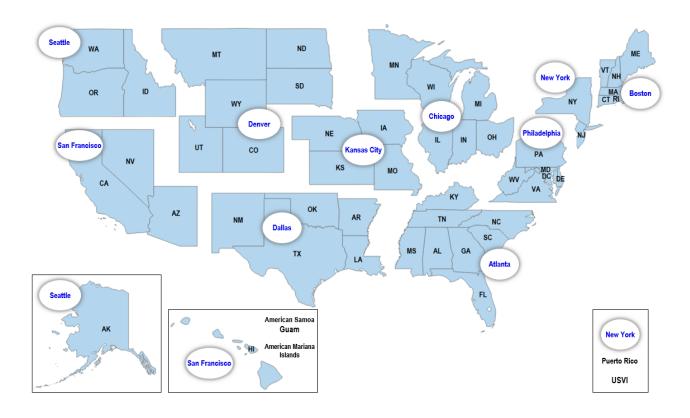




## State CMP Reinvestment Projects Funded in CY 2020

Please click on a region to see the regional Branch's respective list of 2020 CMP-funded projects.



The information supplied in this report is provided by the relevant state agency; results are not validated by the Centers for Medicare & Medicaid Services.

Previous approval and funding of a project does not guarantee future approval of a similar project.

## Connecticut

CT CMP Funds Expended for Administrative Uses in CY 2020: \$0

CT CMP Funds Expended for Emergency Uses in CY 2020: \$0

CT Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

#### Maine

ME CMP Funds Expended for Administrative Uses in CY 2020: \$5,793 ME CMP Funds Expended for Emergency Uses in CY 2020: \$165,046

ME Active CMP Funded Projects in CY 2020: 2

Project Title: Bereavement Education and Mindfulness in LTC

Unique Identifier: ME-1119-MHCA-483

**Project Duration:** 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$92,252

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,960

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will address the unmet need for quality bereavement education in nursing homes by establishing education, tools, and techniques to help facilities support their workforce with the process of aging, death and dying. A toolkit containing a Best Practices in Bereavement Care for residents and families, a Best Practices in Bereavement Care for staff, an Implementation Guide and a teaching guide will be developed. A minimum of 25 nursing facilities statewide will be recruited in which to conduct these bereavement trainings. Through this processes, capacity will be built for the delivery of bereavement care across Maine.

#### **Funded Entity(ies):**

Maine Health Care Association

#### **Results of the Project:**

Results pending

Project Title: "Is it for me, or for you?" Resident-Centered Dementia Care Toolkit and Training Project

Unique Identifier: ME-1119-MHCA-465

Project Duration: 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$39,508

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$428

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will address concerns with antipsychotic medication use on residents. The project will print and providANHAe toolkit materials, which have already been developed, along with resources to each of Maine's 93 nursing homes, all of whom will be invited to one of two train-the-trainer conferences. The

### Maine

ME CMP Funds Expended for Administrative Uses in CY 2020: \$5,793 ME CMP Funds Expended for Emergency Uses in CY 2020: \$165,046

ME Active CMP Funded Projects in CY 2020: 2

conferences will provide an overview of the partnership and project, will teach 8 topic sections, and seek letters of commitment from facilities that will implement the toolkit. Post conference, a peer mentor and a volunteer Ombudsman will be assigned to each participating home with monthly check ins and statewide calls on a quarterly basis. This project will teach providers steps in providing person-centered dementia care that supports the individual.

### Funded Entity(ies):

Maine Partnership to Improve Dementia Care

### **Results of the Project:**

Results pending

## Massachusetts

MA CMP Funds Expended for Administrative Uses in CY 2020: \$72,370 MA CMP Funds Expended for Emergency Uses in CY 2020: \$100,00

MA Active CMP Funded Projects in CY 2020: 1

**Project Title: Nursing Home Residents with Dementia** 

**Unique Identifier: MA-0719-ABTA-376** 

**Project Duration:** 03/13/2020 to 03/12/2023

**Total Amount of CMP Funds Approved for this Project**: \$2,112,472

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$366,107.64

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will assist the Massachusetts Department of Public Health (MDPH) to improve dementia care in Massachusetts nursing homes by implementing a sustainable, multi-faceted training approach that draws on current state, national and association recommendations and relies on an evidenced-based, holistic, person-centered approach. When developed and implemented, the program would also include the input of stakeholders representing an individual with dementia, a family caregiver, and individuals representing a broad range of relevant agencies. Quantifiable target goals and objectives include: an increase in competency survey results as measured pre- and post-training among nursing home staff, survey results from nursing home leadership demonstrating that at least 75% of participants reported that all five objectives of the leadership training were met.

#### **Funded Entity(ies):**

**ABT Associates** 

#### **Results of the Project:**

Project is in progress. Program has been developed and first round of didactic sessions with nursing home leadership have been delivered. Due to COVID, all training sessions for this year have been converted to virtual training sessions via WebEx.

### **New Hampshire**

NH CMP Funds Expended for Administrative Uses in CY 2020: \$1,276.80

NH CMP Funds Expended for Emergency Uses in CY 2020: \$0

NH Active CMP Funded Projects in CY 2020: 2

Project Title: Building Memories: Increasing Use of the Music & Memory Program in

**New Hampshire** 

Unique Identifier: NH-0818-NHHCA-118

**Project Duration:** 10/01/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$420,540

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The New Hampshire Memories Program CMP grant provides the ongoing training, equipment, and support necessary for Certified Skilled Nursing Facilities to implement the Music & Memory Program within their homes. Music & Memory provides a non-pharmacological intervention for caregivers to use in attempts to comfort residents during times of pain, anxiety, depression, sundowning, etc. As cited in our CMP fund request, numerous studies have demonstrated that individuals experiencing a variety of adverse symptoms, most notably anxiety, can receive relief from those symptoms during and beyond a session of listening to a playlist of music of their choosing. For nursing home residents, this means an improved quality of life.

#### **Funded Entity(ies):**

New Hampshire Health Care Association

#### **Results of the Project:**

The Music & Memory Program has brought joy, meaning, and purpose to many residents and staff in New Hampshire Nursing Homes. The Program has provided over 1000 Mp3 players, 68 laptops, over 200 speakers, almost 1700 sets of headphones, hundreds of bags for equipment storage, and hundreds of songs to facilities and residents across the state. Facility staff have been provided with numerous educational opportunities and have developed sustainable programs in nursing homes.

Project Title: NH Caregiver Career Unique Identifier: NH-0819-NHHCA-401

Project Duration: 10/01/2019 to 9/30/2021

Total Amount of CMP Funds Approved for this Project: \$574,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$333,000

## **New Hampshire**

NH CMP Funds Expended for Administrative Uses in CY 2020: \$1,276.80

NH CMP Funds Expended for Emergency Uses in CY 2020: \$0

NH Active CMP Funded Projects in CY 2020: 2

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

An aging population and rapid shifts in employment are straining New Hampsire's healthcare system. This has further increased demand for Licensed Nursing Assistants (LNAs), universally known as caregivers. The NH Needs Caregivers! Initiative is a program that is designed to encourage and help individuals start a healthcare career as an LNA. The program anticipates helping 700 people find an LNA position at a nursing home.

### Funded Entity(ies):

New Hampshire Health Care Association

### **Results of the Project:**

Results pending

## **Rhode Island**

RI CMP Funds Expended for Administrative Uses in CY 2020: \$0 RI CMP Funds Expended for Emergency Uses in CY 2020: \$0

RI Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

## Vermont

VT CMP Funds Expended for Administrative Uses in CY 2020: \$0 VTCMP Funds Expended for Emergency Uses in CY 2020: \$0 VT Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

## **New Jersey**

NJ CMP Funds Expended for Administrative Uses in CY 2020: \$56,323.00

NJ CMP Funds Expended for Emergency Uses in CY 2020: \$0

NJ Active CMP Funded Projects in CY 2020: 2

Project Title: New Jersey Hospital Association (NJHA)/Northern and Southern NJ Chapters of Association of Professionals in Infection Control/ NJ Department of Health Partnership on Principles of Infection Prevention and Control

**Unique Identifier: NJ-0719-NJHA-352** 

**Project Duration:** 10/01/2019 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$20,695

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,725.10

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

New Jersey Hospital Association's (NJHA) objective is to offer tuition support through CMP funding for up to 50 long term care nurses to attend the October 2019 or April 2020 (25 nurses per session) Principles of Infection Prevention and Control seminar, which will be presented by the Northern and Southern New Jersey (NJ) Chapters of Association for Professionals in Infection Control and Epidemiology (APIC) and the NJ Department of Health. The five-day course will inform attendees about the recent changes to federal requirements regarding infection prevention and control.

#### Funded Entity(ies):

Participating nursing homes that submit certificates of completion and evaluations

### **Results of the Project:**

Staff from 20 certified nursing homes participated in the Oct 2019 training. Sixteen participants reported that the facility planned to implement recommendations about infection control policies and procedures; nine participants identified a population or infection control area that requires additional surveillance or resources, and 13 reported changing the infection control risk assessment at their facility. The pandemic postponed and changed the April 2020 in-person training until November 2020 with a virtual format.

**Project Title: Certified Eden Associate Training** 

Unique Identifier: 2019-NJ-170

**Project Duration:** 04/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$27,500

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$9,269

## **New Jersey**

NJ CMP Funds Expended for Administrative Uses in CY 2020: \$56,323.00

NJ CMP Funds Expended for Emergency Uses in CY 2020: \$0

NJ Active CMP Funded Projects in CY 2020: 2

# Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Train 100 staff (now 91 staff due to increase in cost of training material) in Eden Associate Alternative philosophy. With training staff will allay lonliness, helplessness and boredom of residents. Expect improvements in the behavioral incidents, falls, weight loss, pressure ulcers, and number of bedfast residents compared with a previous year.

### Funded Entity(ies):

Masonic Village Burlington

#### **Results of the Project:**

Fifty-four staff trained through November 2019. Most measures of benefits to residents show improvement compared with the measures for CY2018. Due to the COVID-19 pandmic the facility postponed its activities which have yet to resume. Final results are pending.

## **New York**

NY CMP Funds Expended for Administrative Uses in CY 2020: \$0 NY CMP Funds Expended for Emergency Uses in CY 2020: \$0 NY Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

## **District of Columbia**

DC CMP Funds Expended for Administrative Uses in CY 2020: \$0

DC CMP Funds Expended for Emergency Uses in CY 2020: \$0

DC Active CMP Funded Projects in CY 2020: 0

The district reported no CMP funded projects in calendar year 2020.

#### Delaware

DE CMP Funds Expended for Administrative Uses in CY 2020: \$29,250 DE CMP Funds Expended for Emergency Uses in CY 2020: \$938,000

**DE Active CMP Funded Projects in CY 2020:** 3

**Project Title: Long Term Care Residents' Trust Fund** 

Unique Identifier: DE-0119-DSAAPD-215
Project Duration: 03/01/2019 to 2/28/2020

Total Amount of CMP Funds Approved for this Project: \$403,667

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

DSAAPD plans to introduce non-pharmacological, person-centered, evidence-based practice approached for residents. This would exponentially improve quality of life for all residents. The reduction of antipsychotic medication for more non-pharmacological interventions in residents also increases quality of life for residents. Lastly, promoting person and family centered care across both facilities improves the resident, family, and caregiver experience of care related to quality, safety, and access across settings. It also helps to develop culturally sensitive and understandable care plans and enables residents and their families to navigate, coordinate, and manager their care appropriately and effectively.

### Funded Entity(ies):

Delaware Division of Health Care Quality Office of Long-Term Care Residents Protection and Delaware Division of Services for Aging and Adults with Disabilities

#### **Results of the Project:**

- In the Quarter one project report, first round of training was conducted with CMP funding. The Overview Training on the Americans with Disabilities Act (ADA), Olmstead and introduction on person centered care (PCC) principles have been developed and were delivered to 520 staff members at the Delaware Hospital for Chronically III (DHCI) and the Governor Bacon Health Center (GBHC), 86.% of all filled positions in the Division of Services for Aging and Adults with Physical Disabilities (DSAAPD) on August 21, 2019 and August 22, 2019 by Dr. Janis Tondora. This training provided basic knowledge base and understanding of ADA and Olmstead and conveyed the foundation of person-centered care principles and their role in promoting maximum community inclusion.
- Half-day "overview" trainings were offered to multiple groups with the primary purpose of introducing them to a range of person-centered care (PCC) principles and their role in maximizing community inclusion and service recipients' quality of life. Specific training content and learning objectives included the following:
  - Increase awareness of the core concepts and philosophies underlying Olmstead and how these apply to their work;

#### Delaware

DE CMP Funds Expended for Administrative Uses in CY 2020: \$29,250 DE CMP Funds Expended for Emergency Uses in CY 2020: \$938,000

**DE Active CMP Funded Projects in CY 2020:** 3

- Gain an understanding of "person-centered care" and how this differs from traditional models in service delivery;
- Understand the role of person-centered care and planning in promoting community integration, natural supports, and the provision of services in the least restrictive setting;
- Recognize the role of strengths-based inquiry and language as a component of personcentered care; and
- Gain awareness of the technical documentation elements in a co-created person-centered plan and how to balance PCC with clinical, fiscal, and accreditation requirements.
- Of the 520 training participants, 439 (84%) completed post-training evaluations. Each of the key aspects of the training (Course Evaluation, Training Tools, Instructor, Training Environment, Training Benefit, and Overall Training) have average participant approval ratings of 85% or higher. An average of 91% of participants agreed that they were satisfied with the training overall. Areas with highest ratings of participant approval include instructor knowledge (98.7%), instructor preparedness (97.5%), and instructor communication (96.7%). Areas of lower ratings of participant approval include training relevance to job knowledge and skills (83.9%), training need (77.6%), and special needs accommodations (76.8%).
- Quarter 2: Jan- March 2020
   Following the two-day training led by Dr. Janis Tondora in August of 2019, the University of Pennsylvania Consultation and Evaluation team led six focus groups with staff and stakeholders to gain a better understanding of how Person-Centered Care is being implemented in DHSS facilities. A report including all the categorized comments and themes were analyzed and policy recommendations were provided to leadership.
- Quarter 3: April June 2020
   Delaware Person-Centered Care (PCC) is currently designing and finalizing some training materials while simultaneously finalizing plans for system-wide training and technical assistance. They are developing materials and strategic plans for on-site PCC implementation with staff; COVID-19 has restricted in-person meetings and trainings.

A dementia-training program for staff (Learning the Language of Dementia) was developed and refined. A guide for facilitator training manual was also developed, as was an inventory of all trainings, and training activities offered for dissemination across the system.

Quarter 4: July – Sept 2020
 Delaware Person-Centered Care has remained in the application phase of the initiative in Q4.
 Materials and strategic plans for on-site implementation with staff continue to be developed and refined for the coming quarter, as COVID-19 has restricted in-person meetings and trainings.

The dementia training program for staff was refined and formatted. Day 4 of the training was redesigned and updated. A working group was developed to identify and discuss alternative strategies for pharmacological interventions. Four interventions were identified and a piloting process for the interventions was developed.

#### Delaware

DE CMP Funds Expended for Administrative Uses in CY 2020: \$29,250 DE CMP Funds Expended for Emergency Uses in CY 2020: \$938,000

**DE Active CMP Funded Projects in CY 2020:** 3

Year 2: Quarter 1: Oct – Dec 2020

Delaware Person-Centered Care (PCC) is finalizing the development phase in Year 2, Quarter 1. Materials and strategic plans for on-site implementation with staff are being developed and refined for project implementation, as COVID-19 has restricted in-person meetings and trainings. The team has discussed the feasibility of offering trainings virtually, which ultimately may be necessary if COVID-19 continues to limit in person activity. The work this quarter has been important for the group to consider how PCC fits into the existing interventions and trainings. The PCC team has been working to integrate the major curricula and training methodologies for delivery in 2021.

Project Title: Exceptional Care for Children, BEAM by EyeClick Projection Gaming

**System** 

Unique Identifier: DE-0419-DHSS-276

**Project Duration:** 05/16/2019 to 05/16/2020

**Total Amount of CMP Funds Approved for this Project**: \$9,108

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Exceptional Care for Children (ECC), a certified pediatric skilled nursing facility, seeks to purchase a state-of-the-art projection system BEAM by EyeClick, a projection gaming system. The BEAM system is expected to improve resident cognitive skills and motor strength, improve self-esteem, provide a better understanding of the surrounding world, enhance engagement and socialization, provide a way to cope with feelings and allow residents to adapt their environment to a virtual setting.

#### **Funded Entity(ies):**

Delaware Division of Health Care Quality of Long-Term Care Residents Protection

#### **Results of the Project:**

- During the month of October 2019, the BEAM by EyeClick gaming system was delivered and
  assembled at Delaware's first and only nonprofit pediatric sub-acute skilled nursing facility,
  Exceptional Care for Children. This facility provides transitional, long term and palliative, or end-oflife care, to medically fragile and technology dependent children. Shannon McLaughlin, who is the
  Director of External Affairs and Development, plans to document interactions between the BEAM
  by EyeClick and their residents.
- In December 2019, there were 5 total residents who engaged with the BEAM by EyeClick.

### **Delaware**

DE CMP Funds Expended for Administrative Uses in CY 2020: \$29,250 DE CMP Funds Expended for Emergency Uses in CY 2020: \$938,000

**DE Active CMP Funded Projects in CY 2020:** 3

- Three more residents were also documented using the BEAM by EyeClick gaming system. ECC noted, "When demonstrating how the system works to several ECC staff members and our on-site Christiana School District team, we had several residents play with the system to show the adults how wheelchair-bound children can play the game with their hands and arms. Currently, residents were also participating in Adaptive PE. So, we carried over the play with a bowling game, an activity they were also working on in school. The wheelchair-bound children were able to roll the ball by moving their hands, both unassisted and with assistance from staff."
- The gaming system was utilized with 5 different residents during the month of January 2020. The staff reported that the residents enjoyed playing with the device and were excited about it each time. The staff reported that while playing the games, the residents were smiling and laughing with each other and the staff. Because of the colder weather outside, this allowed the residents to enjoy playing inside the facility. ECC noted, "These residents were excited to play on the Beam today due to the cold weather which prevents them from venturing outside. Playing on the Beam was a great change in activity for the day! The oldest resident of this group picked the game 'chase the sheep' for his fellow residents to play, which was a great choice since it helped with their 'cabin fever energy.' The two youngest residents were using their legs and arms to chase the sheep which helped with their gross motor skills."
- At the end of the month, the play therapist decided to let the residents play on the Beam for 30 minutes before their evening routine to burn off extra energy.
- In the month of February 2020, 2 residents were able to engage with the gaming system. Due to some illness in the facility usage was down. ECC notes, "Although these residents are both in a different age group, they were still able to enjoy playing on the BEAM together."
- In the month of March 2020, the COVID-19 virus began to spread in the State of Delaware. Due to the virus, the facility had to temporarily stop the play therapy sessions with the Beam gaming system.
- In July 2020, ECC reported that schedules were still not back to pre-COVID, which meant departments including Nursing, Play Therapy and Skilled Therapy were still adapting to their new "normal" of how to treat, play, and provide services to the children while keeping everyone as separate as possible with social distancing and COVID precautions in place.
- August 2020/September 2020-When the "Play Therapy team" resumed modified play sessions it
  was with COVID restrictions and only 4 residents at a time were in the gym at a time. The residents
  played in a separate area in rotating stations to ensure social distancing for infection related
  precautions for everyone's safety. One of these play "stations" is near where the BEAM gaming
  system has been stationed since COVID began. ECC reported they are optimistic that play will
  resume once it is safe to do so.

#### Delaware

DE CMP Funds Expended for Administrative Uses in CY 2020: \$29,250 DE CMP Funds Expended for Emergency Uses in CY 2020: \$938,000

**DE Active CMP Funded Projects in CY 2020:** 3

**Project Title: 2019 Infection Prevention Long Term Care Training Course** 

Unique Identifier: DE-0719-DHHS-372

**Project Duration:** 03/12/2020 to 03/13/2020

Total Amount of CMP Funds Approved for this Project: \$30,364

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$30,364

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Association for Professionals in Infection Control and Epidemiology (APIC) Consulting Services will provide a two-day training on specified dates in September 2019. The course will be presented by APIC's certified infection preventionist consultants to discuss strategies and exercises for infection prevention and control. Areas of discussions will include, but not be limited to federal and state regulations, long term care (LTC) cleaning, environmental services, precautions for LTC, multidrug-resistant organisms, and influenza and vaccination. Surveyors and providers will learn up-to-date standards and practices to provide better care in LTC facilities.

### Funded Entity(ies):

Delaware Division of Health Care Quality of Long-Term Care Residents Protection

#### **Results of the Project:**

The Delaware Division of Health Care Quality (DHCQ), Office of Long-Term Care Residents Protection held an Infection Control Conference for Nursing Home Administrators along with DHCQ Office of Long-Term Care and Office of Health Facilities and Licensing. There were two separate conferences that were offered for this training held on March 12, 2020 and March 13, 2020. The first day of the conference included 66 staff in attendance. Of those attendees, 46 were long-term care administrators from 29 facilities, and 20 were DHCQ Office of Long-Term Care staff members. The second day of this conference was for DHCQ Office of Health Facilities and Licensing and Certification, along with DHCQ Long Term Care which included 20 staff members that attended. Each participant was provided the most up-to-date practices and effective care for residents living in long-term care facilities and transfers from acute care to LTC.

## Maryland

MD CMP Funds Expended for Administrative Uses in CY 2020: \$92,978.54

MD CMP Funds Expended for Emergency Uses in CY 2020: \$0

MD Active CMP Funded Projects in CY 2020: 5

**Project Title: Artifacts of Culture Change Tool Version 2.0** 

Unique Identifier: MD-0518-PN-068

**Project Duration:** 09/15/2018 to 09/15/2020

**Total Amount of CMP Funds Approved for this Project**: \$193,875

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$121,171.90

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project's goal is to develop an updated version of the Artifacts of Culture Change, a version 2.0 that is a valid and reliable tool for nursing homes to assess what they are doing now to provide person-centered care and to create a real home for residents, as well as help to provide a roadmap for additional change to further their culture change journey. The focus is on workplace practices, policies, and schedules; increased autonomy; and improved environment.

### **Funded Entity(ies):**

Pioneer Network in Culture Change

#### **Results of the Project:**

Results pending

Project Title: The Maryland Wound Care Excellence Training Program for Skilled Nursing Facilities

Unique Identifier: MD-0918-VPACP-154

**Project Duration:** 12/15/2018 to 06/15/2020

Total Amount of CMP Funds Approved for this Project: \$85,700

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$21,425

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to provide 150 scholarships to eligible nurses. The scholarships will provide the applicants access to a nationally recognized, clinically-robust, and self-paced wound care continuing education program. The program will address the top three reasons that prevent nurses from implementing evidence-based best practice: time, lack of knowledge/skills, and lack of access to Information. The course content follows the evidence-based VOHRA physician wound-care model, which has been independently evaluated

## Maryland

MD CMP Funds Expended for Administrative Uses in CY 2020: \$92,978.54

MD CMP Funds Expended for Emergency Uses in CY 2020: \$0

MD Active CMP Funded Projects in CY 2020: 5

and proven to result in a 21-day decrease in wound healing time, an 88 percent decrease in wound-related hospitalizations, and an 86 percent decrease in infection and amputation rates.

### Funded Entity(ies):

VOHRA Post-Acute Care Physicians of the East, P.A.

### **Results of the Project:**

Results pending

# Project Title: Engage with Older Adults Behavioral Training for Long Term Care Facility Staff

Unique Identifier: MD-0518-MHAMD-064

Project Duration: 05/15/2019 to 05/15/2021

Total Amount of CMP Funds Approved for this Project: \$271,570

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$90,523.32

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To develop and deliver a skills based training program for professionals, paraprofessionals and unpaid caregivers of older adults with behavioral health conditions. Over time, this will elevate the level of competency in the workforce, enhance continuity of care, and improve quality of life for residents. The increase of improvement in retention certainly impact staffing shortages, thus decreasing the burden for those workers who will need to cover for staffing shortages and open vacancies.

### **Funded Entity(ies):**

Mental Health Association of Maryland

### **Results of the Project:**

Results pending

Project Title: Promote Excellence in Person Care Through Virtual Dementia Training

Unique Identifier: MD-1119-BI-479

**Project Duration:** 01/23/2020 to 01/22/2021

### Maryland

MD CMP Funds Expended for Administrative Uses in CY 2020: \$92,978.54

MD CMP Funds Expended for Emergency Uses in CY 2020: \$0

MD Active CMP Funded Projects in CY 2020: 5

Total Amount of CMP Funds Approved for this Project: \$1,845

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,845

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To implement an evidence based dementia care training program using a virtual format. The goal of the program is offer hands on experiential training to help caregivers understand the physical and mental challenges of those suffering from Alzheimer's disease and dementia. The training provides a proactive care model, enhanced communication services, and specialized programs.

#### **Funded Entity(ies):**

Broadmead Inc.

#### **Results of the Project:**

Results pending

**Project Title: Recovery Re-Integration Care Delivery** 

Unique Identifier: 2018-MD-176

**Project Duration:** 10/15/2018 to 10/14/2020

Total Amount of CMP Funds Approved for this Project: \$128,919.75

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$21,486.62

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Offer patients suffering from a substance abuse disorder non traditional skilled nursing provided in the skilled facility setting, but also services to support a life in recovery from drug use.

#### **Funded Entity(ies):**

Genesis HealthCare Canton Manor

### **Results of the Project:**

Results pending

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

**Project Title: Ride & Glide** 

Unique Identifier: PA-0619-LV-326

**Project Duration:** 10/1/2019 to 3/31/2021

Total Amount of CMP Funds Approved for this Project: \$57,310

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

The applicant aims to create a "Ride & Glide for Wellness" program that will combine piloted trishaw bike rides and wheelchair accessible swings to incentivize their residents, especially those living with dementia, to enjoy outdoor activities. The applicant expects these new activities to help decrease feelings of isolation and boredom among their residents.

### Funded Entity(ies):

Londonderry Village

#### **Results of the Project:**

Results pending

Project Title: SAGECare LGBTQ Cultural Competency Training and Credentialing

Unique Identifier: PA-0619-PHCA-327

Project Duration: 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$76,385

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$76,385

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

The project will provide SAGECare Cultural Competency Training and Platinum credentials to 15 providers in order to better meet the need for culturally-competent long-term care and provide the comfort and culture LGBTQ seniors' desire. SAGECare training helps leaders create communities that are genuinely inclusive and build on the diversity and strength of both staff and caregivers. SAGE will deliver three four-hour leadership team training sessions in different parts of the state and will provide one-hour trainings for staff. The training covers the basics about what LGBTQ means through stories of real LGBTQ older adults, skills

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

to work with LGBTQ older adults, and suggested improvements across multiple departments. To achieve a Platinum credential, 80% of the leadership team must complete the 4-hour in-person training and 80% of all staff must complete the one-hour training. By providing a type of training that most facilities do not currently offer and that is outside the scope of normal facility operations, resident quality of life and care will be enhanced.

### Funded Entity(ies):

Pennsylvania Health Care Association

#### **Results of the Project:**

Fourteen of fifteen "trailblazer facilities" completed the leadership training and earned SAGECare Platinum Certification. Combatting Covid-19 in long-term care facilities made it incredibly difficult for facilities to focus on other training and certifications. Consequently, many of the facility participants were not able to complete the desired training. Because the challenges of the pandemic will continue into the new year, the decision was made to close out the grant activities at the end of 2020.

# Project Title: Implementing Best Practices of Palliative Care to Improve Quality of Life for Long-Term Care Residents

Unique Identifier: PA-0619-PCMA-328

**Project Duration:** 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$13,855

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to develop and implement evidence-based practice training sessions on palliative care services to underserved long-term care facilities. A learning need assessment and knowledge and skill gap analysis will be conducted with the staff at Murrysville Wellness and Rehab Center in order to develop customized, evidence-based training sessions. The nursing staff can earn three continuing education units upon successful completion of the training sessions. An education workshop on palliative care will be developed and offered to residents, family members, and community members. All developed, education materials will be made electronically available to the general public for download. By implementing current best practices, the applicant expects to see an overall improvement in the quality of life for nursing home residents.

### Funded Entity(ies):

### Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

Personal Care Medical Associates Palliative Division

**Results of the Project:** 

Results pending

**Project Title: iN2L Person-Centered Technology** 

Unique Identifier: PA-0619-SH-329

**Project Duration:** 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$12,616

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will purchase It's Never to Late (iN2L), an interactive and adaptive computer system that will provide a person-centered experience and enhance the quality of life for residents through specifically designed one-on-one and group recreational and leisure activities. The goal is to provide the best healthcare and life enrichment services to residents who need them the most and enrich the lived of all residents cared for.

### Funded Entity(ies):

Saunders House

#### **Results of the Project:**

Results pending

**Project Title: Living Abundantly Through Person-Centered Engagement** 

Unique Identifier: PA-0618-PRHC-085

**Project Duration:** 11/05/2018 to 04/04/2020

Total Amount of CMP Funds Approved for this Project: \$16,839

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

### Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Living Abundantly Through Person-Centered Engagement Project is to improve the quality of life for the residents living with dementia by providing meaningful opportunities for engagement that addresses the needs and strengths if the individual.

### Funded Entity(ies):

Passavant Retirement and Health Center

**Results of the Project:** 

Results pending

**Project Title: Bridging The Gap** 

Unique Identifier: PA-0618-RM-091

**Project Duration:** 01/07/2019 to 07/06/2020

Total Amount of CMP Funds Approved for this Project: \$27,337

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will utilize the "It's Never 2 Late" (iN2L) engagement system to improve the quality of life of residents, including those living with dementia/memory loss, through experiencing and learning new life skills. This person-centered technology allows residents, families and caregivers to become more engaged in areas related to therapy, activities, cognitive fitness, socialization and spiritual life. Enhanced, dignified mind-stimulating activities, improving hand-eye coordination, exploring the internet, and connecting with family via Skype are some examples of the way the system is used.

#### **Funded Entity(ies):**

Rolling Meadows

#### **Results of the Project:**

Results pending

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

Project Title: Enhancement and Modernization of Life Enrichment Capability

Unique Identifier: PA-0618-BDRE-084

**Project Duration:** 10/09/2018 to 04/29/2020

Total Amount of CMP Funds Approved for this Project: \$10,996

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will convert underutilized storage space within the main recreational area at the Rouse Warren County Home to a technology hub for resident use. The objective of this project is to improve the resident experience, which will be measured through surveys. This will increase the opportunity for the resident's discharge to a less restrictive environment and decrease feelings of isolation and seclusion often associated with an institutional setting.

### Funded Entity(ies):

Board of Directors of the Rouse Estate

**Results of the Project:** 

Results pending

**Project Title: Happiness Blooms From Within** 

Unique Identifier: PA-0618-MVNC-088

**Project Duration:** 11/15/2018 to 04/13/2021

Total Amount of CMP Funds Approved for this Project: \$14,841

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not Provided

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement a program known as Eldergrow, a therapeutic horticultural gardening activity for elders. Eldergrow is a program that addresses the spiritual, physical, social, intellectual, and emotional needs of residents in our growing community through all-inclusive, hands-on classes. Eldergrow will allow residents to stay engaged and build relationships through life enrichment courses that address the unique abilities and needs of each individual.

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

Funded Entity(ies):

Meadow View Nursing Center

**Results of the Project:** 

Results pending

**Project Title: Multi-Sensory Environment-Heritage Harbor** 

Unique Identifier: PA-0618-CCPA-092

**Project Duration:** 09/10/2018 to 02/09/2020

Total Amount of CMP Funds Approved for this Project: \$8,971

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will establish a multi-sensory environment for residents. Research has shown that multi-sensory stimulation (also called Snoezelen Therapy) promotes relaxation. It reduces agitation and apathy among people with moderate to severe dementia without the need for pharmacological intervention.

**Funded Entity(ies):** 

Claremont Nursing and Rehab Center

**Results of the Project:** 

Results pending

**Project Title: Multi-Sensory Environment Center** 

Unique Identifier: PA-0618-HC-087

**Project Duration:** 01/07/2019 to 01/06/2020

Total Amount of CMP Funds Approved for this Project: \$27,378

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

The project will create a multi-sensory environment center. Research has shown that exposure to this therapy-lights, sounds, scents and music-promotes well-being, along with a non-medication strategy, for individuals with Alzheimer's disease and other dementias. Short sessions are effective in decreasing wandering behavior.

### Funded Entity(ies):

Home for the Friendless d/b/a Homeland Center

### **Results of the Project:**

Fourth quarter report for 2020 received. Facility is requesting an extension to the grant due to the pandemic.

**Project Title: Dementia-Changes to a Positive Culture** 

Unique Identifier: PA-0618-CCNH-093

**Project Duration:** 08/22/2018 to 01/21/2020

Total Amount of CMP Funds Approved for this Project: \$13,219

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide education and hands on training through the "Centre Crest Dementia Collaboration: Long Term Care Residents, Families and Staff-Changing to a Positive Culture" event. This event will be held for the resident and family councils, outside agencies, and staff for all 6 participating nursing facilities, all of whom will benefit from this training, ultimately creating a more positive, person-centered approach to care. Consequently, this training will result in a more favorable outcome for both resident and caregiver.

## Funded Entity(ies):

Centre Crest Nursing Home

### **Results of the Project:**

Three invoices were turned in for reimbursement for the speakers providing the training on Dementia Collaboration.

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

Project Title: Facilitating Frequent Advance Care Planning Conversations in Skilled

Nursing Facilities

Unique Identifier: PA-0619-WSH-331

**Project Duration:** 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$67,361

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will be implemented, with the support of a collaborative of skilled nursing facilities in WellSpan Health's service area, in an effort to empower skilled nursing facility staff to facilitate conversations regarding end of life wishes. Using the 'respecting choices' model of facilitation, 30 skilled staff from skilled nursing facilities in each of four counties will become certified trained facilitators of advance care planning conversations with residents. Facilitators will then engage at least three residents and their families per month in advance care planning conversations to improve end-of-life outcomes.

## Funded Entity(ies):

WellSpan Health

#### **Results of the Project:**

Results pending

Project Title: Mental Health First Aid: Expanding Pennsylvania Nursing Homes Capacities

Unique Identifier: PA-0619-ALPS-332

Project Duration: 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$62,184

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$36,741

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to expand behavioral healthcare capacity for PA nursing home staff and provide actionable tools to support PA nursing homes in implementing behavioral healthcare. The applicant will

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

offer Mental Health First Aid (MHFA) training, created and administered by the National Council on Behavioral Health (NCBH) to staff from 180 nursing homes. Six sessions of the training (one in each district) will be provided to minimize or eliminate travel costs for nursing home staff. The applicant will also develop and share a recorded webinar with all PA nursing homes, which will provide information on the regulatory requirements associated with behavioral health.

### Funded Entity(ies):

Assurant Learning & Performance Solutions

#### **Results of the Project:**

Project pending due to COVID-19 restrictions.

**Project Title: Palliative Care Center of Excellence Initiative** 

Unique Identifier: PA-0619-BHS-333

**Project Duration:** 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$10,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project seeks to enhance existing palliative care efforts. Grant funds would be used to underwrite the cost of education and training for staff, as well as education for residents and their families, in palliative care initiatives, disease-state management protocols, and techniques which would improve the quality of life for the residents. The ultimate goal is to become a Center of Excellence in Palliative Care where residents function at a higher level of independence and improve their quality of life during their stay.

#### **Funded Entity(ies):**

**Baptist Homes Society** 

### **Results of the Project:**

Results pending

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

**Project Title: Individualized Music for Joyful Living** 

Unique Identifier: PA-0619-CCCC-334

**Project Duration:** 10/01/2019 to 03/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$11,975

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to implement the individualized music program, Music and Memory to improve nursing home residents' quality of life through "five action steps": (1) organizing a motivated team of staff and families; (2) prepare by setting; (3) begin pilot by conducting assessments to identify music preferences, creating play lists, reviewing progress; (4) launch the program throughout the organization; and (5) support the team, work with volunteers, fundraise, build up community connections, and learn and enhance the program. Ongoing education will be provided to staff throughout the life of the project.

### Funded Entity(ies):

**Crawford County Care Center** 

**Results of the Project:** 

Results pending

Project Title: Increasing the Quality of Life for through Multi-Sensory Programming

Unique Identifier: PA-0619-JJKRC-336

**Project Duration:** 10/01/2019 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$16,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a nursing facility, aims to collaborate with the Fine Art Miracles, an organization specializing in a multi-layered sensory approach to engaging residents, in enhancing resident quality of life. Examples of this sensory approach include music and aromatherapy, social robots that respond to touch and verbalization, and tactile memory blankets. Activities will be held two times per week with six residents

## Pennsylvania

PA CMP Funds Expended for Administrative Uses in CY 2020: \$0

PA CMP Funds Expended for Emergency Uses in CY 2020: \$1,134,894.94

PA Active CMP Funded Projects in CY 2020: 16

participating in each session. To sustain the program beyond the grant, the applicant will continue resident specific sensory stimulation and expand the program to other nursing facilities.

## Funded Entity(ies):

John J. Kane Regional Center - Glen Hazel

## **Results of the Project:**

Results pending

## Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

**Project Title: Restorative Sleep Program in Virginia** 

Unique Identifier: VA-0518-CEALH-058

**Project Duration:** 11/01/2018 to 12/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$101,482

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$42,377.38

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project aims to 1) implement the person-centered and evidence-based Restorative Sleep Program in two nursing homes in Virginia and 2) form a learning collaborative allowing interested nursing homes, state surveyors, and ombudsmen in Virginia to receive training on restorative sleep and real-time insight on how to implement the program.
- b) Through the Restorative Sleep Program, we will address the many factors over which the nursing homes have direct and immediate control to ensure residents get a good night sleep. This will make a night and day difference in the quality of life for residents. Year 1: Nighttime disruptions: (noise, light, sleeping environment, continence and positioning needs) Year 2: Daytime routine (napping, medications, pain, inactivity/activity, diet).
- c) At the completion of the proposed project, we anticipate that residents will have improved opportunities for uninterrupted sleep throughout the night. As they are more rested, they will feel better both physically and emotionally. They will be in less pain, have fewer inappropriate behaviors, have a decrease in number of falls, and have a greater interest in participating in more meaningful activities throughout the day.

### Funded Entity(ies):

Riverside Center for Excellence in Aging and Lifelong Health

#### **Results of the Project:**

The Restorative Sleep Program in Virginia project achieved the following outcomes:

- Outcome: Increase Virginia's nursing home workforce skills and knowledge of the benefits of
  restorative sleep and practice transformation. The project provided 18 hours of training for nursing
  home and assisted living staff, providers, nursing directors, aging services, acute care staff, and
  student nurses through a series of four workshops and three training sessions. Approximately 200
  people received training.
- 2. Outcome: Increase resident satisfaction related to their living environment and improve their quality of life by ensuring adequate sleep and rest. Implemented and operationalized interventions and solutions to reduce five of the top 10 sleep disturbances: noise, light, medication, continence needs, and activity/inactivity.

## Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

**Project Title: Virginia Nursing Facilities: The Music and Memory Initiative** 

Unique Identifier: VA-0518-GMU-054

**Project Duration:** 11/01/2018 to 06/30/2021

**Total Amount of CMP Funds Approved for this Project**: \$567,100

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$151,577.19

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the project is to implement and sustain a person-centered, non-pharmacological intervention (Music and Memory ®) for Virginia nursing facility residents with dementia that will positively affect behavior and stimulate emotions. The project also provides continuous web-based micro-learning modules that help direct care workers and other staff who closely interact with the residents to understand the value of personalized music and how and when to use it.
- b) We hope to reach 30 nursing facilities in the first year to train the staff and implement the program. We will provide each nursing facility with five MP3 players in order to begin the implementation process. For evaluation, each participating facility will be expected to administer the intervention to a minimum of five residents for a six-week continuous period, and document the changes in behavior, mood, and use of anti-psychotic medications. By the second year, we will have a solid infrastructure in place, so that the addition of another 60 facilities will be feasible.
- c) Listening to favorite music stimulates different parts of the brain and taps into deep memories not lost to dementia. It also improves nursing facility residents' mood and helps them focus and engage. The Music and Memory ® program has also been reported to be effective in reducing the use of antipsychotic and antianxiety medications, which contributes to reduction of fall risks.

### Funded Entity(ies):

George Mason University

#### **Results of the Project:**

Results pending

Project Title: Advanced Nurse Aide Revitalization Project for Rockingham County and Surrounding Area

Unique Identifier: VA-0518-LAVA-053

**Project Duration:** 11/01/2018 to 06/30/2021

### Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

**Total Amount of CMP Funds Approved for this Project**: \$149,800

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$34,900

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project is focused exclusively on nursing facilities (NF) and proposes to develop a pilot that assesses individual resilience and organizational trauma-informed care capacity with four nursing facilities in Virginia.
- b) To develop a multi-modal resilience training program focused on teaching resilience skills to the direct care workforce and building trauma-informed and resilience-focused organizational cultures within licensed nursing facilities and, secondarily as a subset of nursing facilities, skilled nursing facilities (SNFs), that provide rehabilitative services.
- c) Residents with high trauma exposure and depleted resiliency or coping, may live in a state of low-trust, hyper-or hypo arousal, and with high anxiety or fearfulness, which could result in being mislabeled as behaviorally difficult. NF staff cannot know their residents full and complete trauma histories, but everyone can learn how to recognize trauma reactions and how to provide universal trauma-informed care to all residents. Thus, reduce the likelihood of traumatization, re-traumatization, and to increase residents' feelings of safety, empowerment, and belonging. Trauma-informed care gives NF staff a concrete, consistent framework for providing person-centered care to all residents, so that even residents who may not have a trauma history will benefit. When NF staff can work collaboratively together in a trauma-informed way, residents received more person-centered care and, as a result, they may experience less anxiety and a greater sense of trust and safety in NFs.
- d) Nursing homes across the commonwealth once the regulation to provide trauma-informed care, training and services are implemented.

## Funded Entity(ies):

LeadingAge Virginia

**Results of the Project:** 

Results pending

**Project Title: Holistic Wellness Program** 

Unique Identifier: VA-0518-BG-061

**Project Duration:** 11/01/2018 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$298,050

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$52,263.77

## Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

# Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Birmingham Green seeks a grant of \$300K from the Virginia Department of Medical Assistance Services Civil Monetary Penalty Reinvestment Program (CMPRP) for a three year holistic wellness program which will utilize an engagement technology entitled: Birdsong (ref to www.wcbay.com/news) and embrace the Eden Principles (edentalt.org).
- b) The vision of the Eden Philosophy seeks to eliminate helplessness, loneliness and boredom, by embracing innovation, empowerment and integrity. This program uses personalized computer tablets that are person-centered and user friendly to enhance and engage with our elders. The components of the project are two pronged: an education component that offers Eden Alternative training to our team members, and an engagement component. This component is a person-centered, easy to use, touch screen bedside computer tablet for use by our elders. It is designed to engage brain function and add quality to their life. The interactive technology enhances and engages brain function enabling elders to remain connected to family and friends while enhancing or maintaining their cognitive skills.
- c) Individual residents will note an enhanced ability to engage with others. This will also be reflected by a decrease in the use of antipsychotic medications. Mood will be enhanced as elders become engaged in the larger community afforded to them via the personalized easy to use computer tablet. We will note less agitation and a calmer demeanor. A sense of well-being will be gained and observed by frontline care givers/team members during shift to shift reports.

### Funded Entity(ies):

Birmingham Green

**Results of the Project:** 

Results pending

**Project Title: Reducing Preventable Rehospitalizations** 

Unique Identifier: VA-0518-VHCAVCAL-056

**Project Duration:** 11/01/2018 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$280,289

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,445.50

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

## Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

- a) The partnering organizations propose to utilize Civil Monetary Penalty Grant funds to provide training and resources to nursing facility staff and administrators, as well as hospital emergency department and case management staff, on the INTERACT Quality Improvement Program using the INTERACT 4.0 Tools. These tools are designed to improve the overall quality of care for nursing facility residents using early identification, evaluation, management, documentation, and communication about acute changes in condition of residents in nursing facility and other care settings.
- b) This project will provide a series of statewide training sessions facilitated by Pathway Health for providers to receive an introduction, background and overview of the purpose of the INTERACT® 4.0 Tools. INTERACT® is an acronym for "Interventions to Reduce Acute Care Transfers," a quality improvement program designed to improve the identification, evaluation, and communication about changes in resident status in nursing facilities. INTERACT® was first designed in a project supported by the Centers for Medicare and Medicaid Services (CMS).
- c) The INTERACT® 4.0 Tools will improve the quality of life and quality of care for Virginia's skilled nursing facility individuals by providing strategies, care processes, tools, and other resources to improve the delivery of high quality care and prevent unnecessary hospital transfers and rehospitalizations.

### Funded Entity(ies):

Virginia Health Care Association-Virginia Center for Assisted Living (VHCA-VCAL)

#### **Results of the Project:**

Results pending

Project Title: Virginia Wound Care Excellence Program for Certified Nursing Facilities

Unique Identifier: VA-0519-VOH-294

**Project Duration:** 07/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$90,889

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$37,870.40

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the project is to educate and certify 150 nurses in the critical area of wound care in order to close the knowledge gap in the care of chronic wounds and to help address the high prevalence and expense of chronic wounds in skilled nursing facilities.
- b) Learning materials designed and written by experienced wound care physicians will be made available to 150 eligible scholarship recipients via a dedicated website established specifically for

## Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

Virginia. The educational materials are comprised of eleven courses, downloadable study guides, a certifying final exam, and for those who complete, continuing education credits with the certification of completion. Nurses must complete the course within 60 days of registering or risk forfeiting the access to the course and certification.

c) Residents at facilities where nurses receive the VOHRA Wound Care Certificate will receive better care both in treatment and prevention of pressure wounds and wound related conditions. An investment in the education of staff should result in better care as well as reduced turnover. A demonstrated commitment to specific, identified, and recognized medical staff should help not only with retention but also to promotion of key nurses. Turnover in nursing facility staff exceeds 50% across the United States. Maintaining some consistency and reducing turnover works together to create continuity of care and greater patient satisfaction.

