rehabilitation outcomes.

Funded Entity(ies):

Lexington Medical Center Extended Care

Results of the Project:

Results pending.

Project Title: The 2018 Spirit of Caring Conference

Unique Identifier: 2018-04-SC-0831

Project Duration: 10/25/2018 to 10/25/2018

Total Amount of CMP Funds Approved for this Project: \$6,123

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$6,123

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The South Carolina Spirit of Caring conference is designed to promote sharing of best practices and innovative ideas that South Carolina nursing homes have implemented to improve quality of care and quality of life for residents.
- b. The South Carolina Spirit of Caring recognition banquet will be held on November 8, 2019. The program recognizes facilities, employees, residents, family members and volunteers for their contributions.
- c. This project will benefit nursing home residents by allowing staff to be able replicate and create new programing for nursing home residents to enjoy.
- d. This event will engage nursing home staff, administrators, surveyors, family members, and other volunteers.

South Carolina

Funded Entity(ies):

South Carolina Spirit of Caring

Results of the Project:

This event was well attended from various nursing home executives, administrators, nursing staff, activities staff, residents, surveyors, and others. Around 120 attended this event. The event brought educational elements including presentations of best practices in nursing facilities around the state of South Carolina.

Project Title: Video Activity Enhancement

Unique Identifier: 2018-04-SC-1221

Project Duration: 1/7/2019 to 9/25/2019

Total Amount of CMP Funds Approved for this Project: \$2,457

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,457

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to increase the improved quality of life for the residents by increasing attention spans and creating a communal and interactive element for residents.
- b. The project will include four televisions being installed into various community rooms. This will allow resident access to view these TVs which will have various elements displayed including video loops that display calming/interactive videos.
- c. This project will engage all populations of the facility including dementia residents and other residents.
- d. Additional staff and resident visitors will also be engaged along with residents.

Funded Entity(ies):

Mount Pleasant Manor

Results of the Project:

The project was successful. Televisions were installed in the day rooms and another installed on the secure unit near the nursing stations. Various loops depicting animals, fireplace, and nature scenes are being displayed on the televisions. Residents are engaged for prolonged periods and the televisions are used to promote calming activities for anxiety and other conditions. The therapeutic purpose for this project has shown benefits to the residents.

South Carolina

Project Title: Sensory Modulation Equipment Carts

Unique Identifier: 2018-04-SC-1221B Project Duration: 1/7/2019 to 7/15/2019

Total Amount of CMP Funds Approved for this Project: \$2,498

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,489

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to create sensory modulation carts with equipment to engage individual residents within the facility.
- b. This project will allow residents to engage with these tools to help promote positive effects.
- c. Residents will allow those with limitations in sensory integration or sensory processing disorders the ability to be stimulated in order to adapt to daily challenges and develop a coping mechanism.

Funded Entity(ies):

C.M. Tucker Jr. Nursing Home Center - Roddey Pavilion

Results of the Project:

The project as a whole was very positive. Moods and behaviors were improved after using such equipment. Quality of life for the residents increased.

Project Title: Cinema at Medford

Unique Identifier: 2018-04-SC-0110

Project Duration: 1/14/2019 to 5/30/2019

Total Amount of CMP Funds Approved for this Project: \$3,584

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$3,585

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To install a movie theater-like space for residents to utilize and watch content that both interests them and provides enough space for a large number to attend. This project will allow residents to utilize additional entertainment options within the facility and will allow access to all who are able to attend nursing home residents will directly benefit through improved quality of life, as many of the residents spend almost all of their time indoors and will serve as a tool to combat boredom.

South Carolina

Funded Entity(ies):

Medford Nursing Home

Results of the Project:

The project outcomes were very positive. Residents have utilized the "cinema" and a good deal of programming has been developed using the equipment. Overall it has improved the environment for the residents and visitors.

Project Title: Establish a Resident Garden and Computer Center

Unique Identifier: 2019-04-SC-0221

Project Duration: 2/26/2019 to 7/15/2019

Total Amount of CMP Funds Approved for this Project: \$2,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide the residents the ability to be engaged, active and work together to achieve goals.
- b. This project will achieve a hands-on centered program for both reality in planting tangible plants and virtual reality to stimulate the mind and decrease boredom.
- c. Residents will be able to be involved at whatever level they choose in accordance to their physical ability.

Funded Entity(ies):

Anchor Health and Rehab

Results of the Project:

This project received funding late and thus started the project late. The project has involved residents from all backgrounds and abilities. Residents have been able to participate in gardening activities and take pride in their work to water and care for the plants. Computers purchased are beginning to gain traction for additional usage. Residents have shown a thankfulness for this resource.

South Carolina

Project Title: Social Media Club

Unique Identifier: 2019-04-SC-0223

Project Duration: 3/12/2019 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$2,400

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,400

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to increase the improved quality of life for the residents
- b. iPads would be purchased for residents to stay connected to family and friends. This contact will allow these residents to stay out of isolation.
- c. Nursing home residents will directly use the technology to stay "connected."

Funded Entity(ies):

Blue Ridge in the Fields/Ridgeway Manor

Results of the Project:

The iPads for the residents to use was of great success. Residents have been able to connect with family and friends, watch videos, read books, keeping up with news and current events. These are consistently used by many residents of the facility.

Project Title: Enhancing Quality of Life for Dementia Residents

Unique Identifier: 2019-04-SC-0228

Project Duration: 3/25/2019 to 5/1/2020

Total Amount of CMP Funds Approved for this Project: \$2,441

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,441

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of the project is to enhance the quality of life for patients that live in the secured unit.
- b. The project will build shadow boxes to be able to display items that will assist with memories. Also, there will be the addition of murals, interactive flowers in the secure unit, the purchasing of a Firestick and therapeutic DVDs, purchasing flowers and Koi for the pond, and getting weighted blankets. This will create a more interactive experience for these residents and will provide a much more calm and peaceful area for the residents to enjoy.

South Carolina

- c. Individual residents will be able to view and, in some cases, touch to promote and increase comfort, increase therapeutic outcomes, and providing some level of interaction for residents.
- d. Resident's visitors will be able to enjoy these additions as well while visiting residents

Funded Entity(ies):

Bayview Manor

Results of the Project:

Results pending.

Project Title: Meneme Therapy

Unique Identifier: 2019-04-SC-0227

Project Duration: 3/25/2019 to 12/23/2019

Total Amount of CMP Funds Approved for this Project: \$5,580

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$5,580

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide direct therapy for nursing home residents with Meneme Therapy Art Sessions.
- b. A Meneme therapist will come to work with the residents on a weekly basis using paint medium to improve speech, movement, and provide other therapeutic resources.
- c. Nursing home residents will benefit directly through results of improved health and quality of life.

Funded Entity(ies):

Anchor Health and Rehab

Results of the Project:

This project was implemented with great success. Impactful results of this project can be seen in residents with early dementia symptoms, Parkinson's, and strokes. This is a program, residents look forward to on a weekly basis. This has provided a means to improved quality of therapy in the short-term.

South Carolina

Project Title: Home-Like Living Space

Unique Identifier: 2019-04-SC-0228BB Project Duration: 3/26/2019 to 8/30/2019

Total Amount of CMP Funds Approved for this Project: \$2,456

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,456

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to create a home-like space for residents to use and enjoy.
- b. This project will offer residents the surroundings of comfort and comradery in an improved space with items and furniture that seek to increase the level of comforts residents would have had at their own residence.
- c. Nursing Home residents will be directly benefitted through additional elements making the space feel more home-like which creates a physically uplifting environment.

Funded Entity(ies):

C.M. Tucker Jr. Nursing Home Center – Roddey Pavilion

Results of the Project:

The residents' quality of life did increase with this project. Residents were better able to access the new game tables and the whole space was transformed to be a location that was very homey and calming, which has also played a role with the residents in a positive manner.

Project Title: Establish a Night Room for Quality of Life

Unique Identifier: 2019-04-SC-0228BB Project Duration: 4/17/2019 to 4/1/2020

Total Amount of CMP Funds Approved for this Project: \$2,493

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,493

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to create a night room with sensory equipment for residents with Dementia.
- b. Specialized sensory equipment would be utilized when a resident exhibits signs or symptoms of agitation and anxiety.

South Carolina

c. Dementia residents will benefit by the project helping to calm and focus these individuals.

Funded Entity(ies):

C.M. Tucker Nursing Care Center - Fewell and Stone Pavilions

Results of the Project:

Results pending.

Project Title: Cinema at Morrell

Unique Identifier: 2019-04-SC-0619

Project Duration: 6/27/2019 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$4,264

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$4,264

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Residents of the nursing home thoroughly enjoy watching movies.
- b. Providing a central location for movie viewing will promote community, communal activities, prevent loneliness, and will provide a great source of activity usage for residents. A 150 inch screen will be installed in the main resident dining room, equipped with 4k projector and a five speaker Bose surround sound system.
- c. This project will further engage residents and will allow them an additional outlet.

Funded Entity(ies):

Morrell Rehabilitation and Nursing Center

Results of the Project:

The outcome of this project was a huge success. Around 75% of the resident population utilize this technology. Residents really love it. The activities team holds Humor Days and play shows "I Love Lucy" and "The Beverly Hillbillies" for programs. The larger screen is great for residents with vision issues. Families commented on how much their loved ones enjoy it. Different uses from sing-alongs to streaming platforms such as Netflix, Amazon, and Hulu.

Project Title: Skilled Nursing Facility (SNF) Emergency Preparedness

Unique Identifier: 2019-04-SC-0423

Project Duration: 7/1/2019 to 10/1/2020

South Carolina

Total Amount of CMP Funds Approved for this Project: \$28,895

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$28,895

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose for the use of these funds will address systematic shortcomings in communication and information gathering during disaster preparedness, response, and recovery operations affecting South Carolina nursing homes.
- b. The project seeks to improve emergency preparedness and response through the creation of a mobile application called Palmetto Mobile.
- c. Nursing home residents will benefit through facilities being better prepared for emergency situations.
- d. Facility staff, family, and other facility stakeholders.

Funded Entity(ies):

South Carolina Department of Environmental Control

Results of the Project:

Results pending.

Project Title: Day Room

Unique Identifier: 2019-04-SC-0628

Project Duration: 8/12/2019 to 4/1/2020

Total Amount of CMP Funds Approved for this Project: \$2,497

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,497

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to create a "day room" environment for residents to use and to promote well-being.
- b. The project will achieve an environment of home on the secure unit. Furniture and activities will be implemented that are conducive to engaging residents.
- c. Residents on the secure unit will become better engaged and enhance their daily routines involving a multisensory experience for them to partake.

Funded Entity(ies):

CM Tucker Jr. Nursing Care Center - Fewell and Stone Pavilions

Results of the Project:

South Carolina

Project Title: Video Activity Enhancement

Unique Identifier: 2019-04-SC-0823

Project Duration: 9/19/2019 to 12/15/2019

Total Amount of CMP Funds Approved for this Project: \$2,496

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,496

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose is to provide additional venues for residents to use and enjoy
- b. We will purchase four (4) SMART televisions to place in two different resident dining rooms, as well as different resident recreation rooms. This will allow residents independence and for them to choose how they want to be engaged
- c. Residents desire to use the SMART TVs for movie nights, Netflix, Hulu, and to support a wide range of applications.

Funded Entity(ies):

Conway Manor

Results of the Project:

The televisions have been installed and has been of great interest to the residents. Residents have utilized them for group programming and activities. The activity coordinator has reported high turn out with 15-20+ residents attending organization programming. The residents have enjoyed them and will continue to do so.

Project Title: Gardening Project

Unique Identifier: 2019-04-SC-1021

Project Duration: 10/30/2019 to 4/1/2020

Total Amount of CMP Funds Approved for this Project: \$2,479

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,480

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. To provide a gardening space for residents to participate at some level for therapeutic reasons.
- b. The project will establish a garden for residents to participate in the planting, caring, watering, picking, and enjoying.

South Carolina

- c. Residents will benefit in horticultural therapy to reduce pain and stress, provide purpose and self-worth, and fight isolation, among other things.
- d. Visitors and staff will also enjoy the garden as a visual aesthetic.

Funded Entity(ies):

CM Tucker Jr. Nursing Home Center - Roddey Pavilion

Results of the Project:

Tennessee

TN CMP Funds Expended for Administrative Uses in CY 2019: \$182,060

TN CMP Funds Expended for Emergency Uses in CY 2019: \$0

TN Active CMP Funded Projects in CY 2019: 18

Project Title: Dissemination of Resident and Family Decision Guide: Go to the

Hospital or Stay Here?

Unique Identifier: 2018-TN-036

Project Duration: 6/1/2017 to 3/30/2020

Total Amount of CMP Funds Approved for this Project: \$103,401

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$48,886

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: Implement "The Decision Guide: Go to the Hospital or Stay Here" in Region IV nursing facilities in order to assist nursing home residents and families make optimal decisions concerning hospitalization or treatment in the nursing home.

Funded Entity(ies):

Florida Atlantic University

Results of the Project:

Results pending.

Project Title: Palliative Care Transitional Program

Unique Identifier: 2018-TN-032

Project Duration: 2/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$101,212

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$293

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: To collaborate with four National Healthcare Corporation (NHC) Skilled Nursing Facilities to create a specific process to ensure that palliative care resident treatment directives are documented and implemented, and to develop metrics that reveal a quality risk when there is a variance between residents' directives and patient care outcomes.

Tennessee

Funded Entity(ies):

Saint Thomas Health Foundation

Results of the Project:

372 patient records were audited in Q1-2 and 176 SNF resident goals of care documents were reconciled to both SNF and hospital care records. Established written End of Life policy at St. Thomas (POST completions per End of Life Care) and at NHC (POST faxes on admission) to ensure all POST forms are active.

Project Title: Eden Alternative Associate Training

Unique Identifier: 2018-TN-035

Project Duration: 3/1/2018 to 2/28/2019

Total Amount of CMP Funds Approved for this Project: \$31,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$14,086

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of this project is to offer Eden education to the remaining 90% of the nursing facility's stakeholders (who have not been trained) in order to advance their "Holistic Caregiver" model.

Funded Entity(ies):

Mountain City Care and Rehabilitation

Results of the Project:

The project impacted the lives of an estimated 253 nursing home residents and reduced antipsychotic medications from 21.1% to 11.5% through non-pharmacological interventions and patient-centered care.

Project Title: Activities, Restorative, and Therapy in Sync (ARTS)

Unique Identifier: 2018-TN-033

Project Duration: 4/1/2018 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$493,551

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$3,487

Tennessee

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of the ARTS program is to improve the quality of life of the residents by improving or maintaining activities of daily living (ADL) function and enriching activities and social connections for 770 residents.

Project Objectives: Lower the number of long-term residents that are documented with a decrease in ADL function on the MDS. Improve the quality of life and increase participation in person-centered activities via the use of the Activities Tracking Log.

Funded Entity(ies):

Tennessee Health Management, Inc.

Results of the Project:

Results pending.

Project Title: Music and Memory Program

Unique Identifier: 2018-TN-034

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$165,951

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$124

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: To implement the Music and Memory program in five nursing homes in the Upper Cumberland region of Tennessee.

Project Objectives: To provide evidence-based practice to support the improvement of physical, cognitive, and emotional function of Alzheimer's and dementia patients through the implementation of this program. To provide evidence-based practice to support the reduction of the use of antipsychotic medications in nursing home residents after the implementation of the Music and Memory program. To assess nursing staff and nursing students' pre- and post-intervention of Music and Memory to assess satisfaction with Music and Memory Program.

Funded Entity(ies):

Tennessee Technological University

Results of the Project:

Tennessee

Project Title: Certified Eden Associate Training

Unique Identifier: TN-0518-UVWNH-070/2018-04-TN-0531

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$29,020

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$28,020

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Uplands Village and Wharton Nursing Home request CMP funds to establish Certified Eden Associate Training for a total of 50 long-term and skilled nursing employees, 16 ancillary employees, and/or eight residents/family members. The content of Certified Eden Associate Training is based on ten guiding principles (see http://www.edenalt.org/about-the-eden-alternative/mission-vision-values/) as well as seven domains of well-being: identity, connectedness, security, autonomy, meaning, growth, and joy.

Funded Entity(ies):

Uplands Village / Whart on Nursing Home

Results of the Project:

62 workshop participants participated. Of those surveyed, there was a positive change in the following: person-centered care, relationship building, getting to know residents better, and getting to know staff members better.

Project Title: Infection Prevention, Antimicrobial Stewardship, and Rapid Response in Southern Middle Tennessee Skilled Nursing Facilities (SNFs)

Unique Identifier: TN-0918-MRMC-144/2018-04-TN-0903

Project Duration: 1/1/2019 to 11/30/2021

Total Amount of CMP Funds Approved for this Project: \$928,879

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$674,673

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Thirteen skilled nursing facility members of Maury Regional Medical Center's Post-Acute Care Network (PACN) will be the focus of interventions to reduce healthcare associated infections and, ultimately, readmissions to hospital. Maury is a natural convener for the proposed work, recognized for quality and as an innovator, which has embraced lean improvement methodologies to guide system improvement.

Tennessee

Project team members have expertise in performance improvement, staff education, clinical pharmacy, population health, project management, and telehealth. Outcome measures, mainly stratified readmissions from SNF, will be augmented by a return on investment analysis, including cost avoidance to demonstrate intervention effectiveness. They will also track numerous in- process measures to assure that rapid cycle changes are undertaken, and quick adjustments can be made if intervention tests of change are not delivering results. The project director, a principal in the PACN and senior leader with extensive measurement experience, will be accountable for completing the evaluation and advancing the sustaining model for SNF and Maury leadership.

Funded Entity(ies):

Maury Regional Medical Center

Results of the Project:

Results pending.

Project Title: LifeBio in Tennessee

Unique Identifier: TN-0918-LBI-147/2018-04-TN-0902

Project Duration: 1/1/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$103,657

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$102,322

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The primary goals of the LifeBio project are to help recognize the life stories of each resident and to foster meaningful intergenerational relationships. The applicant expects participating residents to feel empowered from these strengthened connections, reducing feelings of loneliness and helplessness. Staff are expected to experience greater job satisfaction and less turnover as a result of the project. LifeBio serves every population within long-term care facilities and its various benefits to cognitive abilities are applicable to residents of all ages.

Funded Entity(ies):

LifeBio

Results of the Project:

Final results not provided.

Tennessee

Project Title: Music and Memory Tennessee Unique Identifier: TN-0918-TAC-145/201804-TN-0905

Project Duration: 2/1/2019 to 1/31/2022

Total Amount of CMP Funds Approved for this Project: \$1,000,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$15,113

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Tennessee Arts Commission (TAC) seeks to initiate a statewide Music and Memory person-centered care program to improve quality of life and care for 1800 residents including those suffering with dementia or Alzheimer's in 120 of 322 skilled nursing homes across Tennessee and increase access to activities that engage residents and enhance person-centered care staff. The key outcomes for nursing home residents include reduced reliance on antipsychotic, anti-anxiety, anti-depressive medications, reduced physical, verbal, and other adverse behavioral symptoms of participating residents.

Funded Entity(ies):

Tennessee Arts Commission

Results of the Project:

Results pending.

Project Title: Regional Collaboration for Quality Improvement in Long-Term Care

Unique Identifier: TN-0718-UI-116/2018-04-TN-0709

Project Duration: 3/1/2019 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$495,733

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$495,732

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Center for Aging & Community (CAC) submits a two-year proposal for \$495,548 in Civil Money Penalty funding to develop a statewide system of Regional Healthcare Quality Improvement Collaboratives that brings together Tennessee nursing facilities for quality improvement. CAC has created, implemented, and refined this innovative quality improvement approach over the last four years in Indiana and in doing so has demonstrated skill and expertise in designing, implementing, and evaluating projects; in developing collaborations and partnerships among key stakeholders; and in committing to a system-wide approach to quality improvement that leads to transformational change.

Tennessee

Funded Entity(ies):

University of Indianapolis Center for Aging & Community (CAC)

Results of the Project:

Results pending.

Project Title: Antibiotic Stewardship in Post-Acute and Long-Term Care

Unique Identifier: TN-0119-TDH-207/2019-04-TN-0110

Project Duration: 4/1/2019 to 3/30/2020

Total Amount of CMP Funds Approved for this Project: \$21,125

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$21,125

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project requests a 14-month membership to the National Quality Forum which will allow a purchase of 500 discounted digital copies of the recently published National Quality Partners Playbook: Antibiotic Stewardship in Post-Acute and Long-Term Care (NQP Playbook). The membership will also allow access to a variety of tools and resources.

The NQP Playbook will be distributed digitally to consultant pharmacists and medical directors or stewardship champions amongst facilities statewide.

These key members of the long-term care facilities will be responsible for implementing interventions from the Playbook to address their program's specific areas for improvement. Access to the NQP playbooks will allow long-term care facilities (LTCFs) across the state to start and/or improve their antimicrobial stewardship programs to promote optimal antimicrobial practices.

Funded Entity(ies):

Tennessee Department of Health (TDH)

Results of the Project:

Tennessee

Project Title: Training and Assistance to Individualize Pain Management and Opioid Safety in Nursing Homes

Unique Identifier: TN-0119-QS-206/2019-04-TN-0108

Project Duration: 4/1/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$152,610

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$152,610

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Targeting the Direct Improvement to Quality of Care focus area, the proposed project aims to implement education, training, and alternative pain management options to improve resident quality of life as well as improve clinical outcomes associated with skilled nursing facilities' (SNFs) 13 long-stay quality measures. These goals will be accomplished by: 1) Developing a pool of staff at SNFs, called SNF Instructors, who will be trained on individualized approaches to pain management; 2) Teaching these instructors to train other staff at their facilities to collaboratively examine and make improvements to their facilities' processes for pain management; and 3) Increasing SNFs' offerings of non-opioid options for pain, including Comfort Menus. The Qsource team will use QAPI principles to improve processes and sustain changes, as well as teach SNFs how to use the project to fulfill QAPI requirements. The project's desired outcome is to improve pain management safety and SNF residents' quality of life by tailoring pain treatment to their specific causes of pain and individual needs.

Funded Entity(ies):

Qsource

Results of the Project:

Results pending.

Project Title: It's Never 2 Late (iN2L) for Ave Maria Nursing Home Elders

Unique Identifier: TN-0918-AMH-150/2018-04-TN-0831

Project Duration: 4/1/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$60,356

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$56,556

Tennessee

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to employ the evidence-based iN2L. The applicant aims to employ the evidence-based iN2L Mobil Flex Lite Engage system for the Ave Maria nursing home. With it, nursing home staff will be able to offer stimulating, enriching activities for elders with a wide range of physical and cognitive abilities. This will promote better health among residents, encourage socialization, help elders stay connected to the world around them, and help combat feelings of isolation and depression: thereby providing a higher quality of life. The Mobil Flex Lite Engage system aligns with Ave Maria's mission and will complement the current activity and therapy programs.

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Ave Maria

Results of the Project:

Results pending.

Project Title: Baby Grand Player Piano

Unique Identifier: TN-0918-SHCPC-146/2018-04-TN-0904

Project Duration: 5/1/2019 to 5/1/2020

Total Amount of CMP Funds Approved for this Project: \$10,645

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$10,645

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Applicant seeks to provide nursing home residents with a piano, installed in the facility's main dining room. The main dining room serves the majority of the resident population and the piano's placement there will help to increase resident engagement.

Funded Entity(ies):

Signature Healthcare of Putnam County

Results of the Project:

Tennessee

Project Title: Standardizing Infection Control for Upper Cumberland Nursing Facilities

Unique Identifier: TN-0119-CRCF-209/2019-04-TN-0111

Project Duration: 5/15/2019 to 5/14/2020

Total Amount of CMP Funds Approved for this Project: \$138,022

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$138,022

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will coordinate and unify regional efforts by:

- 1) Providing standardized environmental hygiene and disinfection training and equipment to environmental services (EVS)/housekeeping staff at nursing homes;
- 2) Providing tools to monitor cleanliness; and
- 3) Providing standard infection control isolation equipment for use by staff and visitors.

Fundamentally, the project is about shifting haphazard individual facility infection control and environmental cleaning efforts toward a more standardized and organized, regional approach to infection control and resident directed care. Standardizing environmental hygiene training and providing best-practice tools will improve infection control outcomes for the region and reduce negative healthcare associated infection (HAI) performance outliers among nursing homes.

Funded Entity(ies):

Cookeville Regional Charitable

Results of the Project:

Results pending.

Project Title: Certified Eden Associate Training and Eden Educator Training

Unique Identifier: TN-0119-SHE-210/201904-TN-0112

Project Duration: 8/1/2019 to 7/1/2020

Total Amount of CMP Funds Approved for this Project: \$39,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$39,000

Tennessee

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Eden Educator training is a powerful way to develop a culture change professional and to deepen person- directed practices in the nursing home facility. The staff becomes Certified Eden Associates. The Eden Certification allows the facility to move to a Holistic caregiver model. It helps to build meaningful relationships and close bonds with Elders. The improved interaction will hopefully assist with retention and turn over. This will help to reduce falls, wounds, and improve the weight loss.

