



Medicare Diabetes Prevention Program (MDPP) Enrollment Webinar

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Webinar Objectives

Primary Objectives of Today's Webinar

- Provide an overview of the Medicare Diabetes Prevention Program (MDPP) Expanded Model
- Share information related to MDPP supplier enrollment, service delivery and billing, and programmatic requirements
- Discuss additional resources and address MDPP-related questions

What is MDPP and Why Get Involved?

The Prevalence and Cost of Diabetes

Diabetes affects many individuals, negatively impacts health outcomes, and carries high costs

While Many are At-Risk for Diabetes, Few are Aware

1 in 2

Nearly half of adults aged 65 and older have prediabetes ¹

however...



Only one in four adults aged 65 and older with prediabetes are aware of their condition ¹

Diabetes Prevalence is High and Growing



Nearly one in three adults aged 65 and older have diabetes ¹

and...



Prevalence of diabetes is expected to increase to 21% of the adult population ²

Diabetes Burdens the System with High Costs

2.6x

Diabetes causes individuals to spend 2.6 times more on health care per year ³

\$205B

Medical care for diabetes for persons aged 65 and older cost the nation about \$205 billion in 2022. Most of this expenditure was paid by Medicare. ³

The Medicare Diabetes Prevention Program (MDPP)

MDPP is a preventive service offered to Medicare beneficiaries at risk of developing type 2 diabetes



HEALTHY
EATING



PHYSICAL
ACTIVITY



WEIGHT
LOSS

- MDPP provides training and strategies for long-term healthy eating, increased physical activity, and weight loss
- MDPP's goal is to prevent the onset of type 2 diabetes via behavioral change

The Centers for Diseases Control and Prevention's (CDC) National Diabetes Prevention Program (DPP)

MDPP builds on the success of the CDC's National DPP. The National DPP is a structured lifestyle intervention that was tested in the Medicare population through an Innovation Center-funded DPP Model Test (Y-USA test).



Decades of Evidence

- Backed by over 20 years of evidence
- Research shows DPP can decrease the risk of type 2 diabetes in individuals with prediabetes by 58%⁴



CDC's National DPP

- Implemented nationally
- CDC established the Diabetes Prevention Recognition Program (DPRP) to set quality assurance standards for the program



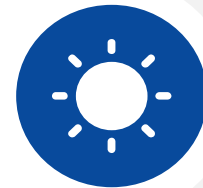
DPP Model Test (Y-USA test)

- Assessed DPP effectiveness among the Medicare population
- Showed that group-based community sessions can lead to beneficiary weight loss and Medicare savings



DPRP Recognition

- Organizations must achieve preliminary, full, or full-plus DPRP recognition before enrolling in Medicare as MDPP suppliers
- The [CDC DPRP Standards](#) define the criteria for recognition and were updated on June 1st, 2024
- DPRP recognition helps assure that organizations have the capacity to become MDPP suppliers



DPRP Curriculum

- MDPP suppliers utilize a CDC-approved curriculum to deliver MDPP services
- CDC-approved curricula include evidence-based topics like healthy eating and weight loss

MDPP Overview: Sessions Covered by Medicare

MDPP services are:

- Furnished to eligible beneficiaries (“MDPP participants”) as a benefit covered by Medicare
- Delivered In-person, via Distance Learning, through a combination of In-person and Distance Learning, or via Online delivery
- Furnished by qualified coaches on behalf of MDPP suppliers
- Provided over the course of one year (22 sessions covered)

MDPP suppliers receive:

- Payments based on beneficiary session attendance
- Performance-based payments when beneficiaries reach weight-loss milestones



There are no out-of-pocket costs to participate in MDPP for beneficiaries enrolled in Fee-for-Service Medicare

Inter-Agency Coordination for MDPP

CMS and CDC each have unique roles and responsibilities with respect to MDPP services.

Payment, Enrollment, and Oversight Arm

MDPP suppliers receive payment from CMS and must meet and remain compliant with requirements established by Medicare



Quality Assurance Arm

MDPP suppliers must maintain CDC DPRP recognition and follow CDC quality standards, including the use of a CDC-approved curriculum on evidence-based topics like healthy eating and weight loss



Recent MDPP Updates

Online Delivery Modality Added

In-person Delivery

Refers to sessions delivered in a group-based classroom-style meeting where participants are physically present with a coach.

Distance Learning Delivery

Refers to sessions delivered via remote classroom where the coach provides live delivery of sessions in one location, and participants call-in or video-conference from other locations.

These modalities can be combined and are SYNCHRONOUS

New in 2026

Online Delivery

Refers to sessions that are delivered 100 percent through the internet via phone, tablet, or laptop in an asynchronous (non-live) classroom where participants experience the content on their own time without a live coach teaching the content.

This modality *cannot* be combined with In-person or Distance Learning and is ASYNCHRONOUS

In-person Capability Not Required for Suppliers not providing In-person Services through 2029

Suppliers are expected to maintain at least one active CDC Diabetes Prevention Recognition Program (DPRP) organization code to enroll and remain enrolled in Medicare as an MDPP supplier.

