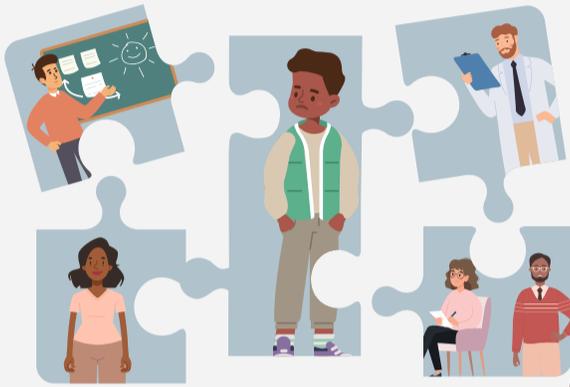


Accelerating State Pediatric Readiness and Effectiveness (ASPIRE) Model

Meet Elijah

Elijah is a 9-year-old with co-occurring medical and behavioral health conditions. This causes behavioral challenges at school that results in frequent crisis interventions.

Without ASPIRE



Elijah is frequently sent home from school due to his **behavioral episodes**.

Maria, Elijah's mother, misses work due to Elijah's conditions and **spends hours coordinating his care** across all of his providers.

A **psychiatrist** adjusts Elijah's medications during 15-minute appointments.

Elijah's **primary care provider** addresses his physical health but is not connected with his other providers.

Elijah is taken to the **emergency department** which does not have access to his medical history, and is admitted to an inpatient psychiatric ward.

Elijah is **discharged without support services** or a care plan that meets his and his family's needs.

With ASPIRE



A **care team** engages with Elijah and his family to develop goals that meet his needs.

A single **comprehensive care plan** is shared with all of Elijah's providers and changes are communicated to the entire care team.

Elijah's parents are offered **training in behavioral management**.

Elijah's providers are proactive about ensuring he has **help in all his environments**; they track how he is doing at school and home.

Elijah's family has **access to comprehensive care coordination**, and knows who they should call with questions.

Elijah receives the **support he needs to thrive** in the least restrictive setting possible.



Elijah's ASPIRE Outcomes

Elijah receives a same-day telehealth assessment when he shows early warning signs of behavioral challenges.

A psychiatrist and developmental pediatrician jointly review and adjust Elijah's medications.

Elijah avoids having to go to the emergency department and inpatient psychiatric hospitalization.