### Funded Entity(ies):

VOHRA Wound Physicians of FL, LLC

#### **Results of the Project:**

The Virginia Wound Care Excellence Program for Certified Nursing Facilities closed out, yielding a completion rate of 100%, with 17 completions that took place in March. 150 nurses have earned their VOHRA Wound Care Certification, which attests to their proficiency in wound care management. In these facilities the rate was 13.4% versus an average of 7.7% in all facilities across Virginia before the start of the program. After completion of the program, the number of long stay residents with pressure ulcers dropped by 43% to a rate of 7.6% in the participating facilities. Pressure Ulcer Scale for Healing (PUSH) scores for which data was available demonstrated a decrease in severity of wounds of 9.3% in facilities where a nurse participated in the program. In facilities without a nurse completing the program, for the same time period wounds deteriorated on the PUSH scale by 3%.

Project Title: Peer Mentoring Program at Westbury Canterbury of Lynchburg

Unique Identifier: VA-0519-WCL-296

Project Duration: 07/01/2019 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$229,680

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$77,950

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Westminster-Canterbury of Lynchburg (WCL) seeks to advance its Person Directed Living (PDL) culture integration by establishing a Peer Mentoring Program. These Peer Mentors will advance the

## Virginia

VA CMP Funds Expended for Administrative Uses in CY 2020: \$87,500

VA CMP Funds Expended for Emergency Uses in CY 2020: \$0

VA Active CMP Funded Projects in CY 2020: 7

- training and integration of new and existing direct care partners (Certified Nursing Assistants-CNAs) into its household model of service delivery.
- b) Through collaboration with Paraprofessional Healthcare Institute (PHI) National, the Program Manager will research and develop the criteria needed to create the Peer Mentor Program and the Household Orientation Program. These curriculums will provide mentors the resources needed to train, guide, coach, and be a resource to CNAs within the household, utilizing person directed practices. Implementation of these programs consists of program management, an advisory committee, a planning phase, an implementation phase, and a final report.
- c) Creation of the Peer Mentoring Program and Household Orientation training material will provide WCL with tested tools to engage existing and new care partners more directly with PDL principles, leading to a more skilled workforce and improved engagement with residents. The core aspects of the program can be modeled to other WCL departments and duplicated/ tailored as a model for other long-term care facilities.

### Funded Entity(ies):

Westminster Canterbury Lynchburg, Inc.

### **Results of the Project:**

Results pending

## **West Virginia**

WV CMP Funds Expended for Administrative Uses in CY 2020: \$0 WV CMP Funds Expended for Emergency Uses in CY 2020: \$0

WV Active CMP Funded Projects in CY 2020: 2

Project Title: Resident Directed and Trauma Informed Care Program

Unique Identifier: WV-0518-LAWV-044

**Project Duration:** 01/01/2019 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$65,985

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$4,539

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a.) The purpose of this project is to provide nursing homes with the tools needed to go beyond federal minimum compliance in providing support/enhancing knowledge and awareness of care delivery system, autonomy, and satisfaction. b.) Ombudsman staff, facility staff, residents and family members of residents will be trained on Resident Directed and Trauma Informed Care. c.) This will empower nursing home residents to be more meaningful participants in determining their own care and the quality of life they experience in their nursing home. It will also help staff recognize the importance of how past traumatic episodes in a person's life can continue to influence current behaviors and to establish ways to minimize reoccurrence of those behaviors. d.) Additional target audiences are nursing home staff and family members of nursing home residents.

#### **Funded Entity(ies):**

Legal Aid of West Virginia Regional Long-Term Care Ombudsman Program

#### **Results of the Project:**

Results pending

**Project Title: Geri Olympics on the Move** 

Unique Identifier: WV-0919-IGO-411

**Project Duration:** 08/01/2020 to 07/31/2021

Total Amount of CMP Funds Approved for this Project: \$58,831

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$14,708

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a.) The purpose of this project is to replicate activities used in Geri Olympic programs (adapted and therapeutic sports) and take them to rural certified nursing homes to improve quality of life for residents. b.)

## **West Virginia**

WV CMP Funds Expended for Administrative Uses in CY 2020: \$0 WV CMP Funds Expended for Emergency Uses in CY 2020: \$0

WV Active CMP Funded Projects in CY 2020: 2

Geri Olympics staff will train facility staff members in 10 nursing facilities as well as outside volunteers in the state to implement the program. c.) Facility residents will experience increased activity, increased social engagement, greater satisfaction with life, and increased alertness. d.) In addition to the benefits residents will experience, this program will also increase the volunteer base from the community in support of the nursing facility.

Funded Entity(ies):

WVSU Metro Area on Aging, Inc

**Results of the Project:** 

Results pending

#### Alabama

AL CMP Funds Expended for Administrative Uses in CY 2020: \$0 AL CMP Funds Expended for Emergency Uses in CY 2020: \$0

AL Active CMP Funded Projects in CY 2020: 4

**Project Title: Brushing Away Infections** 

Unique Identifier: 2018-AL-006

**Project Duration:** 06/01/2018 to 05/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$1,744,332

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$537,573

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide didactic and one-to-one, real-time clinical coaching to a minimum of 90% of certified nursing assistants and licensed nurses. We are striving for 100% saturation, including new hires.
- b) Improve the overall oral health of all long-term care facility residents.
- c) Reduce pneumonia and other respiratory infections.
- d) Integrate best mouth care practices into each facility's organizational structure and implement culture change.

### Funded Entity(ies):

The University of Alabama at Birmingham

#### **Results of the Project:**

Results pending

Project Title: Engaged and In Touch/ N2L

Unique Identifier: 2018-AL-007

**Project Duration:** 06/01/2018 to 05/31/2021

Total Amount of CMP Funds Approved for this Project: \$345,489.87

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$66,743.09

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

By encouraging residents' participation in person-centered, supportive and motivational engagement with the iN2L technology, the goal is to reduce falls by at least 25% over a three (3) year period, while improving the guality of life for our residents.

### Funded Entity(ies):

#### **Alabama**

AL CMP Funds Expended for Administrative Uses in CY 2020: \$0 AL CMP Funds Expended for Emergency Uses in CY 2020: \$0

AL Active CMP Funded Projects in CY 2020: 4

USA Healthcare-AL, LLC

### **Results of the Project:**

The original goal of the application was to reduce the incidents of falls by 10% first year, 20% second year and 25% the third year. Reviewing the data from last quarter of 2018 and 2019, there was a 22% decrease in falls.

**Project Title: Dementia Training** 

Unique Identifier: AL-0419-AERS-279/2019-04-AL-0417

**Project Duration:** 07/01/2019 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,480,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$485,550

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goal of the project is to improve the quality of care for nursing home (NH) residents through extensive staff training, focusing primarily on dementia education. The training will be provided by two means: (1) Alzheimer's, Education, Resources and Services (AERS) will conduct a one-day statewide dementia conference each year with presentations by nationally renowned specialists in dementia and 2) AERS will conduct on-site staff training for at least fifty nursing homes and through a partnership with the National Institute for Dementia Education (NIDE). NIDE will make available national certification at four levels. Level 1 training will be mandatory for all caregiving staff and will be added to the initial required orientation for new hires before they are allowed to provide resident care. Subsequently, the trained Dementia Educators at each NH will continue training the staff in their respective facilities after the grant ends.

## Funded Entity(ies):

Alzheimer's, Education, Resources and Services

#### **Results of the Project:**

Training provided to date includes: Level I for 593 staff in thirteen facilities, Level II for 260 staff in five facilities, Level III for 47 staff in five facilities and Level IV for 33 staff in five facilities. The one challenge thus far has been nursing homes trying to fit this training into their already full schedule. To address this challenge, AERS has conducted two 2-day sessions.

#### Alabama

AL CMP Funds Expended for Administrative Uses in CY 2020: \$0 AL CMP Funds Expended for Emergency Uses in CY 2020: \$0

AL Active CMP Funded Projects in CY 2020: 4

**Project Title: CARES Programs Project** 

Unique Identifier: AL-1019-ANHA-449/2019-04-AL-0806

**Project Duration:** 10/01/2019 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$280,732.52

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$280,732.52

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Alabama Nursing Home Association will provide training to multiple nursing homes across the state to improve the quality of care provided in Alabama nursing homes. CARES Dementia Basics and CARES Dementia-Related Behavior training will improve the caregiver's understanding of best care practices for residents living with dementia. The participating staff members will be able to attain CARES certifications, which can be a prerequisite for essentiALZ certification. The project includes in-person sessions to train and promote champions at each participating home, which will facilitate overall culture change and promote program completion.

#### Funded Entity(ies):

Alabama Nursing Home Association

#### **Results of the Project:**

Results pending

#### **Florida**

FL CMP Funds Expended for Administrative Uses in CY 2020: \$76,000

FL CMP Funds Expended for Emergency Uses in CY 2020: \$0

FL Active CMP Funded Projects in CY 2020: 5

Project Title: Long-term Care Quality Improvement Initiative Using Clinical Practice Guidelines

Unique Identifier: 2018-FL-010

**Project Duration:** 01/01/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$482,753

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$198,317.44

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to develop a website, provide access to American Medical Directors Association's Clinical Practice Guidelines (CPGs), and provide continuing education credits for nurses, social workers and dieticians/nutritionists.
- b) The project will provide access to twenty CPGs and continuing education opportunities based on those CPGs.
- c) Professional and direct care staff will benefit by increasing their knowledge and skills in the delivery of health care of long-term care residents, thus improving the quality of care of nursing home residents.
- d) Nursing homes, Quality Improvement Organizations, Long-term Care Ombudsman, and State Surveyors across state of Florida.

#### **Funded Entity(ies):**

University of Louisville Research Foundation, Inc.

#### **Results of the Project:**

The products were utilized in spite of the challenges with passwords and sharing of accounts. Ongoing access was provided to all six (6) states through the end of the Florida contract in 2020, including the Continuing Education Program. The challenges of the changing landscape in the long term care industry were overcome through daily Help Desk monitoring and follow-up. Expanded marketing efforts to industry organizations and sub-specialty groups proved successful. Website utilization proved useful to users as they tended to use multiple pages once they had accessed the site. The project was extremely comprehensive and was best funded through multiple state partners despite the challenges.

The value of the initiative was proven through feedback received from surveys. Despite extensive marketing efforts, use of the website was recorded by 25.4% of potential facilities. This may have been a result of the administrators selected by the State Survey Agencies as the target audience. This was done to protect access only to the state CNFs given staff and administrator turnover. In the future, it may be worth considering opening up user marketing to the wider staff roles. Further, should individual states be

#### **Florida**

FL CMP Funds Expended for Administrative Uses in CY 2020: \$76,000

FL CMP Funds Expended for Emergency Uses in CY 2020: \$0

FL Active CMP Funded Projects in CY 2020: 5

interested in subscribing to the initiative, costs for new entrants can be reduced as the startup costs have already been absorbed lowering entry costs.

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2018-FL-011

Project Duration: 10/01/2017 to 03/31/2020

Total Amount of CMP Funds Approved for this Project: \$119,255.10

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$93,48.72

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to educate residents, their families and nursing home staff about best practices in reducing avoidable hospitalizations. b) Florida Atlantic University (FAU) will disseminate the Go to the Hospital or Stay Here guide (the "Guide") as a tool to educate on the risks and benefits of hospitalization. The University will also conduct workshops in the participating states to provide training on the use of the Guide. c) The Guide and associated trainings will help residents and their families make better choices on the need for hospitalization. d) Nursing homes, Quality Improvement Organizations, Long-term Care Ombudsman, and State Surveyors across state of Florida.

#### Funded Entity(ies):

Florida Atlantic University

#### **Results of the Project:**

Florida Atlantic University edited the original Guide and Trifold to conform to CMS language usage and further emphasize the residents' and families' right to participate in decisions about the resident's treatment. They produced an Implementation Tool Kit of videos, case studies and the Implementation Assistant, and piloted the approach in 16 NHs of CMS Branch IV. The 31.2% reduction in hospital readmissions suggested that use of the Guide/Trifold was an effective approach to reducing reducing potentially preventable hospitalizations (PPHs). In the second phase of this project, FAU shipped these materials to every Medicare certified NH in CMS Branch IV and conducted half day workshops in each of the eight states. Reports from workshop participants further supported the effectiveness of the Guide and Trifold in reducing resident and family insistence on hospital readmission. The facilities that were fully engaged in implementing the Guide, found their residents and families better informed regarding understanding the reasons to stay in the nursing home or go to the hospital when an acute change in condition occurs.

#### **Florida**

FL CMP Funds Expended for Administrative Uses in CY 2020: \$76,000

FL CMP Funds Expended for Emergency Uses in CY 2020: \$0

FL Active CMP Funded Projects in CY 2020: 5

**Project Title: The Florida Wound Care Excellence Program** 

Unique Identifier: FL-1018-VOHRA-169

**Project Duration:** 05/01/2019 to 04/30/2020

**Total Amount of CMP Funds Approved for this Project:** \$175,500

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$58,527.93

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide the online VOHRA Wound Care Certification Course to 350 eligible nurses through a dedicated website. The curriculum consists of an online educational program comprised of 11 courses, downloadable study guides, course quizzes, and a final exam (must be passed in order to earn the certification). Residents, families, and the nursing home staff members will immediately benefit as the comprehensive education leads to improved quality of care.

### Funded Entity(ies):

**VOHRA Wound Physicians** 

#### **Results of the Project:**

There were very positive outcomes of the VOHRA CMP project. Successful program completions included 316 nurses achieving their certification and 20 accredited continuing nursing education credits. Additionally, VOHRA received positive feedback from nurses and their respective facilities. Many of the participants expressed how they enjoyed the course and gained a valuable and deeper insight into wound care management.

**Project Title: Replacing Alarms and Reducing Falls with Better Practices** 

Unique Identifier: 2018-04-FL-0619

**Project Duration:** 4/1/2019 to 6/30/2022

Total Amount of CMP Funds Approved for this Project: \$90,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$22,600

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program will teach and coach nursing home professionals how to replace alarms with better personcentered care practices and, in addition, give teams more promising practices for reducing falls. The

#### **Florida**

FL CMP Funds Expended for Administrative Uses in CY 2020: \$76,000

FL CMP Funds Expended for Emergency Uses in CY 2020: \$0

FL Active CMP Funded Projects in CY 2020: 5

program includes participation from 10 nursing homes during year one and 15 homes during years two and three, and includes monthly webinars and conference calls.

Funded Entity(ies):

**Edu-Catering** 

**Results of the Project:** 

Results pending

**Project Title: Positive Approach to Care Program** 

Unique Identifier: FL-1019-SMV-442/2019-04-FL-1004

Project Duration: 02/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$63,700

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,800

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a nursing facility, aims to provide its staff with training on the Positive Approach to Care (PAC) model, which is designed to improve the quality of care of dementia residents. Ten staff will undergo a two-day training course where they will be certified as trainers and coaches for the rest of the facility's staff. Following this initial training, the applicant intends to provide additional staff training over a six-month period. During this time period, PAC Mentors will work with the applicant's staff two days per month.

### Funded Entity(ies):

St. Mark Village

**Results of the Project:** 

Results pending

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

**GA Active CMP Funded Projects in CY 2020:** 8

Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2016-04-GA-FAU-0426
Project Duration: 10/01/2017 to 03/31/2020

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$22,698.82

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will assist Branch IV states in reducing avoidable hospitalizations.
- b) It will educate residents, family members, staff, and community partners about best practices to reduce avoidable hospitalizations.
- c) This will improve overall quality of care for residents.

#### **Funded Entity(ies):**

Florida Atlantic University

#### **Results of the Project:**

In summary, Florida Atlantic University, edited the original Guide and Trifold to conform to CMS language usage and further emphasize the residents' and families' right to participate in decisions about the resident's treatment, produced an Implementation Tool Kit of videos, case studies and the Implementation Assistant and piloted our approach in 16 Nursing Homes (NHs), of CMS Branch IV. The 31.2% reduction in hospital readmissions suggested that use of the Guide/Trifold was an effective approach to reducing potentially preventable hospitalizations (PPHs).

# Project Title: Building Resources for Delivering Person-Centered Care in Georgia Nursing Homes

Unique Identifier: 2017-04-GA-1128

**Project Duration:** 05/23/2018 to 02/28/2022

**Total Amount of CMP Funds Approved for this Project**: \$1,646,795

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$549,310.84

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

- GA Active CMP Funded Projects in CY 2020: 8
- a) This project will identify, prioritize, develop, and disseminate resources to improve training to support culture change and person-centered care in Georgia nursing homes.
- b) The goals of this project are: (1) conduct a three-stage needs assessment; (2) compile, digest, and disseminate real-time web-based information and develop a newsletter and social media pages for Georgia nursing homes; (3) engage stakeholders across the state to connect them to the project; and (4) develop, test, and launch interactive, competency-based online continuing education training for nursing home staff of all levels.
- c) Educating and providing resources to nursing home staff on person-centered care will improve the overall quality of care and life for nursing home residents.
- d) Nursing home staff.

Funded Entity(ies):

Georgia State University

**Results of the Project:** 

Results pending

Project Title: Emergency Preparedness in Georgia Certified Nursing Homes

Unique Identifier: 2017-04-GA-1219

Project Duration: 04/20/2018 to 02/28/2021

Total Amount of CMP Funds Approved for this Project: \$1,617,094

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$394,435.41

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will provide caregivers and administrators with critical knowledge, skills and abilities related to disaster and emergency management decision-making and planning in the form of a long-term care emergency preparedness educational program.
- b) Three years of emergency preparedness basic and advanced training for an estimated 3,500 nursing home staff, state agency personnel and surveyors.
- c) Strengthen existing relationships between the long-term care community and healthcare responders to enhance emergency preparedness efforts and outcomes for nursing residents.
- d) Nursing home staff.

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

**GA Active CMP Funded Projects in CY 2020:** 8

### Funded Entity(ies):

University of Georgia Research Foundation, Inc.

#### **Results of the Project:**

Results pending

**Project Title: It's Never 2 Late (iN2L)** 

Unique Identifier: GA-0619-EMNH-318/2019-04-GA-0603

**Project Duration:** 08/15/2019 to 08/15/2020

**Total Amount of CMP Funds Approved for this Project**: \$58,621.98

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$39,273.71

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Through the use of the iN2L Program the project will (1) reduce the use of anti-psychotropic drugs and (2) to increase the activity engagement of residents. The iN2L program provides cutting edge technology that will enable residents to once again engage in life as they did in their earlier years. Residents will be able to explore other countries, cultures, art and even dance and sing along with old tunes. They will be able to access reruns of popular television shows at any time and will be able to save their favorites to their profile for easy access in the future. This tool will assist in changing the culture at the nursing home for the better.

#### Funded Entity(ies):

Early Memorial Nursing Home (LifeBrite Hospital Group of Early, LLC)

#### **Results of the Project:**

Early Memorial Nursing Home had two (2) goals for the Early Memorial Meaningful Activities (EMMA) project. Goal one, was to reduce the use of anti-psychotropic drugs. The use of anti-psychotropic drugs showed an initial increase of 0.3%, followed by a decrease of 5% with an overall reduction of 1.1%, thus meeting their goal. Before EMMA Implemented, activity engagement time for 20 residents was at 3.5 hours a week on average with a total of 70 hours. Activity time in January increased to an average of 4.25 hours per week and 85 total hours. Goal two, increase the activity engagement of the residents. Overall, their goal to increase the activity engagement of the residents was not met as evidenced by a decrease in the average hours per week in activities from 3.5 hours to 2.7. Restrictions were placed on residents for their safety due to Covid-19 outbreak in the facility causing residents to remain in their rooms. The EMMA project had a positive impact on the residents at the facility, and if the pandemic still did not have a grip on

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

**GA Active CMP Funded Projects in CY 2020:** 8

them, usage would be a great deal higher. Even though only half the goals were met, EMMA has been and continues to be a great value to the residents.

**Project Title: SNF Infection Control Certification** 

Unique Identifier: GA-0618-GHCA-071/2018-04-GA-0604

**Project Duration:** 12/15/2018 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$232,444

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will offer an evidence-based infection control certification program to at least one clinician in each nursing home in Georgia to improve infection prevention and control efforts and to improve quality of care and quality of life for residents.

#### **Funded Entity(ies):**

Georgia Health Care Association

#### **Results of the Project:**

Results pending

**Project Title: Culture Change, Death and Dying** 

Unique Identifier: GA-0319-UGRF-260/2019-04-GA-0325

Project Duration: 08/01/2019 to 07/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$841,480.56

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$244,865.43

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to facilitate culture change throughout the process of death and dying in nursing homes. This can be accomplished by training all members of the nursing home community. These trainings will achieve sustained culture change by fostering conversations among the stakeholders within

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

**GA Active CMP Funded Projects in CY 2020:** 8

each nursing home. Residents have described suffering from a variety of losses, including death of a loved one shortly before entering the facility; prolonged and debilitating illness of spouses and friends; and losses stemming from lifestyle changes that result from their own worsening health. This project creates a safe space for residents, families, and staff to discuss these difficult issues, share their experiences, and learn about new techniques to address them. It creates new training materials for use by these stakeholders after the project team is gone. Finally, it compliments ongoing efforts to implement Palliative Care in the nursing home.

### Funded Entity(ies):

University of Georgia Research Foundation, Inc.

#### **Results of the Project:**

Results pending

Project Title: Culture Change Transformation to Household Mode I-When Church Home Becomes 'Home'"

Unique Identifier: GA-0819-CHRH-392/2019-04-GA-0814

**Project Duration:** 12/01/2019 to 11/30/2021

Total Amount of CMP Funds Approved for this Project: \$116,369

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$53,840.50

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant plans to contract with the consulting group Action Pact to assist the nursing facility in adopting the Household model. The transition will consist of the facility taking a more person-centered approach to caring for residents, which includes the following objectives: (1) reorganizing the organizational structure to enable resident and staff independence, (2) fostering interpersonal relationships to promote a homelike environment, (3) broadening dining choices and encouraging residents to participate in meal selections, and (4) encouraging intentional and spontaneous interactions between staff and residents.

#### **Funded Entity(ies):**

Church Home Rehabilitation and Healthcare, LLC

#### **Results of the Project:**

Results pending

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

**GA Active CMP Funded Projects in CY 2020:** 8

Project Title: Emory Antibiotic Stewardship to Improve Long Term Care Lives

Unique Identifier: 2018-04-GA-0302

**Project Duration:** 06/01/2018 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$98,437

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,738.39

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to reduce the incidence of adverse effects of unnecessary antibiotic use in long-term care facility residents through antimicrobial stewardship enhancements. The overall project goals are to: (1) create a platform for enhancing nursing facility stewardship programs by incorporating enhanced microbiology data and assessment processes; and (2) reduce facility specific rates of C. difficile diarrheal infection by improving appropriate antibiotic prescribing for urinary tract infections. The impact of the project will be measured by assessing the data obtained through Emory's affiliated surveillance programs tracking antibiotic resistant infection in the Atlanta metropolitan area.

#### Funded Entity(ies):

**Emory University** 

#### **Results of the Project:**

Most of the Emory Antibiotic Stewardship to Improve Long Term Care (EASIL) work has been refining and maintaining our current activities with the established long-term care facilities and preparing to expand activities to respiratory infections and adding two nursing homes. Over the past year, we have established data tracking at our facilities and identified reducing days of therapy for antibiotic starts as another intervention that may reduce the rate of antibiotics used for urinary tract infections in addition to avoiding unnecessary starts. With the focus on urinary tract infections, over time there appears to be a decrease in overall antibiotic starts, however we have failed to make an impact on new antibiotic starts for UTI per 1000 resident-days. This may be because the facilities stopped admitting elective admissions during the start of the COVID-19 pandemic (decreasing the denominator by excluding relatively healthy long-term care patients and taking only more ill post-acute care patients) or a lack of impact of reducing unnecessary antibiotic starts. Of note, we also observed an increase in new antibiotic starts for lower respiratory tract infections which could be explained by the same alteration of the denominator, or an increase of pneumonias in the early months of the pandemic. Unfortunately, one of the four participating facilities has been unable to continue to partner with us due to staffing shortages and has declined to continue to share data, making the stewardship activities less focused and productive. Over the past year, the EASIL project has demonstrated that ongoing processing of easily obtained data elements can be managed and presented in an easily interpreted report, providing local data for individual stewardship programs at the

## Georgia

GA CMP Funds Expended for Administrative Uses in CY 2020: \$0 GA CMP Funds Expended for Emergency Uses in CY 2020: \$0

**GA Active CMP Funded Projects in CY 2020**: 8

nursing homes to respond to and improve prescribing practice. However, the staffing requirements and crisis management of the COVID-19 pandemic has forced some interruption of current stewardship meetings delaying advancing some of the planned EASIL initiatives.

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

Project Title: Florida Atlantic University (FAU): Reducing Avoidable Hospitalizations

Unique Identifier: 2016-04-KY-FAU-0426

**Project Duration:** 04/01/2017 to 03/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$91,956.40

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$17,382.57

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to reduce avoidable hospitilizations in Branch 4 States. b) This project will produce and updated decision guide for staff, family and residents to determine "Go to the Hospital or Stay here?" FAU will also report to CMS decision guide feedback. c) This project benefits NH residents because it educates them, family and staff on avoidable hospitilizations. d) The target population beyond the NH residents is NH resident staff and resident family members.

### Funded Entity(ies):

Florida Atlantic University

**Results of the Project:** 

Results Pending

Project Title: Living Intently and Fully Engaged (LIFE) Project iN2L

Unique Identifier: 2016-04-KY-1216

**Project Duration:** 03/15/2017 to 03/14/2020

Total Amount of CMP Funds Approved for this Project: \$49,051.

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A) The purpose of this project is to increase recreational and rehabilitation activities for sixty-four (64) skilled nursing residents. B) The project will achieve increasing social engagement in recreational and rehabilitation activities. This project will also increase resident engagement with family members via the computer-based programs. C) This project will benefit NH residents by offering more innovative recreational and rehabilitation activities. D) Family members also benefit from this project by being able to communicate with family members in the NH.

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

#### Funded Entity(ies):

Florida Atlantic University

#### **Results of the Project:**

Final results were not provided.

**Project Title: Bingocize** 

Unique Identifier: 2016-04-KY-1205

**Project Duration:** 04/15/2017 to 05/31/2020

Total Amount of CMP Funds Approved for this Project: \$898,945

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$197,699.40

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A)The purpose of this project is to provide Bingocize: An evidence-based health promotion program to improve the quality of life of Kentucky Certified Nursing Facillity (CNF) residents. B) The goal for this project is to implement Bingocize in 20 CNFs in Kentucky by facilitating partnerships between 7 universities and CNF staff. C) This project is set to benefit at least 1000 residents. The Bingocize program benefits residents by combining aerobic exercises with a fun interactive and familiar game of Bingo. D) This project also benefits the university students and CNF staff by working with residents on this project.

#### **Funded Entity(ies):**

Western Kentucky University Research Foundation, Inc.

#### **Results of the Project:**

Western Kentucky University recruited 20 faculty and over 400 students from 9 universities to work with CNF staff and residents across the state to participate in Bingocize. Over 1400 residents from more than 30 CNF participated in Bingocize during the grant period. The Bingocize team also created a range of motion exercise manual, shared a monthly project newsletter with resident stories with recommended exercises, and developed an online training for CNF staff.

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

**Project Title: Emergency Preparedness for Certified Nursing Homes in Kentucky** 

Unique Identifier: 2017-04-KY-0808

**Project Duration:** 11/01/2017 to 10/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$2,006,299

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$266,384.68

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will provide emergency preparedness training over 3 years.
- b) It will provide basic and advanced training on emergency preparedness, improving the quality of care and quality of life of residents through improved safety before, during, and after emergencies and catastrophic disasters.
- c) This will provide higher quality of care for nursing home residents during emergency situations.

### Funded Entity(ies):

University of Louisville Foundation

#### **Results of the Project:**

Results pending

Project Title: "I Won't Grow Up" -TimeSlips and Signature HealthCARE

Unique Identifier: 2017-04-KY-0918

**Project Duration:** 01/01/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$766,098

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$116,482.32

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to improve well-being of residents by building social connections through meaningful, creative engagement activities that culminate in a high-quality arts event to be held at 3 of the 25 participating CNFs. b) The objectives of the project are 1) train all staff in basic creative engagement techniques that can be incorporated into one-on-one care planning and group activities; 2) train staff to meaningfully engage their larger communities; and 3) guide staff through the creation of three community-

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

building arts events. c) This project meets the need for meaningful, person-centerd activites and improved well-being for CNF residents. d) The targer audience beyond the residents includes the CNF staff, resident families and community volunteers/artists that participate in the community events.

### Funded Entity(ies):

Timeslips Creative Storytelling, Inc.

#### **Results of the Project:**

Results pending

**Project Title: Connected Affirmation Program** 

Unique Identifier: KY-0918-NHNHCC-143/2018-04-KY-0918

**Project Duration:** 04/01/2019 to 03/31/2022

Total Amount of CMP Funds Approved for this Project: \$213,664

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$37,700

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to integrate iN2L technology into the pallative care program for residents through the Connected Affirmation Program (CAP). b) This project will provide legacy keepsakes for families, increase education and foster communication about pallative care with residents, their families and staff, and affirm the life of the elder through the use of their life-story through iN2L technology. c) The benefit of the program to the NH resident is that the resident gets to be comforted through the pallative care process with reliving stories from their lives to share in the legacy. d) The target audience beyond the NH resident is the family and the staff connected to the resident in pallative care. The project opens up communication, interactions and education about pallative care.

### Funded Entity(ies):

Nazareth Home, Inc.

#### **Results of the Project:**

Results pending

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

**Project Title: Residents' Rights Consumer Education Project** 

Unique Identifier: KY-0918-KSLTCOP-152/2018-04-KY-0918D

**Project Duration:** 04/01/2019 to 01/31/2021

Total Amount of CMP Funds Approved for this Project: \$18,741

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Residents' Rights Consumer Education Project aims to create written material for consumers of Certified Nursing Facilities in Kentucky through the form of a booklet – focused on nursing home residents' rights and regulation revisions. LTCO staff and volunteers within the 15-area development districts will distribute the review booklet to the bedsides of residents during regularly unannounced visits and council meetings.

### Funded Entity(ies):

Nursing Home Ombudsman Agency of the Bluegrass, Inc.

### **Results of the Project:**

Results pending

# Project Title: Virtual Dementia Tour (VDT) Comprehensive Experiential Education Program

Unique Identifier: KY-0619-SWD-337/2019-04-KY-0524

**Project Duration:** 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$1,141,090.02

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$155,972.83

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement the Virtual Dementia Tour® (VDT®), an evidence-based program that provides a simulation of dementia based on the study of brain impairment and typical behavior manifestation of the impairment, to 125 skilled nursing homes throughout Kentucky. The program assists with people identifying

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

with and better understanding the needs of those living with dementia which results in a relationship between caregiver and resident based on increased understanding.

Funded Entity(ies):

Second Wind Dreams, Inc.

**Results of the Project:** 

Results pending

Project Title: Resident Engagement and Activity Program (REAP) iN2L

Unique Identifier: 2018-04-KY-0615

**Project Duration:** 10/01/2018 to 08/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$53,486.62

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not provided

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A) The purpose of this project is to implement the iN2L technology to provide a non-pharmacological solution to behavior side effects assicialted with dementia to 20 residents who are given anti-anxiety medications. B) The goal of this project is to provide a non-pharmacological anlternative to behavior management due to side effects of demetia in the selected residents. C) This project will benefit the NH resident by giving an alternative intervention to medication for anxiety inducing situations. D) The target audience beyond the NH resident is the CNF staff because they have an alternative intervention to use instead of medication.

**Funded Entity(ies):** 

McKenzie Healthcare

**Results of the Project:** 

Results pending

Project Title: "Enhanced Life" Project iN2L

Unique Identifier: 2018-04-KY-0613

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

**Project Duration:** 10/01/2018 to 10/01/2021

Total Amount of CMP Funds Approved for this Project: \$109,944

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not provided

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A) The purpose of this project is to improve the quality of life for residents at two Christian Care Communities facilities in Kentucky. To implement the iN2L to increase and improve communication between residents, families, friends and the community at large; integrate engagement technology into the rehabilitation program and utilize youth program participants as volunteers to create intergenerational learning opportunities during recreational activities. B) The project will achieve both homes creating 100 individual "My Page" documents, 100 "My Story" digital biographies; schedule a minimum of four to ten skype interactions per week, and increase participation in group activities by 50% and individual activities by 70%. C) This project will benefit NH residents by improving the activities participation, including intergenerational aspects, and increase social engagement through technology. D) Beyond the NH resident, this project will benefit the NH staff using this technology and the community at large engaging with the NH residents.

## Funded Entity(ies):

Christian Care Communities, Inc.

**Results of the Project:** 

Results pending

Project Title: The KEEN-CDC project: The Kentucky Enduring, Education and care Network for Collaborative Dementia Care

Unique Identifier: 2018-04-KY-0329

Project Duration: 12/15/2018 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$307,186

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$87,095.53

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to improve quality of care provided to Kentucky residents through the development of educational programming targeting healthcare administrators, physicians, medical

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

directors, advanced practice nurse practitioners, physician assistants (PA), nurses, social workers, surveyors, ombudsmans and QIO staff. b) This project will provide quality trainings through the Telecare Network, CECentral, and the Univeristy of Kentucky College of Nursing. The educational sessions will remain on CECentral past the three year grant period as long as the training is relevant. c) This project will benefit NH residents by increasing the quality of care for the NH residents by providing quality training for the staff associated with the care of residents. d) Beyond the NH residents this project will benefit training healthcare administrators, physicians, medical directors, advance practice nurses, PA, nurses, social workers, surveyors, ombudsmen and quality improvement organization (QIO) staff.

### Funded Entity(ies):

University of Kentucky Reseach Foundation

#### **Results of the Project:**

Results pending

Project Title: "Inspired Living" Project iN2L

Unique Identifier: 2016-04-KY-1202

**Project Duration:** 03/15/2017 to 03/14/2020

Total Amount of CMP Funds Approved for this Project: \$299,727.20

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A) The purpose of this project is to implement the iN2L technology to reduce falls, improve balance and gait, increase flexibility and increase upper body, lower body, and core strength for approximately 1350 residents. B) The project will achieve a non-pharmacological approach to decreasing falls in 1350 residents with a Brief Interview for Mental Status (BIMS) score of 7 or less. C) The project will benefit NH residents by reducing falls and increasing core strength. D) This project will also target NH staff by helping reduce falls and implement technology as a falls intervention tool.

#### Funded Entity(ies):

Trilogy Health Services

#### **Results of the Project:**

To implement the "Inspired Living" project to reduce falls, Trilogy Health Services partnered with the It's Never 2 Late program and set a goal to keep resident falls below 45%. The program was introduced in 9

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

different campuses and the overall fall rate was well below 45%. Although the fall rate fluctuated somewhat, by the final quarter of the program the fall rate was reduced to 23%.

Project Title: "Giving Our Loved-ones Direction (GOLD)" iN2L

Unique Identifier: 2016-04-KY-1104

**Project Duration:** 03/01/2017 to 02/28/2020

Total Amount of CMP Funds Approved for this Project: \$46,198.14

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to increase recreational and rehabilitation activities for fifty residents using 3 Mobile Flex units from "It's Never 2 Late" b) This project will achieve increasing engagement and staying connected with family using the computer-based experiences and life enrichment activities of this program.
c) This project will benefit nursing home residents by increasing social engagement and activities. d) Family members can also benefit from this project by being able to communicate with their loved one in the nursing home using the iN2L technology.

#### Funded Entity(ies):

Morganfield Health Facilities

#### **Results of the Project:**

Final results were not provided.

# Project Title: "Fulfilling Residents Interest and Encouraging New Discoveries (FRIEND)" iN2L

Unique Identifier: 2016-04-KY-1217

**Project Duration:** 03/15/2017 to 03/14/2020

Total Amount of CMP Funds Approved for this Project: \$46,485.24

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$8,793.84

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

## Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to increase recreational and rehabiliiation activities for fifty-two (52) residernts using 3 Mobile Flex units from "It's Never 2 Late" b) This project will achieve increasing engagement and staying connected with family using the computer based experiences and life enrichment activities of this program. c) This project will benefit nursing home residents by increasing social engagement and activitites. d) Family members can also benefit from this project by being able to communicate with their loved one in the nursing home using the iN2L technology.

#### Funded Entity(ies):

Mountain Manor of Paintsville

### **Results of the Project:**

Mountain Manor increased participation in the iN2L program and worked with residents, family, and staff to familiarize them with the technology. By the end of the grant period, there were 101 participants, with 88 pages and 54 stories developed. The program allowed residents to continue to interact and be part of the community.

Project Title: Minimum Data Set (MDS) 3.0 Training

Unique Identifier: 2020-04-KY-0224

Project Duration: 10/06/2020 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,400

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,400

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to pay for the meeting room at UL Shelby Hurst campus to conduct the annual MDS training on October 6-7, 2020. b) This project will achieve providing a meeting place for the 2020 MDS training for 200 participants. c) This benefits NH residents by providing MDS training to provide accurate and complete assements, which are the foundation of resident care. Successful and accurate coding of the MDS assists direct care staff with development of a resident centered plan of care, and mitigates excessive charges, fraud, waste and abuse of Medicare funds. d) Beyond NH residents this benefits CNF staff and LTC surveyors.

### Funded Entity(ies):

### Kentucky

KY CMP Funds Expended for Administrative Uses in CY 2020: \$222,677.26 KY CMP Funds Expended for Emergency Uses in CY 2020: \$802,336.28

KY Active CMP Funded Projects in CY 2020: 16

KY Office of Inspector General

**Results of the Project:** 

Results pending

**Project Title: Falls Prevention Training** 

Unique Identifier: 2019-04-KY-1205

**Project Duration:** 05/01/2020 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$11,864

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,550

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

In an effort to prevent and reduce falls in Kentucky's nursing homes, the KY Office of Inspector General will offer a one-day training designed to provide formative knowledge and understanding as to why falls occur and strategies for preventing and managing falls to improve the quality of care in nursing home residents. The conference is to assist Kentucky LTC providers in understanding falls on a deeper level and in turn develop individualized person-centered care plans addressing falls to improve resident quality of care. The objectives of the training are to provide the participating LTC staff with a better understanding of the common root causes of resident falls and diverse interventions that can be put into practice in their own facilities.

### Funded Entity(ies):

KY Office of Inspector General

#### **Results of the Project:**

Results pending

## Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

**Project Title: Engaging Life Passions** 

Unique Identifier: 2018-MS-013

**Project Duration:** 04/03/2018 to 03/01/2021

**Total Amount of CMP Funds Approved for this Project**: \$104,105

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Sentry Care requested civil money penalty funds to implement "Engaging Life Passions" in two nursing homes utilizing It's Never 2 Late (iN2L). iN2L aims to reduce the number of falls, resulting in an improved quality of life for the elders, and reduced health care costs. Onsite visit was on 06/14/18.

#### **Funded Entity(ies):**

Sentry Care

### **Results of the Project:**

Results pending

**Project Title: Person-Centered Outreach Program** 

Unique Identifier: 2018-MS-014

**Project Duration:** 04/04/2018 to 03/01/2020

**Total Amount of CMP Funds Approved for this Project**: \$48,505.75

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Mississippi Care Center of Dekalb requested civil money penalty funds to implement the "Person-Centered Outreach Program" in their facility utilizing It's Never 2 Late (iN2L). The goals of the project are to improve the quality of life of residents by providing activities and to enrich their social connections with their families, friends, and community. Onsite visit was made on 05/24/18.

#### **Funded Entity(ies):**

Mississippi Care Center of Dekalb

## Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

#### **Results of the Project:**

The It's Never 2 Late (iN2L) equipment thoroughly served its purpose over the last year with facilities having little to no outside visitation due to COVID restrictions. One hundred percent of the residents in the facility benefited from the iN2L equipment in one way or another. The project's goals were to: Increase resident participation engagement and rehab activities, increase group activities by 25% and Increase residents' involvement in individual activities by 20%. Prior to the onset of COVID-19 within the facility in March 2020, group activity participation had increased by 30% and 100% of the residents had completed their personal "My Story" Pages. While group activities were effected by COVID, individual activities continued and were at 100% participation by residents throughout the pandemic. Residents were able to communicate with their loved ones and have some sense of socializing with family as well as continue enjoying their individualized "My Story" pages.

## Project Title: Reducing Avoidable Hospitalization Across the Continuum of Care

Unique Identifier: 2018-MS-018

Project Duration: 07/19/2017 to 03/31/2020

Total Amount of CMP Funds Approved for this Project: \$86,714.90

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Florida Atlantic University requested civil money penalty funds to implement "Reducing Avoidable Hospitalization Across the Continuum of Care" in Region IV and provide training in eight states. This project plans to educate residents, family members, staff and community partners on best practices in reducing avoidable hospitalizations. Onsite visit was made on 06/20/18.

#### **Funded Entity(ies):**

Florida Atlantic University

#### **Results of the Project:**

Per the 03/31/20 final report, The Guide, Trifold and Toolkit were edited and implemented. A pilot study was conducted in 16 nursing homes of CMS Region IV. Twelve of the 16 nursing homes achieved a 31.2 % reduction in hospital transfers during the pilot study. Materials were shipped to every Medicare certified nursing home in the CMS Region IV and half day workshops were conducted in each of the eight states.

## Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

Project Title: The Bedford Cares: It's Never 2 Late (iN2L) Project

Unique Identifier: 2018-04-MS-0425

**Project Duration:** 10/16/2018 to 08/31/2021

Total Amount of CMP Funds Approved for this Project: \$304,784

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$39,360

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Hattiesburg Medical Park Management Corporation requested civil money penalty funds to implement "The Bedford Cares: iN2L Project" in eight nursing homes. It's Never 2 Late (iN2L) aims to reduce the number of falls, resulting in a significant contribution to the quality of life of residents and a reduction in health care cost. Improvement of residents' quality of life will be facilitated by iN2L training to certified nursing assistants, licensed practical nurses, registered nurses, and community, and through the increased provision of services. Onsite visits took place on 6/28/19 and 7/26/19.

### Funded Entity(ies):

Hattiesburg Medical Park Management Corporation

**Results of the Project:** 

Results pending

Project Title: Virtual Dementia Tour Comprehensive Experiential Education Program

Unique Identifier: MS-0319-SWD-262/2019-04-MS-0313

Project Duration: 10/01/2019 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$970,889.70

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$285,763.18

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicants seeks to implement the Virtual Dementia Tour Comprehensive Experiential Education program to 125 skilled nursing homes across Mississippi. The program is intended to improve resident care through evidence-based training that has been studied and peer-reviewed by universities, long-term care entities and practitioners across cultures and socio-economic strata. Additionally, staff will be assessed during care to determine their competency in providing person-centered care to residents with dementia:

## Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

providing a much needed, evidence-based and quantifiable assessment. Onsite visit was made on 01/08/20.

Funded Entity(ies):

Second Wind Dreams

**Results of the Project:** 

Results pending

Project Title: Make "Diversicare" Great Again

Unique Identifier: MS-0919-DHS-412/2019-04-MS-0911

**Project Duration:** 01/06/2020 to 01/31/2023

**Total Amount of CMP Funds Approved for this Project**: \$140,436

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$103,156.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, the managing company for several nursing facilities, is requesting civil money penalty funds to acquire and implement It's Never 2 Late (iN2L) technology into three of its facilities. The project's implementation and evaluation will be managed by each center's administrator individually and will provide progress reports to the Senior Administrator for oversight and assistance as needed. The goal of the project is to reduce the use of anxiolytic medications such as antipsychotics, antidepressants, and antianxiety classes to be closer in line with the national average of 7.2 percent over a three-year period.

#### **Funded Entity(ies):**

**Diversicare Healthcare Services** 

**Results of the Project:** 

Results pending

**Project Title: Reducing Falls with Al Project** 

Unique Identifier: MS-0919-VST-426/2019-04-MS-0918

**Project Duration:** 12/31/2019 to 12/31/2022

## Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

Total Amount of CMP Funds Approved for this Project: \$395,640

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$143,785.84

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a vendor, will partner with 10 nursing facilities in Mississippi over three years to identify and reduce resident fall risk. The applicant will train each facilities staff on the use of VSTBalance. VSTBalance is capable of objectively assessing and identifying a resident's musculoskeletal and sensory deficiencies within three minutes. Staff members can then use the results from these assessments to tailor a care plan to each resident's unique needs. The vendor's system will also flag residents with minimal progress and provide actionable data the nursing staff can use to alter the care plan.

#### **Funded Entity(ies):**

Virtusense Technologies

#### **Results of the Project:**

Results pending

Project Title: Adding Life to Living, While Living in an Environment Reminiscent of Home

Unique Identifier: MS-0518-JNH-040/2018-04-MS-0426

**Project Duration:** 10/16/2018 to 09/16/2021

Total Amount of CMP Funds Approved for this Project: \$76,273

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$11,664

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Jaquith Nursing Home, requested civil money penalty funds to implement Adding Life to Living, While Living in an Environment Reminiscent of Home project. The purpose of the project is to enhance the residents' common spaces and introduce It's Never 2 Late - Dignity Through Technology. This will help enrich the interactions between residents, staff, and families resulting in improving the quality of life for all residents. The facility believes this project will reduce the number of behavior incidents and decrease loneliness and depression. Onsite visit was completed on 11/21/19.

#### **Funded Entity(ies):**

## Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

Jaquith Nursing Home-Jefferson Inn

### **Results of the Project:**

Results pending

**Project Title: Combined Community Technology Program (CCTP)** 

Unique Identifier: MS-1018-MCC-170/2018-04-MS-1009

**Project Duration:** 02/27/2019 to 01/31/2022

Total Amount of CMP Funds Approved for this Project: \$400,960

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$118,983

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

By using the It's Never Too Late (iN2L) system as a tool to engage residents, the Mississippi Care Centers will provide access to person-centered recreational and leisure activities and to community applications that will connect residents with their families, friends, and the community at large. Onsite visit completed on 9/11/2019. Quantifiable goals include:

- 1. Create My Page individual content pages/buttons for up to 543 of our residents.
- 2. Create My Story digital biographies for up to 543 of our residents.
- 3. Schedule and facilitate IO Skype family/friend interactions per week per facility with residents whose families/friends use Skype.
- 4. Aim to increase the participation of our residents' involvement in group activities by -25%.
- 5. Aim to increase the participation of our residents' involvement in individualized activities by -20%.

#### **Funded Entity(ies):**

Washington County LTC, Inc. d/b/a/ Mississippi Care Center of Greenville

#### **Results of the Project:**

Results pending

Project Title: Use of Education and Training to Reduce the Incidence of Facility Acquired Pressure Ulcers in MS LTC Facilities

### Mississippi

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

Unique Identifier: MS-1219-CEC-518/2019-04-MS-1119

**Project Duration:** 02/01/2020 to 01/31/2021

**Total Amount of CMP Funds Approved for this Project:** \$410,530

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$57,359.30

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to expand pressure ulcer prevention training, first initiated in Louisiana via Louisiana State University Shreveport (LSU-S) School of Allied Health Professions (SAHP), to 50 skilled nursing facilities in Mississippi. The onsite clinical training is intended for direct care providers and will take place over the first 12 months of the project. The remaining portion of the project will be dedicated to follow-up visits and evaluation of the participating facilities' progress in reducing the rates of long-stay residents.

