

GG0130F. Upper Body Dressing

F. Upper body dressing: The ability to dress and undress above the waist; including fasteners, if applicable.

Assessment Timepoints

SOC/ROC:

- SOC/ROC performance.
- Discharge goal.

Discharge:

- Discharge performance.



Upper Body Dressing Inclusions for Coding

- Clothing the patient routinely wears.
- Bra, undershirt, T-shirt, button-down or pullover shirt, dress, sweatshirt, sweater, nightgown, and pajama top.
- Thoracic-lumbar-sacrum orthosis (TLSO), abdominal binder, back brace, stump/sock shrinker, upper body support device, neck support, and hand or arm prosthetic/orthotic.
- Permanently modified clothing selection/style.
- Management of buttons and/or fasteners.

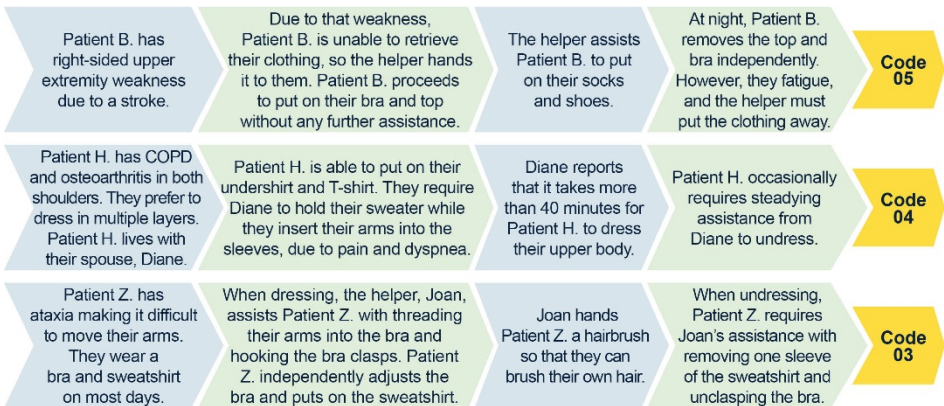
Coding Tips

Upper body dressing identifies the patient's need for assistance to dress and undress above the waist, including any assistance needed to manage buttons and/or fasteners.

Activity Performance Codes and Examples

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|---|-------------------------------------|
| 06 – Independent | 03 – Partial/moderate assistance |
| 05 – Setup or clean-up assistance | 02 – Substantial/maximal assistance |
| 04 – Supervision or touching assistance | 01 – Dependent |

Each series of arrows below describes an upper body dressing scenario. The green arrows in the second and fourth columns identify key elements of each scenario that inform the coding of **GG0130F. Upper body dressing**.



Additional Clinical Considerations

- Assess the patient's ability to put on and take off whatever clothing is routinely worn. If a patient modifies the clothing they wear due to a physical impairment, the modified clothing selection will be considered routine if there is no reasonable expectation that the patient could return to their previous style of dressing.
- The activity may be completed with or without the use of assistive device(s).
- If the patient dresses themselves and the **ONLY** assistance required from a helper is to retrieve or put away the patient's clothing before or after the activity, code **05, Setup or clean-up assistance**.
- Coding of the dressing activities should consider relevant dressing items regardless of the *timing* of when each item is put on/taken off.
 - If a patient dresses themselves except for donning an elastic support bandage, because it is to be put on later in the day or because assistance is needed to put on the support, code lower body dressing based on the type and amount of assistance needed to put on/take off all items relevant to the patient, including the elastic support bandage.