CDC DPRP Organization Code	In-person Capability Required for MDPP	MDPP Delivery Modalities that Can be Offered
In-person	Yes	In-person; Distance Learning; Online
In-person with Distance Learning	Yes	In-person; Distance Learning; Online
Distance Learning	No	Distance Learning; Online
Online (non-live)	No	Distance Learning; Online

Weight Measurement Options

Weight Measurement Option	How Weight is Obtained
Option 1: <i>In-Person Measurement</i>	Obtained in person by an MDPP supplier during an MDPP session.
Option 2: <i>Digital Scale with Wireless Transmission</i>	Automatically transmitted from a beneficiary's digital scale that sends measurements securely via wireless or cellular technology directly to the MDPP supplier.
Option 3: <i>Live Video Weigh-In</i>	Beneficiary weighs themselves during a live, synchronous video where the MDPP Coach observes beneficiary weigh themselves in real time and views the displayed weight.
Option 4: <i>One Date-Stamped Photo</i>	Beneficiary submits one photo to the MDPP supplier showing the visible beneficiary and their weight on the digital scale; must be date-stamped and associated with an MDPP session date.
Option 5: <i>Two Date-Stamped Photos</i>	Beneficiary submits two photos to the MDPP supplier, both must be date-stamped and associated with an MDPP session date. <ul style="list-style-type: none"> • Photo 1: Shows the beneficiary's weight on the digital scale • Photo 2: Visibly shows the beneficiary
Option 6: <i>Video Recording</i>	Beneficiary submits a video to the MDPP supplier showing the beneficiary on the scale, their weight displayed on the digital scale, and the date associated with an MDPP session.
Option 7: <i>Medical Record</i>	Documented weight measurement collected as part of a medical record within five days of the scheduled MDPP session.

Removal of the Once-Per-Lifetime Restriction for MDPP

The Consolidated Appropriations Act, 2026 (H.R. 7148), signed into law on February 3rd, 2026, eliminated the MDPP “once-per-lifetime” participation limit

- Effective January 1st, 2026 through December 31st, 2029, Medicare beneficiaries may re-enroll in MDPP
- Prior to January 1st, 2026, Medicare generally covered a single round of 22 sessions
- This change was enacted through legislation - not the Physician Fee Schedule rulemaking - and can be found in Division J, Title II, Section 6214 (pp. 482–483) of the law ⁵
- Previously, limited flexibility was allowed for beneficiaries whose participation was interrupted during the COVID-19 Public Health Emergency (PHE) to retake or restart the program ⁶
- Applies to beneficiaries enrolled in Original Medicare and Medicare Advantage

Determine Readiness to Be an MDPP Supplier

Capacity Assessment Tools Can Help Determine Readiness to Become an MDPP Supplier

- [CDC's Diabetes Prevention Recognition Program \(DPRP\) Capacity Assessment](#)
 - Helps organizations identify areas to strengthen prior to applying for CDC recognition, to ensure ability to deliver the National DPP lifestyle change program (LCP) with quality and fidelity to CDC DPRP Standards
- [CDC/NACDD's MDPP Supplier Capacity Assessment Tool](#)
 - Helps identify gaps in an organization's capacity and readiness to become a successful MDPP supplier

Decide How to Participate in MDPP



Becoming an MDPP Supplier

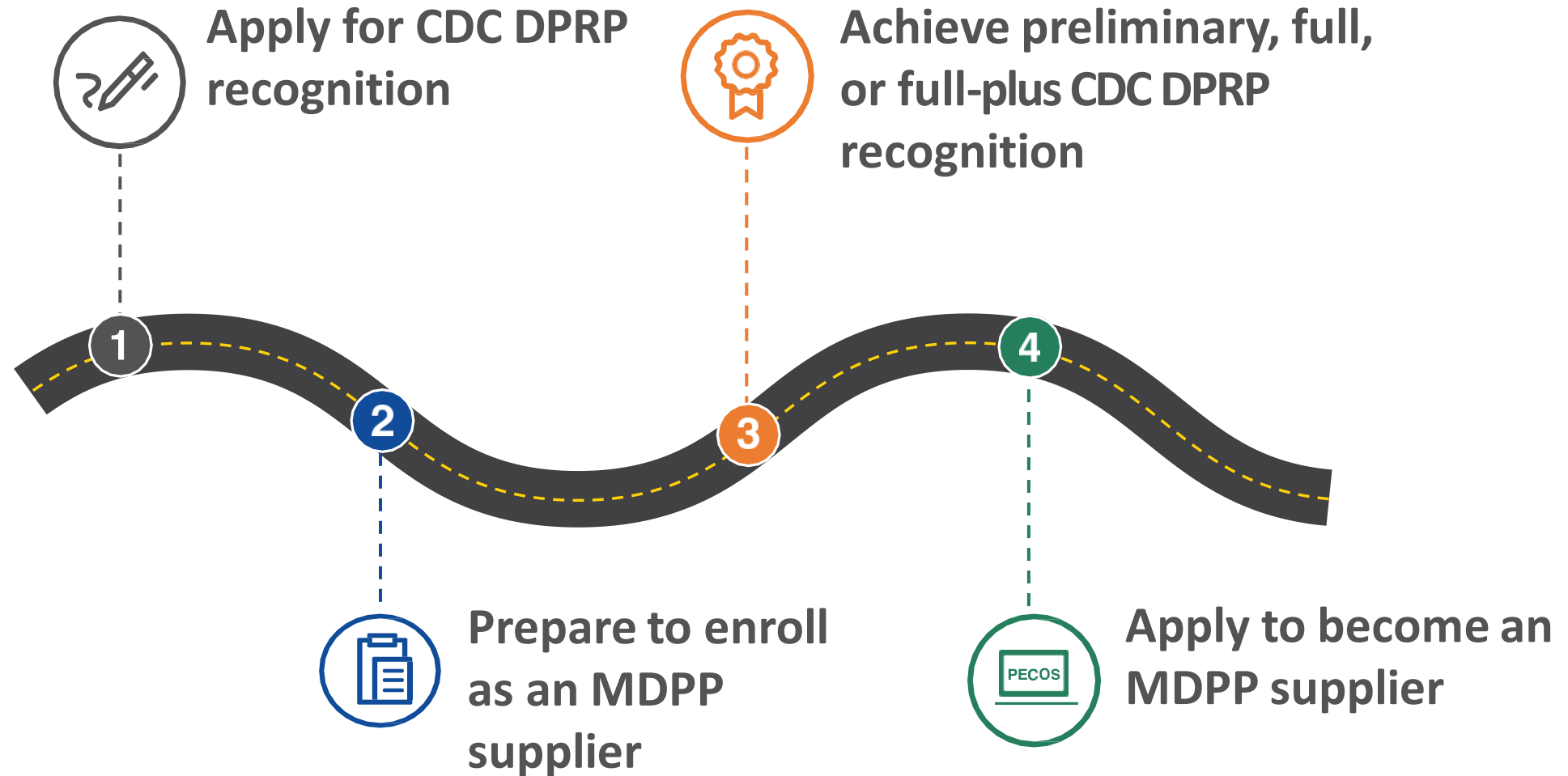
Medicare Risk Designations and MDPP Supplier Enrollment