#### Funded Entity(ies):

Clinical Education and Consulting, LLC

**Results of the Project:** 

Results pending

**Project Title: SNFClinic** 

Unique Identifier: MS-0620-LTCC-625/2020-04-MS-0527

**Project Duration:** 09/14/2020 to 09/14/2023

Total Amount of CMP Funds Approved for this Project: \$738,750

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$5,900

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

SNFClinic will provide the applicant's nursing facilities with evidence-based, educational trainings and checklists that are designed to improve the performance of nursing staff. Improving the quality of care residents receive will also lead to an improvement in residents' overall quality of life. This is a three-year project involving 25 Mississippi certified nursing homes, with one and two star ratings.

#### **Funded Entity(ies):**

Long Term Care Consultants

### **Mississippi**

MS CMP Funds Expended for Administrative Uses in CY 2020: \$0 MS CMP Funds Expended for Emergency Uses in CY 2020: \$0

MS Active CMP Funded Projects in CY 2020: 12

#### **Results of the Project:**

Results pending

**Project Title: Diving Deeper on a Cultural Change Journey** 

Unique Identifier: 2018-MS-016

**Project Duration:** 03/15/2017 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$87,779

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$8,973

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Methodist Senior Services requested civil money penalty funds to implement the "Diving Deeper on a Cultural Change Journey" for four facilities. The project focuses on the culture change of dementia care and training on the latest techniques. It includes collaborative efforts of the facility staff, communities, and families of the elders. Onsite visits made on 08/03/17- 08/14/17.

#### **Funded Entity(ies):**

Methodist Senior Services

#### **Results of the Project:**

The awardee provided calculations of their measurable goals. They also provided data from their Holleran Engagement Surveys to demonstrate the levels of engagement of their elders and team. It was reported that the grant was an awakening in their organization that has led to much deeper interaction with their staff and has launched an internal Leadership Academy modeled after Leading Age's Leadership Academy.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Project Title: Virtual Dementia Tour** 

Unique Identifier: 2018-NC-021

**Project Duration:** 03/19/2018 to 03/18/2020

Total Amount of CMP Funds Approved for this Project: \$1,479,261

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$95,503.96

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Second Wind Dreams will provide the patented Virtual Dementia Tour (VDT) to skilled nursing homes throughout North Carolina to provide hands-on training and help staff develop a personal view of what dementia may be like.
- b) Dementia Aware Competency Evaluation (DACE); Assessment Set Two (pre/post VDT staff survey and observations during the VDT); Assessment Set Three (post VDT experience).
- c) Empathetic, sensitive treatment of dementia residents by staff members.
- d) Staff, caregivers, Long Term Care Ombudsman, state surveyors.

#### **Funded Entity(ies):**

Second Wind Dreams, Inc.

#### **Results of the Project:**

The success of the Virtual Dementia Tour CMP project was a collaborative effort focused on training staff to deliver the best care possible to residents with dementia. Maintaining regular communications enabled Second Wind Dreams (SWD) trainers and staff to provide continual support to nursing home facilitators, helping them to establish their Virtual Dementia Tour (VDT) training within their facilities. Also, through the utilization of quality measures in the VDT facilitator training program, SWD was able to promote accountability, meaning, and best practices in dementia care. Comments received from nursing home staff spoke regularly to individual and facility-wide improvements in perspective, attitude, and actions. Throughout the duration of the project, SWD was able to acquire consistent data that measured outcomes and provided a clear snapshot of the success of the project, as outlined in the report. Based on the data received and positive feedback from nursing home administrators and staff, SWD is confident that this project played a significant role in improving person-centered care in North Carolina nursing homes. Ultimately, this effort will lead to enhanced relationships between caregivers and patients, resulting in those with dementia receiving more consistent, sensitive, and empathetic care.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Project Title: EngAGE Together Project** 

Unique Identifier: 2018-NC-025

**Project Duration:** 07/15/2018 to 07/14/2020

Total Amount of CMP Funds Approved for this Project: \$22,003

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,220.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Weekly interaction of intergenerational programming through a partnership with St. John's Child Development Center to share in activities between residents and children from 6 weeks to 12 years old.
- b) Increase activity participation of residents by 10% each year; increase resident, family and staff satisfaction by 10% each year.
- c) Encourage relationship building and collaboration between different generations; improve quality of life for residents.
- d) Community.

### Funded Entity(ies):

Lutheran Home at Trinity Oaks, Inc.

#### **Results of the Project:**

The EngAGE Together program has increased the quality of life for our residents and the benefits we have seen are vast. These wonderful, interactive sessions with children have sparked memories (especially in residents with dementia) of past times with families, past careers in teaching, provided a sense of purpose, and allowed those residents without children/grandchildren to experience these unique interactions. Residents looked forward to each session which allowed them to have new experiences and create new relationships. TOHR (need to spell out) had one complete neighborhood on quarantine / isolation starting in mid-August until the end of September 2020. Life Enrichment returned to the neighborhood beginning on September 28th. From August to September participation was at 53% due to the largest neighborhood not being able to participate in activities during the COVID-19 outbreak. In contrast, Life Enrichment from July to August. increased to 80%. During the COVID-19 outbreak, activity packets, craft kits, sensory items, etc. were sent to the isolated/quarantined neighborhood for staff to provide to residents to complete at their leisure if they desired.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Project Title: FH Connect Project** 

Unique Identifier: NC-0119-FHI-204/2019-04-NC-0103

**Project Duration:** 04/01/2019 to 03/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$45,167.75

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project seeks to provide the latest technology and online access to residents of Friends Home Inc. The project will allow for purchase of 15 iN2L FOCUS tablets, two iN2L Mobile Flex Units, five 70-inch smart TVs, and 15 sets of head phones. The goal for the project is to enhance each resident's ability to access the myriad of resources available in today's connected world for entertainment, stimulation, and socialization.

### Funded Entity(ies):

Friends Home Inc

### **Results of the Project:**

Family members at both campuses are very excited to use the skype feature and it has been utilized a lot more since visitor restrictions have been put in place. There is still the barrier of the fact a lot of people do not use skype and have facetime; but families have been more open to creating Skype accounts since COVID-19. The sensory/relaxation applications have been used at both campuses for diversional activities with many of our residents. Usage of the Focus Tablets have been added as approaches in resident's person-centered care plans if they use the tablet. The iN2L Engage system is being used during Recreation Therapy Treatments. Continued trainings are being conducted for staff members and volunteers on both systems at each campus. We have students from Guilford College and University of North Carolina Greensboro (UNCG) who utilize the equipment along with volunteers with the residents at both campuses. However, this was put on hold in March 2020 due to visitor restrictions related to COVID-19. Our board-certified music therapist, Randi Lee, is utilizing the mobile Engage system at both campuses to provide virtual music therapy since she is unable to come into the buildings because of COVID-19. Both campuses continue to work on getting profiles set up for interested residents as they are admitted, as well as making accounts inactive as they discharge or expire. Both campuses continue to try to work with families to gain contact information for those interested in utilizing the Skype option on the Focus Tablets. This interest has increased toward the end of the grant period due to visitor restrictions related to COVID-19 and more families have started skyping with their loved ones on the Focus Tablets and Engage systems.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

Project Title: Pride in Care NC: a LGBT Cultural Competency Training for Skilled Nursing Facilities for the North Carolina Culture Change Coalition Enhancement Grant

Unique Identifier: NC-0619-CCOG-317/2019-04-NC-0603

**Project Duration:** 11/01/2019 to 10/31/2022

Total Amount of CMP Funds Approved for this Project: \$509,800.24

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$147,586.28

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Develop educational material specifically tailored to provide the Lesbian, Gay, Bi-sexual, and Transgender (LGBT) cultural competency training for skilled nursing facility staff (SNF) and skilled nursing facility resident advocates in North Carolina over a three-year period.
- b) Train Centralina Council of Government staff through National SAGE organization. Develop Pride in Care NC curriculum. Increase LGBT cultural competency across North Carolina. Train nursing facility staff, nursing facility resident advocates and state surveyors in LGBT cultural competency.
- Creation of effective policies and procedures for a safe, respectful and welcoming environment for LGBT SNF residents.
- d) Staff, caregivers, State Surveyors, Long-Term Care Ombudsman

#### **Funded Entity(ies):**

Council of Governments/Centralina Area Agency on Aging

#### **Results of the Project:**

Results pending

Project Title: Step Up to the Plate Project

Unique Identifier: NC-1118-LSA-181/2018-04-NC-1106

**Project Duration:** 03/01/2019 to 02/29/2020

Total Amount of CMP Funds Approved for this Project: \$108,131.81

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,879.44

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

- a) Provide new and innovative ways to improve all aspects of the dining experience for residents.
- b) Increase resident, family and staff satisfaction by 5% each quarter within each of the seven facilities. Decrease number of residents using nutritional supplements at all seven facilities by 25% within four quarters.
- c) More made-to-order or readily accessible food and beverage options throughout the facility. Improved food quality and presentation.
- d) N/A

### Funded Entity(ies):

Lutheran Services for the Aging

#### **Results of the Project:**

Dining services in all Lutheran Services Carolinas (LSC) communities have "stepped up" to a new level. A primary focus of the grant was to offer more choices for our residents, and while opportunities remain, much progress has been made on that goal. LSC hired a Dining Services Consultantas a full-time permanent team member to assist in implementing this program. The dining services directors have incorporated the new equipment into the dishes that will be served regularly.

**Project Title: Gastronomical Delights Experience** 

Unique Identifier: NC-1118-RSNR-180/2018-04-NC-1108

**Project Duration:** 03/01/2019 to 02/29/2020

Total Amount of CMP Funds Approved for this Project: \$53,994.64

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide a more individualized meal program through person centered dining services.
- b) Increase dining room attendance by 5% each quarter. Increase overall improvement in resident satisfaction and dining service to 90% within four quarters.
- c) Flexibility in meal times, more offerings for snacks between meals, and more variety in popular foods.
- d) N/A

#### **Funded Entity(ies):**

Rich Square Nursing and Rehabilitation

#### **Results of the Project:**

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

Five percent increase for each quarter met for resident survey. Overall satisfaction with offering person centered care remained consistent at 84% for staff survey. Families eating with resident went from 44% to 56% and family satisfaction increased on very satisfied from 43% to 50%. Enhanced dining program has helped residents maintain weight. Continuously working with resident council and activity director on additional food activities with new equipment. The facility continues to train new hires in orientation on enhanced dining program.

## Project Title: North Carolina Wound Care Excellence Program for Certified Nursing Facilities

Unique Identifier: NC-0119-VOHRA-217

**Project Duration:** 06/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$133,471

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$10,089.26

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Implement an online wound care continuing education program.
- b) Certify a minimum of 62 nurses every quarter for a total of 250 nurses by the end of the 13 month program. Provide 250 scholarships to train eligible nurses in the wound care certification program.
- c) Improve the knowledge of wound care delivered by nurses.
- d) Nursing staff within certified nursing homes in North Carolina.

#### Funded Entity(ies):

VOHRA Wound Physicians of NY, PLLC

#### **Results of the Project:**

The program closed out yielding a completion rate of 100%, with a total of 250 wound care certificates and 20 CNE credits across North Carolina. Facilities that had a nurse participate and complete the wound care excellence program, on average had a higher percentage of high risk long-stay residents with pressure ulcers before starting the program. In these facilities the rate was 10.3% versus an average of 10% in all facilities across North Carolina before the start of the program. After completion of the program the number of long stay residents with pressure ulcers dropped by 13% to a rate of 8.9% in these participating facilities. Pressure Ulcer Scale for Healing (PUSH) scores for which data was available demonstrated a decrease in severity of wounds of 30% in facilities where a nurse participated in the program.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Project Title: The Blooming Oasis** 

Unique Identifier: NC-0519-SBV-301/2019-04-NC-0423

Project Duration: 09/01/2019 to 07/01/2021

**Total Amount of CMP Funds Approved for this Project**: \$33,567.50

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$21,674.71

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Enrich residents lives by updating an outside area that can be utilized for multiple purposes.
- b) Increase resident overall satisfaction to 98%.
- c) Encourage residents to socialize and gain greater exposure to the outdoors.
- d) Staff, volunteers and caregivers.

#### Funded Entity(ies):

Silver Bluff Village

#### **Results of the Project:**

Results pending

Project Title: RL Flex and Focus for Change Project

Unique Identifier: NC-0819-RLSR-387/2019-04-NC-0806

**Project Duration:** 12/01/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$47,018

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$47,018

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide nursing home residents both ongoing life enrichment programming through non-pharmacological interventions and opportunities to engage in meaningful interactions with others by utilizing the adaptive computer technology It's Never Too Late (iN2L).
- b) Increase in resident involvement in group activities by 30% by end of 3-year project. Increase in resident involvement in individual engagement during one to one programming by 30% by end of 3-year project. Improve overall program satisfaction.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

- c) Widening the options available to residents in the form of more individualized programs and opportunities to talk/interact with loved ones who may not be able to visit as often as they would like.
- d) N/A

### Funded Entity(ies):

River Landing at Sandy Ridge

#### **Results of the Project:**

Results pending

**Project Title: Project Engage** 

Unique Identifier: NC-0819-ERR-397/2019-04-NC-0821

**Project Duration:** 01/01/2020 to 12/31/2022

**Total Amount of CMP Funds Approved for this Project**: \$63,379

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$43,912.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide nursing home residents both ongoing life enrichment programming through nonpharmacological interventions and opportunities to engage in meaningful interactions with others by utilizing the adaptive computer technology It's Never Too Late (iN2L).
- b) Improve resident attendance in group activities. Increase in resident engagement in group activities by 10% each year of the three-year project. Increase in positive emotion and overall satisfaction by 20% after a 36-month period.
- c) Create a more exciting, personalized experience. Create a culture of increased excitement surrounding activities.
- d) N/A

#### **Funded Entity(ies):**

Emerald Ridge Rehabilitation and Care Center

#### **Results of the Project:**

Results pending

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Project Title: CAN-NC Elder Arts Initiative** 

Unique Identifier: NC-0819-CAN-389/2019-04-NC-0802

**Project Duration:** 01/01/2020 to 12/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$463,250

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$64,890.76

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide multidisciplinary arts programming to residents in nursing homes located across North Carolina.
- b) Statistical positive increase in participant learning experience. Statistically positive variance between pre/post self-assessments for participants.
- c) Create an environment that is conducive to personal self-expression, identity and enhanced quality of life.
- d) N/A

#### **Funded Entity(ies):**

Center for Creative Aging North Carolina

#### **Results of the Project:**

Results pending

**Project Title: Pennybyrn Art Project** 

Unique Identifier: NC-PB-0819-393/2019-04-NC-0815

**Project Duration:** 12/01/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$50,571.25

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$5,683.57

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Implement an art program that will allow the facility to enhance activity programming specifically for memory care residents.
- b) Increase activity percentage as it relates to art engagement to 30%. Increase percentage of project and overall facility satisfaction.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

- c) Ability to express oneself non verbally in a creative and safe platform.
- d) Staff, family members and volunteers

### Funded Entity(ies):

Pennybyrn at Maryfield

#### **Results of the Project:**

Results pending

**Project Title: E3 (Engage, Enrich and Enhance)** 

Unique Identifier: NC-0819-MHI-404/2019-04-NC-0829

**Project Duration:** 12/01/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$67,637

**Total Amount of CMP Funds Expended During CY 2020 for this Project:** \$53,395

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Utilize It's Never Too Late (iN2L) adaptive computer technology to engage residents in a variety of activities, appealing to individual preferences.
- b) Increase in resident involvement in group activities by 15% each year. Increase in resident involvement in individualized activities by 15% each year. Improve quality for life and communication for residents
- c) Access to activities and to communication applications that will connect residents with their families, friends and the community at large.
- d) N/A

#### **Funded Entity(ies):**

Moravian Homes Inc. dba Salemtowne

#### **Results of the Project:**

Results pending

**Project Title: iN2L Mobility Project** 

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

Unique Identifier: NC-0919-NCDVA-406/2019-04-NC-0909

**Project Duration:** 04/01/2020 to 03/31/2023

Total Amount of CMP Funds Approved for this Project: \$82,407

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$57,339.10

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide personalized life-enriching, re-engaging, and redirecting activities to its residents, improving participants overall quality of life.
- b) Increase participation of those residents who do not regular attend activities by 10% each quarter. See an overall improvement in resident satisfaction at 90%.
- c) Widening the options available to residents in the form of more individualized programs and opportunities to talk/interact with loved ones who may not be able to visit as often as they would like.
- d) N/A

### Funded Entity(ies):

NC State Veterans Home - Black Mountain

#### **Results of the Project:**

Results pending

**Project Title: Pathways Garden** 

Unique Identifier: NC-0919-BMNM-437/2019-04-NC-0925

Project Duration: 12/01/2019 to 11/30/2021

Total Amount of CMP Funds Approved for this Project: \$21,202.44

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,601.84

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide a safe, outdoor sensory garden that will be accessible to all residents.
- b) Increase in scheduled outdoor activities. Increase in outside activity participation. Increase in satisfaction during outdoor activities.
- c) An outdoor experience that is more stimulating and enjoyable.
- d) N/A

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

#### Funded Entity(ies):

Black Mountain Neuro-Medical Treatment Center

### **Results of the Project:**

Results pending

**Project Title: Living The Sweet Life** 

Unique Identifier: 2019-04-NC-0920

**Project Duration:** 12/01/2019 to 11/30/2020

**Total Amount of CMP Funds Approved for this Project**: \$14,123.98

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Host weekly ice cream social events to bolster relationships between residents and staff.
- b) Percentage increase in satisfaction with resident overall quality of life. Percentage increase of participation in the soft serve ice cream machine activity.
- Promote and strengthen the internal community. Association of positive childhood memories and good times.
- d) Staff, caregivers & volunteers

#### Funded Entity(ies):

Summerstone Health and Rehabilitation Center

#### Results of the Project:

Weekly social has been held later in day to accommodate both 1st / 2nd shift employees. Records indicate steady increase of residents attending the ice cream socials.

Project Title: Compassionate Touch®: A Practical Approach to Ease Behavioral Symptoms and Reduce Anti-psychotics

Unique Identifier: NC-0318-ATI-001/2018-04-NC-0316

**Project Duration:** 03/01/2020 to 02/28/2021

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Total Amount of CMP Funds Approved for this Project**: \$417,120

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$157,646.51

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Train and integrate 66 additional North Carolina certified nursing homes, NC State Surveyors, Long-Term Care (LTC) Ombudsman and staff of the North Carolina Quality Improvement Organization on Compassionate Touch® (CT) and how to incorporate CT into day-to-day dementia care practices.
- b) Addresses federal and state initiatives aimed at equipping care-partners with practical tools to help reduce unnecessary use of anti-psychotic medication in dementia care. 85% of Compassionate Touch® Coaches will report they have conducted in-house training. 90% of training participants will score 90% or better on training competency tool. Increase in indicators of resident well-being as evidenced by aggregate average survey scores of three or higher. 90% of participating facilities to report Compassionate Touch improved care. 10% decrease in the presence and frequency of physical behavior symptoms directed towards others, verbal behavioral symptoms directed towards others and other behavioral symptoms not directed towards others. 10% decrease in the presence and frequency of rejection of care (MDS item E0800). Train a minimum of 50% of NC state surveyors and Ombudsman and 100% of NC Quality Advisors from Quality Improvement Organization.
- c) Reduce unnecessary use of antipsychotic medication by replacing or supplementing them with non-pharmacologic approaches.
- d) NC State Surveyors, LTC Ombudsman and staff of the North Carolina Quality Improvement Organization.

#### **Funded Entity(ies):**

AGE-u-cate Training Institute

**Results of the Project:** 

Results pending

**Project Title: The Inspirational Garden** 

Unique Identifier: NC-0518-WPNRC-041/2018-04-NC-0502

**Project Duration:** 08/01/2018 to 05/31/2020

Total Amount of CMP Funds Approved for this Project: \$35,652

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Expand the outside space to allow for more accessible, comfortable and sensory stimulating environment.
- b) Increase resident satisfaction; Increase activity participation by 25% per activity; Increase in scheduled outdoor activities by 30%.
- c) Increase residents' independence, stimulate their senses, and help them connect with nature and others as well.
- d) Staff, families and volunteers

#### Funded Entity(ies):

Whispering Pines Nursing & Rehabilitation Center

#### **Results of the Project:**

Residents along with the facility's therapy department have planted a vegetable garden along with herbs within raised beds and throughout the garden. The facility took precautionary measures for the safety of residents and staff to conduct a facility lockdown to guests and resident's family and friends. As this lockdown has been continuous, the garden has proved itself to be a relief for most residents and staff to assist them mentally through this strenuous time period. Along with the warmer weather, residents and staff have all enjoyed spending their time in the garden. The obstacles encountered have been minimal. The overall feedback the facility receives in regards to obstacles for the inspirational garden from residents include the cool and rainy weather that can sometimes impend on garden outings. The warmer weather has brought numerous mild days that have been enjoyed planting in the garden, sitting in rocking chairs, or having lunch. Residents and staff have increased activity in the garden during this time.

**Project Title: Virtual Valley iN2L Project** 

Unique Identifier: NC-1119-VVC-466/2019-04-NC-1104

**Project Duration:** 02/01/2020 to 01/31/2023

Total Amount of CMP Funds Approved for this Project: \$50,348

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$29,624

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Improve residents interactions with each other, with the outside world, with functional safety, cognition, and exercise.

### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

- b) Increase participation of resident involvement in group activities by 30%-40% over a 36-month period. Increase participation of resident involvement in individualized activities by 30%-40% over a 36-month period. Increase in positive emotion and overall satisfaction after a 36-month period.
- c) Help residents rebuild their social networks in a new way in order to stay in touch with current events and their loved ones who live outside of the facility through applications associated with the iN2L system.
- d) N/A

### Funded Entity(ies):

Valley View Care and Rehabilitation

#### **Results of the Project:**

Results pending

Project Title: Disseminating Comfort Matters: A-Web-Based Training Toolkit

Unique Identifier: 2018-04-NC-0216

Project Duration: 01/01/2019 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$498,981

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$178,317.29

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Develop a video and web-based version of Comfort Matters toolkit, evaluate it in four nursing homes and disseminate the toolkit to all 425 North Carolina certified nursing homes.
- b) Discern changes in knowledge and skills for person-centered care planning. Decrease dementia symptoms such as agitation. Increase in medication and non-medication care plans for pain. Decrease in use of antipsychotics and sedative medications. Improve documentation of goals of care related treatment approaches in care plans.
- c) Empathetic, sensitive treatment of dementia residents by staff members.
- d) Staff, caregivers and volunteers.

#### Funded Entity(ies):

UNC Chapel Hill, Div. of Geriatric Medicine

#### **Results of the Project:**

Results pending

### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

Project Title: Heart of Purpose at Eckerd Living Center (HOPE) Initiative

Unique Identifier: 2018-04-NC-0725

**Project Duration:** 01/01/2018 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$27,948

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide a person-centered experience and enhance the quality of care, reduce falls, improved mood assessments and behavior of residents through specifically designed one-on-one and group recreational and leisure activities.
- b) Improve resident quality of life by increasing resident satisfaction with facility. 20% less falls over 24 months. 25% reduction in residents with a fall over 24 months. Reduction in the number of residents with signs and symptoms of depression by 3% each quarter.
- c) Promote social interaction among residents and their family members, engage in learning opportunities, and fun customizable intervention for residents.
- d) Physical Therapists, Speech Therapists, Occupational Therapists

#### **Funded Entity(ies):**

**Eckerd Living Center** 

#### **Results of the Project:**

Program implemented June 2019 with refresher training and programming updates on 9/17/20. Interdisciplinary care team continues to incorporate iN2L into resident care plans and routines. Tablets are in high demand due to COVID-19 restrictions. QOL surveys reveal significant increases in lack of pep, unhappiness, poor sleep quality, and lack of peace. This is expected due to COVID-19. As activities and visits resume, "normal" usage of iN2L will too. Applied for additional grant funding for tablets and iN2L programming to further extend and involve more isolated residents in activities. 4% increase in falls per patient day. 1% decrease in the number of residents that fall in the last 12 months compared to the 12 months prior to the implementation of iN2L.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

Project Title: Compassionate Touch®: A Practical Approach to Ease Behavioral Symptoms and Reduce Anti-psychotics

Unique Identifier: 2018-04-NC-0316

**Project Duration:** 01/15/2019 to 01/14/2020

Total Amount of CMP Funds Approved for this Project: \$422,900

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$26,263.52

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Enlist and train 66 North Carolina certified nursing homes, NC State Surveyors, LTC Ombudsman and staff of the North Carolina Quality Improvement Organization on Compassionate Touch and how to incorporate CT into day-to-day dementia care practices.
- b) Address federal and state initiatives aimed at equipping care-partners with practical tools to help reduce unnecessary use of anti-psychotic medication in dementia care. 95% of Compassionate Touch Coaches will report they have conducted in-house training. 95% of training participants will score 95% or better on training competency tool. 10% decrease in the presence and frequency of physical behavior symptoms directed towards others, verbal behavioral symptoms directed towards others and other behavioral symptoms not directed towards others. 10 % decrease in the presence and frequency of rejection of care (MDS item E0800). Train a minimum of 50% of NC state surveyors and Ombudsman and 100% of NC Quality Advisors from Quality Improvement Organization.
- c) Reduce unnecessary use of antipsychotic medication by replacing or supplementing them with non-pharmacologic approaches.
- d) NC State Surveyors, LTC Ombudsman and staff of the North Carolina Quality Improvement Organization

#### **Funded Entity(ies):**

AGE-u-cate Training Institute

#### **Results of the Project:**

66 nursing homes received in-person training within all three regions of North Carolina. 197 two-hour sessions were conducted. 2,130 nursing home staff received Compassionate Touch (CT) Training. 66 homes have submitted resident baseline data. A total of 646 residents are included in the resident baseline data. While 10 residents are expected in the target group of each of the 66 participating homes, some homes have fewer residents in their target groups. Four newsletters were distributed, and four teleconferences were hosted by AGE-u-cate Training Institute (ATI) throughout the year. The total number

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

of residents engaged in Compassionate Touch in year one is 594, as reported by the participating facilities. As reported by the facilities, 484 target group residents had CT incorporated in their care plans.

**Project Title: Refining Fine Dining Project** 

Unique Identifier: 2019-04-NC-0729

Project Duration: 09/01/2019 to 08/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$13,376.03

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,376.03

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide a high quality, restaurant-style dining experience for each resident.
- b) 30% increase in resident, family member and staff satisfaction with dining services by end of project. Reduction in residents receiving dietary supplements.
- c) Improve food palatability and encourage socialization at meals.
- d) N/A

### Funded Entity(ies):

Royal Park Rehabilitation and Health Center

#### **Results of the Project:**

Quarters 1-3, residents in 300 and 400 halls were provided with dining satisfaction surveys at their 72hr care plan meeting. Quarter 4's process was altered due to our facility experiencing a COVID-19 outbreak. As a direct result of the outbreak, all admissions were placed on hold and 72hr care plans were completed via phone to reduce exposure. Survey process was also placed on hold as there were no admissions to the 300/400 units, therefore no data for measure for quarter 4. Staff continue to receive monthly in-service training on various procedures, sanitation standards, care and use of equipment, and departmental policies. A total of 71 supplements were ordered to meet basic nutritional needs at the beginning of the project. All residents with supplemental orders related to wound care, cancer treatment, gastronomy tubes, and medical complexity treatments were not counted in this initial count. Due to our COVID19 outbreak, the facility saw mass amounts of weight loss directly related to the illness process and effect on appetite. Many residents were placed on nutritional supplements for support, therefore also skewing the results through Q4. Upon review of supplement use for quarter 4, it was found that a total of 44 residents had orders for supplements for nutritional support due to weight loss or poor meal intakes. This reduction in supplements results in a 38% decrease compared to our baseline. Supplement use will be monitored on an ongoing basis to ensure supplement decreases are an ongoing goal.

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

**Project Title: Home to You: Dining Project** 

Unique Identifier: 2019-04-NC-0730

**Project Duration:** 10/01/2019 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$51,494.74

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Add a variety of equipment and furniture to create a dining atmosphere that resembles home.
- b) Increase in resident satisfaction with dietary experience and related customer service. Increase dining room attendance.
- c) Homelike feel for residents dietary experience.
- d) N/A

### Funded Entity(ies):

Capital Nursing and Rehabilitation Center

#### **Results of the Project:**

Project was stopped during previous quarter due to new regulations discontinuing use of communal dining. Capital will resume use of items purchased with grant money when communal dining is allowed again.

Project Title: To Know Me - A Method to Enhance Person-Centered Care

Unique Identifier: NC-1219-2NOMI-492/2019-04-NC-1207

Project Duration: 05/01/2020 to 04/30/2021

**Total Amount of CMP Funds Approved for this Project:** \$1,455,556

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$279,405.25

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The "To Know Me" project will provide residents and their families with a platform to create life story books. These story books will help staff relate to and better understand the residents, improving person-centered care techniques.

### Funded Entity(ies):

#### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

2Nomi

### **Results of the Project:**

Results pending

Project Title: Improving Resident Care, Quality of Life and Staff Retention Through the Implementation of Service: An Organization-Wide Culture Change Model Project

Unique Identifier: NC-0120-GG-520/2020-04-NC-0102

**Project Duration:** 05/01/2020 to 04/30/2021

**Total Amount of CMP Funds Approved for this Project**: \$1,059,332.75

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$278,775.68

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will employ a comprehensive, multifaceted model to engage and guide administrators and management teams in 15 homes in North Carolina in the process of creating culture change programs.

#### Funded Entity(ies):

The Gilster Group

#### **Results of the Project:**

Results pending

**Project Title: Biking for Benefits** 

Unique Identifier: NC-0320-LH-578/2020-04-NC-0302

**Project Duration:** 09/01/2020 to 08/31/2021

**Total Amount of CMP Funds Approved for this Project:** \$31,760.32

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$27,441.67

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

### **North Carolina**

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0 NC CMP Funds Expended for Emergency Uses in CY 2020: \$0

NC Active CMP Funded Projects in CY 2020: 27

The project will incorporate three adaptive bicycles and other associated equipment to increase participation in leisure activities for residents by 20% over a 12-month period.

Funded Entity(ies):

**Trinity Grove** 

**Results of the Project:** 

Results pending

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

**Project Title: It's Never Too Late** 

Unique Identifier: SC-1218-LMCEC-200

**Project Duration:** 03/01/2019 to 03/01/2022

Total Amount of CMP Funds Approved for this Project: \$82,488.44

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) By using the proven It's Never Too Late (iN2L) system, which offers thousands of activities and life enrichment experiences, the project aims to achieve an improved sense of well-being for residents.
- b) The project will procure six interactive and adaptive computer systems that will provide personcentered experiences for 352 residents.
- c) The project will enhance their overall quality of life, mitigating the restrictions and isolation imposed by chronic medical conditions, and improving their rehabilitation outcomes.

### Funded Entity(ies):

Lexington Medical Center Extended Care

#### **Results of the Project:**

The outcomes of this project were of huge success. Residents really love it. With COVID-19 restrictions, small groups were held and the It's Never Too Late (iN2L) systems were used by connecting to the large screen televisions with an HDMI cord or by playing bingo. The iN2L tablets have Spanish-speaking programs that have worked great for the residents with dementia who speak Spanish in addition to English. Bingo is a big hit throughout the facility. The residents that are in their bed use walkie- talkies to communicate with staff to hear the numbers that are being called. Skype has been a great application on the tablet for the residents to keep in touch with their families. There are many programs used by the Life Enrichment Team, as well as individually, such as Grand Ole Opry, Spanish music, Spanish jukebox, baseball videos, Bingo, matching games, trivia, fishing videos, personal Facebooks accounts, Bible stories, YouTube, etc. The residents have found joy, felt calm, been happy and more relaxed since the iN2L project was implemented.

**Project Title: "DAY ROOM"** 

Unique Identifier: 2019-04-SC-0628

**Project Duration:** 08/12/2019 to 04/01/2020

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

Total Amount of CMP Funds Approved for this Project: \$2,497

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to create a "day room" environment for residents to use and to promote well-being.
- b) The project will achieve an environment of home on the secure unit. Furniture and activities will be implemented that are conducive to engaging residents.
- c) Residents on the secure unit will become better engaged and enhance their daily routines involving a multi-sensory experience for them to partake.

#### Funded Entity(ies):

CM Tucker Jr. Nursing Care Center - Fewell and Stone Pavilions

#### **Results of the Project:**

The outcome of this project has enhanced the quality of life for the residents by the use of the games, aromatherapy supplies and multisensory equipment. The games provide a unique experience for the residents to engage socially with each other while being in a comfortable space to unwind. The way in which the rooms are designed and how people feel while using that space are ways a resident connects to a home-like environment. The residents enjoy playing with the stress balls, the fidget apron, the specialty chair and playing with the Wii game console. It is also helping with the residents' emotions and social skills.

**Project Title: Enhancing Quality of Life for Dementia Residents** 

Unique Identifier: 2019-04-SC-0228

**Project Duration:** 03/25/2019 to 05/01/2020

Total Amount of CMP Funds Approved for this Project: \$2,440.60

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the project is to enhance the quality of life for patients that live in the secured unit.
- b) The project will build shadow boxes to be able to display items that will assist with memories. Also, there will be the addition of murals, interactive flowers in the secure unit, a Fire Stick and therapeutic

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

DVDs, flowers and Koi for the pond, weighted blankets. This will create a more interactive experience for these residents and will provide a much more calm and peaceful area for the residents to enjoy.

- c) Individual residents will be able to view and in some cases touch to promote and increase comfort, increase therapeutic outcomes, and provide a level of interaction for residents.
- d) Resident's visitors will be able to enjoy these additions as well while visiting residents.

#### Funded Entity(ies):

**Bayview Manor** 

#### **Results of the Project:**

The outcome of this project was a success. The project's goal was to enhance their overall quality of life involving a multi-sensory experience for them to partake. There is over 75 percent of residents participating in this project. Shadow boxes were made for each room which allowed residents to place mementos and pictures of resident and/or their families which helped residents to recognize their rooms. A 60-inch TV and DVDs were purchased for the activity rooms where residents come together as a group for activities and meals. This project was for the whole facility.

Project Title: Establish a Night Room for Quality of Life

Unique Identifier: 2019-04-SC-0228BB

**Project Duration:** 04/17/2019 to 04/01/2020

Total Amount of CMP Funds Approved for this Project: \$2,493.42

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to create a night room with sensory equipment for residents with Dementia and the resident's quality of life.
- b) Specialized sensory equipment would be utilized when a resident exhibits signs or symptoms of agitation and anxiety.
- c) Dementia residents will benefit from the project by helping to calm and re-focus these individuals.
- d) d.) The project will enhance their overall quality of life involving a multi-sensory experience for them to partake.

#### Funded Entity(ies):

C.M. Tucker Nursing Care Center - Fewell and Stone Pavilions

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

#### **Results of the Project:**

The outcome of this project has enhanced the quality of life for the residents through the use of sensory modulation equipment. The equipment provides a unique experience for residents to relax and enjoy a quiet space away from their everyday surroundings. The way in which the room is designed and how people feel while using the space are ways a resident lowers their anxiety and agitation. The residents enjoy the glider and find it relaxing. They enjoy the fidget apron. It is a calming space for the residents to enter at nighttime if they are having a rough night. The number of residents that utilized the room was approximately 56 percent. That is based on the number of residents on the unit (18) and those that have utilized the room or some aspects of the equipment that was purchased (10). Due to COVID-19, we are not utilizing the room as we previously were but are utilizing the equipment in the rooms of residents who will benefit from it.

**Project Title: Gardening Project** 

Unique Identifier: 2019-04-SC-1021

**Project Duration:** 10/30/2019 to 04/01/2020

**Total Amount of CMP Funds Approved for this Project**: \$2,479

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$2,479.88

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the project is to provide a gardening space for residents to participate at some level for therapeutic reasons.
- b) The project will establish a garden for residents to participate in planting, caring, watering, picking, and enjoying the plants.
- c) Residents will benefit in horticultural therapy to reduce pain and stress, provide purpose and selfworth, and fight isolation, among other benefits.
- d) Visitors and staff will also enjoy the garden as a visual aesthetic.

#### **Funded Entity(ies):**

CM Tucker Jr. Nursing Home Center - Roddey Pavilion

#### **Results of the Project:**

The facility purchased material to construct garden beds, flowers, plants, vegetables, and herbs for residential horticultural therapy. The residents formed 5 gardening clubs and actively participated in the planting and upkeep of the beds. Prior to COVID-19, the gardening clubs met and worked in the beds two

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

to three times a week. Since the pandemic the members, while still maintaining the garden beds, worked in pairs and practiced social distancing.

The Activity Therapist reported that gardening beds gave the residents activities to look forward to, helped them boost positive behavior, self-esteem and the overall morale for the residents who participated. The residents who watched still enjoyed the beauty. The full-time horticulturist educated the residents and staff on the types of flowers, plants, vegetables, and herbs, how to care for them, and helped with the upkeep. The residents who were able to physically "work" the gardens benefitted from the exercise. Many of the residents often spoke about feeling like they were home working in their own flower beds and gardens.

The project impact has been positive for the residents, their families, the staff, and the community as a whole. They all appreciated the beauty of the beds. Some enjoyed picking the flowers and placing them in their hair and rooms while others looked forward to eating the vegetables from their own gardens. The garden beds were enjoyed up to fall, then the weather began to change. They are looking forward to replanting the beds and the staff is continuing to encourage other residents to participate.

### Project Title: Reducing Avoidable Hospitalizations Across the Continuum of Care

Unique Identifier: 2016-04-SC-FAU-0426

**Project Duration:** 01/01/2017 to 01/01/2020

**Total Amount of CMP Funds Approved for this Project**: \$85,600.60

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to create a decision guide entitled "Go to the Hospital, or Stay Here?" and to provide training to nursing home facilities.
- b) This project will provide a guide for nursing home patients and families to use when making decisions on conditions and when a decision of hospitalization has to occur. The goal of this project is for resident and family councils and improve quality of life by giving the family and residents a say on when and where to go to the hospital if needed.
- c) The project will assist nursing home residents to assist in making crucial health and treatment decisions.
- d) Families of nursing home residents will have an additional resource to use to assist their loved ones to make health-related decisions.

### Funded Entity(ies):

Florida Atlantic University

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

#### **Results of the Project:**

This project has completed training in all eight states in CMS Branch IV (AL, GA, SC, NC, MS, KY, FL, TN). The project is still on-going and has requested an additional 6-month extension with no additional costs requested. During this time, they will complete collecting data, integrate additional data to create a comprehensive picture of project activities, and finally report results and provide recommendations.

**Project Title: The Resident Enlightenment Encounters Project** 

Unique Identifier: SC-0120-SAHC-543/2020-04-SC-0124

**Project Duration:** 06/01/2020 to 06/01/2022

**Total Amount of CMP Funds Approved for this Project**: \$946,779.95

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$598,443.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The applicant aims to provide 14 nursing facilities with It's Never Too Late (iN2L) systems and threeyear subscriptions to the vendor's assortment of services designed to address resident engagement and continuous learning. A project manager will be hired to coordinate with the participating facilities and consolidate data collected from each facility.
- b) The project will enhance their overall quality of life, mitigating the restrictions and isolation imposed by chronic medical conditions, and improving their rehabilitation outcomes.
- c) This project goals in the first quarter is:key leaders will complete the virtual training,incorporate the iN2L technology into the facility communication plan. Incorporate the technology into the activity calendar to ensure coordinated structure/use/benefit of the devices. Create a secured area for the monitored use of the iN2L technology.

### Funded Entity(ies):

South Atlantic Health Care

#### **Results of the Project:**

This project has completed equipment installation within all 14 nursing facilities and will start training in all 14 nursing homes with the staff. The final results are pending.

#### **South Carolina**

SC CMP Funds Expended for Administrative Uses in CY 2020: \$0 SC CMP Funds Expended for Emergency Uses in CY 2020: \$0

SC Active CMP Funded Projects in CY 2020: 8

**Project Title: A New Vision for Aged Eyes Project** 

Unique Identifier: SC-0120-BNRF-542/2020-04-SC-0121

**Project Duration:** 07/01/2020 to 07/01/2022

**Total Amount of CMP Funds Approved for this Project**: \$94,116.45

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$64,724.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will use It's Never Too Late (iN2L) technology to engage residents and introduce them to experiences that were once lost because of their physical and environmental changes. The personcentered technology will enable residents to make choices based on individualized likes and dislikes, improving their total well-being.
- b) The project will enhance their overall quality of life, mitigating the restrictions and isolation imposed by chronic medical conditions, and improving their rehabilitation outcomes.

### Funded Entity(ies):

Beaufort Nursing and Rehab d/b/a Bayview Manor

#### **Results of the Project:**

This project went from residents rarely using computers in their lives to about 52 percent participation in the first quarter. The project is still ongoing.

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

Project Title: Activities, Restorative, and Therapy in Sync (ARTS)

Unique Identifier: 2018-TN-033

**Project Duration:** 04/01/2018 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$493,550.87

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,487

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of the ARTS program is to improve the quality of life of the residents by improving or maintaining activities of daily living (ADL) function and enriching activities and social connections for 770 residents.

### **Project Objectives:**

- Lower the number of long-term residents that are documented with a decrease in ADL function on the MDS
- 2. Improve the quality of life and increased participation in person-centered activities via the use of the Activities Tracking Log.

#### **Funded Entity(ies):**

Tennessee Health Management, Inc.

#### **Results of the Project:**

Results pending

**Project Title: Music and Memory program** 

Unique Identifier: 2018-TN-034

**Project Duration:** 07/01/2018 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$165,951

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$128,119.77

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: To implement the Music and Memory program in five nursing homes in the Upper Cumberland region of Tennessee.

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

#### **Project Objectives:**

To provide evidence-based practice to support the improvement of physical, cognitive, and emotional function of Alzheimer's and dementia patients through the implementation of this program.

To provide evidence-based practice to support the reduction of the use of antipsychotic medications in nursing home residents after the implementation of the Music and Memory program.

To assess nursing staff and nursing students' pre- and post-intervention of Music and Memory to assess satisfaction with Music and Memory Program.

### Funded Entity(ies):

Tennessee Technological University

#### **Results of the Project:**

The project was implemented in 5 facilities in the Upper Cumberland region of Tennessee and in 1 additional facility that had already begun the process of Music and Memory certification. The data was collected from a total of 43 residents and the program made a positive impact among the residents. Positive changes were noted across several items measured by the Multidemnsional Observation Scale for Elderly Subjects instrument. The largest positive changes were among the following items, all related to feelings of depression and anxiety; looking sad and depressed (48%), looking worried and anxious (46%), reporting sadness and depression (43%), sounding sad and depressed (42%), and irritability (38%). The five items with the least reported positive changes were; use of restraints (8%), using the toilet (13%), understanding communication (13%), memory of recent events (13%), pessimism about the future (13%), and provoking arguments with other residents (13%).

# Project Title: Dissemination of Resident and Family Decision Guide, Go to the Hospital or Stay Here?

Unique Identifier: 2018-TN-036

**Project Duration:** 06/01/2017 to 03/30/2020

Total Amount of CMP Funds Approved for this Project: \$103,400.80

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$61,710.72

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

Project Goal: Implement "The Decision Guide: Go to the Hospital or Stay Here" in Region IV nursing facilities in order to assist nursing home residents and families make optimal decisions concerning hospitalization or treatment in the nursing home.

#### Funded Entity(ies):

Florida Atlantic University

#### **Results of the Project:**

On average, the 12 nursing homes that completed the pilot achieved a 31.2% reduction in hospital transfers. Altogether, 13 training videos, five case studies, a PowerPoint presentation and Best Practices document were created. There were three workshops held in TN with approximately 100 nursing homes in attendance. Following workshops, Decision Guide materials were distributed to nursing homes in Tennessee. The 31.2% reduction in hospital readmissions suggested that use of the Decision Guide was an effective approach to reducing potentially preventable hospitalizations of nursing home residents.

**Project Title: Activities, Restorative, and Therapy in Sync (ARTS)** 

Unique Identifier: 2018-04-TN-0424

**Project Duration:** 07/01/2018 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$471,215.29

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project Goal: The goal of the ARTS program is to improve the quality of life of the residents by improving or maintaining activities of daily living (ADL) function and enriching activities and social connections for residents.

**Project Objectives:** 

Lower the number of long-term residents that are documented with a decrease in ADL function on the Minimum Data Set.

Improve the quality of life and increase participation in person-centered activities via the use of the Activities Tracking Log.

#### Funded Entity(ies):

Tennessee Health Management (Jackson Region)

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

#### **Results of the Project:**

Results pending

Project Title: Antibiotic Stewardship In Post-Acute and Long-Term Care

Unique Identifier: TN-0119-TDH-207/2019-04-TN-0110

**Project Duration:** 04/01/2019 to 03/30/2020

Total Amount of CMP Funds Approved for this Project: \$21,125

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$21,125

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project requests a 14 month membership to the National Quality Forum which will allow a purchase of 500 discounted digital copies of the recently published National Quality Partners Playbook: Antibiotic Stewardship in Post-Acute and Long-Term Care (NQP Playbook). The membership will also allow access to a variety of tools and resources. The NQP Playbook will be distributed digitally to consultant pharmacists and medical directors or stewardship champions amongst facilities statewide. These key member of the long term care facilities will be responsible for implementing interventions form the Playbook to address their program's specific areas for improvement. Access to the NQP playbooks will allow LTCFs across the state to start and/or improve their antimicrobial stewardship programs to promote optimal antimicrobial practices.

#### **Funded Entity(ies):**

Tennessee Department of Health (TDH)

#### **Results of the Project:**

There were a total of 109 nursing home facilities that participated in this project and all regions of the state were represented. Approximately 1/3 of the total nursing homes in the state reported and of those that reported, 100% achieved at least 5 core elements and 89% of facilities achieved all seven core elements. Additionally, a total of 216 National Quality Partners Playbooks were distributed to participating nursing homes.