Funded Entity(ies):

Signature Healthcare of Erin

Results of the Project:

Results pending.

Project Title: Compassionate Touch: A Practical Non-Pharmacological Approach to Ease Behavioral Symptoms, thereby Supporting Nursing Homes' Effort to Minimize the Use of Antipsychotic Medications for Dementia-related Behaviors

Unique Identifier: TN-0619-AUCTI-347/2019-04-TN-0625

Project Duration: 10/1/2019 to 10/1/2022

Total Amount of CMP Funds Approved for this Project: \$147,419

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$147,419

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to provide a non-pharmacological solution, Compassionate Touch (CT), to support nursing homes' effort to minimize the use of antipsychotic medications for dementia-related behaviors. CT is an evidence-informed approach combining skilled touch techniques and specialized communication shown to help prevent behavioral expression in people with dementia and reduce job stress in care-partners. Benefits are expected to include decreased restlessness and physical discomfort, better sleep, and increased trust in caregivers.

Funded Entity(ies):

Age-U-cate Training Institute, LLC

Results of the Project:

Tennessee

Project Title: Engage Our Daughter's and Son's Project

Unique Identifier: TN-0719-KDSH-351/2019-04-TN-0701

Project Duration: 10/1/2019 to 9/30/2022

Total Amount of CMP Funds Approved for this Project: \$55,187

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$32,882

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement the It's Never Too Late iN2L Program, an integrative, person-centered digital technology program with activity, restorative care, and therapy programs with over 4,000 applications designed to engage residents with a wide range of cognitive abilities. The program will be used to assist in achieving the nursing home goals of reducing the use of antipsychotic drugs and expanding and enhancing the restorative care program to reduce the rate of rehospitalization.

Implementation of the program will offer fun, stimulating activities to help increase independence and maintain mobility by engaging residents, regardless of their physical and cognitive abilities.

Funded Entity(ies):

King's Daughters and Sons Home

Results of the Project:

Illinois

IL CMP Funds Expended for Administrative Uses in CY 2019: \$0

IL CMP Funds Expended for Emergency Uses in CY 2019: \$0

IL Active CMP Funded Projects in CY 2019: 0

The state did not submit a project tracking sheet to CMS for calendar year 2019.

Indiana

IN CMP Funds Expended for Administrative Uses in CY 2019: \$50,977

IN CMP Funds Expended for Emergency Uses in CY 2019: \$0

IN Active CMP Funded Projects in CY 2019: 5

Project Title: Indiana Nursing Home Advanced Education Project

Unique Identifier: 2018-IN-044

Project Duration: 2/1/2017 to 1/31/2019

Total Amount of CMP Funds Approved for this Project: \$400,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$78,116

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide Indiana Nursing Home Advanced Education. The purpose of the project is to implement a program to improve the education of healthcare professionals working in Long-Term Care (LTC) facilities through course development focused on a lack of qualifications in important geriatric care areas, such as healthcare quality improvement, infection prevention, wound care, and Alzheimer's/dementia care. This will result in higher quality of care for nursing home residents.

Funded Entity(ies):

University of Indianapolis Center for Aging and Community (Project Coordinator); Alzheimer's Association of Greater Indiana; Association of Professionals in Infection Control and Epidemiology; Indiana University School of Medicine's Department of Gerontology Wound Care Education Institute

Results of the Project:

The Advanced Education for Long-Term Care (LTC) Professionals project (Advanced Education) provided advanced education the areas of quality improvement, infection prevention, wound care and Alzheimer's disease and dementia care to LTC professionals. A total of 388 professional staff participated in the project. Professional certifications were attained by varying numbers of participants by course. The highest rate of certification resulted from the Infection Prevention course with 63%. Forty-six (46%) percent of participants who attended the Care of Person's with Alzheimer's and Dementia course attained certification. Twenty-four (24%) percent of participants earned Wound Care Certified credentials. Zero known participants became Lean Six Sigma Yellow Belt certified. (Both the wound care and Six Sigma certification required an addition fee the participants had to pay for the credential.)

Course Evaluation results:

- Quality Improvement: 32 attended; 31 evaluations received; 90% strongly agreed/agreed with positive comments.
- Infection Control: 100 attended; 64 evaluations received; 70% strongly agreed/agreed with positive comments.

Indiana

- Wound Care: 185 attended; 157 evaluations received; 100% strongly agreed/agreed with positive comments.
- Dementia Care: 71 attended; 60 evaluations received; 100% strongly agreed/agreed with positive comments.

Project Title: Conversations on Advanced Care Planning in Nursing Homes (NHs)

Unique Identifier: 2018-IN-045

Project Duration: 10/1/2017 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$332,360

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$72,821

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement improvements to advance care planning in nursing homes. It will focus on person-directed culture, resident quality of life, and resident choice. The most important component of advance care planning is the initial conversation about one's health care wishes. This will improve nursing home resident quality of care.

Funded Entity(ies):

University of Southern Indiana (Project Coordinator); Respecting Choices

Results of the Project:

Recruited 15 NHs with five staff from each nursing home. Training in Respecting Choices and Last Steps related to advanced care planning.

Project Title: Prevention of Abuse and Neglect in Long Term Care

Unique Identifier: 2018-IN-046

Project Duration: 9/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$250,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$26,368

Indiana

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project seeks to increase awareness of abuse and neglect. The benefit to nursing home residents will be a nursing home staff that takes increased responsibility for preventing abuse and neglect. The training seeks to ensure that facilities have the resources and tools necessary to provide a high quality of healthcare. Our ultimate goal is to benefit residents through the prevention of abuse and neglect.

Funded Entity(ies):

The University of Indianapolis Center for Aging and Community (Project Coordinator)

Results of the Project:

Curriculum completed. From 2019-2020, 12 courses in total will be offered throughout the state with three North; six Central and three South with 25-50 participants per session. Content includes abuse and neglect, defining, reporting and responding to situations, stress triggers, conflict resolution, de-escalation, and social media. Final results pending.

Project Title: Infection Prevention in Long-Term Care

Unique Identifier: 2018-IN-047

Project Duration: 9/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$300,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$54,554

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project proposes a three-part project to give nursing homes the resources and tools needed to enhance their infection prevention programs. Project activities include a course for Long-Term Care (LTC) staff on best practices for infection prevention, a stand-alone training package that buildings can implement on their own, and a stand-alone education package for buildings. They can use this to educate families and residents on their role in infection prevention.

Funded Entity(ies):

The University of Indianapolis Center for Aging and Community (Project Coordinator)

Results of the Project:

Curriculum development including: hand hygiene, disease specific preventions, treatment, and management (CDI, MRSA, CRE, sepsis, UTIs, and pneumonia), role of the IP, antibiotic stewardship and QAPI for Infection Control. Final results pending.

Indiana

Project Title: Building a Dementia Competent Nursing Home Workforce

Unique Identifier: IN-0518-USI-063

Project Duration: 9/1/2018 to 8/30/2021

Total Amount of CMP Funds Approved for this Project: \$835,727

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$77,218

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this three-year project is to improve the quality of life among elders living with dementia in Indiana nursing homes by improving knowledge and skills among caregivers. It includes providing Positive Approach to Care dementia education to nursing home staff.

Funded Entity(ies):

University of Southern Indiana

Results of the Project:

Curriculum completed. In 2019, trained Certified Independent Trainers and Coaches in 20 skilled nursing facilities (SNFs). Trained 25 Nurse Aide Competency Evaluation Programs NATCEP and clinical sites in PAC techniques. Implemented PAC curriculum in skilled nursing facilities orientation. Working on incorporating into Indiana Nurse Aide Training Curriculum.

Michigan

MI CMP Funds Expended for Administrative Uses in CY 2019: \$453,598 MI CMP Funds Expended for Emergency Uses in CY 2019: \$2,000,000

MI Active CMP Funded Projects in CY 2019: 27

Project Title: Acute Care of the Elderly (ACE) / Nurses Improving Care for Healthsystem Elders (NICHE)

Unique Identifier: 2018-MI-053

Project Duration: 3/1/2017 to 2/28/2020

Total Amount of CMP Funds Approved for this Project: \$1,867,700

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$867,700

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Utilize NICHE assessment tools and ACE protocols to reduce hospital/emergency room readmissions for nursing home residents and to reduce medical costs.

Funded Entity(ies):

Trinity Health Care

Results of the Project:

Results pending.

Project Title: TRSP-2018 Transition Specialist Role

Unique Identifier: 2018-MI-052

Project Duration: 1/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,535,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$365,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this grant is to develop and implement a program that will train and support long term care certified nursing assistants (CNAs) to serve as Transitional Specialists. They will first meet the resident in the hospital setting and stay with them throughout their nursing home stay and will work with families when it comes time to return home.

Michigan

Funded Entity(ies):

Trinity Health Care

Results of the Project:

Results pending.

Project Title: SMARTS

Unique Identifier: 2018-MI-054

Project Duration: 3/1/2018 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$597,240

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$199,080

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve the quality of life in Shiawassee and Clinton County for their nursing home residents. This project will provide them with weekly, professionally conducted art activities and cultural programs. This project intends to impact residents' health by creating a sense of purpose, keeping the mind busy by engaging in art projects that allows them to be creative, express themselves, and increase socialization. Further benefits might include reducing isolation, alleviate boredom and possibly help with feelings of depression.

The projects are expected to help with eye-hand coordination, cognitive abilities and concentration. The target audience is any resident in the two nursing facilities that would like to participate. The two facilities are, Shiawassee County and Clinton County Nursing Homes.

Funded Entity(ies):

Shiawassee County Arts Council

Results of the Project:

Results pending.

Project Title: Ethics Training

Unique Identifier: 2018-MI-048

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$329,916

Michigan

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$137,440

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide behavioral consultation/services to aging persons with cognitive impairments at skilled nursing facilities in Michigan. Decrease medication use and improve the quality of life for residents in Michigan nursing facilities.

Funded Entity(ies):

Western Michigan University

Results of the Project:

This grant was considered very successful. Its focus was to increase knowledge through in-person and online trainings.

Project Title: United Methodist Retirement Community Foundation (UMRCF)

Unique Identifier: 2018-MI-051

Project Duration: 10/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$207,070

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$56,030

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This is a two-year training and immersion program on the Green House Model. The goal is to increase staff knowledge/skills to provide higher quality person centered care.

Funded Entity(ies):

United Methodist Retirement Community Foundation

Results of the Project:

Results pending.

Project Title: Accelerating Quality Improvement for Long-Stay Residents in Michigan Nursing Homes Using Culture Change (AQIL)

Unique Identifier: 2018-MI-055/MI-0718-AI-104

Project Duration: 10/1/2018 to 9/30/2021

Michigan

Total Amount of CMP Funds Approved for this Project: \$1,114,650

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$392,058

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Our purpose of this project is to improve quality of care and quality of life for long-term stay residents in six facilities. This grant will provide a comprehensive series of trainings in the Eden Alternative Model, which includes training in person direct care, dementia care and leadership development.

Funded Entity(ies):

Altarum

Results of the Project:

Results pending.

Project Title: Positive Approach to Care

Unique Identifier: MI-1218-BB-193

Project Duration: 4/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$152,980

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$77,342

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The multi-year program Bay Bluff will train staff to help improve residents' quality of care and quality of life, while also promoting a culture of improved care for future residents. Bay Bluff expects to see the following results:

- Dementia Aware Community designation when at least 80% of the total staff completes level one of the Positive Physical Approach.
- Dementia Knowledgeable Community designation when 80% of the staff have graduated at PAC Level 1 and 75% care staff have graduated PAC level two.
- Dementia Community Skilled designation when the above is met plus 20% of care staff have completed PAC three level classroom sessions.
- Dementia Competent Designation when the above criteria are met plus there is a routine system for annual checkup and recheck as well for new employee integration into the system that is in place and being used. These learned techniques will improve the day-to-day experiences and quality of life for residents, staff, and family members.

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Funded Entity(ies):

Bay Bluffs

Results of the Project:

Results pending.

Project Title: Therapeutic Biking Program

Unique Identifier: MI-1218-GTP-194

Project Duration: 5/1/2019 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$7,771

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,771

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Therapeutic Biking Program would be to improve the quality of life for residents at the Grand Traverse Pavilions by reducing depression and fall risk through a therapeutic biking activity that allows improved access to nature, leisure activity, cognitive stimulation, social interaction, and vestibular stimulation with use of the Duet Cycle. The Duet Cycle is a modified tandem bicycle that has a fully functional detachable wheelchair in the front which is controlled by the cyclist. This allows a wide variety of users to participate, including those with significant physical or cognitive limitations.

The project would involve identification of residents that would be safe and interested in participating in an outdoor biking activity. Volunteers would be recruited from staff, family, and the community and paired with residents. Cycling would take place on the paved bike/walking paths located behind the Grand Traverse Pavilions with a goal of a weekly session lasting 15 minutes or more depending on resident tolerance, weather, and volunteer availability.

Funded Entity(ies):

Grand Traverse Pavilion

Results of the Project:

The results of this project have been excellent. The residents love riding on the bike. The final report includes numerous quotes from the residents. They were able to fondly remember their youth and riding their own bicycle. Families are pleased with this addition to the home. Others commented on enjoying the fresh air on their faces. Overall this has been a BIG success for the residents. However, as much as everyone loves the new bike, a lesson learned, pretty quickly, was that one bike to be shared with 240 residents at 15 minute intervals is a big challenge. The residents do not want to get off the bike they enjoy the ride so much. Days where there is inclement weather the duel biking activity does not run, again causing disappointment.

Michigan

Project Title: Interactive Art-Dementia Unit

Unique Identifier: MI-1218-GTP-196

Project Duration: 5/1/2019 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$1,892

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,892

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to purchase interactive art, which has been proven to alleviate some of the symptoms stemming from dementia. Currently, the applicant's facility is home to a diverse population. Some of the residents are prone to wandering throughout the facility's pavilion. The requested, interactive art will offer these residents a variety of different items to stimulate them visually, tactilely, and facilitate meaningful interactions between the residents and staff.

Funded Entity(ies):

Grand Traverse Pavilion

Results of the Project:

The mural was placed in the summer of 2019. It has given the residents the opportunity to interact with the mural and each other. It has provided countless hours of reminiscing. Several of the ladies have been talking and sharing apple pie stories and recipes. The men enjoy talking about and watching the baseball game that is also on the mural. Several residents have discovered the mural while wondering. Staff have demonstrated how to pick the fruit. Some hold onto the fruit and others pick and place them in a basket. Often carrying the basket with them. The mural has decreased wandering by disappointment.

Project Title: Online Ethics Training Highlighting Improvement in Care and Compliance in Skilled Nursing Facilities (O-ETHICCS)

Unique Identifier: MI-078-WMU-103

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$378,230

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$137,440

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will improve the care and support of Michigan skilled nursing facilities (SNFs) through ethics, care and compliance training. The project leader will develop this training through a qualitative development project using surveys, interviews, and pilot trainings both in-person and via webinar. Then, the developed

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and tested content will be transferred to an online, self-directed, training environment that can easily be accessed by all designated individuals through their work or home computers. By the end of the project, all SNF staff in Michigan will have the opportunity to participate in training through a curriculum developed in Michigan.

Funded Entity(ies):

Western Michigan University

Results of the Project:

Results pending.

Project Title: Memory Care Program Enhancement Project

Unique Identifier: MI-1218-ALC-191

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$26,700

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$14,493

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This Music & Memory Certification project is step two of four steps in the goal of improving the Memory Care programs by integrating person centered music into Life Enrichment programs. Advantage Living Centers will be working with the organization, Music & Memory at www.musicandmemory.org, to educate Memory Care team members in how to utilize music to help residents connect with themselves and their environment. The program will teach the team members how to use music to effectively engage with residents at multiple levels.

Funded Entity(ies):

Advantage Living Center

Results of the Project:

Results pending.

Project Title: The Heart of Home

Unique Identifier: MI-0818-UMRC-119

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$179,700

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Total Amount of CMP Funds Expended During CY 2019 for this Project: \$56,030

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will adopt the Action Pact model and provide Action Pact training to our caregiving staff with the purpose of improving care for low-income seniors requiring 24-hour skilled nursing care at Kresge Center. Through the Action Pact model, the culture of Kresge Center will change from a traditional "institutional" setting to one that feels like home, focusing on residents' needs and wishes, and offering greater autonomy to both the elder and their staff caregivers.

Funded Entity(ies):

United Methodist Retirement Community

Results of the Project:

Results pending.

Project Title: Enriching Lives and Fall Prevention with Utilizing It's Never 2 Late (iN2L) Technology Project

Unique Identifier: MI-0619-SHRC-342

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$88,927

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$35,295

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement individualized interventions through the use of customizable engagement technology by launching the iN2L Program in their skilled nursing community. The goals of the project are to: 1) reduce the number of falls and falls with an injury; and 2) to improve quality of life for residents with diagnosis of dementia at the skilled nursing facility. The technology will allow residents to participate in meaningful, client-centered, individual programs created especially for them which will subsequently reduce residents' restlessness, agitation, refusal for therapy restorative care and increase therapeutic stimulation, thus improving quality of life for residents diagnosed with dementia. This will enhance person-centered care for engagement and participation with the therapy restorative care program, increasing the endurance, gait strength and balance of residents.

Funded Entity(ies):

Shelby Health and Rehabilitation

Results of the Project:

Michigan

Project Title: Culture Change in Advanced Illness: A Person-Centered Healing and Wellness Intervention for Residents in Skilled Nursing Facilities

Unique Identifier: MI-0619-WSU-344

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$58,765

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$58,765

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The one year project, developed with input from the residents' council at the Village of East Harbor (VHE), will focus on enhancing satisfaction and quality of life for 60 skilled nursing residents with advanced illness. The project will involve:

- 1) Education and training for 10 VHE staff members;
- 2) A person-focused intervention offering options for Healing Touch, aromatherapy, and/or companionship and video or phone visits; and
- 3) Enhancement of pre-death and after-death protocols with staff member, resident and family input.

Funded Entity(ies):

Wayne State University

Results of the Project:

Results pending.

Project Title: Resident Engagement Project

Unique Identifier: MI-0619-CRHA-346

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$57,348

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$57,348

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will utilize the It's Never 2 Late (iN2L) technology to provide resident-centered, meaningful activity programming. Residents, family members, staff, and volunteers will be trained on utilizing the programs provided by iN2L to increase resident engagement and interaction. The project's overall goal is to

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reduce the number of psychotropic medications (i.e. antipsychotics, antidepressants, and anxiolytics) prescribed.

Funded Entity(ies):

Christian Rest Home Association (DBA) Edison Christian Health Center

Results of the Project:

Results pending.

Project Title: LEAN Management Systems and Tiered Huddles

Unique Identifier: MI-0619-MCMCFC-349
Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$307,329

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$152,788

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project utilizes innovative approaches to improve resident quality of life, resident safety and promote person-directed values through LEAN and Lean Management System (LMS) and daily tiered huddles. LMS tools focus on understanding and meeting resident needs exactly (no waste) through tiered communication huddles. Twenty-five Michigan County Medical Care Facilities (MCMCF) will participate in daily tiered huddles training, a structured data-driven approach as requested by members. The final phase of the project will include a three-facility pilot to adapt and test other LMS tools for future projects.

Funded Entity(ies):

Michigan County Medical Care Facilities Council or MCMCFC.

Results of the Project:

Results pending.

Project Title: Honor Nursing Home Residents Healthcare Wishes across the Continuum of Care Project

Unique Identifier: MI-0719-GLHC-357

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$180,952

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Total Amount of CMP Funds Expended During CY 2019 for this Project: \$158,546

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will utilize the Respecting Choices model of advance care planning to pilot the creation of education, training, and systems in nursing homes to ensure that resident's healthcare wishes are being honored along the continuum of care. The project will include: group presentations provided to residents and their loved ones about advance care planning (ACP) to increase knowledge and dispel speculative beliefs, facilitate conversations with residents, their chosen Patient Advocate and loved ones to discover what matters most to them and create clear advance directives that can guide clinical decision making reflecting their goals, values and beliefs. Written advance care planning educational materials will be developed for residents and their loved ones to be included in new resident welcome packets. The overall goal of the project is to empower nursing homes to know how to honor a person's choices for healthcare.

Funded Entity(ies):

Great Lakes Health Connect

Results of the Project:

Results pending.

Project Title: Sensory Interventions Through Technology Engagement Project

Unique Identifier: MI-0719-EHLC-354

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$85,136

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$56,445

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to: 1) reduce the use of antipsychotic medications; and (2) to improve quality of life for long-term residents with diagnosis of dementia. This will be achieved by implementing individualized, non-pharmacological interventions through the use of the iN2L (It's Never 2 Late) technology.

Funded Entity(ies):

Evergreen Health and Living Center.

Results of the Project:

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Project Title: Savvy Skilled Dementia Care

Unique Identifier: MI-0719-HCAM-361

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$682,468

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$227,486

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement the Savvy Skilled Dementia Care (SSDC) QAPI (Quality Assurance and Performance Improvement) training model that will improve the individualized care and enhance personcentered dementia capable culture in Michigan skilled nursing facilities (SNFs). Adapted from the evidence-based Savvy Caregiver Program, SSDC is founded in person-centered, empowerment-oriented education. The project will enable SNF staff to effectively modify strategies to discover what contributes to the resident with dementia feeling content, engaged, and enriched in everyday life.

Funded Entity(ies):

Health Care Association of Michigan (HCAM)

Results of the Project:

Results pending.

Project Title: Sensory Interventions through Technology Engagement

Unique Identifier: MI-0719-EHLC-354

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$85,136

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$56,446

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The aim is to reduce antipsychotic medications and improve quality of life for Long-Term Care residents diagnosed with dementia. This will be achieved by implementing individualized, non-pharmacological interventions through the use of engagement technology by launching the iN2L Program (It's Never 2 Late). They will integrate the program through their experienced multidisciplinary team of registered nurse's, physical, occupational and speech therapist along with their department of recreational therapy. This program will provide person-centered care for each resident, customizing it to their needs.

Michigan

Funded Entity(ies):

Evergreen Health and Living Center

Results of the Project:

Results pending.

Project Title: Resident Engagement Project

Unique Identifier: MI-0619-CRHA-346

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$57,348

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$57,348

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Using (Its Never Too Late) iN2L technology, an evidence-based approach to reducing the use of psychotropic medications and increasing resident engagement. This program is geared to increasing group activities and interactions which increases socialization among residents in order to improve their overall quality of life. This program offers a variety of activities through iN2L ensures each resident will be able to find an activity they can partake in and benefit from.

Funded Entity(ies):

Christian Rest Home Association (DBA) Edison Christian Health Center

Results of the Project:

Results pending.

Project Title: System Redesign to Honor Nursing Home Residents Healthcare Wishes Across the Continuum of Care

Unique Identifier: MI-0719-GLHC-357

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$180,952

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$158,546

Michigan

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This model of advanced care planning will provide nursing home residents with an increased knowledge of healthcare options, increased awareness of personal values, beliefs and preferences regarding advanced care planning healthcare option and peace of mind in knowing their healthcare team will know their care wishes.

Funded Entity(ies):

Great Lakes Health Connect

Results of the Project:

Results pending.

Project Title: SAVVY Skilled Dementia Care (SSDC)

Unique Identifier: MI-0719-HCAM-361

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$682,468

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$330,287

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will enable the Health Care Association of Michigan (HCAM)) to provide person-centered, empowerment-oriented education for skilled nursing facility staff to effectively modify strategies and discover what contributes to the dementia residents' feelings of contentment and enrichment in their everyday lives. This training model which centers on improving individualized care and enhance person-centered dementia capable culture in Michigan's skilled nursing homes. This grant will enable staff to effectively modify strategies to discover what contributes to the residents, with dementia, feelings of contentment and to prevent and avoid unnecessary pain and suffering due to dementia.

Funded Entity(ies):

HCAM

Results of the Project:

Michigan

Project Title: LEAN Management Systems and Tiered Huddles

Unique Identifier: MI-0619-MCMCFC-349 Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$307,329

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$307,329

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Lean Management System (LMS) tools, includes the implementation of tiered communication huddles. The focus is on achieving person-centered priorities by minimizing distractions and eliminating wasted time and improve communication between staff. The expectation is to influence measurable, positive culture changes within the nursing facility by better meeting the needs of its residents. The target audience is the residents. Staff will be trained to better engage their residents in decision making. Provide residents with more choices, increase resident participation which may include family and their resident councils.

Funded Entity(ies):

Michigan County Medical Care Facilities Council or MCMCFC.

Results of the Project:

Results pending.

Project Title: Enriching Lives and Fall Prevention with It's Never 2 Late (iN2L)Technology

Unique Identifier: MI-0619-SHRC-342
Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$88,927

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$29,642

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Through the use of iN2L technology, residents will have individualized opportunities to stay engaged and have person- centered experiences that enhance their quality of life. The goals of this project are to reduce the number of falls and falls with injuries and to improve the quality of life for residents with a dementia diagnosis.

