

MODEL OVERVIEW



Overall, the CJR Model achieved its goals to:

- ✓ Reduce Medicare spending ✓ Maintain or improve quality of care

- The CJR Model tested whether an episode-based payment model for lower extremity joint replacements (LEJRs) can lower payments while maintaining or improving quality.
- Hospitals were financially accountable for the cost of the surgery and health care services for the following 90 days. The model used a target pricing approach to determine net payments from or repayments to Medicare.

MANDATORY PARTICIPATION ENGAGED A BROAD SET OF HOSPITALS

In Performance Years (PYs) 6–8, the CJR Model introduced episode-level accountability for **9%** of LEJRs nationally:

34

Metropolitan
Statistical Areas

321

Hospitals

143,000+

LEJR procedures



Located in markets
with higher historical
spending



Served an older and
more complex patient
population

66% of CJR LEJRs were in outpatient settings, slightly lower
than **71%** of LEJRs nationally

THE CJR MODEL RESHAPED POST-ACUTE CARE CULTURE

Before Surgery



During Surgery



Post-Discharge & Recovery

Preparing patients prior
to surgery enabled easier
recovery

Coordinated care
facilitated safe
discharge home

Patient recovery at home drove
reduced episode spending

CJR hospitals emphasized:

- ↑ Patient education
- ↑ Physical therapy
- ↑ Patient optimization

CJR hospitals prioritized:

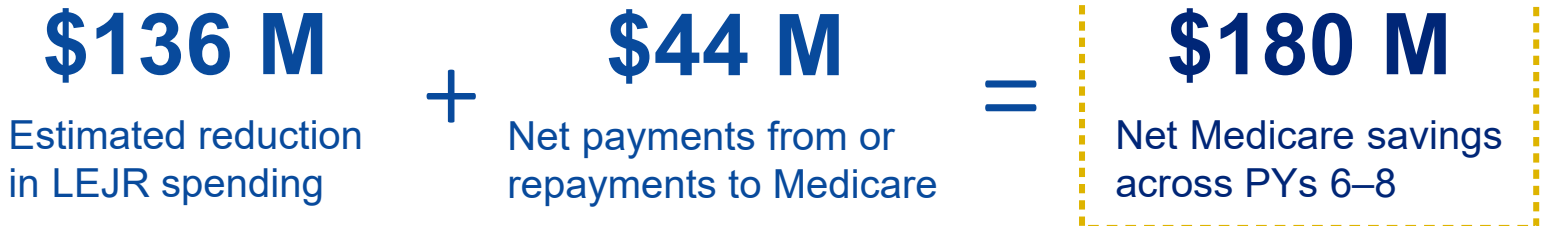
- ↑ Early ambulation
- ↑ Physical therapy
- ↑ Pain management

CJR hospitals shifted care patterns:

- ↑ Increased discharges home with home health
- ↓ Decreased discharges to inpatient rehabilitation facilities (IRFs)
- ↑ Initiated follow-ups with patients after discharge

THE CJR MODEL ACHIEVED MEDICARE SAVINGS

The CJR Model generated savings to Medicare by reducing discharges to IRFs



Early discharge planning involved adopting a “Why Not Home” approach

Reductions in LEJR spending were mostly driven by reductions in discharges to IRFs

\$443 reduction in elective per-episode IRF spending

28%

decrease in patients discharged to IRFs

32%

increase in patients discharged home with home health

CJR HOSPITALS MAINTAINED QUALITY OF CARE WHILE REDUCING COSTS

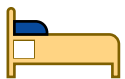
We estimated **no adverse changes** in quality of care for our four claims-based measures of quality:



Complication rate



Mortality rate



Unplanned readmission rate



Emergency department use

CJR hospitals **mirrored national trends** in quality

Both CJR and control hospitals reduced the rates of unplanned readmissions and complications since the baseline period by **more than 25%**.

KEY TAKEAWAYS

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- Across the extension period, the CJR Model saved Medicare and taxpayers \$180 million while maintaining quality of care for patients.
 - The CJR Model increased hospitals’ awareness of the costs and quality of post-acute care, informing discharge destination decisions and increasing focus on patient recovery.