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

Project Title: Training and Assistance to Individualize Pain Management and Opioid Safety in Nursing Homes

Unique Identifier: TN-0119-QS-206/2019-04-TN-0108

**Project Duration:** 04/01/2019 to 04/01/2022

Total Amount of CMP Funds Approved for this Project: \$752,520.74

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$108,768.47

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Targeting the Direct Improvement to Quality of Care focus area, the proposed project aims to implement education, training, and alternative pain management options to improve resident quality of life as well as improve clinical outcomes associated with SNFs' 13 long-stay quality measures. These goals will be accomplished by 1) developing a pool of staff at SNFs, called SNF Instructors, who will be trained on individualized approaches to pain management; 2) teaching these Instructors to train other staff at their facilities to collaboratively examine and make improvements to their facilities' processes for pain management; and 3) increasing SNFs' offerings of non-opioid options for pain, including Comfort Menus. The Qsource team will use QAPI principles to improve processes and sustain changes, as well as teach SNFs how to use the project to fulfill QAPI requirements. The project's desired outcome is to improve pain management safety and SNF residents' quality of life by tailoring pain treatment to their specific causes of pain and individual needs.

Funded Entity(ies):

**Qsource** 

**Results of the Project:** 

Results pending

Project Title: Standardizing Infection Control for Upper Cumberland Nursing Facilities

Unique Identifier: TN-0119-CRCF-209/2019-04-TN-0111

**Project Duration:** 05/15/2019 to 05/14/2020

Total Amount of CMP Funds Approved for this Project: \$138,022

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

## Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will coordinate and unify regional efforts by providing 1) standardized environmental hygiene and disinfection training and equipment to EVS/housekeeping staff at nursing homes; 2) tools to monitor cleanliness; and 3) standard infection control isolation equipment for use by staff and visitors. Fundamentally, the project is about shifting haphazard individual facility infection control and environmental cleaning efforts toward a more standardized and organized, regional approach to infection control and resident directed care. Standardizing environmental hygiene training and providing best-practice tools will improve infection control outcomes for the region and reduce negative HAI performance outliers among nursing homes.

### Funded Entity(ies):

Cookeville Regional Charitable

#### **Results of the Project:**

There were a total of 1,000 nursing home residents impacted through this project. The data analysis showed a significant increase in the cleanliness of the 15 high-touch-surface areas profiled and a decrease in the number of c.diff infections originating in nursing homes. The participating nursing homes were provided with standardized environmental hygiene and disinfection training, and resource equipment.

Project Title: It's Never Too Late for Ave Maria Nursing Home Elders

Unique Identifier: TN-0918-AMH-150/2018-04-TN-0831

**Project Duration:** 04/01/2019 to 03/31/2022

Total Amount of CMP Funds Approved for this Project: \$60,356

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to employ the evidence-based It's Never 2 Late (iN2L) Mobil Flex Lite Engage system for the Ave Maria nursing home. With it, nursing home staff will be able to offer stimulating, enriching activities for elders with a wide range of physical and cognitive abilities. This will promote better health among residents, encourage socialization, help elders stay connected to the world around them, and help combat feelings of isolation and depression: thereby providing a higher quality of life. The Mobil Flex Lite Engage system aligns with Ave Maria's mission and will complement the current activity and therapy programs.

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

**Funded Entity(ies):** 

Ave Maria

**Results of the Project:** 

Results pending

Project Title: Infection Prevention, Antimicrobial Stewardship and Rapid Response in

**Southern Middle Tennessee SNFs** 

Unique Identifier: TN-0918-MRMC-144/2018-04-TN-0903

**Project Duration:** 04/01/2019 to 09/01/2022

Total Amount of CMP Funds Approved for this Project: \$928,878.07

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Thirteen skilled nursing facility members of Maury Regional Medical Center's Post-Acute Care Network will be the focus of interventions to reduce healthcare associated infections and, ultimately, readmissions to hospital. Maury is a natural convener for the proposed work, recognized for quality and, as an innovator, which has embraced lean improvement methodologies to guide system improvement. Project team members have expertise in performance improvement, staff education, clinical pharmacy, population health, project management, and telehealth. Outcome measures, mainly stratified readmissions from SNF, will be augmented by a return on investment analysis, including cost avoidance to demonstrate intervention effectiveness. They will also track numerous in-process measures to assure that rapid cycle changes are undertaken and quick adjustments can be made if intervention tests of change are not delivering results. The project director, a principal in the PACN and senior leader with extensive measurement experience, will be accountable for completing the evaluation and advancing the sustaining model for SNF and Maury leadership.

**Funded Entity(ies):** 

Maury Regional Medical Center

**Results of the Project:** 

#### Tennessee

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

**Project Title: Music & Memory Tennessee** 

Unique Identifier: TN-0918-TAC-145/2018-04-TN-0905

**Project Duration:** 02/01/2019 to 06/30/2022

**Total Amount of CMP Funds Approved for this Project**: \$1,000,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$103,129.16

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Tennessee Arts Commission (TAC) seeks to initiate a statewide Music & Memory person-centered care program to improve quality of life and care for 1800 residents including those suffering with dementia or Alzheimer's in 120 of 322 skilled nursing homes across Tennessee: increasing access to activities that engage residents and enhance person-centered care staff. The key outcomes for nursing home residents include reduced reliance on antipsychotic, anti-anxiety, anti-depressive medications, reduced physical, verbal, and other adverse behavioral symptoms of participating residents.

## Funded Entity(ies):

Tennessee Arts Commission

**Results of the Project:** 

Results pending

Project Title: Certified Eden Associate Training and Eden Educator Training

Unique Identifier: TN-0119-SHE-210/2019-04-TN-0112

**Project Duration:** 08/01/2019 to 07/01/2020

Total Amount of CMP Funds Approved for this Project: \$39,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Eden Educator training is a powerful way to develop a culture change professional and to deepen person-directed practices in the nursing home Facility. The staff becomes Certified Eden Associates. The Eden Certification allows the facility to move to a Holistic caregiver model. It helps to build meaningful relationships and close bonds with Elders. The improved interaction will hopefully assist with retention and turn over. This will help to reduce falls, wounds, and improve the weight loss.

#### Tennessee

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

#### Funded Entity(ies):

Signature Healthcare of Erin

### **Results of the Project:**

There were a total of 125 nursing home residents impacted through this project. The project was also successful in getting a in-house Eden Educator and training a total of 53 nursing home staff to become Eden Associate Care Partners. Due to COVID-19 the remaining classes were cancelled.

**Project Title: Vanderbilt Emergency Preparedness** 

Unique Identifier: TN-0319-TDH-264/2019-04-TN-0329

**Project Duration:** 10/01/2019 to 09/30/2022

Total Amount of CMP Funds Approved for this Project: \$957,959.20

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$240,991.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is a comprehensive emergency preparedness training program specifically designed to assist Tennessee long-term care (TLC) and skilled nursing facilities (SNFs) to meet and exceed CMS emergency preparedness requirements and further enhance the preparedness level of all facilities. Training and technical assistance (TA) will be offered to the staff and residents of 300 plus Tennessee long-term care and nursing home facilities.

#### **Funded Entity(ies):**

Vanderbilt University Medical Center

#### **Results of the Project:**

Results pending

**Project Title: Training Services for Preferences for Activities and Leisure Cards** 

Unique Identifier: TN-0419-MU-267/2019-04-TN-0403

**Project Duration:** 11/01/2019 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$116,396

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$5,127.44

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to collaborate with 8 to 25 Tennessee nursing homes (NHs) to implement an evidenced-based tool called the Preferences for Activities and Leisure (PAL) Card. PAL cards assist NHs to communicate residents' important preferences for leisure and recreation to care team members, agency staff, or volunteers who interact with them. The 5x7 laminated PAL Cards provide a brief bio of each resident and a synopsis of the activities that bring them a sense of purpose, joy and engagement.

## Funded Entity(ies):

Miami University

## **Results of the Project:**

There were a total of 133 staff trained and 95 residents impacted through this project. The majority of participants were either very confident or extremely confident in their ability to conduct PELI interviews, identify a resident's important preferences, and create a PAL card. Of the providers who completed the exit interview, 86% reported plans to continue using PAL cards in their communities. In addition to evaluating the PAL cards with providers, the system was evaluated using a heuristic evaluation in which users responded to a number of usability questions. Overall, the evaluation of the PAL card module system yielded positive outcomes in regard to actions necessary to improve overall usability of the system.

Project Title: Compassionate Touch: A Practical Non-Pharmacological Approach to Ease Behavioral Symptoms, thereby Supporting Nursing Homes' Effort to Minimize the Use of Antipsychotic Medications for Dementia-related Behaviors

Unique Identifier: TN-0619-AUCTI-347/2019-04-TN-0625

Project Duration: 10/01/2019 to 03/30/2021

**Total Amount of CMP Funds Approved for this Project:** \$147,419

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to provide a non-pharmacological solution, Compassionate Touch (CT), to support nursing homes' effort to minimize the use of antipsychotic medications for dementia-related behaviors. CT is an evidence-informed approach combining skilled touch techniques and specialized communication shown to help prevent behavioral expression in people with dementia and reduce job stress

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

in care-partners. Benefits are expected to include decreased restlessness and physical discomfort, better sleep, and increased trust in caregivers.

### Funded Entity(ies):

Age-U-cate Training Institute, LLC

#### **Results of the Project:**

Results pending

Project Title: Engage Our Daughter's and Son's Project

Unique Identifier: TN-0719-KDSH-351/2019-04-TN-0701

**Project Duration:** 10/01/2019 to 09/30/2022

Total Amount of CMP Funds Approved for this Project: \$55,187

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$9,280

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement the iN2L Program, an integrative, person-centered digital technology program with activity, restorative care and therapy programs with over 4,000 applications designed to engage residents with a wide range of cognitive abilities. The program will be used to assist in achieving the nursing home goals of reducing the use of antipsychotic drugs and expanding and enhancing the restorative care program to reduce the rate of rehospitalization. Implementation of the program will offer fun, stimulating activities to help increase independence and maintain mobility by engaging residents, regardless of their physical and cognitive abilities.

#### **Funded Entity(ies):**

King's Daughters and Sons Home

### **Results of the Project:**

#### Tennessee

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

**Project Title: CARES Online Dementia Training** 

Unique Identifier: TN-0719-WSCC-356/2019-04-TN-0703

**Project Duration:** 10/01/2019 to 09/30/2022

Total Amount of CMP Funds Approved for this Project: \$350,254

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to offer online, video-based dementia training through the CARES Dementia Basics curriculum, the only online dementia care training directly recommended by CMS. Up to 350 CNAs will be recruited from an East Tennessee, ten-county region. All 33, one-hour modules will be held on local high school computer labs or other local facilities. At the end of the course, participants will take a credentialing exam. Upon completion of the first program, participants will have the option to take the Alzheimer's Association essentiALZ certification exam. Although the certification exam will not be directly offered through this project, participants will be informed of the certification, the cost, and how it can be obtained.

#### Funded Entity(ies):

Walter's State Community College

#### **Results of the Project:**

Results pending

Project Title: Regional Collaboration for Quality Improvement in Long Term Care

Unique Identifier: TN-0718-UI-116/2018-04-TN-0709

**Project Duration:** 03/01/2019 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$495,732.64

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

CAC submits the attached two-year proposal for \$495,548 in CMP funding to develop a statewide system of Regional Healthcare Quality Improvement Collaboratives that bring together Tennessee nursing facilities for quality improvement. CAC has created, implemented, and refined this innovative quality improvement approach over the last four years in Indiana and in doing so has demonstrated skill and expertise in

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

designing, implementing, and evaluating projects; in developing collaborations and partnerships among key stakeholders; and in committing to a system-wide approach to quality improvement that leads to transformational change.

#### Funded Entity(ies):

University of Indianapolis Center for Aging & Community

#### **Results of the Project:**

Results pending

**Project Title: Baby Grand Player Piano** 

Unique Identifier: TN-0918-SHCPC-146/2018-04-TN-0904

**Project Duration:** 05/01/2019 to 05/01/2020

Total Amount of CMP Funds Approved for this Project: \$10,645

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Applicant seeks to provide nursing home residents with a piano, installed in the facility's main dining room. The main dining room serves the majority of the resident population and the piano's placement there will help to increase resident engagement.

#### **Funded Entity(ies):**

Signature Healthcare of Putnam County

#### **Results of the Project:**

There were a total of 60 nursing home residents impacted through this project. As a result of this project, the nursing home reported continued progress with a reduction in anti-psychotic medication use; reduction in weight loss; and a reduction in falls. The nursing home also experienced an increase in resident attendance in the dining room program and the number of volunteers coming to the facility prior to the COVID-19 pandemic.

#### Tennessee

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

**Project Title: Certified Eden Associate Training** 

Unique Identifier: TN-0518-UVWNH-070/2018-04-TN-0531

**Project Duration:** 10/01/2018 to 09/01/2019

Total Amount of CMP Funds Approved for this Project: \$29,020

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$28,020

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Uplands Village and Wharton Nursing Home request CMP funds to establish Certified Eden Associate Training for a total of 50 long-term and skilled nursing employees, 16 ancillary employees, and/or 8 residents/family members. The content of Certified Eden Associate Training is based on ten guiding principles (see <a href="http://www.edenalt.org/about-the-eden-alternative/mission-vision-values/">http://www.edenalt.org/about-the-eden-alternative/mission-vision-values/</a>) as well as seven domains of well-being: identity, connectedness, security, autonomy, meaning, growth, and joy.

## Funded Entity(ies):

Uplands Village

#### **Results of the Project:**

62 workshop participants participated. Of those surveyed, there was a positive change in the following: person-centered care, relationship building, getting to know residents better and getting to know staff members better.

**Project Title: LifeBio in Tennessee** 

Unique Identifier: TN-0918-LBI-147/2018-04-TN-0902

**Project Duration:** 03/01/2019 to 02/29/2020

Total Amount of CMP Funds Approved for this Project: \$103,656.97

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$102,321.55

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The primary goals of the LifeBio project are to help recognize the life stories of each resident and to foster meaningful Intergenerational relationships. The applicant expects participating residents to feel empowered from these strengthened connections: reducing feelings of loneliness and helplessness. Staff are expected to experience greater job satisfaction and less turnover as a result of the project. LifeBio serves every

#### **Tennessee**

TN CMP Funds Expended for Administrative Uses in CY 2020: \$182,060.05

TN CMP Funds Expended for Emergency Uses in CY 2020: \$0

TN Active CMP Funded Projects in CY 2020: 20

population within long-term care facilities and its various benefits to cognitive abilities are applicable to residents of all ages.

### Funded Entity(ies):

LifeBio, Inc.

#### **Results of the Project:**

There were a total of 225 nursing home residents impacted through this project. LifeBio had a significant positive impact on the participating residents with 89% stating they enjoyed their story and 75% felt it was important for them to create a record of their life story. Additionally, 89.5% of participating residents reported that it is important to know an individual's life story and that it increases person-centered care and engagement.

## Illinois

IL CMP Funds Expended for Administrative Uses in CY 2020: \$0

IL CMP Funds Expended for Emergency Uses in CY 2020: \$0

IL Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

#### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

Project Title: Emergency and Disaster Planning and Management for Long Term Care

Unique Identifier: IN-0518-ISDH-062

**Project Duration:** 09/01/2018 to 08/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$175,000

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$160,053.05

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will develop training that will give long term care staff the foundational knowledge, best practices, and practical experience needed to create detailed emergency management plans, meet new Centers for Medicare and Medicaid Services regulations on emergency planning, and provide the highest quality of care for older adults, regardless of circumstances.
- b) This project will increase the number of long-term care facilities with a well-developed emergency plan and allow staff to experience a tabletop exercise that mimics an emergency / disaster situation.
- c) This project will benefit the resident by providing a safe and secure environment in the event of an emergency/disaster situation.
- d) The primary target audience would be long-term care facility administrative staff, environmental staff and corporate staff.

### Funded Entity(ies):

University of Indianapolis Center for Aging and Community (Project Coordinator)

#### **Results of the Project:**

The curriculum has been comleted. There were six courses offered throughout the state. The course is a two day, face-to-face with two weeks in between to develop plan, identify concerns and issues, and then return for discussion and problem solving. The training also includes a table top exercise. In 2020, COVID-19 required the in-person training to be put on hold from March through October. During that time the educational program was converted to a virtual format for a safe delivery to the attendees. To date, the Emergency Preparedness training program has successfully trained 69 healthcare individuals. There are plans for two additional trainings in February and March of 2021.

**Project Title: Conversations on Advanced Care Planning in Nursing Homes** 

Unique Identifier: 2018-IN-045

**Project Duration:** 10/01/2017 to 06/30/2021

#### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

Total Amount of CMP Funds Approved for this Project: \$332,360

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$99,358.09

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will implement improvements to advance care planning in nursing homes.
- b) It will focus on person-directed culture, resident quality of life, and resident choice. The most important component of advance care planning is the initial conversation about one's health care wishes.
- c) This will improve nursing home resident quality of care and quality of life. Staff will be trained in the skill of conducting advanced care planning conversations with residents and families to determine the residents goals and wishes regarding end of life decisions.
- d) The target audience would include nursing staff, social service staff, residents and families.

## Funded Entity(ies):

University of Southern Indiana (Project Coordinator); Respecting Choices

#### **Results of the Project:**

Recruited 15 nursing homes with five staff from each nursing home (NH). Training was developed based on Respecting Choices and Last Steps concepts related to advanced care planning. In 2020, COVID-19 required the in-person training meetings to be put on hold from March though October. This project was focused in southwest (SW) Indiana nursing homes. To date the following has been completed — Eight SW Indiana nursing homes have partnered with the iDecide Advanced Care Planning (ACP) project, twelve Respecting Choices ACP Advance Steps Facilitator Training Sessions have e been conducted, sixty-three nursing home staff have been certified as Respecting Choices Advance Steps ACP Facilitators and twelve interactive educational sessions offered for nursing home residents and families have been conducted. Currently, there is additional work with a SW Indiana health system with several nursing homes to replicate the ACP process in their nursing homes.

**Project Title: Prevention of Abuse and Neglect in Long Term Care** 

Unique Identifier: 2018-IN-046

Project Duration: 09/01/2018 to 10/31/2021

Total Amount of CMP Funds Approved for this Project: \$250,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$79,168.44

#### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

## Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project seeks to increase awareness of abuse and neglect.
- b) Participants will improve their knowledge, skills and abilities related to the prevention of abuse and neglect in nursing homes. The training will include active listening techniques, signs of triggers for abuse and neglect, and best practices prevention of abuse and neglect.
- c) The benefit to nursing home residents will be a nursing home staff that takes increased responsibility for preventing abuse and neglect. The training seeks to ensure that facilities have the resources and tools necessary to provide a high quality of healthcare. Our ultimate goal is to benefit residents through the prevention of abuse and neglect.
- d) The audience would include administrative and nursing staff, in addition to the facility education leaders.

## Funded Entity(ies):

The University of Indianapolis Center for Aging and Community (Project Coordinator)

### **Results of the Project:**

Curriculum completed. 2019-2020 -Twelve courses total will be offered throughout the state: Three-North; Six- Central and Three- South with twenty-five to fifty participants per session. Content includes signs and symptoms of abuse and neglect, defining, reporting and responding to situations, stress triggers, conflict resolution, de-escalation, and social media. CY2020 -COVID-19 required the in-person training to be put on hold from March - October. During that time the educational program was converted to a virtual format for the safer delivery to the attendees. To date the training program has successfully trained thirty-nine long term care healthcare workers. There are plans for four live course in February, March, May and June of 2021. The course will also be converted to an on-demand modules for future use and to be available to more healthcare workers.

**Project Title: Infection Prevention in Long Term Care** 

Unique Identifier: IN-0718-UI-111/2018-IN-047

Project Duration: 09/01/2018 to 09/30/2021

**Total Amount of CMP Funds Approved for this Project**: \$300,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$99,539.91

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

#### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

- a) The project proposes a three-part project to give nursing homes the resources and tools needed to enhance their infection prevention programs.
- b) Project activities include a course for long-term care staff on best practices for infection prevention, a stand-alone training package that buildings can implement on their own, and a stand-alone education package for buildings.
- c) Teaching infection prevention best practices to nursing facility staff throughout the state ensures the best implementation of infection prevention skills and provide significant benefit to the residents. This training provides staff with innovative best practices for providing a safe and healthy environment and care for the residents.
- d) The audience would include administrative and nursing staff, in addition to the facility education leaders. The staff can use the information to educate families and residents on their role in infection prevention.

#### Funded Entity(ies):

The University of Indianapolis Center for Aging and Community (Project Coordinator)

#### **Results of the Project:**

Curriculum development including: hand hygiene, disease specific preventions, treatment, and management (CDI, MRSA, CRE, sepsis, UTIs, and pneumonia), role of the Infection Preventionist (IP), antibiotic stewardship and Quality Assessment Performance Improvement (QAPI) for Infection Control. In 2020, COVID-19 required the in-person training to be put on hold from approximately March through October. During that time the educational program was converted to a virtual training format for the safer delivery to attendees. To date, the current training program has successfully trained 109 healthcare professionals. A virtual infection prevention course was held in November 2020. There are plans for 3 virtual trainings in 2021.

**Project Title: Indiana Healthcare Leadership Conference Project** 

Unique Identifier: IN-0319-ISDH-243

**Project Duration:** 07/01/2019 to 09/30/2022

**Total Amount of CMP Funds Approved for this Project**: \$497,025

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The project will implement three healthcare conferences during calendar years 2019-2021, providing an opportunity for long term care leaders to improve the care to their residents.

#### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

- b) At each conference, healthcare leaders will hear current evidence-based practices on quality of life and quality of care concerns and will receive materials that can be used to educate staff, residents and/or families.
- c) Participants will be able to implement best practices from conference information that will improve both the quality of care and quality of life for residents. Conference materials will be provided that can easily be implemented in a timely manner.
- d) The target audience is all long-term healthcare workers.

## Funded Entity(ies):

Travel Leader/ Brookshire Management

#### **Results of the Project:**

This project contract was not completed until February 2020. Initial plans had been started for a Leadership Conference late summer or early fall of 2020. COVID-19 required the postponing of the inperson conference. COVID-19 activity have not allowed for the rescheduling of the next conference. Discussion have been done with the suggestion of smaller local conference throughout Indiana or virtual conference. Discussion will resume in February/March 2021 regarding the next Leadership Conference.

Project Title: Building a Dementia Competent Nursing Home Workforce

Unique Identifier: IN-0518-USI-063

**Project Duration:** 09/01/2018 to 08/30/2021

Total Amount of CMP Funds Approved for this Project: \$835,727

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$193,502.49

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this three-year project is to improve the quality of life among elders living with dementia in Indiana nursing homes by improving knowledge and skills among caregivers.
- b) It includes providing Positive Approach to Care (PAC) dementia education to nursing home staff.
- c) This project will educate healthcare workers in techniques that are successful in providing care and treatment to dementia residents. Teepa Snow's Positive Approach to Care (PAC) techniques and concepts will be provided to different levels of long-term care staff. The staff will include nurse aides, nurses, educators and administrative staff. As long-term care staff become better educated in techiques to care for residents, especially dementia residents, certain behaviors, outburst, physical and emotional reactions can be reduced.

#### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

d) The target audience will include all levels of long-term healthcare workers. Facility staff will also be able to train families.

### Funded Entity(ies):

University of Southern Indiana

#### **Results of the Project:**

Curriculum was completed. In 2019, Certified Independent Trainers and Coaches in 20 Skilled Nursing Facilities (SNFs) were trained. Trained 25 Nurse Aide Training and Competency Evaluation Program (NATCEP) and clinical sites in Positive Approach to Care (PAC) techniques. Implemented PAC curriculum in SNFs orientation. Working on incorporating into Indiana Nurse Aide Training Curriculum. In 2020, this project utilizes the PAC developed by dementia training expert Teepa Snow. Most of the training sessions have been converted to a virtual format, allowing for the continuation of the training. A total of 65 Certified Nurse Aide (CNA) PAC Trainer/Coach professionals were trained. Sixteen (16) Certified Nurse Aide Training Programs were involved in this training. To date over 130 trained learners have attended the certification classes. Over 1200 participants have been reached by the trained learners in 15 Indiana counties.

Project Title: Accelerated Antimicrobial Stewardship for "At Risk" Skilled Nursing Facilities: Reducing the Impact of Multidrug Resistant Organisms (MDROs) and C. difficile on Resident Quality of Life.

Unique Identifier: IN-1219-ARS-497

**Project Duration:** 07/01/2020 to 06/30/2023

Total Amount of CMP Funds Approved for this Project: \$1,062,432

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project's training will reduce the prevalence of Multi-Drug Resistant Organisms (MDRO) and *Clostridium difficile (C-diff)* colonization and infections in skilled nursing facilities through an effective Antimicrobial Stewardship Program (ASP).
- b) The ASP will include educational webinars for prescribers, nursing and pharmacy staff on optimal antimicrobial prescribing and the treatment of specific infectious diseases with a focus on improving the residents care and reducing complications. Regular one-on-one interactions between skilled nursing facility appointed contacts will be conducted and include case reviews, therapy optimization

### Indiana

IN CMP Funds Expended for Administrative Uses in CY 2020: \$47,537

IN CMP Funds Expended for Emergency Uses in CY 2020: \$0

IN Active CMP Funded Projects in CY 2020: 7

- and follow up referrals to physicians and specialists. Education related to ASP for residents and families will also be provided.
- c) The combination of a comprehensive ASP and a targeted focus on education incorporates facility specific data will enhance the resident care and improve the quality of life.
- d) The target audience will include healthcare workers, residents and families.

#### Funded Entity(ies):

Antimicrobial Resistance Solutions, Inc. (ARS)

#### **Results of the Project:**

This project is in the initial phase of development and facility recruitment and partnerships. There has been contact with Qsource, Indiana Department of Health (IDOH) Epidemiology department and IDOH Long Term Care Division. COVID-19 activity in facilities is also being considered with the planning and progression of this project. Moving to a virtual format is also being utilized when possible. The facility's identifying data and the data source is also being finalized.

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Project Title: United Methodist Retirement Community Foundation (UMRCF), also known as, Green House Training.

Unique Identifier: 2018-MI-051

**Project Duration:** 10/01/2018 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$207,070

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$25,761.79

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Green House Training. This is a 2-year training and immersion program on the Green House Model. The goal is to increase staff knowledge/skills to provide higher quality person centered care.

#### **Funded Entity(ies):**

United Methodist Retirement Community Foundation

### **Results of the Project:**

Results pending

# Project Title: ACE/NICHE also known as (Acute Care of the Elderly (ACE) / Nurses Improving Care for Healthsystem Elders (NICHE))

Unique Identifier: 2018-MI-053

**Project Duration:** 03/01/2017 to 02/28/2021

**Total Amount of CMP Funds Approved for this Project**: \$1,867,700

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$848,627.02

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Utilize NICHE assessment tools and ACE protocols to reduce hospital/emergency room readmissions for nursing home residents and to reduce medical costs.

### Funded Entity(ies):

Trinity Health Care

#### **Results of the Project:**

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Results pending

**Project Title: SMARTS** 

Unique Identifier: 2018-MI-054

**Project Duration:** 03/01/2018 to 02/28/2021

Total Amount of CMP Funds Approved for this Project: \$597,240

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$187,112.05

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to improve the quality of life in Shiawassee and Clinton County for their nursing home residents. This project will provide them with weekly, professionally conducted art activities and cultural programs. This project intends to impact resident's health by creating a sense of purpose, keeping the mind busy by engaging in art projects that allows them to be creative, express themselves, and increase socialization. Further benefits might include reducing isolation, alleviate boredom and possibly help with feelings of depression. The projects are expected to help with eye-hand coordination, cognitive abilities and concentration. The target audience is any resident in the two nursing facilities that would like to participate. The two facilities are Shiawassee County and Clinton County Nursing Homes.

#### **Funded Entity(ies):**

Shiawassee County Arts Council

#### **Results of the Project:**

Results pending

Project Title: Accelerating Quality Improvement for Long-Stay Residents in Michigan Nursing Homes Using Culture Change (AQIL)

Unique Identifier: 2018-MI-055/MI-0718-AI-104

**Project Duration:** 10/01/2018 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$1,114,650

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$276,447.77

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Our purpose of this project is to improve quality of care and quality of life for long-term stay residents in 6 facilities. This grant will provide a comprehensive series of trainings in the Eden Alternative Model, which includes training in person direct care, dementia care and leadership development.

Funded Entity(ies):

Altarum

**Results of the Project:** 

Results pending

**Project Title: Positive Approach to Care** 

Unique Identifier: MI-1218-BB-193

Project Duration: 04/11/2019 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$152,980

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$4,288.71

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The multi-year program will train staff to help improve residents' quality of care and quality of life, while also promoting a culture of improved care for future residents. Bay Bluff expects to see the following results: 1) Dementia Aware Community designation when at least 80% of the total staff completes Level 1 of the Positive Physical Approach; 2) Dementia Knowledgeable Community designation when 80% of the staff have graduated at PAC Level 1 and 75% care staff have graduated PAC level 2; 3) Dementia Community Skilled designation when the above is met plus 20% of care staff have completed PAC 3 level classroom sessions; 4) Dementia Competent Designation when the above criteria is met plus there is a routine system for annual checkup and recheck as well for new employee integration into the system that is in place and being used. These learned techniques will improve the day-to-day experiences and quality of life for residents, staff, and family members.

#### **Funded Entity(ies):**

Bay Bluffs Emmet County Medical Care Facility

#### **Results of the Project:**

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Results pending

Project Title: Online Ethics Training Highlighting Improvement in Care and Compliance in Skilled Nursing Facilities (O-ETHICCS)

Unique Identifier: MI-0718-WMU-103

**Project Duration:** 10/01/2018 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$378,230

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$127,828.83

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will improve the care and support of Michigan skilled nursing facilities (SNFs) through ethics, care and compliance training. The project leader will develop this training through a qualitative development project using surveys, interviews, and pilot trainings both in-person and via webinar. Then, the developed and tested content will be transferred to an online, self-directed, training environment that can easily be accessed by all designated individuals through their work or home computers. By the end of the project, all SNF staff in Michigan will have the opportunity to participate in training through a curriculum developed in Michigan.

#### Funded Entity(ies):

Western Michigan University

#### **Results of the Project:**

Results pending

**Project Title: Memory Care Program Enhancement Project** 

Unique Identifier: MI-1218-ALC-191

**Project Duration:** 04/01/2019 to 03/30/2020

Total Amount of CMP Funds Approved for this Project: \$26,700

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This Music and Memory Certification project is Step 2 of 4 steps in the goal of improving the Memory Care programs by integrating person-centered music into Life Enrichment programs. Advantage Living Centers will be working with the organization, Music and Memory at musicandmemory.org, to educate Memory Care team members in how to utilize music to help residents connect with themselves and their environment. The program will to teach the team members how to use music to effectively engage with residents at multiple levels. The organization has internationally assisted facilities to achieve certification and improve Dementia Care programming.

Funded Entity(ies):

Advantage Living Ctr.

**Results of the Project:** 

Results pending

**Project Title: The Heart of Home** 

Unique Identifier: MI-0818-UMRC-119

Project Duration: 10/01/2019 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$179,700

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$108,485.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will adopt the Action Pact model and provide Action Pact training to our caregiving staff with the purpose of improving care for low-income seniors requiring 24-hour skilled nursing care at Kresge Center. Through the Action Pact model, the culture of Kresge Center will change from a traditional "institutional" setting to one that feels like home, focusing on residents' needs and wishes, and offering greater autonomy to both the elder and their staff caregivers.

#### **Funded Entity(ies):**

United Methodist Retirement Community

#### **Results of the Project:**

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Project Title: Enriching Lives and Fall Prevention with Utilizing It's Never 2 Late (iN2L) Technology Project

Unique Identifier: MI-0619-SHRC-342

**Project Duration:** 10/01/2019 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$88,926.54

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$69,994.71

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement individualized interventions through the use of customizable engagement technology by launching the iN2L Program in their skilled nursing community. The goals of the project are to 1) reduce the number of falls and falls with an injury and 2) to improve quality of life for residents with diagnosis of dementia at the skilled nursing facility. The technology will allow residents to participate in meaningful, client-centered, individual programs created especially for them, which will subsequently reduce residents' restlessness, agitation, refusal for therapy restorative care and increase therapeutic stimulation, thus improving quality of life for residents diagnosed with dementia. This will enhance personcentered care for engagement and participation with the therapy restorative care program, increasing the endurance, gait strength, and balance of residents.

## Funded Entity(ies):

Shelby Health and Rehabilitation Center

#### **Results of the Project:**

Results pending

Project Title: Culture Change in Advanced Illness: A Person-Centered Healing and Wellness Intervention for Residents in Skilled Nursing Facilities

Unique Identifier: MI-0619-WSU-344

**Project Duration:** 10/01/2019 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$58,765

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$34,593.17

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

The one year project, developed with input from the residents' council at the Village of East Harbor (VHE), will focus on enhancing satisfaction and quality of life for 60 skilled nursing residents with advanced illness. The project will involve 1) education and training for 10 VHE staff members; 2) a person-focused intervention offering options for Healing Touch, aromatherapy, and/or companionship and video or phone visits; and 3) enhancement of pre-death and after-death protocols with staff member, resident and family input.

Funded Entity(ies):

Wayne State University

**Results of the Project:** 

Results pending

**Project Title: Resident Engagement Project** 

Unique Identifier: MI-0619-CRHA-346

**Project Duration:** 10/01/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$57,348

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The proposed project will utilize the It's Never 2 Late (iN2L) technology to provide resident-centered, meaningful activity programming. Residents, family members, staff, and volunteers will be trained on utilizing the programs provided by iN2L to increase resident engagement and interaction. The project's overall goal is to reduce the number of psychotropic medications (i.e., antipsychotics, antidepressants, and anxiolytics) prescribed.

#### **Funded Entity(ies):**

Christian Rest Home Association (DBA) Edison Christian Health Center

#### **Results of the Project:**

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

**Project Title: LEAN Management Systems and Tiered Huddles** 

Unique Identifier: MI-0619-MCMCFC-349
Project Duration: 10/01/2019 to 09/30/2021

**Total Amount of CMP Funds Approved for this Project**: \$307,329

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$128,424.92

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project utilizes innovative approaches to improve resident quality of life, resident safety, and promote person-directed values through LEAN and Lean Management System (LMS) and daily tiered huddles. LMS tools focus on understanding and meeting resident needs exactly (no waste) through tiered communication huddles. Twenty-five Michigan County Medical Care Facilities (MCMCF) will participate in daily tiered huddles training, a structured data-driven approach as requested by members. The final phase of the project will include a 3-facility pilot to adapt and test other LMS tools for future projects.

## Funded Entity(ies):

Michigan County Medical Care Facilities Council or MCMCFC

#### **Results of the Project:**

Results pending

Project Title: Honor Nursing Home Residents Healthcare Wishes Across the Continuum of Care Project

Unique Identifier: MI-0719-GLHC-357

**Project Duration:** 10/01/2019 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$180,952

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$40,345.03

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will utilize the Respecting Choices model of advance care planning to pilot the creation of education, training, and systems in nursing homes to ensure that resident's healthcare wishes are being honored along the continuum of care. The project will include: group presentations provided to residents and their loved ones about advance care planning (ACP) to increase knowledge and dispel speculative

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

beliefs, facilitate conversations with residents, their chosen Patient Advocate and loved ones to discover what matters most to them and create clear advance directives that can guide clinical decision making reflecting their goals, values and beliefs. Written advance care planning educational materials will be developed for residents and their loved ones to be included in new resident welcome packets. The overall goal of the project is to empower nursing homes to know how to honor a person's choices for healthcare.

#### Funded Entity(ies):

**Great Lakes Health Connect** 

#### **Results of the Project:**

Results pending

**Project Title: Savvy Skilled Dementia Care** 

Unique Identifier: MI-0719-HCAM-361

**Project Duration:** 10/01/2019 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$682,468

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$712,898.31

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement the Savvy Skilled Dementia Care (SSDC) QAPI training model that will improve the individualized care and enhance person-centered dementia capable culture in Michigan skilled nursing facilities (SNFs). Adapted from the evidence-based Savvy Caregiver Program, SSDC is founded in person-centered, empowerment-oriented education. The project will enable SNF staff to effectively modify strategies to discover what contributes to the resident with dementia feeling content, engaged, and enriched in everyday life.

#### **Funded Entity(ies):**

Health Care Association of Michigan or HCAM

#### **Results of the Project:**

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

**Project Title: TRSP-2018 Transition Specialist Role** 

Unique Identifier: 2018-MI-052

Project Duration: 01/01/2018 to 09/30/2021

**Total Amount of CMP Funds Approved for this Project**: \$1,535,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$596,324.30

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this grant is to develop and implement a program that will train and support long term care certified nursing assistants (CNAs) to serve as Transitional Specialists. They will first meet the resident in the hospital setting and stay with them throughout their nursing home stay and will work with families when it comes time to return home.

#### Funded Entity(ies):

Trinity Health Care

#### **Results of the Project:**

Results pending

**Project Title: The Culturally Responsive Rainbow Care Project** 

Unique Identifier: MI-0120-GEMD-531

**Project Duration:** 04/01/2020 to 03/31/2023

Total Amount of CMP Funds Approved for this Project: \$1,385,823.05

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$265,291.63

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Create culture change to improve the care of lesbian, gay, bisexual, transgender and queer or questioning (LGBTQ) residents through training and education, information and materials and outreach.

#### Funded Entity(ies):

Gay Elders of Metro Detroit dba SAGE Metro Detroit

#### **Results of the Project:**

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Results pending

**Project Title: Brain Injury Training** 

Unique Identifier: MI-0120-MPHI-535

**Project Duration:** 04/01/2020 to 03/31/2023

**Total Amount of CMP Funds Approved for this Project**: \$543,282

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$2,432.83

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is to create a training program empowering nursing home staff to provide residents with brain injuries the individualized and evidence-based care they need to feel supported and experience the best possible health and quality of life outcomes.

#### Funded Entity(ies):

Michigan Public Health Institute

#### **Results of the Project:**

Results pending

# Project Title: Outdoor Recreation Biking Activity and Interactive Art-Dementia Unit Program

Unique Identifier: MI-0120-GTP-534

**Project Duration:** 04/01/2020 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$22,050

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$22,050

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The nursing facility aims to increase resident engagement by purchasing two motored bicycles capable of taking residents with significant physical and/or cognitive limitations on rides and providing residents with interactive tree art that will orient them to changes in the seasons.

## Michigan

MI CMP Funds Expended for Administrative Uses in CY 2020: \$140,950 MI CMP Funds Expended for Emergency Uses in CY 2020: \$359,821.17

MI Active CMP Funded Projects in CY 2020: 19

Funded Entity(ies):

**Grand Traverse Pavilion** 

**Results of the Project:** 

Results pending

**Project Title: The Evergreen Experience (TEE) Person-Centered Horticulture Therapy** 

**Program for Seniors** 

Unique Identifier: MI-0120-TEE-541

**Project Duration:** 04/01/2020 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$56,327

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$25,640

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

Life enrichment activities provided through multiple horticulture projects that allow for engagement by residents.

Funded Entity(ies):

The Evergreen Experience (TEE)

**Results of the Project:** 

#### Minnesota

MN CMP Funds Expended for Administrative Uses in CY 2020: \$73,111.24

MN CMP Funds Expended for Emergency Uses in CY 2020: \$0

MN Active CMP Funded Projects in CY 2020: 5

Project Title: Joint Provider and Surveyor Training for Revised Requirements of

**Participation** 

Unique Identifier: 2018-MN-057

Project Duration: 11/06/2017 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$90,075

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,027.78

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) The purpose of this project is to provide training to aid participants in understanding the new requirements of participation for federally certified (Medicare and Medicaid) nursing homes.

- b) The MN Department of Health (MDH-Survey Agency) and the MN Department of Human Services (DHS-Medicaid) will hold joint provider/surveyor training sessions, in multiple statewide locations, on revised CMS regulations.
- c) The knowledge gained through this training will enable facilities to institute practices and programs that incorporate the quality of life and quality of care focus found in CMS regulations.
- d) Facility residents, staff and leadership statewide, facility surveyors, provider organizations, and resident advocacy organizations.

#### **Funded Entity(ies):**

MN Department of Human Services (DHS), with work carried out through contracts with subject matter expert speakers and statewide training venues

#### **Results of the Project:**

Two rounds of statewide training sessions were held, each spread throughout the state at four different locations. These day-long training sessions provided training to over 2,000 attendees, including representatives from the State Medicaid Agency, Survey Agency, the Office of Ombudsman for Long-Term Care and provider organizations, in addition to facility staff. Over 75% of facilities statewide had representatives attending. Final results pending

**Project Title: Sexual Abuse in Nursing Homes** 

Unique Identifier: 2018-MN-058

**Project Duration:** 10/04/2018 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$385,500

#### Minnesota

MN CMP Funds Expended for Administrative Uses in CY 2020: \$73,111.24

MN CMP Funds Expended for Emergency Uses in CY 2020: \$0

MN Active CMP Funded Projects in CY 2020: 5

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$112,709.15

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to help provide nursing facility residents with a safer environment in which to live.
- b) The MN Office of Ombudsman for Long-Term Care will enlist a project manager to coordinate the development of a training video and curriculum on sexual abuse in nursing homes.
- c) The tools and training developed through this project will educate individuals on how to prevent, identify, and respond to the sexual abuse of residents in nursing homes, including the provision of follow-up care.
- d) Facility residents; family; staff; leadership and resident and family councils statewide; law enforcement and community organizations; resident advocacy organizations.

#### Funded Entity(ies):

MN Department of Human Services; Office of Ombudsman for Long-Term Care, contracted entities for video production, curriculum development and subject matter experts.

#### **Results of the Project:**

Results pending

# Project Title: Person-Centered Care Practices that Transforms How Care Partners Think, Feel and Act Toward a Person Living with Dementia

Unique Identifier: MN-1018-ATI-161

**Project Duration:** 08/26/2019 to 09/01/2022

Total Amount of CMP Funds Approved for this Project: \$250,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$64,950

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will provide Dementia Live training; an interactive live experiential simulation program that promotes a unique "inside-out" perspective of cognitive and sensory impairment. The training will allow two distinct participation levels that facilities will be able to select from: basic level and advanced level.
- b) Training participants will gain a heightened understanding of the Dementia experience

#### Minnesota

MN CMP Funds Expended for Administrative Uses in CY 2020: \$73,111.24

MN CMP Funds Expended for Emergency Uses in CY 2020: \$0

MN Active CMP Funded Projects in CY 2020: 5

- c) This training will aid facility staff in the care of residents by fostering empathy and by providing practical tools that can improve the quality of care for older adults living with dementia
- d) Residents and their facility caregivers

## Funded Entity(ies):

MN Department of Human Services (MN-DHS) (to fund selected MN Nursing Homes with grant monies to access this training)

### **Results of the Project:**

Results pending

**Project Title: Cycling Without Age (CWA)** 

Unique Identifier: MN-0219-CWA-219

**Project Duration:** 12/07/2019 to 01/01/2023

Total Amount of CMP Funds Approved for this Project: \$184,980

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$57,032

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project enables up to 30 MN nursing facilities to establish Cycling Without Age (CWA) bicycle trishaw ride programs.
- b) Provides equipment and training to establish and sustain local (CWA) chapters, train ride captains and facility staff on issues related to resident rides and how to sustain ride programs, as well as the use and care of equipment.
- c) CWA offers a unique bicycling ride program that "connects" residents through interaction with volunteer pilots and other ride participants, offers residents a unique form of outdoor recreation, and helps reconnect residents with the community outside the nursing facility.
- d) Partcipating nursing homes and community residents

#### Funded Entity(ies):

MN Department of Human Services (MN-DHS) (to fund selected Nursing Homes with grant monies to access this programming)

### **Results of the Project:**

#### Minnesota

MN CMP Funds Expended for Administrative Uses in CY 2020: \$73,111.24

MN CMP Funds Expended for Emergency Uses in CY 2020: \$0

MN Active CMP Funded Projects in CY 2020: 5

**Project Title: Controlled Substance Diversion Prevention and Mitigation in Nursing Facilities** 

Unique Identifier: MN-0318-MDH-006

**Project Duration:** 12/07/2018 to 01/01/2022

Total Amount of CMP Funds Approved for this Project: \$68,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$4,469.43

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to prevent and mitigate the incidence of controlled substance diversion in MN nursing facilities.
- b) This project will produce a "roadmap" of best practices, several in-person training sessions, as well as practical tools and resources, to assist facilities in the identification and mitigation of controlled substance diversion. Best practice recommendations will also be tested during a pilot implementation in a select group of nursing facilities. The roadmap and tools will be made available to all facilities.
- c) The knowledge gained through this education and training will benefit facility residents by helping to ensure that their medications are secure and free from tampering, that their health care providers are not impaired, and that residents' medical conditions (inclduing pain management) are being effectively managed.
- d) Facility residents and staff statewide.

#### Funded Entity(ies):

MN Department of Human Services (MN-DHS) and a contract with Apiari LLC

#### **Results of the Project:**

Interim results: First round of provider training held, and second round of training scheduled for May 2020. Production of provider toolkit (Pathway to Prevent Diversion of Controlled Substances in Long-Term Care) and posted on web:

https://static1.squarespace.com/static/54cbccd8e4b0ee6e21f7bb7b/t/5d543eedf3953d0001c9b927/156580 2223797/Final+%202019+MN+CS+Diversion+Pathway.pdfIlli. Final results pending

#### Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

**Project Title: Compassionate Touch** 

Unique Identifier: OH-1118-ATI-182

**Project Duration:** 04/01/2019 to 3/31/2022

Total Amount of CMP Funds Approved for this Project: \$687,904

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$240,606

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

The project will provide a non-pharmacological solution, Compassionate Touch® (CT), to help reduce unnecessary use of antipsychotic medication in dementia care while actively engaging nursing home residents, staff members, and family-care partners. The three year project will enlist approximately 140 nursing homes across geographically diverse areas in Ohio. Activities will consist of facility recruitment, project promotion, on-site staff training, CT Coach (train-the trainer e-learning workshop) training, in-house training, and project support through data analysis and reporting. In addition, the project aims to reduce physical, verbal, and other behavioral symptoms, decrease rejection of care, and decrease the use of antipsychotic medications by residents. The project also aims to achieve a 95% staff competency score using Dementia Live competency tools and a 95% completion rate for in-house training for staff and family caregivers.

