

Primary Care First

Foster Independence. Reward Outcomes.

Model Briefing

Center for Medicare & Medicaid Innovation



Primary Care First Builds on the Underlying Principles of Prior CMS Innovation Models

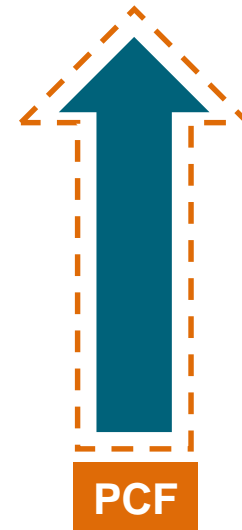
CMS primary care models offer a variety of opportunities to advance care delivery, increase revenue, and reduce burden.



Comprehensive Primary Care Plus (CPC+) Track 1 is a pathway for practices ready to **build the capabilities** to deliver comprehensive primary care.



CPC+ Track 2 is a pathway for practices poised to **increase the comprehensiveness** of primary care.



Primary Care First rewards **outcomes**, increases **transparency**, enhances care for **high need populations**, and reduces **administrative burden**.







Primary Care First Rewards Value and Quality Through an Innovative Payment Structure

Primary Care First Goals

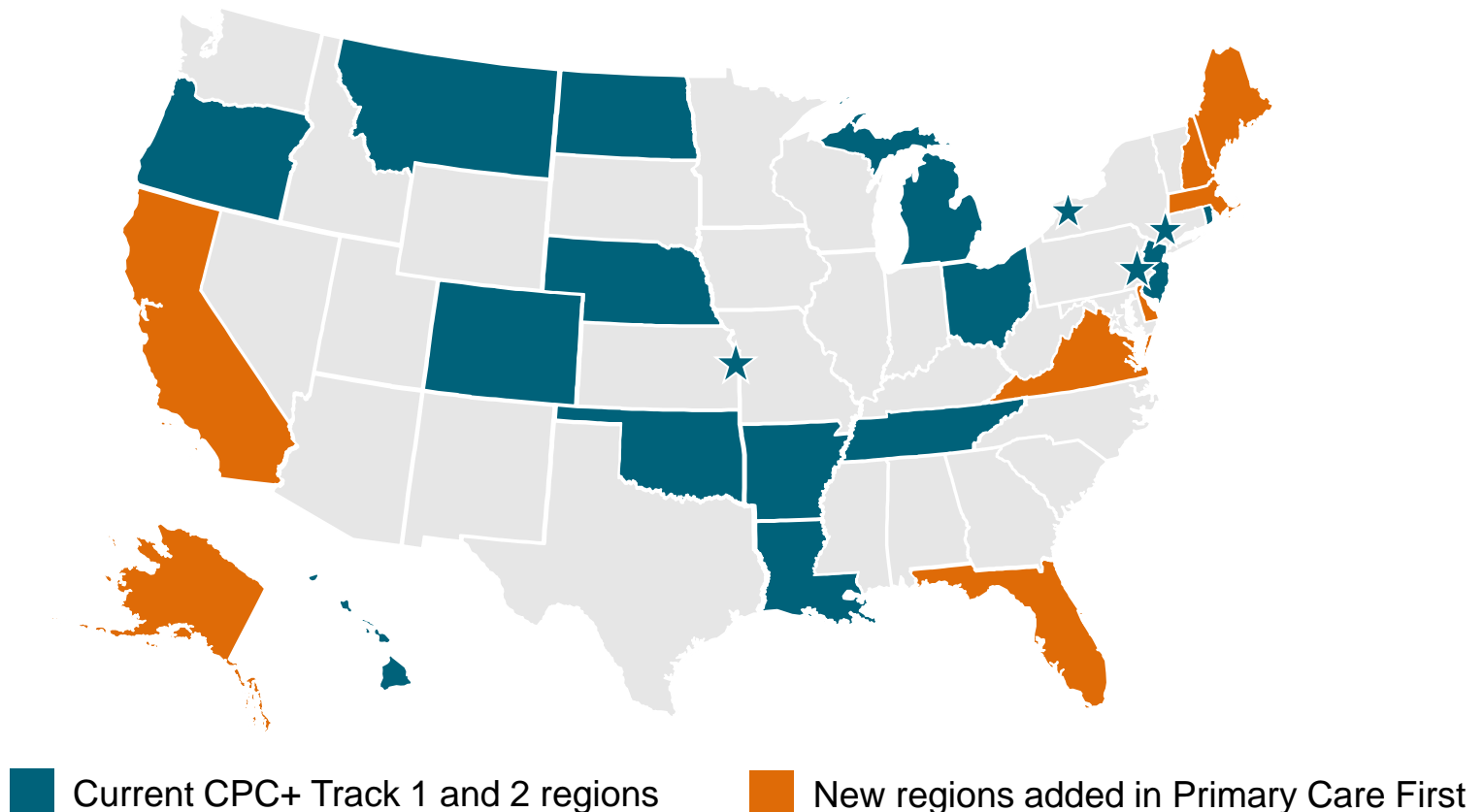
- 1 To **reduce Medicare spending** by preventing avoidable inpatient hospital admissions
- 2 To **improve quality of care and access to care** for all beneficiaries, particularly those with complex chronic conditions and serious illness

