

Medicare Diabetes Prevention Program (MDPP)

Removal of the Once-Per-Lifetime Benefit Limitation — FAQ*

The Consolidated Appropriations Act eliminated the MDPP once-per-lifetime participation limit. Effective January 1, 2026 through December 31, 2029, eligible Medicare beneficiaries may re-enroll in MDPP after a prior service period. This FAQ summarizes what the change means for beneficiary participation and restarting MDPP services.

KEY POINT: Beneficiaries may retake MDPP as many times as they wish as long as they continue to meet eligibility requirements, but they must wait until their latest 12-month MDPP service period has ended before restarting.

1. What was the previous MDPP policy?

Before January 1, 2026, Medicare generally covered one MDPP enrollment over a beneficiary's lifetime. Beneficiaries could not re-enroll after completing the program, except for limited flexibilities associated with interruptions during the COVID-19 Public Health Emergency.

2. What changed, and when did it take effect?

The Consolidated Appropriations Act, 2026 (H.R. 7148), signed February 3, 2026, eliminated the once-per-lifetime participation limit. The change applies from January 1, 2026 through December 31, 2029 and was enacted through legislation rather than Physician Fee Schedule rulemaking.

3. Who may restart or retake MDPP?

Beneficiaries enrolled in Original Medicare (Fee-for-Service) or Medicare Advantage may restart MDPP if they continue to meet MDPP eligibility requirements. This includes beneficiaries who previously completed MDPP or who did not complete or achieve their desired outcomes in an earlier service period.

4. How many times may an eligible beneficiary retake MDPP?

Beneficiaries may retake MDPP any number of times during the applicable period as long as they continue to meet MDPP eligibility requirements and follow the service period rules.

5. When may a beneficiary restart MDPP?

A beneficiary must wait until the latest 12-month MDPP service period has concluded before restarting. The 12-month service period begins on the date of the beneficiary's first attended MDPP session.

6. Are there new billing requirements when a beneficiary restarts?

There are currently no additional billing requirements for suppliers to indicate that a beneficiary is restarting MDPP. Suppliers should verify beneficiary Medicare coverage before furnishing services.

7. What service delivery rules apply when a beneficiary restarts?

Only 22 sessions are permitted per 12-month service period. Within a service period, a beneficiary must use either synchronous delivery (In-person and/or Distance Learning) or asynchronous Online delivery, not both. A different allowable delivery approach may be used in a later service period, provided applicable requirements are met.



If you have any questions or feedback to share, please visit the [MDPP Supplier Support Center](#)

*Source: Consolidated Appropriations Act, 2026 [H.R. 7148 - Division J, Title II, Section 6214 \(pp. 482-483\)](#).