Medicare uses a three-tier risk designation system for provider enrollment

Risk Level	Key Requirements
High Risk	Fingerprinting and mandatory site visits prior to enrollment
Moderate Risk	Mandatory site visits unless a new administrative location is being added that doesn't require a new Provider Transaction Access Number (PTAN/billing number)
Limited Risk	No fingerprinting or mandatory site visits

- MDPP was designated as **High Risk for initial enrollments when the supplier type was created in 2018**
 - Revalidating MDPPs will be screened at the **Moderate Risk level** unless initially enrolled under a waiver for fingerprinting
- Providing Social Security Numbers (SSNs) for board members is **NOT** related to risk designation
 - SSNs are required for those with 5% or greater direct or indirect ownership and any partner being added to any enrollment (initials, changes, revalidations)
- Sections 1124(a)(1) and 1124A of the Social Security Act require disclosure of ownership and control information, including SSNs
 - These requirements are to prevent fraud, waste, and abuse in Medicare programs

Steps to Enrolling as an MDPP Supplier





Apply for CDC DPRP Recognition

- Recruit Lifestyle Coaches to lead program sessions and ensure they are trained based on [CDC DPRP Standards](#)
 - Lifestyle Coaches must meet [MDPP coach eligibility requirements](#) and have a valid National Provider Identifier (NPI)
 - Limited numbers of Lifestyle Coach training scholarships are available. Visit [CDC's National DPP Customer Service Center](#) for information

- Submit an [application](#) online to become a CDC-recognized organization for delivery of the National DPP LCP

- Offer the National DPP LCP for 12 months and submit data to CDC every 6 months

Note: “Lifestyle Coaches” is a term used by CDC and “Coaches” is a term used by the Centers for Medicare & Medicaid Services (CMS), both referring to staff members who lead diabetes prevention program sessions.



Prepare to Enroll as an MDPP Supplier

- Review the [MDPP enrollment requirements](#) while working toward CDC recognition
- Obtain a new [NPI](#) for MDPP and locate or obtain your organization's Tax Identification Number (TIN)
- Maintain your CDC DPRP organizational code
- Learn about [Medicare Administrative Contractors \(MACs\)](#) and [identify your MAC](#)
- Create an [Identity and Access \(I&A\)](#) account
- Learn how to submit enrollment information through the [Provider Enrollment, Chain, and Ownership System \(PECOS\)](#)



Achieve CDC DPRP Recognition

- Organizations must achieve preliminary, full, or full-plus CDC DPRP recognition before enrolling as an MDPP supplier
 - Preliminary recognition requires an organization to submit 12 months of data from a National DPP cohort
 - Some organizations can be fast-tracked to preliminary recognition, skipping the 12-month pending recognition stage. Please see the [CDC's National DPP Customer Service Center](#) for more information.

- Full recognition requires an organization to deliver the year-long National DPP program in accordance with [CDC DPRP Standards](#) and achieve program outcomes



Visit [CDC's National DPP Customer Service Center](#) to submit questions and learn more about CDC recognition



Apply to Become an MDPP Supplier

- [PECOS](#) is recommended for a faster enrollment process (typically processed within **30 days**). Paper enrollment is available through the [CMS-20134 enrollment application](#) (typically processed within **90 days**).
- Make sure to report CDC DPRP organizational code(s) and upload the Letter of Recognition from CDC to your application
- Refer to the [Enrollment Fact Sheet](#) and [Enrollment Tutorial](#) to gather the necessary information and enroll as an MDPP supplier



If you are a Diabetes Self-Management Education and Support (DSMES) delivery organization interested in fast-tracking and enrolling to become a MDPP supplier, see the [DSMES Enrollment Checklist](#).