Primary Care First Overview

-  **5-year** alternative payment model
-  Offers greater **flexibility**, increased **transparency**, and **performance-based** payments to participants
-  Payment options for practices that specialize in **patients with complex chronic conditions** and high need, **seriously ill populations**
-  Fosters **multi-payer alignment** to provide practices with resources and incentives to enhance care for all patients, regardless of insurer

Primary Care First Will Be Offered in 26 States and Regions Beginning in 2021

In 2021, Primary Care First will include 26 diverse regions:





Primary Care Practices Can Participate in One of Three Payment Model Options

The **three Primary Care First (PCF) payment models** accommodate a continuum of providers that specialize in care for different patient populations.

Option 1

PCF-General Component

Focuses on **advanced primary care practices ready to assume financial risk** in exchange for reduced administrative burdens and performance-based payments. Introduces new, higher payments for practices caring for complex, chronically ill patients.

Option 2

SIP Component

Promotes care for high need, **seriously ill population (SIP)** beneficiaries who lack a primary care practitioner and/or effective care coordination.

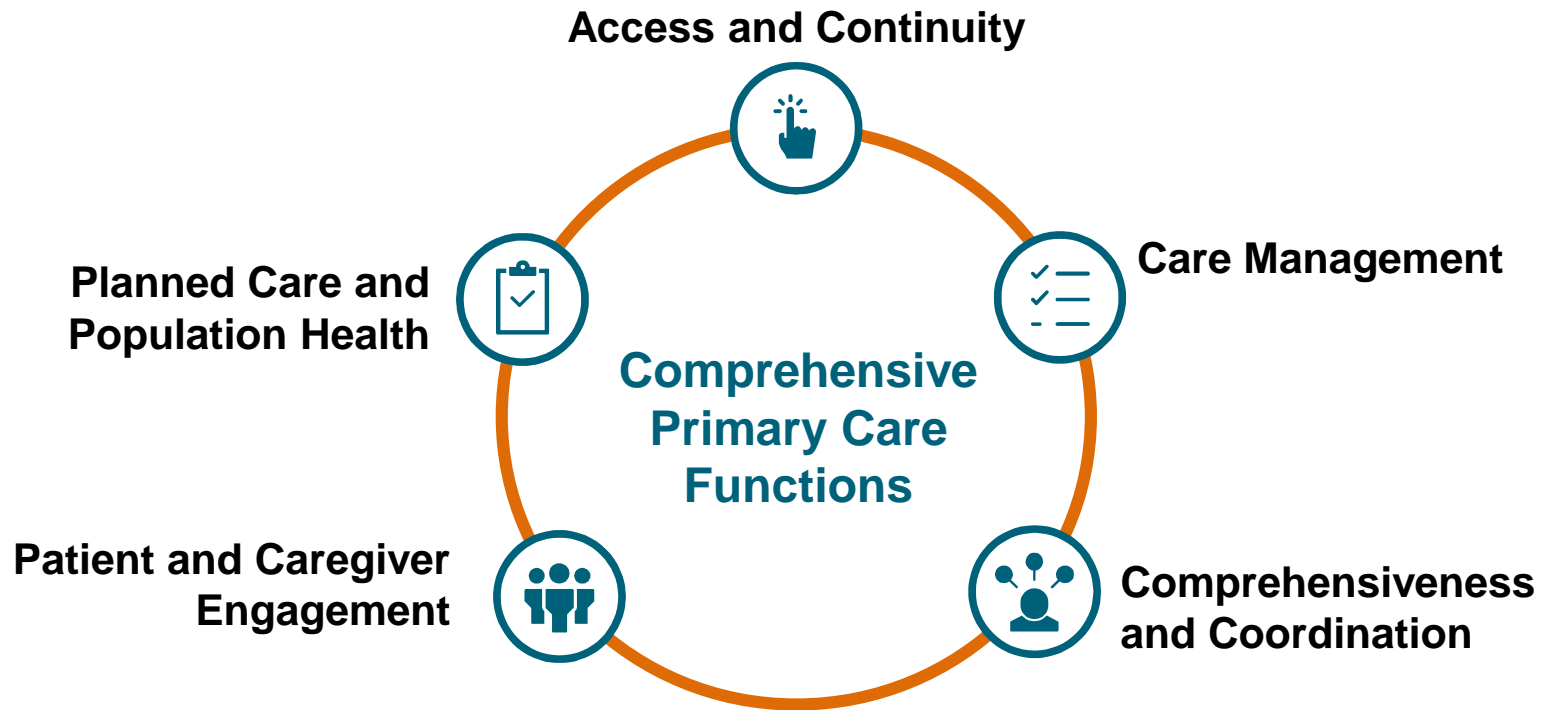
Option 3

Both PCF-General and SIP Components






Allows practices to **participate in both** the PCF-General and the SIP components of Primary Care First

Participants Achieve Model Aims Through Innovations in Their Care Delivery

PCF participants are incentivized to deliver evidence-based interventions across 5 comprehensive primary care functions:



Practices Have the Freedom to Innovate While Implementing Core Functions of Comprehensive Primary Care

Comprehensive Primary Care Function	PCF Intervention
 Access and Continuity	<ul style="list-style-type: none">▪ Provide 24/7 access to a care team practitioner with real-time access to the EHR
 Care Management	<ul style="list-style-type: none">▪ Provide risk-stratified care management
