

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
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Baltimore, Maryland 21244-1850



## CENTER FOR MEDICARE

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TO: All Part D Sponsors

FROM: Cynthia G. Tudor, Ph.D., Director, Medicare Drug Benefit and C & D Data Group

SUBJECT: 2012 Medication Therapy Management program eligibility information available via the Medicare Plan Finder

DATE: September 2, 2011

In addition to helping Medicare beneficiaries make informed decisions regarding health and prescription drug plans, CMS is committed to increasing beneficiaries' awareness about Medication Therapy Management (MTM) programs. As part of this effort, Medicare beneficiaries will be able to view 2012 MTM program eligibility information via the Medicare Plan Finder (MPF) beginning this Fall during open enrollment. This memo provides a sample layout and a description to Part D sponsors about the information to be displayed.

### **Background**

The Medicare Modernization Act established requirements for Part D sponsors regarding cost control and quality improvement, including requirements for MTM programs.<sup>1</sup> Part D enrollees who have multiple chronic diseases, are taking multiple Part D drugs, and are likely to incur annual costs for covered Part D drugs that exceed a predetermined level are targeted for the MTM programs.<sup>2</sup> Sponsors have some discretion to define their specific eligibility criteria. Annually, sponsors must submit a MTM program description to CMS for review and approval, including their program's eligibility criteria, through the Health Plan Management System (HPMS) in the MTM Program Submission Module.

Certain changes to a Part D sponsor's approved MTM program during the program year or prior to the start of the upcoming program year may be allowed by CMS. This policy can be found at: [www.cms.gov](http://www.cms.gov) > Medicare > Prescription Drug Contracting > Medication Therapy Management. All proposed changes must be submitted to CMS for review and approval prior to the implementation of requested changes. Sponsors may request changes to their CY 2011 and/or 2012 MTM programs during the next update window, which is between September 1, and 10, 2011.

### **MTM Program Eligibility Information Posted on the MPF**

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<sup>1</sup> MMA 2003, under title 42 CFR Part 423, Subpart D

<sup>2</sup> § 423.153(d)(1)

Beginning in October, the MPF will display 2012 MTM program eligibility information for use during this Fall's open enrollment period. The information will be displayed on the "Your Plan Results" page for Medicare Advantage Prescription Drug Plans (MA-PDs) and stand-alone Prescription Drug Plans (PDPs) through a link labeled *View Plan Medication Therapy Management (MTM) Program Eligibility Information*. The link will bring the beneficiaries to an Excel spreadsheet on the CMS website. See the ATTACHMENT for a mock-up of the information that will be displayed. The table will be populated using the eligibility criteria information from sponsors' CMS-approved 2012 MTM programs from the HPMS MTM Program Submission Module, including programs approved during the September update window. A document and glossary will also be included to describe to beneficiaries how to use the table. Advocates and Medicare beneficiaries can sort the information to view the MTM program eligibility requirements for available drug plans. They can also look for programs available for their specific health conditions or drug utilization. Advocates and beneficiaries will be encouraged to contact each drug plan for more details about their MTM program and if they may qualify for it. We are exploring other ways to integrate this information into the MPF in the future.

We appreciate your continued cooperation in administering the Medicare drug benefit. Questions regarding Part D MTM programs should be sent via email to [partd\\_mtm@cms.hhs.gov](mailto:partd_mtm@cms.hhs.gov).

## ATTACHMENT: Sample Layout

### View Plan Medication Therapy Management (MTM) Program Eligibility Information

If you're in a Medicare drug plan and have complex health needs, a Medication Therapy Management (MTM) program can help you and your doctor make sure your medications are working to improve your health.

You'll get a review of all your medications with a pharmacist or other health professional, who'll talk with you about how to get the most from the drugs you take. You will be able to talk about any problems you may be having and ask questions about your medications. You'll also get a summary of this discussion to help you talk with your doctors, pharmacists, and other providers.

MTM programs are no cost to you. We encourage you to take advantage of this valuable program if you qualify.


#### You May Qualify for an MTM Program

You may qualify if you're in a Medicare drug plan and meet these 3 requirements:

1. Have at least 2 chronic health conditions, and
2. Take at least 3 medications, and
3. Use medications that cost more than \$3,100 for the year combined (your costs and your plan's costs).

Contact each drug plan for details about their MTM program and if you may qualify for it. (<https://www.medicare.gov/find-a-plan>)

### Two ways to find an MTM Program

<b>1. Sort by Plan.</b> Use the grey filter button to show MTM program eligibility requirements for each Plan.			<b>2. Match Your Health Condition and Drugs.</b> Use the grey filter buttons to only show MTM programs that match your health conditions, medications and drug spending totals.				
			↓		↓		↓
			<i>Note: You must meet all 3 requirements to qualify for the MTM program.</i>				
			<b>REQUIREMENT 1: Your Health Conditions</b>		<b>REQUIREMENT 2: Drugs You Take</b>		<b>REQUIREMENT 3: Your Drug Spending</b>
Sort by Plan Contract Number	Sort by Plan Name	Sort by Plan Type	You must have AT LEAST this many health conditions	You must have some of THESE SPECIFIC health conditions	You must be taking AT LEAST this many Part D drugs	You must be taking some of THESE SPECIFIC types of drugs	You must spend AT LEAST this much in total drug spending each year
▼	▼	▼	▼	▼	▼	▼	▼