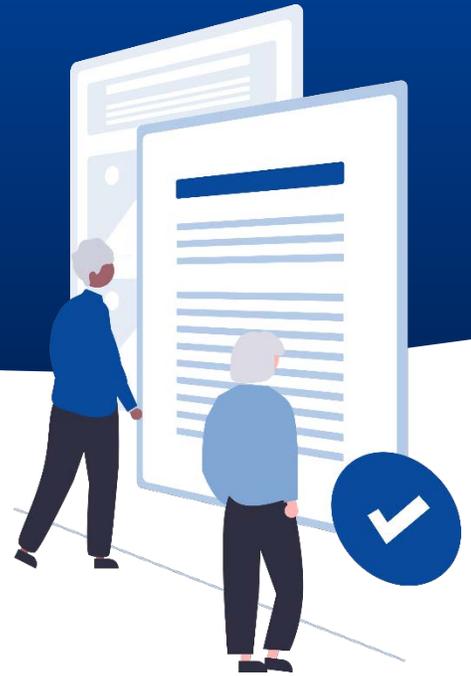


The MDPP Bulletin

March 2026, Volume 3, Issue 1



Welcome to the Centers for Medicare & Medicaid Services (CMS) [Medicare Diabetes Prevention Program \(MDPP\)](#) quarterly newsletter, *The MDPP Bulletin*. MDPP is an evidence-based behavioral intervention that aims to prevent or delay the onset of type 2 diabetes for eligible Medicare beneficiaries diagnosed with prediabetes, through a combination of diet, physical activity, and weight loss. MDPP beneficiaries may attend up to 22 sessions within a 12-month period.



MDPP Events

For a full list of upcoming events, please visit our [MDPP learning calendar](#).

Save the Date: 2026 MDPP Supplier Summit

On **April 23, 2026**, from 12-4PM EST, CMS will be hosting a virtual **Medicare Diabetes Prevention Program (MDPP) Supplier Summit**. During this session, CMS will provide information to both current and prospective MDPP suppliers showcasing how MDPP can benefit their organization and community, the differences between MDPP delivery modalities, and important updates from CMS and CDC about the new online delivery option available in 2026. Attendees will gain valuable strategies for recruiting Medicare beneficiaries and discuss critical billing and payment considerations for MDPP, including coverage for beneficiaries enrolled in Medicare Advantage (MA) plans. This event offers practical guidance to advance your organization's diabetes prevention efforts, whether you are considering becoming an MDPP supplier, looking to expand your offerings, or simply wishing to learn more about this important program. To register, please visit:

https://acumenllc.zoom.us/webinar/register/WN_YEARvuheQKivFFVFWFc3sg.

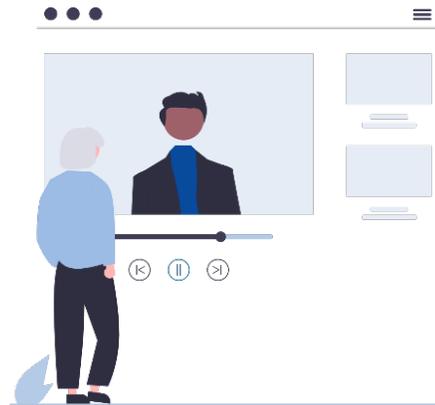
MDPP Calendar Year (CY) 2026 Physician Fee Schedule (PFS) Updates Webinar

The CMS MDPP Team provided the MDPP CY 2026 PFS Updates Webinar for the MDPP community on **January 22, 2026**. The webinar provided information about the latest changes affecting MDPP suppliers, including a comprehensive overview of the CY 2026 PFS updates and their implications for MDPP suppliers. Attendees received valuable insights into the background and context of these changes, a summary of key updates from previous PFS final rules, and practical guidance on how MDPP suppliers can align their operations with the new requirements. The session concluded with a review of additional resources available to help the MDPP community stay informed and compliant with the latest program standards. The webinar materials, including the [slide deck](#), are available on the MDPP website for continued reference.

Program Announcements and Resources

New Video Tutorial: MDPP Claims Submission using PC-ACE

This [MDPP Claims Submission using PC-ACE Tutorial](#) provides step-by-step guidance for MDPP Suppliers on how to submit fee-for-service claims for MDPP services to a Medicare Administrative Contractor (MAC) using the free PC-ACE software. Whether you're new to PC-ACE or looking to refresh your knowledge, this tutorial offers practical guidance to support your operations.