## Funded Entity(ies):

AGE-u-cate Training Institute (ATI)

**Results of the Project:** 

Results pending

**Project Title: Dementia Live** 

Unique Identifier: OH-0219-ATI-224

**Project Duration:** 04/01/2019 to 03/31/2022

Total Amount of CMP Funds Approved for this Project: \$760,189

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$265,952

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

## Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

The purpose of this project is to improve the quality of care and quality of life of long-stay nursing home residents in Ohio who have dementia or dementia related conditions. This will be achieved with Dementia Live®, an experiential learning program simulating cognitive and sensory impairments, giving participants real-life experience of living with dementia. Through the Dementia Live® program, participants are empowered with new tools for improved communication skills and care practices that can be implemented as they go about their work in the nursing home. These improved communication skills and care practices will ultimately help decrease resident behavioral symptoms that arise from dementia and dementia related conditions and will help increase resident well-being. The specific goals and objectives of this project are to reduce physical, verbal, and behavioral symptoms and decrease rejection of care among participating residents. Goals also include a 95% staff competency score using Dementia Live competency tools and a 95% completion rate for in-house training for staff and family caregivers.

### Funded Entity(ies):

AGE-u-cate Training Institute (ATI)

**Results of the Project:** 

Results pending

Project Title: It's Never Too Late (iN2L)

Unique Identifier: 2018-OH-078

Project Duration: 07/01/2018 to 06/30/2021

Total Amount of CMP Funds Approved for this Project: \$100,170

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$25,951

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to use a picture-based touchscreen computer system to help reduce the effects of institutional isolation among nursing home residents.
- b) At least ten staff members or volunteers will be trained to use the iN2L computer system. These individuals will then assist residents to use the system. A nursing home staff member will be designated to facilitate the iN2L program. Monthly training webinars and quarterly best practices group calls will be provided for the duration of the project.
- c) Residents will benefit by having greater connection with family and friends and the community at large, greater participation in mind stimulating activities, more opportunities to learn new skills and hobbies, improved eye-hand coordination when used as part of a rehabilitation program, and enhanced individual and group activities.

### Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46 OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

d) The staff and volunteers of Concordia at Sumner Nursing Home.

Funded Entity(ies):

Concordia at Sumner

**Results of the Project:** 

Results pending

**Project Title: SNFClinic** 

Unique Identifier: OH-0919-SNF-418

**Project Duration:** 11/01/2019 to 10/31/2022

**Total Amount of CMP Funds Approved for this Project**: \$746,400.23

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$224,739.53

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant requests funding to implement an electronic learning management system (eLMS) across 15 nursing facilities. Through developed in-service trainings and videos, the applicant seeks to provide nursing staff instructions on how to perform nursing skills ranging from basic to advanced. The applicant will also provide the participating nursing facilities with checklists and premade operating procedures to help nursing staff better adhere to changing regulations. Results from the trainings, procedure implementations, and ongoing communication will be tracked by the applicant for the duration of the project. This project aims to reduce survey deficiencies, improve scope and severity survey tags, and improve overall survey compliance, thereby increasing resident satisfaction and person-centered care.

## Funded Entity(ies):

Long Term Care Consultants, LLC

**Results of the Project:** 

### Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

Project Title: Increasing the Preference-Based Care of People in Ohio's Nursing Homes with a Special Focus on People Living with Dementia

Unique Identifier: OH-0719-MUSGC-362

Project Duration: 10/01/2019 to 9/30/2022

**Total Amount of CMP Funds Approved for this Project:** \$1,355,308

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$445,891.33

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Increasing the Preference-Based Care of People in Ohio's Nursing Homes with a Special Focus on People Living with Dementia Project builds on previous funding from National Institutes of Health. Alzheimer's Association, The Donaghue Foundation, and the Ohio Department of Medicaid (ODM) to translate the Preferences for Everyday Living Inventory (PELI) data into daily care practices. The project seeks to accomplish new goals within the context of ODM's Quality Strategy. First, to "continuously improve population health and healthcare quality," the application will build upon prior quality assurance deliverables to add a pragmatic audit trail for providers to track their process of PELI assessment to the integration of preferences into care plans, and develop and offer quality improvement projects (QIPs) approved through the Ohio Department of Aging (ODA) that will focus on assessing preferences for people with moderate to severe dementia, as well as communicating those preferences across different care team members and shifts. Second, the applicant will align with the ODM Quality Strategy of "promoting value over volume" through educational outreach as well as creating tools and resources to address barriers articulated by providers. The applicant will develop materials from an evidence-based program for easy-to-use interventions that direct care staff can implement in their work with people living with dementia. To address the barriers to communication that individuals living with dementia may experience in the nursing home, the applicant will augment the PELI with visual cues that are tested with individuals with mild dementia.

#### Funded Entity(ies):

Miami University and the Scripps Gerontology Center

**Results of the Project:** 

Results pending

**Project Title: Opening Minds Through Art, Phase II** 

Unique Identifier: OH-0519-SGC-315

**Project Duration:** 10/01/2019 to 09/30/2023

## Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

Total Amount of CMP Funds Approved for this Project: \$872,907

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$305,558

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Opening Minds Through Art (OMA) is an evidence-based, intergenerational art-making program for residents with dementia. It is designed to provide opportunities for creative self-expression and social engagement for residents with Alzheimer's disease and other forms of neurocognitive disorders. The program is also aimed at providing students with opportunities to develop positive attitudes and effective communication skills when interacting with older adults with dementia. In addition, the project aims to assess the OMA Facilitator Training and program implementation in order to improve training techniques and to ensure program fidelity. Applicant plans to provide OMA to 40 Ohio nursing homes paired with 40 University of Ohio students preparing to become physicians, nurses, occupational therapists, and speech therapists. The current request is a three-year extension to a previous, three-year OMA project.

### Funded Entity(ies):

Miami University and the Scripps Gerontology Center

#### **Results of the Project:**

Results pending

**Project Title: Nursing Facility Competency Certification** 

Unique Identifier: OH-0919-PMR-416

**Project Duration:** 12/01/2019 to 06/30/2022

Total Amount of CMP Funds Approved for this Project: \$268,071.95

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$190,525.84

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a vendor, aims to provide up to 80 nursing facilities with competency-based training designed to improve staff competency and compliance with current requirements. The applicant will develop and implement a train-the-trainer certification series for nursing facility leadership, which will assist participants in implementing competency-based trainings in their own facilities. The initial two-day training is followed by a 90-day practice implementation period during which the participants will implement at least one competency program area for their staff. During the 90-day period, participants will be required to

## Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

complete at least three of the 12 on-demand training webinars, each covering a different competency topic area. At the end of the training, participants will receive certifications and are expected to continue to develop their competency-based training program within their facilities.

## Funded Entity(ies):

**Proactive Medical Review** 

#### **Results of the Project:**

Results pending

**Project Title: Person Directed Dementia Care** 

Unique Identifier: 2018-OH-079

**Project Duration:** 08/01/2018 to 01/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$445,478

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$35,017.29

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this project is to support the continued reduction of antipsychotic medications through person-directed care practices that redefine perceptions of and approaches to dementia care.
- b) This project will offer both online and in-person group education, self-directed application of skills, resources for ongoing education, and the opportunity to engage with other nursing homes in the state in pursuit of best practices.
- c) Residents will benefit from the reduced use of antipsychotics by experiencing improved overall wellbeing and quality of life. Unmet needs that may be triggering challenging behaviors will be identified. Direct care staff will be empowered to work collaboratively and compassionately with individuals living with dementia, and negative attitudes, fears, and outdated perceptions of dementia will shift so residents' needs may be truly heard.
- d) Approximately 100 nursing homes in the state and their staff.

#### **Funded Entity(ies):**

State Long-Term Care Ombudsman

#### **Results of the Project:**

This project resulted in a 7.7% reduction in antipsychotic medication use among nursing facility residents in the 152 facilities that participated in the project. This was the project's main goal and was met, as the

### Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

expected outcome for the reduction of antipsychotic medications was a 5% overall reduction. During this same time period, there was a lesser 5.7% reduction in long-stay antipsychotic medication use among residents in non-participating Ohio nursing facilities. Results for antipsychotic medication use were measured using quarterly Minimal Data Set (MDS) data for long-stay antipsychotic use. In addition, participating nursing facilities reported the following project outcomes: enhanced resident/care partner interactions; increased employee engagement; reduced resident agitation; decrease in resident falls; decrease in resident weight loss; decrease in resident rehospitalizations; and improvement in residents' sleep.

**Project Title: Nurse Leadership** 

Unique Identifier: 2018-OH-169

**Project Duration:** 01/01/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,049,124

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$270,880.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to provide leadership training to 72 registered nurses in nursing facilities throughout Ohio in order to improve staff retention, resident satisfaction and family satisfaction. By providing nurse leaders with enhanced leadership skills, the applicant seeks to decrease each participating nursing facility's direct care staff turnover rate by 5% in CY 2017, with additional 1% decreases in CY 2018 and CY 2019. This will be measured using facilities' human resource records and documentation. The applicant also seeks to increase each participating facility's scores on the resident and family satisfaction surveys that have been developed specifically for this project by 7% each for CY 2017, with additional 2% increases in both surveys in CY 2018 and CY 2019. Residents are expected to benefit because improved staff retention will allow for more consistent assignment of nursing home staff, which is known to be a component of high-quality resident care. Residents also are expected to benefit by being more satisfied with the care they receive due to having the same caregivers who know them well and understand their needs and preferences.

### Funded Entity(ies):

Tobin and Associates, Inc.

#### **Results of the Project:**

#### Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

Project Title: Rhythm of the Day Unique Identifier: OH-TOB-0819-395

**Project Duration:** 11/01/2019 to 06/30/2023

**Total Amount of CMP Funds Approved for this Project**: \$835,050

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$286,850.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project proposes to offer selected Ohio nursing facilities a comprehensive holistic memory care program with center-focused interventions and proven outcomes hereafter known as Rhythm of the Day© (known nationally as Memory in Rhythm®). The project will focus on the development of a person-centered, 24-hours a day, 7 days a week dementia/Alzheimer's care program directed to decrease behaviors and increase resident quality of life (CFR §483.15). The project will provide training and support for nursing facility personnel in communicating and dealing with residents with dementia, focused on "attaining or maintaining the highest practicable physical, mental and psychosocial well-being of each resident" (CFR §483.483.15(g)(1)), and providing educational/emotional support to families of residents in the program. Specific goals of the project include a reduction in the use of antipsychotic medications, a reduction in the number of urinary tract infections and falls, a reduction in physical, verbal, and other behavioral symptoms, and a reduction in memory care staff turnover.

#### **Funded Entity(ies):**

Tobin and Associates, Inc.

#### **Results of the Project:**

Results pending

Project Title: Reducing Falls with AI; Proactive Approach to Mobility Improvement and Fall Prevention

Unique Identifier: OH-0919-VST-405

**Project Duration:** 12/01/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$395,640

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$150,188.71

### Ohio

OH CMP Funds Expended for Administrative Uses in CY 2020: \$93,342.46

OH CMP Funds Expended for Emergency Uses in CY 2020: \$568.98

OH Active CMP Funded Projects in CY 2020: 11

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, VirtuSense Technologies, will partner with ten nursing facilities in Ohio over three years to identify and reduce resident fall risk. The applicant will train the staff of each facility on the use of VSTBalance. VSTBalance can objectively assess and identify the musculoskeletal and sensory deficiencies of a resident within three minutes. Staff members can then use those results to improve and tailor their care for residents. This project aims to improve residents' gait speed and balance, thereby reducing the number of falls, hip fractures, and other injuries and increasing resident quality of life.

## Funded Entity(ies):

VirtuSense Technologies

## **Results of the Project:**

### Wisconsin

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0

WI Active CMP Funded Projects in CY 2020: 9

Project Title: Alzheimer's Poetry Project (APP) Program

Unique Identifier: 2018-WI-087

**Project Duration:** 08/01/2017 to 07/31/2020

Total Amount of CMP Funds Approved for this Project: \$46,700

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over a three-month period, 20 nursing homes will be trained in the methods and techniques of the Alzheimer's Poetry Project (APP).
- b) This is a unique and innovative program that uses the power of the spoken word and builds on the long tradition of poetry as an oral art form.
- c) This project will allow for nursing home residents to express themselves creatively. The goals and objective of the APP program is to use the performance and creation of poems, improve the quality of life of residents with dementia and other psychosocial needs. To measure resident engagement in activities and compare them to APP methods, we developed "Dementia Engagement Mapping." an observational tool. In over 200 hours of observation, we measured the resident's responses in a wide range of activities.
- d) Trained staff in participating nursing homes in psychosocial needs.

#### **Funded Entity(ies):**

Center for Community Stewardship

#### **Results of the Project:**

The data indicated a higher level of resident engagement with vocalization, personhood and creativity with Alzheimer's Poetry Project (APP) than with other activities. The results showed the training for the health care workers in APP was effective. APP staff believe the increased engagement and creativity indicates a rich experience and a corresponding improved quality of life for the participating residents. At the end of program 20 nursing homes were certified in the APP program.

Project Title: Nursing Home Lighting to Improve: Resident Health and Lower Fall Rates

Unique Identifier: 2018-WI-088

**Project Duration:** 12/01/2017 to 11/30/2020

### **Wisconsin**

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0 WI Active CMP Funded Projects in CY 2020: 9

Total Amount of CMP Funds Approved for this Project: \$200,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$17,620.13

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The Midwest Lighting Institute will conduct a pilot study in two Wisconsin nursing homes to determine if the installation of energy-efficient LED lighting will improve health.
- b) They will track to see if this will: 1) help residents maintain better daytime alertness and cognitive function, 2) improve sleep and reduce their symptoms of depression, and 3) improve safety by helping residents see better and move around more easily. The goal of the program is understanding how the right spectrum of light may improve the quality of live and care of nursing home residents.
- c) The pilot is an opportunity to understand how the right spectrum of light may improve the lives of nursing home residents.
- d) Staff engaged in the program.

### Funded Entity(ies):

Midwest Lighting Institute, Inc.

#### **Results of the Project:**

Results pending

**Project Title: Caregiver Career Program** 

Unique Identifier: 2018-WI-089

**Project Duration:** 03/01/2018 to 02/29/2020

**Total Amount of CMP Funds Approved for this Project**: \$1,159,250

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$109,267.55

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The program is designed to encourage individuals to enter caregiver careers.
- b) The program includes a comprehensive marketing and recruitment plan, highlighting the program and the rewarding aspects of working as a nurse aide. Nurse aide training and testing is provided by the program at no cost to the student, and a \$500 retention bonus is paid by participating nursing homes to nurse aides after six months on the job. Regular webinars will be provided for nursing homes offering best practices for staff recruitment and retention.

#### Wisconsin

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0 WI Active CMP Funded Projects in CY 2020: 9

- c) This will encourage more people to work as a nurse aide in nursing homes.
- d) Communities that receive the marketing information.

The goal of the program is to add up to 3,000 new nurse aides to the workforce.

## Funded Entity(ies):

Wisconsin Department of Health Services

## **Results of the Project:**

Final results not provided.

# Project Title: Infection Prevention and Control Training for Health Care Professionals Working in Nursing Homes

Unique Identifier: 2018-WI-090

**Project Duration:** 08/01/2016 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$59,250

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide training for infection prevention and control in nursing homes.
- b) The project will develop an educational program to address how antimicrobial stewardship, outbreak identification and control, and surveillance relate to infection control and prevention.
- c) This will help reduce infection in nursing home residents and overall quality of care.
- d) Staff who attend the training. The goal of the training is to help facilities develop and implement effective policies and procedures and increase staff knowledge of infection prevention and control standards of practice. The Coalition anticipates that the increased knowledge will result in better care for residents and a more prudent use of antibiotics.

#### Funded Entity(ies):

Department of Health Services, Wisconsin Healthcare-Associated Infections in Long-Term Care Coalition

#### **Results of the Project:**

The Wisconsin Hospital Acquired Infections (HAIs) in Long-term Care (LTC) Coalition hosted five educational workshops about urinary tract infections for healthcare personnel working in Wisconsin nursing homes. Over 430 nursing home staff attended the training including administrators, directors of nursing,

### **Wisconsin**

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0 WI Active CMP Funded Projects in CY 2020: 9

infection preventionists, medical directors, nurses, pharmacists, physicians, and quality assurance personnel. The evaluation summary shows that 50% of attendees said the training exceeded their expectations and 50% said the training met their expectations. Over 97% of the respondents said they will change their practice based on the workshop. For a comprehensive review of project results see: <a href="https://www.dhs.wisconsin.gov/regulations/gai/f01593-7-31-18.pdf">https://www.dhs.wisconsin.gov/regulations/gai/f01593-7-31-18.pdf</a>

**Project Title: Cycling Without Age (CWA)** 

Unique Identifier: 2018-WI-091

**Project Duration:** 04/01/2018 to 03/31/2020

Total Amount of CMP Funds Approved for this Project: \$390,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$42,910

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Cycling Without Age (CWA) is a program that helps nursing home residents stay connected with their communities through the use of three-wheeled cycle "trishaws."
- b) Originating in Denmark and active in more than 40 countries, CWA programs have enhanced the lives of residents around the world through the simple act of sharing trishaw rides in the outdoors. Wisconsin is currently the state with the most active CWA chapters in the U.S. and will grow significantly through a civil money penalty grant available to federally certified nursing homes. The goal of Cycling Without Age (CWA) is to help nursing home residents stay connected with their communities through the use of three-wheeled cycle "trishaws."
- c) Residents who participate in the "trishaw" rides will stay better connected with their communities.
- d) Communities participating in CWA.

#### **Funded Entity(ies):**

Cycling Without Age

#### **Results of the Project:**

The Cycling Without Age Program successfully recruited 40 nursing homes in Wisconsin to participate in the program. Several facilities purchased two or three trishaws to respond to resident demand. Nursing homes developed volunteer recruitment, and training strategies with the goal of becoming a part of the lives of the nursing home residents and the community. Sixty-seven percent of respondents said that the CMP grant helped their facility purchase the trishaw and recommended that the grant be offered in the future. The program generated several news stories in the media following the success of the Cycling Without Age Program. Testimonials expressed that it is difficult to keep up with the number of residents who want to go

### **Wisconsin**

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0

WI Active CMP Funded Projects in CY 2020: 9

on rides. Family members say that all their loved one talks about is how much they love the bike and going for rides. Since the pandemic hit, it has become critical tool and has helped with resident emotional wellbeing. For a comprehensive review of project results see:

https://www.dhs.wisconsin.gov/regulations/gai/f01593-cwa-3-31-20.pdf

**Project Title: Creative Community of Care Training** 

Unique Identifier: WI-0318-TSCSI-008

**Project Duration:** 01/01/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$200,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$48,842.2

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the project is to improve communication and social connectedness for nursing home residents.
- b) In year one, TimeSlips will train two lead facilitators at each nursing home to use their evidence-based creative engagement method. In year two, they will train and support the lead facilitators in the design and production of five regional festivals to share the resident's creative work with their broader communities. The goal of the program is to improve the well-being of residents and quality of life by building relationships and increasing social connections.
- c) By building social connections through meaningful, creative engagement techniques, this program aims to improve the well-being of residents. Creative engagement is a powerful and evidence-based tool to improve resident quality of life by building relationships and increasing social connection in a long-term care setting.
- d) The staff of 25 Wisconsin nursing homes.

### Funded Entity(ies):

TimeSlips Creative Storytelling

## **Results of the Project:**

### Wisconsin

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0

WI Active CMP Funded Projects in CY 2020: 9

Project Title: Second Wind Dreams, Inc.

Unique Identifier: 2018-WI-178

**Project Duration:** 10/01/2018 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$982,052

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$106,539.36

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The Virtual Dementia Tour provides insight into the world of dementia for caregivers, families and members of the community by providing individuals with the opportunity to experience what dementia is like through an individualized learning experience.
- b) The goal of the Virtual Dementia Tour is to provide insight into the world of dementia for caregivers, families and members of the community by providing individuals with the opportunity to experience what dementia is like through an individualized learning experience. The two-year training program will be provided at all nursing homes in Wisconsin and include the following for each facility: facilitator training, a training manual and equipment, headphones, stopwatches, clothing, glasses, shoe inserts, etc. The success of the training will be determined by pre/post evaluations obtained at each nursing home training session.
- c) Residents will benefit by staff, family and members of the community having a greater understanding of what it is like to have dementia.
- d) Caregivers, family, significant others and members of the community.

### Funded Entity(ies):

Virtual Dementia Tour Comprehensive Education Program Second Wind Dreams

#### **Results of the Project:**

Nursing homes (129) received training through the Virtual Dementia Tour (VDT). 700 staff completed the training; 254 staff were trained as VDT Facilitators. The Medicare Star rating for the nursing homes that were trained are, 1 Star = 11 homes, 2 Star = 19 nursing homes, 3 Star = 14 nursing homes, 4 Star = 33 nursing homes and 5 Star = 52 nursing homes. 446 nursing home staff went through the VDT experience. Prior to the VDT training, all participants completed a short survey. After completing the tour the same survey, with an additional question, was administered. A total of 621 pre-surveys and 607 post-surveys were completed. The first question asked if the participant felt a loss of functioning and change in anxiety, validating the simulation of dementia. 99.52% felt capable of carrying out simple tasks. Immediately after, only 33.43% felt capable. This pattern continued. The final question after the tour was, will this experience change how you care for persons with dementia? 96.71% of participants responded yes. In addition to the survey data, the program received over 20 testimonials calling the training eye-opening and a must for all

#### Wisconsin

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0 WI Active CMP Funded Projects in CY 2020: 9

caregivers. For a comprehensive review of project results see: https://www.dhs.wisconsin.gov/regulations/gai/f01593-09-30-2020.pdf

## Project Title: Training the Next Generation of Wisconsin Nursing Home Infection Control Preventionists

Unique Identifier: 2018-WI-179

Project Duration: 10/01/2018 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$610,928

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$138,673.55

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Training the Next Generation of Wisconsin Nursing Home Infection Preventionists is a program developed by the University of Wisconsin Madison to design and implement a statewide training program to successfully implement the new federal infection control regulations. The program includes modifications to the Urinary Tract Infection (UTI) toolkit that will also be part of the statewide Infection Preventionists training.
- b) The training will provide nursing homes with high quality training to implement the new federal infection control regulations. The goals of the project include:
  - Build a blended (online and in-person curriculum) novice infection control and prevention training program.
  - Online and in-person training will be available to staff in all Wisconsin NHs.
  - Approximately 250 individuals will receive a certificate of completion of novice Infection Control and Prevention (ICP) training.
  - A novice ICP training sustainment plan will be developed.
  - An online resource with descriptions and links to ICP Officer tools and resources will be developed.
- c) Residents will benefit by receiving care from staff who use effective infection control prevention techniques.
- d) Nursing home caregivers.

#### Funded Entity(ies):

The Board of Regents of the University of Wisconsin System

#### **Results of the Project:**

### **Wisconsin**

WI CMP Funds Expended for Administrative Uses in CY 2020: \$0 WI CMP Funds Expended for Emergency Uses in CY 2020: \$0

WI Active CMP Funded Projects in CY 2020: 9

Results pending

**Project Title: Stop Starting It** 

Unique Identifier: 2018-WI-180

**Project Duration:** 9/1/2017 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$23,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$2,998.71

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The "Stop Starting It" program is an interpersonal skills workshop developed to help caregivers assess attitudes, reframe perspectives, and practice interpersonal skills when working with people with dementia.
- b) Participants will learn how to promote an overall environment of positive language and behaviors when interacting with residents.
- c) Residents will benefit from staff who understand how best to interact effectively with people with dementia. Pre and post-test information will be collected at each presentation and used to evaluation the effective of the training.
- d) Nursing home caregivers. The goal of the program is to help caregivers assess attitudes, reframe perspectives, and practice interpersonal skills for working with people with dementia. Participants will learn how to promote an overall environment of positive language and behaviors when working with people with dementia.

### Funded Entity(ies):

North Central Health Care

#### **Results of the Project:**

#### **Arkansas**

AR CMP Funds Expended for Administrative Uses in CY 2020: \$2,307,676

AR CMP Funds Expended for Emergency Uses in CY 2020: \$0

AR Active CMP Funded Projects in CY 2020: 4

# Project Title: A Comprehensive Approach to Enhancing the Well-Being of Nursing Home Residents Living with Dementia

**Unique Identifier: AR-0318-SPNR-005** 

**Project Duration:** 07/01/2018 to 06/01/2020

Total Amount of CMP Funds Approved for this Project: \$730,711

**Total Amount of CMP Funds Expended During CY 2020 for this Project:** \$182,349.70

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The overall project goal is to enhance the well-being of nursing home residents living with dementia by decreasing the unnecessary use of antipsychotics and to decrease the number of transfers to inpatient psychiatric hospitals. The applicant, Salem Place Nursing and Rehabilitation, LLC, will reach this goal by adopting an evidence-based, proactive, person-centered, strength-based model. Staff will also benefit from the project and how they assist residents living with dementia.

### Funded Entity(ies):

Salem Place Nursing and Rehabilitation, LLC

## **Results of the Project:**

Geri psychiatric transfers have decreased in calendar year 2019 with a relative rate of improvement of 62% from 2018.

# Project Title: Arkansas Partnership to Improve Person-Centered Care in Nursing Facilities

Unique Identifier: AR-0718-AHCF-112

**Project Duration:** 09/01/2018 to 08/31/2020

Total Amount of CMP Funds Approved for this Project: \$456,703

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project requests funds to expand the scope of work for Quality Partners, a collaborative effort between Arkansas Health Care Foundation (AHCF), and the Arkansas Department of Human Services, whose

#### **Arkansas**

AR CMP Funds Expended for Administrative Uses in CY 2020: \$2,307,676

AR CMP Funds Expended for Emergency Uses in CY 2020: \$0

AR Active CMP Funded Projects in CY 2020: 4

primary focus has been the reduction of antipsychotic medication use in nursing home residents through the training of nursing home staff and other medical professionals on the use of alternative methods and non-pharmacological interventions. Specifically, the proposed project will focus on new content development for training nursing staff. The project will seek the recruitment of providers, stakeholders and facilities to participate in trainings and educational opportunities.

#### Funded Entity(ies):

Arkansas Health Care Foundation

#### **Results of the Project:**

Arkansas reduced their antipsychotic rate from 26.1% in 2011 to 14.2% 2018.

Project Title: QAPI Based Community Approach to Promote Person Centered Care Through Meaningful Life, Empowered Staff, and Real Home

Unique Identifier: AR-0918-GHCPG-140

**Project Duration:** 12/21/2018 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$1,080,950

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$135,158.17

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to train long-term care providers on how to create a person-centered care campus to address inconsistent perceptions of what individualized care means and reduce provider discrepancies for how to deliver individualized care that is person-centered through workforce development. The Green House model is a proven best practice offering an environment of care where quality of care and quality of life prevail equally. This project aims to foster a new model of long-term care and serve as an incubator for the long-term care industry to support in part, the Centers for Medicare and Medicaid Services Nursing Home Action Plan goals for "better care and lower cost, and prevention and population health". The long-term care industry does not have a person-centered care model to serve as a "best practice" guide regarding how to face the "graying" of America while providing care in a dignified manner to honor choice, while still complying with new person-centered care regulations or resident rights. The long-term care industry at-large does not have a center of excellence to call upon for person-centered care support and training. The Green House® model is a different philosophy and environment of care where provider education merges standards of care with evidenced-based person-centered care practices. The population served is multiple nursing homes to develop a new generation of long-term caregivers in order to create an organizational cultural shift from an institutional model of care to an individualized

#### **Arkansas**

AR CMP Funds Expended for Administrative Uses in CY 2020: \$2,307,676

AR CMP Funds Expended for Emergency Uses in CY 2020: \$0

AR Active CMP Funded Projects in CY 2020: 4

person-centered care model. Fully funded and implemented this project can help reduce healthcare disparities, improve quality measures, maintain quality of life, establish a best practice for patient-centered care, reduce cost, aid in care transitions and comply with resident right regulations.

## Funded Entity(ies):

Green House Cottages of Poplar Grove

#### **Results of the Project:**

Results pending

Project Title: Implementation of Palliative Care Principles in Skilled Nursing Homes and Long-Term Care Facilities

Unique Identifier: AR-0919-MAC-439

**Project Duration:** 02/21/2020 to 01/31/2023

Total Amount of CMP Funds Approved for this Project: \$961,177

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$25,421.33

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Meaningful Approach Consulting, LLC, will provide palliative care training and resources to 72 SNF and LTC facilities across Arkansas. According to the proposal, providing facility staff with appropriate training on end-of-life care is likely to improve the quality of life and quality of care for residents. Palliative care is important for ensuring individual residents receive the best and most appropriate level of care.

#### **Funded Entity(ies):**

Meaningful Approach Consulting, LLC

#### **Results of the Project:**

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

**Project Title: Enhancing Resident Satisfaction During Meal and Snack Times** 

Unique Identifier: LA-0319-WO-244

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$19,500

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$19,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to improve resident satisfaction during meal and snack times. Equipment was added to improve meal quality. Variety was added to improve choice and satisfaction.

#### **Funded Entity(ies):**

Waldon Health Care

#### **Results of the Project:**

The project was disrupted by COVID-19. Early results indicated improved resident satisfaction. Equipment purchased proved to be especially valuable in the COVID response.

**Project Title: State of the Art Therapy Equipment to Improve Outcomes** 

Unique Identifier: LA-0319-SLLC-251

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$13,350

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$5.34

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to improve rehabilitation services. State of the art equipment was obtained and used in delivering therapy, which ultimately improved rehabilitation outcomes and the quality of life for residents.

#### Funded Entity(ies):

St Luke's Living Center

#### **Results of the Project:**

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

Results pending

**Project Title: Companion Animals & Dining at the Ritz** 

Unique Identifier: LA-0319-MHC-252

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$15,238.07

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to improve resident satisfaction with dining and to provide a means by which to allay distress in residents living with dementia. The project required procuring equipment for dining services and mechanical animals for residents living with dementia, which increased dining choices and reduced distress in residents living with dementia.

#### Funded Entity(ies):

Nexion Health at Many North

#### **Results of the Project:**

The project was disrupted by COVID-19. Early results indicated an observed high resident satisfaction with the mechanical animals. The dining equipment was purchased and installed.

**Project Title: The Market at Garden Park** 

Unique Identifier: LA-0319-GPNR-259

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$19,500

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$17,107.01

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

The intent of the project was to improve resident satisfaction with dining through the procurement of equipment and the services of a chef to expand and improve food service. The provision of additional resident centered options for dining was intended to lead to improved choices and satisfaction with meals.

#### Funded Entity(ies):

Garden Park

#### **Results of the Project:**

The project was disrupted by COVID-19 before results and measurements were reported. The equipment was purchased and put into use.

**Project Title: AHCA Silver Quality Award** 

Unique Identifier: LA-0319-CCC-258

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$10,588

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$8,488

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to teach leadership skills in order to develop effective approaches to performance and health outcomes. The American Health Care Association (AHCA) Silver Quality Award preparation was utilized to develop leadership skills. The project produced improved care services based on the adoption of improved practices.

#### **Funded Entity(ies):**

Baton Rouge Health Care

#### **Results of the Project:**

Improvements were made to staff orientation. Futhermore, the facility is seeking resident input and utilizing the quality improvement processes.

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

**Project Title: Recollection Collection Kits and Specialized Dementia Training for** 

**Nursing Homes** 

Unique Identifier: LA-0419-ALZBR-289

**Project Duration:** 09/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$146,674

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$32,048.28

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project involved on-site, specialized training for providing activities for residents living with dementia. The training included the distribution of Recollection Collection Kits accompanied by five hours of training to nursing facilities not previously trained or with complete staff turnover. Nursing facility staff gained easy access to specialized activities and they also developed an improved understanding of dementia.

## Funded Entity(ies):

Alzheimer's Services of the Capital Area

### **Results of the Project:**

The project was disrupted by COVID-19. Training was provided to 170 staff members in 11 nursing homes. A high participant satisfaction rating was reported.

Project Title: Neighborhood Leadership Development

Unique Identifier: LA-0419-OHCCC-290

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$19,500

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$5,443.90

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to improve leadership skills in the neighborhood model. Through the use of a series of workshops, the project provided leadership development for neighborhood coordinators and RN clinical coordinators. The goal was to improve quality of life and care for residents as a result of adoption of best practices in leadership.

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

#### Funded Entity(ies):

Oak Haven

#### **Results of the Project:**

Individual leadership development plans were created for 10 staff.

**Project Title: Decisions in Dining** 

Unique Identifier: LA-0319-SC-245

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$15,125

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to improve resident satisfaction with the dining experience by adding equipment and an expanded menu to increase flexibility in meal times. Residents were to benefit through achieving greater independence and opportunities for socialization.

#### **Funded Entity(ies):**

Regency House

#### **Results of the Project:**

The project was disrupted by COVID-19. Early results indicated an observed high usage of new hydration elements and salad bar. Prevention of unwanted weight loss was reported.

**Project Title: St. Joe's Bistro** 

Unique Identifier: LA-0319-CSH-250

**Project Duration:** 08/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$6,890.92

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

## Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project was intended to improve resident satisfaction with dining by creating a "bistro area" with an expanded menu and access to dining outside of regular hours. Residents were to enjoy increased choice and independence in dining.

## Funded Entity(ies):

Christus St. Joseph

### **Results of the Project:**

The project was disrupted by COVID-19 restrictions. Furthermore, the participating nursing facility was purchased by another company. However, equipment purchased was put into use.

**Project Title: Tell Me Your Story** 

Unique Identifier: LA-ACGBR-0519-316

**Project Duration:** 10/01/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$106,029.05

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$52,420.05

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project was to increase resident well-being through participation in the dramatic arts. The project was modified after the onset of COVID-19 to focus on visual arts instead.

#### **Funded Entity(ies):**

Arts Council of Greater Baton Rouge

#### **Results of the Project:**

The project was revised in response to COVID-19 restrictions. Virtual courses were created so that staff could incorporate them into their regular activity schedule.

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

Project Title: Reducing Falls with Major Injury in Long Term Care Facilities

Unique Identifier: LA-0819-LSUHSC-394

**Project Duration:** 01/01/2020 to 12/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$485,368

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$386,851.95

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

The project focused on resident fall prevention and reduction. On-site trainings for up to 50 nursing

homes were conducted.

Funded Entity(ies):

Louisiana State University School of Allied Health

**Results of the Project:** 

The project is in progress. As of December 2020, an estimated 120 falls have been prevented in 20 participating homes.

. . .

**Project Title: LEADER 2020 Summit** 

Unique Identifier: LA-0919-LEADER-432

**Project Duration:** 12/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$26,400

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$25,400

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

The purpose of the project was to provide education to nursing facility staff regarding best practices in person-centered care. Residents would benefit from the nursing facility's adoption of best practices.

Funded Entity(ies):

LEADER, Inc. (Culture Change Coalition)

**Results of the Project:** 

#### Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

Attendance at the conference was 106 nursing facility (NF) staff from 32 nursing facilities (12% of NFs); 18 ombudsmen and 12 surveyors. An average of 89% strongly positive ratings of speakers was received.

Project Title: Prevent, Act Report: Nursing Facility Abuse and Neglect Program

Unique Identifier: LA-1219-EQH-493

Project Duration: 03/01/2020 to 02/28/2021

**Total Amount of CMP Funds Approved for this Project**: \$2,016,088

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$113,234.50

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to reduce the occurrence of abuse and neglect in nursing facilities through staff training. Training is provided via an e-learning platform in two tracks: one for direct care staff and another for managers.

#### Funded Entity(ies):

eQHealth QIO, Inc

#### **Results of the Project:**

The project is currently in progress. A virtual roll-out to administrative staff has been held. Toolkits and posters have been mailed. As of February 2021, approximately 20% of nursing facilities have used the e-Learning training modules.

# Project Title: Reducing the Incidence of Facility Acquired Pressure Ulcers in Long Term Care

Unique Identifier: LA-1219-LSU-486

**Project Duration:** 03/01/2020 to 06/30/2022

**Total Amount of CMP Funds Approved for this Project**: \$1,110,529

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$32,967

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

## Louisiana

LA CMP Funds Expended for Administrative Uses in CY 2020: \$10,796

LA CMP Funds Expended for Emergency Uses in CY 2020: \$0

LA Active CMP Funded Projects in CY 2020: 14

This project will reduce the incidence of facility acquired pressure ulcers by conducting on-site trainings for up to 131 nursing homes. Nursing facility staff will receive training for reducing the incidence of facility acquired pressure ulcers.

## Funded Entity(ies):

Louisiana State University School of Allied Health

## **Results of the Project:**

### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

**Project Title: Alzheimer's Poetry Project** 

Unique Identifier: NM-1118-NMLA-186

**Project Duration:** 01/07/2019 to 04/03/2020

Total Amount of CMP Funds Approved for this Project: \$69,800

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$17,360

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The New Mexico Literary Arts' Alzheimer's Poetry Project (APP) offers New Mexico nursing home staff, an innovative non-pharmacological intervention and person-centered care communication tools to help improve the quality of life of those with dementia and other psychosocial needs. The project will take place at 20 nursing homes, statewide and focus on three areas: (1) Training and certification for healthcare staff on using and implementing the APP methods and techniques; (2) Training for healthcare staff on implementing the use of Poetry Cards; and (3) Use of APP methods and techniques, to offer validation to the participants.

### Funded Entity(ies):

New Mexico Literary Arts

### **Results of the Project:**

New Mexico Literary Arts (Alzheimer's Poetry Project) had 15 nursing homes participate in the project. Due to the Coronavirus disease (COVID-19) outbreak and its impact on visitation and activities in nursing homes, the project suspended their outreach and training. From January 2, 2020 to March 23, 2020 staff training and Dementia Art Mapping took place with the project partners in the group D nursing homes. The project involved 70 hours of administration, which included: identifying the group of nursing homes, contacting, scheduling training, and observations with nursing home staff. The Dementia Art Mapping aspect of the project involved 12 hours, which included: observing daily flow of residents, including participation in a variety of arts and social engagement activities, categorizing and transcribing notes and observations. Staff training involved 24 hours and included: instruction in Alzheimer's Poetry Project (APP) methods and techniques; training in using the Poetry Cards; training in adapting APP methods and techniques to enhance existing activities and programs. When social and training activities resume, we will be able to continue, and recruit and train the remaining seven nursing homes to reach our goal of having twenty total nursing homes participate.

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

Project Title: TWEETS (Therapy, Wellness, and Engagement which Empowers the use of Technology for Seniors)

Unique Identifier: NM-1018-AH-174

**Project Duration:** 01/15/2019 to 03/01/2022

Total Amount of CMP Funds Approved for this Project: \$54,246.60

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The iN2L Program, which includes engagement technology (computer systems), provides residents and staff with access to thousands of activity and communication applications. The project will enhances quality of life, cognitive stimulation, physical stimulation and socialization among senior living residents. Staff will undergo trainings to gain new skills that will enhance resident/caregiver interactions. Continued program support will allow Albuquerque Heights to reduce health care costs in the long term.

## Funded Entity(ies):

Albuquerque Heights

## **Results of the Project:**

Albuquerque Heights kicked off its iN2L "TWEETS" program on January 15, 2019. Staff are utilizing the iN2L computers to effectively engage residents in meaningful programming (especially those residents who require one-on-one programming). Residents were given the fourth quality of life survey in which 25 residents participated. The therapy department, enhanced memory support unit, and the recreation department have all been actively been utilizing their systems. The therapy department in the months of September, October, and November of 2019 utilized 80.1 hours of the games and puzzles program which was utilized by physical therapy to enhance problem solving, cognitive processing and hand/eye coordination. The Skype feature was used to connect residents with family members who were not able to personally attend. Therapy goals as well as nursing goals were discussed during Skype calls. The recreation department utilized the iN2L system a total of 136.02 hours in September, October and November. The games and puzzles feature were heavily used to promote socialization among the residents. One of the many games enjoyed by the residents was bingo. Residents also enjoyed a variety of music from the Jukebox and videos from YouTube as they played in the background as they were participating in arts and crafts as well as other hands-on activities.

The Enhanced Memory Support Unit utilized the iN2L programming to watch classic movies, listen to music, and play games. These activities assisted the recreation department in promoting socialization. Final results pending

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

**Project Title: Quality Improvement in New Mexico** 

Unique Identifier: NM-0219-NMHCA-221

**Project Duration:** 05/20/2019 to 05/30/2020

**Total Amount of CMP Funds Approved for this Project**: \$150,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not provided

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project requests \$150,000 to support 12 months of intensive individualized attention to encourage and assist nursing facility staff in an effort that builds upon the existing work of the long term and post-acute care field by setting specific, measurable targets to further improve quality of care in New Mexico's skilled nursing communities. The anticipated outcome of the effort is increased retention of currently licensed nurses who are working in skilled nursing facilities, a decrease in the number of hospital readmissions from skilled nursing facilities, continued decline in off-label use of anti-psychotic medications and improvement in QMs as identified by each participating facility.

## Funded Entity(ies):

New Mexico Health Care Association

#### **Results of the Project:**

During the last phase of the project NMHCA's Quality Improvement Nurse was unable to visit facilities and with the COVID-19 outbreak, New Mexico Health Care Association (NMHCA) focus was on assisting facilities continue to meet resident needs under the strict COVID-19 lockdowns. The registered nurse's focus was on resident and staff mental well-being, activities that could be conducted with proper social distancing and from doorways, depression, and infection control. 71 facilities had on-going contact as NMHCA reached out to find how they are implementing the recommended changes and offer additional support. While data is not readily available to monitor progress on the measures, NMHCA has received some data reports from facilities. There is no data for the last two quarters due to COVID-19, current analysis is not possible. However, there is improvements across the months over 2019. The rate of change for 2019 data shows both the need for continued support, and the continued improvement in measurements of each facility.

Project Title: Improving the Quality of Life of our Residents through New Technologies

Unique Identifier: NM-0219-SHRC-225

**Project Duration:** 05/02/2019 to 05/30/2022

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

**Total Amount of CMP Funds Approved for this Project:** \$1,973.85

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide for a one time funding allocation to acquire six (6) full utensil sets of Liftware steady products. The full set will include six of the following: charging stations, soup spoons, everyday spoons, forks and sporks. Skies Healthcare has identified six individuals who experience hand tremors while eating and would benefit from the Liftware product line. The purpose of the proposal is to improve independence and confidence of residents who experience hand tremors.

#### Funded Entity(ies):

Skies Healthcare and Rehabilitation Center

#### **Results of the Project:**

Results pending

# Project Title: Providing Elequil aromatabs to Reduce Falls Universally and Measure Effects (PERFUME)

Unique Identifier: NM-0219-AHHR-230

**Project Duration:** 05/01/2019 to 04/30/2020

**Total Amount of CMP Funds Approved for this Project:** \$37,216.88

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

A sample of 40 long-term care residents will be identified for the study. Each resident will be administered an Eloquil aromatab each morning. The lavender-sandalwood aromatab will be chosen as it has been shown to be the longest acting scent. The patch will be placed on the residents clothing. The aromatab will be left on for 24-hours and changed each day by the unit nurse and added to the resident's medication administration record. Before the residents begin participating in the Eloquil aromatab program, nursing staff will approach each resident and/or legal guardian with information about the program and obtain a signed consent.

#### **Funded Entity(ies):**

Albuquerque Heights Healthcare and Rehabilitation

### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

#### **Results of the Project:**

The Elequil program began on June 1, 2019. Fall data for the total quarter and total numbers were collected and compared. A paired t-test with a significance level preset at p<.05 was utilized to calculate mean number of falls. Results indicated that there was a significant difference between Q3 and Q4 Elequil aromatherapy patch ust:1ge. The t-test showed a statistical difference between quarter over quarter results and statistical analysis revealed that falls decreased. The facility has decreased by an average of just under eight falls from pre Elequil to Elequil patch usage. The Elequil program was also utilized to reduce behaviors. To analyze behaviors, resident-to-resident, residents were compared. from June 1, 2018 through May 31, 2019. There were 70 resident-to-resident altercations. The Elequil aromatherapy program began on June 1, 2019. From June 1, 2019 to May 31, 2020 there were 43 resident-to-resident altercations. The funded entity believes that the use of the aromatherapy patches has helped reduce behaviors by 39%.

**Project Title: Employee Retention and Quality Improvement** 

Unique Identifier: NM-0719-PIVC-365

**Project Duration:** 03/22/2019 to 03/22/2021

**Total Amount of CMP Funds Approved for this Project**: \$37,222.98

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide support to Santa Fe Care Center and its staff in achieving the highest quality of care, resident quality of life and recruitment and training practices. The project will focus on administrators, the management team, and direct caregiving and nursing staff. Strategic, planned, process-driven, and timely staff training and development programs will be provided, targeting retaining and training quality caregiving staff in ways that improve the quality of care they deliver. Recruit and train the best and most suited caregiving and administrative staff who demonstrate a passion for caring, a commitment to residents and their families, and a willingness to learn the skills necessary to provide the best care.

Retain and train quality staff throughout the whole facility in ways that improve the quality of care they deliver. Improve employee relations and communication skills such that staff collaborate in the quality of life experienced by residents and quality of life perceived by resident's families.

#### Funded Entity(ies):

**Pivotal Consulting** 

#### **Results of the Project:**

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

Results pending

# Project Title: PRIME (Promoting Resident Health through Interactive Meaningful Engagement)

Unique Identifier: NM-0719-BCRC-377

**Project Duration:** 12/05/2019 to 12/05/2022

**Total Amount of CMP Funds Approved for this Project**: \$37,800.85

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will fund implementation of the iN2L Program (It's Never 2 Late), which includes engagement technology (computer systems) that provides access to thousands of activity and communication applications. Use of the technology can enable quality of life, cognitive stimulation, physical stimulation, and socialization for senior living residents. In addition, training for staff will provide them with the new skills to enhance resident/caregiver interactions.

#### **Funded Entity(ies):**

Bear Canyon Rehabilitation Center

### **Results of the Project:**

Results pending

**Project Title: Engaging Quality of Life (EQOL)** 

Unique Identifier: NM-1118-SJC-187

**Project Duration:** 03/28/2019 to 03/30/2022

Total Amount of CMP Funds Approved for this Project: \$46,000.60

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the project is to improve the quality of life of residents by engaging them with the interactive technology provided by the "It's Never 2 Late" (iN2L) system. The project will serve many of the residents of

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

the San Juan Center as the iN2L system will be used to help engage individuals in 1-on-1 activity programming, group activities, facilitate inter-generational interaction between volunteers and residents, and engage residents in restorative therapy programming. The iN2L system will help to improve resident engagement levels with activity programming.