Funded Entity(ies):

Shelby Health and Rehabilitation Center

Results of the Project:

Michigan

Project Title: Culture Change in Advanced Illness: A Person-Centered Healing and Wellness Intervention for Residents in Skilled Nursing Facilities.

Unique Identifier: 2019-MI-182

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$58,765

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$58,765

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will fill the gap in awareness, focus, conversation and communication on the issues of death and dying while changing the culture in the nursing home by using Health Touch techniques, aroma therapy and or companion therapy with the residents.

Funded Entity(ies):

Wayne State University School of Social Work

Results of the Project:

Results pending.

Project Title: CMP Reinvestment Grant Process

Unique Identifier: MI-0719-MDHHS-374

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$198,598

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$198,958

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The proposed improvements will strengthen the criteria for acceptable projects, leading to higher quality applications and raise awareness about the CMP grant process, leading to an increased quality of applications.

Funded Entity(ies):

Michigan Department of Health and Human Services

Results of the Project:

Minnesota

MN CMP Funds Expended for Administrative Uses in CY 2019: \$15,819

MN CMP Funds Expended for Emergency Uses in CY 2019: \$0

MN Active CMP Funded Projects in CY 2019: 4

Project Title: Music and Memory Programming

Unique Identifier: 2018-MN-056

Project Duration: 6/2/2017 to 7/29/2019

Total Amount of CMP Funds Approved for this Project: \$308,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$8,111

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide Minnesota (MN) nursing home residents access to programs known to improve quality of life for residents with cognitive impairment.
- b. The MN Department of Human Services (DHS) will provide grant funding to nursing facilities statewide that wish to implement music and memory type programming.
- c. The programming instituted through this project will enhance the quality of life and quality of care for nursing home residents with cognitive impairment, including, but not limited to dementia.
- d. Staff in participating facilities statewide.

Funded Entity(ies):

MN Department of Human Services (DHS) - funded selected MN nursing homes with grant monies to access programming

Results of the Project:

35 facilities implemented Music and Memory type programming for residents within their respective facilities. To-date, 25 facilities have submitted to DHS final surveys on their results, we await final evaluations for the remaining 10 facilities.

Project Title: Joint Provider and Surveyor Training for Revised Requirements of Participation

Unique Identifier: 2018-MN-057

Project Duration: 11/6/2017 to 12/1/2020

Total Amount of CMP Funds Approved for this Project: \$90,075

Minnesota

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,101

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to provide training to aid participants in understanding the new requirements of participation for federally certified (Medicare & Medicaid) nursing homes.
- b. The MN Department of Health (MDH-Survey Agency) and the MN Department of Human Services (DHS-Medicaid) will hold joint provider/surveyor training sessions, in multiple statewide locations, on the revised CMS regulations.
- c. The knowledge gained through this training will enable facilities to institute practices and programs that incorporate the quality of life and quality of care focus found in the revised CMS regulations.
- d. Facility residents, staff and leadership statewide, facility surveyors, provider organizations, and resident advocacy organizations.

Funded Entity(ies):

MN Department of Human Services (DHS), with work carried out through contracts with subject matter expert speakers and statewide training venues

Results of the Project:

Two rounds of statewide training sessions were held, each spread throughout the state at four different locations. These day-long training sessions provided training to over 2,000 attendees, including representatives from the State Medicaid Agency, Survey Agency, the Office of Ombudsman for Long-Term Care and provider organizations, in addition to facility staff. Over 75% of facilities statewide had representatives attending. Final results pending.

Project Title: Sexual Abuse in Nursing Homes

Unique Identifier: 2018-MN-058

Project Duration: 10/4/2018 to 10/1/2020

Total Amount of CMP Funds Approved for this Project: \$385,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$111,265

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to help provide nursing facility residents with a safer environment in which to live.

Minnesota

- b. The MN Office of Ombudsman for Long- Term Care will enlist a project manager to coordinate the development of a training video and curriculum on sexual abuse in nursing homes.
- c. The tools and training developed through this project will educate individuals on how to prevent, identify, and respond to the sexual abuse of residents in nursing homes, including the provision of follow-up care.
- d. Facility residents; family; staff; leadership and resident and family councils statewide; law enforcement and community organizations; resident advocacy organizations.

Funded Entity(ies):

Minnesota Department of Human Services; Office of Ombudsman for Long-Term Care, contracted entities for video production, curriculum development and subject matter experts.

Results of the Project:

Results pending.

Project Title: Controlled Substance Diversion Prevention and Mitigation in Nursing Facilities

Unique Identifier: MN-0318-MDH-006

Project Duration: 12/7/2018 to 1/1/2022

Total Amount of CMP Funds Approved for this Project: \$68,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$32,684

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to prevent and mitigate the incidence of controlled substance diversion in Minnesota nursing facilities this project will produce a "roadmap" of best practices, several in-person training sessions, as well as practical tools and resources, to assist facilities in the identification and mitigation of controlled substance diversion.
- b. Best practice recommendations will also be tested during a pilot implementation in a select group of nursing facilities. The roadmap and tools will be made available to all facilities.
- c. The knowledge gained through this education & training will benefit facility residents by helping to ensure that their medications are secure and free from tampering, that their health care providers are not impaired, and that residents' medical conditions (including pain management) are being effectively managed.
- d. Facility residents and staff statewide.

Minnesota

Funded Entity(ies):

Minnesota Department of Human Services (MN-DHS) and a contract with Apiari LLC

Results of the Project:

Interim results: First round of provider training held, and second round of training scheduled for May 2020. Production of provider toolkit (Pathway to Prevent Diversion of Controlled Substances in Long-Term Care) and posted on web:

https://static1.squarespace.com/static/54cbccd8e4b0ee6e21f7bb7b/t/5d543eedf3953d0001c9b927/156580 2223797/Final+%202019+MN+CS+Diversion+Pathway.pdfIlli

Final results pending.

Ohio

OH CMP Funds Expended for Administrative Uses in CY 2019: \$100,973

OH CMP Funds Expended for Emergency Uses in CY 2019: \$0

OH Active CMP Funded Projects in CY 2019: 20

Project Title: Opening Minds Through Art (OMA)

Unique Identifier: 2018-OH-060

Project Duration: 7/1/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$781,716

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$162,345

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to implement custom art making programs for nursing home residents with dementia and to provide opportunities for positive self-expression and social engagement.
- b. The project aims to help improve the quality of interaction with and care of people with dementia by using in-person and online training for staff and volunteers.
- c. Residents will benefit from improved social interactions with facility staff and volunteers, and experience enhanced quality of life.
- d. Approximately 100 nursing homes in the state and several hundred nursing home staff and volunteers.

Funded Entity(ies):

Miami University and Scripps Gerontology Center

Results of the Project:

The OMA project trained 138 nursing facility staff from 102 facilities in 38 counties throughout Ohio to be facilitators of OMA art making sessions, thereby exceeding its training goal of 100 facilities. Training was provided either entirely in- person, or as a hybrid course that combined both in- person and online training components. Both formats were highly rated by facilitator trainees in the post- training survey, with both inperson training and hybrid training rated an average of 4.8 out of 5 possible points.

Volunteers were also trained who were paired with each resident to provide one-to-one attention and assistance at art making sessions. Study findings show student volunteer participation in OMA is associated with significantly improved attitudes toward older adults living with dementia.

Resident feedback was obtained following each OMA art making session using a standardized questionnaire developed specifically for the project. All 610 participating residents rated OMA highly, averaging 2.5 out of 3 on all items on the evaluation.

Additionally, volunteer partners who were paired with residents asked residents to indicate their mood by selecting from a series of faces depicting moods ranging from Unhappy (1) to Very Happy (5). Most

Ohio

residents reported feeling just above neutral before participating in OMA and became more than somewhat happy after participating in OMA.

Resident comments were also collected, and 92% center around enjoying the program, feeling proud of the artwork they created, being surprised by their creations, and valuing their friendship with their OMA volunteer partners.

Project Title: Preferences for Everyday Living Inventory (PELI)

Unique Identifier: 2018-OH-061

Project Duration: 7/1/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$1,005,662

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$171,413

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to provide person-centered care by honoring each individual's everyday preferences.

Funded Entity(ies):

Miami University and Scripps Gerontology Center

Results of the Project:

This project resulted in the development of a significant infrastructure of education and training tools that were disseminated to over 15,000 individuals. Resources were developed to remediate 32 barriers that were identified to assessing and integrating preferences into care. These resources have been made available to providers at no cost via the website www.PreferenceBasedLiving.com. The project also developed PAL (Preferences for Activities and Leisure) cards, which proved to be an acceptable, feasible, and appropriate communication intervention that can be used to spark conversations with residents about meaningful activities in their lives. Additionally, the ComPASS (Care Preference Assessment of Satisfaction)-16 web application was developed and launched to assist providers in electronically capturing and tracking preferences over time, as well as integrating preferences into quality improvement initiatives.

Project Title: Antipsychotics Use Reduction

Unique Identifier: 2018-OH-062

Project Duration: 1/1/2017 to 6/30/2019

Ohio

Total Amount of CMP Funds Approved for this Project: \$603,310

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$92,005

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to reduce problematic behaviors exhibited by nursing home residents with dementia and dementia related conditions through means other than medication.
- b. This project aims to teach non-medication behavior management and mentoring techniques, and the creation of individualized plans of care that focus on non-medication management of behaviors. The project will also improve performance on the Centers for Medicare & Medicaid Services antipsychotic quality measure.
- c. Residents will benefit by experiencing reduced side effects from antipsychotic medications, thereby improving quality of life.
- d. Up to 80 interdisciplinary staff members in nursing homes in 22 counties in northwest Ohio.

Funded Entity(ies):

WACON Solutions, Inc.

Results of the Project:

WACON recruited 40 nursing homes to participate in this project. The project offered dementia education to nursing home staff, and certification in the standardized cognitive assessment tool known as the Reality Comprehension Clock Test (RCCT). The RCCT predicts the cognitive status of individuals experiencing memory loss. The project also offered education on non-medication behavior management, behavior program implementation, and mentoring. At the conclusion of the project, 32, or 82.4% of participating nursing homes met their goal of a 15% reduction in the CMS quality measure score for antipsychotics for facilities with an initial quality measure (QM) score of 20.6% or higher, or a 5% reduction in the CMS quality measure score for antipsychotics for facilities with an initial QM score of less than 20.6%.

Project Title: Person Centered Staff Engagement

Unique Identifier: 2018-OH-063

Project Duration: 4/1/2017 to 4/30/2019

Total Amount of CMP Funds Approved for this Project: \$2,000,243

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$109,540

Ohio

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to engage staff in person-centered care practices to improve the quality of resident care and life.
- b. Twelve regional ombudsman programs in the state will be engaged in nursing home quality assurance performance improvement (QAPI) efforts and will carry lessons learned into future complaint handling efforts. A statewide Resident Council Coalition, resident interview committees, and staff recognition programs will be launched.
- c. Residents will benefit from increased person-centered care, thereby improving resident satisfaction and an improved quality of life.
- d. Approximately 100 nursing homes and 12 regional ombudsman programs in the state.

Funded Entity(ies):

State Long - Term Care Ombudsman

Results of the Project:

This project employed a learning collaborative approach developed by the Pioneer Network that was designed to develop effective staff practices such as daily huddles and consistent assignment. A total of 114 nursing homes completed the project. By the end of the project period, the goal was met to reduce the number of ombudsmen verified complaints by 10% across all participating facilities.

However, the 10% reduction was also seen for all nursing homes in Ohio, not just the participant group, during the same time period. It is therefore not possible to attribute the reduction of verified complaints primarily to the project intervention. The second goal, a 10% reduction in citations from the Ohio Department of Health, was not met. It is very possible that a change in the survey process implemented during the project period may have outweighed any differences that could be attributed to the project. The Person-Centered Care Index (PCCI), developed by the Scripps Gerontology Center, did reveal statistically significant improvements on 16 important aspects of resident care among the 70 facilities that provided comparison data.

Project Title: Focused Nurse Education

Unique Identifier: 2018-OH-064

Project Duration: 4/1/2017 to 5/31/2019

Total Amount of CMP Funds Approved for this Project: \$73,545

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,975

Ohio

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of the project is to reduce unnecessary hospitalizations and preventable emergency room visits for nursing home residents.
- b. This project aims to provide a focused curriculum and geriatric-specific training to registered nurses, licensed practical nurses, and state tested nurse assistants (STNAs) that will increase their ability to communicate accurately, effectively and confidently regarding the health conditions of the residents in their facilities, thereby reducing unnecessary hospitalizations and emergency room visits.
- c. Residents who can be treated in the nursing home rather than in the hospital or emergency room will avoid transfer trauma and the accompanying disorientation.
- d. Three nursing homes in the state: Bethany Village (Dayton), Green Hills (West Liberty), and Kendal at Oberlin (Oberlin) and the nurses and STNAs at those facilities.

Funded Entity(ies):

LeadingAge Ohio

Results of the Project:

Green Hills nursing home, which was originally proposed to participate in this project, was removed because it was involved in LeadingAge Ohio's Telehealth CMP project (18-OH068) and there was concern that participation in both projects would influence evaluation outcomes. Two other nursing homes were recruited to participate, for a total of four participating facilities. The initial goal was an overall 20% reduction in hospital readmissions and an overall 10% reduction in emergency room visits. By the end of the project period, data analysis revealed all four facilities had lowered 30-day hospital readmission rates for both short-term and long- term residents, with decreases ranging from 14% to 31% (24.4% overall). Final data also showed three facilities experienced a decrease in the number of emergency room visits, with decreases ranging from 5.9% to 42.9% (13.9% overall).

Project Title: LifeBio

Unique Identifier: 2018-OH-065

Project Duration: 4/15/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$726,008

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$138,387

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to enhance person-centered care in nursing facilities.

Ohio

- b. The project will develop a LifeBio Story Booklet and LifeBio Story Summary page for each resident, provide staff with training tools, and provide a monthly webinar and bimonthly site visits for technical assistance.
- c. The LifeBio Story Booklet and Summary page encourages staff and visitors to engage with residents about their life histories, including families, notable life events, hobbies, interests, personal accomplishments, work, and preferences for care-related tasks.
- d. Several hundred nursing home staff and volunteers in the state.

Funded Entity(ies):

Ohio State University, Ohio Colleges of Medicine, Government Resource Center (GRC); Benjamin Rose Institute on Aging

Results of the Project:

186 residents in 16 nursing homes participated in this project. Overall findings indicate the majority of residents and staff who participated in the project found it a positive experience, producing significant improvement in depression symptoms, and supporting staff to provide individualized care. LifeBio story work can be useful to 186 residents in 16 nursing homes participated in this project. Overall findings indicate the majority of residents and staff who participated in the project found it a positive experience, producing significant improvement in depression symptoms, and supporting staff to provide individualized care. LifeBio story work can be useful to residents who enjoy sharing a LifeBio story book with others in the nursing home, may help to reduce depression by promoting better engagement between residents and staff, and has potential as a regular resident activity. The project faced challenges due to university administrative delays that impacted the recruitment and retention of volunteers, project design, timeframes for data collection, program fidelity, and nursing home participation. These issues led to modifications to staff training, use of additional staff and interns to collect life stories, and changes in project design that allowed for the accommodation of tight timeframes.

Project Title: Telehealth

Unique Identifier: 2018-OH-068

Project Duration: 8/1/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$216,220

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$55,693

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to reduce hospital admissions and emergency department visits by providing telemedicine in two nursing homes located in rural areas of Ohio.

Ohio

- b. One nursing home will establish an on-site telemedicine clinic and the other will utilize a telemedicine mobile cart. The project will track care coordination for residents at the two facilities who experience congestive heart failure (CHF), congestive obstructive pulmonary disease (COPD), pneumonia, or stroke to demonstrate the benefits of care coordination strategies through telemedicine.
- c. Residents can benefit from more timely responses by caregivers, leading to higher levels of function and increased quality of life. Telemedicine has been found to be associated with significant reductions in mortality, reduced hospital admissions, re-admissions, length of stay, and emergency department visits.
- d. Two nursing homes: Green Hills Community and Ohio Eastern Star Home, and their staff.

Funded Entity(ies):

LeadingAge Ohio; Optimized Care Network (OCN)

Results of the Project:

This project was originally designed to track the effects of telehealth on residents with four diagnoses: CHF, COPD, pneumonia, and stroke. However, once the project began it became evident that the number of residents with these diagnoses was quite small, so the project design was modified to include all facility residents. Additionally, numerous factors affected implementation of the telehealth technology at one of the facilities, which, despite corrective efforts, resulted in discontinuation of this is facility's participation.

Goals of this project were to reduce emergency room (ER) visits by 10% and reduce hospital admissions and readmissions by 10%. For the facility that remained in the project, ER only visits declined by 42.5% during the project period, and observation stays declined by 33.3%. Inpatient admissions, however, increased by 9.7%. In addition, compared to the base measurement period of 3/2016-10/2017, the readmission rate for all residents at the end of the project increased by 3.3%. It is important to note this reflects the rate for all residents, not specifically for the residents for whom telehealth care was used. The evaluation survey that was given to staff revealed that the majority of clinical staff agreed the telehealth technology created value for both short-term and long-term residents.

Project Title: Nurse Leadership

Unique Identifier: 2018-OH-169

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,049,124

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$356,265

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide leadership training to 72 registered nurses in nursing facilities throughout Ohio in order to improve staff retention and resident and family satisfaction. By providing nurse leaders with enhanced leadership skills, the applicant seeks to decrease each participating nursing facility's

Ohio

direct care staff turnover rate by 5% in CY 2017, with additional 1% decreases in CY 2018 and CY 2019. This will be measured using facilities' human resource records and documentation. The applicant also seeks to increase each participating facility's scores on the resident and family satisfaction surveys that have been developed specifically for this project by 7% each for CY 2017, with additional 2% increases in both surveys in CY 2018 and CY 2019. Residents are expected to benefit because improved staff retention will allow for more consistent assignment of nursing home staff, which is known to be a component of high-quality resident care. Residents also are expected to benefit by being more satisfied with the care they receive due to having the same caregivers who know them well and understand their needs and preferences.

Funded Entity(ies):

Tobin & Associates, Inc.

Results of the Project:

Results pending.

Project Title: Pocket Guide to Pressure Ulcers

Unique Identifier: 2018-OH-077

Project Duration: 7/1/2018 to 7/30/2019

Total Amount of CMP Funds Approved for this Project: \$75,762

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$37,884

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to send five copies of the Pocket Guide to Pressure Ulcers, Fourth Edition, to each dually certified nursing facility in the state.
- b. Nursing homes will be surveyed on how they have used the guide and opinions on its usefulness. Data will be analyzed to determine the correlation of facility use of the guide and any changes in the number of citations for pressure ulcers.
- c. Residents will benefit from an improvement in pressure ulcer prevention, earlier identification of pressure ulcers, quicker healing of pressure ulcers, and fewer infections from pressure ulcers. Improved patient care will result in improved quality of life, including a reduction in pain related to pressure ulcers.
- d. The target audience is all 936 dually certified nursing facilities in the state and their administrators and direct care staff.

Funded Entity(ies):

Ohio Department of Health

Ohio

Results of the Project:

This project tracked the number of citations for Tag F314 (F686). Treatment/Services to Prevent/Heal Pressure Sores, and Tag F585 Skin Integrity for the 936 dually certified nursing homes in Ohio that each received five copies of the Pocket Guide to Pressure Ulcers for use by their facility. Compared to baseline data collected for the 12-month period prior to the implementation of the project, data collected for the ten month period following the distribution of the guides revealed no substantial change in the number of citations (167 vs.135). However, the levels of citations were significantly lower after distribution of the guides, with data showing a 12% decrease between level two and level three severity categories. An insignificant 1% change occurred at severity level four. The online survey for facilities had a 13% response rate. Of responding facilities, 91% indicated the guide had improved staff knowledge, 85.5% indicated the guide had improved identification of pressure ulcers, 83% indicated the guide had improved documentation of pressure ulcers, and 81% indicated the guide had improved prevention of pressure ulcers.

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: 2018-OH-078

Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$100,170

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$37,110

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to use a picture-based touch-screen computer system to help reduce the effects of institutional isolation among nursing home residents.
- b. At least ten staff members or volunteers will be trained to use the iN2L computer system. These individuals will then assist residents to use the system, and a nursing home staff member will be designated to facilitate the iN2L program. Monthly training webinars and quarterly best practices group calls will be provided for the duration of the project.
- c. Residents will benefit by having greater connection and the community at large, greater participation in mind stimulating activities, more opportunities to learn new skills and hobbies, improved eye-hand coordination when used as part of a rehabilitation program, and enhanced individual and group activities.
- d. Concordia at Sumner nursing home and their staff and volunteers with family and friends.

Funded Entity(ies):

Concordia at Sumner

Results of the Project:

Ohio

Project Title: Person Directed Dementia Care

Unique Identifier: 2018-OH-079

Project Duration: 8/1/2018 to 1/31/2020

Total Amount of CMP Funds Approved for this Project: \$445,478

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$257,178

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The purpose of this project is to support the continued reduction of antipsychotic medications through person-directed care practices that redefine perceptions of and approaches to dementia care.
- b. This project will offer both online and in-person group education, self- directed application of skills, resources for ongoing education, and the opportunity to engage with other nursing homes in the state in pursuit of best practices.
- c. Residents will benefit from the reduced use of antipsychotics by experiencing improved overall wellbeing and quality of life. Unmet needs that may be triggering challenging behaviors will be identified. Direct care staff will be empowered to work collaboratively and compassionately with individuals living with dementia, and negative attitudes, fears, and outdated perceptions of dementia will shift so residents' needs may be truly heard.
- d. Approximately 100 nursing homes in the state and their staff.

Funded Entity(ies):

State Long-Term Care Ombudsman

Results of the Project:

Results pending.

Project Title: Stop That Mite

Unique Identifier: 2018-OH-080

Project Duration: 9/1/2018 to 8/31/2019

Total Amount of CMP Funds Approved for this Project: \$6,453

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$4,066

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of this project is to reduce the incidence and severity of scabies outbreaks in nursing homes in Jefferson County.

Ohio

- b. Onsite and online training will be provided and will include follow-up trainings to facilities that experience a new outbreak.
- c. Residents will benefit by experiencing fewer or no new outbreaks of scabies, and by equipping administrators and staff with the knowledge they need to provide effective, high-quality care to residents if an outbreak occurs.
- d. Nine nursing homes in Jefferson County and their staff, and residents' family members.

Funded Entity(ies):

Jefferson County Department of Health

Results of the Project:

Due to numerous outbreaks of scabies in Jefferson County nursing homes, this project was designed to provide in-person scabies education to interdisciplinary staff at the nine nursing homes in the county, thereby reducing the incidence and severity of outbreaks. The success of the project was evidenced by a 65.4% decrease in the incidence of outbreaks in 2019 compared to 2017/2018. Success also was evidenced by all nine facilities exceeding the goal of a staff participation rate of 75%, with actual participation rates between 79% and 100%. The third goal of the project was for participating staff to achieve a 25% gain in knowledge as evidenced by comparison of pre-training and post-training test scores. This goal was partially met, with staff achieving a 9-15% knowledge gain.

Project Title: Compassionate Touch

Unique Identifier: OH-1118-ATI-182

Project Duration: 4/1/2019 to 3/31/2022

Total Amount of CMP Funds Approved for this Project: \$687,904

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$154,045

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide a non-pharmacological solution, Compassionate Touch® (CT), to help reduce unnecessary use of antipsychotic medication in dementia care while actively engaging nursing home residents, staff members, and family-care partners. The three year project will enlist approximately 140 nursing homes across geographically diverse areas in Ohio. Activities will consist of facility recruitment, project promotion, on-site staff training, CT Couch (train-the-trainer e-learning workshop) training, in-house training, and project support through data analysis and reporting.

Funded Entity(ies):

AGE-u-cate Training Institute (ATI)

Results of the Project:

Ohio

Project Title: Dementia Live

Unique Identifier: OH-0219-ATI-224

Project Duration: 4/1/2019 to 3/31/2022

Total Amount of CMP Funds Approved for this Project: \$760,189

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$167,910

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve the quality of care and quality of life of long-stay nursing home residents in Ohio who have dementia or dementia related conditions. This will be achieved with Dementia Live®, an experiential learning program simulating cognitive and sensory impairments, giving participants real-life experience of living with dementia. Through the Dementia Live® program, participants are empowered with new tools for improved communication skills and care practices that can be implemented as they go about their work in the nursing home. These improved communication skills and care practices will ultimately help decrease resident behavioral symptoms that arise from dementia and dementia related conditions and will help increase resident well-being.

Funded Entity(ies):

AGE-u-cate Training Institute (ATI)

Results of the Project:

Results pending.

Project Title: Opening Minds Through Art, Phase II

Unique Identifier: OH-0519-SGC-315

Project Duration: 10/1/2019 to 9/30/2022

Total Amount of CMP Funds Approved for this Project: \$872,907

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$80,465

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

OMA (Opening Minds Through Art) is an evidence-based, intergenerational art- making program for residents with dementia. It is designed to provide opportunities for creative self-expression and social engagement for residents with Alzheimer's disease and other forms of neurocognitive disorders. The program is also aimed at providing students with opportunities to develop positive attitudes and effective communication skills when interacting with older adults with dementia.