 Comprehensiveness and Coordination	<ul style="list-style-type: none">▪ Integrate behavioral health care▪ Assess and support patients' psychosocial needs
 Patient and Caregiver Engagement	<ul style="list-style-type: none">▪ Implement a regular process for patients and caregivers to advise practice improvement
 Planned Care and Population Health	<ul style="list-style-type: none">▪ Set goals and continuously improve upon key outcome measures

The PCF Payment Model Option Emphasizes Flexibility and Accountability



PCF Payment Model Option Goals



Promote patient access to advanced primary care both in and outside of the office, especially for complex chronic populations



Transition primary care from fee-for-service payments to value-driven, population-based payments



Reward high-quality, patient-focused care that reduces preventable hospitalizations



PCF Payments

Professional population-based payments and flat primary care visit fees to help practices improve access to care and transition from FFS to population-based payments

Performance-based adjustments of up to 50% of revenue and a 10% downside, based on a single outcome measure, with focused quality measures



Primary Care First Model Payments Include Two Major Components

Total Primary Care First Model payments

Total primary care payment



Performance-based adjustment

Professional
Population-Based
Payment



Flat Primary Care
Visit Fee

Opportunity for practices to **increase revenue by up to 50%** of their Total Primary Care Payment based on key performance measures, including acute hospital utilization (AHU).

1 Regional adjustment

2 Continuous improvement adjustment

Total Primary Care Payment Promotes Flexibility in Care Delivery

The Total Primary Care Payment is a hybrid payment that incentivizes advanced primary care while **compensating practices with higher-risk patients**.

Population-Based Payment

Payment for service in or outside the office, adjusted for practices caring for higher risk populations. This base rate is the same for all patients within a practice.



Flat Primary Care Visit Fee

Payment for in-person treatment that reduces billing and revenue cycle burden.

