

# HELP PREGNANT WOMEN AND YOUTH QUIT SMOKING

AI/ANs, as a whole, have an especially high risk of suffering from tobacco-related death and disease because they have the highest prevalence of smoking and other tobacco use compared to any other population group in the United States.

Smoking remains the leading cause of preventable death in the United States. Smoking accounts for more than 480,000 deaths in the United States each year, and is a major risk factor for the four leading causes of death: heart disease, cancer, stroke, and chronic obstructive pulmonary disease and causes complications of pregnancy.

For more information visit: <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Tobacco.html>

## Does Medicaid cover smoking cessation services?

Yes. Medicaid will cover tobacco cessation services for pregnant women and youth, including both counseling and pharmacotherapy, **without cost sharing**. Your state's Medicaid program may provide these services for others. Check with your Medicaid program.

## What services are covered by Medicaid?

- Diagnosis of smoking addiction
- Necessary medication to stop smoking
- Therapy and counseling services\*

\*Medicaid beneficiaries may be covered for counseling through physician visits, pharmacists and mental health counselors.



## Not sure what to do next?

To learn more about help available, contact your Indian Health Care Provider.

Talk to someone who can help you find the answers, like your local:

- Indian Health Care Provider,
- Community Health Representative (CHR),
- Medicaid office,
- Doctor or field Nurse, or
- Social services office

Go to <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-State/By-State.html> to find your state's Medicaid Program.

- <http://go.cms.gov/AIAN>
- [www.medicaid.gov](http://www.medicaid.gov)



# Important facts about MEDICAID

