

Medicare Diabetes Prevention Program (MDPP)







Opportunity for Eligible Organizations to Get Involved

What is the Medicare Diabetes Prevention Program?

The Medicare Diabetes Prevention Program (MDPP) is an expansion of the CMS funded model test with the National YMCA of the USA, otherwise known as the DPP model test, which tested the CDC's National Diabetes Prevention Program in the Medicare population. MDPP is a behavior change intervention that aims to prevent the onset of type 2 diabetes among at-risk Medicare beneficiaries through practical training in long-term dietary change, increased physical activity, and behavior change strategies for weight loss. The DPP model test¹ showed that **participation in the program reduced per person spending and improved participant health.**

What are the benefits?

Payment, savings, quality, and community impact

-  **Receive performance-based payments** for furnishing Medicare covered preventive services
-  **Achieve cost savings through** value-based care, weight loss and improved population health
-  **Reach a population** that is likely unaware of their pre-diabetes status
-  **Empower high-risk individuals to** take action by improving their health
-  **Create community impact** by promoting healthier evidence-based behaviors
-  **Reduce risk of type 2 diabetes** among Medicare beneficiaries

Want to get involved?

1. Educate patients and providers on prediabetes and available preventive services.



Promote awareness of prediabetes and prevention. Encourage providers to educate at-risk patients about prediabetes and lifestyle changes to improve health and reduce their diabetes risk.



Screen, test, and refer patients. Help determine eligibility by screening Medicare patients for prediabetes. Refer eligible patients to local suppliers with the Supplier Map at <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/mdpp-map.html>.

2. Become an MDPP supplier and/or partner with nearby organizations to grow MDPP's reach and impact.



Enroll as an MDPP supplier to furnish MDPP services. Note that your organization must first obtain preliminary or full CDC Diabetes Prevention Recognition Program (DPRP) recognition before enrolling in MDPP. For more information, visit: <https://www.cdc.gov/diabetes/prevention/requirements-recognition.htm>.



Partner with a National DPP organization. Explore partnership opportunities with CDC recognized organizations in your area. To find CDC recognized organizations, visit: https://nccd.cdc.gov/DDT_DPRP/Registry.aspx.

¹ To read more about the Medicare-funded DPP model test, visit the [Evaluation of the Health Care Innovation Awards Third Annual Report](https://www.cms.gov/medicare/innovation/evaluations/evaluation-health-care-innovation-awards-third-annual-report). For more information, visit <http://go.cms.gov/mdpp>.