Ohio

Applicant plans to provide OMA to 40 Ohio nursing homes paired with 40 Ohio universities preparing students to become physicians, nurses, occupational therapists, and speech therapists. The current request is a three- year extension to a previous, three-year OMA project.

Funded Entity(ies):

Miami University and the Scripps Gerontology Center

Results of the Project:

Results pending.

Project Title: Increasing the Preference- Based Care of People in Ohio's Nursing Homes with a Special Focus on People Living with Dementia

Unique Identifier: OH-0719-MUSGC-362

Project Duration: 10/1/2019 to 9/30/2022

Total Amount of CMP Funds Approved for this Project: \$1,355,308

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$108,187

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

"The "Increasing the Preference-Based Care of People in Ohio's Nursing Homes with a Special Focus on People Living with Dementia" project builds on previous funding from National Institutes of Health, Alzheimer's Association, The Donaghue Foundation, and the Ohio Department of Medicaid (ODM) to translate the Preferences for Everyday Living Inventory (PELI) data into daily care practices. The project seeks to accomplish new goals within the context of ODM's Quality Strategy.

First, to "continuously improve population health and healthcare quality," the project will build upon prior quality assurance deliverables to add a pragmatic audit trail for providers to track their process of PELI assessment to the integration of preferences into care plans, and develop and offer quality improvement projects (QIPs) approved through the Ohio Department of Aging (ODA) that will focus on assessing preferences for people with moderate to severe dementia, as well as communicating those preferences across different care team members and shifts.

Second, the applicant will align with the ODM Quality Strategy of "promoting value over volume" through educational outreach as well as creating tools and resources to address barriers articulated by providers. The applicant will develop materials from an evidence-based program for easy-to-use interventions that direct care staff can implement in their work with people living with dementia. To address the barriers to communication that individuals living with dementia may experience in the nursing home, the applicant will augment the PELI with visual cues that are tested with individuals with mild dementia.

Ohio

Funded Entity(ies):

Miami University and the Scripps Gerontology Center

Results of the Project:

Results pending.

Project Title: Rhythm of the Day

Unique Identifier: OH-TOB-0819-395

Project Duration: 11/1/2019 to 10/31/2022

Total Amount of CMP Funds Approved for this Project: \$835,050

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$49,225

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project proposes to offer selected Ohio nursing facilities a comprehensive holistic memory care program with center-focused interventions and proven outcomes hereafter known as Rhythm of the Day© (known nationally as Memory in Rhythm®). The project will focus on the development of a person-centered, 24-hour, 7 days a week dementia/Alzheimer's care program directed to decrease behaviors and increase resident quality of life.

The project will provide training and support for nursing facility personnel in communicating and dealing with residents with dementia, focused on "attaining or maintaining the highest practicable physical mental and psychosocial well-being of each resident and providing educational/ emotional support to families of residents in the program.

Funded Entity(ies):

Tobin & Associates, Inc.

Results of the Project:

Results pending.

Project Title: Skilled Nursing Facility (SNF) Clinic

Unique Identifier: OH-0919-SNF-418

Project Duration: 11/1/2019 to 10/31/2022

Total Amount of CMP Funds Approved for this Project: \$746,400

Ohio

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$21,340

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant requests funding to implement an electronic learning management system (eLMS) across 15 nursing facilities. Through developed in-service trainings and videos, the applicant seeks to provide nursing staff instructions on how to perform nursing skills ranging from basic to advanced. The applicant will also provide the participating nursing facilities with checklists and premade operating procedures to help nursing staff better adhere to changing regulations. Results from the trainings, procedure implementations, and ongoing communication will be tracked by the applicant for the duration of the project.

Funded Entity(ies):

Long-Term Care Consultants, LLC

Results of the Project:

Results pending.

Project Title: Reducing Falls with AI; Proactive Approach to Mobility Improvement and Fall Prevention

Unique Identifier: OH-0919-VST-405

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$399,640

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$15,012

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, VirtuSense Technologies, will partner with ten nursing facilities in Ohio over three years to identify and reduce resident fall risk. The applicant will train the staff of each facility on the use of VSTBalance.

VSTBalance can objectively assess and identify the musculoskeletal and sensory deficiencies of a resident within three minutes. Staff members can then use those results to improve and tailor their care for residents.

Funded Entity(ies):

VirtuSense Technologies

Results of the Project:

Ohio

Project Title: Nursing Facility Competency Certification

Unique Identifier: OH-0919-PMR-416

Project Duration: 12/1/2019 to 6/30/2022

Total Amount of CMP Funds Approved for this Project: \$268,072

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$26,486

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a vendor, aims to provide up to 80 nursing facilities with competency-based training designed to improve staff competency and compliance with current requirements. The applicant will develop and implement a train-the-trainer certification series for nursing facility leadership, which will assist participants in implementing competency- based trainings in their own facilities. The initial two-day training is followed by a 90-day practice implementation period during which the participants will implement at least one competency program area for their staff. During the 90-day period, participants will be required to complete at least three of the 12 on-demand training webinars, each covering a different competency topic area. At the end of the training, participants will receive certifications and are expected to continue to develop their competency-based training program within their facilities.

Funded Entity(ies):

Proactive Medical Review

Results of the Project:

Wisconsin

WI CMP Funds Expended for Administrative Uses in CY 2019: \$0 WI CMP Funds Expended for Emergency Uses in CY 2019: \$0

WI Active CMP Funded Projects in CY 2019: 10

Project Title: Infection Prevention and Control Training for Health Care Professionals Working in Nursing Homes

Unique Identifier: 2018-WI-090

Project Duration: 8/1/2016 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$59,250

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$5,440

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Provide training for infection prevention and control in nursing homes. The project will develop an educational program to address how antimicrobial stewardship, outbreak identification and control, and surveillance relate to infection control and prevention. This will help reduce infection in nursing home residents and overall quality of care.

Funded Entity(ies):

Department of Health Services, Wisconsin Healthcare-Associated Infections in Long-Term Care Coalition

Results of the Project:

Results pending.

Project Title: Statewide Expansion of the Student Volunteer Program

Unique Identifier: 2018-WI-086

Project Duration: 4/1/2017 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$192,200

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$22,136

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program connects high school and college student volunteers with a local nursing home certified by Music & Memory to assist in implementation and continuity of the Music & Memory program. Residents benefit from increased access to personalized music through the extra set of hands provided by students, enhanced socialization opportunities, and a variety in daily routine.

Wisconsin

Reduced reliance on antipsychotic and anti-anxiety medication, reduced agitation, and improved quality of life is also anticipated. Overall, residents will improve their social environment and lifestyle. Participating high school and college student volunteers and families of residents.

Funded Entity(ies):

Music & Memory, Inc.

Results of the Project:

Results pending.

Project Title: Alzheimer's Poetry Project Program

Unique Identifier: 2018-WI-087

Project Duration: 8/1/2017 to 7/31/2020

Total Amount of CMP Funds Approved for this Project: \$46,700

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$4,960

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Over a three-month period, 20 nursing homes will be trained in the methods and techniques of the Alzheimer's Poetry Project. This is a unique and innovative program that uses the power of the spoken word and builds on the long tradition of poetry as an oral art form. This project will allow for nursing home residents to express themselves creatively. Trained staff in participating nursing homes.

Funded Entity(ies):

Center for Community Stewardship

Results of the Project:

Results pending.

Project Title: Nursing Home Lighting to Improve: Resident Health and Lower Fall Rates

Unique Identifier: 2018-WI-088

Project Duration: 12/1/2017 to 11/30/2019

Total Amount of CMP Funds Approved for this Project: \$200,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$93,739

Wisconsin

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Midwest Lighting Institute will conduct a pilot study in two Wisconsin nursing homes to determine if the installation of energy-efficient LED lighting will improve health.

They will track to see if this will:

- 1) Help residents maintain better daytime alertness and cognitive function;
- 2) Improve sleep and reduce their symptoms of depression; and
- 3) Improve safety by helping residents see better and move around more easily.

The pilot is an opportunity to understand how the right spectrum of light may improve the lives of nursing home residents. Staff engaged in the program.

Funded Entity(ies):

Midwest Lighting Institute, Inc.

Results of the Project:

Results pending.

Project Title: Caregiver Career Program

Unique Identifier: 2018-WI-089

Project Duration: 3/1/2018 to 2/29/2020

Total Amount of CMP Funds Approved for this Project: \$1,159,250

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$904,893

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The program is designed to encourage individuals to enter caregiver careers. The program includes a comprehensive marketing and recruitment plan, highlighting the program and the rewarding aspects of working as a nurse aide. Nurse aide training and testing is provided by the program at no cost to the student, and a \$500 retention bonus is paid by participating nursing homes to nurse aides after six months on the job. Regular webinars will be provided for nursing homes offering best practices for staff recruitment and retention.

This will encourage more people to work as a nurse aide in nursing homes. Communities that receive the marketing information.

Wisconsin

Funded Entity(ies):

Wisconsin Department of Health Services

Results of the Project:

Results pending.

Project Title: Cycling Without Age (CWA)

Unique Identifier: 2018-WI-091

Project Duration: 4/1/2018 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$390,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$127,085

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

CWA is a program that helps nursing home residents stay connected with their communities through the use of three-wheeled cycle "trishaws." Originating in Denmark and active in more than 40 countries, CWA programs have enhanced the lives of residents around the world through the simple act of sharing trishaw rides in the outdoors.

Wisconsin is currently the state with the most active CWA chapters in the U.S. and will grow significantly through a civil money penalty grant available to federally certified nursing homes.

Residents who participate in the "trishaw" rides will stay better connected with their communities.

Funded Entity(ies):

Cycling Without Age

Results of the Project:

Results pending.

Project Title: Reallocation of Unspent Funds: Music & Memory

Unique Identifier: 2018-WI-092

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$41,215

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,155

Wisconsin

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The national Music & Memory organization will reallocate unspent civil money penalty funds awarded in 2015 in the amount of \$41,871 to cover the renewal fees for 311 nursing facilities for one year, to increase sustainability of the Music & Memory programs initiated in Wisconsin. Funds will be used to bolster the existing programs through resources and support delivered online through the members-only Care Community website. The resource provides training and support for one year to help new staff and newly- assigned staff keep abreast of best practices in providing personalized music via iPods to their residents. Residents will achieve higher quality of life from reduced behaviors and potential for reduced medications including antipsychotics.

Funded Entity(ies):

Music & Memory, Inc.

Results of the Project:

Results pending.

Project Title: Second Wind Dreams, Inc.

Unique Identifier: 2018-WI-178

Project Duration: 10/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$982,052

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$233,735

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The Virtual Dementia Tour provides insight into the world of dementia for caregivers, families and members of the community by providing individuals with the opportunity to experience what dementia is like through an individualized learning experience.
- b. The two-year training program will be provided at all nursing homes in Wisconsin and include for each facility, facilitator training, a training manual and equipment, including headphones, stopwatches, clothing, glasses, shoe inserts, etc. The success of the training will be determined by pre/post evaluations obtained at each nursing home training session.
- c. Residents will benefit by staff, family and members of the community having a greater understanding of what it is like to have dementia.
- d. Caregivers, family, significant others and members of the community.

Funded Entity(ies):

Virtual Dementia Tour Comprehensive Education Program Second Wind Dreams

Results of the Project:

Results pending.

Wisconsin

Project Title: Training the Next Generation of Wisconsin Nursing Home Infection Control Preventionists

Unique Identifier: 2018-WI-179

Project Duration: 10/1/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$610,928

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$87,463

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Training the Next Generation of Wisconsin Nursing Home Infection Preventionists is a program developed by the University of Wisconsin-Madison to design and implement a statewide training program to successfully implement the new federal infection control regulations. The program includes modifications to the Urinary Tract Infection (UTI) toolkit that will also be part of the statewide Infection Preventionists training.
- b. The training will provide nursing homes with high quality training to implement the new federal infection control regulations.
- c. Residents will benefit by receiving care from staff who use effective infection control prevention techniques.
- d. Nursing home caregivers.

Funded Entity(ies):

The Board of Regents of the University of Wisconsin System

Results of the Project:

Results pending.

Project Title: TimeSlips Creative Storytelling

Unique Identifier: 2019-WI-177

Project Duration: 1/1/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$200,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$44,946

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The purpose of the project is to improve communication and social connectedness for nursing home residents.

Wisconsin

b. In year one, TimeSlips will train two lead facilitators at each nursing home to use their evidence-based creative engagement method. In year two, they will train and support the lead facilitators in the design and production of five regional festivals to share the resident's creative work with their broader communities.

- c. By building social connections through meaningful, creative engagement techniques, this program aims to improve the well-being of residents. Creative engagement is a powerful and evidence-based tool to improve resident quality of life by building relationships and increasing social connection in Long-Term Care setting that build strengths of people with dementia.
- d. The staff at twenty-five nursing homes in Wisconsin.

Funded Entity(ies):

Creative Community of Care Training

Results of the Project:

Results pending.

Arkansas

AR CMP Funds Expended for Administrative Uses in CY 2019: \$0 AR CMP Funds Expended for Emergency Uses in CY 2019: \$0

AR Active CMP Funded Projects in CY 2019: 3

Project Title: A Comprehensive Approach to Enhancing the Well-Being of Nursing Home Residents Living with Dementia

Unique Identifier: AR-0318-SPNR-005

Project Duration: 7/1/2018 to 6/1/2020

Total Amount of CMP Funds Approved for this Project: \$730,711

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$357,659

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The overall project goal is to enhance the well-being of nursing home residents living with dementia by decreasing the unnecessary use of antipsychotics and to decrease the number of transfers to inpatient psychiatric hospitals. The applicant, Salem Place Nursing and Rehabilitation, LLC, will reach this goal by adopting an evidence-based, proactive, person-centered, strength-based model. Staff will also benefit from the project and how they assist residents living with dementia.

Funded Entity(ies):

Salem Place Nursing and Rehabilitation, LLC

Results of the Project:

Geropsychiatric transfers have decreased in calendar year 2019 with a relative rate of improvement of 62% from 2018.

Project Title: Arkansas Partnership to Improve Person-Centered Care in Nursing Facilities

Unique Identifier: AR-0718-AHCF-112

Project Duration: 9/1/2018 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$456,703

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$145,130

Arkansas

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project requests funds to expand the scope of work for Quality Partners, a collaborative effort between Arkansas Health Care Foundation (AHCF), and the Arkansas Department of Human Services, whose primary focus has been the reduction of antipsychotic medication use in nursing home residents through the training of nursing home staff and other medical professionals on the use of alternative methods and non-pharmacological interventions. Specifically, the proposed project will focus on new content development for training nursing staff. The project will seek the recruitment of providers, stakeholders and facilities to participate in trainings and educational opportunities.

Funded Entity(ies):

Arkansas Health Care Foundation (AHCF)

Results of the Project:

Arkansas reduced Antipsychotic Rate from 26.1% in 2011 to 14.2% in 2018. Results are interim and additional results are pending. Anticipated final results should be available in October 2020.

Project Title: Quality Assurance and Performance Improvement Based Community Approach to Promote Person Centered Care Through Meaningful Life, Empowered Staff, and Real Home

Unique Identifier: AR-0918-GHCPG-140
Project Duration: 12/21/2018 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,080,950

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$454,688

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to train long-term care providers on how to create a person-centered care campus to address inconsistent perceptions of what individualized care means and reduce provider discrepancies for how to deliver individualized care that is person-centered through workforce development. The Green House model is a proven best practice, offering an environment of care where quality of care and quality of life prevail equally.

This project aims to foster a new model of long-term care and serve as an incubator for the long-term care industry to support in part, the Centers for Medicare & Medicaid Services Nursing Home Action Plan goals for "better care and lower cost and prevention and population health." The long-term care industry does not have a person- centered care model to serve as a "best practice" guide regarding how to face the "graying" of America while providing care in a dignified manner to honor choice, while still complying with new

Arkansas

person-centered care regulations or resident rights. The long-term care industry at-large does not have a center of excellence to call upon for person-centered care support and training. The Green House® model is a different philosophy and environment of care where provider education merges standards of care with evidenced-based person- centered care practices. The population served are multiple nursing homes to develop a new generation of long-term caregivers in order to create an organizational cultural shift from an institutional model of care to an individualized person-centered care model. Fully funded and implemented this project can help reduce healthcare disparities, improve quality measures, maintain quality of life, establish a best practice for patient-centered care, reduce cost, aid in care transitions, and comply with resident right regulations.

Funded Entity(ies):

Green House Cottages of Poplar Grove

Results of the Project:

Results pending.

Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2019: \$282 LA CMP Funds Expended for Emergency Uses in CY 2019: \$0

LA Active CMP Funded Projects in CY 2019: 18

Project Title: Reducing Inappropriate Antipsychotic Medication Use in Nursing Facilities

Unique Identifier: 2018-LA-110

Project Duration: 7/1/2017 to 6/30/2018

Total Amount of CMP Funds Approved for this Project: \$101,733

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$70,232

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Antipsychotic medication reduction.
- b. On-site education regarding appropriate use of antipsychotics and non-pharmacological interventions.
- c. Improved response to distress without reliance on inappropriate antipsychotics.

Funded Entity(ies):

SBAFA, Inc.

Results of the Project:

Decrease in reliance on antipsychotic medications.

Project Title: Louisiana Assistive Technology Assistance Network

Unique Identifier: 2018-LA-114

Project Duration: 1/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$286,777

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$117,270

- a. Provide assistive devices and staff training in needs assessment.
- b. Demonstrate how the use of assistive devices can improve residents' independent functioning.
- c. Increase activities of daily living independence.

Louisiana

Funded Entity(ies):

Louisiana Assistive Technology Assistance Network

Results of the Project:

Nursing facility engagement was less than hoped, but residents involved received devices that improved independence.

Project Title: Education and Training to Reduce the Incidence of Facility-Acquired Pressure Sores

Unique Identifier: 2018-LA-186

Project Duration: 4/24/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$603,762

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$238,587

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Pressure ulcer prevention training in up to 100 nursing facilities.
- b. On-site education for nursing facility direct care staff in pressure ulcer prevention.
- c. Improve wound identification and prevention.
- d. Nursing facility staff.

Funded Entity(ies):

Louisiana State University Health Sciences Center

Results of the Project:

Significant reduction in pressure ulcers in nursing facilities that received training as compared to those not yet trained.

Project Title: Scholarships for Registered Nurse (RN) Preparation Program for Certification in Gerontological Nursing

Unique Identifier: 2018-LA-115

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$42,550

Louisiana

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Scholarship program for preparatory course for gerontological nursing accreditation.
- b. Skill improvement for RNs responsible for directing and supervising care delivery.
- c. Improve quality of care for residents in nursing facilities with RNs with gerontological nursing certification.
- d. Nursing facility staff.

Funded Entity(ies):

Louisiana Nurses Association

Results of the Project:

Recruited nurses but failed to achieve any of the projected outcomes because of staff turnover.

Project Title: Recollection Kits and Specialized Dementia Training for Nursing Homes

Unique Identifier: LA-0618-ASCA-077

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$143,164

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$114,731

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. On-site specialized training for providing activities for residents living with dementia.
- b. Distribute 50 Recollection Collection Kits accompanied by five hours of training.
- c. Specialized, easily accessed activities and improved staff understanding of dementia.
- d. Nursing facility staff.

Funded Entity(ies):

Alzheimer's Services of the Capital Area Toolkit

Results of the Project:

Recollection kits and training delivered to 46 nursing facilities.

Louisiana

Project Title: Quality Assurance and Performance Improvement (QAPI); Performance Improvement Project (PIP) Mentoring and Implementation Project

Unique Identifier: 2018-LA-184

Project Duration: 9/1/2018 to 7/31/2019

Total Amount of CMP Funds Approved for this Project: \$49,530

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$49,530

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve understanding and use of QAPI in four nursing facilities.
- b. Improve self-selected goals using the PIP tools.
- c. Improve quality of care through the adoption of improved nursing facility practices.

Funded Entity(ies):

J E Harris Consulting

Results of the Project:

Three of four nursing facilities noted improvement of 50% or greater in selected focus area.

Project Title: The iNSPIRE Project

Unique Identifier: 2018-LA-183 (LA-0618-iN2L-080)

Project Duration: 11/1/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$239,692

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$159,794

- a. Fall reduction in up to nine nursing facilities (NFs) by increasing attention to task and mobility.
- b. Reduce falls and increase resident activity and satisfaction through the use of an interactive computer system.
- c. Increased satisfaction with quality of life.

Louisiana

Funded Entity(ies):

It's Never 2 Late

Results of the Project:

Only six NFs participated; sample size was too small to determine if falls were reduced, but resident participation in activities increased and other benefits were noted.

Project Title: Navigating A Path to Person Centered Care LEADER's 10th Annual Culture Change Summit

Unique Identifier: LA-1018-LEADER-163

Project Duration: 12/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$35,000.00

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$34,996.78

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to reduce falls through the use of the iN2L Interactive Computer System and Programming and improve the quality of life for residents in up to nine (9) NFs. Fewer falls reduce the rate of injury and the monetary burden associated with them.

Funded Entity(ies):

LEADER, Inc. (Culture Change Coalition)

Results of the Project:

The conference was attended by 203 nursing facility (NF) staff from 27% of LA's NFs. At least 80% of the attendees rated the presenters as good or excellent.

Project Title: Music & Memory Program

Unique Identifier: LA-1018-OAAS-173

Project Duration: 1/18/2019 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$156,764

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$46,086

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Improve quality of life for residents through the implementation of the Music & Memory program.

Louisiana

- b. Equip and train up to 50 NFs to implement Music & Memory.
- c. Greater engagement and reduced depression/distress.

Funded Entity(ies):

Music & Memory, Inc

Results of the Project:

Thirteen nursing facilities became certified for Music & Memory. While data collection was hampered by changes in personnel at the Department and at NFs, at least two NFs were able to anecdotally report improved socialization and less reliance on PRN antipsychotic medications.

Project Title: Educating Residents, Families, Caregivers and Long-Term Care Facility Staff Members About Advance Care Planning/Louisiana Physician Order for Scope of Treatment (LaPOST) Documents and Use of the Statewide, Electronic Registry

Unique Identifier: LA-0818-LHCQF-131

Project Duration: 3/1/2019 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$153,608

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$120,784

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Continue educating Louisiana's long-term care professionals as well as residents, families and caregivers about advance care planning and LaPOST documents.
- b. Train long-term care professionals regarding the purpose and use of the statewide, electronic registry.
- c. Improve end of life care planning families and caregivers about the registry and its benefits.
- d. Long-term care professionals, residents and families/caregivers

Funded Entity(ies):

LA Health Care Quality Forum

Results of the Project:

Electronic registry created; materials updated; and training provided.

Louisiana

Project Title: The 2019 Alzheimer's Services 26th Annual Education Conference: Age-

Wise: Unraveling the Mind, Body and Spirit Connection

Unique Identifier: LA-0219-ALZBR-220 Project Duration: 4/1/2019 to 4/30/2019

Total Amount of CMP Funds Approved for this Project: \$8,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$8,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Education for Long-Term Care (LTC) professionals and caregivers regarding Alzheimer's disease and dementia, current research and progress, and best-practice applications in their care of individuals with dementia.
- b. Provide for speakers at an annual conference that exclusively centers on topics of Alzheimer's disease and dementia improved care through the adoption of best practices.
- c. LTC professionals, families and caregivers.

Funded Entity(ies):

Alzheimer's Services of the Capital Area Toolkit

Results of the Project:

High satisfaction ratings from conference attendees.

Project Title: Tai Chi for Arthritis and Fall Prevention

Unique Identifier: LA-0319-LDH-257

Project Duration: 4/28/2019 to 6/17/2019

Total Amount of CMP Funds Approved for this Project: \$3,239

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,257

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve resident quality of life.
- b. Provide training for up to nine self-selected nursing facility staff to become Tai Chi for Arthritis and Fall Prevention (TCAFP) instructors.
- c. Extend established results of Tai Chi for balance and fall prevention to residents.

Funded Entity(ies):

Louisiana

Capital Area Agency on Aging; Tai Chi Institute for Health

Results of the Project:

Six individuals trained, four of whom report use of training.

Project Title: Art Therapy Equipment to Improve Therapy Outcomes

Unique Identifier: LA-0319-SLLC-251
Project Duration: 8/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$13,350

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$13,350

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Improve resident rehabilitation services.
- b. Use state of the art equipment for therapy to improve outcomes, shape policies, procedures and systems to produce an increased quality of care and quality of life for residents.
- c. Improve rehabilitation outcomes.

Funded Entity(ies):

St Luke's Living Center

Results of the Project:

Results pending.