\$40.82

per face-to-face encounter

Payment amount does not include copayment or geographic adjustment

Practice Risk Group	Payment (per beneficiary per month*)
Group 1: Average Hierarchical Condition Category (HCC) <1.2	\$28
Group 2: Average HCC 1.2-1.5	\$45
Group 3: Average HCC 1.5-2.0	\$100
Group 4: Average HCC >2.0	\$175

These payments allow practices to:

- ✓ Easily predict payments for face-to-face care
- ✓ Spend less time on billing and coding and more time with patients

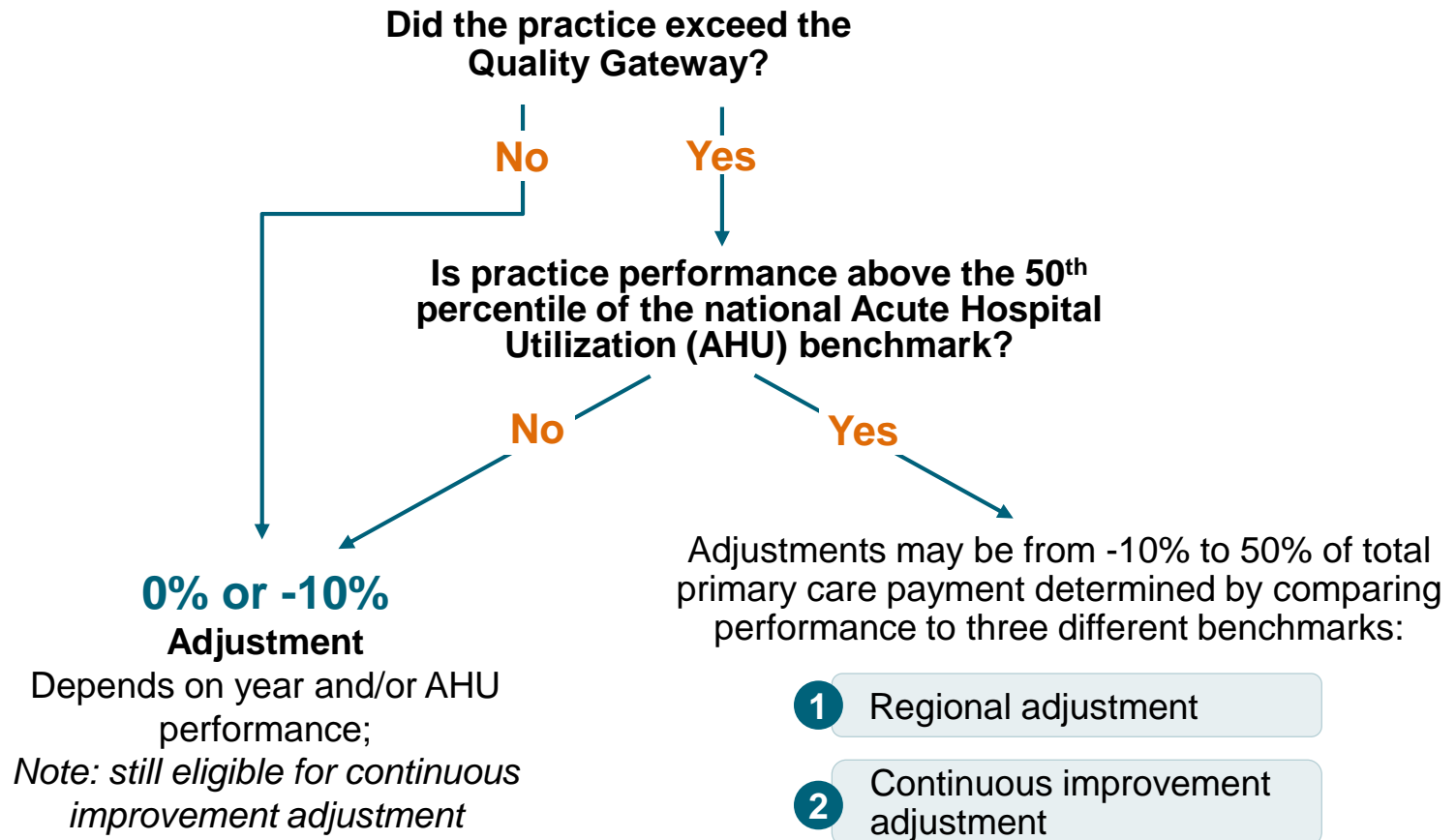
Payment will be reduced through calculating a “leakage adjustment” if beneficiaries seek primary care services outside the practice.