MDPP Supplier Types on the PECOS Enrollment Application

Organizations enrolling as MDPP suppliers must select a supplier type on the enrollment application that reflects how they deliver the program.

- **In-Person MDPP Supplier**
 - Suppliers that deliver MDPP **In-person**
- **In-Person MDPP Supplier with Distance Learning Supplier**
 - Suppliers that deliver MDPP **In-person and also offer Distance Learning**
- **Online MDPP Supplier**
 - Suppliers that deliver MDPP **through Online self-paced learning**



The supplier type entered in PECOS should be consistent with the organization's CDC DPRP organization code(s) and delivery modalities

When is a Separate CDC DPRP Organization Code Required

Do organizations need a separate CDC DPRP organization code for each MDPP delivery modality?

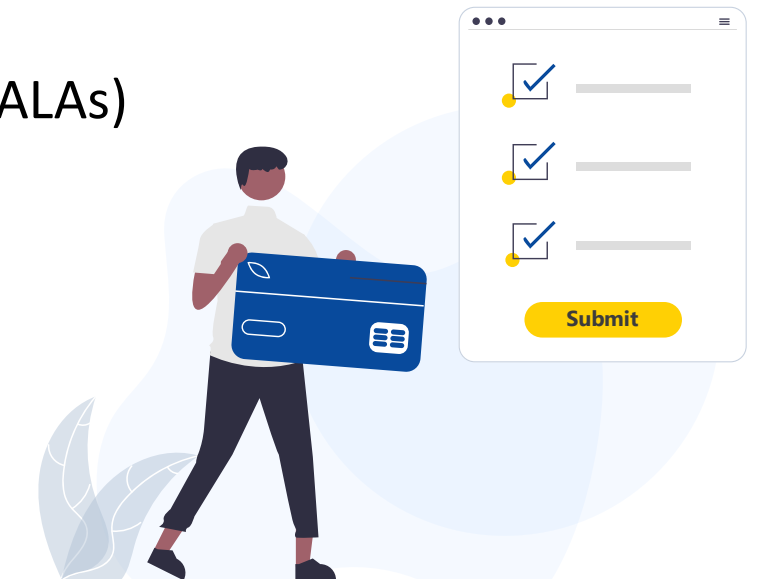
- Organizations must have separate CDC DPRP organization codes for In-person and Distance Learning delivery vs Online delivery
 - Online delivery is billed at a different payment rate than other modalities (i.e., \$26 per session for In-person and Distance Learning attendance vs \$18 for Online attendance)
 - Online delivery cannot be combined with In-person or Distance Learning delivery for the same beneficiary during the 12-month MDPP service period.
- Because of these differences, MDPP suppliers must maintain separate CDC DPRP organization codes if providing both In-person/Distance Learning delivery AND Online delivery



For Online MDPP suppliers, the CDC DPRP organization code corresponds to the Online (non-live) code

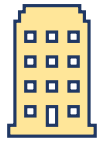
MDPP Supplier Application Requirements

- Demonstrate preliminary, full, or full-plus CDC recognition
- Provide MDPP location and contact information for administrative locations and community settings
- Gather documentation on any final Adverse Legal Actions (ALAs) against your organization (if applicable)
- Report coach information, including coach NPI
- Report information on ownership interest, any partnership interest, and/or managing control (if applicable)
- Identify a contact person
- Provide additional supporting documentation (if applicable)



Note: Comprehensive information on MDPP supplier standards is available at [42 CFR § 424.205](#).

Administrative Locations vs. Community Settings



Administrative Locations

- A physical site associated with the MDPP supplier's operations (e.g., billing or administration)
- MDPP services may or may not be furnished there
- The MDPP supplier must be the primary operator in the Administrative Location space



Community Settings

- A public location outside the MDPP supplier's administrative location where MDPP services are delivered
- Examples include faith centers, multipurpose rooms, and senior and recreation centers

How Administrative Locations and Community Settings Work in MDPP Enrollment

- MDPP suppliers may have multiple administrative locations
- Suppliers may list **multiple sites as administrative locations or community settings** under **one or multiple CDC DPRP organizational codes**, depending on how the organization structures its CDC recognition and Medicare enrollment
- Suppliers may list multiple administrative locations **within the same state on one enrollment application**
- A separate enrollment application is required for each state where an administrative location is located
- The same CDC DPRP Organization code may be used across multiple enrollment applications



Please visit the [MDPP FAQs Page](#) for more information on Administrative Locations and Community Settings

Updating Information in the Application

- Changes in ownership, practice location, coach roster, and Adverse Legal Action (ALA) history must be reported within 30 days of the change
- All other changes must be made within 90 days of the indicated change
 - *Examples include:* Updates to contact information, authorized or delegated officials (if not an owner), community setting locations, and CDC DPRP organization code or recognition status
- All changes must be reported following these timeliness guidelines



Only authorized officials reported on the enrollment application can make changes. Failure to report changes within the required time window may result in claim denials

Updating the MDPP Coach Roster

MDPP coaches must be added to the supplier's enrollment application roster in PECOS with an appropriate association start date that predates any date of service on which they appear on a claim.