## Funded Entity(ies):

The San Juan Center

#### **Results of the Project:**

Results pending

Project Title: Interactive Recreational Support for Community Members with Dementia and Other Progressive Cognitive Challenges

Unique Identifier: NM-GHCURC-0719-391

**Project Duration:** 07/01/2019 to 07/01/2022

Total Amount of CMP Funds Approved for this Project: \$83,850

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$83,824.22

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will concentrate on recreational engagement of Dementia and other cognitively impaired residents through the Ideum 65" Platform II interactive technology. The digital multitouch table provides stimulating and interactive activities in a form designed for in-person social interaction, exploration and play. The technology will make engaging activities more accessible to residents, particularly outside of daytime activity hours.

#### Funded Entity(ies):

Genesis HealthCare-Uptown Rehabilitation Center

#### **Results of the Project:**

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

Project Title: Fundamentals of Infection Prevention for Long Term Care Facilities in New Mexico: Infection Control in New Mexico Long-term Care: Enhancing Quality of Care and Complying with Code of Federal Regulations Requirements for States and Long-term Care Facilities

Unique Identifier: NM-0819-ICCNM-396

Project Duration: 12/10/2019 to 03/30/2020

**Total Amount of CMP Funds Approved for this Project:** \$94,219.76

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to improve infection control within nursing facilities by providing a two-day, ten-hour, face-to-face training on the topic. Participating nursing facility staff (up to 30) will be trained on the baseline knowledge and skills necessary to address the needs of their residents. The applicant will also invite five surveyors to attend the training. Participants will receive additional training materials at the end of the two days and will be enrolled in a one-year membership to the national and state APIC organizations; these measures are designed to provide applicants with additional resources to continue their education past the initial training.

#### **Funded Entity(ies):**

Infection Control Consultants of New Mexico, LLC

#### **Results of the Project:**

The 10-hour face to face Infection Prevention and Control training was scheduled for Tuesday and

Wednesday, December 10-11, 2019. There was a total of 37 attendees, including four staff members from the District Operations Bureau-New Mexico Division of Health Improvement (NMDOHI), and one staff epidemiologist from the Epidemiology and Response Division Healthcare-Associated Infections Program

NMDOH. Attendees highlighted the diversity of those performing and/or responsible for infection prevention and control activities within their facilities. The data collected from the pre-training survey found most of the infection prevention and control officers had been in their role for less than a year and of those, 76% had been in their role less than 6 months. There was strong participation during the training.

Initial questions regarding the learning needs of participants found survey readiness and knowledge the most frequent response. Immediate post-training evaluation data supported an increased understanding of strategies to improve infection control activities and all reported taking actionable best practices back to their facilities. Feedback from participants included requests for additional materials and learning activities related to the application of knowledge. The evaluations also reflected comments from polling questions

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

asking what participants 'will implement' post-training with risk assessment and surveillance being reported. The 6-week post-training survey response rate was poor, despite email reminders, however, those who did respond reported the in-person training valuable by rating it extremely valuable and very valuable and their overall experience (71%) and very good (29%). Responses to questions regarding professional growth and development included: increased confidence in their Infection Preventionist role, and likelihood to stay in their position were positively influenced following the training. All respondents indicated an interest in ongoing education and networking. The purpose of this training was to increase long-term care staff competency in infection control and prevention, surveillance, and reporting, leading to improved patient safety, reduced performance deficiencies, and increased compliance with the Centers for Medicare and Medicaid (CMS) regulations. Feedback from participants indicates the training was successful in addressing competency.

**Project Title: Bladder Scanner and UTI Reduction** 

Unique Identifier: NM-0420-NMHCA-601

**Project Duration:** 12/03/2020 to 12/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$483,807.60

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$483,807.60

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The New Mexico Health Care Association seeks to provide portable bladder scanners to 50 nursing homes in an effort to reduce UTIs.

Funded Entity(ies):

New Mexico Health Care Association

**Results of the Project:** 

Results pending

**Project Title: Gerontological Nursing Certification Project** 

Unique Identifier: NM-0220-GSJC-556

**Project Duration:** 07/23/2020 to 09/30/2021

Total Amount of CMP Funds Approved for this Project: \$12,000

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0

NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

**Total Amount of CMP Funds Expended During CY 2020 for this Project:** \$12,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a nursing facility, seeks to enroll 10 of its registered nurses in a training course for ANCC (American Nurses Credentialing Center) Board Certification in Gerontological Nursing (RN-BC). The amount requested will cover the full training course, including training materials and the exam fee.

#### Funded Entity(ies):

Genesis San Juan Center

**Results of the Project:** 

Results pending

**Project Title: Perfect Pet Project** 

Unique Identifier: NM-0220-GSJC-555

Project Duration: 07/30/2020 to 07/30/2021

Total Amount of CMP Funds Approved for this Project: \$600

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$600

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to provide their residents with at least 10 "breathable companion pets," which are designed to reduce agitation and other negative behaviors. The toy pets will first be distributed to interested residents who have moderate to severe cognitive losses and low activity levels. The applicant will use resident responses to the toys to measure the success of the project.

#### **Funded Entity(ies):**

Genesis San Juan Center

#### **Results of the Project:**

### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

Project Title: Fundamentals of Infection Prevention for Long Term Care Facilities in

**New Mexico** 

Unique Identifier: NM-1119-ICCNM-484

**Project Duration:** 01/21/2020 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$120,035

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$120,035

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide Fundamentals in Long-term Care Infection Control training to currently designated Infection Preventionist (or designee) in New Mexico long-term care facilities. The purpose of the training is to increase long-term care staff competency in infection control and prevention, surveillance, and reporting leading to improved patient safety, reduced performance deficiencies, and increased compliance with Centers for Medicare and Medicaid Services (CMS) regulations. The benefits to nursing home residents will be directly related to the improved ability of a facility to implement enhanced infection prevention, early infection recognition and effective infection control practices and surveillance.

### **Funded Entity(ies):**

Infection Control Consultants of New Mexico, LLC

### **Results of the Project:**

The Fundamentals in Infection Control for LTC training was presented as a live webinar series held over three consecutive days in October 13, 14, 15, 2020. The agenda was developed to optimize participant attendance and learning within the constraints of the current COVID-19 pandemic. Shorter sessions were offered each day so that participants would experience fewer distractions, yet still be able to manage their daily obligations. The live webinar allowed participants to ask questions in real-time and participate in discussions. The use of polling and chat features within the webinar platform also supported group interactions. Due to the challenges of the COVID -19 pandemic, participant feedback was positive. Attendees did find the web-based format met their learning needs and were able to meet the program objectives. A total of 52 people completed the training. The number of people registered was 69. Overall, attendance was lower than originally anticipated. There were numerous cancellations, the management of COVID-19 outbreaks by facilities may have contributed. The purpose of this training was to increase longterm care staff competency in infection control and prevention, surveillance, and reporting, leading to improved patient safety, reduced performance deficiencies and increased compliance with the Centers for Medicare and Medicaid (CMS) regulations (42 CFR §483.80). Feedback from participants indicates the training was successful in addressing competency and surveillance needs. Participants responded that they will continue working in Infection Prevention and Control which provides program continuity.

#### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

Continuing education credits were provided through the New Mexico Healthcare Association (NMHA), an approved provider of nursing education contact hours under the NM Nurses Association.

Project Title: Helping Families and Residents During the End-of-Life Phase Project

Unique Identifier: NM-1019-SHRC-450

**Project Duration:** 10/31/2019 to 10/31/2022

Total Amount of CMP Funds Approved for this Project: \$1,335.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a skilled nursing facility, requests 200 copies of a four-book series (100 in English and 100 in Spanish) to provide its residents and their families with information on the end of life phase. These booklets are designed to guide the reader through the end of life phase and assist in making changes to a resident's care plan.

### Funded Entity(ies):

Skies Healthcare and Rehabilitation Center

#### **Results of the Project:**

Results pending

**Project Title: Empowerment of the Frontline Caregiver Phase III** 

Unique Identifier: NM-0619-NMHCA-323

**Project Duration:** 08/01/2019 to 01/30/2020

Total Amount of CMP Funds Approved for this Project: \$23,475

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The proposed project aims to send 15 individuals to attend the New Mexico Health Care Association conference to share their experiences and receive additional education and support. The applicant will request each Certified Nursing Assistant's employing facility to cover any missed wages to help eliminate

### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

the financial barrier for attendees. The applicant also plans to help cover costs associated with management and oversight of the program, including staff time, printing, marketing materials, phone calls, etcetera.

### Funded Entity(ies):

The New Mexico Health Care Association

### **Results of the Project:**

The New Mexico Health Care Association (NMHCA) conference is a two-day conference that was held on August 28-29, 2019. 15 Certified Nursing Assistants (CNAs) attended and were able to increase their skills in leadership, motivation, and educated front line caregivers in long-term care. CNAs were able to learn from nationally recognized speakers, network with peers from across the nation, participate in educational activities, and were honored and recognized for their outstanding work. The conference offered sessions on leadership skills, resident care, culture change, and regulations which helped ensure they have the most up to date information and quality practices. The CNA's were able to share their knowledge with their peers, and it was reported by the administrators that the attendees were very empowered and energized by their attendance and shared their experiences and knowledge gained through traditional sharing and non-traditional sharing. Each CNA is still employed 6 months after the event.

**Project Title: Albuquerque Heights Massage Therapy Program** 

Unique Identifier: NM-1118-AHHR-179

**Project Duration:** 04/01/2019 to 12/30/2020

Total Amount of CMP Funds Approved for this Project: \$24,438.16

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will directly benefit and enhance the well-being of the Albuquerque Heights nursing home residents by providing weekly massage therapy sessions. Residents will be able to enjoy the advantages of massages provided on a one-on-one basis with the massage therapist. Overall, the massage therapy program will work to decrease pain and increase the moods of participating residents.

#### Funded Entity(ies):

Albuquerque Heights Healthcare and Rehabilitation

#### **Results of the Project:**

### **New Mexico**

NM CMP Funds Expended for Administrative Uses in CY 2020: \$0 NM CMP Funds Expended for Emergency Uses in CY 2020: \$1,000,000

NM Active CMP Funded Projects in CY 2020: 17

Albuquerque Heights began the massage therapy program on April 1, 2019. Twenty residents were receiving massages once a week by a licensed massage therapist. During the month of March 2020, the COVID-19 pandemic caused the massage therapy program to halt. Therefore, only January and February 2020 pre-massage and post- massage numbers were collected and compared. Results indicated that there was a significant difference between pre and post massage pain results. Statistical analysis revealed that the mean difference in pain levels decreased 1.217 from pre vs. post massage self-reported pain levels. Thus, those who received massage therapy indicated that their pain lowered more than one level on the visual analog scale after receiving the massage.

In order to continue the massage therapy program and adhere to Federal and State COVID-19 restrictions, three massage chairs were requested to be purchased in order for residents to utilize for the remainder of the project. The zero gravity massage chairs were recently purchased and Albuquerque Heights is in the process of collecting pain data.

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

**OK Active CMP Funded Projects in CY 2020:** 8

Project Title: Less Is More Unique Identifier: 2018-OK-121

**Project Duration:** 04/01/2017 to 03/31/2020

Total Amount of CMP Funds Approved for this Project: \$797,026.35

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$66,611.98

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project is focused on the optimization of medication systems (reducing antipsychotics and unnecessary medications).
- b) The Eden Alternative, a global non-profit focused on providing innovative approaches to care, has developed an educational initiative, "Less Is More: Well-being Before the Med Cart" to address the optimization of medication systems. This project aims to recruit up to sixteen nursing homes, with each facility attending five Institute for Health Improvement Breakthrough Series Collaborative sessions.
- c) The project goal is to see a reduction (from baseline) in the use of medications on the Beers Criteria for Potentially Inappropriate Medication Use in Older Adults list by the end of the project.

### **Funded Entity(ies):**

Oklahoma Foundation for Medical Quality; Eden Alternative; Oklahoma University College of Pharmacy

### **Results of the Project:**

The primary purpose of this project was to reduce anti-psychotics and unnecessary medication. Sixteen (16) facilities consistently participated. The project held five trainings developed by Eden Alternative. Trainings occurred every four months followed by on-site or virtual mentoring to aid with incorporating medication optimization into the facilities daily practice. An average of 32 participants representing 13 homes attended each training session. Pre and post-training assessments indicates knowledge of medication optimization improved. This resulted in a reduction of medications prescribed to residents. The goals of this project were met. Anti-anxiety medications (meds) decreased by 41.5% while non-participating homes reduced anxiety meds by 25.4% during the same period. The reduction of anti-psychotic meds by 18.7% compared to 13.5% by non-participating homes; behavior symptoms affecting others reduced by 44.7% compared to 14.4% by non-participating homes, and depressive symptoms reduced by 74.8% compared to 26% by non-participating homes. Challenges were encountered with standardizing or collection of data. Facilities may incorporate provided resources and information into their education/training programs to sustain knowledge and benefits to residents.

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

OK Active CMP Funded Projects in CY 2020: 8

**Project Title: Transform Long-Term Care** 

Unique Identifier: 2018-OK-122

**Project Duration:** 04/01/2017 to 03/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,672,525.91

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$261,932.52

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will recruit and assist up to 60 facilities and provide intensive, on-site technical assistance.
- b) The training will include: mentoring full quality assurance and performance improvement (QAPI) implementation; assuring identification of appropriate measures for improvement; guiding the QAPI team in data collection and monitoring for improvement; and providing associated education, tools, and resources. The project will host two regional meetings in four locations (for a total of 24 meetings). The project will also host, record, and post two webinar trainings per contract year.
- c) These virtual and regional events will facilitate the spread of best practices to improve quality of care for nursing home residents.
- d) Audience beyond nursing home residents include staff from participating nursing homes.

### Funded Entity(ies):

Oklahoma Foundation for Medical Quality (OFMQ)

#### **Results of the Project:**

This project recruited 80 facilities. On-site technical assistance was provided to quality assurance and performance improvement (QAPI) teams with two (2) nursing home (NH) quality measures (QM) and one performance improvement project (PIP) to improve the health outcomes of residents. Additionally, there were six (6) publicly held trainings and five (5) webinars provided to facilitate the spread of clinical best practices. The average number of participants at publicly held trainings totaled 195 and the average satisfaction rating was 4.62 out 5.0. Benefit to residents: Implementation of clinical best practices and coaching improved care provided to residents as supported by the lowering of NH quality measures scores from a baseline of 10.31% to 7.62% as of December 2019. This means that 83.8% or 67 out of 80 facilities improved clinical best practices for the benefit of residents. The QM scores of non-participating homes reduced to 7.4% from 8.1% during the same period. QAPI Teams: At the start of the program, 61% of participants or 49 facilities, QAPI maturity level was at level one (lowest) out of five levels meaning QAPI meeting conducted as required by CMS regulations. At the end of the project, 54% of facilities elevated an average of two levels. To sustain improvement, a QAPI guide containing examples of QAPI plans,

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

**OK Active CMP Funded Projects in CY 2020:** 8

performance improvement plans (PIP), and tools to document data and meeting dates was provided to all participating facilities.

Project Title: It's Not OK to Fall

Unique Identifier: OK-0518-OUHSC-047

**Project Duration:** 07/01/2018 to 07/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,044,444

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$278,579.20

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The program is a person-centered approach to reducing falls and improving the quality of life for nursing home residents based on the most current evidence-based research, culture change, and successes from the first three years.
- b) A reliable, affordable, and sustainable model for fall prevention will be implemented with the improvements garnered from experience.

### Funded Entity(ies):

University of Oklahoma

#### **Results of the Project:**

FINAL RESULTS: This program worked one on one with facility staff to reduce falls and falls with a major injury by focusing on hydration or increased liquid intake in smaller amounts throughout the day (also reduced UTIs of participating facilities), conducting purposeful rounding at every shift to identify/monitor for potential hazards, strengthening exercises such as squats, and the use of overnight briefs which are more absorbent to allow for a longer rest period. Toolkits were provided to all participants as a reference guide. The program was introduced to families and the community by having town halls meetings in towns/cities of the participating facilities. RESULTS: Oklahoma Falls with a Major Injury quality measure score was 5.2 as of June 2018. It dropped to 4.8 as of June 2019, then, slightly increased to 5.0 as of February 2020. The final project report indicated participating facilities that provided tracking data decreased falls with a major injury collectively by an average of 12.5% during year one and 11.9% during year two. Fifty (50) facilities began the program. Thirty-six (36) homes completed the program. Quality measures data was provided by 28 homes.

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

**OK Active CMP Funded Projects in CY 2020:** 8

Project Title: Improving Evidence-Based Antibiotic Use for Treatment of Infections Commonly Seen in Long-Term Care

Unique Identifier: OK-0518-OUHSC-049

**Project Duration:** 07/01/2018 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$271,334

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$46,359.95

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will focus on increasing evidence-based antibiotic use, improving nursing staff knowledge of clinical criteria, and improving nurse-prescriber communication for antibiotic treatment via the use of a situation, background, assessment, and recommendation/request (SBAR) tool. Pharmacists will meet quarterly with nursing home staff to discuss SBAR submissions and address any related questions or concerns. Pharmacists will also assist with antibiotic tracking based on SBARs that have been submitted. Additionally, two (2) individual learning sessions will be held and training modules available for reference.

### **Funded Entity(ies):**

University of Oklahoma Health Sciences Center

### **Results of the Project:**

FINAL RESULTS: Pharmacy Management Consultants (PMC) developed an easy-to-use form, called Situation-Background-Assessment-Recommendation (SBAR) tool, designed to assist nurses and medical directors with determining when it is appropriate to request a culture, an antibiotic, or other care options for the three most commonly seen infections in LTC facilities; urinary tract infections, lower respiratory infections, and skin and soft tissue infections. Prior to using the SBAR tool, all participants were provided with two instructor lead online training modules that included clinical information about the infections. assessment of signs/symptoms, recommended therapies, and communication with prescribers tools. Additionally, 53% of homes were provided with a third consultation and 17% were provided a 4th consultation. The third and fourth consultations were challenging due to the emergence of COVID-19. Based upon the SBAR tools prepared during the project period, we learned that 42% of infections were urinary tract infections (UTI), 31% were lower respiratory infections (LRI), and 27% skin and soft tissue infections (SSTI). NH Quality measures: Of the 30 participating nursing homes, 37% of participants lowered their Long-Stay (LS) Resident with UTI quality measure score, 52% of homes lowered their LS High Risk Residents with Pressure Ulcers. 52% of homes LS Low Risk Residents who lose control of bowel/bladder. 41% lowered LS Residents who have or had a catheter inserted and left in their bladder, 30% of participants improved LS Residents Who Needed and Got a Flu Shot, 48% improved LS Residents who needed and got a vaccine to prevent Pneumonia. CHALLENGES: Medical directors' participation was rare.

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

**OK Active CMP Funded Projects in CY 2020:** 8

Project Title: Long-Term Care Leadership Academy (LTCLA)

Unique Identifier: 2018-OK-124

**Project Duration:** 08/01/2018 to 01/31/2020

Total Amount of CMP Funds Approved for this Project: \$385,262.01

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$87,590.49

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To provide the environment to develop leadership skills through education and mentoring for three levels of co-workers, with the goal of reducing turnover and implementing a program using their new skills. Promoting culture change and quality improvement of the nursing homes involved in the LTCLA will be a common thread throughout the project. Goal achievement will be evidenced by a 10% relative improvement of both the employment turnover rate and the long stay quality measure composite score in each participating facility.

### Funded Entity(ies):

University of Oklahoma Health Sciences Center

### **Results of the Project:**

FINAL RESULTS: This project held four (4) regional trainings throughout the State designed to facilitate team building to reduce staffing turnover rates by ten (10%). There were eighty-nine (89) participants from twelve (12) facilities representing residents care staff at all levels from the administrators to the certified nursing assistants. Six (6) facilities reported an average combined baseline turnover rate of 84.38% which improved to an average of 66.35% (smaller is better) by the end of their academy participation. Other facilities (3) reported a combined overall baseline retention rate (larger % is better) of 51.67% which improved to 59% post academy participation. Two of these three facilities reported specifically on their CNA retention rates. One reported a CNA baseline rate of 77% which improved to 83% post training. CULTURE CHANGE: Another aspect of this project was to promote culture change or quality improvement with nursing practices for the benefit of residents. The culture change projects chosen by participants were falls, a plan do study act project, sleep at night, and antibiotic stewardship. No other metrics regarding the outcome of these culture changed projects were provided.

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

OK Active CMP Funded Projects in CY 2020: 8

Project Title: Support and Provide Quality Assurance and Process Improvement through Root Cause Analysis and Quality Improvement Support for Nursing Facilities/Skilled Nursing Facilities

Unique Identifier: OK-0419-APIARI-277

**Project Duration:** 07/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$222,358.40

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$37,326.32

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project would continue the Oklahoma Immunization Improvement Program from last year, annually completing a minimum of thirty root cause analysis consultations and ongoing follow up. Root cause analysis support will be focused on homes in the bottom quartile of Oklahoma nursing facilities in CMS Immunization Quality Measures to create sustainable improvement for influenza and pneumococcal vaccination rates. Apiary will also complete an annual state-wide practice analysis to improve understanding of immunization practices and challenges across the state. Additionally, annual regional meetings across Oklahoma and webinars will be held for facility leadership to attend.

### Funded Entity(ies):

Apiary, LLC

#### **Results of the Project:**

This project objective was to improve immunization rates among residents and staff. 273 surveys was conducted to gain an understanding of Oklahoma's nursing home processes for obtaining consent, ordering vaccines, documentation, MDS coding, educating staff and residents, and other related matter. The results of surveys provided 72 participants with information regarding Oklahoma's immunization best practices, the most up-to-date CDC guidelines, proper MDS coding, the importance of regularly tracking immunization metrics, the use of electronic health records, national vaccine statistics, etc. Education was via workshops, webinars, and videos. Majority of participants rated the presentations as "excellent", the highest rating. This project conducted sixty-(60) root cause analysis (RCA) with facilities having influenza and pneumococcal rates less than 80% to help facilities identify cause(s) and immediately make corrections. RCA helped stabilize Oklahoma immunization rates. As of August 2018, Oklahoma's influenza and pneumococcal vaccine rates were 96.5 and 93.5 respectively. By the end of February 2020, Oklahoma's influenza and pneumococcal rates were 96.9 and 94.1 respectively. Facilities were given Immunization posters, CDC guidelines, videos, and a summary of Oklahoma's immunization practices for sustainability.

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

**OK Active CMP Funded Projects in CY 2020:** 8

# Project Title: Long Term Care Leadership Academy in the Framework of the 4Ms (LTCLA-4)

Unique Identifier: OK-1019-UOHSC-455

**Project Duration:** 03/01/2020 to 01/31/2023

Total Amount of CMP Funds Approved for this Project: \$912,514

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$152,939.69

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will conduct 10 Long-Term Care Leadership Academies (LTCLA) for nursing home staff over a three year period. The Academies will facilitate facility-wide adoption of the 4Ms Framework, an evidence-based model that places the resident at the center of care decisions and redirects staff actions on key risk factors for poor resident outcomes. The Academies provide an environment to develop leadership skills through education and mentoring of three levels of co-workers, with the goals of reducing turnover and implementing a quality improvement project within the 4Ms Framework.

### **Funded Entity(ies):**

Board of Regents of the University of Oklahoma Health Sciences Center

### **Results of the Project:**

Results pending

**Project Title: OK Senior Smiles Project** 

Unique Identifier: OK-1219-OSDH-489

**Project Duration:** 02/01/2020 to 01/31/2023

Total Amount of CMP Funds Approved for this Project: \$1,035,141

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$139,655.80

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Providing nursing home staff with the knowledge and tools to improve resident oral health will result in improved overall health and quality of life of residents. a) Educate nursing home (NH) staff and residents about the linkage between overall health and oral health to improve oral care; b) Development of an oral health toolkit, provide two (2) oral health trainings to NH staff, conduct ten (10) in-mouth basic screening

### Oklahoma

OK CMP Funds Expended for Administrative Uses in CY 2020: \$191,276.97

OK CMP Funds Expended for Emergency Uses in CY 2020: \$0

**OK Active CMP Funded Projects in CY 2020:** 8

surveys on 10 residents of participating facilities, and dissemination of oral health materials to the public; c) improve oral health, reduce pain, improve depressive symptoms, minimize weight loss, and encourage residents to aid with their own oral health; d) Targeted audience beyond nursing home residents are families, caregivers, certified nursing assistants, and public

### Funded Entity(ies):

Oklahoma State Department of Health (OSDH) - Dental Department

### **Results of the Project:**

Results pending

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Project Title: Train-the Trainer Program: Handfeeding Techniques for Nursing Facility

Residents

Unique Identifier: 2018-TX-135

**Project Duration:** 10/01/2017 to 02/28/2020

Total Amount of CMP Funds Approved for this Project: \$366,962.24

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project aims to teach nursing facility staff the skills needed to reduce the risk of weight loss in all residents experiencing the type of functional decline that warrants feeding assistance with meals.
- b) As part of this project, four regional training sessions will be conducted. Each regional training will be comprised of ten facilities (20 staff per session). The trainings will combine information sharing, small group role plays, and hands-on skills training. Participating facilities will be required to participate in regional follow-up debriefing webinars within four to six weeks after they are trained. Participating facilities will also be required to conduct training sessions in their own facilities within two months of participating in the training session.
- c) This will give staff the training needed to improve quality of care for nursing home residents.

### **Funded Entity(ies):**

Health and Human Services Commission Quality Monitoring Program

### **Results of the Project:**

Final results not provided

Project Title: Music and Memory Initiative, Phase Four

Unique Identifier: 2018-TX-136

**Project Duration:** 11/15/2017 to 09/30/2020

Total Amount of CMP Funds Approved for this Project: \$550,651.50

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

- a) This project aims to certify an additional 200 Texas nursing homes as Music and Memory certified facilities.
- b) The project is a two-phase initiative. Phase One will certify 100 nursing facilities, and Phase Two will certify an additional 100 nursing facilities. The rollout of this project will ensure that participants engage in the program in its entirety and that all webinars and training events are attended.
- c) This will allow staff to provide better quality of care to nursing home residents.

### Funded Entity(ies):

Health and Human Services Commission Quality Monitoring Program

### **Results of the Project:**

Technical assistance and webinars will continue to be provided by program staff through the end of the project, June 30, 2020 for sustainability purposes. University of Texas will provide manuscript of final study.

# Project Title: Bettering Lives Through Technological Advancements at Seymour Rehab and Healthcare

Unique Identifier: 2018-TX-137

**Project Duration:** 11/28/2017 to 10/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$17,660.99

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will implement It's Never Too Late (iN2L) technology, providing opportunities for social involvement, recreation, improved motor functioning, and cognitive linguistic stimulation.
- b) The program will facilitate easy access to electronic and internet-based communication and will help facilitate communication with residents and their families.
- c) The program will also decrease the need for antipsychotic medications for patients with behavioral and psychological symptoms and will decrease the amount of assistance residents need to participate in activities of daily living (resulting in an improved sense of autonomy and personal confidence).

### Funded Entity(ies):

Seymour Rehab and Healthcare

### **Results of the Project:**

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

The iN2L training was performed on 12/20. Due to the short amount of time to implement the iN2L, there are no observable trends to collect at the time. Many patients are enjoying leaning the various options the iN2L has to offer. Therapy has been using the iN2L for standing balance activities, standing tolerance activities, reaching, upper/lower extremity cycling, and calming music. Activities has used the iN2L for group activities such as Family Feud, Price is Right, and Who Wants to be a Millionaire?

**Project Title: It's Never Too Late to Connect** 

Unique Identifier: 2018-TX-138

**Project Duration:** 12/01/2017 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$105,439.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will implement It's Never 2 Late (iN2L) technology, including utilization of six interactive units and bike simulator.
- b) The project provides engagement with friends, family, and community.
- c) It aims to improve quality of life, reduce usage of as needed (PRN) antipsychotic medications, and reduce the incidence of behavioral and psychological symptoms of dementia.

### **Funded Entity(ies):**

Cleveland Health Care Center

#### **Results of the Project:**

Among the target population nursing staff have noted the use of iN2L has been very effective in deescalating behaviors. It is also noted, that the target population has changed somewhat over the year, as residents admit and discharge. Various sections of the program have been effective including engaging with the Sensory section, Classic TV program section, and Oldies Music. Staff are working with residents to learn individual preferences and using that information to aide in engaging with iN2L in a meaningful way.

Project Title: Resident Engagement and Calming Technology (REACT)

Unique Identifier: 2018-TX-139

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

**Project Duration:** 12/01/2017 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$69,629.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) This project will implement It's Never 2 Late (iN2L) technology, an interactive and adaptive computer system that will provide a person-centered experience.
- b) Through one-on-one and group recreational and leisure activities, iN2L helps enhance the quality of care and decrease the use of antipsychotic medications.
- c) The project also aims to provide connection to resident's family members and engage residents on many dimensions of the wellness protocol.

### Funded Entity(ies):

Methodist Retirement Community: Crestview

### **Results of the Project:**

With the pandemic concerns of isolation, lack of mobility and depression have been top priority. Currently, music is being played at resident meal times. Since residents are seated 6 feet apart, some conversation is hard to maintain with each other. Music helps with the distance and serves as a good distraction. We are also using the iN2L to view a lot of holiday programing. A lot of digital media is available for the holidays and residents are enjoying watching older and newer holiday movies. This helps put residents in a happy state of mind. The total usage in hours increased as the program progressed, to approx. 1000 hours. However, due to the pandemic and the need to isolate residents, usage began decreasing in March 2020 and had not gone up by the time the program ended in November 2020. Outside of the pandemic, I believe this program would have continued to thrive.

**Project Title: Resident Engagement and Calming Technology (REACT)** 

Unique Identifier: 2018-TX-140

**Project Duration:** 12/01/2017 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$59,778.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

- a) This project will implement It's Never 2 Late (iN2L) technology, an interactive and adaptive computer system that will provide a person-centered experience.
- b) Through one-on-one and group recreational and leisure activities, iN2L helps enhance the quality of care and decrease the use of antipsychotic medications.
- c) The project also aims to provide connection to resident's family members and engage residents on many dimensions of the wellness protocol.

### Funded Entity(ies):

Methodist Retirement Community: Pinecrest

### **Results of the Project:**

The pandemic has highlighted strengths and weaknesses with the program. Having this program eases nerves and helps keep spirits up! The REACT program is assisting us with all dimensions of wellness. There were several periods of time where the system went unused due to COVID zones. The facility could not have group activities in the rehab area due to state regulations. The system in rehab is not mobile so we were not able to use it during those times. Usage was reduced significantly due to the pandemic and at the end of the program was not used at all due to the need to keep resident isolated.

**Project Title: Food Works...on Request!** 

Unique Identifier: TX-0418-SGSL-023

Project Duration: 08/20/2018 to 08/19/2021

Total Amount of CMP Funds Approved for this Project: \$144,552.91

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$17,525

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the "Food Works...on Request!" project is to address the core values of culture change dignity, respect, self-determination, and purposeful living through a change in dining culture.
- b) This program will offer an enhanced form of dining to nursing home residents that must have, or choose to have, in-room settings, yielding improved customer satisfaction, meal consumption, body mass indexes (BMIs), and weight profiles.
- c) This project will improve overall quality of care and health of nursing home residents.

### Funded Entity(ies):

Fannin County Hospital

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

### **Results of the Project:**

Results pending

**Project Title: Aroma Works** 

Unique Identifier: TX-0418-SGSL-025

**Project Duration:** 08/20/2018 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$202,466

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$33,785.85

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of this program is to educate, train, develop and provide resources for all activity and care staff to utilize an essential oil program for residents with mood disorders, pain management, and/or Alzheimer's disease or related dementia.
- b) This will allow for oils to be used in a safe manner and will serve as a therapeutic nonpharmacological intervention for areas including: anxiety, depression, agitation, appetite stimulation, and memory impairment.
- c) This will improve overall quality of care and health in nursing home residents.

### **Funded Entity(ies):**

StoneGate Senior Living

#### **Results of the Project:**

Results pending

**Project Title: Enrichment for All** 

Unique Identifier: TX-0418-ECC-036

**Project Duration:** 08/01/2018 to 07/31/2021

Total Amount of CMP Funds Approved for this Project: \$53,819

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,080

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Ennis Care Center's "Enrichment for All" project will incorporate person-driven engagement through It's Never 2 Late (iN2L) technology, which delivers customized recreation and leisure activities that address the unique needs and abilities of the individual. This will help enhance communication and social connection through increased opportunities for residents to stay engaged with family, friends, staff, and the community.

### Funded Entity(ies):

**Ennis Care Center** 

#### **Results of the Project:**

Results pending

Project Title: It's Never Too Late to Enhance Recreational Programming at Southwood Care Center

Unique Identifier: TX-0418-SCC-037

**Project Duration:** 07/01/2018 to 06/01/2021

**Total Amount of CMP Funds Approved for this Project**: \$49,696.89

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The It's Never 2 Late (iN2L) program will allow Southwood Care Center to directly improve residents' quality of life by reducing psychotropic medication use, increasing participation of those residents with low and/or limited current participation, and providing more diversity in programming to allow residents to relate to new programming opportunities.

### **Funded Entity(ies):**

Southwood Care Center

#### **Results of the Project:**

Southwood Care Center closed. Project transferred to Colonial Manor. Results pending

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

**Project Title: The Stayton at Museum Way** 

Unique Identifier: TX-0418-SMW-038

**Project Duration:** 08/20/2018 to 08/19/2021

**Total Amount of CMP Funds Approved for this Project**: \$55,265.99

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not provided

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, Stayton at Museum Way, seeks civil money penalty funds to utilize the It's Never 2 Late (iN2L) program with the goal of reducing agitation, depression, sundowning, and the use of psychotropic medication among nursing home residents. Activities and life enrichment teams will schedule small group activities featuring specific iN2L content that will engage, entertain, and activate their residents. They will be trained to use the iN2L Activity Guides, and holiday and theme recommendations to plan their activities calendars, and all iN2L activities will be highlighted on the calendars to increase the participation of families, volunteers and non-activities staff. They will schedule one-on-one activities for residents who are isolated and will provide individualized activities on an as-needed basis to residents who might be experiencing bio-psycho-social distress.

### **Funded Entity(ies):**

The Stayton at Museum Way

### **Results of the Project:**

Continues to develop group and individualized programs supporting cognition, spirituality and sensory.

The iN2L has been implemented into monthly calendar usage in our skilled living. One to One is our key usage as we have several residents with low cognitions due to dementia and dementia-related disease. Music is a key factor for residents with low cognition and advanced stages of Alzheimer's.

**Project Title: Craft DUO-Leather Crafting with Friends** 

Unique Identifier: TX-1218-CDUO-198

**Project Duration:** 04/01/2019 to 03/31/2022

**Total Amount of CMP Funds Approved for this Project**: \$155,614.60

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$9,711.65

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Craft DUO is a nonprofit organization, established to educate our communities on the social and mental benefits of hand crafts. Craft DUO teaches leather craft workshops and strives to enhance quality of life for all participants.

Funded Entity(ies):

Craft DUO

**Results of the Project:** 

Results pending

Project Title: It's Never Too Late Computer Technology (iN2L)

Unique Identifier: TX-1218-WP-201

**Project Duration:** 04/19/2019 to 03/31/2022

Total Amount of CMP Funds Approved for this Project: \$17,538

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project's goal is to obtain It's Never Too Late Computer Technology (iN2L), including a one-time training and installation fee. The purpose of obtaining iN2L is two-fold: (1) increase Walnut Place residents' quality of life through reduction in psychotropic medication use and (2) reduce the nursing home staff's stress levels. This equipment will address residents' preferences; residents' preferences can be retrieved and utilized.

Funded Entity(ies):

Walnut Place

**Results of the Project:** 

Results pending

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56.872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

**Project Title: Resident Engagement Program** 

**Unique Identifier: TX-1218-MRCC-203** 

**Project Duration:** 03/15/2019 to 03/14/2022

Total Amount of CMP Funds Approved for this Project: \$40,358

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$8,720

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Resident Engagement Program aims to provide skilled nursing communities the opportunity to integrate fun and sustainable programing that is innovative, rewarding and enriches the lives of all their residents through It's Never Too Late (iN2L) technology.

### Funded Entity(ies):

MRC Towncreek dba MRC Creekside

**Results of the Project:** 

Results pending

Project Title: Resident Engagement and Calming Technology- REACT Program

**Unique Identifier: TX-1218-MRCC-199** 

**Project Duration:** 03/01/2019 to 02/28/2022

Total Amount of CMP Funds Approved for this Project: \$51,367

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Cornerstone Retirement Community in Texarkana, Texas seeks to procure funding for the Resident Engagement And Calming Technology (REACT) Program. This program will provide person-centered experiences leading to enhanced quality of life of residents, increased engagement, and reduced use of antipsychotic medications through specifically designed one-on-one and/or group recreational and leisure activities.

#### **Funded Entity(ies):**

MRC Cornerstone

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

### **Results of the Project:**

Results pending

# Project Title: Reducing Readmissions Interactive Technology Improvement Project (RRIT)

Unique Identifier: TX-0519-EMH-309

**Project Duration:** 10/01/2019 to 05/31/2021

Total Amount of CMP Funds Approved for this Project: \$413,844

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$14,096.02

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project consists of three main objectives: (1) collaboration as part of an existing relationship of hospital-owned, skilled nursing facilities (SNF) to provide oversight of telehealth project with consultation; (2) training and certification of "Interact Champions" for each of the SNFs; and (3) implementation and integration into electronic health record of diagnostic technologies for onsite physician and physician extender engagement, assessment, and treatment. The applicant plans to address the lack of education surrounding basic principles of avoiding readmissions as identified in the Interact 4.0 toolkit.

#### **Funded Entity(ies):**

**Eastland Memorial Hospital** 

### **Results of the Project:**

Telemedicine has proven to be of the utmost value for our skilled nursing homes during the COVID pandemic. It is keeping our physicians, therapists, and other workers safe while they are providing necessary care to our skilled residents. The facilities continue to use the interactive telemedicine machines, but prefer other platforms, such as "Zoom". We have found that the "Zoom" platform, although not interactive, is easier to use for most users.

# Project Title: West Janisch C.A.R.E.S. (Computers to Attain Residents Engagement and Support)

Unique Identifier: TX-0219-WJHC-218

**Project Duration:** 04/01/2019 to 03/31/2022

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Total Amount of CMP Funds Approved for this Project: \$81,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of bringing the iN2L engagement technology program to West Janisch Community is to provide the residents the opportunity to engage/re-engage with their loved ones. The easy-to-use computer applications, provide a higher quality of life for the residents by allowing them, regardless of their experience, physical, or intellectual abilities, to use the technology easily and with minimum frustration. The benefits of this program are so numerous. The population as a whole will find various things they like about the program.

### **Funded Entity(ies):**

West Janisch Healthcare Center

### **Results of the Project:**

Results pending

**Project Title: Paro the Robotic Therapeutic Seal** 

Unique Identifier: TX-0219-AHS-223

**Project Duration:** 06/15/2019 to 06/14/2020

Total Amount of CMP Funds Approved for this Project: \$7,290

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,290

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will purchase an advanced interactive robot, Paro the robotic therapeutic seal, which allows the documented benefit of animal therapy to be administered to patients in environments where live animals present treatment or logistical difficulties. PARO will have open times to be utilized, under direct staff supervision and will also be available to staff to utilize at any time to help decrease negative behaviors and assist with prevention of/managing emotional outbursts. PARO will increase socialization, decrease isolation, and provide meaningful activity for a range of different cognitive levels and physical abilities.

### Funded Entity(ies):

Jack County Hospital District dba Parkview Care Center (Advanced Healthcare Solutions)

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

### **Results of the Project:**

Results pending

**Project Title: Memories Light the Pathway Home** 

Unique Identifier: TX-0219-RHI-227

**Project Duration:** 06/01/2019 to 05/31/2022

Total Amount of CMP Funds Approved for this Project: \$33,778

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement Memory/Shadow boxes for all 75 long-term care residents' rooms in order to address falls, agitation, negative behaviors, way-finding deficits, and the amount of time staff spend redirecting residents. Items proposed for the memory box include items of importance to the resident that are representative of older memories. All residents will be evaluated by a Speech-Language Pathologist to determine his/her Allen Cognitive Level and assigned a color to place in his/her Memory Box to represent the associated cognitive level. A training program will be formulated to inform staff of the Allen Cognitive Levels, what each level represents, and the stories behind each resident's shadow box to provide accurate cueing and re-direction and to engage in meaningful interactions.

### **Funded Entity(ies):**

Riverwalk Healthcare, Inc. dba Legend Oaks Nsg and Rehabilitation - New Braunsfels

#### **Results of the Project:**

Results pending

**Project Title: Direct Patient Care and Facility Education in Nursing Homes** 

Unique Identifier: TX-0219-UTHSA-234

**Project Duration:** 08/01/2019 to 07/31/2022

**Total Amount of CMP Funds Approved for this Project**: \$5,719,442

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not provided

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The School of Dentistry at the University of Texas (UT) Health San Antonio is proposing to institute a direct patient care and facility education dental care project in local nursing homes in years 2019-2022. The project will involve care and education by students, dental residents, staff, and faculty from UT. The project includes purchase of two mobile dental units with required transportation and portable dental equipment capable of being moved and set-up quickly at nursing homes in multiple care sites in Central and South Texas. Nursing homes will enroll in the program with all necessary agreements and approvals for care delivery as required by the State of Texas. The School of Dentistry will also ensure good relations with existing oral health providers at local nursing homes to avoid displacing or unfairly competing with them.

### Funded Entity(ies):

The University of Texas Health San Antonio

**Results of the Project:** 

Results pending

Project Title: Its Time for Change: It's Never Too Late Implementation

Unique Identifier: TX-0419-KH-268

**Project Duration:** 07/01/2019 to 06/30/2022

Total Amount of CMP Funds Approved for this Project: \$701,830.41

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$701,830.41

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant seeks to create individualized activity programming for residents of one of ten participating facilities through the implementation of It's Never Too Late (iN2L) technology. By providing meaningful activities and access to new experiences, residents are likely to experience an improvement in their overall quality of life while caregivers will have additional opportunities to strengthen communication with peers and residents alike. Between the ten participating facilities, the applicant anticipates that 1,013 residents will be directly impacted by this change in programming.

### **Funded Entity(ies):**

Keystone Care, LLC dba Keystone Healthcare

### **Results of the Project:**

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Results pending

Project Title: Preventing Patient Falls: Incorporating Tai Chi into the Patient's Plan of Care to Improve Balance, Strength, and Flexibility

Unique Identifier: TX-0419-MH-270

Project Duration: 07/01/2019 to 06/30/2020

**Total Amount of CMP Funds Approved for this Project**: \$10,774.85

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$9,497.04

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Tai Chi will be incorporated into the patient's therapy program to reduce the Falls Rate while equipping the patient with skills in strength, balance, and flexibility. Tai Chi classes will tentatively be held every Tuesday and Thursday for 1 hour for 12 months. All patients will have the opportunity to participate in the classes unless medically contraindicated. The Nurse Manager/Physical Therapist will greet the patient and/or the patient's representative upon admission and introduce them to the Tai Chi class offering. Therapists who are following the patient will conduct a thorough evaluation of patient's physical condition to determine how Tai Chi will benefit the patient and can be incorporated into the patient's plan of care. Tai Chi will focus on strength, flexibility, balance, and fall prevention while the patient is in the HMH SNF. Furthermore, education on fall prevention and safety will continue to be emphasized to the patient and/or their representative throughout their stay and as they transition to their next level of care. The primary goal is to promote strengthening, agility, flexibility and movement and thereby decrease patient falls while the patient is on the inpatient SNF, with secondary outcomes of being safe at home.

### Funded Entity(ies):

The Methodist Hospital dba The Methodist Hospital-Skilled Nursing Facility

#### **Results of the Project:**

Results pending

**Project Title: A Sense of Reality** 

Unique Identifier: TX-0419-RH-271

**Project Duration:** 07/01/2019 to 06/30/2020

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Total Amount of CMP Funds Approved for this Project: \$6,273.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

To address sun-downing behaviors including agitation, restlessness, irritability, confusion, disorientation, paranoia, yelling, pacing, hallucinations and mood swings, the project will create a multi-sensory room for residents exhibiting these behaviors. The multi-sensory room will include visual stimulation, auditory stimulation, olfactory stimulation, tactile stimulation, and proprioceptive and vestibular stimulation. Visual stimulation will include a projector with calming images and bubble tubes, auditory stimulation will include relaxation/environmental music, olfactory stimulation will include aromatherapy and essential oils, tactile stimulation will include an infinity bead chain and proprioceptive stimulation will include a gym for relaxation.

### Funded Entity(ies):

Riverwalk Healthcare, INC dba Legend Oaks Nursing and Rehabilitation - New Braunfels

### **Results of the Project:**

The Multi-Sensory project was a big achievement for Legend-Oaks New Braunfels. We are proud of how it has changed lives for residents and contributed to the education of change in long-term care in different approaches to addressing sun-downing behaviors.

**Project Title: NeuroGym Bungee Mobility Trainer and Sit-to-Stand Trainer** 

Unique Identifier: TX-0419-AHS-273

**Project Duration:** 06/01/2019 to 05/31/2020

Total Amount of CMP Funds Approved for this Project: \$15,350.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project is aimed at improving quality of care for residents with physical impairments and decreased balance and strength through the purchase of the NeuroGym Bungee Mobility Trainer and Sit-To-Stand Trainer. NeuroGym technology is a comprehensive line of mobility enabling equipment to improve functional independence. The project aims to decrease the need for extensive physical assist with transfers and improve patient independence with functional mobility. The NeuroGym equipment will significantly

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

decrease the physical strain on providers while enabling residents to regain strength and mobility safely while enabling residents to regain strength and mobility safely while decreasing physical declines and risk for falls.

### Funded Entity(ies):

Advanced Healthcare Solutions dba Balch Springs Nursing and Rehab

### **Results of the Project:**

Patients identified with a high fall risk are being referred to therapy to utilize this specific equipment as it has demonstrated a reduced fall risk. In every quarterly report there has been a reduced fall risk as evidenced by improvement in either the Sit to Stand or Functional Reach Assessment. Quality Measures for Falls/Falls with Major Injury/Improvement in Function have positively improved at times during the course of this grant.

