

## ACTIVITIES OF DAILY LIVING (ADLs)

Now I'll ask about some other everyday activities. I'd like to know whether (you have/SP has) any difficulty doing each one by (yourself/himself/herself) and without special equipment. [PRESS ENTER TO CONTINUE.]

|   | (1)<br>bathing or showering?   | (2)<br>dressing?   | (3)<br>eating?   | (4)<br>getting in or out of bed<br>or chairs?                            | (5)<br>walking?  | (6)<br>using the toilet?  |
|---|--|--|--|--|--|---|
| HS31. Because of a health or physical problem, (do you/does SP) have <u>any</u> difficulty... | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)<br>DOESN'T<br>DO ..... 3 (HS31a) | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)<br>DOESN'T<br>DO ..... 3 (HS31a) | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)<br>DOESN'T<br>DO ..... 3 (HS31a) | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)<br>DOESN'T<br>DO ..... 3 (HS31a) | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)<br>DOESN'T<br>DO ..... 3 (HS31a) | Yes ..... 1 (INSTR.<br>No ..... 2 ABOVE<br>HS32)<br>DOESN'T<br>DO ..... 3 (HS31a) |
|   | <b>HPPDBATH</b>  | <b>HPPDDRES</b>  | <b>HPPDEAT</b>   | <b>HPPDCHAR</b>  | <b>HPPDWALK</b>  | <b>HPPDTOIL</b>   |
| HS31a. Is this because of a health or physical problem?                                       | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)                                  | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)                                  | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)                                  | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)                                  | Yes ..... 1 (NEXT<br>No ..... 2 ACTIV.)                                  | Yes ..... 1 (INSTR.<br>No ..... 2 ABOVE<br>HS32)                                  |
|   | <b>DONTBATH</b>  | <b>DONTDRES</b>  | <b>DONTEAT</b>   | <b>DONTCHAR</b>  | <b>DONTWALK</b>  | <b>DONTTOIL</b>   |

ASK HS32-HS34 AS APPROPRIATE FOR EACH ADL CODED "YES" IN HS31 OR HS31a. OTHERWISE, SKIP TO HS37.

|  |                                       |                                       |                                       |                                       |                                       |                                       |
|--|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| HS32. [You said (your/SP's) health makes (ADL) difficult.]/[You said that (ADL) is something (you don't/SP doesn't) do.] (Do you/Does SP) receive help from another person with (ADL)? | Yes .....1 (HS34)<br>No .....2 (HS33) | Yes .....1 (HS34)<br>No .....2 (HS33) | Yes .....1 (HS34)<br>No .....2 (HS33) | Yes .....1 (HS34)<br>No .....2 (HS33) | Yes .....1 (HS34)<br>No .....2 (HS33) | Yes .....1 (HS34)<br>No .....2 (HS33) |
|  | <b>HELPBATH</b>                       | <b>HELPDRES</b>                       | <b>HELPEAT</b>                        | <b>HELPCCHAR</b>                      | <b>HELPWALK</b>                       | <b>HELPTOIL</b>                       |
| HS33. Does someone usually stay nearby just in case (you need/SP needs) help with (ADL) [That is, does someone usually stay or come into the room to check on (you/him/her)]?          | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               |
|  | <b>PCHKBATH</b>                       | <b>PCHKDRES</b>                       | <b>PCHKPEAT</b>                       | <b>PCHKCHAR</b>                       | <b>PCHKWALK</b>                       | <b>PCHKTOIL</b>                       |
| HS34. (Do you/Does SP) use special equipment or aids to help (you/him/her) with (ADL)?   | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               | Yes .....1<br>No .....2               |
|  | <b>EQUIPBATH</b>                      | <b>EQUIPDRES</b>                      | <b>EQUIPEAT</b>                       | <b>EQUIPCCHAR</b>                     | <b>EQUIPWALK</b>                      | <b>EQUIPTOIL</b>                      |

IF YES IN ANY ADL QUESTION HS32 OR HS33, ASK HS35. OTHERWISE, GO TO HS37.

HS35. You mentioned that (you receive/SP receives) help with (name all ADL's with Yes in HS31.) Who gives that help? [ENTER ALL HELPERS.]

**HLPRROST**                      **HLPRBATH**                      **HLPRDRES**                      **HLPREAT**                      **HLPRCHAR**                      **HLPRWALK**                      **HLPRTOIL**

IF MORE THAN ONE HELPER NAMED IN HS35, GO TO HS36. OTHERWISE, GO TO HS37.

HS36. Which of these persons gives (you/SP) the most help with these things? [ENTER ONLY ONE.]

**MOSTADLS**                      **HLPRMOST**