- Claims should not be submitted prior to the effective date that coaches are added to the MDPP coach roster in PECOS
- Claims will be rejected or denied if the coach's information and association start date do not predate the dates of service being billed
- Suppliers must maintain an accurate coach roster in PECOS as part of their Medicare enrollment, and reflect changes to the coach roster within 30 days

How to Update the MDPP Coach Roster in PECOS

Within the PECOS MDPP Enrollment application, navigate to: **Home > My Associates > My Enrollments > Enrollment Summary > MDPP Coach Information**

Home > My Associates > My Enrollments > Enrollment Summary > MDPP Coach Information

Central South Hospital | IN-PERSON MD

Enrollment Summary

Organization Information ✓

Supplier Type ✓

Recognition Status ✓

Correspondence Address ✓

MDPP Location & "Special Payments" Address ✓

Final Adverse Legal Actions ✓

MDPP Coach Information

Organization Control

Individual Control

Patient Records Storage Location

Billing Agency

Contact Person

Electronic Funds Transfer

Required and/or Supporting Documentation

MDPP Coach Information - Summary

This topic collects the Coach Roster for the applicant. Identifying information about all individuals who furnish MDPP coaching services for the applicant should be listed here.

Note: **If you are adding a coach**, the date should represent the date the coach began furnishing MDPP services (for a coach that is subsequently deemed eligible, this will become their coach eligibility start date). If the coach has not yet begun furnishing services, simply include the date the change is being reported. **If you are making a change to an existing coach**, indicate the date the change occurred or is being reported. **If you are deleting a coach**, please indicate the date the coach ceased furnishing MDPP services (this will become their coach eligibility end date).

[Learn More](#)

No coach information has been listed. Please select the Add button.

[Add](#)

MDPP Coach Information - Add

(*) indicates required fields.

Personal Information

* First Name	Middle Name	* Last Name	Suffix
John		River	Select

* Date of Birth	* Social Security Number (SSN)	* National Provider Identifier (NPI)	* Eligibility Start Date
01/01/1970	885234523	1659867737	09/10/2014
MM/DD/YYYY	No Format Required	10 Digits	MM/DD/YYYY

[Save](#) [Save and Add Another Coach](#) [Cancel](#)

Click save when you finish

Under the “**MDPP Coach Information**” tab, you can add or update coach details. Enter the coach’s information and select “**Save**” or “**Save and Add Another Coach**” when finished.

Other Ways to Get Involved with MDPP

Partnering with Other Organizations to Supply MDPP Services

- **Community Care Hubs (CCHs)**
 - The [CCH National Learning Community](#) (NLC) is a partnered community formed by the Administration for Community Living to provide opportunities for community-based organizations (CBOs) to collaborate with like-minded peers, participate in knowledge-sharing activities, and receive technical assistance
 - The CCH NLC provides opportunities for MDPP promotion and discussion of best practices for potential MDPP suppliers
- **National DPP Umbrella Hub Arrangements (UHAs)**
 - A [UHA partnership](#) allows CBOs to deliver MDPP services while partnering with other organizations, such as health care systems, to collectively operate as one MDPP supplier
 - CBOs participating in an UHA benefit from sharing CDC DPRP recognition status, streamlining administrative, billing, and reimbursement services, with the opportunity for greater scalability

Becoming an MDPP Champion

Organizations that are not ready to be MDPP Suppliers can become MDPP Champions by promoting the program to eligible Medicare beneficiaries.

- Educate at-risk beneficiaries on prediabetes and recommend necessary lifestyle changes for improvement of their health
- Promote MDPP through communication channels that reach at-risk beneficiaries in the community
- Screen Medicare beneficiaries for diabetes and prediabetes and refer eligible beneficiaries to an [MDPP supplier](#)



MDPP Service Delivery

MDPP Beneficiary Eligibility Requirements

MDPP is available to Medicare beneficiaries with an indication of prediabetes.

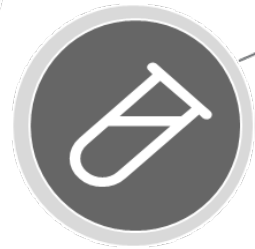
Medicare Coverage

Participants must have Part B coverage through Medicare Fee-for-Service (FFS) or Medicare Advantage (MA)



Blood Tests and Body Mass Index (BMI)

Participants must present one of three blood tests indicating prediabetes and BMI of at least 25 (or 23 if self-identified as Asian)



Here's a Tip!

You can verify beneficiaries' Medicare enrollment through your MAC's website.



Other Medical History

Participants must not have:

- Previous diagnosis of diabetes or end-stage renal disease (ESRD)

Did You Know?

As part of Medicare Preventive Services, Medicare covers the Fasting Plasma Glucose test and Oral Glucose Tolerance test. As of January 1, 2024, the HbA1c test is also covered as part of the diabetes screening benefit.