Project Title: ADL Training Videos in English and Spanish

Unique Identifier: TX-0419-TMC-283

**Project Duration:** 07/01/2019 to 01/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$93,427.80

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$62,727.60

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create a 30 minute training video to increase proficiency in documentation of Activities of Daily Living (ADL), as it pertains to the performance-based ADL scale, described in the RAI manual and utilized for MDS coding and resident centered care planning. Effective training will enhance the quality of care and improve resident outcomes. Education will develop proficiency in assessing and describing resident function 24/7, and in accurately documenting ADLs. This in turn provides the foundation for accurate and effective care plans, the development of care goals that are appropriate, identifiable and measurable, and enhances caregiver communication through a more accurate and complete clinical record. These enhanced training resources will improve shortcomings in ADL documentation caused by high caregiver turnover rates, language barriers, various learning styles, and time constraints.

### Funded Entity(ies):

**Texas Medicaid Coalition** 

#### **Results of the Project:**

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Final results not provided.

**Project Title: Paro the Robotic Therapeutic Seal** 

Unique Identifier: TX-0919-ARHLO-424

**Project Duration:** 10/15/2019 to 10/14/2020

Total Amount of CMP Funds Approved for this Project: \$7,290

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,290

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant will purchase an advanced interactive robot, Paro the robotic therapeutic seal, in order to provide animal therapy to patients without the use of live animals. The applicant will establish open hours where the robotic seal can be utilized under direct staff supervision. Staff will also be able to utilize the tool at any time to help decrease negative behaviors and assist with preventing and managing emotional outbursts. The applicant expects to see an increase in socialization as a result of the proposed project and will provide residents with surveys to determine the effectiveness of the intervention.

### Funded Entity(ies):

Stonebrook Manor SNF LLC dba Advanced Rehab and Healthcare of Live Oak

#### **Results of the Project:**

Since the implementation of PARO therapeutic robot, residents have demonstrated an overall improved quality of life. All residents who have interacted with "Sami" have shown decreased agitation, stress, and improved socialization abilities. Sami, has been a great impact to the facility and residents love and look forward to spending time with him. Sami has taught residents and staff valuable lessons regarding the importance of social interactions and communication abilities in order to promote overall quality of life.

Project Title: Paro the Robotic Therapeutic Seal

Unique Identifier: TX-0919-WORN-427

**Project Duration:** 11/01/2019 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$7,290

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,290

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

# Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant will purchase an advanced interactive robot, Paro the robotic therapeutic seal, in order to provide animal therapy to patients without the use of live animals. The applicant will establish open hours where the robotic seal can be utilized under direct staff supervision. Staff will also be able to utilize the tool at any time to help decrease negative behaviors and assist with preventing and managing emotional outbursts. The applicant expects to see an increase in socialization as a result of the proposed project and will provide residents with surveys to determine the effectiveness of the intervention.

### **Funded Entity(ies):**

Whispering Oaks SNF LLC dba Whispering Oaks Rehab and Nursing

### **Results of the Project:**

There were 6 participants who interacted with PARO once or twice during speech and occupational therapy and as part of daily activities from 8/1/2020 until 10/30/2020.

7 out of 8 participants 'loved' interacting with PARO.

5 out of 8 participants were feeling 'happy' while interacting with PARO.

4 out of 8 participants showed improved behavior and mood after using PARO.

### Project Title: NeuroGym Bungee Mobility Trainer and Sit-to-Stand Trainer

Unique Identifier: TX-0919-RKP-428

**Project Duration:** 11/01/2019 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$15,350

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$14,093.11

# Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a nursing facility, aims to improve the quality of care for residents with physical impairments by purchasing the NeuroGym Bungee Mobility Trainer and Sit-To-Stand Trainer. This equipment is intended to aid nursing staff by decreasing the need for extensive physical assistance with transfers and improve patient independence with functional mobility. As a result of implementing the equipment in the facility, the applicant expects to see a decrease in preventable falls.

#### Funded Entity(ies):

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Renaissance SNF LLC dba The Renaissance at Kessler Park

**Results of the Project:** 

Results pending

**Project Title: Paro the Robotic Therapeutic Seal** 

Unique Identifier: TX-0919-TRN-429

**Project Duration:** 11/01/2019 to 10/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$7,290

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,290

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant will purchase an advanced interactive robot, Paro the robotic therapeutic seal, in order to provide animal therapy to patients without the use of live animals. The applicant will establish open hours where the robotic seal can be utilized under direct staff supervision. Staff will also be able to utilize the tool at any time to help decrease negative behaviors and assist with preventing and managing emotional outbursts. The applicant expects to see an increase in socialization as a result of the proposed project and will provide residents with surveys to determine the effectiveness of the intervention.

### **Funded Entity(ies):**

Tomball Rehab and Nursing

**Results of the Project:** 

Results pending

Project Title: 2020 Clinical Excellence Scholarship: Accessible Education for Texas

**Nursing Facilities' Direct Care Staff** 

Unique Identifier: TX-0919-LATX-430

**Project Duration:** 12/01/2019 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$46,880

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$25,855.71

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

# Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a non-profit trade association, aims to provide 50 direct care staff with scholarships to participate in the four-day 2020 LeadingAge Texas Annual Conference. Scholarship recipients will participate in training sessions covering current and relevant topics important to addressing the trending health are needs of high acuity patients and maintaining high-quality care in Texas' nursing facilities. Recipients will also be eligible to earn up to 12 hours of continuing education credits.

### Funded Entity(ies):

LeadingAge Texas

### **Results of the Project:**

While LeadingAge Texas was transparent from the onset of the scholarship awardees' acceptance that they were to complete the post-event surveys and emailed each participant requesting that they complete each of the surveys at the designated time, we only had 12.5% participation. The few participants who completed the surveys expressed positive outcomes within their facilities, however we expected more participation throughout the surveys. We will send a third and final survey in December in the hopes of garnering more participation and feedback. Of course, the COVID-19 pandemic meant that we at LeadingAge Texas had to pivot and work diligently to make content available to staff of Texas' nursing facilities. This experience made the LeadingAge Texas team aware of the need to be flexible in the planning and implementation stages of providing education to individuals who work in settings affected by the pandemic in such an extreme way. As we are working on improving the program for our 2020 – 2021 project, we will concentrate on how we can continue to be flexible in the planning and execution of the education and how to better market and make the participants aware of the importance of the benchmarking surveys.

**Project Title: NeuroGym Bungee Mobility Trainer and Sit-to-Stand Trainer** 

Unique Identifier: TX-0919-BWNR-431

**Project Duration:** 11/15/2019 to 11/14/2020

Total Amount of CMP Funds Approved for this Project: \$15,350

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,955.28

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a nursing facility, aims to improve the quality of care for residents with physical impairments by purchasing the NeuroGym Bungee Mobility Trainer and Sit-To-Stand Trainer. This equipment is

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

intended to aid nursing staff by decreasing the need for extensive physical assistance with transfers and improve patient independence with functional mobility. As a result of implementing the equipment in the facility, the applicant expects to see a decrease in preventable falls.

### Funded Entity(ies):

Brady West Nursing and Rehab

### **Results of the Project:**

Results pending

Project Title: Craft DUO for Crafting with Friends 2.0 – Leather Craft Workshops

Unique Identifier: TX-0919-CDUO-438

Project Duration: 12/01/2019 to 11/30/2021

Total Amount of CMP Funds Approved for this Project: \$236,194.58

Total Amount of CMP Funds Expended During CY 2020 for this Project: Not provided

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a vendor, requests a two-year extension to expand their leather craft workshops from eight facilities to nine facilities, reaching roughly 135 residents each month. The applicant will hold workshops twice a month, and family members will also be encouraged to attend. The applicant expects to complete over 3,000 projects with approximately 900 different residents by the end of the funding period. Participating facilities will keep the tools and supplies purchased for the project.

#### **Funded Entity(ies):**

Craft DUO

#### **Results of the Project:**

Results pending

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Project Title: A Roadmap to Quality: How to Build a Quality Assurance, Performance Improvement, and Patient Safety Program in Your Nursing Facility

Unique Identifier: TX-0418-TXHHS-019

**Project Duration:** 07/01/2018 to 03/01/2020

Total Amount of CMP Funds Approved for this Project: \$485,280

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,270

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this course is to provide nursing home staff with the knowledge and skills required to develop, initiate, maintain, report on, and evaluate different approaches to quality assurance, performance improvement, risk analysis, infection control and systems thinking. The initial two-day course will be offered at eight regional locations throughout the state of Texas. Nursing facilities will be strongly encouraged to participate in these training sessions. The course will provide the participants an opportunity to participate in a case study example of the quality process. Participants will follow an application of best practice to a sample clinical problem and apply principles of quality to establish a method of measurement and evaluation of the best practice example.

### Funded Entity(ies):

Texas Health and Human Services

**Results of the Project:** 

Results pending

**Project Title: Providing APRN Services in Nsg Facilities** 

Unique Identifier: TX-0418-TXCHHS-021

**Project Duration:** 11/01/2018 to 10/31/2021

**Total Amount of CMP Funds Approved for this Project**: \$1,419,183.50

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$118,624.37

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Project seeks, through evaluation of 5 NFs, to determine if employment of a full-time, salaried Advanced Practice Registered Nurse (APRN), as part of the NF care team, can decrease hospitalizations and the rate

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

of adverse events among the residents and improve the quality of life and the quality of care for the facility residents. The full-time APRN will be able to provide care seven days/week to the residents. Five nursing facilities (NFs) will provide Advanced Practice Registered Nurse (APRN) services (two APRNs per NF) to their residents for the period of one year, during which time an evaluation of resident outcomes will be conducted to determine if this model of care aids in reducing the rates of adverse events among the residents, including rehospitalizations, inappropriate prescribing of medications (antipsychotics, antibiotics, opioids and polypharmacy), and reducing the need for acute care services while improving the quality of care and quality of life for the facility's residents. After year 1, the NFs will be required to employ the APRN. During years 2 and 3 of this project, additional data will be gathered and evaluated to determine the effectiveness of the project.

### Funded Entity(ies):

Texas HHSC

### **Results of the Project:**

Results pending

**Project Title: Enrichment for All Project** 

Unique Identifier: TX-0520-CHE-617

**Project Duration:** 10/15/2020 to 10/14/2023

Total Amount of CMP Funds Approved for this Project: \$126,602.94

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$88,061.26

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to purchase and install an it's Never Too Late (iN2L) system within two of its facilities. iN2L provides residents with various applications intended for recreation, social engagement, and memory care activities.

#### Funded Entity(ies):

Capstone Healthcare Estates at Veterans Memorial (Formerly Grace VM Holdings Group LP DBA Grace Care Center at Veterans Memorial)

### **Results of the Project:**

Results pending

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

**Project Title: A Sense of Renewal** 

Unique Identifier: TX-0420-PRH-609

**Project Duration:** 11/01/2020 to 10/31/2022

**Total Amount of CMP Funds Approved for this Project**: \$19,633

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$17,438.65

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create a multi-sensory room for residents with dementia exhibiting sundowning behaviors in order to provide innovative solutions that promote positive outcomes for residents.

### Funded Entity(ies):

Pomerado Ranch Healthcare, Inc. dba Golden Acres Living and Rehabilitation Center

### **Results of the Project:**

Results pending

**Project Title: Next Steps in Dementia Care** 

**Unique Identifier: TX-0420-TMF-595** 

**Project Duration:** 11/01/2020 to 10/31/2022

**Total Amount of CMP Funds Approved for this Project**: \$904,046.35

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$23,074.85

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will improve the ability of nursing home staff to recognize and manage expressions of distress that manifest as behaviors in residents living with dementia, resulting in an improved quality of life for residents.

### **Funded Entity(ies):**

TMF Health Quality Institute

#### **Results of the Project:**

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

**Project Title: SNFClinic Project** 

Unique Identifier: TX-0220-LTC-577

**Project Duration:** 07/01/2020 to 06/30/2023

**Total Amount of CMP Funds Approved for this Project**: \$738,750

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$60,000

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

nursing nome residents, if applicable).

The project would implement SNFClinic, an electronic management system (eLMS), in 25 facilities over three years. SNF Clinic provides over 150 interactive training videos in order to provide ongoing education on how to correctly perform nursing procedures

### Funded Entity(ies):

Long Term Care Consultants, LLC

### **Results of the Project:**

Results pending

# **Project Title: Texas Wound Care Excellence Program for Skilled Nursing Facilities Project**

Unique Identifier: TX-0220-VPAC-557

**Project Duration:** 05/01/2020 to 04/20/2021

Total Amount of CMP Funds Approved for this Project: \$223,152

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$49,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Texas Wound Care Excellence Program's goal is to educate and certify 500 nurses in the critical area of wound care in order to close the knowledge gap in the care of chronic wounds and to help address the high prevalence and expense of chronic wounds.

#### **Funded Entity(ies):**

VOHRA Post-Acute Care Physicians of Texas, PLLC

#### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

### **Results of the Project:**

Results pending

**Project Title: Recreation Engagement and Wellness** 

Unique Identifier: TX-0418-CT-024

**Project Duration:** 09/15/2018 to 09/15/2021

**Total Amount of CMP Funds Approved for this Project**: \$37,054.37

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$6,720.90

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Clairmont Tyler is applying for \$37,054.37 in funding to implement the Recreation Engagement and Wellness project. The goal of the project is to integrate the It's Never 2 Late (iN2L) Program, which includes engagement technology (computer systems).

#### **Funded Entity(ies):**

The Clairmont Tyler. Effective 10/1/2018 name changed to Petal Hill Nursing and Rehabilitation Center.

### **Results of the Project:**

The project was designed to engage our residents in meaningful activity, provide therapeutic benefits such as cognitive stimulation, physical activity, relaxation, reminiscence, and enhance connections with their families. The goals for us were to improve quality of life (QOL) of our residents, and increase/improve communication between our residents and their families, friends and the community at large.

### Project Title: Rhythmic Abilities – Making Music With The Dementia Population

**Project** 

Unique Identifier: TX-0220-DMD-554

**Project Duration:** 03/15/2020 to 03/14/2022

**Total Amount of CMP Funds Approved for this Project**: \$10,253.16

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$10,253.16

### **Texas**

TX CMP Funds Expended for Administrative Uses in CY 2020: \$56,872.72

TX CMP Funds Expended for Emergency Uses in CY 2020: \$0

TX Active CMP Funded Projects in CY 2020: 42

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project would allow for the purchase of 134 musical instruments for resident use as a part of the "Rhythmic Abilities" program. Interactive musical interventions can improve the quality of life and interpersonal relationship of all residents.

### Funded Entity(ies):

Dewitt Medical District dba Sonterra Health Center

#### **Results of the Project:**

Results pending

**Project Title: Life Works Wellness Project** 

Unique Identifier: TX-1119-LW-468

**Project Duration:** 03/01/2020 to 02/28/2022

Total Amount of CMP Funds Approved for this Project: \$229,402.87

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$2,931

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant seeks to implement the Life Works Wellness program in 50 nursing facilities. The program is a monthly-based subscription service that provides nursing facilities with materials and guides.

#### **Funded Entity(ies):**

Lifetime Wellness, LTD

### **Results of the Project:**

#### lowa

IA CMP Funds Expended for Administrative Uses in CY 2020: \$54,513.25

IA CMP Funds Expended for Emergency Uses in CY 2020: \$0

IA Active CMP Funded Projects in CY 2020: 1

**Project Title: It's Never 2 Late** 

**Unique Identifier: IA-1118-MHA-183** 

**Project Duration:** 01/01/2019 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$38,843

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$8,215

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

The project will work with staff at Madrid Home for Aging, Skilled Nursing and Chronic Confusion or Dementing Illness Unites to implement It's Never 2 Late (iN2L) to achieve the goal of using person-based, engagement technology. This technology will deliver person-centered cognitive, recreational and leisure activities that address the unique abilities and needs of the individual and enrich communication and social connections. Madrid Home will offer small group and one-on-one activities, creating personal activity pages and life stories by using the technology for function/cognitive growth.

### Funded Entity(ies):

Madrid Home for the Aging

### **Results of the Project:**

#### Kansas

KS CMP Funds Expended for Administrative Uses in CY 2020: \$0 KS CMP Funds Expended for Emergency Uses in CY 2020: \$925,104.67

KS Active CMP Funded Projects in CY 2020: 2

**Project Title: Using TeamSTEPPS to Reduce Antipsychotic Medications** 

Unique Identifier: KS-0718-LAKF-101

**Project Duration:** 01/01/2019 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$147,372

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$92,882.97

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project TeamSTEPPS will provide training through an offsite 2-day workshop that will be offered to all Kansas Nursing Facilities (NF) and Long Term Care Units (LTCU) and then a second onsite visit including in depth assessment and facility training for a subset of participants (this has been adapted to virutal due to Covid-19.)
- b) TeamSTEPPS has incorporated best practices identified through research into a program to improve the quality, safety, and efficiency of health care by improving communication and other teamwork skills.
- c) The project can provide long-term care staff and providers a format to be sure essential information is shared using components of a multi-team system.

### **Funded Entity(ies):**

LeadingAge Kansas Foundation

### **Results of the Project:**

TeamSTEPPS has incorporated the best practices from this research into a program to improve the quality, safety, and efficiency of health care by improving communication and other teamwork skills. These skills lead to important team outcomes, such as enabling the teams to: adapt to changing situations; have a shared understanding of the care plan; develop positive attitudes toward and appreciate the benefits of teamwork; provide more safe, reliable, and efficient care. This research has also lead to curriculum revisions including: changes to language, short case studies, and videos illustrating teamwork opportunities in the nursing home setting.

**Project Title: Nursing Mental Health Training Grant** 

Unique Identifier: 2018-KS-142

**Project Duration:** 01/01/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$441,317

### **Kansas**

KS CMP Funds Expended for Administrative Uses in CY 2020: \$0 KS CMP Funds Expended for Emergency Uses in CY 2020: \$925,104.67 KS Active CMP Funded Projects in CY 2020: 2

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$80,921.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Nursing Facilities Mental Health (NFsMH) employee training is to establish a framework for assuring the facility has aligned its' employee training resources with its' core programmatic and organizational priorities working with mentally ill consumers. The plan identifies training needs, priorities, resources, roles, and responsibilities for all groups engaged in employee training within the NFsMH. The training provides a model for governing the training functions within the facility that identifies enterprise-wide training priorities focusing on staff providing services to consumers. Enhanced training will prepare NFsMH staff to better recognize and identify the underlying causes of difficult behavior, how to best care for individuals with mental illness and how to manage their own feelings about problem behaviors they may encounter.

Funded Entity(ies):

Mental Health America of Heartland

**Results of the Project:** 

### Missouri

MO CMP Funds Expended for Administrative Uses in CY 2020: \$0 MO CMP Funds Expended for Emergency Uses in CY 2020: \$0

MO Active CMP Funded Projects in CY 2020: 3

**Project Title: Quality Improvement Project for Missouri (QIPMO)** 

Unique Identifier: MO-0918-UMO-164

**Project Duration:** 07/01/2018 to 06/30/2020

**Total Amount of CMP Funds Approved for this Project**: \$1,353,000

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$640,588.30

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The purpose of the QIPMO program is to provide cost free technical assistance, clinical support and quality improvement related consultation to long term care nursing facility staff and hospital-based skilled nursing unit staff of certified facilities in substantial compliance through onsite visits, phone and email; provide cost free targeted consultation to certified facilities identified by CMS or the state survey agency as at risk for substandard care delivery and requiring additional assistance through onsite visits, phone and email; conduct cost free MDS support group meetings for MDS Coordinators and other facility staff; conduct cost free collaborative workshops/trainings for facility staff and state agency staff; and assist nursing home administrators (NHA) through site visits, group meetings and webinars, to deal effectively with the complex management issues they face each day in their business and personnel operations including: operational improvement, corporate compliance, budget analysis, regulations, process improvement leadership skills, staff retention, contract review, survey readiness, staff training, quality of life, and culture change.
- b) Results will be measured by improvements in statewide Quality Measure/ Quality Indicator (QM/QI) scores for key indicators in areas such as falls, pain, pressure ulcers, urinary tract infections, incontinence, urinary catheter use, restraints, activities of daily living, weight loss, antipsychotic use and depressive symptoms; evaluation forms following workshops/trainings to determine whether the workshop/training meets the needs and expectations of the participants; case studies prepared each quarter by each member of the QIPMO team highlighting accomplishments; and evaluation forms submitted by the facility receiving a Leadership Coach visit.

c and d) Long-term care facilities that participate in QIPMO encourage staff to develop quality improvement programs and to identify "best practices" for the care of residents in areas such as fall prevention programs, continence restoration, pressure ulcer prevention, mobility improvement, care planning, managing behavioral symptoms, nutritional improvement, and pain management, which can truly improve the quality of care and outcomes of their residents. The leadership coaching services expect to result in the following improvements: prevention of nursing home closure and resident relocations, reduced administrator turnover, reduced staff turnover, reduced citations, improved business "bottom lines," and improved job satisfaction. Ultimately, with these improvements, there are better working conditions for staff and that sets the stage for improved care delivery to nursing home residents. Continued benefit to nursing home

### Missouri

MO CMP Funds Expended for Administrative Uses in CY 2020: \$0 MO CMP Funds Expended for Emergency Uses in CY 2020: \$0

MO Active CMP Funded Projects in CY 2020: 3

residents after training and technical assistance, whether through onsite visits, webinars, face-to-face training, group visits, or support group meetings, is accomplished by providing resources, manuals, archiving webinars, and providing a comprehensive website for facilities to continue to benefit from QIPMO services. The QIPMO program also maintains a website (https://nursinghomehelp.org/) that provides all facilities the opportunity to benefit from educational resources, including past, present, and future webinars. Facilities can access these materials and webinars at any point in time.

### Funded Entity(ies):

University of Missouri - Columbia

### **Results of the Project:**

- Improvements in statewide Quality Measure/Quality Indicator (QM/QI) scores for key indicators in areas such as falls, pain, pressure ulcers, urinary tract infections, incontinence, urinary catheter use, restraints, activities of daily living, weight loss, antipsychotic use, and depressive symptoms. The QIPMO program uses public data to help determine the quality measure to focus on at any given time. For example, it was noted that as a whole, Missouri nursing homes needed assistance with improving QM 406 "Percentage of long-stay residents with a catheter inserted and left in their bladder". As a visit was requested from a home, QIPMO nurses would review this QM to see if assistance was needed in this area for that particular home. For this evaluation, we analyzed QM 406 for 57 homes in the state. Of those 57 homes, 36 showed improvement from 2018Q3-2019Q2 to 2019Q3-2020Q2. Fifteen of the 36 homes that showed improvement reduced the QM by more than 50%, six facilities reduced the QM score by a range of 30% to 49%.
- Evaluation forms following site visits/workshops/trainings to determine whether the education/workshop/training met the needs and expectations of the participants. Program participants are asked to voluntarily submit an evaluation form comprised of questions once a visit or support group is complete. It is up to the participant(s) to complete an evaluation of the visit. The evaluations are reviewed quarterly to ensure the visits are meeting the expectations of program participants. For the period of 07/01/2018-06/30/2020 there were 250 evaluations completed for 1,265 QIPMO nurse site visits and 97 "virtual" evaluations (no site visits were allowed due to COVID so virtual visits and support groups were used). Of the 250 physical site visits, 99% of responses felt the information received would help improve care and would be used to improve quality of care. Of the virtual evaluations, 100% felt the information presented was useful.
- Case studies prepared each quarter by each member of the QIPMO team highlighting
  accomplishments. Sample accomplishments represented in the case studies include: Providing
  emergency preparedness training for facility nurses; providing training to facilities for the change over
  from RUGS to PDPM, and of course training on the new requirements of participation.
- Evaluation forms following site visits/workshops/trainings to determine whether the
  education/workshop/training met the needs and expectations of the participants. Program
  participants are asked to voluntarily submit an evaluation form comprised of questions once a visit or

### Missouri

MO CMP Funds Expended for Administrative Uses in CY 2020: \$0 MO CMP Funds Expended for Emergency Uses in CY 2020: \$0

MO Active CMP Funded Projects in CY 2020: 3

support group is complete. It is up to the participant(s) to complete an evaluation of the visit. The evaluations are reviewed quarterly to ensure the visits are meeting the expectations of program participants. For the period of 07/01/2018-06/30/2020 there were 65 evaluations completed for 969 leadership coach site visits and 72 "virtual" evaluations (no site visits were allowed due to COVID so virtual visits and support groups were used). For the site visits and virtual evaluations, 100% felt the information was helpful and would improve management skills.

# Project Title: Enhanced Leadership Development Academy for Long Term Care (ELDA)

Unique Identifier: MO-1019-CUMO-454

**Project Duration:** 11/01/2019 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$119,038

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$85,069.44

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide the Enhanced Leadership Development Academy for Long Term Care (ELDA) to licensed administrators and nurse leaders (RNs) in LTC who can create and sustain improvement in their work settings by emphasizing staff involvement, facilitating communication and teamwork, setting clear expectations, and ensuring high standards of care. The ELDA staff will provide mentoring and consultation services to course attendees during the program as well as after graduation. The project transitioned to an online format and utilizes the expertise and leaders in long term care and faculty staff of the University of Missouri-Columbia to mentor participants throughout the online course.

### Funded Entity(ies):

University of Missouri - Columbia

#### **Results of the Project:**

There were a total of 70 participants who enrolled in this year's Enhanced Leadership Development Academy for Long Term Care (ELDA); 107 modules were completed for 486.5 hours of Continuing Education (CE) credit. Four individuals completed all 11 modules and graduated from the ELDA program. The total number of homes reached by the ELDA increased to 366. Assessment: At the end of each module, the participant completes an assessment (short quiz of five to seven questions) to document learning outcomes as well as an evaluation of the module itself. The assessment questions differ for each of the modules, depending on the specific content covered in that module. Virtually all participants do extremely well with only an occasional participant who misses an occasional question the first time taken.

### Missouri

MO CMP Funds Expended for Administrative Uses in CY 2020: \$0 MO CMP Funds Expended for Emergency Uses in CY 2020: \$0

MO Active CMP Funded Projects in CY 2020: 3

This suggests participants are meeting the expected learning outcomes as they progress through each of the modules. The course is intentionally designed where each module builds on the preceding content; thus, they must complete the modules in order without skipping ahead. Evaluation: Quantitative Results: Unlike the assessment questions, the evaluation questions are the same for each module. Once participants work their way through an individual module and complete the assessment and the evaluation, they may print out a CE certificate for that particular module, instead of waiting to receive their credit at the end of all 11 modules. This is an attempt to keep the learners more engaged and encouraged to persist through all modules. Using a 4-point scale with 1=highest, the scores ranged from 1.0 – 2.0 for all items. This suggests a high level of satisfaction and perceived value with the ELDA in terms of overall score, level of detail, organization, better understanding of content, relevance, ease of navigation and plans to incorporate learning into the practice setting, QUALITATIVE: In addition to the 8 quantitative questions on the module evaluations, there also are two qualitative questions. Participants shared specific ways they intended to translate the content to their work environment: intentional communication and performance improvement, focus more on leadership strategies from a complexity view, improve coaching, counseling and disciplinary practices, the importance of trust in high performance teams, importance of having a framework for change with proven strategies regarding change, improve the team's understanding of QI through education and engagement, integrating person-centered care throughout the organization, including all departments, residents and their families, recognize the need to be more involved in the financial aspects of management and the importance of sharing information as appropriate, need to convey the importance of each team member and help them realize their value and purpose, specific ways to improve my ability to lead and positively influence others, better understanding individual behaviors through better understanding of generational differences, and strategic use of RNs to maximizing care and improve resident outcomes.

**Project Title: 2019 Annual Long Term Care Provider Meetings** 

Unique Identifier: MO-0819-MDHSS-384

**Project Duration:** 09/01/2019 to 12/31/2019

**Total Amount of CMP Funds Approved for this Project**: \$13,500

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$2,456.18

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Missouri Department of Health and Senior Services-Section for Long-Term Care Regulation proposes to implement 2019 Annual Long-Term Care Provider Meetings in seven different locations throughout the state. The purpose of the one-day meetings is to provide an opportunity for the Section for Long-Term Care Regulation (SLCR) staff to update representatives of the long-term care industry on current activities,

### Missouri

MO CMP Funds Expended for Administrative Uses in CY 2020: \$0 MO CMP Funds Expended for Emergency Uses in CY 2020: \$0

MO Active CMP Funded Projects in CY 2020: 3

issues and legislation which affect the regulation and operation of approximately 1,191 long-term care facilities in the State of Missouri. Additionally, SLCR will request approval from the Missouri Board of Nursing Home Administrators for continuing education credit (CEU) for the trainings/meetings. The meetings will improve the overall quality of care for residents by updating providers on relevant issues facing the long-term care industry, providing training in identified areas, and providing opportunities for industry representatives to work with regulators to identify "best practices" related to the care of nursing home residents.

### Funded Entity(ies):

Missouri Department of Health and Senior Services

### **Results of the Project:**

The provider meetings were held in seven locations around the state, one in each of the seven SLCR regions. The meetings were one day each and focused on issues impacting long-term care facilities. Specific training topics included the CMS required Pre-Admission Screening and Resident Review (PASRR) process, implementation of the CMS Phase III requirements, Medicaid Fraud, Patient Driven Payment Model (PDPM) and Pressure Ulcers. A total of 1,446 long-term care provider and Department staff attended the meetings.

### Nebraska

NE CMP Funds Expended for Administrative Uses in CY 2020: \$0 NE CMP Funds Expended for Emergency Uses in CY 2020: \$0 NE Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

### Colorado

CO CMP Funds Expended for Administrative Uses in CY 2020: \$266

CO CMP Funds Expended for Emergency Uses in CY 2020: \$1,043,230.19

CO Active CMP Funded Projects in CY 2020: 5

**Project Title: Leadership Chatagua** 

Unique Identifier: 2018-CO-152

**Project Duration:** 03/01/2018 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$125,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$34,048.51

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a and b) The Leadership Chautauqua is a multi-disciplined and innovative approach to leadership development for long-term care facility leaders. Funds will be used to host nursing facility leadership training conferences in four diverse geographic regions in Colorado.

- c) The trainings are designed to support leader renewal and growth for improved quality care outcomes.
- d) The program will serve 180 Colorado cross-functional long-term care facility leaders.

### Funded Entity(ies):

Aponi Partners

#### **Results of the Project:**

There were over 100 participants in the Leadership Chautauqua including forty-four (44) Interdisciplinary Leadership Teams (IDT) members representing eight (8) Denver metro and southern Colorado nursing homes, nationally recognized long term care SMEs, university faculty, state LTC surveyors, and regional ombudsman. The project showed how leadership turnover, including Nursing Home Adminstrators/Directors Of Nursing (NHAs/DONs), negatively impacts staff retention and team growth directly affecting patient-directed care and quality outcomes. Immediate impact of the project was identified through a qualitative group debrief on the closing day of each event. Long term impacts include developing relationships within IDT teams, between IDT teams, and with recognized long term care subject matter experts. Feedback from all participants indicates that the specific goals for the project were met. The 1 (low)-10 (high) quantitative program evaluation for overall experience: 77% rated experience 9-10; 88% rated experience 8-10. Additional leadership learning included: increased self/other awareness; importance of staff recognition/feedback for improved performance; self-wellness/life-work balance link to productivity; step back and move from what to why.

Staff turnover, inclement weather, and COVID-19 prevented the delivery of two (2) Leadership Chautauquas and obtaining post-qualitative data.

#### Colorado

CO CMP Funds Expended for Administrative Uses in CY 2020: \$266

CO CMP Funds Expended for Emergency Uses in CY 2020: \$1,043,230.19

CO Active CMP Funded Projects in CY 2020: 5

**Project Title: Specialized Infection Prevention Training in Nursing Homes** 

Unique Identifier: CO-0219-CHCA-236

Project Duration: 10/1/2019 to 6/30/2021

Total Amount of CMP Funds Approved for this Project: \$72,100

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,600

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of our funding request of \$72,100 is to support infection control certification training for 150 nurses that work in Colorado's nursing homes. The University of Nebraska's College of Nursing has partnered with the American Health Care Association (AHCA) to offer an infection control program that provides 23 contact hours through the American Nurses Credentialing Center's Commission on Accreditation (ANCC) and a certificate upon completion. The program addresses both clinical and organizational systems, processes and cultural aspects of infection prevention and control, which are fundamental to effectively leading and administering a center's infection prevention and control program. Further, it utilizes an adult learning approach that is based on the latest strategies for meaningful learning, increasing the likelihood of successful knowledge transfer, practical application transfer, practical application and true adoption of standards, and providing a sustained benefit for residents.

### Funded Entity(ies):

Colorado Health Care Association

**Results of the Project:** 

Results pending

**Project Title: Certified Eden Associate Training** 

Unique Identifier: CO-0219-SG-238

**Project Duration:** 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$44,635

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$9,734

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond

nursing home residents, if applicable):

### Colorado

CO CMP Funds Expended for Administrative Uses in CY 2020: \$266

CO CMP Funds Expended for Emergency Uses in CY 2020: \$1,043,230.19

CO Active CMP Funded Projects in CY 2020: 5

The goal of the proposed project is to empower frontline staff to take the resident-centered care approach to the next level in their facility and the greater community via Certified Eden Alternative Associate trainings; each of which have been proven effective and in great demand by numerous stakeholders in the community.

Funded Entity(ies):

Someren Glen

**Results of the Project:** 

Results pending

**Project Title: Reading2Connect program** 

Unique Identifier: CO-0719-VSL-369

Project Duration: 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$29,670

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$18,050

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement Reading2Connect which provides highly-readable books for older adults. The books are designed to compensate for vision, attention, and memory difficulties of older adults, while reflecting the interests, strengths and life experiences of seniors and retaining the integrity of adult literature. Understanding that reading is an automatic skill, preserved in the procedural memory, Reading2Connect brings independent reading back into the lives of seniors living with dementia.

### Funded Entity(ies):

Vivage Senior Living

**Results of the Project:** 

### Colorado

CO CMP Funds Expended for Administrative Uses in CY 2020: \$266

CO CMP Funds Expended for Emergency Uses in CY 2020: \$1,043,230.19

CO Active CMP Funded Projects in CY 2020: 5

**Project Title: Movement and Mobility Benefits the Human Body** 

Unique Identifier: CO-0719-SECHD-370

**Project Duration:** 01/01/2020 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$14,251

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$14,251

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, a nursing home, aims to increase the mobility of its residents by adding ten, new outdoor activities: fishing, strolling, gardening, golfing, metal detecting, nature photography, picnics, yard games, garden parties, and golfing putting hole cups and putting areas. Also, the applicant intends to provide arts and crafts to the residents and will archive the residents' works for the benefit of future residents.

### Funded Entity(ies):

Southeast Colorado Hospital District

**Results of the Project:** 

#### Montana

MT CMP Funds Expended for Administrative Uses in CY 2020: \$19,658.30

MT CMP Funds Expended for Emergency Uses in CY 2020: \$0

MT Active CMP Funded Projects in CY 2020: 6

Project Title: Non-Pharm Options for the Reduction of Dementia-Related Agitation

Unique Identifier: MT-0619-BH-319

**Project Duration:** 09/01/2019 to 8/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$10,972.62

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to enhance patient care within one of its skilled nursing facilities through a specially designed sensory room. This sensory room will make use of smells, sights, and sounds designed to calm residents. By exposing their residents to the sensory room, the applicant anticipates a 19% decrease in acute agitation by the ninth month of the project and will document resident behavior throughout implementation.

### Funded Entity(ies):

Benefis Hospitals, Inc.

### **Results of the Project:**

Status: All items in the budget were purchased, and the sensory room was equipped and furnished as planned. Unfortunately, once the Covid-19 pandemic hit in early 2020, we made significant operational changes throughout our skilled nursing facilities to safeguard residents and protect them from the disease. This included quarantine, social distancing, and other measures to protect our residents and staff and prevent the spread of Covid-19. These measures remain in place today. As a result, we've not yet been able to use the room. Once the pandemic is under control and things get back to "normal", we intend to initiate use of the room and will monitor its effect on resident agitation levels. We are grateful for funding for this project and for your understanding and flexibility in this unprecedented situation.

**Project Title: In Someone Else's Shoes - A Geriatric Empathy Project** 

Unique Identifier: MT-0619-BH-320

**Project Duration:** 09/01/2019 to 08/31/2021

Total Amount of CMP Funds Approved for this Project: \$40,796

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,414

#### Montana

MT CMP Funds Expended for Administrative Uses in CY 2020: \$19,658.30

MT CMP Funds Expended for Emergency Uses in CY 2020: \$0

MT Active CMP Funded Projects in CY 2020: 6

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to improve resident care by educating their nursing staff on the physical limitation residents face. This includes helping staff to understand how the surrounding environment is seen, felt, and interpreted due to age-related changes in sensory input, especially sight, hearing, touch, and movement. The proposed training will be implemented over the course of a two-year period.

### Funded Entity(ies):

Benefis Hospitals, Inc.

#### **Results of the Project:**

Results pending

Project Title: Enhancing Elder Care through Innovative Education

Unique Identifier: MT-0318-MTHA-012

**Project Duration:** 07/01/2018 to 06/30/2021

**Total Amount of CMP Funds Approved for this Project**: \$198,815

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$53,311.52

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will offer didactic instructions for certified nursing assistant (CNA) specialty training and for certification for nursing home Activity Directors.
- b) The project will provide training for nursing facility staff in rural Montana. The training materials and curricula produced by this project will be available to all Montana nursing home facilities interested in reviewing and/or utilizing the materials.
- c) This will improve nursing home resident quality of care for residents.
- d) Target audience beyond nursing home residents: potential CNA candidates, candidates for Activity Director certification, and any nursing home facility in the state of Montana.

### **Funded Entity(ies):**

Montana Hospital Association

### **Results of the Project:**

#### Montana

MT CMP Funds Expended for Administrative Uses in CY 2020: \$19,658.30

MT CMP Funds Expended for Emergency Uses in CY 2020: \$0

MT Active CMP Funded Projects in CY 2020: 6

Results pending

Project Title: Recreation for Residents Through Technology Program

Unique Identifier: MT-0619-PRM-322

**Project Duration:** 08/01/2019 to 08/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$12,564.98

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,297.96

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will purchase and set up a computer with touch screen monitor, a tablet for room to room mobility, and an omiVista mobil to setup in the activities room. Individualized activities will then be set up for each resident, tailored to their personal cognitive level and interests. Group activities using the equipment will also be provided to encourage socialization.

### **Funded Entity(ies):**

Powder River Manor

### **Results of the Project:**

Results pending

**Project Title: Facility Reporting Improvement Initiative** 

Unique Identifier: MT-0918-APS-136

**Project Duration:** 11/01/2018 to 10/31/2021

Total Amount of CMP Funds Approved for this Project: \$150,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$50,648.25

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project funding will include funding for technical assistance, training, and consultation to nursing homes over a three-year period. The outcome metrics include the following: At the end of each session, Adult Protective Services will review the feedback from the participants and after the end of each State Fiscal

### Montana

MT CMP Funds Expended for Administrative Uses in CY 2020: \$19,658.30

MT CMP Funds Expended for Emergency Uses in CY 2020: \$0

MT Active CMP Funded Projects in CY 2020: 6

Year, will compile the results of the training. Adult Protective Services will conduct a minimum of six inperson trainings with a goal of 600 attendees and six WebEx events with a goal of 600 participants for a total goal of 1200 participants. Each session will end with a survey on satisfaction of the training and information received and use each survey to improve the presentation. The goal is to improve staff knowledge, confidence and self-perceived skills and close the gap on knowledge and understanding to better recognize abuse, neglect or exploitation and make a report. Adult Protective Services expects to see an increase in the number of reports by nursing homes and will better be able to track issues and provide more direct training to protect the vulnerable adults in the facilities.

### Funded Entity(ies):

**Adult Protective Services** 

### **Results of the Project:**

Results pending

Project Title: Enhance Effective Care for Residents Living With Dementia and Other Mild Cognitive Disorders

Unique Identifier: MT-0319-CRNR-254

**Project Duration:** 05/01/2019 to 01/31/2020

Total Amount of CMP Funds Approved for this Project: \$13,534.30

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$2,163.88

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant is seeking monetary assistance to aid in the ability for Copper Ridge Nursing and Rehabilitation to provide adequate Dementia training for current and future employees and purchase and effectively implement evidenced based dementia-focused activities to their residents, including Music and Memory, essential oils, and weighted blankets. Copper Ridge Nursing and Rehabilitation is focusing on the implementation of these interventions as a means to reduce anxiety, individualize and institute musical therapy activities, potentially enhance appetite and sustain weight maintenance, and utilize essential oils to aide in inducing comfort, joyfulness, relaxation, peace and a sense of tranquility for the residents that may often experience the detrimental opposite.

### **Funded Entity(ies):**

Copper Ridge Nursing and Rehabilitation

### Montana

MT CMP Funds Expended for Administrative Uses in CY 2020: \$19,658.30

MT CMP Funds Expended for Emergency Uses in CY 2020: \$0

MT Active CMP Funded Projects in CY 2020: 6

### **Results of the Project:**

### **North Dakota**

ND CMP Funds Expended for Administrative Uses in CY 2020: \$2,000 ND CMP Funds Expended for Emergency Uses in CY 2020: \$3,000

ND Active CMP Funded Projects in CY 2020: 2

**Project Title: The North Dakota Music and Memory Initiative** 

Unique Identifier: ND-0818-QHA-130

**Project Duration:** 10/01/2018 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$125,997

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$37,487.18

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This program will develop a personalized music program as a non-pharmacological intervention strategy for nursing facilities that complements the CMS Partnership effort to reduce use of antipsychotics for residents diagnosed with dementia and related disorders. The applicant negotiated with the Music and Memory organization for a reduced online training rate and expects to see a marked improvement in affected residents' quality of life by the end of the funding period.

### Funded Entity(ies):

Quality Health Associates of North Dakota

### **Results of the Project:**

Facilities participating in this project reflect an improvement in all of the following: falls with major Injury, excess weight loss, depression symptoms, and antipsychotic medication use.

Project Title: North Dakota Music and Memory Initiative Project

Unique Identifier: ND-0720-QHAND-647

**Project Duration:** 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$150,821

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

In 2018, the applicant established a Music and Memory program within the state, providing training and certifying 31 nursing facilities by the project's end. The applicant seeks to expand Music and Memory into 20 additional nursing facilities. Also, the applicant requests funding to continue support for previously certified facilities through technical assistance and additional supplies.

### **North Dakota**

ND CMP Funds Expended for Administrative Uses in CY 2020: \$2,000 ND CMP Funds Expended for Emergency Uses in CY 2020: \$3,000

ND Active CMP Funded Projects in CY 2020: 2

### Funded Entity(ies):

Quality Health Associates of North Dakota

### **Results of the Project:**

#### **South Dakota**

SD CMP Funds Expended for Administrative Uses in CY 2020: \$0 SD CMP Funds Expended for Emergency Uses in CY 2020: \$0

SD Active CMP Funded Projects in CY 2020: 3

**Project Title: South Dakota Music and Memory Initiative** 

Unique Identifier: 2018-SD-155

Project Duration: 4/1/2018 to 3/31/2020

**Total Amount of CMP Funds Approved for this Project**: \$402,500

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$26,909.03

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Goal: To improve dementia care in South Dakota nursing homes and reduce the use of antipsychotic medications.

Objective: Purchase and implement items necessary to implement the program in 55 South Dakota nursing homes within the two-year project timeframe.

### Funded Entity(ies):

South Dakota Foundation for Medical Care, Quality Innovation Network-Quality Improvement Organization (QIN/QIO)

#### **Results of the Project:**

Phase I of this project continues. Music and Memory program successfully adopted in 55 nursing homes in South Dakota. All facilities nationally certified in the program. All facilities received site visits and technical assistance. Community support of the program seen in multiple facilities. Over 300 residents participating in the program. Success stories and best practices shared between facilities.

# Project Title: Enhanced Leadership Development Academy for Long Term Care South Dakota Pressure Injury Training Program; also known as, South Dakota Pressure Injury Training Program

Unique Identifier: SD-1018-SDAHO-166

**Project Duration:** 01/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$24,272

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

### **South Dakota**

SD CMP Funds Expended for Administrative Uses in CY 2020: \$0 SD CMP Funds Expended for Emergency Uses in CY 2020: \$0

SD Active CMP Funded Projects in CY 2020: 3

The purpose of this project is to provide evidence-based education for the prevention and treatment of pressure injuries that can be used by healthcare professionals in long term care to reduce the number of new or worsened pressure injuries and improve quality of care. This training was identified as a need due to an increased number of severe deficiencies cited during federal/state surveys. Four separate training opportunities will be available to Long Term Care providers across South Dakota including Aberdeen, Chamberlain, Rapid City, and Sioux Falls.

### Funded Entity(ies):

The South Dakota Association of Healthcare Organizations

### **Results of the Project:**

A total of 355 attendees participated in the four regional trainings exceeding the number (200 attendees) originally planned. The four locations across South Dakota created collaborative learning from all regions of the state and 87 of 104 (84%) total nursing homes participated.

We had several disciplines from each nursing home attend the training including: licensed practical nurses, registered nurses, case managers, certified nurse assistants, along with a resident care manager, minimum data set coordinator, director of nursing, infection prevention specialist, charge nurse and physical therapist.

The two webinars that were conducted had 36 sites connecting for the first webinar and 41 sites connecting for the second webinar.

# Project Title: Trauma-Informed Care and the People Behind the Challenging Behaviors

Unique Identifier: SD-1019-SDAHO-448

**Project Duration:** 11/01/2019 to 01/31/2020

Total Amount of CMP Funds Approved for this Project: \$6,550

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$4,735.21

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this training is to ensure that residents who are trauma survivors receive culturally competent, trauma-informed care in accordance with professional standards of practice and accounting for residents' experiences and preferences in order to eliminate or mitigate triggers that may cause re-

### **South Dakota**

SD CMP Funds Expended for Administrative Uses in CY 2020: \$0 SD CMP Funds Expended for Emergency Uses in CY 2020: \$0 SD Active CMP Funded Projects in CY 2020: 3

traumatization of the resident per §483.25(m) requirement that will be implemented beginning November 28, 2019.

### Funded Entity(ies):

South Dakota Association of Healthcare Organization

### **Results of the Project:**

This 6-hour in-person Trauma Informed Care training was provided to nursing home staff. The training was conducted with the use of a supporting power point presentation, handout, and a booklet entitled "Trauma-Informed Care and Behavioral Health Services, Achieving Compliance in Long-Term Care", by Barbara F. Speedling. This training was attended by a wide variety of disciplines in the nursing home including: Licensed and Certified Social Workers, Administrators, Directors of Nursing, resident care supervisors, Registered Nurses, Quality Assurance staff, and directors of social services. There was a total of 55 attendees from 26 nursing facilities.