* PBPM = Per Beneficiary Per Month



Performance-Based Payment Adjustments Are Determined Based on a Multi-Step Process

In **Year 1**, adjustments are determined based on **acute hospital utilization (AHU)** alone.
In **Years 2-5**, adjustments are based on performance as described below.



Regional Adjustment Compares Acute Hospital Utilization to a Regional Benchmark

1

Regional adjustment

Practices that exceed the 50th percentile AHU minimum benchmark will earn a PBA based on how they perform relative to regional practices.

Top 75% of the regional reference group?

No

Yes

-10%

Adjustment

(still eligible for continuous improvement bonus)

AHU Regional Performance Level	Regional Adjustment
Top 10 percentile of regional practices	34% of Total Primary Care Payment
11-20 percentile of regional practices	27% of Total Primary Care Payment
21-30 percentile of regional practices	20% of Total Primary Care Payment
31-40 percentile of regional practices	13% of Total Primary Care Payment
41-50 percentile of regional practices	6.5% of Total Primary Care Payment
51-75 percentile of regional practices	0% of Total Primary Care Payment





Practices Achieving Improvement Targets are Eligible for a Continuous Improvement Adjustment

2

Continuous improvement adjustment

Practices are also eligible for a **continuous improvement (CI) bonus of up to 16%** of the **possible 50% PBA amount** if they achieve their improvement target. CMS may use statistical approaches to account for random variations over time and promote reliability of improvement data.

Acute Hospital Utilization (AHU) Regional Performance Level	Potential Improvement Bonus
Top 10 percentile of regional practices	16% of Total Primary Care Payment
11-20 percentile of regional practices	13% of Total Primary Care Payment
21-30 percentile of regional practices	10% of Total Primary Care Payment
31-40 percentile of regional practices	7% of Total Primary Care Payment
41-50 percentile of regional practices	3.5% of Total Primary Care Payment
51-75 percentile of regional practices	3.5% of Total Primary Care Payment
Practices performing in the bottom quartile of their region	3.5% of Total Primary Care Payment

The SIP Payment Model Option Increases Seriously Ill Populations' Access to Primary Care

PCF incorporates the following unique aspects for practices electing to serve seriously ill populations to increase access to high-quality, advanced primary care.



Eligibility and Beneficiary Attribution



Practices demonstrating relevant capabilities **can opt in to be assigned SIP patients or beneficiaries** who lack a primary care practitioner or care coordination.



Medicare-enrolled clinicians who provide **hospice or palliative care can partner** with participating practitioners.



Payments

Payments for practices serving seriously ill populations:

First 12 Months

- One-time payment for first visit with SIP patient: **\$325 PBPM**
- Monthly SIP payments for up to 12 months: **\$275 PBPM**
- Flat visit fees: **\$50**
- Quality payment adjustment: up to **\$50**



The Model's Quality Strategy for Practice Risk Groups 1-2 Includes a Focused Set of Clinically Meaningful Measures

The following measures for **Practice Risk Groups 1-2** will inform performance-based adjustments and assessment of quality of care delivered.

Measure Type	Measure Title	Model Years
Utilization Measure for Performance-Based Adjustment Calculation (Calculated Quarterly)	Acute Hospital Utilization (AHU) (HEDIS measure)	Years 1-5
Quality Gateway (Calculated Annually)	Patient Experience of Care Survey (CAHPS® with supplemental items)	Year 2-5
	Diabetes: Hemoglobin A1c (HbA1c) Poor Control (>9%) (eCQM)	
	Controlling High Blood Pressure (eCQM)	
	Advance Care Plan (MIPS CQM measure)	
	Colorectal Cancer Screening (eCQM)	

Practices in Risk Groups 3-4 and practices accepting SIP patients are evaluated on a different set of quality measures— see the next slide for details.