Project Title: Companion Animals and Dining at the Ritz

Unique Identifier: LA-0319-MHC-252

Project Duration: 8/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$15,238

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$15,283

- a. Improve resident quality of life through improved dining services and use of mechanical companion animals.
- b. Move to restaurant style service by offering salad, chilled fruits, and desserts at tableside; distribute mechanical animals to residents that exhibit sundowning and tend to isolate themselves.
- c. Enhance the residents' lives through interaction, socialization, and expanded dining options.

Louisiana

Funded Entity(ies):

Nexion Health at Many North

Results of the Project:

Results pending.

Project Title: AHCA Silver Quality Award

Unique Identifier: LA-0319-CCC-258

Project Duration: 8/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$10,588

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$6,884

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Teach leadership skills to develop effective approaches to performance and health outcome improvements.
- b. Use the AHCA Silver Quality Award preparation to develop leadership skills.
- c. Improve care services based on the adoption of improved practices.

Funded Entity(ies):

Baton Rouge Health Care

Results of the Project:

Results pending.

Project Title: Neighborhood Leadership Development

Unique Identifier: LA-0419-OHCCC-290

Project Duration: 8/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$19,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,291

- a. Improve leadership skills in the neighborhood model.
- b. Guide leadership development for neighborhood coordinators and registered nurse clinical coordinators through the use of series of workshops.
- c. Improve quality of life and care through the adoption of practices resulting from improved leadership.

Louisiana

Funded Entity(ies):

Oak Haven

Results of the Project:

Results pending.

Project Title: Tell Me Your Story

Unique Identifier: LA-ACGBR-0519-316

Project Duration: N/A

Total Amount of CMP Funds Approved for this Project: \$171,389

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$28,565

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Increase resident well-being using dramatic arts.
- b. Improve well-being on six indicators of well-being for residents in two nursing facilities.
- c. Improve well-being and multigenerational connections with artists and volunteers.

Funded Entity(ies):

Arts Council of Greater Baton Rouge

Results of the Project:

Results pending.

Project Title: Decisions in Dining

Unique Identifier: LA-0319-SC-245

Project Duration: 8/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$15,125

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$14,823

- a. Improve resident satisfaction with dining experience.
- b. Adding equipment and an expanded menu to increase flexibility in meal times.
- c. Greater independence and opportunities for socialization decisions.

Louisiana	
Louisiana	

Funded Entity(ies):
Regency House
Results of the Project:
Results pending.

New Mexico

NM CMP Funds Expended for Administrative Uses in CY 2019: \$0 NM CMP Funds Expended for Emergency Uses in CY 2019: \$500,000

NM Active CMP Funded Projects in CY 2019: 11

Project Title: Alzheimer's Poetry Project

Unique Identifier: NM-1118-NMLA-186
Project Duration: 1/7/2019 to 4/3/2020

Total Amount of CMP Funds Approved for this Project: \$69,800

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$38,770

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The New Mexico Literary Arts' Alzheimer's Poetry Project (APP) requests \$69,800 in Civil Money Penalty funds, in order to offer New Mexico nursing home staff, an innovative non-pharmacological intervention and person-centered care communication tools to help improve the quality of life of those with dementia and other psychosocial needs. The project will take place at 20 nursing homes, statewide and focus on three areas:

- 1) Training and certification for healthcare staff on using and implementing the APP methods and techniques;
- 2) Training for healthcare staff on implementing the use of Poetry Cards; and,
- 3) Use of APP methods and techniques to offer validation to the participants.

Funded Entity(ies):

New Mexico Literary Arts

Results of the Project:

The project began on January 7, 2017 with training of 13 nursing homes participating. The training continued through November 4, 2019. Areas of concentration are administration, Dementia Art Mapping, and staff training.

Administration: The project involved 330 hours of administration, which included—creating dementia art mapping tools including forms, observational categories and developing observational protocols; developing attitudinal survey; and coordinating release forms for staff and nursing homes participation in training and study. In addition, administration also included—identifying, contacting, scheduling training and observation with nursing home staff; the planning webinars and culminating events with nursing home staff; and the design and creation of Poetry Cards and the Development of training materials.

Dementia Art Mapping: The Dementia Art Mapping aspect of the project involved 88 hours, which included observing daily flow of residents, including participation in a variety of arts and social engagement activities, categorizing and transcribing notes and observations.

New Mexico

Staff Training: Staff training involved 98 hours and included instruction in Alzheimer's Poetry Project (APP) methods and techniques, training in using the Poetry Cards, and training in adapting APP methods and techniques to enhance existing activities and programs. Training in using the APP methods and techniques to build and enhance communication and listening skills. Communicating the lessons learned from the observation during the Dementia Art Mapping.

Final results pending.

Project Title: Therapy, Wellness, and Engagement which Empowers the Use of Technology for Seniors (TWEETS)

Unique Identifier: NM-1018-AH-174

Project Duration: 1/15/2019 to 3/1/2022

Total Amount of CMP Funds Approved for this Project: \$54,247

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$54,247

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The It's Never 2 Late (iN2L) Program, which includes engagement technology (computer systems), provides residents and staff with access to thousands of activity and communication applications. The project will enhance quality of life, cognitive stimulation, physical stimulation, and socialization among senior living residents. Staff will undergo trainings to gain new skills that will enhance resident/caregiver interactions. Continued program support will allow Albuquerque Heights to reduce health care costs in the long term.

Funded Entity(ies):

Albuquerque Heights

Results of the Project:

Albuquerque Heights kicked off its iN2L "TWEETS" program on January 15, 2019. Staff are utilizing the iN2L computers to effectively engage residents in meaningful programming (especially those residents who require one-on-one programming). Residents were given the fourth quality of life survey in which 25 residents participated. The therapy department, enhanced memory support unit, and the recreation department have all been actively been utilizing their systems. The therapy department in the months of September, October, and November of 2019 utilized 80.1 hours of the games and puzzles program which was utilized by physical therapy to enhance problem solving, cognitive processing and hand/eye coordination. The Skype feature was used to connect residents with family members who were not able to personally attend. Therapy goals as well as nursing goals were discussed during Skype calls.

The recreation department utilized the iN2L system a total of 136.02 hours in September, October and November. The games and puzzles feature were heavily used to promote socialization among the

New Mexico

residents. One of the many games enjoyed by the residents was bingo. Residents also enjoyed a variety of music from the Jukebox and videos from YouTube as they played in the background as they were participating in arts and crafts as well as other hands-on activities.

The Enhanced Memory Support Unit utilized the iN2L programming to watch classic movies, listen to music, and play games. These activities assisted the recreation department in promoting socialization.

Final results pending.

Project Title: Employee Retention and Quality Improvement

Unique Identifier: NM-0719-PIVC-365

Project Duration: 3/22/2019 to 3/22/2021

Total Amount of CMP Funds Approved for this Project: \$37,223

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$37,223

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide support to Santa Fe Care Center and its staff in achieving the highest quality of care, resident quality of life and recruitment and training practices. The project will focus on administrators, the management team, and direct caregiving and nursing staff. Strategic, planned, process-driven, and timely staff training and development programs will be provided, targeting retaining and training quality caregiving staff in ways that improve the quality of care they deliver.

Recruit and train the best and most suited caregiving and administrative staff who demonstrate a passion for caring, a commitment to residents and their families, and a willingness to learn the skills necessary to provide the best care. Retain and train quality staff throughout the whole facility in ways that improve the quality of care they deliver.

Improve employee relations and communication skills such that staff collaborate in the quality of life experienced by residents and quality of life perceived by resident's families.

Funded Entity(ies):

Pivotal Consulting

Results of the Project:

Results pending.

New Mexico

Project Title: Engaging Quality of Life (EQOL)

Unique Identifier: NM-1118-SJC-187

Project Duration: 3/28/2019 to 3/30/2022

Total Amount of CMP Funds Approved for this Project: \$46,001

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$46,001

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to improve the quality of life of residents by engaging them with the interactive technology provided by the It's Never 2 Late (iN2L) system. The project will serve many of the residents of the San Juan Center as the iN2L system will be used to help engage individuals in one-on-one activity programming, group activities, facilitate inter-generational interaction between volunteers and residents, and engage residents in restorative therapy programming. The iN2L system will help to improve resident engagement levels with activity programming.

Funded Entity(ies):

The San Juan Center

Results of the Project:

Results pending.

Project Title: Providing Elequil Aromatabs to Reduce Falls Universally and Measure Effects (PERFUME)

Unique Identifier: NM-0219-AHHR-230 Project Duration: 5/1/2019 to 4/30/2020

Total Amount of CMP Funds Approved for this Project: \$37,217

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$37,217

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A sample of 40 long-term care residents will be identified for the study. Each resident will be administered an Elequil Aromatab each morning. The lavender-sandalwood aromatab will be chosen as it has been shown to be the longest acting scent. The patch will be placed on the residents clothing. The aromatab will be left on

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for 24-hours and changed each day by the unit nurse and added to the resident's medication administration record. Before the residents begin participating in the Elequil Aromatab program, nursing staff will approach each resident and/or legal guardian with information about the program and obtain a signed consent.

Funded Entity(ies):

Albuquerque Heights Healthcare and Rehabilitation

Results of the Project:

The Elequil Aromatab program began on June 1, 2019. Fall data from June, July, and August (Quarter 1) was collected and compared to the current quarter of September, October, and November (Quarter 2). Total quarter total numbers were collected and compared. In Quarter 1 there were 34 total long-term care falls. In Quarter 2 there were 33 total long-term care falls. A paired t-test with a significance level preset at p<.05 was utilized to calculate mean number of falls. Results indicated that there was no significant difference between Q1 and Q2 Elequil Aromatherapy patch usage. Although the t-test showed no statistically significant difference between quarter over quarter results, statistical analysis revealed that the mean difference in falls decreased .3333 from Q1 vs.Q2. Thus, the facility has decreased by an average of less than one fall from Q1 to Q2 and an average of just under eight falls from pre Elequil to Q2 of Elequil patch usage.

Project Title: Improving the Quality of Life of our Residents through New Technologies

Unique Identifier: NM-0219-SHRC-225
Project Duration: 5/2/2019 to 5/30/2022

Total Amount of CMP Funds Approved for this Project: \$1,974

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,974

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide for a one time funding allocation to acquire six full utensil sets of Liftware steady products. The full set will include six of the following: charging stations, soup spoons, everyday spoons, forks and sporks. Skies Healthcare has identified six individuals who experience hand tremors while eating and would benefit from the Liftware product line. The purpose of the proposal is to improve independence and confidence of residents who experience hand tremors.

Funded Entity(ies):

Skies Healthcare and Rehabilitation Center

Results of the Project:

Results pending.

New Mexico

Project Title: Quality Improvement in New Mexico

Unique Identifier: NM-0219-NMHCA-221
Project Duration: 5/20/2019 to 4/30/2020

Total Amount of CMP Funds Approved for this Project: \$150,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$150,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project requests \$150,000 to support 12 months of intensive individualized attention to encourage and assist nursing facility staff in an effort that builds upon the existing work of the long-term and post-acute care field by setting specific, measurable targets to further improve quality of care in New Mexico's skilled nursing communities. The anticipated outcome of the effort is increased retention of currently licensed nurses who are working in skilled nursing facilities, a decrease in the number of hospital readmissions from skilled nursing facilities, continued decline in off-label use of anti-psychotic medications and improvement in quality measures as identified by each participating facility.

Funded Entity(ies):

New Mexico Health Care Association

Results of the Project:

Pat Whitacre, RN, the Quality Improvement Nurse visited the 14 facilities and provided four-hour QM training on rehospitalization, behaviors/unmet needs. Most facilities received training site specific quality measures, which includes identification of areas for improvement including: Anti-psychotic usage, pain, falls and injury. Quality Measure trainings included the Administrator, Director of Nursing, Assistant Director of Nursing, floor nurses, MDS coordinator, and Social Services Director. Final results pending.

Project Title: Empowerment of the Frontline Caregiver Phase III

Unique Identifier: NM-0619-NMHCA-323 Project Duration: 8/28/2019 to 8/29/2019

Total Amount of CMP Funds Approved for this Project: \$23,475

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$23,475

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The proposed project aims to send 15 individuals to attend the New Mexico Health Care Association (NMHCA) conference to share their experiences and receive additional education and support. The applicant will request each certified nursing assistant (CNA's) employing facility to cover any missed wages

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to help eliminate the financial barrier for attendees. The applicant also plans to help cover costs associated with management and oversight of the program, including staff time, printing, marketing materials, phone calls, etc.

Funded Entity(ies):

The New Mexico Health Care Association (NMHCA)

Results of the Project:

Fifteen CNAs attend the NMHCA two-day conference and they were able to listen and learn from nationally recognized speakers, network with peers from across the nation and participate in educational activities. They were honored and recognized for their outstanding work. The area of learning ranged from resident care, regulations, leadership skills and culture changes. Each CNA is still employed 6 months after the event.

Project Title: Promoting Resident Health through Interactive Meaningful Engagement (PRIME)

Unique Identifier: NM-0719-BCRC-377

Project Duration: 12/5/2019 to 12/5/2022

Total Amount of CMP Funds Approved for this Project: \$37,801

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$37,801

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will fund implementation of the It's Never 2 Late (iN2L) Program, which includes engagement technology (computer systems) that provides access to thousands of activity and communication applications. Use of the technology can enable quality of life, cognitive stimulation, physical stimulation, and socialization for senior living residents. In addition, training for staff will provide them with the new skills to enhance resident/ caregiver interactions.

Funded Entity(ies):

Bear Canyon Rehabilitation Center

Results of the Project:

Initiating this project was dependent on hardware installation. The installation of this hardware occurred in early December. Currently we are able to partially utilize the interface only as it is not compatible with our network (users are kicked off the network after a period of time). This is being addressed by the IT Dept at this time.

New Mexico

Project Title: Fundamentals of Infection Prevention for Long-Term Care Facilities in New Mexico: Infection Control, Enhancing Quality of Care, and Complying with Code of Federal Regulations Requirements

Unique Identifier: NM-0819-ICCNM-396

Project Duration: 12/10/2019 to 3/30/2020

Total Amount of CMP Funds Approved for this Project: \$94,220

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$94,220

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to improve infection control within nursing facilities by providing a two-day, ten-hour, face-to-face training on the topic. Participating nursing facility staff (up to 30) will be trained on the baseline knowledge and skills necessary to address the needs of their residents. The applicant will also invite five surveyors to attend the training. Participants will receive additional training materials at the end of the two days and will be enrolled in a one-year membership to the national and state APIC (Association for Professionals in Infection Control) organizations; these measures are designed to provide applicants with additional resources to continue their education past the initial training.

Funded Entity(ies):

Infection Control Consultants of New Mexico, LLC

Results of the Project:

Results pending.

Project Title: The Resident Engagement and Life Enrichment Project

Unique Identifier: NM-0719-FBMC-366
Project Duration: 3/5/2020 to 3/5/2021

Total Amount of CMP Funds Approved for this Project: \$77,547

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$77,547

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to improve residents' quality of life with the It's Never 2 Late (iN2L) technology. iN2L offers a variety of person-centered activities that address the needs and strengths of the individual while providing communication opportunities to stay connected to their families, friends, and the community at large. The recreational and motivational activities (RMAs) provided by iN2l will assist staff in identifying each resident's preferences and interests. By creating personalized activity content pages and digital life stories, the

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applicant intends to enhance their resident/staff interactions, which could result in an improvement of the residents' overall quality of life.

Funded Entity(ies):

Fort Bayard Medical Center

Results of the Project:

Results pending.

Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2019: \$145,597

OK CMP Funds Expended for Emergency Uses in CY 2019: \$0

OK Active CMP Funded Projects in CY 2019: 10

Project Title: Oklahoma State Department of Health (OSDH) Joint Provider Training

Unique Identifier: 2018-OK-118

Project Duration: 1/1/2017 to 12/1/2019

Total Amount of CMP Funds Approved for this Project: \$160,275

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,905

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. OSDH will provide training.

- b. Provide joint education for surveyors and providers on regulations and best practices. Provide funding for two, full-day joint trainings each calendar year.
- c. The training of staff will provide higher quality of care for nursing home residents.
- d. Audience beyond nursing home residents include nurses and facilities that participate in the training, surveyors, and providers.

Funded Entity(ies):

OSDH

Results of the Project:

Joint surveyor/provider trainings were held annually in central and northern Oklahoma from 2017 to 2019 for a total of six (6) trainings. Trainings addressed topics such as Appendix Q, improving dementia care with Teepa Snow, abuse, neglect, misappropriation, Minimum Data Set (MDS) Coding, new nursing home regulations, quality measures, composite scores, motivational topics, surveyor's process, emergency preparedness, incident reports, destroying drugs, and available resources and support. An average of 25 Oklahoma State Department of Health (OSDH), Long-Term Care (LTC) staff and 230 individuals were present at each training. The average satisfactory ratings for content presented was 3.5 out of a scale of 4.0. Continuing educational credits were available at no charge to nursing home administrators.

Oklahoma

Project Title: Person-Centered Oral Care

Unique Identifier: 2018-OK-119

Project Duration: 4/1/2017 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$408,028

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$80,070

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project will recruit 40 nursing homes for education and will provide oral health screenings for ten residents in each home.
- b. The project's key objectives are to:
- 1) Establish a statewide Oklahoma Resident Oral Care Advisory Group (OROCAG) to address older adult oral health challenges;
- 2) Improve nursing home staff knowledge, engagement in and skills for advancing person-centered oral care for residents;
- 3) Improve nursing home residents' oral-related activities of daily living;
- 4) Improve nursing home resident weight stability;
- 5) Provide an oral health toolkit that facilities will utilize to improve residents' oral health care;
- 6) Reduce the incidence of oral health-related hospitalizations;
- 7) Gather oral health surveillance data via the Basic Screening Survey, which will strengthen the Oklahoma state data repository gauging oral health burden; and,
- 8) Develop a sustainability plan to continue training and expand the project statewide.
- c. This will improve oral health and quality of care for nursing home residents.
- d. Audience beyond nursing home residents include staff of participating nursing home facilities, OROCAG, hospitals, and Oklahoma state data repository.

Funded Entity(ies):

TMF Health Quality Institute

Results of the Project:

Certified Nurse Aides (CNA) were provided in-service and bedside education by a registered dental hygienist on assessing residents oral care needs and how to implement a person-centered oral care plan. 43 nursing homes received the person-centered oral care training curriculum and comprehensive oral care toolkit. The kit included resident education materials for those residents who can perform their own daily oral care. 402 residents oral health was assessed by a registered dental hygienist using a basic screening

Oklahoma

survey. Provided is a summary of the surveillance data collected from the oral screenings conducted on residents. Completed Basic Screening Survey's as of 02/14/2019 = 402 Residents

- Ethnicity: AI/AN: 2.74%, Asian: 0.50%, Black: 7.71%, Hispanic: 0.75%, White: 87.56%, Unknown: 0.75%

- Gender: Female: 67.41% and Male: 32.29%

- Edentulous: 24.38%

- Untreated Decay: Yes: 52.24%; No: 47.76%

- Root Fragment: Yes: 48.76%; No: 51.24%

- Need for Periodontal Care: Yes: 46.77%; No: 53.23%

- Suspicious Soft Tissue Lesions: Yes: 7.71%; No: 92.29%

- Treatment Urgency: No obvious problem: 59.95%; Early Care: 35.32%; Urgent Care: 4.73%

- Last Dental Visit: Within a year: 39.05%; 1-2 years: 14.43%; Unknown: 16.17% Never: 0.50%

- An advisory board was created to address older adult oral health challenges. The board met seven times.

In the future, we will obtain the number of staff trained. Data pertaining to weight stability and reduction to oral health related hospitalizations is not available.

Project Title: Less Is More

Unique Identifier: 2018-OK-121

Project Duration: 4/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$797,026

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$213,630

- a. This project is focused on the optimization of medication systems (reducing antipsychotics and unnecessary medications).
- b. The Eden Alternative, a global non-profit focused on providing innovative approaches to care, has developed an educational initiative, "Less Is More: Well being Before the Med Cart" to address the optimization of medication systems. This project aims to recruit up to sixteen nursing homes, with each facility attending five Institute for Healthcare Improvement Breakthrough Series Collaborative sessions.
- c. The project goal is to see a reduction (from baseline) in the use of medications on the Beers Criteria for Potentially Inappropriate Medication Use in Older Adults list by the end of the project.

Oklahoma

Funded Entity(ies):

Oklahoma Foundation for Medical Quality; Eden Alternative; Oklahoma University College of Pharmacy

Results of the Project:

Interim results: 16 nursing homes participated in this project. Participating nursing homes (NH) received four collaborative sessions. The first collaborative session was instructor lead by representatives from The Eden Alternative organization. It was on creating awareness in medication use and overuse. Other sessions were Eden created video recordings of subject matter experts (SMEs) concentrating on optimizing the use of medications by focusing on residents' well-being and methods to simplify the medication administration process. The third session built upon previous concepts by advising participants to continue making changes and dig deep to consider alternative methods for pain management. The final introduced methods to incorporate medication therapy optimization interventions into daily practice. Action periods occur between collaborative session, during which participating NHs receive coaching and assistance on the project through a combination of on-site and virtual visits.

Examples of Benefits to Residents:

- One nursing home reduced the number of residents receiving antidepressants from 6 to 1 and anxiolytics from 4 to 0.
- Another reduced average PRN medications from 8.0 to 1.3.
- Two nursing homes showed dramatic increases in their pneumococcal vaccination measures.
- One NH increased the pneumococcal vaccination rate from 50% to 76%, while another increased from 63% to 89%.

Challenges: The project experienced difficulty aggregating data collected from this group of NHs because data was not standardized.

Final results pending.

Project Title: Transform Long-Term Care

Unique Identifier: 2018-OK-122

Project Duration: 4/1/2017 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,672,526

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$944,764

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. This project will recruit and assist up to 60 facilities and provide intensive, on-site technical assistance.

Oklahoma

- b. The training will include: mentoring full quality assurance and performance improvement (QAPI) implementation; assuring identification of appropriate measures for improvement; guiding the QAPI team in data collection and monitoring for improvement; and providing associated education, tools, and resources. The project will host two regional meetings in four locations (for a total of 24 meetings). The project will also host, record, and post two webinar trainings per contract year.
- c. These virtual and regional events will facilitate the spread of best practices to improve quality of care for nursing home residents.
- d. Audience beyond nursing home residents include staff from participating nursing homes.

Funded Entity(ies):

Oklahoma Foundation for Medical Quality (OFMQ)

Results of the Project:

Interim Results:

- 1) 76 nursing homes (NH) actively participated.
- 2) An assessment tool to determine the level of NH's QAPI implementation at the time of recruitment and throughout the project was developed. The scores range from a Level 1 (lowest), which means the facility conducts quality assurance and assessment (QAA) meetings as required by State/Federal regulations or received the basic QAPI introduction to a Level 5 (highest), the facility has a fully functioning Quality Assurance Performance Improvement (QAPI) team and plan. At the start of the program, 67% of facilities QAPI implementation was scored as a level one. Now, only 2% of facilities are reporting QAPI implementation at a Level 1; most (54%) of facilities are at Level 3; identified QAPI team members, uses data to identify QI project, and have a QAPI plan.
- 3) All participants were provided with QAPI technical assistance, a copy of the homes composite score, and a QAPI notebook for providers to use as a guide. The notebook contains examples of QAPI plans, programs, performance improvement plans (PIP) documentation tool, and a QAPI team meeting document.
- 4) One webinar and two regional trainings were held in five locations. Topics included: Managing Medication–221 attendees representing 139 nursing homes and 106 Long-Term Care (LTC) Administrators; Emergency Preparedness–231 attendees representing 103 nursing homes and 131 LTC Administrators; Webinar–Get the Bugs out of your Infection Prevention Program.
- 5) OFMQ also host monthly workgroups with State and local stakeholders to discuss challenges and solutions for an array of LTC challenges.

Quality Measures: 71% of participating homes improved their composite scores. The quality measures of focus for participating homes were: 31 homes are addressing falls; 25 homes - antipsychotics; 24 homes - pain; 18 homes - weight loss; 11 homes - UTI; nine homes - Lo-risk bowel/bladder; nine homes - hi-risk pressure ulcer; five homes - influenza vaccination; four homes - increased ADL; two homes - depressive symptoms; two homes - antianxiety/ hypnotics; and two homes - pneumonia vaccines. Nursing homes are addressing two quality measures.

Oklahoma

Project Title: Step Up for Dementia Care

Unique Identifier: 2018-OK-120

Project Duration: 9/1/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$787,783

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$346,704

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. This project will provide dementia-specific training to build daily care skills, knowledge, and empathy among direct care health professionals in 120 nursing homes.
- b. To achieve the project's goal of improving the quality of dementia care in Oklahoma nursing homes, the project will:
- 1) Use an evidence-based, dementia-specific training curriculum, "Walking Through Dementia;"
- 2) Use an evidence-based training tool, "Bathing Without Battles," to provide dementia-specific skills training on bathing (which is a high-anxiety, high-risk activity among direct care health professionals);
- 3) Establish sustainable access to skills and empathy building trainings by providing "train-the-trainer" education and curricular materials to selected nursing facility staff; these staff would then be responsible for future dissemination of the knowledge, attitudes, and skills imparted by the curricula.
- c. This training will improve quality of care for nursing home residents.
- d. Audience beyond nursing home residents include direct care health professionals in participating nursing homes.