This training successfully provided nursing home staff the knowledge and awareness to ensure residents who are trauma survivors receive culturally competent, trauma-informed care in accordance with professional standards of practice and accounting for residents' experiences and preferences in order to eliminate or mitigate triggers that may cause re-traumatization of the resident.

Attendees shared how the training will help to create change in their own organization: Awareness; Education shares; Ensuring consistent care in the home; The importance of policies and procedures and other tools for staff; Being mindful people may have been through trauma(s) in their lives.

### Utah

UT CMP Funds Expended for Administrative Uses in CY 2020: \$7,312.110

UT CMP Funds Expended for Emergency Uses in CY 2020: \$0

UT Active CMP Funded Projects in CY 2020: 3

Project Title: Utah Medicaid ePOLST Registry and Interoperability Exchange

Unique Identifier: UT-0718-UDOH-098

**Project Duration:** 01/01/2019 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$66,010

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$33,319

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will capture, document and share end-of-life (EOL) care patient preferences through the electronic Provider Order for Life Sustaining Treatment (ePOLST) statewide registry and information system. This application is being coordinated with a Medicaid 90/10 funding "Implementation Advanced Planning Document" (IAPD) application to improve end-of-life care. This initiative combines both provider and patient education with outreach training. The project will include a Health Information Technology (HIT) infrastructure, which will allow EOL care wishes to be known at the point of care (Emergency Medical Services (EMS), Emergency Departments (ED), and hospitalizations). The purpose of this CMP request is to support the provider and patient education components of this initiative, prioritizing nursing homes. The IAPD request for funding will be used to design, develop and implement the HIT infrastructure critical to this initiative.

### Funded Entity(ies):

Utah Department of Health - Center for Health Data Informatics

#### **Results of the Project:**

The project has been delayed somewhat with the COVID pandemic. Four nursing facility corporations were recruited for pilot training and evaluations. Audio/visual assets have been produced for the first provider training. Rule changes have been developed and requested. A supporter guide has been developed for trainers. A record locator service software is in process of being developed for ePOLST records. Testing of the registry architecture has been completed.

**Project Title: Understanding Federal Transfer-Discharge Requirements** 

Unique Identifier: UT-0719-CV-373

**Project Duration:** 10/15/2019 to 04/15/2021

**Total Amount of CMP Funds Approved for this Project**: \$102,850

#### Utah

UT CMP Funds Expended for Administrative Uses in CY 2020: \$7,312.110

UT CMP Funds Expended for Emergency Uses in CY 2020: \$0

**UT Active CMP Funded Projects in CY 2020:** 3

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project, led by the National Consumer Voice for Quality Long-Term Care, in coordination with the Utah State Long-Term Care Ombudsman Program, will develop a comprehensive manual on nursing facility transfer-discharge that will include an overview of federal law, regulations, and guidance; requirements for a fair hearing process as required by federal and state law; probes/procedures for surveyors according to the State Operations Manual and Guidance to Surveyors; and other pertinent information for reviewing or addressing incidents of transfer or discharge, such as notice to the long-term care ombudsman program, bed-hold policies, concerns about nonpayment and financial exploitation, etc. In addition, an information booklet on transfer-discharge will be created for consumers that will explain their rights and responsibilities during transfer-discharge, including the right to appeal, and where to get assistance. Finally, a webinar will be held for the Utah aging network to provide an overview of transfer-discharge requirements and the newly developed resources. The discharge manual and consumer brochure will be available both in hard copy, as well as electronically through the Utah State Ombudsman Program and the Consumer Voice. The webinar will be recorded for future reference and posted to the websites of the Utah State Ombudsman Program and the Consumer Voice.

### Funded Entity(ies):

National Consumer Voice for Quality Long-Term Care

#### **Results of the Project:**

The project advisory committee has been established and have met to review the manual outline and solicit input. Research has been completed on existing materials on transfer/discharge issues. Currently drafting manual sections and editing drafts with subject matter experts. Reviewing and editing resources for inclusion in manual appendices. Currently soliciting input from nursing facility residents and families on the content and format of manual. Results pending

**Project Title: Workforce Retainment Project** 

Unique Identifier: UT-0819-UHCA-388

**Project Duration:** 01/01/2020 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$453,600

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$453,600

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

### Utah

UT CMP Funds Expended for Administrative Uses in CY 2020: \$7,312.110

UT CMP Funds Expended for Emergency Uses in CY 2020: \$0

UT Active CMP Funded Projects in CY 2020: 3

The applicant, the Utah Health Care Association, seeks to address statewide staffing issues by decreasing staff turnover in skilled nursing facilities through additional training, incentives, and 24/7 access to software enabling nursing facilities to track their own turnover rates over the two-year project. The project also includes initial onboarding training focused on improving communication with employees. After the initial training, the applicant will continue to support participating nursing facilities in monitoring turnover metrics. Participating nursing facilities will be required to offer a \$500 incentive payment to those individuals who remain with the facility for six months. This will be a two-year project.

### Funded Entity(ies):

**Utah Health Care Association** 

### **Results of the Project:**

Currently, 50 of 97 facilities are enrolled in the program and utilizing it to reduce staff turnover. With the pandemic, staffing has been a challenge. Some facilities have reported decreases in staff turnover due to the project. There are 12 of 50 facilities reporting improvement in retention of staff from the first to the third quarter of the project. The second year of the project will include recruitment of more facilities and use the program for more staff. Results pending

### **Wyoming**

WY CMP Funds Expended for Administrative Uses in CY 2020: \$0 WY CMP Funds Expended for Emergency Uses in CY 2020: \$0

WY Active CMP Funded Projects in CY 2020: 1

**Project Title: iN2L (It's Never 2 Late)** 

Unique Identifier: WY-0619-MSCC-324

**Project Duration:** 10/17/2019 to 08/31/2022

Total Amount of CMP Funds Approved for this Project: \$44,785

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$28,553

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement iN2L (It's Never 2 Late) technology to enhance the lives of residents who are living with dementia as well as hearing impaired. The technology provides opportunity for individualized person centered engagement as well as allowing the residents to connect and communicate with their family, friends and the care community. The goals of the project are to reduce the use of antipsychotic medications, reduce the incidence of elder altercations, enhance communication between elders, staff and families and enhance the personal connection with residents of Native American heritage.

### Funded Entity(ies):

Morning Star Care Center

**Results of the Project:** 

### Arizona

AZ CMP Funds Expended for Administrative Uses in CY 2020: \$0 AZ CMP Funds Expended for Emergency Uses in CY 2020: \$0

AZ Active CMP Funded Projects in CY 2020: 1

**Project Title: Pressure Ulcer/Injury/Wound Training** 

Unique Identifier: AZ-0419-AHCA-282

**Project Duration:** 07/01/2019 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$100,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$69,418

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Applicant requests funding to allow skilled nursing facilities statewide to attend an online wound care certification course. Enrollment in the course would be on a first come basis until the requested Civil Money Penalty funds are exhausted. The cost for the course is \$597 for an Licensed Practical Nurse and \$697 for an Registered Nurse, which includes all applicable discounts from Wound Educators, who produce the program. Students are eligible to obtain certification after successful completion of the course on their own. The goal is to train at least one LPN or RN in each certified facility in Arizona as possible or approximately 96 facilities in Arizona or two/thirds of the nursing homes.

### Funded Entity(ies):

Arizona Health Care Association

### **Results of the Project:**

During 2019, F686, Treament /Services to Prevent/Heal Presuure Ulcers was cited 21 times with 10 citations of G and above. During 2020, F686 was cited 10 times with four citations at G or above. However, due to COVID-19, routine recertification surveys were not completed at the level of 2019; however, complaint surveys were performed. 95 RN's or LPN's participated in the training, one short of the goal of 96.

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

Project Title: Improving Quality of Dietary Services in California Skilled Nursing

**Facilities** 

Unique Identifier: 2018-CA-157

Project Duration: 07/01/2017 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$1,102,342

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$110,306

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Dietary Services project is to improve dietary services care in California's skilled nursing facilities through the use of good diet for residents. The project aims to improve dietary services and quality of life for residents and identify quality assurance performance improvement (QAPI) practices that sustain the longevity of the program at facilities. At least 300 skilled nursing facilities participating in the study will benefit if they follow through and continue using the program after the study concludes; this correlates to 4,500 residents. Additionally, up to a total of 1,200 facilities will benefit if they participate in the program. The target audience also includes dietary services staff.

### Funded Entity(ies):

California Association of Health Facilities (CAHF)

#### **Results of the Project:**

The purpose of this project was to improve the safety and quality of dietary services in California's skilled nursing facilities. This grant funded the development of publicly-available training programs, such as personal hygiene, safe food handling, and person-centered care. Toolkits were also developed including inspection checklists, a variety of logs, reports and surveys, and posters. The project provided specifically focused training to foodservice managers and professional staff on safe food handling and provided tools and resources to implement quality improvement for sustainability. Analysis of dietary survey performance for all skilled nursing facilities in the review period from April 2019 – March 2020, shows that facilities that used the toolkits had lower numbers of dietary deficiencies and higher numbers of dietary deficiency-free surveys, as compared to those facilities that did not use toolkits. Furthermore, facilities that had a significant history of dietary deficiencies who used the toolkits showed a drastic improvement.

A total of 985 facility audits were included in the review period, representing 966 unique facilities. Over half the facilities were able to confirm whether they had or had not used the toolkits; a total of 271 (28%) of the sample used the kits, while 272 (28%) of the sample did not use the kits. The facility staff were unable to confirm if kits were used or not for 218 facilities (23%), and a further 205 facilities (21%) did not respond. Facilities that used the toolkits were more likely to have a dietary-deficiency free survey than facilities that

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

did not use the kits, with 40% of kit users having no dietary deficiencies during the review period compared to 25% for the facilities that did not use the toolkits. Notably for F-812 (Food Procurement, Store/Prepare/Serve - Sanitary) which was a focus of the project, facilities that used the toolkits had a significantly lower incidence of citations than facilities that did not use the kit. Over 67% of facilities in the review who did not use the toolkits had F-812 cited, whereas 52% of facilities that used the toolkits had that tag cited.

**Project Title: Certified Nursing Assistant (CNA) Training Kickstarter** 

Unique Identifier: CA-0318-QHCF-004

**Project Duration:** 07/01/2018 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$2,419,787

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$492,259

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Quality Care Health Foundation (QCHF) Certified Nursing Assistant (CNA) Training Kickstarter Project shall collaborate with skilled nursing facilities (SNFs) to address sustainability of future CNAs in the workforce. QCHF will assist SNFs interested in developing California Department of Public Health (CDPH) approved facility-based training programs to continue training additional CNAs in the future. Overall, the objective is to promote CNA training programs to facilities. The results of CNA training, certification and retention will improve customer service to residents of SNFs. SNF participation in the study will benefit their residents if they follow through and continue using the program after the study concludes. The target audience also includes skilled nursing facilities, CNA Trainers, and CNAs.

#### **Funded Entity(ies):**

Quality Care Health Facilities (QCHF)

### **Results of the Project:**

This program endeavored to enroll up to 1000 students in Certified Nurse Assistant (CNA) training programs; certify up to 800 students as CNAs; and have up to 60 facilities develop in-house certification programs. At the end of the project term, the program was able to enroll 691 students; graduated 576 students from the training program; certified 313 CNAs; and 41 facilities developed in-house certification programs. The CNA Training Kickstarter grant project's efforts were derailed significantly by the world wide COVID-19 pandemic, causing the project to fall short of the target numbers. The facilities' focus shifted to address the public health crisis and away from applying to or participating in grant activities such as completing the Nurse Assistant Training Program (NATP) application process or hosting CNA classes.

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

Facilities with classes already underway often stopped the training, or delayed the date of graduation. Overall, the project had a positive impact on the California CNA workforce. It achieved the development and California Department of Health approval of 41 facility-based in-house NATPs increasing the total number from 48 to over 120 in the state.

**Project Title: Volunteer Engagement in Skilled Nursing Facilities** 

Unique Identifier: 2018-CA-158

**Project Duration:** 07/01/2018 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$703,345

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$239,055

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of the Volunteer Engagement project is to develop a robust volunteer program at 20 skilled nursing facilities in California; create a professional "how-to" video and comprehensive state-specific handbook for skilled nursing facilities interested in creating and sustaining a volunteer program; and identify "positive person-centered" practices supported by volunteers from facilities and then incorporate a minimum of five practices in an "idea guide" available to all interested facilities. The project aims to achieve increasing the customer services available to all residents of skilled nursing facilities. The volunteers are non-facility personnel who may have contact with residents, staff and visitors. Residents of at least 20 skilled nursing facilities participating in the study will benefit by increased availability of customer service such as communications, technical support including informational webinar, administrative and recreational services, if they follow through and continue using the program after the study concludes. The target audience also includes volunteers, administrative and recreational services, facility staff, and visitors who may have contact with volunteers.

### Funded Entity(ies):

California Association of Health Facilities (CAHF)

### **Results of the Project:**

The Volunteer Engagement Project began in July 2018 and ended in December 2020. The Volunteer Engagement Project was designed to help facilities in recruiting, retaining, and engaging volunteers by supporting the functional development of skilled nursing facility volunteer programs to address resident isolation and loneliness. Of the 20 facilities who participated in the pilot program, all of them reported some increase in either the quantity of their volunteers, the quality of their volunteer program, or both. The degree of success seen in each of these facilities varied as a result of organizational differences and individual

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

commitment. The Volunteer Engagement Project experienced unforeseen challenges due to the COVID-19 Public Health Emergency (PHE), however programs were able to maneuver by establishing remote/virtual connections. Every facility that engaged in the pilot program reported an increased investment in their volunteer program. Project deliverables were successful; California Association of Health Facilities (CAHF) created a project handbook to reflect the relevant information and documents necessary to support a volunteer program and a Staff Training Video as a companion tool that can be used to spark interest in volunteer programs and solicit investment from the entire facility staff. At the initial launch of the Volunteer Engagement Project, interested providers offered a snapshot of their volunteer program at that time via a 13 question poll. Nineteen of those providers were selected to participate in the pilot program and were asked to complete the poll again at the end of the Volunteer Engagement Project; the results were generally positive. 78% of the facilities reported that they felt more confident in training their volunteers. 87% reported that they had an equal or greater number of volunteers engaged in their program at the end of their six months in the project, as compared with their program before the Volunteer Engagement Project.

### Project Title: A Person-Centered Approach to Reducing Transfer, Discharge and Eviction

Unique Identifier: CA-0219-NCVQLTC-242

**Project Duration:** 04/01/2020 to 03/31/2022

Total Amount of CMP Funds Approved for this Project: \$784,630

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$66,136.72

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to reduce discharge and eviction complaints by developing and delivering training focused on a person-centered approach. Education will focus on best practices for engaging residents and families in collaborative strategies. Training will also address other common topics of complain including refusal to allow a resident who has been hospitalized to return to a facility, and complying with notice requirements. Training will target skilled nursing facility staff, surveyors, legal services, and Long-Term Care Ombudsman.

### Funded Entity(ies):

The National Consumer Voice for Quality Long-Term Care

### **Results of the Project:**

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

**Project Title: Nurse Leadership Project Proposal** 

Unique Identifier: CA-1018-CCC-162

**Project Duration:** 10/01/2019 to 09/30/2022

**Total Amount of CMP Funds Approved for this Project**: \$1,737,237

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$462,120.23

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project proposes to offer leadership training for registered nurses currently in leadership positions in California Long Term Care (LTC) Nursing Facilities as well as conduct follow up with personal mentoring for successful graduates. The project will concentrate on the development of nurse leaders, and focus on leadership abilities that affect engagement and retention of direct care staff, such as effective communication, managing expectations, accountability, delegation, and mentorship, with the goal of decreasing the turnover rate of direct care staff, which in turn will improve resident care, and lead to improve resident satisfaction.

### **Funded Entity(ies):**

Clinical Compliance Concepts, Inc.

#### **Results of the Project:**

Results pending

Project Title: Integrate Fun, Sustainable, Programing That is Innovative, Rewarding and Enriches (iNSPIRE) Project

Unique Identifier: CA-0719-LCF-358

**Project Duration:** 04/01/2020 to 03/31/2023

**Total Amount of CMP Funds Approved for this Project**: \$2,671,487

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$1,639,412.28

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant aims to implement the It's Never Too Late (iN2L) program to 60 skilled nursing communities throughout California, targeting up to 1,800 residents with cognitive decline (dementia), social isolation,

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

and/or depression. The participating communities will engage all their residents through technology-delivered activities.

Funded Entity(ies):

Leading Age California

**Results of the Project:** 

Results pending

Project Title: Using Al-Enabled Cameras to Detect and Reduce Falls for Residents with Dementia

Unique Identifier: CA-0719-ESKP-363

**Project Duration:** 11/18/2019 to 01/17/2020

Total Amount of CMP Funds Approved for this Project: \$28,500

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$28,500

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will pilot the SafelyYou service in a 38-resident wing in Eskaton Greenhaven Care Center. The SafelyYou technology applies breakthroughs in artificial intelligence to automatically detect falls from off-the-shelf, wall-mounted cameras for residents with dementia and only record video when a resident on the ground is detected. It enables care staff (1) to know about falls right away without requiring residents wear a device, (2) to use video review to quickly assess need for emergency medical services (EMS) after unwitnessed falls, and (3) to perform accurate incident review enabling nurses and therapists to assess how to reduce the risk of repeat falls and recognized possible interventions specific to resident behavior.

### Funded Entity(ies):

Eskaton Properties, Inc.

### **Results of the Project:**

The 8-week project met and exceeded the five main goals for resident safety regarding falls. The project aimed for a 50% participation rate and established an 85% participation rate; aimed to reduce repeat falls by 20% and was able to reduce two pilot group's falls by 50%; aimed to reduce the average time to assist residents to less than 5 minutes and was able to reduce assist times to 2 minutes; aimed to reduce the average time residents are on the ground from falls to less than 15 minutes and was able to reduce

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

average time on the ground to 7 minutes; and lastly the project aimed to generally reduce neuro checks and was able to eliminate 50% of neuro checks for falls.

Additional insights include that 44% of detections showed residents intentionally self-lowering which provided insight for further interventions to reduce the risk of true falls; 96% of falls were unwitnessed before the pilot and with the SafelyYou technology there was an 88% accuracy rate of detecting falls. 100% of response time goals were met after the technology implementation. Eskaton has requested an extension of the project to an additional wing of the facility to further measure improvements to residents' safety based on SafelyYou technology.

**Project Title: California Wound Care Excellence Program** 

Unique Identifier: CA-0819-VOHRA-399

Project Duration: 04/01/2020 to 03/31/2021

Total Amount of CMP Funds Approved for this Project: \$237,464

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$159,684.40

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide 500 scholarships for eligible nurses across the state of California to complete an online wound care certification curriculum developed by VOHRA Wound Physicians. The curriculum consists of 11 courses and downloadable content. VOHRA Wound Physicians will provide the wound care online courses, a dedicated home page for nurses' registration, access to the downloadable learning modules, technical support and customer assistance, and program reporting. The nurses taking the course will receive 20 ANCC accredited Continuing Education (CE) credits for the contact time dedicated to the learning material and final exam.

### Funded Entity(ies):

VOHRA Wound Physicians Management, LLC

#### **Results of the Project:**

#### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

**Project Title: UCI's Infection Prevention for Quality of Life Education Program** 

Unique Identifier: CA-0819-UCIH-402

**Project Duration:** 07/01/2020 to 06/30/2023

Total Amount of CMP Funds Approved for this Project: \$97,359

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$16,279.15

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, an academic institution, requests funding to provide six nursing homes with more than 72 onsite trainings centered on infection control. Through these hour-long trainings, 18 trainers will each cover a different aspect of infection control. The project leader will coordinate with each of the nursing homes in between trainings to help them adopt evidence-based guidelines on infection control, which are proven to improve residents' overall quality of life when successfully implemented.

### Funded Entity(ies):

University of California Irvine Medical Center, Orange California

#### **Results of the Project:**

Results pending

**Project Title: SNFClinic** 

**Unique Identifier: CA-0220-LTCC-568** 

**Project Duration:** 10/01/2020 to 09/30/2023

**Total Amount of CMP Funds Approved for this Project**: \$738,750

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$26,350

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Long-Term Care Consultants, LLC proposes to provide SNFClinic, an electronic learning management system, to 10 participating skilled nursing facilities. SNFClinic will provide comprehensive, accurate, and cost-effective tools to ensure that facilities are providing high quality care to their residents. The project aims to achieve increasing the quality of resident care by providing staff the necessary tools in: Basic, Intermediate, and Advanced Nursing Skills, In-Service Training, Training Progress Reports, Policies and Procedures, Assessments Database, Survey Training and Tools, CMS 2567 Plan of Correction Database.

### California

CA CMP Funds Expended for Administrative Uses in CY 2020: \$149,000 CA CMP Funds Expended for Emergency Uses in CY 2020: \$2,245,679.08

CA Active CMP Funded Projects in CY 2020: 10

Compliance Tracking, and PointClickCare Instruction. SNFClinic will assist the facility in the development of systems to demonstrate better pathways contributing to better resident satisfaction and outcomes, benefitting both residents and the facility through evidenced-based educational trainings for the enhancement of care delivery for the resident. Nursing home staff and residents will both benefit from this project.

Funded Entity(ies):

Long-Term Care Consultants, LLC

**Results of the Project:** 

## Hawaii

HI CMP Funds Expended for Administrative Uses in CY 2020: \$0 HI CMP Funds Expended for Emergency Uses in CY 2020: \$0 HI Active CMP Funded Projects in CY 2020: 0

The state reported no CMP funded projects in calendar year 2020.

### Nevada

NV CMP Funds Expended for Administrative Uses in CY 2020: \$0 NV CMP Funds Expended for Emergency Uses in CY 2020: \$0

NV Active CMP Funded Projects in CY 2020: 1

Project Title: Reducing Falls with AI: Proactive Approach to Mobility Improvement and Fall Prevention

Unique Identifier: NV-0819-VST-386

**Project Duration:** 05/12/2020 to 09/12/2022

Total Amount of CMP Funds Approved for this Project: \$640,000

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$256,035

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The applicant, VirtuSense Technologies, proposes a two-year initiative to reduce fall rates within 16 high risk nursing facilities. Once the facilities are identified and recruited, the applicant will train the staff of each facility on the use of VSTBalance. VSTBalance can objectively assess and identify the musculoskeletal and sensory deficiencies of a resident within three minutes. Staff members can utilize the provided assessments to improve and tailor care for each resident.

### Funded Entity(ies):

VirtuSense Technologies

### **Results of the Project:**

### Alaska

AK CMP Funds Expended for Administrative Uses in CY 2020: \$0 AK CMP Funds Expended for Emergency Uses in CY 2020: \$8,171.95

AK Active CMP Funded Projects in CY 2020: 1

Project Title: Certified Eden Associate Training and Eden Educator Training

Unique Identifier: AK-1119-DC-467

**Project Duration:** 01/27/2020 to 12/31/2020

Total Amount of CMP Funds Approved for this Project: \$15,350

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$14,470

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide the facility's activity director with Eden Education train-the-trainer training, who will in turn train new and existing nursing home staff in Eden Alternative. Providing this training will contribute to an increase in staff retention, decrease in staff turnover, and stronger interactions between direct care staff and residents. By providing direct caregivers opportunities for a better understanding of culture change, the project will create a model that breeds strong quality of care and quality of life.

### Funded Entity(ies):

Denali Center LLC

#### **Results of the Project:**

CMP project goal to provide Eden training to our staff as evidenced by 30% of our staff becoming Eden Associates, 58 Eden Associates at Denali Center. For a total staff is 148. They exceeded our overall goal with 39% of the staff receiving the three day Eden Associate training. Pressure Ulcers were at 6.29 average. This below the state average of 6.33 and the national average of 8.57. Falls were at 37.14 average. This below the state average of 44.85 and the national average of 45.75. Weight loss was at 3.27 average. This below the state average of 7.4 and the national average of 7.07. Depression symptoms were at 8.48 average compared to the state average of 8.38 and the national average of 6.77.

### Idaho

ID CMP Funds Expended for Administrative Uses in CY 2020: \$0 ID CMP Funds Expended for Emergency Uses in CY 2020: \$0

ID Active CMP Funded Projects in CY 2020: 4

**Project Title: Idaho Caregiver Career Project** 

Unique Identifier: ID-0518-IHCA-052

**Project Duration:** 07/01/2018 to 06/30/2020

Total Amount of CMP Funds Approved for this Project: \$513,500.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$37,028.69

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The goals of this project are: i. Encourage individuals to enter caregiver careers; ii. To improve the hiring practices, orientation, training & caregiver empowerment that is provided by facilities; iii. Help maintain a sufficient number of competent caregivers to meet the needs of residents in Idaho Skilled Nursing Facilities (SNFs) and iv. Reduce caregiver turnover.

### Funded Entity(ies):

Idaho Health Care Association Foundation

**Results of the Project:** 

Results pending

**Project Title: Honoring Choices ® Idaho** 

Unique Identifier: ID-0519-JAN-303

**Project Duration:** 09/01/2019 to 08/31/2021

Total Amount of CMP Funds Approved for this Project: \$427,618

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$125,018.29

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will integrate high quality, person-centered advance care planning (ACP) in 57 nursing homes over two years (with potential of reaching an additional 12 nursing homes if more want to participate). Specifically, long and short-stay residents, along with their healthcare agents or representatives, will be routinely invited to participate in an ACP conversation as part of the nursing home admission process and as part of ongoing care. Following each ACP conversation, the goal is to initiate appropriate documentation

### Idaho

ID CMP Funds Expended for Administrative Uses in CY 2020: \$0

ID CMP Funds Expended for Emergency Uses in CY 2020: \$0

ID Active CMP Funded Projects in CY 2020: 4

reflecting patient goals and values which will be integrated into the nursing homes' medical records and system of care.

### Funded Entity(ies):

Jannus, Inc.

### **Results of the Project:**

The project ended early. The Pandemic affected the facility staff from participating. 31 of 82 facilities, participated in the training. 40 individuals were training to guide person-centered advanced care planning conversations.

**Project Title: Bridgeview Estates Technology Grant Application** 

Unique Identifier: ID-0319-LCCA-246

Project Duration: 03/26/2019 to 03/25/2020

Total Amount of CMP Funds Approved for this Project: \$67,722.44

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this project is to reduce incidence of falls and improve quality of life and communication. Also, to expand and enhance restorative care, enrich activity engagement and to improve quality of care and staff engagement. To introduce updated modern therapy offerings, provide motivation for rehab residents to give them an active role in their rehabilitation progress. To help them achieve the best quality of life regardless of their cognitive status and to eliminate the fun disorder.

### **Funded Entity(ies):**

**Bridgeview Estates** 

### **Results of the Project:**

The final report was submitted in October 2020. The incidents of falls did not decrease. The use of the 60 in screen and IN2L system has allowed residents to participate in activities, therapy sessions, telehealth, video visits, and music, especially during the Pandemic. The system is on wheels and it is was easy for residents to use in a variety of settings.

### Idaho

ID CMP Funds Expended for Administrative Uses in CY 2020: \$0 ID CMP Funds Expended for Emergency Uses in CY 2020: \$0

ID Active CMP Funded Projects in CY 2020: 4

**Project Title: Long Term Care Technology Project** 

Unique Identifier: ID-1019-MVC-447

**Project Duration:** 10/30/2019 to 10/29/2020

**Total Amount of CMP Funds Approved for this Project**: \$27,875.00

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$21,704.85

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Mountain Valley of Cascadia requests \$27,875 to provide technology and other equipment requested by their resident council. The technology, necessary accessories, and an ice cream machine will be used to increase residents' quality of life. The ice cream machine will be used for thrice-weekly ice cream socials enjoyed by the residents.

### Funded Entity(ies):

Mountain Valley of Cascadia

### **Results of the Project:**

The final report was submitted in Dec. 2020. The night & daytime clocks have helped immensely w/individuals who have time disorientation & have decreased anxiety related to time. Alexa/Echo have allowed residents who enjoy talking to the devices to receive educated responses, and interaction, especially during times of isolation related to the Pandemic. The soft serve ice cream machine has been used daily. Ice cream is one of the food items residents ate consistently even through the Pandemic. The robotic animals became companion animals for several residents. The use of these animals was useful during the isolation related to the Pandemic.

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

Project Title: Garden Access Responds to Diagnosis and Environmental Needs (GARDEN).

Unique Identifier: WA-0619-LAW-341

Project Duration: 09/01/2019 to 12/31/2021

Total Amount of CMP Funds Approved for this Project: \$706,496.24

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,404.02

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is an interactive resident program that brings nature indoors with mobile, indoor therapeutic sensory gardens and a team of trainers to teach therapeutic horticulture classes. The project consists of an indoor therapeutic sensory garden, a garden design launch, facility staff training, bi-monthly horticultural classes taught by professional trainers, and extracurricular activity recommendations provided to facility staff for additional engagement opportunities. Data will be collected, compiled, and evaluated on a monthly basis by a program administrator, who will be hired to manage the project. The project goals are: 1) Increase the quality of life by improving the residents' emotional states and 2) improve the quality of care by focusing on the six therapeutic horticulture wellness goals set forth from the American Horticultural Therapy Society. Eldergrow strives to reach an 80% resident attainment rate on both goals.

### **Funded Entity(ies):**

LeadingAge Washington

#### **Results of the Project:**

Results pending

Project Title: Nurses Improving Care for Healthsystem Elders - Long Term Care (NICHE-LTC).

Unique Identifier: WA-0919-NICHE-417

**Project Duration:** 01/01/2020 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$644,234

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$71,423.80

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

New York University, Rory Meyers College of Nursing, is providing the Nurses Improving Care for Healthsystem Elders (NICHE) Long Term Care (LTC) for nurses and certified nursing assistants (CNA) in 30 nursing homes across the state of Washington with specialized education and a clinical leadership development training to implement evidence-based clinical practices to improve the care of older adults. This project will focus on the following quality measures (QMs) as the primary measurement of quality improvement: percentage of short-stay residents who report moderate to severe pain (14.1% in Washington vs. 12.0% nationally) and percentage of long-stay residents who report moderate to severe pain. (9.1% in Washington vs. 6.6% nationally). NICHE believes that these quality measures directly relate to measures for antipsychotic medication use, mobility and function, depression, emergency department visits, and acute care admissions. NICHE partner, Comagine Health, will also monitor performance on these and other quality measures at the cohort level. The goal will be a 15% annual reduction in the cohort-level pain QMs for long- and short-stay residents (e.g., 14.1% would decrease to 12% in a 12-month period, beginning with when we establish the baseline).

The action plans completed during the project and the results of implementing the evidence-based practices on two clinical problems in the NICHE-LTC member nursing homes will yield rich qualitative data and represent another potential data source for analysis and reporting trends and significant findings.

## Funded Entity(ies):

New York University Rory Meyers College of Nursing

### **Results of the Project:**

Results pending

**Project Title: iNSPIRE Project Extension** 

Unique Identifier: WA-1119-LAW-469

**Project Duration:** 12/1/2019 to 2/28/2022

Total Amount of CMP Funds Approved for this Project: \$96,103

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$94,120.44

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

LeadingAge Washington will extend their successful iNSPIRE (iN2L) project to three additional homes. Previously, (WA-1018-LAW-168) the organization implemented the program in 21 nursing homes across Washington with positive results. The three new homes are committed to the program. With the implementation of the iN2L Program, the facilities will be able to provide personalized life-enriching, reengaging, and redirecting activities to residents resulting in increased quality of life for all participants. The

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

goals the project, are to: 1) reduce the use of antipsychotics by addressing the behavioral and psychological symptoms of dementia (BPSD) in a non- pharmacological manner, and thereby, 2) improve the quality of life (QOL) of their residents living with dementia.

Funded Entity(ies):

LeadingAge Washington

**Results of the Project:** 

Results pending

**Project Title: Touch of Grace** 

Unique Identifier: 2018-WA-172

Project Duration: 08/31/2018 to 08/31/2021

Total Amount of CMP Funds Approved for this Project: \$58,345

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,924.62

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project is a video-based training program on palliative and end-of-life care for nursing home staff, including all non-licensed support staff. Funding will support the implementation of a pilot project in a local skilled nursing facility with a staff of over 200. The goals of the training are to increase the understanding of palliative care in both professional and non-professional staff and shift attitudes and behaviors toward a culture where a palliative approach is welcomed and supported, foster facility wide improvements in palliative care across all staff levels, lower end-of-life expenditures by increasing patients' access to palliative care, improve staff retention statistics, and enhance patients' access to treatment aligned with their end-of-life choices by increasing the availability of palliative care in advance of Medicare qualification for hospice and timely referrals to hospice services o improved nursing-home-based palliative care when hospice staff are not on site. This project will be evaluated through a number of measures: phone interviews with families of nursing home residents who have received end-of-life care at the facility pre-and post-training; surveys and focus groups to assess staff attitudes across all job roles about end-of-life care and knowledge in palliative care competencies pre-and post-training; data on staff retention pre-and post-training.

### **Funded Entity(ies):**

Western Washington University, Palliative Care Institute

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

### **Results of the Project:**

Results pending

Project Title: It's Never 2 Late (iN2L) iNSPIRE

Unique Identifier: WA-1018-LAW-168

**Project Duration:** 12/01/2018 to 12/01/2020

Total Amount of CMP Funds Approved for this Project: \$817,561

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$274,300

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The iN2L engagement technology is a comprehensive approach to engaging life enrichment activities, redirection and rehab interventions for nursing home residents. The project integrates engagement technology, which offers thousands of computer-based experiences; continuous training and support for staff to ensure project sustainability; and data collection and assessment to demonstrate quantitative and qualitative outcomes. The funds provided through this grant will improve the quality of care and life for residents in the 21 nursing homes. The goals the project, are to: 1) reduce the use of antipsychotics by addressing the behavioral and psychological symptoms of dementia (BPSD) in a non-pharmacological manner, and thereby, 2) improve the quality of life (QOL) of their residents living with dementia.

### **Funded Entity(ies):**

LeadingAge Washington

#### **Results of the Project:**

The grant has been completed. The equipment, subscription, training and personnel was provided to implement the iN2L engagement technology in 21 nursing home communities. This was an extremely successful grant even with the challenges that have presented themselves throughout the life of the grant, especially when the pandemic hit our state. The statewide average for use of antipsychotic medications is currently 14.8% and the national average is 14.35%. Within the nursing home communities that participated in the grant, that number was lowered to 11.58%. During this past quarter, nine communities saw an overall decrease in the use of antipsychotic medications. Life has changed for each of these communities in ways we never imagined two years ago. In each community staff have adapted and moved to new methods of use and best practices that are working well within the current environment at their individual communities. Staff members become innovative and intentional in the use of iN2L engagement technology. Communities have continued to adapt to their new norm finding best use practices for the iN2L

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

equipment during the pandemic. Staff in the communities have made necessary adjustments in how they use the iN2L equipment. iN2L has made a difference in the lives of residents in these communities.

Project Title: Dementia Care Practice Recommendations: Organization-Wide

**Coaching and Implementation** 

Unique Identifier: WA-0220-AA-576

**Project Duration:** 07/01/2020 to 6/30/2022

Total Amount of CMP Funds Approved for this Project: \$370,240

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$24,778.90

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Alzheimer's Association will provide coaching to 25 nursing homes in Washington State that will promote person-centered care practices based on the Alzheimer's Association Dementia Care Practice Recommendations (DCPR). Nursing homes will enter the program on a rolling basis; each home will work with a coach for a six-month period to implement the best practices. Residents will benefit from increased quality of person-centered care. The consultative coaching sessions for system-wide change will start with a readiness to change survey which will be administered prior to first meeting to explore correlation between change and organizational readiness. A job satisfaction tool will be administered to participating care team members before and after the six month coaching cycle. Components of the job satisfaction tool include overall job satisfaction, team building and communication, scheduling and staffing, training and management and leadership. We hope to see an improvement of 15% overall from before to after six month coaching cycle, depending on where staff were at baseline. In addition, a reassessment will take place at the close of the six month coaching, as well as review of accomplishments based on the DCPR action plan. Based on pilot data, we would expect to see an average of 80% accomplishment of actions identified as both needing improvement and identified as a priority. Lastly, we hope to gain qualitative insight on culture change and perceived resident outcomes through focus group discussions.

### Funded Entity(ies):

Alzheimer's Association

**Results of the Project:** 

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

Project Title: iNSPIRE (Integrate Fun, Sustainable, Programming that is Innovative

and Enriches) iN2L

Unique Identifier: WA-0520-LAW-613

**Project Duration:** 08/01/2020 to 07/31/2022

Total Amount of CMP Funds Approved for this Project: \$233,567.13

**Total Amount of CMP Funds Expended During CY 2020 for this Project**: \$156,711.96

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This grant extends the project to an additional five nursing homes. With the implementation of the iN2L program, the additional facilities will be able to provide personalized life-enriching, re-engaging, and redirecting activities to residents resulting in increased quality of life forall participants. The goals the project, are to: 1) reduce the use of antipsychotics by addressing the behavioral and psychological symptoms of dementia (BPSD) in a non-pharmacological manner, and thereby, 2) improve the quality of life (QOL) of their residents living with dementia.

#### **Funded Entity(ies):**

LeadingAge Washington

### **Results of the Project:**

Results pending

Project Title: SPARKing Conversation, Connection and Fun! During COVID-19

Unique Identifier: WA-0620-LAW-624

**Project Duration:** 08/01/2020 to 01/31/2021

Total Amount of CMP Funds Approved for this Project: \$133,550.11

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$130,871.27

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

In collaboration with SilverKite Community Arts, LeadingAge Washington will provide individual art engagement kits to all residents in 44 skilled nursing facilities. The project will include online art programs and will provide up to 14 art projects per resident. Residents will benefit from artistic engagement that relieves stress and improves their overall quality of life. The goal is a 30% participation rate as the program

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

is rolled out with the expectation it will grow each week with the support of the online tools. As part of the evaluation, the community will be asked how the SPARK boxes are being used and evaluations will be sent bi-monthly to guage participation numbers over the course of the project. The evaluation will ask for both qualitative and quantitative responses, with specific questions asking about the percentage of residents actively using them, passively using them and not using them at all. An 85% active or passive use rate over time is anticipated. The participation goal for the online classes will be five residents per community per week, increasing to 15 participants per community per week.

### Funded Entity(ies):

LeadingAge Washington

### **Results of the Project:**

Results pending

# Project Title: Garden Access Responds to Diagnosis and Environmental Needs (GARDEN)

Unique Identifier: WA-0520-PH-618

**Project Duration:** 08/01/2020 to 07/31/2023

Total Amount of CMP Funds Approved for this Project: \$419,450

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$181,739.40

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project is an interactive and purposeful resident program that brings nature indoors with mobile, indoor therapeutic sensory gardens. A team of Eldergrow Educators teach therapeutic horticulture classes in nine facilities. Educators teach hands-on, therapeutic gardening classes that engage all of the residents' five senses. Throughout the classes, educators focus on six therapeutic wellness goals set forth by the American Horticultural Therapy Association (AHTA): socialization, cognitive stimulation, sensory stimulation, spatial awareness, motor skills and creative expression. The project goals are: 1) Increase the quality of life by improving the residents' emotional states and 2) improve the quality of care by focusing on the six therapeutic horticulture wellness goals. Eldergrow strives to reach an 80% resident attainment rate on both goals.

### **Funded Entity(ies):**

Pennant Healthcare, WA

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

### **Results of the Project:**

Results pending

Project Title: Moments of Truth to Engage, Nurture, Stimulate, Inspire, Grow and

Network with iN2L

Unique Identifier: WA-0220-PHW-548

**Project Duration:** 07/01/2020 to 6/30/2023

**Total Amount of CMP Funds Approved for this Project**: \$638,065.91

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$398,626.94

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will implement iN2L engagement technology in nine participating nursing home communities. The iN2L engagement technology will allow residents, families, and staff to Engage, Nurture, Stimulate, Inspire, Grow and Network (ENSIGN). iN2L technology will also provide greater opportunity to implement innovative tools with the goals of reducing falls and opioids and antipsychotic medication usage. This project proposes to 1) Increase positive emotions (happy/joyful/peaceful) experienced by residents by 25% facility-wide. This will be measured using the iN2L Quality of Life survey which will be given to residents at the beginning of the project period, and at the following intervals: a. 12 months after initial survey, b. 24 months after initial survey, c. 36 months after initial survey; 2) Create at least 4 to 25 digital life stories in each facility with help from family members. The biographies then will become part of the facilities new hire orientation and training protocol. The creation of these biographies will be verified by the iN2L Monthly Usage Reports. 3) Create at least 4-30 personalized resident "pages," in each facility that reflects residents' interests and preferences.

#### **Funded Entity(ies):**

Pennant Healthcare. WA

### **Results of the Project:**

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

**Project Title: Cycling Without Age During the COVID-19 Pandemic** 

Unique Identifier: WA-0720-CHCC-645

Project Duration: 9/1/2020 to 8/31/2022

Total Amount of CMP Funds Approved for this Project: \$23,633.21

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$23,633.21

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will purchase two trishaw bicycles for use by residents. Providing access to trishaws will provide residents the opportunity to experience the outdoors, socialize with others, and engage in the familiar and beloved activity of biking despite limited mobility. The project goal is to improve the quality of life of residents. 65% of residents who participate in the program will see a decrease in their Personal Health Questionnaire (PHQ-9) Depression Scale scores during the months that the program is running (approximately May - September). 65% of residents who participate in the program will report an increase in positive emotion as measured by a brief questionnaire given before and after each ride. Positive comments or indicators of enjoyment such as smiles and laughter will be recorded by the pilots for each resident ride to include those who are unable to participate verbally in the questionnaire.

### **Funded Entity(ies):**

Christian Health Care Center (CHCC)

### **Results of the Project:**

Results pending

# Project Title: Garden Access Responds to Diagnosis and Environmental Needs (GARDEN)

Unique Identifier: WA-0220-LAW-559

**Project Duration:** 07/15/2020 to 07/14/2022

**Total Amount of CMP Funds Approved for this Project:** \$133,765.88

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$79,723.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

### Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

This extension project, in partnership with Eldergrow, will implement the GARDEN program in five additional LAW facilities. GARDEN is an interactive resident program that brings nature indoors with mobile, indoor therapeutic sensory gardens and a team of trainers to teach therapeutic horticulture classes. The project goals are: 1) Increase the quality of life by improving the residents' emotional states and 2) improve the quality of care by focusing on the six therapeutic horticulture wellness goals set forth from the American Horticultural Therapy Society. Eldergrow strives to reach an 80% resident attainment rate on both goals.

Funded Entity(ies):

LeadingAge Washington

**Results of the Project:** 

Results pending

Project Title: University of Washington, Fundamentals of Wound Care Education Course

Unique Identifier: WA-0119-ENSIGN-214
Project Duration: 10/01/2019 to 12/31/2019

Total Amount of CMP Funds Approved for this Project: \$12,510

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$12,510

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The purpose of this grant request is to support funding for a wound management education and training course for Registered Nurses (RN)/Licensed Practical Nurses (LPN) working in nine dually-certified long-term care facilities. This grant would allow two licensed nurses from each facility to attend a wound management fundamentals education course to learn to perform assessments, protect current residents from incurring pressure injuries, reduce and/or eliminate the incidence and severity of pressure injuries, and increase the rate of healing for those admitted with or develop pressure injuries. Two RNs/LPNs from each of the nine facilities (18 Licensed nurses) would apply to the facility and be selected to attend the University of Washington's (UW) Wound Management Education Fundamentals Course to start in October 2019 and end in December 2019 for online and on-campus workshop/review and return demonstration of wound care management to better serve our residents through improved quality of care, quality of life, reduction in pain medications, reduced infections and reduction in repeated hospitalizations.

#### **Funded Entity(ies):**

## Washington

WA CMP Funds Expended for Administrative Uses in CY 2020: \$73,073.630

WA CMP Funds Expended for Emergency Uses in CY 2020: \$0

WA Active CMP Funded Projects in CY 2020: 13

Pennant Healthcare, Inc./Ensign Corp.

### **Results of the Project:**

18 licensed nurses from nine nursing facilities successfully completed the rigorous University of Washington Fundamentals of Wound Care Course on December 6, 2019. The course evaluation demonstrates the significant impact of this training. Participants went from 58% on a pre-course test to 84% on the post-course test. All 18 participants completed the evaluation as part of the course requirements. The overall was course evaluation was 4.6 with 5 being "excellent" and 1 being "poor". All 18 participants report that they are applying and sharing the course information and available materials with other licensed nursing staff in their facilities.

### Oregon

OR CMP Funds Expended for Administrative Uses in CY 2020: \$367,261

OR CMP Funds Expended for Emergency Uses in CY 2020: \$0

OR Active CMP Funded Projects in CY 2020: 2

Project Title: Nursing Facility Behavioral Health ECHO (NFBH) Program

Unique Identifier: OR-0319-ORPRN-261

**Project Duration:** 10/01/2019 to 03/01/2021

Total Amount of CMP Funds Approved for this Project: \$205,477

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$154,107.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will create a second cohort of the Nursing Facility Behavioral Health ECHO (NFBH) program. Project ECHO is a 24-session group telementoring format that builds the capacity of participants to manage common conditions that typically lead to referals of specialist outside of their setting. The overall project purpose is to develop more knowledgeable and skilled nursing facility staff who are better equipped to deliver person-centered care to address their nursing facility residents' mental health concerns and behavioral issues.

### Funded Entity(ies):

The Oregon Rural Practiced Based Research Network

**Results of the Project:** 

Results pending

**Project Title: Behavioral Health Training for Nursing Home Direct Care Staff** 

Unique Identifier: OR-0719-COH-367

Project Duration: 12/01/2019 to 2/01/2021

Total Amount of CMP Funds Approved for this Project: \$176,786.10

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$127,285.68

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Comagine Health, a nonprofit, community-based health care consulting organization, will develop a basic-level training curriculum for nursing home direct care staff on how to treat and respond to residents who have behavioral health needs, substance abuse and/or history of trauma. A series of three education modules will be created and hosted on the Comagine Health website. This curriculum is intended to be a

### Oregon

OR CMP Funds Expended for Administrative Uses in CY 2020: \$367,261

OR CMP Funds Expended for Emergency Uses in CY 2020: \$0

OR Active CMP Funded Projects in CY 2020: 2

resource for skilled nursing facilities to meet new federal regulations around behavioral health services and trauma-informed care training.

Funded Entity(ies):

Comagine Health

**Results of the Project:**