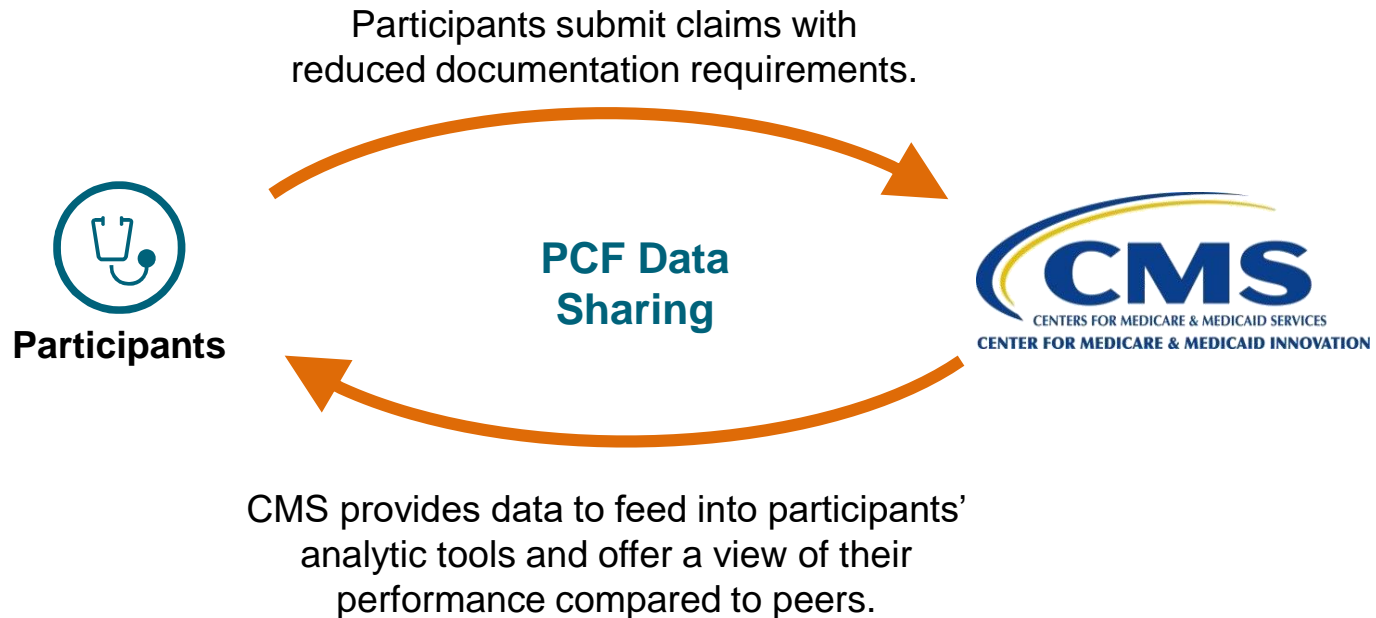
Quality Measures for Practice Risk Groups 3-4 (and SIP) Account for Patients' Clinical and Supportive Needs

Practices in **Risk Groups 3-4** and practices accepting SIP patients are evaluated on a different set of quality measures than Risk Groups 1-2.

Measure Title	Model Years
Advance Care Plan (MIPS CQM measure) <i>(also used for Practice Risk Groups 1-2)</i>	Years 1-5
Total Per Capita Cost (MIPS claims measure)	Years 1-5
CAHPS® (beneficiary survey)	Years 2-5 (but administered in Year 1)
24/7 Access to a Practitioner (beneficiary survey)	Years 3-5
Days at Home (claims measure)	Years 3-5

Primary Care First Innovates Data Sharing to Inform Care Delivery

Participants get access to timely, actionable data to assess performance relative to peers and drive care improvement.





Practices Participating in the PCF-General Payment Model Option Must Meet the Following Eligibility Requirements




Practices participating in the PCF-General Payment Model Option must:

- ✓ Include **primary care practitioners** (MD, DO, CNS, NP, PA) in good standing with CMS
- ✓ Provide health services to a **minimum of 125** attributed Medicare beneficiaries*
- ✓ Have primary care services account for the **predominant share** (e.g., 70) of the practices' collective billing based on revenue*
- ✓ Demonstrate **experience with value-based payment arrangements**, such as shared savings, performance-based incentive payments, and alternative to fee-for-service payments
- ✓ Use 2015 Edition **Certified Electronic Health Record Technology** (CEHRT), support **data exchange** with other providers and health systems via Application Programming Interface (API), and, if available, connect to their regional health information exchange (HIE)
- ✓ Attest via questions in the Practice Application to a limited set of **advanced primary care delivery** capabilities, including 24/7 access to a practitioner or nurse call line, and empanelment of patients to a primary care practitioner or care team