New Resource: MDPP Journey Map

We're excited to share the new [Medicare Diabetes Prevention Program \(MDPP\) Journey Map](#), now available online. This resource is designed to help suppliers clearly communicate the full MDPP experience, from patient identification and enrollment to participation and long-term success. The Journey Map visually outlines how providers and suppliers support beneficiaries throughout the program, including monitoring progress, reinforcing healthy lifestyle changes, and helping reduce the risk of type 2 diabetes. It also highlights the flexible participation options available in 2026, including in-person group sessions, distance learning (live virtual classes), and self-paced online delivery (asynchronous) available 24/7.

Suppliers can use the Journey Map as an outreach and education tool to:

- Explain program structure and expectations to beneficiaries
- Showcase flexible delivery options
- Reinforce the value of MDPP in improving health outcomes
- Support conversations with referring providers

We encourage you to review and share the MDPP Journey Map to help beneficiaries better understand the program and take the next step toward diabetes prevention.



Removal of Once-Per-Lifetime Limit for MDPP Beneficiary Participation

We are pleased to announce a significant change to MDPP that expands access for eligible Medicare beneficiaries. Previously, beneficiaries could only participate in MDPP services once in their lifetime. However, the Consolidated Appropriations Act, 2026 (H.R. 7148), signed into law on February 3, 2026, has eliminated this once-per-lifetime restriction. This means that eligible beneficiaries who previously participated in MDPP may now enroll again if they continue to meet all eligibility requirements. For more information, please visit the specific provision in Division J, Title II, Section 6214 (pp. 482–483): <https://www.congress.gov/119/bills/hr7148/BILLS-119hr7148enr.pdf>.

To be eligible to participate in MDPP, beneficiaries must have:

- Medicare Part B coverage through Original Medicare (Fee-for-Service) or a Medicare Advantage (MA) plan
- Results from one of three blood tests conducted within one year before the first core session:
 - Hemoglobin A1c test with a value of 5.7-6.4%
 - Fasting plasma glucose test with a value of 110-125 mg/dl
 - Oral glucose tolerance test with a value of 140-199 mg/dl
- A body mass index (BMI) of at least 25 (23 if self-identified as Asian)

Beneficiaries must not have:

- A history of type 1 or type 2 diabetes (with the exception of gestational diabetes)
- End Stage Renal Disease (ESRD)

Weight Documentation for MDPP

Accurate weight documentation is a core requirement of the MDPP because beneficiary weight tracks progress and supports billing for performance-based milestones. Under [42 CFR § 410.79, MDPP](#) suppliers must collect and maintain weight measurements to substantiate claims for G-codes tied to program milestones, including baseline weight and achievement of 5% and 9% weight loss.

MDPP suppliers have multiple options for obtaining beneficiary weight measurements for baseline weight and performance-based weight loss achievement goals. Beneficiaries can submit their weight to an MDPP supplier using any of the following methods:

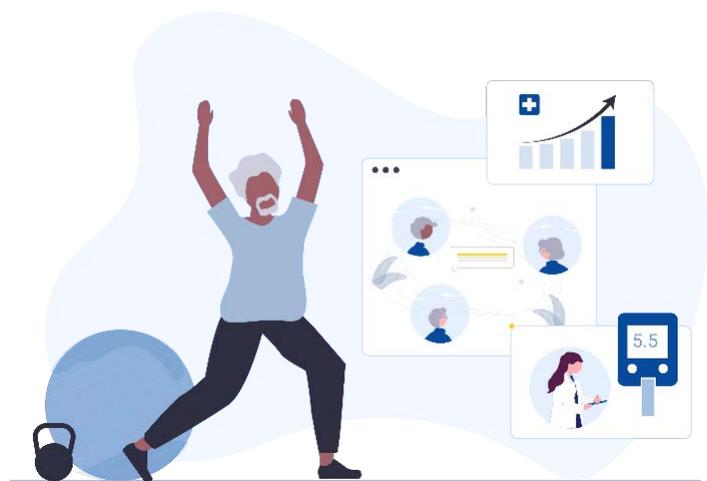
Weight Measurement Options	Option Details
Option 1: In-Person Measurement	Weight is obtained in person by an MDPP supplier during an MDPP session when it can be done safely and in compliance with all applicable laws and regulations.
Option 2: Digital Scale with Wireless Transmission	Weight is automatically transmitted from a digital scale that sends measurements securely via wireless or cellular technology directly to the MDPP supplier.
Option 3: Live Video Weigh-In	Beneficiary weighs themselves during a live, synchronous video session (such as video chatting or video conferencing) where the MDPP Coach: <ul style="list-style-type: none">• Observes the beneficiary weighing themselves in real-time• Views the weight displayed on the digital scale

