

Medicare Diabetes Prevention Program (MDPP)

Beneficiary Eligibility Fact Sheet

This checklist contains a summary of MDPP beneficiary eligibility requirements, as well as tips that MDPP suppliers can use to determine beneficiary eligibility.

Requirements to Start Services

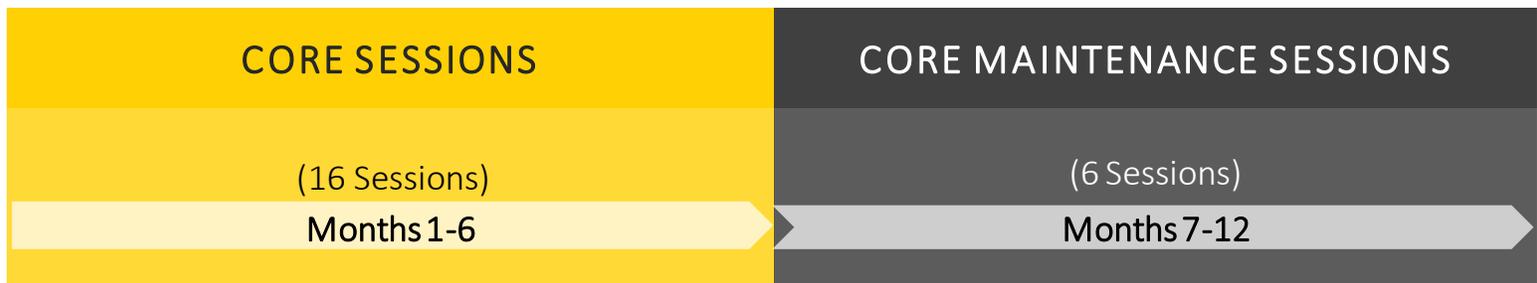
Beneficiaries **MUST** have:

- Medicare Part B coverage through Original Medicare (Fee-for-Service) or a Medicare Advantage (MA) plan
- Results from one of three blood tests conducted within one year before the first core session:
 - Hemoglobin A1c test with a value of 5.7-6.4%
 - Fasting plasma glucose test with a value of 110-125 mg/dl
 - Oral glucose tolerance test with a value of 140-199 mg/dl
- A body mass index (BMI) of at least 25, or 23 if self-identified as Asian

Beneficiaries **must NOT** have:

- A history of type 1 or type 2 diabetes, with the exception of gestational diabetes
- End Stage Renal Disease (ESRD)

Requirements for Beneficiary Coverage of MDPP Services



Eligibility for Coverage of Core and Core Maintenance Sessions

- All eligible beneficiaries can participate in core and core maintenance sessions during the 12 month program.
- In months 1 to 6, payments are allowed for one In-person, Distance Learning, or Online session every week up to a maximum of 16 sessions.
- In months 7 to 12, payments are allowed for one In-person, Distance Learning, or Online session every month up to a maximum 6 sessions.

Additional Guidance on Eligibility Requirements

Medicare Coverage	Blood Tests	History of Diabetes
<ul style="list-style-type: none"> Suppliers should confirm that a beneficiary has coverage through Original Medicare (Fee-for-Service) or a Medicare Advantage (MA) plan before the first core session. To confirm Original Medicare coverage, suppliers can contact their Medicare Administrative Contractor (MAC). If a beneficiary is enrolled in a MA plan, the supplier must contact the plan to confirm that the beneficiary is currently enrolled and eligible. 	<ul style="list-style-type: none"> Beneficiaries are only required to provide results from one of the blood tests by the first core session. The test must be completed in the 12 months before the first core session. Beneficiaries may work with their health care provider to obtain the blood tests. CMS does not designate specific types or forms of documentation that should be used as evidence of blood test results. 	<ul style="list-style-type: none"> If a beneficiary develops diabetes while receiving MDPP services, they can continue with the program. History of gestational diabetes, which develops during pregnancy, does not disqualify a beneficiary from receiving MDPP services.
MDPP Services	ESRD	BMI
<ul style="list-style-type: none"> Suppliers can see if a beneficiary has previously received MDPP services by contacting their MAC or utilizing the HIPAA Eligibility Transaction System (HETS). 	<ul style="list-style-type: none"> Suppliers can contact their MAC or utilize HETS to see if a beneficiary has Medicare via ESRD. Beneficiaries who develop ESRD while receiving MDPP services cannot continue with the program. 	<ul style="list-style-type: none"> Beneficiaries' weight and height must be recorded at the first core session and should be used to calculate BMI.

Beneficiary Eligibility Tips



Verify Eligibility

There are four options available to verify coverage for a beneficiary with Original Medicare (Fee-for-Service):

1. Medicare Administrative Contractor (MAC) Online Provider Portal: <https://www.cms.gov/mac-info>
2. MAC phone verification
3. [HIPAA Eligibility Transaction System \(HETS\)](#)
4. Billing Agency, clearinghouse, or software vendor

To verify coverage for a beneficiary with a MA plan, you must contact the MA plan.

For further information on how to verify a beneficiary's eligibility, visit:

<https://www.cms.gov/priorities/innovation/files/x/mdpp-p-verify-medicare-coverage.pdf>



Beneficiary Self-Reporting

Beneficiaries can self-report the following requirements:

- Asian ethnicity
- History of type 1 or type 2 diabetes (other than gestational)
- Development of ESRD



Document Beneficiary Information

For the first core session suppliers must document basic beneficiary information for each MDPP beneficiary in attendance, including:

- Beneficiary's name
- Medicare Beneficiary Identifier (MBI)
- Age

Need More Information?



Visit:

<http://go.cms.gov/mdpp-exp>



Ask a Question:

<https://cmmi.my.site.com/mdpp/>