Beneficiaries may re-enroll in MDPP, as the once-per-lifetime restriction has been removed from January 1st, 2026 through December 31st, 2029

Options for Verifying Beneficiaries' Medicare Enrollment



MAC Provider Portal

Log in to your **MAC's secure provider portal** to verify beneficiary eligibility



MAC Phone Verification

Use the MAC's automated phone system to verify eligibility in real time



HIPAA Eligibility Transaction System (HETS)

Submit a HIPAA-compliant **270 eligibility request** to check eligibility data in real time



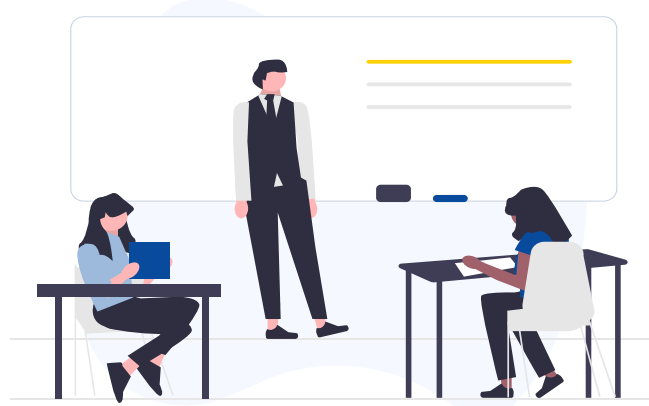
Billing Agency / Clearinghouse / Software Vendor

Use a third-party (if applicable) to verify Medicare coverage on your behalf



Please see the [MDPP Verify Medicare Coverage Guide](#) for information

MDPP Service Delivery



- Services include six months of weekly core sessions followed by six months of monthly maintenance sessions (22 sessions total)
 - Each session may be offered In-person, through Distance Learning, through a combination of In-person and Distance Learning, or Online
 - All MDPP sessions follow a CDC-approved curriculum and are delivered in alignment with [CDC DPRP Standards](#)
- Group sessions may include non-Medicare participants, though only eligible Medicare beneficiaries are covered by Medicare
 - Weight measurements must be recorded during each session and can be taken either in person or via an acceptable virtual alternative method (e.g., time-stamped photos or video weigh-ins)
 - Make-up sessions can be offered to any beneficiary who misses a regularly scheduled session. **Suppliers are allowed to schedule make-up sessions on the same-day as a regularly scheduled session, but must append the Current Practical Terminology (CPT) modifier code '76' to the claim to avoid rejections or denials by the MACs.**

Billing for MDPP Services

MDPP FFS Payment and Billing Structure: G-Codes

	CORE SESSIONS MONTHS 1-6 (MAX 16 SESSIONS)	CORE MAINTENANCE SESSIONS MONTHS 7-12 (MAX 6 SESSIONS)
Fee-for-Service Payments	G9886 (\$27): MDPP participant attended an In-person session for 60 minutes	
	G9887 (\$27): MDPP participant attended a Distance Learning session for 60 minutes	
	G9871 (\$18): MDPP participant attended an Online session for 60 minutes	
Performance Payments	G9880 (\$153): MDPP participant achieved 5% weight loss from baseline weight	
	G9881 (\$27): MDPP participant achieved 9% weight loss from baseline weight	
		G9888 (\$8): MDPP beneficiary maintained 5 percent weight loss from baseline weight in months 7-12

Note: The G-codes presented in this table are based on the CY 2026 PFS and are relevant for claims with dates of service starting January 1, 2026 ⁷

MDPP Medicare Advantage Payment and Billing

- If your organization would like to provide services to beneficiaries enrolled in Medicare Advantage (MA), reach out to MA plans directly for guidance on contracting and requesting payment for MDPP services provided to eligible enrollees
- MA plans may offer supplemental benefits, such as extended length of coverage for MDPP services



More information about furnishing MDPP services to beneficiaries enrolled in MA is available in the [MDPP Medicare Advantage Fact Sheet](#)

Special Billing Considerations for Rural Health Clinics (RHCs) and Federally Qualified Health Centers (FQHCs)

- If RHCs and FQHCs have existing Medicare enrollment, they must re-enroll in Medicare as an MDPP supplier
- MDPP services delivered in 2026 must be billed using only the MDPP HCPCS Payment G-codes finalized in the Calendar Year 2026 Physician Fee Schedule final rule, using the CMS-1500 paper claim form or its electronic equivalent
- RHCs and FQHCs must ensure that there is no co-mingling of MDPP services with RHC or FQHC services, and any costs related to furnishing MDPP services must be reported as non-reimbursable costs on the RHC or FQHC cost report

Participant Data Reporting Requirements

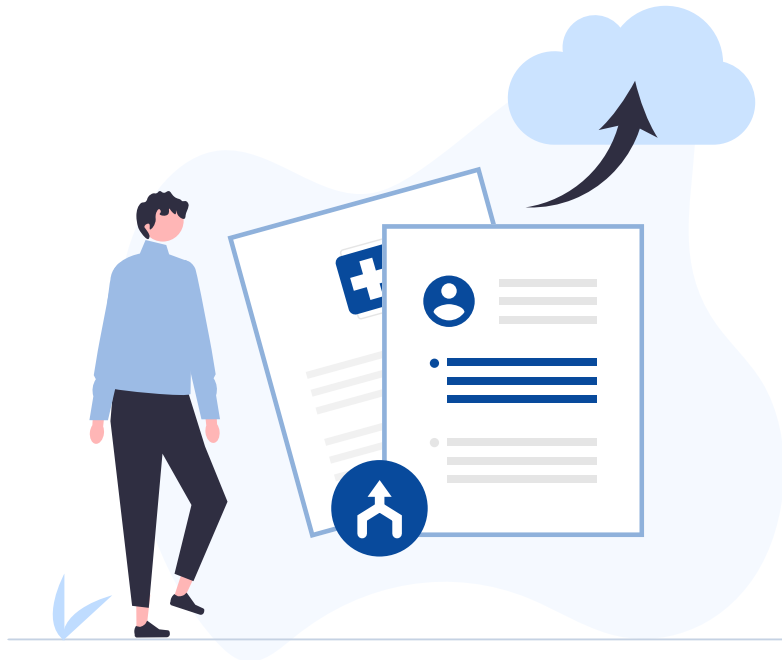
CDC DPRP Data Submission

- CDC-recognized organizations with pending, preliminary, full, or full-plus recognition must submit session-level participant data to maintain their recognition
- Organizations must submit data every six months, starting from six months after the organization's effective date
- Data submissions are made through the [DPRP Data Submission Portal](#)