Weight Measurement Options	Option Details
Option 4: One Date-Stamped Photo	Beneficiary submits one date-stamped photo to the MDPP supplier that shows the beneficiary's weight on the digital scale and shows the beneficiary visible. The photo must be date-stamped and associated with the billable MDPP session date.
Option 5: Two Date-Stamped Photos	Beneficiary submits two date-stamped photos to the MDPP supplier: <ul style="list-style-type: none"> • Photo 1: Shows the beneficiary's weight on the digital scale • Photo 2: Shows the beneficiary visible Both photos must be date-stamped and associated with the billable MDPP session date.
Option 6: Video Recording	Beneficiary submits one video recording to the MDPP supplier that shows: <ul style="list-style-type: none"> • The beneficiary visible on the scale • The weight clearly displayed on the digital scale • Date associated with the billable MDPP session
Option 7: Medical Record (new for 2026)	Weight measurement collected as part of a medical record can be submitted if the weight is dated within five (5) days of the scheduled MDPP session.

- *Effective January 1, 2026, beneficiaries can now self-report weight from home or any reasonable location outside of an in-person delivery site.*
- *To learn more about weight documentation requirements for MDPP, please visit [42 CFR § 410.79 Medicare Diabetes Prevention Program expanded model: Conditions of coverage](#) at (c)(1)(ii) and (e)(3)(iii).*

MDPP Website Refresh

The CMS MDPP Team is excited to announce a refresh of the MDPP website structure. As part of this update, we've streamlined access to resources and materials by consolidating key supplier billing, payment, and enrollment information on our dedicated [MDPP Supplier Resources Page](#). Whether you're looking for program details on our refreshed MDPP [Home Page](#), or want to help beneficiaries locate services through our [Find a Supplier](#) map, navigating the MDPP website is now more organized and user-friendly. This website refresh gives MDPP suppliers faster, easier access to updated resources that support diabetes prevention for Medicare beneficiaries and reflect recent program updates, including online delivery and the removal of the once-per-lifetime limitation.



MDPP Inactivity Reminder

Suppliers should be aware that failure to submit MDPP claims for a period of 12 consecutive months may lead to supplier deactivation from CMS payment systems due to inactivity. If you are approaching this threshold, please make every effort to submit outstanding claims and seek technical assistance as needed through the [MDPP Supplier Support Center](#).

Points of Contact: Updating Information in PECOS

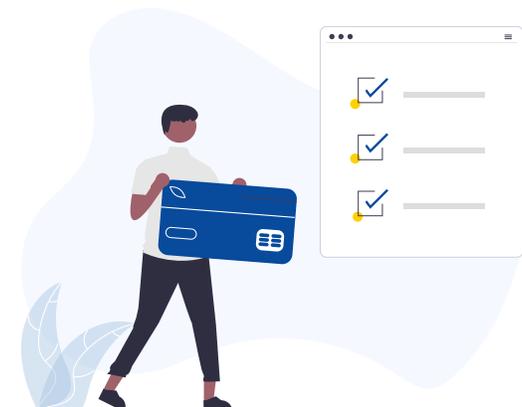
To make updates to your organization's MDPP coach roster and supplier locations, please use [this tutorial](#), which provides step-by-step instructions on updating or changing information for an existing enrollment. The tutorial can also be found on the [Medicare Provider Enrollment, Chain, and Ownership System \(PECOS\)](#). All changes should be reported through the enrollment application form. These include:

- Changes of ownership
- Changes to the coach roster
- New final adverse action history of any individual or required entity (e.g., criminal convictions, license revocations or suspensions, etc.)

These changes should be reported within 30 days of their occurrence.

MDPP Supplier Support Center

To ensure that all suppliers receive consistent, accurate, and timely support, the CMS MDPP Team has established the [MDPP Supplier Support Center](#) as the primary channel for all program-related inquiries. This system allows the CMS MDPP Team to:



- Track and prioritize requests effectively
- Provide comprehensive responses with proper documentation
- Ensure all suppliers have equal access to support resources

Please direct program-related inquiries to the [MDPP Supplier Support Center](#), and a team member will respond to your message as soon as possible. Additionally, please visit the [MDPP Frequently Asked Questions page](#) for responses to common questions about MDPP.



Thank You!

Thank you for reading *The MDPP Bulletin*. The CMS MDPP Team hopes this information will be helpful to your organization. We welcome feedback from MDPP suppliers! If you have suggestions for future newsletter topics or events, or if you'd like your organization to be featured in an MDPP success story, please email us at mdpp@cms.hhs.gov. Have a great day!