Funded Entity(ies):

Oklahoma University College of Public Health; Oklahoma Foundation for Medical Quality

Results of the Project:

127 nursing homes received one or both curricula: Walking with Dementia (WWD) or Bathing without a Battle (BWB). A total of 3,134 staff received the WWD training and 2,075 staff received the BWB training. The evaluation component of this project focused on documenting an anticipated positive change in self-reported knowledge, attitude, and skill in providing person-centered care to residents living with dementia. The scoring was on a scale of 1 to 5, with 1 representing 'Not Confident' and 5 representing 'Very Confident'. The knowledge component increased from an average of 3.86 to 4.51. The attitude component increased from 4.08 to 4.60, and the skill component increased from 3.88 to 4.48.

Sustainability: Accomplished by implementing five Train-the-Trainers (T4T) workshops. 36 facilities participated and 74 nurse educators attended. Also, the project still exists in Oklahoma due to funding from a non-CMP grant/award.

Oklahoma

Project Title: It's Not OK to Fall

Unique Identifier: OK-0518-OUHSC-047
Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,044,444

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$346,163

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. The program is a person-centered approach to reducing falls and improving the quality of life for nursing home residents based on the most current evidence-based research, culture change, and successes from the first three years.

b. A reliable, affordable, and sustainable model for fall prevention will be implemented with the improvements garnered from experience.

Funded Entity(ies):

University of Oklahoma

Results of the Project:

Interim Results: The rate of change for total falls and falls with a major injury for nursing homes participating in this program was not available at the time of publishing. However, testimonials from a few nursing homes indicated a decrease in falls by implementing the following: 1) reducing psychotropic medications; 2) increasing hydration which also decreased urinary tract infections (UTIs); 3) using overnight briefs allowed residents to sleep longer, decreased overnight falls, and surprisingly, improved resident's spirit; and 4) toileting prior to bedtime decreased falls.

Sustainability: Facilities received a video for orientation or refresher trainings. Meetings with families and resident councils were an integral part of this program.

Project Title: Improving Evidence-Based Antibiotic Use for Treatment of Infections Commonly Seen in Long-Term Care

Unique Identifier: OK-0518-OUHSC-049
Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$271,334

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$142,853

Oklahoma

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will focus on increasing evidence-based antibiotic use, improving nursing staff knowledge of clinical criteria, and improving nurse-prescriber communication for antibiotic treatment via the use of a situation, background, assessment, and recommendation/request (SBAR) tool. Pharmacists will meet quarterly with nursing home staff to discuss SBAR submissions and address any related questions or concerns. Pharmacists will also assist with antibiotic tracking based on SBARs that have been submitted. Additionally, two individual learning sessions will be held and training modules available for reference.

Funded Entity(ies):

University of Oklahoma Health Sciences Center

Results of the Project:

Interim Results: At the end of the first year, 45 visits to enrolled homes were conducted to complete trainings and quarterly meetings. 31 facilities participated, 28 completed one learning session, and 19 completed both learning sessions. Three facilities were completely trained. 45 situation, background, assessment, and recommendation/request (SBAR) tools were collected. 37% of the forms included some type of diagnostic test and 64% of the forms showed residents were given at least one antibiotic. The most common antibiotic used was Bactrim. The results of the SBAR data received were 58% of the infections were urinary tract infection (UTI), 33% were lower respiratory infection (LRI), and 9% were related to skin and soft tissue infections. The results of a decrease in the use of inappropriate antibiotic use is pending.

Recommendation: The SBAR tool should be offered in an electronic format to simplify submission to the medical director.

Obstacles: Participation of medical directors.

Project Title: Support and Provide Quality Assurance and Process Improvement Support for Nursing Facilities/Skilled Nursing Facilities

Unique Identifier: OK-0518-APIA-066

Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$104,963

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$60,017

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. Apiari's project approach is to facilitate quality improvement specific to vaccination rates within nursing facilities/skilled nursing facilities via consultation, coaching, and mentorship. The project will focus on

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increasing evidence-based antibiotic use, improving nursing staff knowledge of clinical criteria, and improving nurse-prescriber communication for antibiotic treatment.

- b. Improved influenza and pneumococcal vaccination rates and metrics.
- c. Increased rates of vaccination among residents has been linked to lower morbidity/mortality rates among residents. Increased rates of vaccination among long-term care facility staff decreases cases of influenza in the facility. So, improving both staff and resident adherence to immunization recommendations improves the safety of residents living in nursing facilities.
- d. The project aims to improve the vaccination rates among nursing home staff.

Funded Entity(ies):

Apiari

Results of the Project:

Interim Results: 143 nursing homes participated in a protocol assessment. The assessment contacts nursing homes to evaluate resident and staff vaccination efforts. Data collected is analyzed for statistical trends, progressions, and regressions to emphasize best practices at educational events. Two webinars were held and available on Apiari's website for 30 days as a reference to nursing homes. One workshop was held in four locations across Oklahoma to discuss the results of the protocol assessment, Centers for Disease Control and Prevention (CDC) guidelines and timelines for influenza, Prevnar 13, and Pneumovax 23. 30 root cause analyses were completed for underperforming homes. Immunization posters were developed to promote the importance of influenza and pneumococcal vaccine to residents and staff. The posters are available at www.apiariconsulting.com. For long-stay pneumococcal immunizations, Oklahoma has improved from 39th in the nation to 24th. Long-stay influenza was above the national average at the project baseline. Improvement in this measure was minimal. Videos of Oklahoma nursing homes immunizations best practices were available on Apiari's website.

Recommendation: Training material were not provided at workshops. Outcomes of nursing home staff vaccinations was not provided.

Project Title: Long-Term Care Leadership Academy (LTCLA)

Unique Identifier: 2018-OK-124

Project Duration: 8/1/2018 to 1/31/2020

Total Amount of CMP Funds Approved for this Project: \$385,262

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$242,273

Oklahoma

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To provide the environment to develop leadership skills through education and mentoring for three levels of co-workers, with the goal of reducing turnover and implementing a program using their new skills. Promoting culture change and quality improvement of the nursing homes involved in the LTCLA will be a common thread throughout the project. Goal achievement will be evidenced by a 10% relative improvement of both the employment turnover rate and the long stay quality measure composite score in each participating facility.

Funded Entity(ies):

University of Oklahoma Health Sciences Center

Results of the Project:

Interim Results: Fifteen nursing homes and approximately 60 employees received leadership trainings and materials designed to improve communication and rapport between among staff. The changes in retention rates will be reported at the conclusion of the contract. Each facility received on-site quality assurance and performance improvement support for one quality improvement project. The results will be reported at the conclusion of the contract.

Project Title: Support and Provide Quality Assurance and Process Improvement through Root Cause Analysis and Quality Improvement Support for Nursing Facilities / Skilled Nursing Facilities

Unique Identifier: OK-0419-APIARI-277

Project Duration: 7/1/2019 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$222,358

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$54,269

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project would continue the Oklahoma Immunization Improvement Program from last year, annually completing a minimum of thirty root cause analysis consultations and ongoing follow up.

Root cause analysis support will be focused on homes in the bottom quartile of Oklahoma nursing facilities in CMS Immunization Quality Measures to create sustainable improvement for influenza and pneumococcal vaccination rates.

Apiari will also complete an annual state-wide practice analysis to improve understanding of immunization practices and challenges across the state. Additionally, annual regional meetings across Oklahoma and webinars will be held for facility leadership to attend.

Oklahoma

Funded Entity(ies):	
Apiari, LLC	
Results of the Project:	
Results pending.	

Texas

TX CMP Funds Expended for Administrative Uses in CY 2019: \$43,750

TX CMP Funds Expended for Emergency Uses in CY 2019: \$0

TX Active CMP Funded Projects in CY 2019: 17

Project Title: Our Home, Our Community, Our Voices Matter: A Nursing Facility

Resident Advocacy Pilot in Rural West Central Texas

Unique Identifier: 2018-TX-134

Project Duration: 7/1/2017 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$172,414

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$72,619

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will fully fund a two-year self-advocacy and community organizing pilot program for nursing facility residents located in rural West Central Texas. This program will enhance the self-advocacy skills of nursing facility residents through education and deliberate practice, while also building coalitions of nursing facility self-advocates through community organizing strategy and education. This will help improve the quality of care nursing home residents receive.

Funded Entity(ies):

West Central Texas Council of Governments

Results of the Project:

Initially there were 46 nursing facilities interested. However, it was identified there was difficulty for individuals to participate in out-of-facility activities; difficult resident travel; and scheduling conflicts.

Trainings on Memories in the Making and teaching staff in the facilities about Dementia awareness was a huge success with many facilities and families participating in the activity. There was a lot of support in the region and included catering by restaurants and paying for the building use through donations from private organizations.

Project Title: Culture Change: Person-Centered Dining in Nursing Care

Unique Identifier: TX-0418-MM-034

Project Duration: 8/1/2018 to 7/31/2019

Total Amount of CMP Funds Approved for this Project: \$52,299.95

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,112.05

Texas

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project is person-centered dining, empowering individual residents to make choices about how they want to experience their mealtime.

Funded Entity(ies):

Morningside Ministries

Results of the Project:

Significant Improvement in Weight Loss: 85% decrease in the incidence of weight loss among nursing home residents as a result of adding variety to the menus, regular use of snacks, and the success of Grind Dining.

Reduced Use of Supplements: Drop of at least 40% in the use of food supplements can be achieved with persistent adherence to protocols.

Environmental Improvements: Homelike atmosphere in dining areas encourages residents to eat. Accomplished easily and economically, including minor decorating and furniture purchases, placemats, cloth napkins, glass vases with flowers, etc.

Mealtimes Extended: Residents now eat breakfast at a variety of times based on their personal preferences. Required leveraging the use of the kitchen equipment purchased (e.g., hot buffet carts, soup kettles, etc.) to have the food available in dining areas when residents choose to eat.

Staff Training: Changing the "culture" of dining. This required extensive staff training, including in core values, culture change in the workplace, customer service, supervisor coaching skills, Hand-Under-Hand eating techniques, and Grind Dining cooking methods.

Walk to Dine: Residents choose to sit in a dining room chair rather than in their wheelchair at mealtimes. Empowers residents and increases independence. Required physical therapists to help residents accomplish Walk to Dine, as well as continued assistance from nursing staff.

Project Title: A Roadmap to Quality: How to Build a Quality Assurance, Performance Improvement, and Patient Safety Program in your Nursing Facility

Unique Identifier: TX-0418-TXHHS-019
Project Duration: 7/1/2018 to 3/1/2020

Total Amount of CMP Funds Approved for this Project: \$485,280

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$198,097

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this course is to provide nursing home staff with the knowledge and skills required to develop, initiate, maintain, report on, and evaluate different approaches to quality assurance, performance improvement, risk analysis, infection control and systems thinking. The initial two-day course will be

Texas

offered at eight regional locations throughout the state of Texas. Nursing facilities will be strongly encouraged to participate in these training sessions. The course will provide the participants an opportunity to participate in a case study example of the quality process. Participants will follow an application of best practices to a sample clinical problem and apply principles of quality to establish a method of measurement and evaluation of the best practice example.

Funded Entity(ies):

Texas Health and Human Services

Results of the Project:

Results pending.

Project Title: Enrichment for All

Unique Identifier: TX-0418-ECC-036

Project Duration: 8/1/2018 to 7/31/2021

Total Amount of CMP Funds Approved for this Project: \$53,819

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,059

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Ennis Care Center's "Enrichment for All" project will incorporate person-driven engagement through It's Never 2 Late (iN2L) technology, which delivers customized recreation and leisure activities that address the unique needs and abilities of the individual. This will help enhance communication and social connection through increased opportunities for residents to stay engaged with family, friends, staff, and the community.

Funded Entity(ies):

Ennis Care Center

Results of the Project:

Results pending.

Project Title: Culture Changing One Step at A Time

Unique Identifier: TX-0418-DHRC-035

Project Duration: 11/13/2018 to 6/1/2019

Total Amount of CMP Funds Approved for this Project: \$20,658

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$20,658

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

Texas

nursing home residents, if applicable):

The Duncanville Healthcare and Rehabilitation Center requests Civil Money Penalty funds to purchase a soft service ice-cream machine, a fountain drink machine, and an antique popcorn popper. This is one step in addressing the culturechange in this facility.

Funded Entity(ies):

Dallas County Hospital District dba Duncanville Healthcare and Rehabilitation Center

Results of the Project:

Final results not provided.

Project Title: Aroma Works

Unique Identifier: TX-0418-SGSL-025
Project Duration: 8/20/2018 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$202,466

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$73,330

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this program is to educate, train, develop and provide resources for all activity and care staff to utilize an essential oil program for residents with mood disorders, pain management, and/or Alzheimer's disease or related dementia. This will allow for oils to be used in a safe manner and will serve as a therapeutic non-pharmacological intervention for areas including: anxiety, depression, agitation, appetite stimulation, and memory impairment. This will improve overall quality of care and health in nursing home residents.

Funded Entity(ies):

StoneGate Senior Living

Results of the Project:

Results pending.

Project Title: Wound Care Training

Unique Identifier: TX-0518-VPACPT-043 Project Duration: 9/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$233,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$230,496

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

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The program aims to provide scholarships to 500 nurses working in Skilled Nursing Facility (SNF) setting in Texas for online Wound Care training over a 12-month period. Nurses who complete the Vohra Would care Certificate Course will be able to help provide better wound care treatment to SNF residents and implement wound prevention measures, resulting in improved SNF Pressure Ulcer Medicare Quality of Resident Care rating and prevention of pressure ulcer related F-tags.

Funded Entity(ies):

Vohra Post-Acute

Results of the Project:

500 scholarships provided.

Project Title: Providing APRN Services in Nursing Facilities

Unique Identifier: TX-0418-TXCHHS-021
Project Duration: 11/1/2018 to 10/31/2021

Total Amount of CMP Funds Approved for this Project: \$1,419,184

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$591,160

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project seeks through evaluation of five nursing facilities (NFs), to determine if employment of a full-time, salaried Advanced Practice Registered Nurse (APRN), as part of the NF care team, can decrease hospitalizations and the rate of adverse events among the residents and improve the quality of life and the quality of care for the facility residents. The full-time APRN will be able to provide care seven days/week to the residents. Five NFs will provide APRN services (two APRNs per NF) to their residents for the period of one year, during which time an evaluation of resident outcomes will be conducted to determine if this model of care aids in reducing the rates of adverse events among the residents, including rehospitalizations, inappropriate prescribing of medications (antipsychotics, antibiotics, opioids and polypharmacy), and reducing the need for acute care services while improving the quality of care and quality of life for the facility's residents. After year one, the NFs will be required to employ the APRN. During years two and three of this project, additional data will be gathered and evaluated to determine the effectiveness of the project.

Texas HHSC

Results of the Project:

Texas

Project Title: Resident Engagement and Calming Technology- REACT Program

Unique Identifier: TX-1218-MRCC-199
Project Duration: 3/1/2019 to 2/28/2022

Total Amount of CMP Funds Approved for this Project: \$51,367

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$32,755

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Cornerstone Retirement Community in Texarkana, Texas seeks to procure funding for the Resident Engagement and Calming Technology (REACT) Program. This program will provide person-centered experiences leading to enhanced quality of life of residents, increased engagement and reduced use of antipsychotic medications through specifically designed one-on-one and/or group recreational and leisure activities.

Funded Entity(ies):

MRC Cornerstone

Results of the Project:

Results pending.

Project Title: Resident Engagement Program

Unique Identifier: TX-1218-MRCC-203

Project Duration: 3/15/2019 to 3/14/2022

Total Amount of CMP Funds Approved for this Project: \$40,358

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$24,818

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Resident Engagement Program aims to provide skilled nursing communities the opportunity to integrate fun and sustainable programing that is innovative, rewarding and enriches the lives of all their residents through the It's Never 2 Late technology.

Funded Entity(ies):

MRC Towncreek dba MRC Creekside

Results of the Project:

Texas

Project Title: 2019 Clinical Excellence Scholarship: Accessible Education for Texas

Nursing Facilities' Direct Care Staff

Unique Identifier: TX-1218-LAT-202

Project Duration: 3/15/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$41,400

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$25,918

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The 2019 Clinical Excellence Education Scholarship seeks to improve nursing home quality by investing in Texas' aging services direct-care workforce by providing staff (including: Administrators, AITs, RNs, LVNs, and CNAs) in nursing facility organizations with access to innovative education and training. Open to all licensed nursing facility in Texas, and with a target focus on first-time attendees, the scholarship encourages participation in education and training opportunities many have not experienced due to financial constraints. By eliminating the barrier of cost, Texas nursing facility organizations can send dedicated, promising members of their staff to the LeadingAge Texas' 60th Annual Conference featuring opportunities for innovative education that will, in turn, improve the quality of care residents receive in their communities.

Funded Entity(ies):

LeadingAge Texas

Results of the Project:

While LeadingAge Texas was transparent that the scholarship awardee's acceptance was based on completing three post-conference surveys, the number of awardees who completed the surveys dropped each time. The few participants who completed the final two surveys expressed positive outcomes within their facilities.

Project Title: Craft DUO-Leather Crafting with Friends

Unique Identifier: TX-1218-CDUO-198

Project Duration: 4/1/2019 to 3/31/2022

Total Amount of CMP Funds Approved for this Project: \$155,615

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$107,012

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Craft DUO is a nonprofit organization, established to educate our communities on the social and mental benefits of hand crafts. Craft DUO teaches leather craft workshops and strive to enhance quality of life for all participants.

Funded Entity(ies):

Craft DUO

Results of the Project:

Results pending.

Project Title: West Janisch C.A.R.E.S. (Computers to Attain Residents Engagement and Support)

Unique Identifier: TX-0219-WJHC-218
Project Duration: 4/1/2019 to 3/31/2022

Total Amount of CMP Funds Approved for this Project: \$81,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$57,590

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of bringing the It' Never 2 Late (iN2L) engagement technology program to West Janisch Community is to provide the residents the opportunity to engage/re-engage with their loved ones. The easy to use computer applications, provide a higher quality of life for the residents by allowing them, regardless of their experience, physical, or intellectual abilities, to use the technology easily and with minimum frustration. The benefits of this program are so numerous. The population as a whole will find various things they like about the program.

Funded Entity(ies):

West Janisch Healthcare Center

Results of the Project:

Results pending.

Project Title: Memories Light the Pathway Home

Unique Identifier: TX-0219-RHI-227

Project Duration: 6/1/2019 to 5/31/2022

Total Amount of CMP Funds Approved for this Project: \$33,778

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,299

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Texas

The project will implement memory / shadow boxes for all 75 long-term care residents' rooms in order to address falls, agitation, negative behaviors, way-finding deficits, and the amount of time staff spending redirecting residents. Items proposed for the memory box include items of importance to the resident that are representative of older memories. All residents will be evaluated by a speech-language pathologist to determine his/her Allen Cognitive Level and assigned a color to place in his/her Memory Box to represent the associated cognitive level. A training program will be formulated to inform staff of the Allen Cognitive Levels, what each level represents, and the stories behind each resident's shadow box to provide accurate cueing and re-direction and to engage in meaningful interactions.

Funded Entity(ies):

Riverwalk Healthcare, Inc. dba Legend Oaks Nsg & Rehabilitation - New Braunsfels

Results of the Project:

Results pending.

Project Title: A Sense of Reality

Unique Identifier: TX-0419-RH-271

Project Duration: 7/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$6,273

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$4,617

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To address sun-downing behaviors including agitation, restlessness, irritability, confusion, disorientation, paranoia, yelling, pacing, hallucinations and mood swings, the project will create a multi-sensory room for residents exhibiting these behaviors.

The multi-sensory room will include visual stimulation, auditory stimulation, olfactory stimulation, tactile stimulation, and proprioceptive and vestibular stimulation. Visual stimulation will include a projector with calming images and bubble tubes, auditory stimulation will include relaxation/ environmental music, olfactory stimulation will include aroma therapy and essential oils, tactile stimulation will include an infinity bead chain and proprioceptive stimulation will include a tree gym for relaxation.

Funded Entity(ies):

Riverwalk Healthcare, INC dba Legend Oaks Nursing and Rehabilitation-New Braunfels

Results of the Project:

Texas

Project Title: Dining Area Aquarium Exhibit

Unique Identifier: TX-0419-LOHK-272
Project Duration: 7/1/2019 to 7/31/2019

Total Amount of CMP Funds Approved for this Project: \$18,433

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$18,433

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant requests civil money penalty funds to construct two aquarium exhibits in their resident dining room windows, which are visible from the lobby entrance and nurse's station. Research has shown that aquariums produce positive effects in residents living with dementia. The applicant, with their high population of dementia residents, expects these aquariums to positively impact residents' weights, sensory stimulation, memory, depression, anxiety, and ambulation/motion.

Funded Entity(ies):

Legend Oaks Healthcare & Rehabilitation of Katy

Results of the Project:

Residents that are passive and active participants enjoy the colors, motion and sounds associated with the aquarium which serves as a form of therapy to relax. Several residents had a decrease in antidepressants and anti-anxiety medications.

Project Title: Activities of Daily Living (ADL) Training Videos in English and Spanish

Unique Identifier: TX-0419-TMC-283

Project Duration: 7/1/2019 to 1/31/2020

Total Amount of CMP Funds Approved for this Project: \$93,428

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$30,700

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create a 30-minute training video to increase proficiency in documentation of ADL, as it pertains to the performance-based ADL scale, described in the RAI manual and utilized for MDS coding and Resident Centered Care Planning.

Effective training will enhance the quality of care and improve resident outcomes. Education will develop proficiency in assessing and describing resident function 24/7, and in accurately documenting ADLs. This in turn provides the foundation for accurate and effective care plans, the development of care goals that are appropriate, identifiable and measurable, and enhances caregiver communication through a more accurate and complete clinical record. These enhanced training resources will improve shortcomings in ADL documentation caused by high caregiver turnover rates, language barriers, various learning styles, and

Texas	
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time constraints.

Funded Entity(ies):

Texas Medicaid Coalition

Results of the Project:

lowa

IA CMP Funds Expended for Administrative Uses in CY 2019: \$2,725

IA CMP Funds Expended for Emergency Uses in CY 2019: \$0

IA Active CMP Funded Projects in CY 2019: 2

Project Title: Targeted Training Interventions 360

Unique Identifier: IA-0918-AA-138

Project Duration: 10/2/2017 to 11/30/2019

Total Amount of CMP Funds Approved for this Project: \$387,827

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$146,410

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project extends implementation of Targeted Training Interventions (TTI) 360 in Iowa long-term care (LTC) facilities. TTI 360 provides training and support for all levels (360 degrees) of the LTC facility team (i.e. medical director, pharmacy consultants, administrator, director of nursing, paid caregiving staff). The training also addresses and teaches philosophical person- centered approaches to quality of care and quality of life using the Eden Alternative model. Included in the training is skills-based training for caregiving staff and side by side coaching by experts in dementia care.

Funded Entity(ies):

The Alzheimer's Association

Results of the Project:

Results pending.

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: IA-1118-MHA-183

Project Duration: 1/1/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$38,843

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$24,313

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will work with staff at Madrid Home for Aging–Skilled Nursing and Chronic Confusion or Dementing Illness Unites, to implement iN2L to achieve the goal of using person-based, engagement technology. This technology will deliver person-centered cognitive, recreational, and leisure activities that

Iowa

address the unique abilities and needs of the individual and enrich communication and social connections. Madrid Home will offer small group and one-on-one activities, creating personal activity pages and life stories by using the technology for function/cognitive growth.

Funded Entity(ies):

Madrid Home for the Aging

Results of the Project:

Kansas

KS CMP Funds Expended for Administrative Uses in CY 2019: \$0 KS CMP Funds Expended for Emergency Uses in CY 2019: \$1,524,000

KS Active CMP Funded Projects in CY 2019: 2

Project Title: Nursing Mental Health Training

Unique Identifier: 2018-KS-142

Project Duration: 1/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$441,317

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$198,618

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Nursing Facilities Mental Health (NFsMH) employee training is to establish a framework for assuring the facility has aligned its employee training resources with its core programmatic and organizational priorities working with mentally ill consumers. The plan identifies training needs, priorities, resources, and roles and responsibilities for all groups engaged in employee training within the NFsMH. The training provides a model for governing the training functions within the facility that identifies enterprise- wide training priorities focusing on staff providing services to consumers. Enhanced training will prepare NFsMH staff to better recognize and identify the underlying causes of difficult behavior, how to best care for individuals with mental illness, and how to manage their own feelings about problem behaviors they may encounter. The training will cover 10 NFsMH the first year and following year two and three the training will be provided in nursing facilities.

Funded Entity(ies):

Mental Health America of Heartland

Results of the Project:

Results pending.