Full data submission guidance is provided in the [CDC DPRP Standards](#)

CMS Crosswalk File Submission



In addition to CDC data reporting:

- Suppliers must maintain a crosswalk file, which includes beneficiary identifiers used for the CDC performance data submissions and the corresponding Medicare identifiers for each beneficiary who receives MDPP services
- Suppliers are required to submit data on a quarterly basis, after furnishing MDPP services for six months
- Data submissions are made through a secure [File Transfer Protocol \(FTP\) website](#)









Information on how to submit and maintain a crosswalk file is available on the [FTP website](#)

Differences between MDPP and the National DPP LCP

What Are the Differences between MDPP and the National DPP LCP?

MDPP vs National DPP LCP⁸

-  Beneficiaries must be enrolled in Medicare Part B or Medicare Advantage (Part C)
-  As part of the requirement for a prediabetes diagnosis, beneficiaries can demonstrate a Fasting Plasma Glucose test result of **110-125 mg/dL**
-  The Prediabetes Risk Test cannot qualify a beneficiary for eligibility
-  A previous diagnosis of gestational diabetes does not disqualify a beneficiary from MDPP
-  There are a total of 22 paid sessions per service period
-  In addition to submitting data to CDC every six months, MDPP suppliers must also submit a crosswalk at every quarterly deadline beginning six months after the organization begins furnishing MDPP services

Participants (18 years or older) do not need to be enrolled in Medicare



As part of the requirement for a prediabetes diagnosis, beneficiaries can demonstrate a fasting plasma glucose test result of **100-125 mg/dL**



Participants may be eligible with a high-risk result (score of 5 or higher) on the Prediabetes Risk Test



A previous diagnosis of gestational diabetes can be submitted to demonstrate participant eligibility



There is a **minimum** of 22 sessions per service period



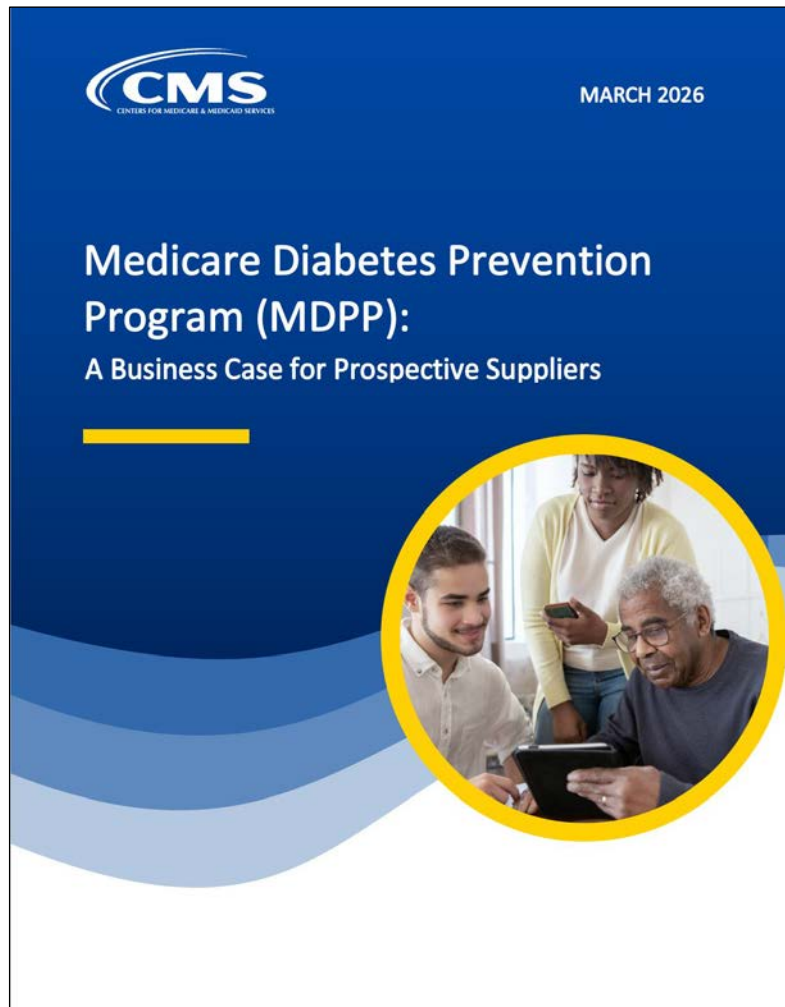
Delivery organizations must submit data to CDC every 6 months beginning 6 months after the organization's CDC effective date



Resources and Additional Information

A Business Case for Prospective Suppliers

Use the Business Case to learn more about MDPP and how to enroll as an MDPP supplier.



