

Texas - State Required Benefits

Benefit	Name of Required Benefit	Market Applicability	Citation Number
Emergency Room Services	Emergency care	Individual, small group, large group (including HMOs for all three)	TIC Section 1301.155
Prenatal and Postnatal Care	Newborn children	Individual, small group, large group (including HMOs for all three)	TIC Sections 1367.001—1367.003, 1501.157 and 1501.607 and 28 TAC Sections 3.3401—3.3403
Delivery and All Inpatient Services for Maternity Care	Pregnancy, complications	Individual, small group, large group (including HMOs for all three)	28 TAC Section 21.405
Delivery and All Inpatient Services for Maternity Care	Pregnancy, maternity minimum stay (if maternity is covered)	Individual, small group, large group (including HMOs for all three)	TIC Section 1366.055
Mental/Behavioral Health Outpatient Services	Serious mental illness	Must be offered in small group (including HMOs); must be provided in large group (including HMOs)	TIC Sections 1355.004, 1355.151, 1551.205, and 1601.109
Mental/Behavioral Health Inpatient Services	Serious mental illness	Must be offered in small group (including HMOs); must be provided in large group (including HMOs)	TIC Sections 1355.004, 1355.151, 1551.205, and 1601.109
Mental/Behavioral Health Inpatient Services	Mental health parity	Large group (including HMOs)	28 TAC Sections 21.2401—21.2407
Mental/Behavioral Health Outpatient Services	Crisis stabilization and residential treatment for children and adolescents	Individual, small group, large group (including HMOs for both)	TIC Sections 1355.051—1355.058
Substance Abuse Disorder Outpatient Services	Chemical dependency treatment facility	Small group, large group (including HMOs for both)	TIC Sections 1368.005 and 1368.007
Durable Medical Equipment	Prosthetic/orthotic devices	Individual, small group, large group (including HMOs for all three)	TIC Section 1371.003
Preventive Care/Screening/Immunization	Hearing screening	Individual, large group (including HMOs for both)	TIC Chapter 1367, Subchapter C
Preventive Care/Screening/Immunization	Cardiovascular disease screening tests for early detection	Individual, small group, large group (including HMOs for all three)	TIC Chapter 1376

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Preventive Care/Screening/Immunization	Immunizations	Individual, large group (including HMOs for both)	TIC Section 1367.053
Preventive Care/Screening/Immunization	Colorectal cancer testing	Individual, large group (including HMOs for both)	TIC Chapter 1363
Preventive Care/Screening/Immunization	Osteoporosis detection and prevention	Small group, large group (including HMOs for both)	TIC Chapter 1361
Preventive Care/Screening/Immunization	Contraceptive drugs, devices, and related services	Individual, small group, large group (including HMOs for all three)	TIC Section 1369.104 and 28 TAC Section 21.404
Preventive Care/Screening/Immunization	Prostate screening	Individual, large group (including HMOs for both)	TIC Section 1362.003
Preventive Care/Screening/Immunization	HPV and cervical cancer testing	Individual, small group, large group (including HMOs for all three)	TIC Chapter 1370
Preventive Care/Screening/Immunization	Mammography	Individual, small group, large group (including HMOs for all three)	TIC Section 1356.005
Autism Spectrum Disorders	Autism spectrum disorder	Small group, large group (including HMOs for both)	TIC Section 1355.015 and 28 TAC Sections 21.4401—21.4404
Autism Spectrum Disorders	Developmental delays	Must be offered to individual and large group plans (including HMOs for both)	TIC Chapter 1367, Subchapter E
Brain Injury	Acquired brain injury	Individual, small group, large group (including HMOs for all three)	TIC Section 1352.003 and 28 TAC Sections 21.3101—21.3105
Brain Injury	Brain injury	Individual, small group, large group (including HMOs for all three)	TIC Section 1352.0035
Reconstructive Surgery	Mastectomy	Individual, small group, large group (including HMOs for all three)	TIC Sections 1357.003 and 1357.004
Diabetes Care Management	Diabetes	Individual, large group (including HMOs for both)	TIC Chapter 1358 and 28 TAC Sections 21.2601—21.2607
Inherited Metabolic Disorder - PKU	Amino acid-based formulas	Individual, small group, large group (including HMOs for all three)	TIC Section 1377.051
Inherited Metabolic Disorder - PKU	Phenylketonuria (PKU)	Small group, large group (including HMOs for both)	TIC Chapter 1359

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Mental Health Other	Mental/nervous disorders with demonstrable organic disease	Individual	28 TAC Section 3.3057(d), Exhibit A
Off Label Prescription Drugs	Off-label drugs	Individual, large group plans (including HMOs)	TIC Section 1369.004 and 28 TAC Sections 21.3010—21.3011
Pediatric Services Other	Reconstructive surgery for craniofacial abnormalities in a child	Individual, large group (including HMOs for both)	TIC Section 1367.153
Post-Mastectomy Care	Mastectomy or lymph node dissection, minimum stay	Individual, large group (including HMOs for both)	TIC Section 1357.054
Prescription Drugs Other	Oral anticancer medications	Individual, small group, large group (including HMOs for all three)	TIC Chapter 1369, Subchapter E
Treatment for Temporomandibular Joint Disorders	Temporomandibular joint	Large group (including HMOs)	TIC Section 1360.004
Transplant Donor Coverage	Transplant donor coverage	Individual	28 TAC Section 3.3040(h)