Project Title: Using Team STEPPS to Reduce Antipsychotic Medications

Unique Identifier: KS-0718-LAKF-101

Project Duration: 1/1/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$147,372

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$30,371

Kansas

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project proposes training at an offsite two day workshop: offered to all Kansas NF/LTCU. Following the first training, there will be a second onsite visit, which will include an in-depth assessment of the facility and training for a selected, subset of participants. Team STEPPS (Team Strategies and Tools to Enhance Performance and Patient Safety) has incorporated best practices identified through research into a program to improve the quality, safety, and efficiency of health care by improving communication and other teamwork skills. This would provide Long-Term Care staff and providers with a format where essential information is shared using components of a multi-team system.

Funded Entity(ies):

LeadingAge Kansas Foundation

Results of the Project:

Missouri

MO CMP Funds Expended for Administrative Uses in CY 2019: \$0 MO CMP Funds Expended for Emergency Uses in CY 2019: \$0

MO Active CMP Funded Projects in CY 2019: 4

Project Title: Restorative Sleep Vitality Program (RSVP)

Unique Identifier: 2018-MO-145

Project Duration: 12/31/2017 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$77,265

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$27,405

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of this project is to support residents' health and well-being by helping them to have a more restful and refreshing sleep throughout the night. Provide technical assistance and support to homes in regional learning sessions and phone consults to help them implement an RSVP in their home. Utilize sleep trainers and consultants on this project utilizing the quality improvement methodology of the Institute for Health Improvement (IHI) Collaborative Model and Quality Assurance Performance Improvement (QAPI) tools to coach homes through the needed changes. Each home will engage a multi-disciplinary team that includes direct care staff to successfully implement and operationalize 5 operational interventions to reduce sleep disturbances and 3 interventions to keep residents awake and engaged during the day. Quality sleep is essential for nursing home residents to maintain general health but also to enhance their quality of life. Lack of sleep increases risk for falls, sensitivity to pain as well as depression and memory loss. It can also reduce hastily prescribed and unnecessary prescriptions for sleep or agitation which have side effects and can be habit forming. A good night's sleep was proven to reduce falls. Articles support reduction in agitation and combative behavior. This project has the potential to greatly improve the residents' overall quality of life and to support person-centered care planning practices of the homes.

Funded Entity(ies):

Missouri Coalition Celebrating Care Continuum Change (MC5)

Results of the Project:

To measure the success of the project, the RSVP team measured six quality measures. The results are as follows:

Pressure Ulcers: Data available from the collaborative homes that reported CASPER information show that the average percentage quality measure at the start of RSVP for pressure ulcers was 6.5% and the percentage at the end was 5.8%. Collectively, the collaborative homes had a .7% decrease in pressure ulcers over the 18-month RSVP.

Depression: Data available from the collaborative homes that reported CASPER information show that the average percentage quality measure at the start of RSVP for depression was 2.7% and the percentage at the end was 4.3%. Collectively, the collaborative homes had a 1.6% increase in depression over the 18-month RSVP.

Missouri

Project Title: Quality Improvement Project for Missouri (QIPMO)

Unique Identifier: MO-0918-UMO-164

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,353,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$457,469

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is an extension of the QIPMO project (2018-MO-143) funded from July 2017–June 2018.

Funded Entity(ies):

University of Missouri-Columbia

Results of the Project:

Results pending.

Project Title: Enhanced Leadership Development Academy for Long-Term Care (ELDA)

Unique Identifier: MO-1018-NODES-165

Project Duration: 11/1/2018 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$141,152

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$86,515

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide the Enhanced Leadership Development Academy for Long-Term Care (ELDA) to licensed administrators and nurse leaders (RNs) in LTC who can create and sustain improvement in their work settings by emphasizing staff involvement, facilitating communication and teamwork, setting clear expectations, and ensuring high standards of care. The ELDA staff will provide mentoring and consultation services to course attendees during the program as well as after graduation. Additionally, the project will transition the ELDA program to an online format and utilize the expertise and leaders in long-term care and faculty staff of the University of Missouri-Columbia to mentor participants throughout the online course.

Funded Entity(ies):

University of Missouri – Columbia

Missouri

Results of the Project:

For this 12-month grant period, 90 individuals (30% of the 202 enrollees after the 3 dropped participants) completed some of the modules. Of these 90 individuals who began the ELDA, 48 (53%) completed over half of the 11 modules, and 34 (38%) completed all 11 modules and graduated. It is important to note that there are 159 participants who enrolled in ELDA '19 (11/1/2018–10/31/2019) who still have time to complete all 11 modules sometime during ELDA'20 (11/1/2019–10/31/2020) because they have up to one year to complete the ELDA from the time they enroll. A major accomplishment of the online ELDA is the addition of 110 new nursing homes who have enrolled their RNs and/or NHAs. At least 24 of the new homes have enrolled both their NHA/Director of Nursing (DON)leadership team. Additionally, 18 of these new homes have an employee who has already completed the course work and graduated. With the addition of these 110 new homes, the ELDA has now reached a total of 336 facilities in Missouri.

Project Title: 2019 Annual Long-Term Care Provider Meetings

Unique Identifier: MO-0819-MDHSS-384 Project Duration: 9/1/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$13,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$11,564

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Missouri Department of Health and Senior Services-Section for Long-Term Care Regulation proposes to implement 2019 Annual Long-Term Care Provider Meetings in seven different locations throughout the state. The purpose of the one day meetings are to provide an opportunity for the Section for Long-Term Care Regulation (SLCR) staff to update representatives of the long-term care industry on current activities, issues and legislation which affect the regulation and operation of approximately 1,191 long-term care facilities in the State of Missouri. Additionally, SLCR will request approval from the Missouri Board of Nursing Home Administrators for continuing education credit (CEU) for the trainings/meetings. The meetings will improve the overall quality of care for residents by updating providers on relevant issues facing the long-term care industry, providing training in identified areas, and providing opportunities for industry representatives to work with regulators to identify "best practices" related to the care of nursing home residents.

Funded Entity(ies):

Missouri Department of Health and Senior Services

Results of the Project:

The provider meetings were held in seven locations around the state, one in each of the seven SLCR regions. The meetings were one day each and focused on issues impacting long-term care facilities. Specific training topics included the CMS required Pre-Admission Screening and Resident Review (PASRR) process, implementation of the CMS Phase III requirements, Medicaid Fraud, Patient Driven Payment Model (PDPM) and Pressure Ulcers. A total of 1,446 long-term care provider and Department staff attended the meetings.

Nebraska

NE CMP Funds Expended for Administrative Uses in CY 2019: \$0 NE CMP Funds Expended for Emergency Uses in CY 2019: \$150,000 NE Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

Colorado

CO CMP Funds Expended for Administrative Uses in CY 2019: \$214

CO CMP Funds Expended for Emergency Uses in CY 2019: \$0

CO Active CMP Funded Projects in CY 2019: 4

Project Title: Music and Memory Program

Unique Identifier: 2018-CO-151

Project Duration: 11/22/2016 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$146,875

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$6,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

There will be a creation of a Music and Memory program. Through this project, items necessary for implementing the Music and Memory program will be purchased and deployed. This will lead to the higher quality of care provided for nursing home residents.

Funded Entity(ies):

Colorado Health Care Association

Results of the Project:

Participation from nursing homes was lower than expected. Unutilized funds remained in the cash fund. Participating homes received training and supplies for the Music and Memory program. The participation was affected by the high rate of turnover of nursing home administration. Because administrators change frequently, follow through with the Music and Memory program was lower than expected.

Project Title: Centers for Medicare & Medicaid Services (CMS) Dementia Care Focused Survey

Unique Identifier: 2018-CO-149

Project Duration: 1/1/2017 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$23,061

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,204

Colorado

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The CMS dementia care survey will be provided. It gives education to persons who serve residents living in Colorado nursing homes with dementia. This will provide knowledge to provide higher quality of care to nursing home residents.

Funded Entity(ies):

Edu-Catering

Results of the Project:

Trainings delivered in six regions of the state. Curriculum made available to other nursing homes in state. This was a well-attended training throughout the state. Trainings focused on the dementia care surveys and what is investigated during these surveys. This also contained information on dementia care and non-pharmacological interventions to use in place of psychotropic medications.

Project Title: Leadership Chataqua

Unique Identifier: 2018-CO-152

Project Duration: 3/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$125,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$35,587

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Leadership Chautauqua is a multi-disciplined and innovative approach to leadership development for long-term care facility leaders. Funds will be used to host nursing facility leadership training conferences in four diverse geographic regions in Colorado. The trainings are designed to support leader renewal and growth for improved quality care outcomes.

The program will serve 180 Colorado cross-functional long-term care facility leaders.

Funded Entity(ies):

Aponi Partners

Results of the Project:

Two Chatagua's have been held and a third one is being planned. Final results pending.

Colorado

Project Title: Weighted Blankets for Deep Touch Pressure

Unique Identifier: CO-0818-BI-128

Project Duration: 1/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$9,950

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,479

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant requests weighted blankets for its residents. These weighted blankets are filled with pockets of 100% non-toxic, commercial grade poly pellets that are sewn into the blanket. The weighted blankets are for residents who carry a diagnosis of anxiety and/or dementia with behaviors. These residents are monitored for behaviors associated with anxiety and have been assessed to safely use a weighted blanket. The use of the weighted blankets reduces anxiety and distress in adults with dementia.

Funded Entity(ies):

Brookside Inn

Results of the Project:

Reported a decrease in anxiety and behaviors related to anxiety. Have tried a couple different types of blankets to determine which ones are more easily washed. Project is still in progress and final results pending.

Montana

MT CMP Funds Expended for Administrative Uses in CY 2019: \$8,760

MT CMP Funds Expended for Emergency Uses in CY 2019: \$0

MT Active CMP Funded Projects in CY 2019: 5

Project Title: Memory Care Project

Unique Identifier: MT-0318-WCNH-011
Project Duration: 7/1/2018 to 6/30/2019

Total Amount of CMP Funds Approved for this Project: \$5,274

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,633

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Wibaux County Nursing Home, requested Civil Money Penalty funds to implement the Memory Care Project in their facility. During this project, the staff will receive in-depth training and education in dementia care. This will involve learning different techniques, such as non-pharmacological means, to calm residents and reduce their unwanted behaviors, as well as the number of anti-psychotic medications used. This will improve nursing home resident mental health and quality of care. Target audience beyond nursing home residents: Wibaux County Nursing Home staff.

Funded Entity(ies):

Wibaux County Nursing Home

Results of the Project:

Teepa Snow videos have helped with education for reducing behaviors in the Memory Unit. The weighted blankets helped residents with anxiety and comfort. Real life dolls and companion pets have also helped calm and relax residents. The manipulation boards helped with mechanics and hands-on for residents. Motion wall hangings were not purchased due to company going out of business. Diffusers have been placed around the nursing home for calming effects and to help fight off colds and airborne illnesses. The sensory materials have been great for calming and keeping residents' hands busy. Facility has been unable to train for our Music and Memory program due to scheduling issues with our staff and the cancellation of training from Music and Memory. We are scheduled to train on January 21 and 22, 2020. We are excited to get the program going.

Project Title: Enhancing Elder Care through Innovative Education

Unique Identifier: MT-0318-MTHA-012

Project Duration: 7/1/2018 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$198,815

Montana

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$78,775

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will offer didactic instructions for certified nursing assistant (CNA) specialty training and for certification for nursing home Activity Directors. The project will provide training for nursing facility staff in rural Montana. The training materials and curricula produced by this project will be available to all Montana nursing home facilities interested in reviewing and/or utilizing the materials. This will improve nursing home resident quality of care for residents.

Target audience beyond nursing home residents: potential CNA candidates, candidates for Activity Director certification, and any nursing home facility in the state of Montana.

Funded Entity(ies):

Montana Hospital Association

Results of the Project:

Results pending.

Project Title: Using Mediation to Prevent or Delay Resident Discharge

Unique Identifier: MT-0918-MMA-137

Project Duration: 10/1/2018 to 11/30/2019

Total Amount of CMP Funds Approved for this Project: \$8,400

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$2,188

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project plans to provide mediation training for long-term care staff. The usage of mediators will delay or, ideally, prevent resident discharges from nursing facilities in Montana. Mediators, through additional certification training, will be equipped to ensure that residents remain at the center of discussions involving their potential discharge from nursing homes. This will permit all parties the opportunity to create sensible, discharge solutions by offering documentation of the facility and resident working together to prevent discharge. This project would save ombudsman time and relationships while reducing the risk for a resident to experience trauma associated with involuntary transfers. Additionally, nursing staff would be free to deal with other day-to-day facility needs.

Funded Entity(ies):

Montana Mediation Association (MtMA)

Montana

Results of the Project:

Despite reports at the October 2019 Governor's Conference on Aging in Billings that discharge problems are one of the most common subjects that ombudsmen are called about, no nursing homes in Montana have used the mediation process to prevent discharges as of 12/30/19. Only one ombudsman and one nursing home have contacted members of MtMA for assistance; neither case resulted in mediation and we are not aware of outcomes for residents/facility in either case.

Project Title: Facility Reporting Improvement Initiative

Unique Identifier: MT-0918-APS-136

Project Duration: 11/1/2018 to 10/31/2021

Total Amount of CMP Funds Approved for this Project: \$150,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$66,863

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will fund technical assistance, training, and consultation to nursing homes over a three-year period. The outcome metrics include the following: At the end of each session, Adult Protective Services will review the feedback from the participants and after the end of each state fiscal year, will compile the results of the training.

Adult Protective Services will conduct a minimum of six in-person trainings with a goal of 600 attendees and six WebEx with a goal of 600 participants for a total goal of 1,200 participants. Each session will end with a survey on satisfaction of the training and information received and use each survey to improve the presentation. The goal is to improve staff knowledge, confidence, and self-perceived skills and close the gap on knowledge and understanding to better recognize abuse, neglect, or exploitation, and make a report.

Adult Protective Services expects to see an increase in the number of reports by nursing homes and will be able to better track issues and provide more direct training to protect the vulnerable adults in the facilities.

Funded Entity(ies):

Adult Protective Services

Results of the Project:

Montana

Project Title: Enhance Effective Care for Residents Living with Dementia and Other

Mild Cognitive Disorders

Unique Identifier: MT-0319-CRNR-254

Project Duration: 5/1/2019 to 1/31/2020

Total Amount of CMP Funds Approved for this Project: \$13,534

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,112

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant is seeking monetary assistance to aid in the ability for Copper Ridge Nursing and Rehabilitation to provide adequate Dementia training for current and future employees and purchase and effectively implement evidenced-based dementia-focused activities to their residents, including music and memory, essential oils, and weighted blankets. Copper Ridge Nursing and Rehabilitation is focusing on the implementation of these interventions as a means to reduce anxiety, individualize and institute musical therapy activities, potentially enhance appetite and sustain weight maintenance, and utilize essential oils to aide in inducing comfort, joyfulness, relaxation, peace, and a sense of tranquility for the residents that may often experience the detrimental opposite.

Funded Entity(ies):

Copper Ridge Nursing and Rehabilitation

Results of the Project:

North Dakota

ND CMP Funds Expended for Administrative Uses in CY 2019: \$105,854

ND CMP Funds Expended for Emergency Uses in CY 2019: \$0

ND Active CMP Funded Projects in CY 2019: 1

Project Title: The North Dakota Music and Memory Initiative

Unique Identifier: ND-0818-QHA-130

Project Duration: 10/1/2018 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$125,997

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$105,854

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$37,487

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program will develop a personalized music program as a non-pharmacological intervention strategy for nursing facilities that complements the CMS Partnership effort to reduce use of antipsychotics for residents diagnosed with dementia and related disorders. The applicant negotiated with the Music and Memory organization for a reduced online training rate and expects to see a marked improvement in affected residents' quality of life by the end of the funding period.

Funded Entity(ies):

Quality Health Associates of North Dakota

Results of the Project:

Facilities participating in this project reflect an improvement in all of the following: falls with major Injury, excess weight loss, depression symptoms, and antipsychotic medication use.

South Dakota

SD CMP Funds Expended for Administrative Uses in CY 2019: \$0 SD CMP Funds Expended for Emergency Uses in CY 2019: \$0

SD Active CMP Funded Projects in CY 2019: 4

Project Title: South Dakota Music and Memory Initiative

Unique Identifier: 2018-SD-155

Project Duration: 4/1/2018 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$402,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$164,111

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Goal: To improve dementia care in South Dakota nursing homes and reduce the use of antipsychotic medications.

Objective: Purchase and implement items necessary to implement the program in 55 South Dakota nursing homes within the two-year project timeframe.

Funded Entity(ies):

South Dakota Foundation for Medical Care, Quality Innovation Network- Quality Improvement Organization (QIN/QIO)

Results of the Project:

Phase I of this project continues. Music and Memory program successfully adopted in 55 nursing homes in South Dakota. All facilities nationally certified in the program. All facilities received site visits and technical assistance. Community support of the program seen in multiple facilities. Over 300 residents participating in the program. Success stories and best practices shared between facilities.

Final results pending.

Project Title: Enhanced Leadership Development Academy for Long-Term Care South Dakota Pressure Injury Training Program.

Unique Identifier: SD-1018-SDAHO-166

Project Duration: 1/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$24,272

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$15,717

South Dakota

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide evidence-based education for the prevention and treatment of pressure injuries that can be used by healthcare professionals in long-term care to reduce the number of new or worsened pressure injuries and improve quality of care. This training was identified as a need due to an increased number of severe deficiencies cited during federal/state surveys. Four separate training opportunities will be available to long-term care providers across South Dakota including Aberdeen, Chamberlain, Rapid City, and Sioux Falls.

Funded Entity(ies):

The South Dakota Association of Healthcare Organizations

Results of the Project:

A total of 355 attendees participated in the four regional trainings exceeding the number (200 attendees) originally planned. The four locations across South Dakota created collaborative learning from all regions of the state and 87 of 104 (84%) total nursing homes participated.

We had several disciplines from each nursing home attend the training including: LPN, case manager, CNA, resident care manager, MDS coordinator, RN, director of nursing, infection prevention specialist, charge nurse and physical therapist. The two webinars that were conducted had 36 sites connecting for the first webinar and 41 sites connecting for the second webinar.

Project Title: Common Sense Approach to Challenging Behaviors and Common Sense Approach to Communicating with Elders who have Dementia

Unique Identifier: SD-0119-SDDH-216

Project Duration: 4/1/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$19,253

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$19,253

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide educational training sessions to enhance care provided to those individuals with challenging behaviors. Resources were provided to each facility including two recorded trainings (DVDs).

Funded Entity(ies):

South Dakota Health Care Association

South Dakota

Results of the Project:

The presentations were conducted by consultant Cat Selman on April 10, 2019, at the SDHCA Annual Spring Institute. Ms. Selman presented at four educational sessions, two sessions on the topic of challenging behaviors in long-term care, and two sessions on the topic of communicating with elders with dementia. A combined total of 164 individuals attended one of the two challenging behavior sessions. Of the attendees who responded to the survey, a large majority selected "strongly agree" as their response to the prompt asking them to indicate their level of agreement with this statement: "This speaker and presentation met the objectives listed in the program booklet." A combined total of 156 individuals attended one of the two sessions on communicating with elders with dementia. Again, a large majority of attendees selected "strongly agree" as their response to the prompt asking them to indicate their level of agreement with this statement: "This speaker and presentation met the objectives listed in the program booklet." In addition, SDHCA distributed two DVDs featuring Cat Selman's pre-recorded presentations on these topics to each facility that attended the Convention. The DVDs provide valuable supplemental material to be taken back to facilities. For facilities which were not in attendance at the Institute, the DVDs were mailed to their administrators, along with a cover letter explaining why they were receiving them.

Project Title: Retaining a Strong Staff in Long-Term Care

Unique Identifier: SD-0719-SDHCA-368

Project Duration: 9/2/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$3,753

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$3,753

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide in-person educational training sessions focusing on retaining a strong staff in long-term care.

These face-to-face training sessions shall be made available for all staff within Long-Term Care Centers in South Dakota.

The objectives of the educational sessions shall include:

- Improve the culture of your facility to be supportive of employees;
- Understand the reason(s) an individual will stay or leave your facility;
- Understand the actual cost of recruiting an employee vs retaining;
- Understand the benefits of retaining staff for facility performance in compliance as well as driving resident and family satisfaction; and,
- Understand that a stable staff will improve the quality of life for resident.

South Dakota

Funded Entity(ies):

South Dakota Health Care Association

Results of the Project:

The presentations conducted by consultant Lou Ann Brubaker on September 25 & 26, 2019, at the SDHCA Annual Fall Convention provided information on retaining a strong staff in long-term care. Surveys were distributed to the attendees to rate the sessions and provide comments. Staff stability supports every single goal targeted in skilled nursing facilities. It drives compliance, increases occupancy and resident/family satisfaction. During her presentations, Ms. Brubaker provided clear strategies for retaining strong staff that the facilities could immediately implement. This is very important as many of the facilities across the state have staff shortages due to the low unemployment rate and the shortage of individuals in the state and need to retain their current staff in the facility.

Ms. Brubaker presented the information in an upbeat format that the attendees learned best practices that they could seamlessly incorporate into their current processes or use to create new strategies no matter if they were an independent facility or part of a multi-facility corporation. The facilities did not have to research strategies on retention but could implement the information provided.

Ms. Brubaker's presentations provided information to assist the facilities in the following areas:

- Implement orientation strategies designed to drive retention of staff;
- Describe what causes people to stay (or go); and
- Identify the four categories of staff, including what to do with each and their impact on retention.

This information provided a knowledge base for the management team to return to their facilities and assess their own facility to strengthen their programs/strategies to retain these individuals in the long-term care facilities.

Utah

UT CMP Funds Expended for Administrative Uses in CY 2019: \$775
UT CMP Funds Expended for Emergency Uses in CY 2019: \$0

UT Active CMP Funded Projects in CY 2019: 2

Project Title: Oral Health Project Year 2

Unique Identifier: UT-0718-SCCF-099

Project Duration: 10/1/2018 to 9/30/2019

Total Amount of CMP Funds Approved for this Project: \$250,000

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$250,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will continue to build on a previous one-year comprehensive oral health program that was provided to 10 certified long-term care facilities along the Wasatch Front. The requested funds will utilize lessons learned in the first year and attempt to rectify the lack of funding for dental visits every six months to maintain oral health that was missing from the first grant. Current requested funds will cover the costs associated with salaries and wages for the dental team and administrative oversight and coordination with facilities and their contracted dentists, equipment, and supplies. The project anticipates serving approximately 350 residents, providing 90 dental clinics and 40 hygiene clinics to help improve oral health.

Funded Entity(ies):

Senior Charity Care Foundation

Results of the Project:

The project had a goal of visiting and serving 10 nursing facilities in Utah. They actually visited 13 different nursing facilities in Utah. They were able to serve 129 patients with 684 total patient visits including follow-ups. Total number of different treatments/services amounted to 2,625; including x-rays (425), cleanings(269), extractions(231), evaluations(389), hygiene assessments(266), cancer screening(235), instructions(197), prophylaxis(199), root scaling(105), debridement(3), silver diamine(152), restorations(126), crowns(1), and denture work(531). Patient satisfaction was reported as 98%. All treatments were successful. 129 patients received care they would not have received otherwise. The program expended all of the grant money awarded.

Project Title: Understanding Federal Transfer-Discharge Requirements

Unique Identifier: UT-0719-CV-373

Project Duration: 10/15/2019 to 10/15/2020

Utah

Total Amount of CMP Funds Approved for this Project: \$102,850

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$102,850

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project, led by the National Consumer Voice for Quality Long-Term Care in coordination with the Utah State Long-Term Care Ombudsman Program, will develop: a comprehensive manual on nursing facility transfer-discharge that will include an overview of federal law, regulations, and guidance; requirements for a fair hearing process as required by federal and state law; probes/procedures for surveyors according to the State Operations Manual and Guidance to Surveyors; and other pertinent information for reviewing or addressing incidents of transfer or discharge, such as notice to the long-term care ombudsman program, bed-hold policies, concerns about nonpayment and financial exploitation, etc. In addition, an information booklet on transfer-discharge will be created for consumers that will explain their rights and responsibilities during transfer-discharge, including the right to appeal and where to get assistance.

Finally, a webinar will be held for the Utah aging network to provide an overview of transfer-discharge requirements and the newly developed resources. The discharge manual and consumer brochure will be available both in hard copy, as well as electronically through the Utah State Ombudsman Program and the Consumer Voice. The webinar will be recorded for future reference and posted to the websites of the Utah State Ombudsman Program and the Consumer Voice.

Funded Entity(ies):

National Consumer Voice for Quality Long-Term Care

Results of the Project:

The contractor has established the project advisory committee and drafted the role and function of the committee. Research and development of product has just started, with review of Ombudsman information on transfer and discharge. Final results pending.

Wyoming

WY CMP Funds Expended for Administrative Uses in CY 2019: \$0 WY CMP Funds Expended for Emergency Uses in CY 2019: \$0

WY Active CMP Funded Projects in CY 2019: 1

Project Title: It's Never 2 Late (iN2L)

Unique Identifier: WY-1018-SJLC-171

Project Duration: 1/1/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$3,204

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$3,204

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will enhance the lives of people in their care living with dementia through implementation of the iN2L technology. The technology will provide individualized, engaging memory support interventions that will assist in reducing agitation, social isolation, and emotional distress while improving quality of care.