***Note:** Practices participating only in the SIP option are not subject to these specific requirements.





Practices Participating in the SIP Payment Model Option Must Meet the Following Eligibility Requirements



Practices receiving **SIP-identified patients** (identified based on risk score) must:

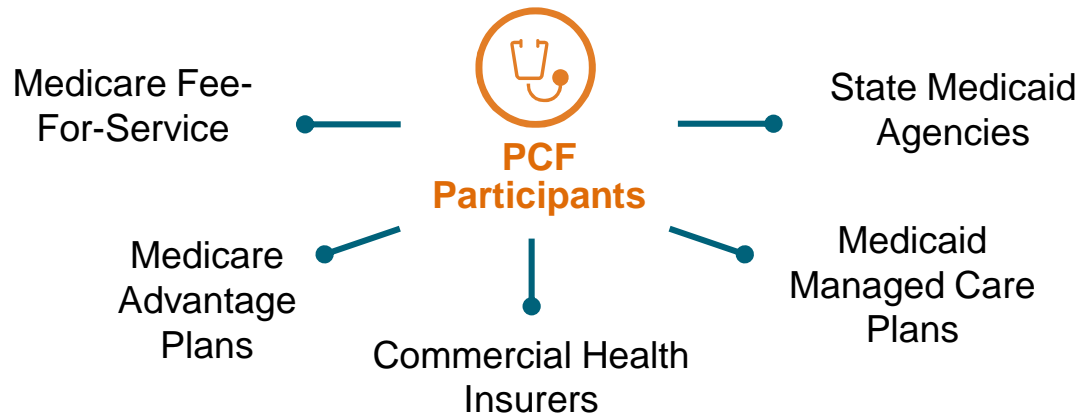
- ✓ Include **practitioners serving seriously ill populations** (MD, DO, CNS, NP, PA) in good standing with CMS
- ✓ Meet **basic competencies to successfully manage complex patients** and demonstrate relevant clinical capabilities (e.g., interdisciplinary teams, comprehensive care, person-centered care, family and caregiver engagement, 24/7 access to a practitioner or nurse call line)
- ✓ **Have a network of providers in the community** to meet patients' long-term care needs for those only participating in the SIP option
- ✓ Use 2015 Edition **Certified Electronic Health Record Technology** (CEHRT), support **data exchange** with other providers and health systems via Application Programming Interface (API), and, if available, connect to their regional health information exchange (HIE)*

*SIP-only practices can request a one-year implementation delay for the CEHRT requirement



CMS is Committed to Partnering with Aligned Payers in Selected Regions

In PCF, CMS will encourage other payers to engage practices on similar outcomes. **CMS is soliciting interested payers starting in summer 2019.**



Multi-payer alignment promotes:

- ✓ An alternative to fee-for-service payments
- ✓ Performance-based incentive opportunity
- ✓ Practice- and participant-level data on cost, utilization, and quality
- ✓ Alignment on practice quality and performance measures
- ✓ Broadened support for seriously ill populations



Your Practice Can Experience Many Benefits By Participating in Primary Care First



Less administrative burden and more flexibility so providers can spend more time with patients and deliver care based on patient needs



Ability to increase revenue with performance-based payments that reward participants for easily understood primary care outcomes



Enhanced access to actionable, timely data to inform your care transformation and assess your performance relative to peers



Focus on single outcome measure that matters most to patients



Opportunities for practices that specialize in complex, chronic patients and high need, seriously ill populations



Potential to become a Qualifying APM Participant by practicing in an Advanced Alternative Payment Model



Primary Care First Will Launch in 2021



Fall 2019

Practice applications open;
Payer statement of interest
posted



Winter 2020

Practice applications due
January 22, 2020; Payer
solicitation due March 13, 2020



Spring 2020

Practices and
payers selected



Summer 2020

Participant
onboarding



January 2021

Payment begins

Practice application and
payer statement of interest
submission period begins

Interested practices should review the [Request for Applications \(RFA\)](#) and can access the [Application Portal](#) to complete an application.



Use the Following Resources to Learn More About Primary Care First

For more information about Primary Care First and to stay up to date on upcoming model events:

Visit

<https://innovation.cms.gov/initiatives/primary-care-first-model-options/>

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1-833-226-7278

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[Read the Request for Applications \(RFA\) here](#)

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