What is covered in the Business Case?

- A high-level overview of MDPP
- Why and how to participate as a supplier
- How to recruit MDPP participants
- How to deliver and bill for MDPP services
- What are the reporting requirements
- What the expected costs and revenue are for delivering MDPP

Who is it for?

All organizations interested in learning more about MDPP and becoming MDPP suppliers

Where can I find the Business Case?

Go to: <https://www.cms.gov/priorities/innovation/files/mdpp-business-case.pdf>

NEW! The MDPP Journey Map

Medicare Diabetes Prevention Program (MDPP) Journey Map



The Medicare Diabetes Prevention Program (MDPP) Expanded Model is a lifestyle change program for eligible patients diagnosed with prediabetes.* Delivered in-person or virtually, MDPP supports weight loss and healthy habits to prevent diabetes. Patients who are ages 65+ qualify based on Body Mass Index (BMI) and prediabetes risk factors.

Key 2026 MDPP Features



- In 2026, MDPP will provide flexible ways to join and new tools to help patients prevent diabetes and stay healthy.
- Patients can take **all MDPP classes online** through 2029—no in-person attendance needed.
 - Live classes are offered **In Person or by Distance Learning**, while **self-paced classes are Online**. Patients can combine In-Person and Distance Learning classes, but Online classes must be taken separately.
 - Online classes are available anytime, so patients can join when it works best for them.

	Discovery	Enrollment	Patient Participation	Long-Term Success
Provider Guidance	<ul style="list-style-type: none"> ✓ Provider identifies prediabetic patients ✓ Provider reviews patient labs during health appointment ✓ Provider asks if the patient is ready to make lifestyle changes ✓ Provider explains how the patient can participate in MDPP 	<ul style="list-style-type: none"> ✓ Provider helps patient confirm that all program costs are covered by Medicare ✓ Provider talks with patient about which type of program option is best ✓ Provider helps patient find a MDPP supplier that fits their needs 	<ul style="list-style-type: none"> ✓ Provider may monitor outcomes that are tracked by MDPP suppliers ✓ Provider checks in during patient visits to understand how the program is helping ✓ Patients can track their weight by sending a photo or by using weight records from their medical files 	<p>Provider Results</p> <ul style="list-style-type: none"> • Coordinate care with other providers, lifestyle coaches, and partners to improve patients' clinical metrics • Reduce the number of patients who develop Type 2 diabetes • Monitor patient weight to improve patient outcomes
Patient Experience	<p>"I'm a social person and I enjoy group dynamics."</p> <p>"I can participate from home but still have real-time live support."</p> <p>"This self-paced format is exactly what I need with my busy schedule."</p>	<p>Visit facility to meet staff in person</p> <p>Attend a video orientation session</p> <p>Register online and access platform to explore modules</p>	<p>Face-to-face weekly group sessions in a community setting</p> <p>Weekly live video conferences</p> <p>Weekly, self-paced digital modules accessible 24/7 from anywhere with internet</p>	<p>Patient Results</p> <ul style="list-style-type: none"> • Lose weight • Lower risk or delay getting Type 2 diabetes • Maintain healthier blood sugar levels • Keep up new healthy habits • Motivate family members to prevent diabetes

What is covered in the MDPP Journey Map?

- The full MDPP journey for providers and their patients
- Provider actions and patient experience at each stage
- 2026 updates, including flexible delivery of MDPP services
- Key MDPP outcomes such as weight loss, reduced diabetes risk, and sustained healthy habits

Who is it for?

Providers, MDPP suppliers and Medicare beneficiaries

Where can I find the MDPP Journey Map?

Go to:

<https://www.cms.gov/priorities/innovation/files/mdpp-journey-map.pdf>

Need more information? Visit the MDPP webpage.

*MDPP has no copay for individuals covered by Original Medicare, or for Medicare Advantage (MA) beneficiaries who use in-network providers. However, out-of-network use may involve cost-sharing. Beneficiaries should check directly with their plan to confirm coverage and any potential costs.

Helpful Resources



If you have any questions or feedback to share, please visit the [MDPP Supplier Support Center](#)



Ready to become a CDC-recognized National DPP delivery organization?

Visit the [National DPP website](#)



Already CDC-recognized and ready to enroll as an MDPP supplier?

Once recognized by CDC (either preliminary, full, or full-plus status), enroll online through the Provider Enrollment, Chain, and Ownership System ([PECOS](#)). Review the enrollment [application](#). Contact [your MAC](#) for questions regarding enrollment and reference your MAC's website for helpful resources.



Want to access supplier support resources?

Visit the [MDPP website](#)



Want to access a complete list of existing MDPP suppliers?

Visit the [current list of MDPP suppliers](#)



Want to find out which organizations are eligible to become MDPP suppliers?

Visit [CDC's National DPP Registry](#), and look for organizations with "Preliminary", "Full" or "Full-plus" recognition



Other ways to stay updated

Sign up for our [listserv](#)

Save the Date!
CMS will host the
Second MDPP Supplier
Summit on **April 23rd**,
12pm-4pm ET.

Questions?

Please contact the CMS MDPP Team with any further questions at <https://cmmi.my.site.com/mdpp/>