How an Individual Coverage Health Reimbursement Arrangement (HRA) Offer Works

Health Reimbursement Arrangements (HRAs) are account-based health plans that employers can offer to their employees. They reimburse employees for their medical expenses.

- Employees get a tax-free reimbursement up to the maximum amount the employer will repay for health care costs within a certain amount of time.
- Employers may allow unused funds to carry over year to year.
- Employers can extend coverage to both the employee and the employees’ household members.

Employers can offer employees an **individual coverage HRA** instead of traditional job-based health coverage. An individual coverage HRA reimburses employees for medical expenses, including monthly premiums and other out-of-pocket costs like copayments and deductibles.

How you’ll find out if you have an individual coverage HRA offer

If your employer offers you an individual coverage HRA, they’ll send you a letter that tells you:

- If the individual coverage HRA is offered to household members.
- How much your employer will reimburse you for medical expenses for each household member.
- The dates the individual coverage HRA starts and ends.

It also includes rules for enrolling in other health coverage and how an HRA could impact Marketplace coverage. It’ll say if you’re offered an account-based plan that requires you to enroll in individual market health insurance or Medicare.

Generally, your employer must send you a letter at least 90 days before the start of the individual coverage HRA plan year. If you become eligible for the individual HRA less than 90 days before the start of the plan year, like if you’re a new employee, you’ll get a letter from your employer before your individual coverage HRA starts.
How to enroll in an individual market health insurance plan

To use the individual coverage HRA, you and any eligible household members need to enroll in individual market health insurance — the employer doesn't offer a plan. Your plan needs to start no later than your individual coverage HRA starts. (Individual market health insurance means a plan offered either through the Marketplace, or a private plan offered outside the Marketplace, like directly through an insurance company.) Or, you can use your individual coverage HRA if you’re enrolled in Medicare Part A (Hospital Insurance) and Part B (Medical Insurance), or a Medicare Advantage Plan.

Short-term plans and other limited benefits coverage, like dental or vision-only plans, don't meet this requirement.

If you and/or any eligible household members already have individual health insurance coverage, you don't need to change it to meet the HRA’s health coverage requirement.

If you're applying for Marketplace coverage, some states use HealthCare.gov, the Marketplace run by the federal government. Others run their own. For a list of states with their own Marketplace, visit HealthCare.gov/marketplace-in-your-state.

When to enroll in Marketplace coverage

You can enroll in or change Marketplace plans for the upcoming calendar plan year during the yearly Open Enrollment Period (November 1 – January 15). If you (and eligible household members) have an individual coverage HRA that starts January 1, enroll in a Marketplace plan by December 15 so Marketplace coverage also starts January 1. You must enroll in coverage that starts no later than the date your individual coverage HRA begins.

- If you and your household members were newly offered an individual coverage HRA (like new employees), you may qualify for a Special Enrollment Period to enroll in or change individual coverage. Generally, you'll need to enroll in coverage within 60 days before the date your individual coverage HRA starts.

- If you were hired mid-plan year, your employer might offer different options for when an individual coverage HRA can start so you'll have more time to enroll. Contact your employer or check your individual coverage HRA letter to find out if this applies to you. If so, you can take up to 60 days after the date your individual coverage HRA starts to enroll in your own health plan. Enroll in time for your health plan to start by the last day your individual coverage HRA can begin.

If you gain a new dependent, like if you get married, have a baby, or adopt a child during the individual coverage HRA plan year, check with your employer to learn about deadlines for enrolling your new household member in the individual coverage HRA. Make sure to add the new household member to your Marketplace coverage before the deadline.

No matter what state you live in, you can enroll in affordable, quality health coverage.
How individual coverage HRAs impact the premium tax credit

When you fill out a Marketplace application, you’ll find out if you qualify for savings on a Marketplace plan, called a “premium tax credit” that lowers the premium — the amount you pay each month to your insurance plan. An individual coverage HRA offer may impact your eligibility for the premium tax credit for Marketplace coverage. The only way you’ll qualify for the premium tax credit to help pay for Marketplace coverage is if you don’t accept the individual coverage HRA and the individual coverage HRA isn’t considered “affordable.”

For 2024, an individual coverage HRA is considered affordable if the monthly premium for the lowest-cost Silver plan for self-only Marketplace coverage in your area (minus the monthly amount made available to you under the individual coverage HRA) is equal to or less than 8.39% of 1/12 of your monthly household income.

You can use the decision guide at HealthCare.gov/job-based-help to help determine if the individual coverage HRA meets “affordability” requirements. To find out for certain, you’ll include information about your individual coverage HRA when you visit HealthCare.gov and submit an application for health coverage.

The Marketplace will calculate if the offer meets requirements for affordability and will suggest if you should accept or decline the HRA based on if you qualify for a premium tax credit.

- If the HRA isn’t considered “affordable,” you must enroll in Marketplace coverage to apply the savings. You can’t use both a premium tax credit and the HRA. If you accept your HRA and use the tax credit, you may owe money when you file your federal taxes.

- If the HRA is considered “affordable,” you aren’t eligible for the premium tax credit for your Marketplace coverage. If the HRA includes payments to cover the expenses of your household members, you can’t get a premium tax credit for your household members.

For more information

Visit HealthCare.gov/job-based-help/#/ichra to learn more about individual coverage HRAs and other options that may help you pay for health insurance.