Funded Entity(ies):

St. John's Living Center

Results of the Project:

The project did not meet the anticipated goals related to a 25% decrease in psychotropic drug use over a 6-month period; 50% decrease over a 12-month period for selected residents; and 10% increase in tablet usage hours/day each month over 12 months. It was determined this was because the initial baseline numbers, especially in relation to scheduled medications, was already at a low point throughout the year and that number remained stable. A positive finding was that the use of prn medications showed a 30% decrease in the two residents included in the study.

Arizona

AZ CMP Funds Expended for Administrative Uses in CY 2019: \$0 AZ CMP Funds Expended for Emergency Uses in CY 2019: \$0

AZ Active CMP Funded Projects in CY 2019: 1

Project Title: 6th Annual HAI/HAC Prevention Summit

Unique Identifier: AZ-0419-AZDHS-288

Project Duration: 7/18/2019 to 7/18/2019

Total Amount of CMP Funds Approved for this Project: \$18,420

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$18,420

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the summit is for Long-Term Care facilities and nursing homes to gain a better understanding of infection control and the problems that occur in their facilities. The project aims to increase the knowledge and use of evidence-based practices in preventing infections and reducing harm for about 200 attendees. The overall theme for this year's summit is to provide nursing homes with information on how to apply the new CMS rules in their facilities.

Funded Entity(ies):

Office of Infectious Disease Services at the Arizona Department of Health Services

Results of the Project:

California

CA CMP Funds Expended for Administrative Uses in CY 2019: \$0 CA CMP Funds Expended for Emergency Uses in CY 2019: \$0

CA Active CMP Funded Projects in CY 2019: 5

Project Title: Improving Quality of Dietary Services in California Skilled Nursing Facilities

Unique Identifier: 2018-CA-157

Project Duration: 7/1/2017 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,102,342

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$280,467

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Help advance campaign to improve dietary services care in California's skilled nursing facilities through the use of good diet for residents.
- b. Improve dietary services and quality of life for residents and identify quality assurance performance improvement (QAPI) practices that sustain the longevity of the program at facilities.
- c. At least 300 skilled nursing facilities participating in the study will benefit if they follow through and continue using the program after the study concludes; this correlates to 4,500 residents. Additionally, up to a total of 1,200 facilities will benefit if they participate in the program.
- d. Dietary services staff.

Funded Entity(ies):

California Association of Health Facilities (CAHF)

Results of the Project:

Results pending.

Project Title: Certified Nursing Assistant (CNA) Training Kickstarter

Unique Identifier: CA-0318-QHCF-004

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$2,419,787

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,209,894

California

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. The Quality Care Health Foundation (QCHF) CNA Training Kickstarter Project shall collaborate with skilled nursing facilities (SNFs) to address sustainability of future CNAs in the workforce.
- b. QCHF shall assist SNFs interested in developing California Department of Public Health approved facility-based training programs to continue training additional CNAs in the future. Overall, the objective is to promote CNA training programs to facilities.
- c. The results of CNA training, certification, and retention will improve customer service to residents of SNFs. SNF participation in the study will benefit their residents if they follow through and continue using the program after the study concludes.
- d. Skilled nursing facilities, CNA Trainers, and CNAs.

Funded Entity(ies):

QCHF

Results of the Project:

Results pending.

Project Title: Volunteer Engagement in Skilled Nursing Facilities

Unique Identifier: 2018-CA-158

Project Duration: 7/1/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$703,345

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$259,945

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. To develop a robust volunteer program at twenty skilled nursing facilities in California; create a professional "how-to" video and comprehensive state-specific handbook for skilled nursing facilities interested in creating and sustaining a volunteer program; and identify "positive person-centered" practices supported by volunteers from facilities and then incorporate a minimum of five practices in an "idea guide" available to all interested facilities.
- b. The California Department of Public Health is sponsoring a 30-month project entitled "Volunteer Engagement in Skilled Nursing Facilities" for the purpose of increasing the customer services available to all residents of skilled nursing facilities. The volunteers are non-facility personnel who may have contact with residents, staff, and visitors.

California

- c. Residents of at least 20 skilled nursing facilities participating in the study will benefit by increased availability of customer service such as communications, technical support including informational webinar, and administrative and recreational services, if they follow through and continue using the program after the study concludes.
- d. Volunteers, administrative and recreational services, facility staff, and visitors who may have contact with volunteers.

Funded Entity(ies):

California Association of Health Facilities (CAHF)

Results of the Project:

Results pending.

Project Title: Nurse Leadership Project Proposal

Unique Identifier: CA-1018-CCC-162

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,737,237

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$212,398

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project proposes to offer leadership training for registered nurses currently in leadership positions in California Long-Term Care Nursing Facilities as well as conduct follow up with personal mentoring for successful graduates. The project will concentrate on the development of nurse leaders and focus on leadership abilities that affect engagement and retention of direct care staff, such as effective communication, managing expectations, accountability, delegation, and mentorship with the goal of decreasing the turnover rate of direct care staff, which in turn will improve resident care, and lead to improved resident satisfaction.

Funded Entity(ies):

Clinical Compliance Concepts, Inc.

Results of the Project:

California

Project Title: Using Artificial Intelligence (AI)—Enabled Cameras to Detect and ReduceFalls for Residents with Dementia

Unique Identifier: CA-0719-ESKP-363

Project Duration: 11/18/2019 to 1/17/2020

Total Amount of CMP Funds Approved for this Project: \$28,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$14,250

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will pilot the SafelyYou service in a 38-resident wing in Eskaton Greenhaven Care Center. The SafelyYou technology applies breakthroughs in artificial intelligence to automatically detect falls from off-the-shelf and wall-mounted cameras for residents with dementia, and only records video when a resident on the ground is detected. It enables care staff to: 1) know about falls right away without requiring residents wear a device; 2) use video review to quickly assess need for emergency medical services (EMS) after unwitnessed falls; and 3) perform accurate incident review enabling nurses and therapists to as sess how to reduce the risk of repeat falls and recognized possible interventions specific to resident behavior.

Funded Entity(ies):

Eskaton Properties, Inc.

Results of the Project:

Hawaii

HI CMP Funds Expended for Administrative Uses in CY 2019: \$0 HI CMP Funds Expended for Emergency Uses in CY 2019: \$0 HI Active CMP Funded Projects in CY 2019: 0

The state reported no CMP funded projects in calendar year 2019.

Nevada

NV CMP Funds Expended for Administrative Uses in CY 2019: \$0 NV CMP Funds Expended for Emergency Uses in CY 2019: \$0

NV Active CMP Funded Projects in CY 2019: 3

Project Title: Decrease Falls in Skilled Nursing Facilities (SNFs)

Unique Identifier: 2018-NV-160

Project Duration: 5/1/2016 to 4/30/2018

Total Amount of CMP Funds Approved for this Project: \$821,323

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$96,124

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a. This project aims to decrease falls in selected Nevada SNFs by 25%.

b. The Comprehensive Resident Safety and Prevention Program (CRiSP) program is comprised of four key pillars, which contain a collection of best practices to guide facilities in improving their organizational systems through education and quality improvement. These pillars are: Culture Change (commit across the organization, develop team skills, adopt safety culture); Leadership (support the front lines, provide coaching and mentoring, establish vision and expectations); Safety (customize care plans, observe and monitor, conduct safety briefings); and Measurement (collect data, monitor performance, integrate with Quality Assurance and Performance Improvement [QAPI]).

c. This will improve nursing home resident quality of care.

Funded Entity(ies):

HealthInsight

Results of the Project:

Thirteen SNFs were recruited to participate in the CRiSP program with a goal to reduce falls and falls with injury. The results were mixed. Four SNFs have seen a significant decrease in falls with major injury since implementing many of the strategies promoted by CRiSP. The nursing homes that have not achieved the desired reduction in falls and falls with major injury have had a more difficult time with a consistent, standardized approach to changing systems and processes related to identifying residents at-risk for falling, to identifying the true reason for falls when they occur and aligning fall prevention strategies with the root cause of the fall.

Nevada

Project Title: Antimicrobial Forecast Project

Unique Identifier: 2018-NV-161

Project Duration: 8/1/2016 to 7/31/2018

Total Amount of CMP Funds Approved for this Project: \$418,246

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$59,934

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will create a consolidated, integrated, and comprehensive view of antimicrobial resistance patterns in the State of Nevada. This will allow for nursing home residents to have a higher quality of care.

Funded Entity(ies):

University of Nevada, Reno

Results of the Project:

The system known as Statera (formerly known as ARIS) is now deployed in a live clinical setting, where a consulting pharmacist is using the capability with two skilled nursing facilities to promote antimicrobial stewardship in compliance with the new Centers for Medicare & Medicaid Services standards for stewardship. It was also notable that these facilities have struggled with Clostridium difficile outbreaks, and fluoroquinolone use is a known risk factor. The involved medical director changed his prescribing practice and the consulting pharmacist has been monitoring the culture and sensitivity results from these residents.

Project Title: An Online Antimicrobial Stewardship Toolkit for Nursing Homes

Unique Identifier: NV-0918-UNR-132

Project Duration: 1/7/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$487,834

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$151,074

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create an online antimicrobial stewardship toolkit to enable nursing homes to measure and manage antimicrobial stewardship in their facilities in accordance with federal and state regulations. Nursing home residents are currently subjected to multi-and pan-resistant bacterial infections in Nevada's nursing homes. Any progress made in antimicrobial stewardship that mitigates the cost, morbidity, and mortality represents better care for Nevada's nursing home patients. The creation of an online stewardship management system enables efficient, focused targeting of intervention by the State in the context of limited resources.

Nevada

Funded Entity(ies):

The School of Community Health Science, University of Nevada

Results of the Project:

This CMP project was terminated early due to a conflict of interest on May 6, 2019; therefore, the results/outcomes of the project were not achieved.

Alaska

AK CMP Funds Expended for Administrative Uses in CY 2019: \$0 AK CMP Funds Expended for Emergency Uses in CY 2019: \$0

AK Active CMP Funded Projects in CY 2019: 2

Project Title: Positive Approach to Care Certification Training

Unique Identifier: AK-0419-HFLC-287

Project Duration: 5/15/2019 to 5/16/2019

Total Amount of CMP Funds Approved for this Project: \$7,200

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$7,200

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a. Staff can receive advanced Dementia Training and learn a Positive Approach of Care. Trained staff will able to mentor other staff upon return to their respective facilities, thereby improve quality of life for residents suffering from dementia.
- b. Upon completion of this two-day certification, participants will have a greater understanding of dementia and how to identify and mitigate distressing communication with residents. In addition, attendees will be poised to return to their nursing homes and provide ongoing education, mentoring and support for caregivers, providers and staff regarding dementia.
- c. The purpose of this project is so the staff can receive advanced Dementia Training and learn a Positive Approach of Care. Trained staff will able to mentor other staff upon return to their respective facilities, thereby improve quality of life for residents suffering from dementia.

Funded Entity(ies):

Denali Center, Providence Seward Mountain Haven, Ketchikan Transitional Care

Results of the Project:

Results pending.

Project Title: Engagement Leader Certification: The Alaska PAC® Journey Continues

Unique Identifier: AK-0919-ARA-408

Project Duration: 10/1/2019 to 10/31/2019

Total Amount of CMP Funds Approved for this Project: \$39,600

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$23,400

Alaska

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Alzheimer's Resource of Alaska, an organization specializing in dementia care training and support, hosts a two-day workshop that will expose nursing home staff to the Positive Approach to Care model through techniques such as the Positive Physical Approach (PPA) and Hand-under-Hand (HuH).

Training participants will also learn about the GEMS model, which emphasizes the value of matching behaviors to the resident' needs. At the end of the workshop, participants are expected to take the lessons learned and implement them within their respective facilities as engagement leaders.

Funded Entity(ies):

Providence Transitional Care Center, Wildflower Court, Mountain Pacific Quality Health, Providence Seward Mountain Haven, Providence Valdez Medical Center and Long Term Care, Quyanna Care Center, Providence Chiniak Bay Elders House, Petersburg Medical Center, Heritage Place, Prestige Care, Long Term Care Ombudsman, HFLC Surveyor

Results of the Project:

Idaho

ID CMP Funds Expended for Administrative Uses in CY 2019: \$0

ID CMP Funds Expended for Emergency Uses in CY 2019: \$0

ID Active CMP Funded Projects in CY 2019: 4

Project Title: Idaho Pressure Ulcer Prevention Coalition's 12th Annual Consensus Meeting

Unique Identifier: ID-0918-IPUPC-133

Project Duration: 3/27/2018 to 3/31/2019

Total Amount of CMP Funds Approved for this Project: \$46,898

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$25,712

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide each Idaho Skilled Nursing Facility (SNF) a scholarship for ten staff employed by Idaho SNF's to attend the 12th Annual Consensus Meeting. This meeting will provide continued education and hands-on demonstrations of skill competency for pressure injury treatment and prevention efforts. Attendance at the meeting will provide a positive effect on facilities and reflect better resident outcomes and cost savings.

Funded Entity(ies):

Various LTC Facilities throughout the State of Idaho.

Results of the Project:

Better trained and qualified staff to provide wound care to residents. Seventy-two people attended. The summary of course evaluations is not available.

Project Title: Idaho Caregiver Career Project

Unique Identifier: ID-0518-IHCA-052

Project Duration: 7/1/2018 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$513,500

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$16,457

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goals of this project are:

a. Encourage individuals to enter caregiver careers;

Idaho

- b. Improve the hiring practices, orientation, training and caregiver empowerment that is provided by facilities;
- c. Help maintain a sufficient number of competent caregivers to meet the needs of residents in Idaho Skilled Nursing Facilities (SNFs); and,
- d. Reduce caregiver turnover.

Funded Entity(ies):

Idaho Health Care Association Foundation

Results of the Project:

Results pending.

Project Title: Bridgeview Estates Technology Grant Application

Unique Identifier: ID-0319-LCCA-246

Project Duration: 3/26/2019 to 3/25/2020

Total Amount of CMP Funds Approved for this Project: \$67,722

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$67,680

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to reduce incidence of falls and improve quality of life and communication. Also, to expand and enhance restorative care, enrich activity engagement and to improve quality of care and staff engagement. To introduce updated modern therapy offerings, provide motivation for rehab residents to give them an active role in their rehabilitation progress. To help them achieve the best quality of life regardless of their cognitive status and to eliminate the fun disorder.

Funded Entity(ies):

Bridgeview Estates

Results of the Project:

Idaho

Project Title: Honoring Choices® Idaho

Unique Identifier: ID-0519-JAN-303

Project Duration: 9/1/2019 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$427,618

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$9,344

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will integrate high quality, person-centered advance care planning (ACP) in 57 nursing homes over two years (with potential of reaching an additional 12 nursing homes if more want to participate). Specifically, long and short-stay residents, along with their healthcare agents or representatives, will be routinely invited to participate in an ACP conversation as part of the nursing home admission process and as part of ongoing care. Following each ACP conversation, the goal is to initiate appropriate documentation reflecting patient goals and values which will be integrated into the nursing homes' medical records and system of care.

Funded Entity(ies):

Jannus, Inc.

Results of the Project:

Oregon

OR CMP Funds Expended for Administrative Uses in CY 2019: \$0 OR CMP Funds Expended for Emergency Uses in CY 2019: \$0

OR Active CMP Funded Projects in CY 2019: 1

Project Title: Extensions for Community Health Outcomes (ECHO) Nursing Facility Behavioral Health

Unique Identifier: 2018-OR-163

Project Duration: 10/17/2017 to 7/30/2019

Total Amount of CMP Funds Approved for this Project: \$200,128

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$90,064

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Geriatric Mental Health Long-Term Care Program in Oregon utilizes the evidence- based success of the University of New Mexico's Project ECHO. This innovative format uses "hub-and-spoke" networks led by a "hub" of experts using multi-point videoconferencing to conduct virtual clinics with community providers. The University of Rochester has used the ECHO model to effectively telementor 50 nursing facilities in 10 counties in New York state, providing long- term care providers with access to geriatric mental health experts.

Goals: The immediate goal of the ECHO Program is increasing the knowledge, skills and confidence of the nursing facility care teams to quickly detect and effectively treat mental health and behavioral care needs, employing person-centered psychosocial interventions and appropriate psychopharmacology. Improvement is expected in the competency of care provided to current residents with challenging mental health and behavioral care needs with intended outcomes of increased resident placement stability, resident satisfaction, improved quality of assessments and care plans, and staff statements of growing confidence in providing behavioral care.

Long Term Goals and Benefits: The long term goal of the ECHO Program is the creation of a stable knowledge base in facility care teams evidenced by consistent development of person-centered care plans, reduction in emergency hospital transfers for behavioral crisis, denial of right to return-readmit-involuntary transfer, willingness to admit individuals with mental health and behavioral care needs and staff statements of confidence and satisfaction in providing behavioral care.

Intended long term outcomes include:

- 1) Knowledge and skills to recognize the signs and symptoms of common geriatric mental health issues such as dementia, depression, anxiety, substance abuse, and behavioral issues
- 2) Knowledge of broad classes of medications used to treat mental health conditions
- 3) Skills to conduct psychosocial assessments through both structured forms and information gathering

Oregon

- 4) Skills to provide psychosocial and behavioral interventions that enhance coping skills of nursing facility residents and their families
- 5) Strategies to meaningfully engage nursing facility residents
- 6) Self-care skills for nursing facility staff
- 7) Job satisfaction and retention of nursing facility staff
- 8) Collaboration among nursing facility staff
- 9) Increased expertise with person-centered care and individualized decision-making

Funded Entity(ies):

Oregon Health & Science University Acting by and through its Oregon Rural Practice- based Research Network

Results of the Project:

Final results pending.

Washington

WA CMP Funds Expended for Administrative Uses in CY 2019: \$26,185

WA CMP Funds Expended for Emergency Uses in CY 2019: \$0

WA Active CMP Funded Projects in CY 2019: 6

Project Title: Music & Memory

Unique Identifier: 2018-WA-165

Project Duration: 9/15/2017 to 5/1/2019

Total Amount of CMP Funds Approved for this Project: \$124,487

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$800

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide funds to 42 facilities in Washington state for the implementation of a Music & Memory program. The funds will be used for training, equipment purchase and purchase of Music & Memory certification. Resident outcomes should include decreased behavioral symptoms with increased mood, engagement and interaction with others, and improved cognition/memory. One important aspect of quality of care, decrease in use of psychotropic or anti-anxiety medication and physical restraint, is also an included measure.

Funded Entity(ies):

LeadingAge Washington

Results of the Project:

This project provided funds to 42 nursing facilities in Washington state for the implementation of a Music and Memory program. The funds were used for training of staff, equipment purchase for the facilities as well as the purchase of the Music and Memory certification. Approximately 125 staff members were trained across 42 facilities.

Outcomes reported by the facilities included decreased behavioral symptoms by the residents as well as increased resident mood, engagement, interaction with others, and improved cognition/memory.

Project Title: Touch of Grace

Unique Identifier: 2018-WA-172

Project Duration: 8/31/2018 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$58,345

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$20,382

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is a video-based training program on palliative and end-of-life care for nursing home staff,

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including all non-licensed support staff. Funding will support the implementation of a pilot project in a local skilled nursing facility with a staff of over 200. Training is intended to increase the understanding of palliative care in both professional and non-professional staff and shift attitudes and behaviors toward a culture where a palliative approach is welcomed and supported.

Funded Entity(ies):

Western Washington University, Palliative Care Institute

Results of the Project:

Results pending.

Project Title: It's Never 2 Late (iN2L) iNSPIRE

Unique Identifier: 2018-WA-173

Project Duration: 12/1/2018 to 12/1/2020

Total Amount of CMP Funds Approved for this Project: \$817.561

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$543,261

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The iN2L engagement technology is a comprehensive approach to engaging life enrichment activities, redirection and rehab interventions for nursing home residents. The project integrates engagement technology, which offers thousands of computer-based experiences; continuous training and support for staff to ensure project sustainability; and data collection and assessment to demonstrate quantitative and qualitative outcomes. The funds provided through this grant will improve the quality of care and life for residents in 21 nursing homes.

Funded Entity(ies):

LeadingAge Washington

Results of the Project:

Results pending.

Project Title: Music and Memory Dementia Care Performance Improvement Project

Unique Identifier: WA-0119-WCH-213

Project Duration: 5/3/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$15,493

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,658

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

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nursing home residents, if applicable):

The project will implement the Music and Memory program for 28 residents who reside in a secured dementia unit, and 10 residents throughout the facility who are bed-bound and live with dementia, traumatic brain injuries, and other illnesses that require anti-psychotic, opioid pain medications, and demonstrate isolation, loneliness and challenging behaviors. The project will provide an opportunity to train nursing rehabilitation and specialized rehabilitation staff, who know how to overcome the challenges to maximizing clinical outcomes and enhancing therapy results would improve residents' quality of life. The project will include the restorative nursing staff, physicial therapists, occupational therapists, and speech language pathologits and will create the potential for residents to achieve better outcomes and sustained/longer treatments.

Funded Entity(ies):

Woodard Creek Healthcare, Inc. dba Olympia Transitional

Results of the Project:

Per the final report from the grantee, this project brought the Music and Memory program to the 28 dementia care residents and 10 other residents throughout the facility.

The program has already made a significant difference in residents' behavioral issues and antipsychotic drug use. Regular weekly dementia unit meeting provided opportunities to determine the status of the program and responses of residents. Family members were approached early in the program and ongoing, to ensure participation. The most valuable outcome was the reduction of aggressive behaviors. The report indicated that it was helpful to have non-pharmacological approaches to redirect behaviors. The greatest challenge was identifying the individual songs that the residents would resonate with as the families were not always aware of the type of music their partner/spouse enjoyed. Some of the residents ended up not wanting to listen for over five to ten minutes.

The program impacted the residents' quality of life by reducing aggressive behaviors, reducing feelings of anxiety and creating a sense of wellbeing. The facility was able to do antipsychotic medication reduction and, in some cases, eliminate the medication. There was also improvement in behaviors such as eating, sleeping and exit seeking. The evaluations revealed a reduction in resident to resident altercations. The unit is much calmer and relaxed and residents are move engaged. Facility is now below the national average for antipsychotic medications. The most important thing is when residents start having behaviors that in the past would have led to an increase in medications to control, now staff will say they need their music. No residents have had significant weight loss in the last six months and residents are sitting together and the whole dining room is less chaotic.

Project Title: University of Washington, Fundamentals of Wound Care Education Course

Unique Identifier: WA-0119-ENSIGN-214
Project Duration: 10/1/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$15,493

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$1,658

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

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nursing home residents, if applicable):

The purpose of this grant request is to support funding for a wound management education and training course for Registered Nurses (RN)/Licensed Practical Nurses (LPN) working in nine dually-certified long-term care facilities. This grant would allow two licensed nurses from each facility to attend a wound management fundamentals education course to learn to perform assessments, protect current residents from incurring pressure injuries, reduce and/or eliminate the incidence and severity of pressure injuries, and increase the rate of healing for those admitted with or develop pressure injuries. Two RNs/LPNs from each of the nine facilities (18 Licensed nurses) would apply to the facility and be selected to attend the University of Washington's (UW) Wound Management Education Fundamentals Course to start in October 2019 and end in December 2019 for online and on-campus workshop/review and return demonstration of wound care management to better serve our residents through improved quality of care, quality of life, reduction in pain medications, reduced infections and reduction in repeated hospitalizations.

Funded Entity(ies):

Pennant Healthcare, Inc./Ensign Corp.

Results of the Project:

18 licensed nurses from nine nursing facilities successfully completed the rigorous University of Washington Fundamentals of Wound Care Course on December 6, 2019. The course evaluation demonstrates the significant impact of this training. Participants went from 58% on a pre-course test to 84% on the post-course test. All 18 participants completed the evaluation as part of the course requirements. The overall was course evaluation was 4.6 with 5 being "excellent" and 1 being "poor". All 18 participants report that they are applying and sharing the course information and available materials with other licensed nursing staff in their facilities.

Project Title: Garden Access Responds to Diagnosis and Environmental Needs (GARDEN)

Unique Identifier: WA-0619-LAW-341

Project Duration: 9/1/2019 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$706,496

Total Amount of CMP Funds Expended During CY 2019 for this Project: \$430,967

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is an interactive resident program that brings nature indoors with mobile, indoor therapeutic sensory gardens and a team of trainers to teach therapeutic horticulture classes. The project consists of an indoor therapeutic sensory garden, a garden design launch, facility staff training, bi-monthly horticultural classes taught by professional trainers, and extracurricular activity recommendations provided to facility staff for additional engagement opportunity. Data will be collected, compiled, and evaluated on a monthly basis by a program administrator, who will be hired to manage the project.

Funded Entity(ies):

LeadingAge Washington

Results of the Project: